# **EAS Concept Proposal Form (Potential Project, Paper or Abstract)**

## In completing the proposal form, please:

Writing Group # (committee to complete):

- Type your responses and keep to 3 pages maximum (supporting material may be attached)
- Save in pdf format

**Proposer** 

• Email to Mindy Katz: mindy.katz@einstein.yu.edu

Proposals will be reviewed and forwarded to the Scientific Steering Committee for their consideration.

Name:
Affiliation:
Date of submission:
Email:
If the proposer is not an EAS study investigator, an EAS study leader is needed as sponsor.
Has the project been discussed with an EAS sponsor? Y/N
EAS study lead investigator consulted:
Tentative writing group members/authors:
Statistical support needed from EAS: Y/N
Statistician(s) name(s):
Inclusion Criteria:
Exclusion Criteria:
Dependent/ Outcome variables (list variable names)
Independent Variables (list variable names)
muepenuent variables (list variable names)
Covariates (list all variables):

Analytic Design or Type of Manuscript (select all that apply):
Case-control
Longitudinal
Cross-sectional
Overview/Summary
Methodology (i.e., statistical)
Other, specify
Canery speemy
Time frame of proposal (including deadlines for data submission, initial analysis, final analysis, and
possible submission):
Analysis Complete (date):
Draft to co-authors (date):
Final draft approved by co-authors (date):
Submit to EAS committee for review (date):
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Submit to journal or funding agency (date):
The state of the s
Target journal(s) for publication or target agency to request funding:
Is this concept proposal related to a dissertation, thesis, or career development award or grant? If yes,
give details:
Is there current funding support for the project? Y/N
Source(s):
Amount:
Amount:  Is the funder a commercial agency? Y/N
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Working Title:	
Project background and aims (state specific hypotheses, if applicable):	
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# Independent Variable Measures:

Basic Information and Timing Indicators ESM Measures:

Variable	Description	
id		
burst		
pack		

studyday

session

beep

weekday

newdate

newtime

newstartdate

newstarttime newenddate newendtime burststart\_date burstend\_date bedtime\_Date flag\_validbeep flag\_dup flag\_complete flag\_error

# Psychological Indicators

### ESM Measures:

Variable	Description
activation_now	How are you feeling?
valence_now	How is your overall MOOD?
stress_now	How STRESSED are you?
healthy_now	Overall, how physically HEALTHY do you feel?
anxious_now	Do you feel TENSE/ANXIOUS?
happy_now	Do you feel HAPPY?
relaxed_now	Do you feel RELAXED?
depressed_now	Do you feel DEPRESSED?
energetic_now	Do you feel ENERGETIC?
frustrated_now	Do you feel FRUSTRATED?
thgt_val_now	What type of thoughts were you having?
thgt_control_now	Were you having a train of thought you couldn't get out of your
	head?
thgt_worry_now	Were you thinking about personal problems or worries?
enjoy_now	How much ENJOYMENT have you had?

# Situation Indicators

# ESM Measures:

Variable	Description
where_now	Where are you?
who_now	Who are you with?
now_nobody	Who are you with? Nobody
now_friend	Who are you with? Spouse/partner
now_partner	Who are you with? Your child(ren)

now\_kids Who are you with? Other family member(s)

now\_othfamilyWho are you with? Friend(s)now\_neighborWho are you with? Neighbor(s)now\_acquaintWho are you with? Acquaintance(s)now\_strangerWho are you with? Stranger(s)

now\_pet Who are you with? Pet(s)

now\_who\_other Who are you with? Other people

#### Behavioral Indicators

#### ESM Measures:

Variable	Description
doing_now	What activities have you done?
social_person	What activities have you done? Socializing (in person)
social_online	What activities have you done? Social media (e.g., Facebook)
chores	What activities have you done? Chores (household or shopping)
selfcare	What activities have you done? Self-care (e.g., eating, bathing, resting)
caregiving	What activities have you done? Taking care of someone
TV	What activities have you done? Watching TV
volunteer	What activities have you done? Volunteering/working
internet	What activities have you done? Browsing internet
exercise	What activities have you done? Physical activity/exercise
mentalact	What activities have you done? Mental activity (e.g., reading, puzzles)
donothing	What activities have you done? Nothing special
other_act	What activities have you done? Other activity
posture_now	What is your posture?

# Dependent Variable Measures

## Loneliness and Physical Pain

#### ESM Measures:

Variable		Description	
pain_now	What is your level of PAIN?		
lonely_now	Do you feel LONELY?		

### Covariates

#### Clinical Core

Variab	le	Description

SEX Sex

GENDER Gender

Years of

YEARS\_EDUC Education

MARITAL Marital status

DEMO11 Date of Birth