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[T]he characteristic sensual astringency of Jagger's vocal predominates. Indolent with sexual innuendo, and accompanied by a guitar slide which ranges from a throb suggestive of arterial blood to a quivering scream, the final verse links 'my' little red rooster to the penis itself.

— Whiteley, 1997

Rather than open our minds, we are invited to close our eyes, to feed our heads. As such, there is the implication of an anti-intellectual response which draws on the imagery of the verse and the promise of expanded metaphysical experience.

— Whiteley, 1997

In the Manson murders there was chaos, a commission of violence, rape, and murder ideologically fused with a vision of occult sensuality. With Jagger, a similar position emerges.

Whiteley, 1997

One of the first things that strikes the ears in 'Cross Road' is the peculiar, almost throttled intensity of both guitar and vocal sounds. Although Johnson recorded several very erotic, seductive, slow-hand blues, his posthumous fame rests with these rather more tortured numbers.

— McClary, 2000

And the model of Johnson's organising riffs became indispensable to Cream's modus operandi. But the band replaces Johnson's eerie, strangulated riff with one that boasts a driving, propulsive beat and an insistent aeolian seventh-degree that announced their refusal of pop-oriented tonality.

— McClary, 2000

Their presentation of the blues pattern is absolutely regular, like the Chicago blues bands rather than Johnson. This is in part because of the presence of an ensemble and also because of the way blues practices had solidified by that time.

— McClary, 2000

Not too surprisingly, Cream has 'hardened' the blues; those elements that signified the body in its vulnerability (whether in vocals, cross-rhythms, or timbral shadings) are exchanged for a driving beat, a narrative trajectory in the music, and the display of alienated Romantic virtuosity.

— McClary, 2000