

DIN EN ISO 10075-3:2004-12 (E)

Ergonomic principles related to mental workload - Part 3: Principles and requirements concerning methods for measuring and assessing mental workload (ISO 10075-3:2004)

Contents	Page
Foreword	2
Introduction	3
1 Scope	3
2 Normative references	3
3 Terms and definitions	4
4 Measurement and assessment of mental workload	5
4.1 General principles	5
4.2 Procedural requirements	7
4.3 Quantitative requirements for measuring instruments	10
4.4 Documentation requirements	12
Annex A (informative) Additional information concerning generalizability	15
Annex B (informative) Checklist for choosing an instrument	16
Bibliography	17