

Amanda Spishak-Thomas

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Education

- 09/2018 – Present Columbia University School of Social Work, New York, NY
Doctor of Philosophy (Ph.D.) – Social Policy and Policy Analysis, Economics concentration
- 05/2013 Columbia University School of Social Work, New York, NY
Master of Social Work (M.S.W.) – Advanced Clinical Practice, Health, Mental Health, & Disabilities
- 06/2012 Seattle University, Seattle, WA
Bachelor of Social Work (B.S.W.) – Departmental Honors & Nonprofit Leadership, *Magna Cum Laude*

Licensure

Licensed Clinical Social Worker, State of California

Under Review

Allen, H., Zhang, Y., Eliason, E., **Spishak-Thomas, A.**, Frankel, C. “Adverse Childhood Experiences and their Relationship with Depression among Adults in a Low-Income Uninsured Population”

Eliason, E., **Spishak-Thomas, A.** “Association Between Affordable Care Act Medicaid Expansions and Breastfeeding Among Low-Income Women”

Kaplan, D., Silverstone, B., Chan, K., **Spishak-Thomas, A.**, Herman, C., Zlotnik, J. L. “NASW’s Supervisory Leaders in Aging: One-year Practice Change Outcomes of an Innovative Training Program for Social Work Supervisors”

Working Papers

Spishak-Thomas, A., Slopen, M. “Making Work Pay (the Rent): Does the Earned Income Tax Credit Affect Housing Mobility among Low Income Workers”

Works in Progress

Spishak-Thomas, A., Aivadyan, C. “‘So many disincentives to take care of ourselves’: A Photovoice study on graduate student workers’ health care experiences”

Spishak-Thomas, A., Eliason, E. “Reasons Underlying Family Planning Actions among Women in the Postpartum Period”

Eliason, E., **Spishak-Thomas, A.** “Association between the Affordable Care Act and Postpartum Health”

Spishak-Thomas, A., Eliason, E. “Exploring Preconception Family Planning Use and Pregnancy Intention among Women with a Live Birth”

Conferences and Presentations

Spishak-Thomas, A., Aivadyan, C. ‘So many disincentives to take care of ourselves’: A Photovoice study on graduate student workers’ health care experiences. Poster Presentation. Society for Social Work and Research, San Francisco, CA, 2021. (In person meeting cancelled due to COVID-19).

Spishak-Thomas, A., Slopen, M. Making Work Pay (the Rent): Does the Earned Income Tax Credit Affect Housing Mobility among Low Income Workers. Association for Public Policy Analysis and Management, Washington, D.C., 2020. (In person meeting cancelled due to COVID-19).

Kaplan, D. (presenting), Silverstone, B., Chan, K., **Spishak-Thomas, A.** NASW's Supervisory Leaders in Aging: One-year Practice Change Outcomes of an Innovative Training Program for Social Work Supervisors. Gerontological Society of America, Philadelphia, PA, 2020. (In person meeting cancelled due to COVID-19).

Allen, H., Zhang, Y. (presenting), Eliason, E., **Spishak-Thomas, A.**, Frankel, C. Adverse Childhood Experiences and their Relationship with Depression among Adults in a Low-Income Uninsured Population. Society for Social Work and Research, Washington, D.C., 2020.

Price E. (presenting), Garg M., **Spishak-Thomas A.**, Crevensten H., Ranji, S. "Doctor, Your Patient Wants to Leave": Navigating Elopement Risk in Patients Who Lack Decision Making Capacity. Workshop at Society of Hospital Medicine National Meeting, Orlando, FL, 2018.

Research

- 2020 Doctoral Research Assistant
Columbia University School of Social Work
Leveraging Medicaid in the "Fourth Trimester": A Path to Averting Maternal Mortality and Morbidity in the U.S.
PIs: Heidi Allen, Jamie Daw, Kristen Underhill
- 2018 – 2020 Doctoral Research Assistant
Columbia University School of Social Work
The Earned Income Tax Credit and the Health of Adults without Dependent Children: A Randomized Controlled Trial
PIs: Heidi Allen, Peter Meunnig
- 2019 – 2020 Doctoral Research Assistant
Columbia University School of Social Work
Evaluating the Health Effects of Insurance-Subsidized Health Foods at Walmart
PI: Heidi Allen
- 2018 – 2020 Doctoral Research Assistant
Adelphi University
Strengthening Social Work Leaderships and Gerontological Capacity on the Front Lines of Service to Older Adults
PIs: Daniel Kaplan, Barbara Silverstone

Teaching and University Service

Guest Lecturer

- 11/2020 Columbia University School of Social Work
Guest Lecturer – Social Welfare Policy, "U.S. Health Policy"
- 11/2020 Columbia University School of Social Work
Guest Lecturer – Human Behavior in the Social Environment, "Social Ties, Social Support, and Behavior"
- 06/2020 Columbia University School of Social Work
Guest Lecturer – Program Evaluation in Social Services, "Dissemination and Sustainability"
- 07/2019 Hunter College Silberman School of Social Work

Guest Lecturer – Seminar in Social Welfare Policy II: Health and Mental Health Systems,
“Health Policy Advocacy and Political Social Work”

Teaching Associate

09/2020 – Present Columbia University School of Social Work
Teaching Associate – Human Behavior in the Social Environment

09/2020 – Present Columbia University School of Social Work
Teaching Associate – Social Welfare Policy

Teaching Assistant

01/2020 – 05/2020 Columbia University School of Social Work
Graduate Teaching Assistant – Seminar on Policy Practice II

Teaching Fellowships

06/2019 – 08/2019 Columbia University Irving Medical Center
Senior Teaching Mentor – Summer Health Profession Education Program (SHPEP)

Teaching Trainings

03/2019 – 06/2019 Columbia Center for Teaching and Learning
Inclusive Teaching Training

Clinical Experience

01/2015 – 08/2018 U.S. Department of Veterans Affairs, San Francisco, CA
Inpatient Medical/Surgical and Oncology Social Worker

09/2013 – 01/2015 CPMC Ray Dolby Brain Health Center, San Francisco, CA
Family Care Specialist

09/2013 – 01/2015 Alzheimer’s Association, San Jose, CA
Family Care Specialist

Policy Practice and Service

2020 – Present Support Group Facilitator, Alzheimer’s Association of New York City

2019 – Present Advocacy Collective, Planned Parenthood of Greater New York

2018 – Present Healthcare Working Group, Graduate Workers of Columbia

2019 Political Boot Camp, Congressional Research Institute for Social Work and Policy

2016 – 2017 Leadership Development Institute, San Francisco Department of Veterans Affairs

2015 – 2018 Support Group Facilitator, Alzheimer’s Association of Northern California/Northern Nevada