

Education

Columbia University School of Social Work, New York, NY 09/2018 – Present
Doctor of Philosophy (Ph.D.) – Social Policy and Policy Analysis, Economics concentration

Columbia University School of Social Work, New York, NY 05/2013
Master of Science in Social Work (M.S.S.W.) – Advanced Clinical Practice, Health, Mental Health, & Disabilities

Seattle University, Seattle, WA 06/2012
Bachelor of Social Work (B.S.W.) – Departmental Honors & Nonprofit Leadership, *Magna Cum Laude*

Licensure

Licensed Clinical Social Worker, State of California

Research

Doctoral Research Assistant 09/2018 – Present
Advisor: Heidi Allen

Teaching and University Service

Columbia University School of Social Work, New York, NY
Graduate Teaching Assistant – Seminar on Policy Practice II 01/2020 – Present

Columbia University Irving Medical Center, New York, NY
Senior Teaching Mentor – Summer Health Profession Education Program (SHPEP) 06/2019 – 08/2019

Columbia Center for Teaching and Learning, New York, NY
Inclusive Teaching Training 03/2019 – 06/2019

Graduate Workers of Columbia
Healthcare Working Group 09/2018 – Present

Clinical Experience

U.S. Department of Veterans Affairs, San Francisco, CA
Inpatient Medical/Surgical and Oncology Social Worker 01/2015 – 08/2018

CPMC Ray Dolby Brain Health Center, San Francisco, CA
Family Care Specialist 09/2013 – 01/2015

Alzheimer's Association, San Jose, CA
Family Care Specialist 09/2013 – 01/2015

Policy Practice and Service

Activist Council, Planned Parenthood, New York, NY 2019 – Present

Support Group Facilitator, Alzheimer's Association, New York, NY 2020 – Present

Political Boot Camp, Congressional Research Institute for Social Work and Policy 07/2019

Leadership Development Institute, Department of Veterans Affairs, San Francisco, CA 2016 – 2017

Support Group Facilitator, Alzheimer's Association, San Francisco, CA 2015 – 2018

Working Papers

Allen, H., Zhang, Y., Eliason, E., **Spishak-Thomas, A.**, Frankel, C. "Adverse Childhood Experiences and their Relationship with Depression among Adults in a Low-Income Uninsured Population"

Spishak-Thomas, A., Slopen, M. "Making Work Pay (the Rent): Does the Earned Income Tax Credit Affect Housing Mobility among Low Income Workers"

Works in Progress

Kaplan, D., Silverstone, B., Chan, K., **Spishak-Thomas, A.** "Supervisory Leaders in Aging: One-Year Practice Change Outcomes of Innovative Training Program"

Spishak-Thomas, A., Aivadyan, C. "'So many disincentives to take care of ourselves': A Photovoice study on graduate student workers' health care experiences"

Presentations

Allen, H., Zhang, Y., Eliason, E., **Spishak-Thomas, A.**, & Frankel, C. Adverse Childhood Experiences and their Relationship with Depression among Adults in a Low-Income Uninsured Population. Society for Social Work and Research, Washington, D.C., 2020.

Price E, Garg M, **Spishak-Thomas A**, Crevensten H, Ranji S. "Doctor, Your Patient Wants to Leave": Navigating Elopement Risk in Patients Who Lack Decision Making Capacity. Workshop at Society of Hospital Medicine National Meeting, Orlando, FL, 2018.

Professional Memberships

Member, National Association of Social Workers (NASW)