

JESSE

7-Day Digital Readiness Action Plan

Aryan · February 20, 2026

Your personalized plan starts today

31 /100 STARTING FRESH

No
worries
— this
is
exactly
the
right
place
to
start.
This
plan
closes
your
biggest
gaps in
7
focused
days.

ACCESS & OWNERSHIP	DATA LOSS	PLATFORM	STEWARDSHIP
40%	15% ▲	30%	30%

YOUR 7-DAY JOURNEY



DAY 01

⚡ QUICK WIN – UNDER 10 MINUTES

Secure Your Digital Accounts

DATA LOSS · 15%

- List every platform where you have an account**
Email, social, banking, streaming. **\$600B+ in digital assets go permanently lost at death** because no one knew they existed.
- Identify your top 3 most critical accounts**
Email is usually the master key. If someone inherits your email, they can recover everything else.
- Write down your primary email login credentials in a secure location**
Not a sticky note. A password manager, locked document, or sealed envelope with your will.

Day 1 done. You just addressed your lowest-scoring domain. Tomorrow: access & ownership.

DAY 02

- List all financial accounts: bank, brokerage, crypto, PayPal, Venmo**

Map Your Digital Assets

ACCESS & OWNERSHIP • 40%

\$70B in assets go unclaimed annually in the US alone because families don't know accounts exist.

- Note the account number or username for each — not the password**

Enough info for your executor to locate and claim the account legally.

- Check if any account has a named beneficiary on file**

Beneficiary designations override your will. An outdated beneficiary can send assets to the wrong person.

Day 2 done. Your executor now has a map. Tomorrow: what happens to your social presence.

DAY 03

Decide Your Platform Fate

PLATFORM • 30%

- Decide: memorialize, delete, or transfer each social account**

Facebook, Instagram, Google, LinkedIn — each has a different process. Leaving this blank means the platform decides for you.

- Set up Google's Inactive Account Manager (takes 5 minutes)**

Designates who gets your Google data — Drive, Gmail, Photos — and when. The only platform with a native solution that actually works.

- Write one sentence per platform describing your wishes**

Your executor needs instructions, not guesswork. "Delete my Instagram" is enough.

Day 3 done. Your digital identity has instructions. Tomorrow: the people who carry this out.

DAY 04

Name a Digital Executor

STEWARDSHIP • 30%

- Choose one person who will manage your digital estate**

This person needs to be tech-comfortable, trustworthy, and available. They don't have to be your legal executor.

- Tell them — have the conversation today**

76% of Americans have no end-of-life plan. Being the exception means actually having the conversation, not just planning to.

- Give them secure access to your master account document**

A document they can't find is a document that doesn't exist. Secure doesn't mean hidden from everyone.

Day 4 done. Someone is now responsible. Tomorrow: the physical documents that back all of this up.

DAY 05

Anchor Your Digital Plan to Legal Docs

ACCESS & OWNERSHIP • 40%

- Confirm you have a will, trust, or POA — even a basic one**

Digital wishes not tied to legal documents can be ignored by platforms. Courts can't enforce what isn't documented.

- Add a "digital assets" clause or letter of instruction to your will**

References your digital executor and the location of your master document. Takes one paragraph.

- Store legal docs and digital plan in the same location**

One place. Not four. A family under grief will not go on a scavenger hunt.

Day 5 done. Legal and digital are now connected. Two days left: your legacy message and your plan to keep this current.

DAY 06

Record Something

- Write a one-page "legacy letter" — your values, what matters, what you want remembered**

Not legal. Personal. The most meaningful thing you will leave. Takes 20 minutes. Lasts forever.

- Record a short voice or video message for someone you love**

Worth Leaving Behind

STEWARDSHIP · 30%

Your voice after you're gone. There is no technology that replaces this. Phone camera. One take. Do it today.

Store these in your digital legacy folder alongside your account list

One location. Your executor finds everything together.

Day 6 done. You've left something that actually matters. Tomorrow: lock it in and set a review date.

DAY 07

Lock It In & Schedule a Review

DATA LOSS · 15%

Do a final audit: every account, every document, every instruction in one place

Completeness check. If your executor had to act today, could they? That's the test.

Set a calendar reminder to review and update this plan every 12 months

You'll open new accounts, close others, change relationships. A plan that isn't updated is a plan that fails.

Confirm your digital executor knows where everything is stored

One confirmation conversation. One text. Close the loop.

Plan complete. You started at 31/100. You've now done what 76% of Americans haven't. Protect it. Update it annually.

ENDevo

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