

Emma’s Self Care Menu

- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday
- Sunday

Morning To Do

- Wake up at 9:00 am
- Stretch
- Call mom

Afternoon To Do

- Be outside
- No snacks before bed!

Typeface font: Noto Serif JP

h1: Self Care Menu (Black, 36)

h2: Self Care Menu (Black, 24)

h2: Self Care Menu (Bold, 24)

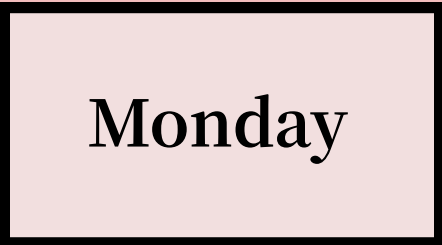
h3: Self Care Menu (Bold, 20)

p: Self Care Menu (Medium, 20)

[link: Self Care Menu](#) (Medium, 20)

Borders:

Regular Button:



Hover Button:



Active Button:



Color Palette:

