

Av song sheet

1. Waters of Babylon (Joey Weisenberg)

By the waters of Babylon
We laid our lyres down
Laid our lyres down,
Sat and cried
By the waters of Babylon
We sang no sacred songs
Sang no sacred songs,
Our tongues were tied

Nigun

If I forget you Jerusalem
I'll play no more again
Play no more again,
Not one more time
Won't you show me Jerusalem
Razed and broken
Razed and broken,
Alone on high

Nigun

By the waters of Babylon
We laid our lyres down
Laid our lyres down,
For a long long time

Nigun

2. Those who sow (Psalm 126:5/Debbie Friedman)

(Those who sow, who sow in tears, (will reap in joy))(2x)
Those who sow, who sow in tears, (will reap)(2x) in joy)
(2x)

It's the song of the dreamer
From the dark place it grows
Like a flower in the desert
The oasis of our souls
Come back, come back where we belong
You who hear our longing (sighs)/(cries)
Our mouths, our lips are filled with song
You can see our tear-filled eyes!

3. Broken hearted (Psalm 147:3-4/Shir Yaakov)

הַרְפֵּא לְשִׁבּוּרֵי לֵב וּמַחְבֵּשׁ לְעֻצְבוֹתָם:
מוֹנֶה מִסְפָּר לְכוֹכָבִים לְכֹלָם שְׁמוֹת יִקְרָא:
הִלְלוּ יְיָ

(harofei lishvurei lev
umchabesh le'atzvotam
moneh mispar lakochavim
lechulam shemot yikra)(2x)
(halelu yah)(4x)

*Who heals the broken hearted
and binds their wounds
Who counted the stars
and gave each its name.*

(Healer of the broken-hearted
Binder of (their)/(our) wounds
Counter of uncountable stars
You know (where they are)/(who we are))(2x)
(halelu yah)(4x)

4. Gam Ki-Eilech (Psalm 23:4&6/Coleen Dieker/Warshawsky)

גַּם כִּי־אֵלֶךְ בְּגִיַּא צְלֻמּוֹת לֹא־אִירָא רָע כִּי־אַתָּה עִמָּדִי
אֵד טוֹב וְחֶסֶד יִרְדְּפוּנִי כָּל־יְמֵי חַיִּי
(gam ki-elech b'gei tzalmavet lo-ira ra
ki-atah imadi)x4

(ki-atah imadi)x5
(ach (tov)(2x) vachesed)(3x) (yird'funi)(3x)
(kol yemei chayai)(8x)

*Though I walk through a valley of deepest darkness, I
fear no harm, for You are with me.
Only goodness and steadfast love shall pursue me all the
days of my life*

5. Nachamu (Isaiah 40:1/Elana Arian)

נַחֲמוּ נַחֲמוּ עַמִּי יֹאמֶר אֱלֹהֵיכֶם
((nachamu)(2x) ami yomar eloheichem)(4x)

Comfort, oh comfort My people, says your God.

(Comfort us)(2x) in our wilderness
Comfort us as we struggle to take care of one another
(Comfort us)(2x) in our wilderness
Comfort us as we struggle with this world

6. May we bless(Amidah/Claudia Sachs)

בְּרַכַּת הַנֶּפֶשׁ, בְּרַכַּת הַגּוּף
רְפוּאַת הַנֶּפֶשׁ, רְפוּאַת הַגּוּף
תְּשׁוּבַת הַנֶּפֶשׁ, תְּשׁוּבַת הַגּוּף
אַהֲבַת הַנֶּפֶשׁ, אַהֲבַת הַגּוּף
((birkat)/(r'fuat)/(t'shuvat)/(ahavat)(2x) hanefesh,
(birkat)/(r'fuat)/(t'shuvat)/(ahavat) haguf)(2x)
(Blessing/healing/returning/love) of the soul and body

May we bless and be blessed
May we heal and be healed
May we forgive and be forgiven
May we love and be loved

7. I'm not alone (Aly Halpert)

I'm not alone (8x)

I forgot, for a minute
Who I belong to
The mama earth
The wind and rain
The beauty and the pain

I'm not alone
For me the world was created
I'm not alone
To dust I will return

8. We are loved (Rami Shapiro/Shir Yaakov)

We are embraced by arms that find us,
even when we are hidden from ourselves.
We are touched by fingers that soothe us,
even when we are too proud for soothing.
We are counseled by voices that guide us,
even when we are too embittered to hear.

(We are (loved)(3x) by unending love, an unending love)
(2x)

We are supported by hands that uplift us,
even in the midst of a fall.
We are urged on by eyes that meet us,
even when we are too weak for meeting.

(We are (loved)(3x) by unending love, an unending love)
(2x)

Embraced, touched, soothed, and counseled,
ours are the arms, the fingers, the voices;
ours are the hands, the eyes, the smiles.
We are loved by an unending love.

(We are (loved)(3x) by unending love, an unending love)
(2x)