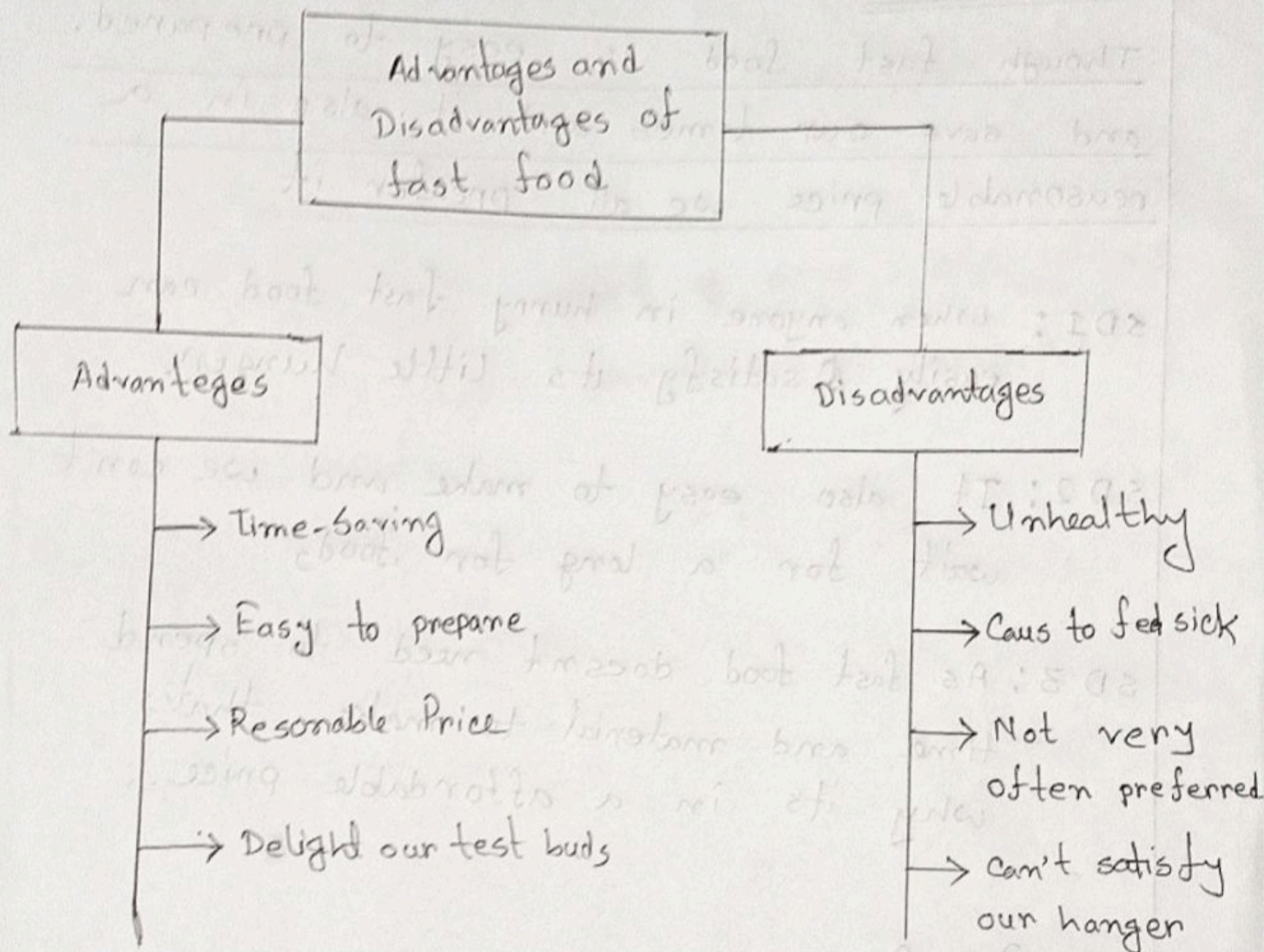


Mind Map



Introduction: Now a days fast food is one of the popular foods in our society. Fast food is a food which can be cooked and served very quickly. Though it's tasty and quick to prepared but there no nutrient value of this kind of food. As fast food has prepared by a perfect combination of salt, sugar, spices which excited our taste buds but it's properly unhealthy for our health.

Body Para 1

Though fast food is easy to prepared.
and save our times and it also in a
reasonable price we all preffer it.

SD1: when anyone in hurry fast food can
easily satisfy its little hunger.

SD2: It also easy to make and we don't
wait for a long for foods


SD3: As fast food doesn't need to spend
time and material to make, that's
why its in a affordable price

Body Para 2

By using some artificial element fast
food isn't good for our health and
cause us many harmful disease.

SD1: By regular taking fast food, it
can make us sick.

SD 2: Fast food cause us many harmful disease like, diabetes, peptic ulcer etc

SD 3: Junk food ~~can't~~  save our times but it can't provide us essential nutrients.