

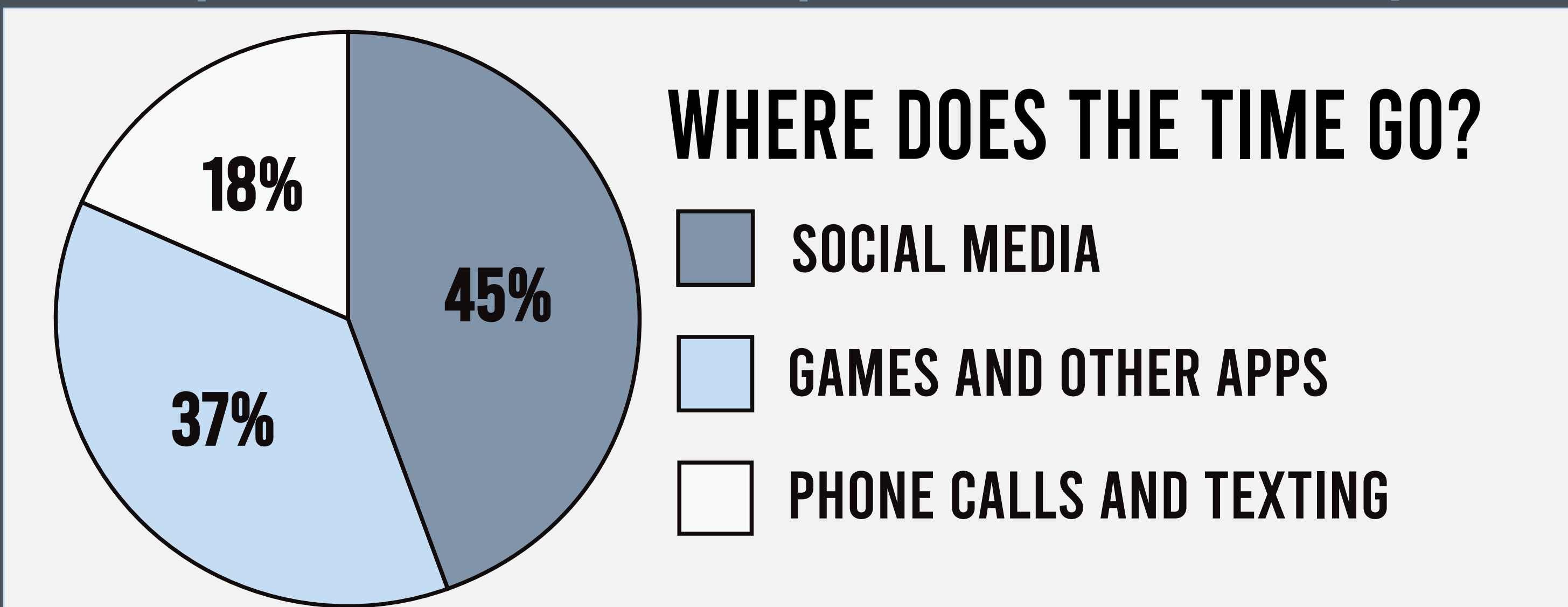
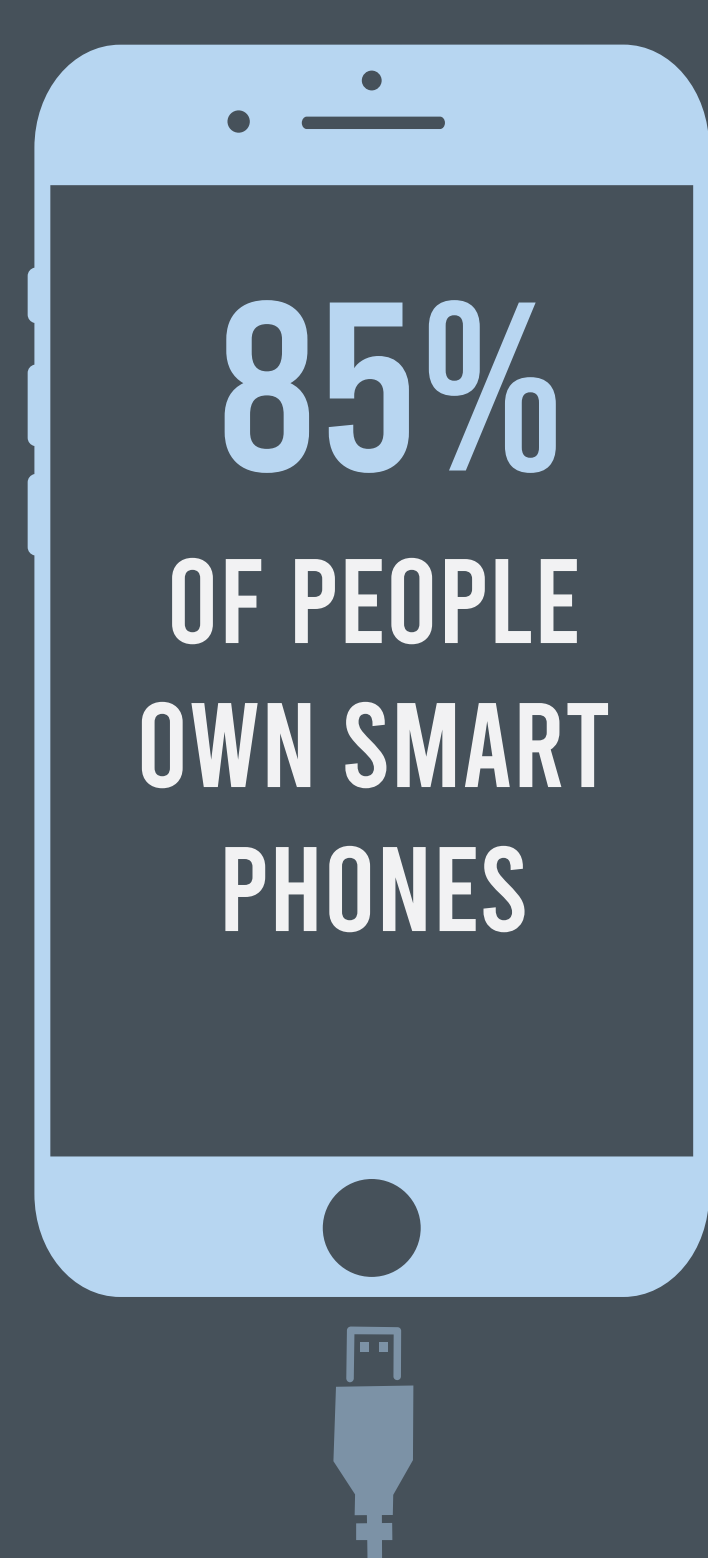
PHONE ADDICTION

in the United States

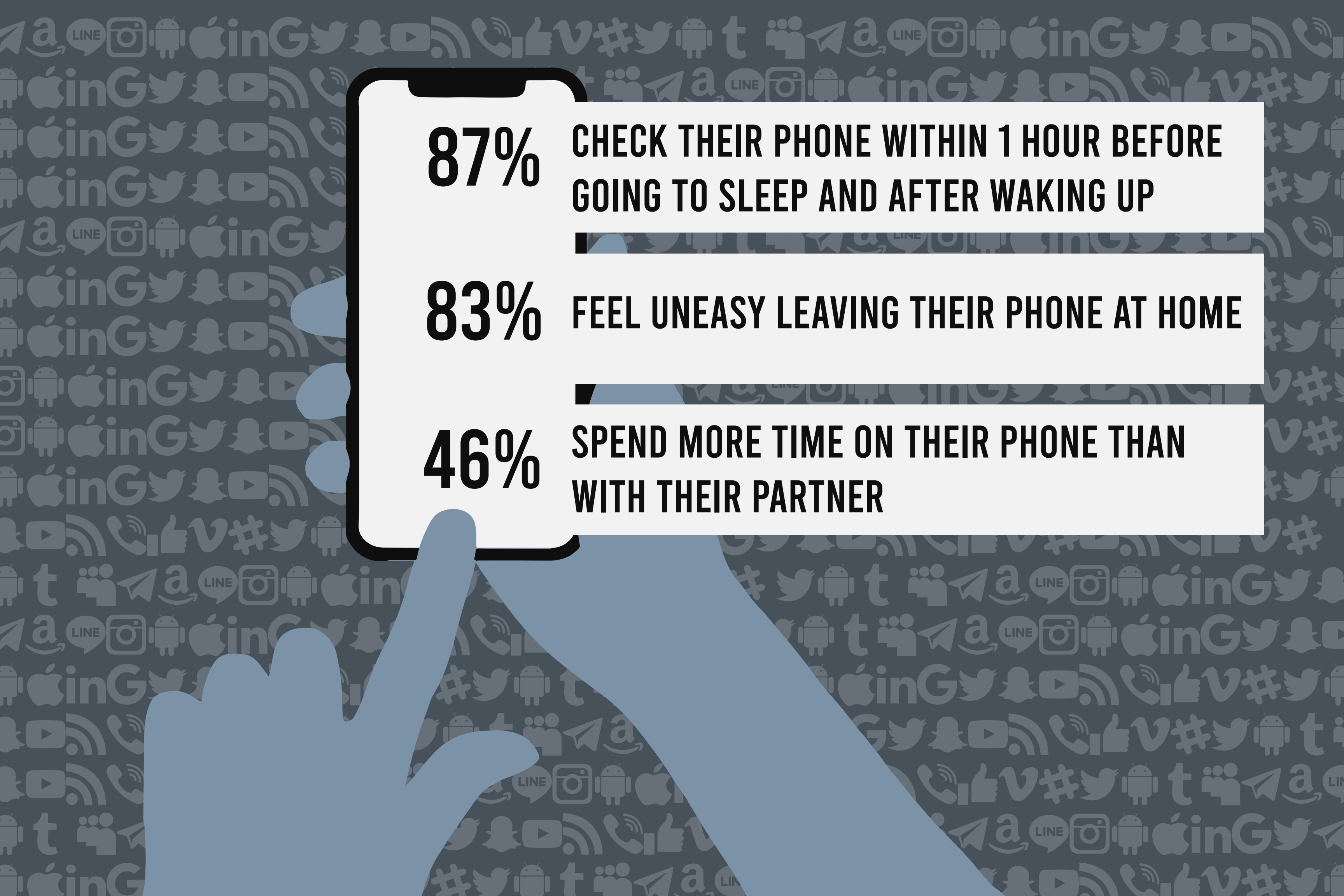


Smartphones have positioned themselves as indispensable in today's society. However, what seems like an embrace of a digital-age phenomenon may actually be an addiction.

SCREEN TIME



HABITS



EFFECTS



DEPRESSION/
ANXIETY



INCREASED RISK OF
CAR ACCIDENTS



POOR
SLEEP



EYE
STRAIN



NECK
ISSUES



POOR WORK
PERFORMANCE

BY KYLIE CALL
SOURCES

https://www.reviews.org/mobile/cell-phone-addiction/#Smart_Phone_Addiction_Stats
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