# Interview Practice Lab: Online Workshop

Prepare, Practice, and Polish Your Interview Skills

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ACE Upskilling Grant

Queensborough Community College, Workforce Development, Office of Academic Affairs



Duration: 60–75 minutes

Workshop Overview Format: Virtual breakout rooms

Focus: Technical and behavioral interview practice



S – Situation



T – Task





A – Action



R – Result

### Breakout Room Instructions

- Pair up: One interviewer, one interviewee
- Use provided questions
- Switch roles halfway
- Take notes and give feedback



## Technical Interview Question

- Question: Can you explain a project where you applied technical skills to solve a real-world problem?
- ► / Interviewee:
- Describe the project and your role
- Highlight technical tools/methods
- Share the outcome
- Interviewer:
- Ask follow-ups: 'What challenges did you face?' 'How did you test your solution?'



### Behavioral Interview Question

- Question: Tell me about a time you worked on a team and had to resolve a disagreement.
- ► Interviewee:
- Use STAR method to structure response
- Interviewer:
- Listen for clarity and emotional intelligence
- Ask: 'What did you learn from the experience?'

### Debrief and Reflection



- What did you do well?
- What would you improve?
- Share insights in chat or answer in the group

# Wrap-Up and Resources

- Stay informed about upcoming grant-sponsored programs and partnerships at QCC:
  - https://www.qcc.cuny.edu/ce/grants-andpartnerships.html
  - Github repository: <u>Employment Resources Toolkit</u>

### THANK YOU FOR ATTENDING!

- Please complete this brief survey:
- https://forms.office.com/r/sipxP7whbW
- Follow us on LinkedIn:
- https://www.linkedin.com/company/strengtheningcommunity-colleges/
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- Best of Luck!