



# भुईखेल युवा क्लब

दर्ता नं. ११९१

पान नं. ६१७४५५२५

प. सं.

च. नं.

स्वयम्भु, भुईखेल -१५, काठमाडौं

स्थापित: २०७७

bhuikhelyouth.club

मिति:

To,  
The principal

.....

.....

## An Invitation for Participation

Dear sir/madam,

It's our honor to inform you that our Bhuikhel youth club is organizing the first Bhuikhel cup Inter School 7 A side football tournament starting from 15 Bhadra 2079 (August 31, 2022).

Bhuikhel club has always promoted the talent of the student beside quality education enhancement, this includes sportsmanship among the students. Therefore, we would like to cordially invite your esteemed school to participate in the tournament.

Please find the registration form along with the rules and regulations of the tournament. It would be a pleasure to have your school participate in our tournament.

Looking forward for the positive response, Thank you

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Managing Director  
Bhuikhel youth club



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मिति:

**Category:** Male / female

**Information of players to be registered**

(Minimum 10 and maximum 12):



Name: .....  
class : ..... Age:.....



Name: .....  
class : ..... Age:.....



Name: .....  
class : ..... Age:.....



Name: .....  
class : ..... Age:.....



Name: .....  
class : ..... Age:.....



Name: .....  
class : ..... Age:.....



Name: .....  
class : ..... Age:.....



Name: .....  
class : ..... Age:.....



Name: .....  
class : ..... Age:.....



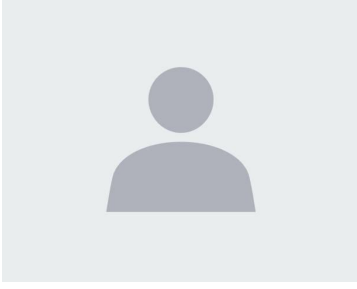
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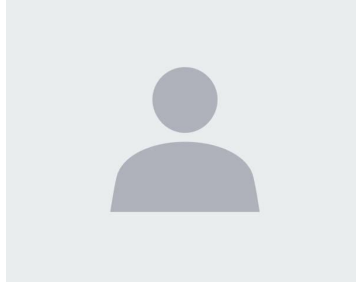
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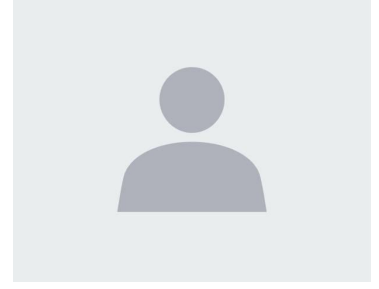
मिति:



Name: .....  
class : ..... Age:.....



Name: .....  
class : ..... Age:.....



Name: .....  
class : ..... Age:.....

I ..... the principal/ Coordinator of .....  
verify that the above mentioned are the current students of the school and allow them  
to participate in the 1st Bhuikhel Cup inter School 7A side football tournament 2079,  
organized by Bhuikhel youth club.

.....  
signature

.....  
School Seal

Contact Person detail:

Name: .....  
Ph. : .....  
Designation: .....



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## In Game Rules:

- Each team must have 12 players.
- Each player can represent one team only.
- All games will be played in league-cum-knockout structure
- Each game will be played for 20 minutes (two half of 10 minutes).
- All the teams must have proper football DRESS CODE. (i.e. same jersey, no playing barefoot or with studded boots)
- Every player should bring a VALID IDENTITY CARD of their respective school during the game time.
- One representative from the school management should always be present in the premises during the game.
- Any objection or protest should be reached to the organizer's desk within 10 minutes AFTER the game.
- Rough tackles would be counted as FOULS (to avoid accidents). Two-Footed Slides Tackles are Not allowed. Referees have full discretion to determine the legality of the challenge.
- The organizer will NOT be held responsible for any injury, accident or damage caused to players, items or teams participating during or after the competition.
- Manager, player of any team involved in any sort of VIOLENT activity IN or OFF course will be disqualified from the competition.
- All the games will be held on the exact time provided to the team.
- The teams must be present in the ground 30 minutes BEFORE the game begins.

## Card penalties:

- Yellow Card: Rs 100
- Red Card : Rs 200

## Venue:

Bhuikhel ground, Swayambhu, ward-15 kathmandu



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## RULES AND REGULATIONS

The referee will give an overview before the game begins

### Terms and conditions

- A team should have Required Kits and Formal Jersey with Visible Number printed.
- All the games will be conducted under the latest 7A side football rules.
- The organizing committee has the right to change any rules or judgment depending on the situation.
- All the decisions made by referees are VALID and FINAL.
- The entrance fee is NRs. 4000 per team.
- First aid service will be provided by the organizer.
- The participation form along with the entry fee should be submitted by 27th august 2022 (11 bhadra 2079).
- Tie sheet draw and coaches/manager meeting will be held on 30th august (14 bhadra 2079)

### Players Eligibility

- Students from class 9 or below
- All the players should be regular students of the school which they represent. If any outsider or other level players are found to be playing from the team, the team will be DISQUALIFIED.
- Each team should provide Valid Evidence to prove the player is of the same school and is studying a certain course whenever asked by the organizer.
- Players should be under-17 and valid marksheet and birth certificate and school id card should be provided to the organizer.



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## Training plans and preparations

### Recommended Drills

Do practise drills to start up.

- Pass drills
- Dribbling drills
- Shot drills
- First touch drills

We have created a collection of drills on our website. (bhuikhelyouth.club)



### Hire a coach

Bhuikhel youth club is ready to provide training sessions in the school compound. In case of insufficient field at school, we can help young athletes train at our homeground, Bhuikhel ground at swayambhu or provide consultancy to help suggest good locations nearby. Certain charges will be applied. Please contact us through website (bhuikhelyouth.club) or phone number

### Contact Information

- Randip Singh: 9840266520
- Bijay khadgki: 9808382508
- Ram K Rijal: 9840165563
- Manish Jung Thapa: 9813196792