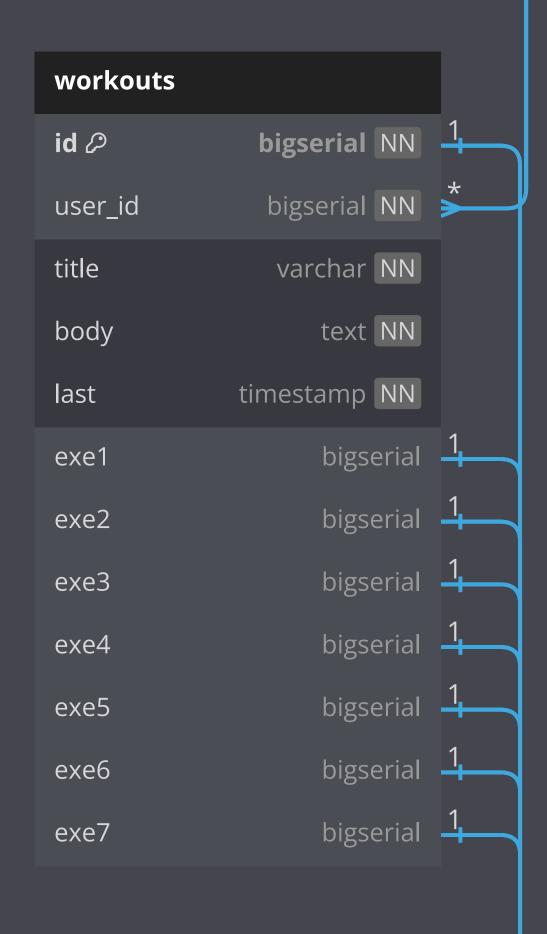
users	
id 🖉	bigserial NN
email	varchar NN
password	varchar NN
username	varchar NN
created_at	timestamptz NN
birthday	timestamptz

workouts		
id $\mathcal D$	bigserial NN	+
user_id	bigserial NN	>
title	varchar NN	
body	text NN	
last	timestamp NN	
exe1	bigserial	+
exe2	bigserial	+
exe3	bigserial	+
exe4	bigserial	+
exe5	bigserial	+
exe6	bigserial	+
exe7	bigserial	+

exercises	
id 🛭	bigserial NN
workout_id	bigserial NN
type	varchar NN
title	varchar NN
desc	text
set1	bigint
weight1	bigint
set2	bigint
weight2	bigint
set3	bigint
weight3	bigint
set4	bigint
weight4	bigint
last_volume	bigint NN

users	
id 🖉	bigserial NN 1
email	varchar NN
password	varchar NN
username	varchar NN
created_at	timestamptz NN
birthday	timestamptz



exercises	
id 🔑	bigserial NN
workout_id	bigserial NN
type	varchar NN
title	varchar NN
desc	text
set1	bigint
weight1	bigint
set2	bigint
weight2	bigint
set3	bigint
weight3	bigint
set4	bigint
weight4	bigint
last volume	bigint NN