Deep Research Alignment Table — List of 40 Global Models

How 40 theories, frameworks, and cultural models come together in one map

---

TEG-Blue™ stands on the shoulders of giants—fusing insights from more than 40 groundbreaking frameworks across psychology, neuroscience, sociology, systems thinking, education, and AI.

But what makes it different is *how* these elements connect—turning scattered brilliance into a living, practical map for healing and change.

TEG-Blue™ — Deep Research Alignment Table

How external theories/models align across the 11 TEG-Blue maps (1–11)

#	Theory / Model	Domain	Primary Alignment (Strongest Map)	Additional Alignments	Connection Summary
1	Polyvagal Theory — Porges	Neuroscience / Trauma	**1 – Emotional Gradient**	3, 6, 8, 9, 10	Biological basis for **Connection vs Protection**; anchors state-before-story.
2	Somatic Marker Hypothesis — Damasio	Neuroscience / Emotion	**1 – Emotional Gradient**	6, 11	Emotions as decision data; "read state before content."
3	Predictive Coding / Threat Detection (amygdala)	Neuroscience	**6 – Bias Architecture**	1, 3, 11	Bias as pattern-completion under threat; safety needed to update priors.
4	Cognitive Biases — Kahneman & Tversky	Decision Science	**6 – Bias Architecture**	4, 7, 11	Reframed from "thinking errors" to **emotional protection** in TEG-Blue.

#	Theory / Model	Domain	Primary Alignment (Strongest Map)	Additional Alignments	Connection Summary
5	Cognitive Dissonance — Festinger	Psychology	**11 – Human Paradoxes**	6, 7, 3	Explains survival tension between beliefs/needs; resolves through safety.
6	Social Identity Theory — Tajfel & Turner	Social Psych	**6 – Bias Architecture**	4, 7, 11	Shows group belonging as bias reward; TEG-Blue adds emotional cost.
7	System Justification — Jost	Social Psych	**6 – Bias Architecture**	4, 7	Why harmful beliefs feel stabilizing and are socially rewarded.
8	Critical Race / Feminist / Disability Studies	Cultural Studies	**6 – Bias Architecture**	4, 5, 7	Systemic bias as socially reproduced; TEG-Blue adds survival-state lens.
9	Winnicott — True/False Self	Dev. Psych	**2 – Ego Persona Construct**	3, 9, 10	Mask as **protective adaptation**, not pathology.
10	Internal Family Systems — Schwartz	Clinical / Parts	**2 – Ego Persona Construct**	3, 9	Unblending parts; thanking protectors; access to Real Self.
11	Rogers — Organismic Valuing	Humanistic Psych	**9 – The True Self**	2, 3	Returns from performance to inner truth; values-led repair.
12	Jung — Persona / Shadow	Depth Psych	**11 – Human Paradoxes**	2, 3	Contradictions and defended identity; integration over suppression.
13	Daniel Siegel — Interpersonal Neurobiology	Neuroscience	**3 – Three Inner Layers**	9, 10, 11	Integration/coherence across layers; regulation through relationship.
14	Bourdieu — Forms of Capital	Sociology	**5 – Capital Filter**	4, 7, 8	Visibility ≠ value; surfaces hidden gates and criteria.
15	Goffman — Presentation of Self	Sociology / Identity	**3 – Three Inner Layers**	4, 6, 11	Role Mask as performance; social scripts reinforce it.
16	Hochschild — Emotional Labor	Sociology	**9 – The True Self**	4, 5	How roles demand regulated displays; cost to authenticity.
17	Trauma Bonding — Dutton & Painter	Trauma Studies	**7 – How Tyrants Are Made**	1, 4, 9	Attachment under harm sustains manipulation → domination.

#	Theory / Model	Domain	Primary Alignment (Strongest Map)	Additional Alignments	Connection Summary
18	Betrayal Trauma — Freyd	Trauma Studies	**7 – How Tyrants Are Made**	10	Why victims doubt reality; maps escalation of deliberate harm.
19	Coercive Control — Stark	Criminology	**7 – How Tyrants Are Made**	4, 6	Control as patterned strategy, not conflict; calmness as control.
20	Gaslighting — Abramson (analysis)	Philosophy / Psych	**7 – How Tyrants Are Made**	4, 6, 11	Epistemic distortion as abuse tactic; "fog" becomes measurable.
21	Authoritarian Personality — Adorno	Political Psych	**7 – How Tyrants Are Made**	4, 6	Personality + culture shaping domination; reinforced by scripts.
22	Arendt — Banality of Evil	Political Philosophy	**11 – Human Paradoxes**	7	Harm normalized by systems; moral detachment as "orderliness."
23	Milgram — Obedience to Authority	Social Psych	**4 – False Models of Society**	7, 11	Obedience scripts; "respect ≠ submission" counter-model.
24	ACE Study — Felitti et al.	Public Health	**10 – Generational Bridges**	1, 2, 9	Early adversity shaping adult regulation; informs lineage repair.
25	Bowlby / Crittenden — Attachment	Dev. Psych	**9 – The True Self**	2, 10	Secure base vs mask formation; strategies across generations.
26	Rachel Yehuda — Epigenetics of Trauma	Neuroscience	**10 – Generational Bridges**	1, 9	Biological transmission; conditions for reversal/repair.
27	Judith Herman — Trauma & Recovery	Trauma Studies	**10 – Generational Bridges**	1, 2, 7, 9	Stages of recovery; truth+safety before reconnection.
28	Peter Levine — Somatic Experiencing	Somatics	**9 – The True Self**	1, 6, 10	Body-first retrieval; presence with "crying baby."
29	Janina Fisher — Parts & Memory	Clinical / Trauma	**9 – The True Self**	2, 3	Parts work for shame/fragmentation; practical doorways.
30	Kristin Neff — Self-Compassion	Clinical	**9 – The True Self**	1, 10	Reduces shame; enables mask-loosening without collapse.
31	Neurodiversity Paradigm — Singer	Sociology	**8 – Neurodivergence & Evolution**	1, 3, 5	Difference as needed intelligence; not defect.

#	Theory / Model	Domain	Primary Alignment (Strongest Map)	Additional Alignments	Connection Summary
32	Intense World Theory — Markram	Neuroscience	**8 – Neurodivergence & Evolution**	1, 3	Heightened salience / patterning reframed as gift.
33	Executive Function / Sensory Processing	Psych / OT	**8 – Neurodivergence & Evolution**	1, 3	Overlap of sensory + emotional regulation; design for thresholds.
34	UDL / Differentiated Instruction / CASEL SEL	Education	**8 – Neurodivergence & Evolution**	4, 6, 10	From inclusion ideals to **emotional systems** that actually fit.
35	Social Model of Disability	Sociology	**8 – Neurodivergence & Evolution**	4, 5	Barriers > bodies; adds nervous-system toll of misattunement.
36	Narrative Therapy — White & Epston	Therapy	**10 – Generational Bridges**	9, 11	Re-authoring family stories; chosen legacy.
37	Bowen / Minuchin / Boszormenyi-Nagy / Satir	Family Systems	**10 – Generational Bridges**	2, 7, 9	Transmission, hierarchy, ethics, reconstruction for repair.
38	Ubuntu Philosophy / Māori Elderhood	Cross-Cultural Ethics	**10 – Generational Bridges**	11, 4	Communal repair; true elderhood vs toxic power.
39	Peirce — Fallibilism	Epistemology	**6 – Bias Architecture**	11	Humility as method; bias unlearned through safety + revision.
40	Ricoeur — Hermeneutics of Suspicion	Philosophy	**6 – Bias Architecture**	11	Seeing filters that distort truth; adds emotional root-cause view.

Synthesis Methodology — How These Theories Were Combined

Pattern Recognition, Not Copy-Paste
Each theory was treated as a fragment of a larger system.
TEG-Blue™ applies the **logic of gradients and systems mapping** to reveal overlaps, contradictions, and hidden assumptions between disciplines that rarely interact.
The result is not a summary of sources, but a **new structure** that organizes emotional logic across individual, relational, and systemic levels.

Gap-Filling With Lived Experience and AI
Where traditional frameworks conflicted or left gaps, synthesis emerged through **lived experience**, **community reflection**, and **AI-assisted cross-referencing**.

This process uncovered relationships that might remain invisible within the limits of any single field — demonstrating how **emotion can be mapped as data** without losing human depth.

Transparent Humility

TEG-Blue™ does not claim mastery over these disciplines.
It serves as a **transparent integrative map** that makes relationships between models visible and traceable:

> "Here's where these theories meet. Here's what they explain. Here's what we are still learning."
> The purpose is not ownership — but clarity, connection, and shared progress.

Open to Feedback and Growth

This synthesis is open for **academic and public collaboration**.
Researchers, practitioners, and educators are invited to contribute feedback, validations, and critiques to further refine how emotional logic is represented across human and artificial systems.

Citation Note

*This table and synthesis were compiled from over 30 established frameworks across psychology, neuroscience, sociology, education, trauma studies, and AI ethics as part of the **2024–2025 Deep Research Validation Study** for **TEG-Blue™ — Emotional Technology for Healing and Repair**.*

The process was reviewed with cross-domain experts to ensure conceptual integrity, alignment with trauma-informed principles, and readiness for AI integration.