## Dose Finding via Multi Arm Bandits: A Review

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October 4, 2024



# Adaptive Clinical Trials

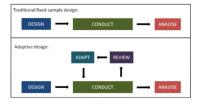


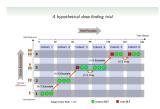
Figure: Schematic of a traditional clinical trial design with fixed sample size, and an adaptive design with pre-specified review(s) and adaptation(s)

- Can make clinical trials more flexible.
- Are often more efficient, informative and ethical than fixed design trials.



#### Dose Escalation Models

Dose escalation in phasel/II of clinical trials entails finding maxmimum tolerated dose (MTD) among increasing dose levels.



- Depending on toxic effects observed currently, decision is taken whether to escalate the dose or not.
- ► Has high prevalence in toxic treatments- e.g. chaemotheraphy in cancer trials, etc.



#### Dose Escalation Models

Introduction

- K dose levels chosen by physicians via preliminiary experiments.
- $\triangleright$   $p_k$ -toxicity probability, unknown.
- $\triangleright$   $\theta$ -pre-specified target toxicity probability. Usually between .2 and .35 for clinical trials.
- $MTD=k^* = \operatorname{argmin}_{k \in \{1,2,3,\cdots,K\}} |\theta p_k|.$
- Implicit Assumption: efficacy increasing with toxicity.

## MTD: Background

- MTD identification proceeds sequentially.
- At round t a dose  $D_t \in \{1, 2, \dots, K\}$  is selected and administered to a patient for whom a toxicity response is observed.

Main Results

- $\triangleright$  A binary outcome  $X_t$  is revealed indicating toxicity or not- $X_t = 1$  implies toxicity and  $X_t = 0$  implies not.
- For fixed design trials nCRM, BOIN, mTP, etc are used for dose finding.



# MTD in Adaptive Clinical Trials

- Key difference between fixed designs and adaptive-sampling scheme.
- Fixed designs- random sample gives inferential findings.
- Adaptive designs-sampling and inference/learning happens in a balanced manner based on data history.
- Reinforcement learning tailor made in adaptive setting.



Introduction

## Reinforcement Learning

Introduction

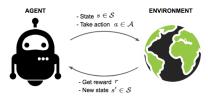


Figure: RL Illustration

- Person/agent interacts with environment to know more about it.
- Two types of Reinforcement Learning- Online Learning and Offline Learning-focus on online.
- ► Two different approaches: MDPs and bandits- focus on bandits.



# Thompson Sampling

First algorithm for bandits is Thompson sampling, 1933.

Main Results

- Thompson showed empirical findings.
- Bayesian approach to bandits.
- Positives- known theory and more stable than UCB (recent work by Jeevi eta al.).
- Negatives-mostly intractable posteriors leading to approximate sampling (recent work by Michael Jordan's group).



# Thompson Sampling

```
Input: Bayesian bandit environment (\mathcal{E}, \mathcal{B}(\mathcal{E}), Q, P).
```

for: 
$$t = 1, 2, \dots, n$$
 do

Sample 
$$\nu_t \sim Q(\cdot \mid A_1, X_1, \cdots, A_{t-1}, X_{t-1})$$

Choose 
$$A_t = \operatorname{argmax}_{i \in [k]} \mu_i(\nu_t)$$
.

end for

Introduction

Algorithm 1: Thompson Sampling Algorithm

Key idea: Given data, sample from posterior and take action which maximizes the average posterior reward given the sample.

# Thompson Sampling: Example

**Input**: Bayesian bandit environment  $(\mathcal{E}, \mathcal{B}(\mathcal{E}), Q, P)$ .

for:  $t = 1, 2, \dots, n$  do

for:  $k = 1, 2, \dots, K$  do

Sample  $\hat{\theta}_k \sim \text{beta}(\alpha_k, \beta_k)$  (some hyper-parameters for the k-th

arm.

#### end for

Choose  $A_t = \operatorname{argmax}_k \hat{\theta}_k$ .

Pull  $A_t$  to get reward  $r_{A_t}$ .

Update:  $(\alpha_{A_t}, \beta_{A_t}) \leftarrow (\alpha_{A_t} + r_{A_t}, \beta_{A_t} + 1 - r_{A_t}).$ 

Algorithm 2: Thompson Sampling: Bernoulli Bandit

Bernoulli bandit where at each stage we sample the success probability of each arm and sample the reward from the arm with the highest success probability.



## Regret of Thompson Sampling

- Thompson Sampling begets two regrets-frequentist and Bayesian.
- The frequentist regret

$$R_n(\pi,\eta) = n\mu^* - \sum_{t=1}^T \mathbb{E}\left[X_t\right]$$

- -bandit instance dependent.
- The Bayesian bandit regret is given as

$$\mathsf{BR}_{n}(\pi,Q) = \int_{\mathcal{E}} R_{n}(\pi,\eta) dQ(\eta)$$

-average over the bandit instance.



#### Bandit Model for MTD

- ▶ At round t select dose  $D_t \in \{1, 2, 3, \dots, K\}$ .
- A binary outcome  $X_t$  is revealed where  $X_t = 1$  implies toxicity and is 0 o.w.
- $ightharpoonup X_t \sim \operatorname{Ber}(p_{D_t})$ , independent of previous observations.
- $ightharpoonup N_k(t) = \sum_{s=1}^t \mathbf{1}_{\{D_s = k\}}$  number of times dose k is selected.

#### Bandit Model for MTD

- Prior distribution on  $\mathbf{p} = (p_1, p_2, \dots, p_K)$  is  $\Pi^0 = \prod_{i=1}^K \pi_k^0$  with  $\pi_k^0 = \text{Unif}([0, 1])$ .
- lacktriangle Generate a dose at each time instance  $orall k heta_k(t)\sim \pi_k^t$
- $D_{t+1} = \arg\min_{k} |\theta_k(t) \theta|.$



▶ Under an identifiability condition for the optimal dose one has

$$\mathbb{E}[N_k(n)] \leq O(\log n).$$

Main Results

Further, one has

$$\lim\inf_{n\to\infty}\frac{\mathbb{E}[N_k(n)]}{\log n}\geq\frac{1}{kl(p_k,d_k^*)}$$

where  $d_k^*$  is the gap and  $p_k$  is the toxicity probability.

Finally,

$$\mathbb{P}\left(\hat{k}_n \neq k^*\right) = O(\log n).$$



## Key Takeaways

- Thompson Sampling works well in dose escalation model adaptive designs.
- Produces sub-linear regret. Tight bound.
- Correct dose estimated at end of trial with high probability.