CMPT 376W Quiz 1 – Essay By: Michael Chang

The '996' work culture should not be adopted and implemented by technology companies in Canada and the United States because it will lead to poor health for their employees. Employees with poor health will lead to lower productivity, which will also lead to poor performance in the future.

It is selfish and irresponsible for those companies to force their employee to work for extra 4 hours every day, and expect no overtime pay. Those companies need to treat their employee not as a machine but as a human being. Employees have their own personal life outside of work like families and hobbies, so it is important for companies to recognize that their employee also have other responsibilities from work. The companies that employed a lot of people not only have to motivate their employee to work, but also take responsibility to take care of their employees. As healthy employee will provide a better service for the customer, the customer will have a better customer service experience, and it will attract more customers to use the company's product.

Because of the long-term negative impact for employees who have to work with '996', the work culture should not be adapted for technology companies in Canada and the United States.