



## **UC Davis and UC Davis Health**

### **Consent to Participate in Research**

**Title of study:** Personalizing Personality

**Investigator:** Dr. Emorie D. Beck, PhD, Assistant Professor, Department of Psychology, UC Davis

### **Introduction and Purpose**

You are being invited to join a research study.

The purpose of this study is to see if allowing individuals to tell us which questions we should ask them provide better summaries of their personalities and their daily lives than standard batteries of personality and daily life.

If you agree to be in this research, you will be asked to complete one baseline survey and 105 experience sampling surveys. In this baseline survey, you will complete a variety of measures about your personality,

your emotions, and your daily life. It will take about 45 minutes to complete the survey. In the experience sampling portion, you will complete up to 5-8 minute surveys per day for up to 2 weeks. Each of these will

sampling portion, you will complete up to 3, 2 minute surveys per day for up to 3 weeks. Each of these will take about 2-3 minutes to complete. At the end of the three weeks, you will receive a personalized report summarizing your experience sampling responses.

There is no direct benefit to you from taking part in this study. We hope that the research will help you to understand your daily thoughts, feelings, behaviors, and experiences.

The risks of this research are minimal. Some of the questions might make you feel uncomfortable or upset. You do not have to answer any of the questions you do not want to answer.

## **Confidentiality**

As with all research, there is a chance that confidentiality could be compromised; however, we are taking precautions to minimize this risk. Your responses to the survey will not include information that identifies you. This identifiable information will be handled as confidentially as possible. However, individuals from UC Davis who oversee research may access your data during audits or other monitoring activities.

To minimize the risks of breach of confidentiality, we will store all identifiable information (name, phone number for text messages) separately from all survey responses in a password protected, encrypted file. Your survey results will only be linked to you via a participant ID. Only you and the PI (Dr. Beck) will have access to this ID and to identifiable information.

The data we collect with your identifiable information (e.g., your name, medical record number, or date of birth) as a part of this study may be used to answer other research questions or may be shared with other investigators for other research. If we do so, we will remove all identifiable information before use or sharing.

Once identifiers have been removed, we will not ask your consent for the use or sharing of your data in other research. In addition, data that have been de-identified will be uploaded to the Open Science Framework for other researchers to access and use.

## Compensation

To thank you for participating in this research study, you will receive two forms of compensation. First, for the baseline survey, you will receive a \$10 Amazon gift card emailed to you within 2 weeks after you complete it. Second, for every experience sampling survey you complete, you will receive \$0.50 (maximum \$63 for perfect completion rate) as an Amazon gift card emailed to you within 2 weeks of the end of the experience sampling portion of the study. If your completion rate is at 90% (94 surveys), you will receive a bonus of \$10 applied to your experience sampling Amazon gift card.

## Rights

***Taking part in research is completely voluntary.*** You are free to decline to take part in the project. You can decline to answer any questions and you can stop taking part in the project at any time. Whether or not you choose to take part, or answer any question, or stop taking part in the project, there will be no penalty to you or loss of benefits to which you are otherwise entitled.

## Questions

If you have any questions about this research, please feel free to contact the investigator at 573-690-0133 or [edbeck@ucdavis.edu](mailto:edbeck@ucdavis.edu).

If you have any questions about your rights or treatment as a research participant in this study, please contact the UC Davis Institutional Review Board by phone: 916 703 9158 or by email: HS-

[IRBEducation@ucdavis.edu](mailto:IRBEducation@ucdavis.edu).

**If you agree to take part in the research, please print a copy of this page to keep for future reference, then click on the “Accept” button below.”**

- ☐ Accept
- ☐ I do not accept

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