The Yogatattvabindu

योगतत्त्वबिन्दु

Yogatattvabindu

Critical Edition with annotated Translation

Von Nils Jacob Liersch

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Conventions in the Critical Apparatus

Sigla in the Critical Apparatus

- E: Printed Edition
- P: Pune BORI 664
- L: Lalchand Research Library LRL5876
- B: Bodleian Oxford D 4587,
- N_I: NGMPP B 38-31
- N₂: NGMPP B 38-35 / A 1327-14
- D₁: IGNCA 30019
- U₁: SORI 1574
- U₂: SORI 6082

Critical Edition & Annotated Translation

[XXII. svabhāvabhedam]

इदानीं स्वभावभेदं कथ्यते। यथा वटबीजं वटरूपेण परिणमते स तद्दशधा भेदं स्वभावत एव प्रा प्रोति। मूलाङ्करत्वग्दण्डशाखाकलिकापल्लवपुष्पफलस्नेहा इति दशभेदान् प्राप्नोति। तथा निर्मलो निर्विकारः निरञ्जन एक एतादृश आत्मस्वभावादेव पृथ्व्यापतेजोवाय्वाकाशमनोबुद्धिमायाविकाररू पभेदान्त्राप्नोति। ज्ञानयोगप्रभावादेक एव आत्मा इति निश्चयो भवति।

Sources: 1–3 cf. YSv (PT p. 836): svabhāvabhedam etat śṛṇu devi prayatnataḥ | yac chrutvā sarvabodhaḥ syāt muktidaḥ siddhivāñchitaḥ | ātmano vā pṛthivyādyāḥ svabhāvaḥ kiñcid ucyate |

² idānīm cett.] idānī B svabhāva° cett.] svābhāva° BL tasya E °bhedam DN₁] °bheda N₂ °bhedaḥ cett. vaṭa° cett.] vatha° N₂ °bījaṃ DPN₁N₂U₁] °bījam E °bīja° U₂ °bījena BL vațarūpeņa cett.] rūpeņa BL pariņamate BLU $_2$] pariņāte P pariņatam α E sa tad em.] sa tat U₁ sa tu N₂ satṛ N₁ sat EP śata BL sa DU₂ daśadhā cett.] dṛśadhā P dasat U₂ bhedaṃ cett.] om. U₂ svabhāvata cett.] svabhāva BL om. U₂ eva cett.] om. U₂ 2-3 prāpnoti cett.] prāpnotī BLU₁ **3 mülänkuratvagdaṇḍaśākhākalikāpallavapuṣpaphalasnehā** E] mūla aṃkuratvakdamdaśākhākilpikāpallavā puspaphalasneha P mūlam amkuratvakdamdaśākhākilakālapallavā || vistāroyam svābhāvataḥ B mūlam aṃkuratvakdaṃdaśākhākilāpallavā || vistāroyam svābhāvataḥ ∥ L mūlām amkuratvakdamdaáākhām kalikāpallavapuṣpaphalasneha∥N₁ mūlāmkuratvakdaņdaśākhām kalikāpallavapuṣpaphalasneha N₂ mūlāmkuratvakdandaśākhām kalikāpallavapuṣpaphalasneham D mūlām amkuratvakdandas \bar{a} khākalikāpallavapuspaphalasneha U $_{\rm I}$ om. U $_{\rm 2}$ iti cett.] om. U₂ daśabhedān BELP] bhedo daśadhā α om. U₂ prāpnoti cett.] prāpnotīti P om. U₂ tathā cett.] yathā EU₂ nirmalo BEL] nirmalaḥ αPU₂ 4 nirañjana E] niraṃjanaḥ cett. eka cett.] ekah $N_1N_2U_1$ etādṛśa E] etādṛśah $N_1N_2U_1$ ātmasvabhāvād cett.] ātmā svabhāvād E 4-5 prthvyāpatejovāyvākāśamanobuddhimāyāvikārarūpabhedān BL] prthvyāpatejovāyvākāśamanobuddhimāyāvikārarūpābhedān N₁ pṛthivyapāpatejovāybākāśamanobuddhimāyāvikārarūpābhedān E prthvyetetejovādvyākāśamanobuddhimāyāvikārarūpābhedān P pṛthvīpate | jīvīkāśamanobuddhir māyāvikārarūpabhedāt DN_2 pṛthakte jīvāyuvākāśamanobuddhir māyāyāvikārarūpabhedāt U₁ pṛthvyaptejovāyyākāśa ∥ manobuddhimayāvikārarūpabhedā U₂ **5 jñānayogaprabhāvād** EU₂] jñānayogabhavāt α jñānayogah || prabhāvād° BL jñānayogah prabhāvād P eva cett.] eka BLP yeva U_I

[XXII. Division of the Inherent Being]

Now, the nature of the self and it's distinction¹ is described. Just as the seed of the banyan tree transforms into the shape of the banyan tree - just so, due to its nature it attains a tenfold distinction, 'Root, shoot, bark, branch, twig, bud, the unfolding flower, flower, fruit and resin' are the ten distinctions [it] attains. In the same way, the pure, unchanging, immaculate one attains as such precisely because of the nature of the self - [namely], the divisions of earth, water, fire, wind, space, mind, intellect, illusion, transformations, and form.² Because of the power of Jñānayoga, the conviction arises that 'the self is only one'.

¹One comes across the term <code>svabhāvabheda</code> in philosophical systems to signify the division or distinction of essential natures. For a Buddhist example, see <code>BALCEROWICZ</code> (2011: 6 ff.). In some Nyāya texts, the term is picked up to refer to different essential properties of the self, cf., i.e. Ogawa (2023: 162). In the <code>Netratantantra</code>, the term <code>bhāvabheda</code> occurs frequently in a similar sense as in this passage of the <code>Yogatattvabindu</code>. For example cf. <code>Netratantra</code> 16.20-21 (<code>bhaviṣyanti mahādevi kaliḥ kaṣṭataro yataḥ | tadarthaṃ paramārtho 'yaṃ mayā te prakaṭīkṛtaḥ | paramārthaḥ paratvena mṛṭyujit sarvatomukhaḥ | <code>bhāvabhedena yaṣṭav yo mokṣasiddhim abhīpsatā</code> |). Here, however, the context is unphilosophical and specifically intended to signify the phenomenological distinction of the self.</code>

²Rāmacandra's tenfold taxonomy of tattvas appears inconsistent. Here, besides the stable list of the five gross elements, ahaṃkāra is replaced with rūpa and the order of the other elements is changed. None of the tenfold tattva-systems known to me equal Rāmacandra's systems exactly. Taxonomies of tattvas like **bhagavadgita** 7.4 in which Kṛṣṇa presents a list of eight divisions of prakṛti are almost identical (bhūmir āpo 'nalo vāyuḥ khaṃ mano buddhir eva cha | ahankāra itīyaṃ me bhinnā prakṛitir aṣḥṭadhā ||7.4||). "Earth, water, fire, air, space, mind, intellect, and ego - these are the eight divisions of the original nature." In this list, we find most of the elements of Rāmacandra's list, except terms like māyā, vikāra or rūpa. The description of kuṇḍalinī in Yogayājñavalkya 4.21 picks up this system. Another system of ten tattvas appears in Uttarasūtra 1.9 - 1.13 of the Niśvāsatattvasaṃhitā in which the tenfold nature of Sadāśiva is homologised with the mantra. Here the following list is given: prakṛti, puruṣa, niyati, kāla, māyātattva, vidyā, Īśvara, Sadāśiva, dehavyāpin and Śakti, cf. GOODALL and ISAACSON, 2016: 83-84. There is no similarity between the two tenfold tattva-systems. However, since Rājayoga is rooted in ancient Śaivsim (see BIRCH 2019), and Rāmacandra usually tends to present simplified and transsectarian systems, the choice of a tenfold tattva-system might be a remnant of those ancient systems.

यथैंकैकः पृथ्वी कचित्कोमलरूपा।। कचित्मनोहररूपा।। कचित्परिमलरूपयुक्ता।। कचित्परिमलर हिता।। कचित्सुवर्णरूपा।। कचिरूप्परूपा।। कचिद्रत्नमयी।। कचिश्वेता।। कचित्कृष्णा।। कचिद्र क्ता।। कचित्पीता।। कचित्कर्बुरा।। कचिन्नानाविधफलरूपा।। कचित्पुष्परूपा।। कचिद्मृतमयी।। स्वभावत एव भवति।।

तथैवात्मा मनुष्यपक्षिहरिणहस्तीविद्याधरगंधर्विकन्नरमहापण्डितमहामूर्वरोग्यरोगीक्रोधीशान्तरूपः स्वभावादेव भवति।।

ज्ञानयोगाद्विकाररूपरहितो ज्ञायते।

5

Sources: I-4 cf. YSv (PT p. 836): ātmaiva pṛthivī dhātrī komalā ca kvacid dṛḍhā | kvacin manoharā sā ca vimalā ca malāmalā | durgandhā ca sugandhā ca nirgandhā gandhamohinī | svarṇarūpā dhāturūpā citrā ratnamayī parā | kvacit śvetā kvacid raktā kvacit pītā ca kṛṣṇalā | ūrvarā ūrvarā sā tu viṣāmṛtamayī sadā | 6-13.3 cf. YSv (PT p. 836): tathā ca devagandharvakinnarādyāḥ khagādayaḥ | sukhasampiṇḍito rogī tathaiva krodhaśāntadhīḥ | aśeṣarūpabalito nānābuddhirataḥ svayam | devatattvaṃ bhūtaśaktyā jīvasaṃjñā bhramātmikā | jñānayogī nirvikāro nistāpa eka īśvaraḥ | ātmaikamūrttimān bhūtvā nirvikalpo nirañjanaḥ | sukhī duḥkhī mohayukto 'nantacetāḥ svabhāvataḥ |

ɪ yathaikaikaḥ प्स्।] yathaikaiva E yathā ekaika BLPU2 yathā ekaiva DN1 yathā ekam ca N2 yathā ekai ca U_I pṛthvī β] pṛthivī α °rūpā β] °rūpa α kvacit cett.] om. EPU_I manohararūpā B] manohararūpāh L manohararūpa U₂ manoharā DN₁N₂ om. EPU₁ kvacit cett.] om. EPU₁ °parimala cett.] om. EPU₁ °rūpayuktā BL] °rūpā° DN₁ °rūpāyuktaḥ N₂ om. EPU₁ kvacit cett.] om. PU_I "parimala cett.] "parimalarūpa" E om. PU_I I-2 "rahitā ELN_I] "rohitā BN₂U₂ om. DPU₁ **2 kvacit** cett.] om. PU₁ **suvarnarūpā** ELN₂U₂] suvarnarūpa BD khavarnakupā U₁ om. P **kvacit** cett.] om. BLP **rūpyarūpā** N₁U₁] raupyarūpā E rūpyarūpa DN₂ rajatarūpā U₂ om. BLP ratnamayī cett.] ratnamaī BLP kvacit cett.] kvacic ca E om. P śvetā EDU2] śveta N_IN₂U_I śvetarūpā L śverūpā B om. P kvacit kṛṣṇā cett.] kṛṣṇa N_I om. EP 2-3 kvacid raktā BELU₂] kvacid rakta cett. om. P 3 kvacit pītā cett.] om. P kvacit karburā cett.] kvacit karpurā U₁ om. P **kvaci** cett.] kvacit U₂ om. P **nānāvidhaphalarūpā** cett.] nānāvidhophalarūpā U₁ nānāvidharūpā E om. P kvacit BL]kvacid DN₁U₁ kvacir U₂ om. PN₂ puṣparūpā DN₁]viṣarūpā BEL viśarūpā U₂ om. U₁P kvacid cett.] kvacit U₂ om. U₁ amṛtamayī cett.] amṛtarūpamayī E amrtamaī BL om. U_I 4 svabhāvata cett.] om. U_I eva cett.] om. U_I bhavati cett.] bhavatah BL om. U_I 6 tathaivātmā β] tathātmā α manuşya° cett.] om. U_I °pakṣi° cett.] om. U_I °hariṇa° cett.] °hariṇā° P om. U_I °hastī° DN_I] hasti cett. om. U_I °paṇḍita° cett.] piṃḍata B **°mūrkha°** cett.] °rmūkha° P °mūrva° DN₁ °mūrşa° U₁ **rogyarogī** em.] °rogyarogi E °rogī arogī αU₂ °rogī BLP **"krodhī"** cett.] "krodhi" EP "krodha" BL **"śānta"** cett.] "dhiśānta" BL **"rūpah** cett.] °rūpāh PL °rūpa α **7 svabhāvād eva** cett.] evam svabhāvam U_I **bhavati** cett.] bhavatī BL bhati N_I dharati D **9 jñānayogād vikāra** N_IU_I] jñānayogadhikāra cett. **jñāyate** cett.] jāyate U₂ Just as the single soil at some places appears soft, at some places beautiful, at some places is endowed with fragrance, at some places withput fragrance, at some places [it contains] gold, at some places silver, at some places [it contains] gems,³ at some places appears white, at some places black, at some places red, at some places yellow, at some places appears in variegated colour, at some places like various fruit, at some places like flowers, at some places like a liquid, [and that] only because of its nature.

In the same way, the self also takes the form of a human, a bird, a deer, an elephant, a Vidyādhara, a Gandharva, a centaur, a great scholar or a great fool, a sick or healthy person, an angry or peaceful person, by virtue of its inherent nature.

Through Jñānayoga [the self] without the change of form is known.

³The description of the soil at this point is not clear. The colored soil mentioned next suggests a soil in golden color, silver color and in the color of precious stones. However, the parallel formulations in the *Yogasvarodaya* (i.e *svarṇarūpā dhāturūpā citrā ratnamayī parā* |) rather suggest soil containing the metals or precious stones in question.

यथा फलस्योत्पत्तिस्थानमेकमेव भवति। अथ च फलस्य गतिर्बहुधा दृश्यते। एकं फलं पृथ्वीमध्ये पति। शुष्कं भवति। एकस्य फलस्य मकरन्दं भ्रमरः पिबति। एकस्य फलस्य मालां कामिनी तुङ्गकुचमण्डलोपरि द्धाति। एकं फलं मृतमनुष्योपरि क्षिप्यते। अयं वस्तुनः स्वभावः। तथा एक एवात्मा स्वीयभावादेवाष्टौ भोगान्भुनिक्त। के तेऽष्टौ भोगाः॥

सुवासश्च सुवस्त्रञ्च सुशय्या सुनितंबिनी। सुस्थाता चान्नपानान्य् अष्टौ भोगाः सुधिषणम्।। XXII.1।।

5

Sources: 3 cf. YSv (PT p. 837): strīpuṃrūpī mahān so hi parasparavimohitaḥ | amanaskaḥ svīyabhāvāt jñānayogī nirākulaḥ | srakcandanādivāmāsu svabhāvād bhogam icchukaḥ |

I phalasyotpatti cett.] plaksasyotpattih E "sthānam cett.] sthānam E "sthāna U_I ekam cett.] ekas D eva N₂ om. E eva cett.] kam eva N₂ bhavati cett.] bhavatī B ti U₁ gatir cett.] gati PN₂U₁ ekam cett.] eka° U₂ eva N₂ phalam cett.] phala° DN₁N₂ pṛthvī° cett.] pṛthivī° U₁ 2 śuşkam LU₁U₂] śuklam cett. bhavati cett.] bhavatī B phalasya cett.] om. PL makarandam $ELPN_2U_1U_2$ makaramda° LN_1 karamdam B **bhramarah** cett.] bhramaram BL bhramara N_2 pibati cett.] pibamti P pibatī B phalasya cett.] phalasyam N₂ mālām cett.] mālā° N₂ kāminī cett.] kāmibī D 3 tuṅga° cett.] tuṃ° U₁ dadhāti cett.] dadhāvati N₁ dadhovati N₂ ekaṃ phalam β] ekaphalam α ksipyate cett.] ksapyate B eka cett.] ekam U₂ 4 evātmā cett.] eva ātmā U₂ svīyabhāvād cett.] svabhāvād BL evāstau cett.] evāstau N₂ U₁ evāsta U₂ bhogān cett.] bhogāt N_2U_I **bhunakti** cett.] ābhunakti N_I **ke te** cett.] om. BL 'sṭau cett.] aṣṭau BL ste U_I **bhogāh** cett.] bhobauh P bhogā U₁U₂ **5 suvāsas ca** cett.] suvāsac ca B **suvastrañ** ca E] suvamśaś ca U2 suśayyā cett.] suśayyā ca U1 suśayyāḥ BL suyyā P sunitaṃbinī cett.] sunitāmbinīh P sunītavinīta U₁ 6 susthātā em.] susthātāś DN₁U₁ susthānāś PLN₂ susthānañ ca E sudeham U₂ cānnapānāny L] vānnapānāny B cānnapānāni E cānpanānp° P cātmapanasyā° N₁ cānmanasyā° DN₂ cānnapānah syād° U₁ sukhasamtānam U₂ astau bhogāh sudhisanam em.] stau bhogāh sudhisana° D astau bhogāh sudhisanām U_I astau bhogāś cā sudhīmatām BL stau bhogāḥ sudhipaṇa $^{
m o}$ N $_{
m I}$ astau bhogāś ca dhīmatām EP astau bhogāḥ N $_{
m 2}$ abhayādicāstakaṃ U $_{
m 2}$

Just as the place of origin of the fruit is only one, but the fruit's course is seen as manifold.

One fruit falls onto the ground and becomes dry. A bee drinks the fruit's juice; [or] a woman places a garland made of the fruit over her voluptuous bosom; [or] the fruit is put onto a dead person. This is the own nature of the thing. Thus [in the same way], the one self enjoys eight enjoyments due to its own nature.⁴

What are the eight enjoyments?5

XXII.1 A good perfume, fine clothing, a good bed, a beautiful woman and a good charioteer,⁶ food, drink, [and a] good dwelling-place. Those are the eight enjoyments.

⁴The passage appears to describe a single object's multifaceted nature, using fruit as an example. The author suggests that even though the fruit's origin is singular, the actions and outcomes that can arise from it are many and diverse. This can be seen in the various examples, such as the fruit falling onto the ground, a bee drinking the fruit's juice, a woman adorning herself with a garland made of the fruit or the fruit being thrown onto a dead person. The final statement about the self enjoying eight enjoyments suggests that just as the fruit can have different outcomes and experiences, the self can also have different experiences and enjoyments. The passage emphasizes the multifaceted and diverse nature of things and experiences. Additionally, the passage suggests that the eight enjoyments are perfectly natural to Rāmacandra and his readership.

⁵I was not able to allocate the source of the *aṣṭau bhogāḥ* yet. In the *Mānasollāsa* of King Someśvara, one finds the mention of twenty royal *upabhogas*, which, however, includes all of the eight pleasures in greater detail (G. K. Shrigondekar, ed. *Mānasollāsa*. *Mānasollāsa* of King Someśvara. Baroda Oriental Institute. Mumbai: Bombay Vaibhav Press, 1939, 5). This alludes to the possibility of an exceptionally wealthy lifestyle for Rāmacandra's audience mentioned in section I.

⁶Several plausible readings exist for the fifth element among the eight pleasures. The reading *sudeham*, as an outsider, is probably a later correction. Moreover, although *susthānam* ('a good site') would be a simple and plausible solution, the stemma suggests the reading *susthātā* ('a good charioteer'). This word has only survived in an incorrect grammatical form and needs to be corrected. This choice is supported, among other things, by the fact that a total of eight pleasures must be mentioned in this verse, which is only possible if the last word of the fourth *pāda* is read as *sudhiṣaṇam* ('a good dwelling-place'), which makes the reading *susthānam* redundant. Additionally, Rāmacandra himself introduces a horse as one of the eight enjoyments in the following paragraph of the *Yogatattvabindu*. Thus, *susthātā* as an element related to vehicles is plausible.

पृष्टसूत्रमयानि वस्त्राणि १।। पंच वा सप्त वा शालिकायुक्तानि हर्म्याणि २।। अतिविपुला मृदूत्तरछ दवती शय्या ३।। पिद्मनी तारुण्यवती मनोहरा गुणवती तत्रोपविष्टा कान्ता ४।। साध्वासनं ५।। अतिमूल्योऽश्वश् च ६।। मनोरममन्नं ७।। तथा विधं पानं ८।। एतेऽष्टौ भोगाः कथ्यन्ते। एते दुःखं भजन्ते। भिक्षां याचन्ते च।

यथा सूर्यस्य तेजः॥ दुम्घस्य घृतं॥ अग्नेर्दाहः॥ विषान्मूर्छा॥ तिलात्तैलं॥ वृक्षाच्छाया॥ फलात्प रिमलः॥काष्ठादग्निः॥ शार्करादिभ्यो मधुरो रसः॥ हिमानीभ्यः शैत्यं॥ इत्यादिपदार्थस्वभाव एव॥ तथा संसारोऽपि परमेश्वरस्वरूपमध्ये तिष्ठति॥ परमेश्वरोऽखण्दपरिपूर्णश्च॥

Sources: I–4 cf. YSv (PT p. 837): ātmāvivekam āgamya calac cittam mahākulam | viṣayāndhatamo dṛṣṭvā no vetti paramātmanaḥ | amāyātmā tattvātītaḥ satsandhānavivarjitaḥ | sukhī duḥkhī janmamṛtyum yāti satyam punaḥ punaḥ | vairāgyādidhanam tyaktvā viṣavad duḥkhakṛddhiyaḥ | koṭisūryasamātmeti jñānayogād vimucyate | 5–7 cf. YSv (PT p. 837): ravī tejo ghṛtam dugdhe tile tailam svabhāvataḥ | śaśam indau kule śākham kṣāre ca lavaṇam yathā | tathā brahmaṇi saṃsāro hyakhandaparipūrvake |

I paṭṭa° DEN₁N₂] paṭa° BLU₂ pada° PU₁ °sūtra° cett.] °sūtrā° BL °mayāni cett.] °yāni DN₁N₂ vastrāni PL] vasrāni cett. pamca vā sapta vā α] pamcasaptā EP pamcasatyā LB śālikā em.] drālikā EN_I drāmlikā D dadhikā P dātikā BL tālikā N₂ dālikā U_I **yuktāni** cett.] saudhāni U₂ harmyāṇi α] harmyāṇi teṣu vāstu LB harmyāṇi teṣu vāsaḥ Ε harmyāṇi teṣu cāsaḥ P harmyāṇi vāsāya kecit U₂ ativipulā° cett.] ativapulā° DN₁ ativipulām U₁ astau bhogān āha || U₂ mrdūttara° em.] mṛdutara° BELP mṛdu | uttara° α sugraham $\| U_2 \| 1-2$ ° chadavatī° $P \|$ ° chandavatī° DN_1N_2 "chadavati" U_1 suvastram $\parallel U_2$ 2 "śayyā cett.] suśayā sustrī U_2 padminī cett.] padmanī N_1 om. U_2 tāruņyavatī em.] tārūņyavatī cett. tārūrāyavatī N_2 om. U_2 tatropaviṣṭā E] tatopavistā P tatropavistā α tatrāpavistā B om. U₂ kāntā BELP] om. cett. sādhvāsanam em.] sādhu āśanam E sādhu āsanam BLPU $_2$ sādhyāsanam DN $_1$ N $_2$ 3 atimūlyo 'śvaś ca em.] amūlyo svaś ca α atimūlyañ ca E atimūlo 'śvaḥ P atimūlyo asvaṃ BL suśvaḥ U $_2$ manoramam annaṃ cett.] manoramyam attam B manoramyam annam L manoramam attam DN_I sustu annam U₂ vidham pānam cett.] vidhapānam BLN₂ vidhayānam U₂ ete cett.] rāte U₁ 'stau β] astau α bhogāh cett.] bhogā N₁N₂ ghogā U₁ kathyante D] kathyate N₁N₂U₁ kathitāh EU₂ kathitā P om. BL ete DN_2U_1] eke EPN_1 eka BL ekam U_2 duḥkham $DEN_1U_1U_2$] duḥkha P duḥkhā BL duḥkhatam N_2 4 bhajante cett.] bhajate N_2U_1 bhikṣām EPN_2U_1] bhikṣūm DN_1 bhikṣā BLU2 yācante cett.] yāmcamte P yāmcate BL yācate N₂ pācate U₁ ca cett.] kiñca E 5 sūryasya cett.] sūryaś ca U_I **tejaḥ** cett.] tejāḥ BL **dugdhasya** DEPN_IU₂] dugdha° BL dusya N₂ dugdhasy U_I ghṛtaṃ cett.] ghṛtaḥ BLP agner E] agne cett. dāhaḥ em.] dvāhaḥ BLP dahiḥ N₁ dadhi N₂ dadhiḥ D dārhaṃ U1 dāhiḥ U2 jvalanaṃ E viṣān cett.] viṣāt U1 tilāt cett.] titilāt P tila N2 tilā U₁ vrksāt EN₁] vrksāt P vrksā BDLN₂U₂ vraksā U₁ phalāt cett.] phalā BL 5-6 parimalah cett.] sarimalaḥ BL palāt parimalaḥ D **6 kāṣṭhād** cett.] kāṣṭād PU₂ kaṣṭād BL **agni**ḥ β] āgniḥ śārkarādibhyo em.] arkarādibhyo E śarkvarādibhyo P śarkadībhyo LB rasah cett.] om. BL himānībhyah cett.] sahimānibhyah BL himānitpa N₂ śaityam DU₁] śaityām N₁ śītyam U_2 śaityāś N_2 śītaṃ EP śītaḥ BL ity ādipadārthasvabhāva DN_1P] ityādipadārthā° U_2 ityādipadārthāsvabhāvatah B atyādipadārtharthasvabhāva N₂ ityādisvabhāvah U₁ ityādiphadārthāh svabhāvatah L ityādipadārthānām svabhāvah E eva cett.] evā N_I ravah U_I om. E 7 tathā cett.] tathā vā U_I parameśvarasvarūpamadhye cett.] paremesvara svarūpasya madhye BL parameśvararūpamadhye U_I tisthati cett.] tisthatī B tisthamti U₂ 'khanda' cett.] 'samda' DN_I yarānda° N₂ khamdah U_I °paripūrņaś ca cett.] paripūrņah E

I. Clothes made from silk thread;⁷ 2. Mansions endowed with five or seven rooms.⁸ 3. A very large bed with a soft and lovely blanket;⁹ 4. [on which] there is seated a wife belonging to the Padminī-class¹⁰ of women - youthful, beautiful and virtuous;¹¹ 5. An excellent seat;¹² 6. An exceptional valuable horse;¹³ 7. Appetising food;¹⁴ 8. Various drinks.¹⁵ The eight enjoyments are described. They impart suffering and [make one] beg for their sustenance.

Like the rays of the sun, the butter of milk, the burning of fire, the stupor of poison, the sesame oil from the sesame seed, the shade from the tree, the sweet odour from a fruit, the fire from a scabbard, the sweet sap of $\dot{Sarkara}$ and so on, the cold of piles of snow, and so on is the inherent essence of things. In the same way, the circuit of mundane existance is within the highest God's own nature. Moreover, the highest God is indivisible and all-filling.

⁷Within the twenty *upabhoga*s of the *Mānasollāsa* there is the topic of *Vastropabhoga* or the "enjoyment of garments". Particularly in summer, the king is asked to wear silk or cotton clothes which are thin and charming (Shrigondekar, 1939:14).

⁸The first *adhyāya* of the third *viṃśati* of the *Mānasollāsa* discusses astrology for finding out auspicious moments while building new houses for princes. Here houses with one to four *śālā*s are described (Shrigondekar, 1939:6-7).

⁹This is found as Śayyābhoga within the Mānasollāsa. In this section, seven kinds of beds and eight kinds of bed-steads are described (Shrigondekar, 1939:21).

¹⁰Cf. ratirahasya, Ed. p. 6.

¹¹This is resembled as *yosidupabhoga* within the *Mānasollāsa*. In this chapter, King Someśvara describes the qualifications of women a king should marry. The two most important qualities he gives are beauty and full youth. Out of the four kinds of women: a) Padminī, b) Citriṇī, c) Śaṅkhinī, and d) Hastinī, he suggests that the latter two kinds are not worth enjoying (Shrigondekar, 1935:21.)

 $^{^{12}}$ The $\bar{a}sanopabhoga$ or "the enjoyment of seats" within the $M\bar{a}nasoll\bar{a}sa$ describe various kinds of royal seats (Shrigondekar, 1939:15).

¹³This is resembled as *yānopabhoga* within the *Mānasollāsa*. In this chapter, King Someśvara lists nine kinds of vehicles, including horses (Shrigondekar, 1939:24).

¹⁴This is resembled as *annabhoga* within the *Mānasollāsa*. In this section, King Someśvara describes the names of various kinds of great food and the directions as to the preparations of various dishes (Shrigondekar, 1939:21).

¹⁵This is resembled as *pānīyabhoga* within the *Mānasollāsa*. In this chapter, everything related to drinking and drinks is described (Shrigondekar, 1939:23). Instead of following his source text closely, Rāmacandra modifies the passage's meaning. The original ascetic ideal of his source text, which emphasizes renunciation and detachment from wealth, is weakened by introducing the eight enjoyments. Instead of radically abandoning wealth, as we can see in the formulations of the source....

[XXIII. bāhyalakṣyam]

इदानीं बाह्यलक्ष्यं कथ्यते। नासायादारभ्याङ्गुलचतुष्टयप्रमाणं नीलाकारं तेजपूर्णमाकाशलक्ष्यं कर्त व्यं। अथवा नासायादारभ्य षडङ्गुलप्रमाणं पवनतत्त्वं धूम्राकारं लक्ष्यं कर्त्तव्यं। अथ वा नासायादार भ्याष्टङ्गुलप्रमाणमितरक्तं तेजो लक्ष्यं कर्त्तव्यं। कर्त्तव्यं। अथवा नासायादारभ्य दशाङ्गुलप्रमाणं शुक्तं चञ्चलम् उदकं लक्ष्यं कर्तव्यं। अथवा नासायादारभ्य द्वादशांगुलप्रमाणं पीतवर्णं पृथ्वीतत्त्वं लक्ष्यं कर्तव्यं। अथवा नासायादारभ्य कोटिसूर्यसमप्रभं तेजःपूर्णमाकाशतत्त्वं लक्ष्यं कर्त्तव्यं।

Sources: 2 cf. YSv (PT. p. 837): idānīm vāhyalakṣāṇi siddhidāni śṛṇu priye | dhāraṇākhyā tu caitāni jñātavyāni viśeṣataḥ | 2–3 cf. SSP 2.28 (Ed. p. 39): atha bahirlakṣyam kathyate | nāsāgrād bahiraṅgulacatuṣṭaye nīlajyotiḥṣaṃkāśaṃ lakṣayet | 3 cf. SSP 2.28 (Ed. p. 39): atha vā nāsāgrād ṣaḍaṅgulam adhovāyutattvaṃ dhūmravarṇaṃ lakṣayet | cf. YSv (PT p. 837): līlayā bhāvayel līnaṃ jyotiḥpūrṇaṃ mahāparam | atha vā tatra deveśi dhūmrākāraṃ ṣaḍaṅgulam | cf. YSv (PT p. 837): atha vāṣṭāṅgulaṃ raktaṃ nāsikopari lakṣayet | 3–4 cf. SSP 2.28 (Ed. p. 39): atha vā aṣṭāṅgula āraktaṃ tejas tattvaṃ lakṣayet | 4–5 cf. SSP 2.28 (Ed. p. 39): atha vā daśāṅgule kallolavad āpas tattvaṃ lakṣayet | 5–21.2 cf. YSv (PT p. 837): dvādaśāṅgulamānaṃ vā pṛthvītattvan tu pītabham | lakṣayed atha vā tatra koṭisūryasamaprabham | tejaḥ puñjaṃ mahākāśaṃ tattad dhyānāc chivo bhavet | ākāśamadhye ākāśoparito dṛṣṭis usthiram | kṛtvā dhyānād vinā sūryaṃ caṇḍasūryan tu paśyati | atha vā lakṣam etat tu karttur vahiḥ śivopari | 5–6 cf. SSP 2.28 (Ed. p. 39): atha vā nāsāgrād dvādaśāṅgule pītavarṇaṃ pārthivatattvaṃ lakṣayet | 6–21.2 cf. SSP 2.28 (Ed. p. 40): atha vā ākāśamukhaṃ dṛṣṭvā lakṣayat kiraṇākulitaṃ paśyati |

Testimonia: 2–4 ≈*Haṭhasaṃketacandrikā* (GOML R 3239 p. 259 ll. 14-17): atha bāhyalakṣyaṃ nirūpyate ∥ nāsāgrād ārabhyāṃgulacatuṣṭaya 4 pramāṇapavanatatvaṃ dhūmrā kāraṃ lakṣyaḥ kartavyaṃ | athavā nāsāgrād ārabhyāṃguṣṭāṃgulapramāṇam iti raktaṃ tatvaṃ lakṣyaṃ kartavyaṃ |

2 bāhyalaksyam P] laksyam E sāhyalaksa B bāhyalaksa L °laksam N₁ °laksana DN₂ °laksyah U₁ lakṣaṇaṃ U₂ catuṣṭaya° cett.] catuṣṭayaṃ BL nīlākāraṃ cett.] nilākaraṃ BLP nirākāraṃ N₂ teja° DN₁N₂] tejaḥ cett. jaḥ B pūrṇam cett.] pūrṇakām U₂ ākāśa° cett.] ākāśam EPLU₁ lakşyam EPU_1U_2 lakşam $BDLN_1$ lakşanam N_2 3 nāsāgrādārabhya cett. l nāsāgrād ābhya DN_1 nāsāgrārabhya N₂ om. L **saḍaṅgulapramāṇaṃ** cett.] saḍaṃgulaṃ pramāṇaṃ B dvadaśaṃgulapramāṇam U₂ om. L pavanatattvam cett.] l.n. B om. L dhūmrākāram cett.] l.n. B laksyam cett.] laksam DN₁U₂ laksanam N₂ om. L karttavyam cett.] om. L atha cett.] om. BELP vā cett.] om. BELPU_I 3-4 ārabhyāstāmgulapramānam U₁] ārabhyā sadamgulapramāṇām N_1 ārabhya sadamgulapramāṇām D ārabhyam sṭāmgulapramāṇam N_2 ārabhyam stagulapramāṇaṃ U2 om. BELP 4 atiraktaṃ N1N2] atirattaṃ D itiriktaṃ U1 matiraktaṃ U2 om. BELP tejo cett.] tejo uz om. BELP laksyam U₁U₂] laksam N₁N₂ laksanam N₂ om. BELP karttavyam cett.] om. BELP athavā nāsāgrād-ārabhya daśāngulapramāṇam śuklam cett.] om. BELP 5 cañcalam cett.] camdrākāram U₁ om. BELP udakam cett.] om. BELP lakşyam U₁] lakşya N₁D lakşanam N₂ lakşam U₂ om. BELP kartavyam cett.] om. BELP dvādaśāmgulapramānam cett.] tattvam dvādaśāmgulapramānam E dvādaśā amgulapramānam U_I laksyam EPU₁] laksanam N₂ laksam cett. 6 samaprabham cett.] °prabhām L tejahpūrnam cett.] tejaḥ | pūrṇaṃ EB pūrṇaṃ α pūrṇa N_2 lakṣyaṃ DEPN_IU_I] lakṣaṃ BLU₂ lakṣaṇaṃ N_2

[XXIII. Bāhyalakşya]

Now, the outer fixation is taught. Beginning at a four-finger wide distance from the tip of the nose, the space-element, appearing blue, being full of light, shall be made the target [of fixation]. Or, beginning at a six-finger wide distance from the tip of the nose, the wind element, appearing greyish, shall be made the target [of fixation]. Or, beginning at an eight-finger wide distance from the tip of the nose, the very red fire element shall be made the target [of fixation]. Or, beginning at a ten-finger wide distance from the tip of the nose, the white fickle water element shall be made the target [of fixation]. Or, beginning at a twelve-finger wide distance from the tip of the nose, the yellow-coloured earth element shall be made the target [of fixation]. Or, beginning at the tip of the nose¹⁶ the space-element full of fire shining like ten million suns shall be made the target [of fixation].

the YSv (PT p. 837): 'Having gained discrimination of the self, one calms the restless mind. Having seen the darkness of ignorance caused by sense objects, one knows the supreme soul and becomes a soul beyond illusion, free from attachment to worldly pleasures, and goes through birth and death in truth, again and again. Abandoning aversion etc. [and] riches, which increase suffering like poison, one is liberated by Jñānayoga, which is as powerful as millions of suns.', -Rāmacandra only states that they cause suffering and craving. This observation perfectly suits the initial definition of Rājayoga (cf. I. Il. I-2, p.??) in which it is defined as a practice that works even if the practitioner is leading an exuberant wealthy lifestyle.

¹⁶Given the explicit instructions of the respective distance of the exercise in the previous sentences, it is surprising that this instruction is lacking the mention of the distance.

¹⁷The first five outer targets, associated with the five elements can also be identified within Sarvāngayogapradīpikā 3.29-33 (Ed. pp. 104-105): (bāhya lakṣa aur puni jāṃnahūm | paṃca tatva kī lakṣa su ṭhānahum | agra nāsikā aṃgula cārī | nīla varṇa nabha deṣi bicārī || 29 || nāsā agra aṃgul chah deṣaiṃ | dhūmrahi varṇ vāyu tat peśai | aṃgul aṣṭa nāsikā āgai | rakta varṇ su vahni tat jāgai || 30 || nāsā agra aṃgul daś tāṃī | śvet varṇ jal deṣi tahāṃī | nāsā agra su aṃgul bārā | pīta varṇ bhū deṣi apārā || 31 || bāhya lakṣa aur bahuterī | so jānaṃ jo pāvai serī | sataguru kṛpā karai jau kabahī | dei batāi chinak maiṃ sabahī || 32 ||) '(29) Contemplate the external target repeatedly, focusing on the five elements. Four fingers above the tip of the nose; contemplate the blue-coloured space-element. (30) Six fingers from the tip of the nose visualize the smoke-coloured air element. Eight fingers in front of the nose visualize the red-coloured fire element. (31) Ten fingers from the tip of the nose visualize the white-coloured water element. Twelve fingers in front of the nose visualize the earth element with a yellow colour. (32) Many external targets exist, but only a few can attain the ultimate goal. If the true guru shows mercy at any time, they reveal the secret within.'

आकाशमध्ये आकाशोपिर वा दृष्टिं कृत्वा ध्यानकारणात्सूर्यं विना सूर्यसंबंधीनीं सहस्रकिरणावलीं पश्यित। अथ वा शिरोपर्यूर्द्धं सप्तदशांगुलप्रमाणं तेजःपुंजलक्ष्यं कर्त्तव्यं। अथ वा दृष्टेरम्रे तप्तस्व र्णवर्णाकारं पृथ्वीतत्त्वं लक्ष्यं कर्त्तव्यं। उक्तानां लक्ष्याणां मध्ये यस्य कस्याप्येकस्य लक्ष्यकरणात् विलितपिलता दूरे भवन्ति। अङ्गरोगा विनौषधं दूरे भवन्ति। समग्राः स्वप्ने ऽपि मित्रतामयान्ति। सहस्रवर्षपर्यंतमायुषं वर्धते। अपितं शास्त्रं जिह्नाग्रेणोचरते। एतादृशं बहुतरं फलं भवति।

Sources: 2–4 cf. YSv (PT p. 837): ūrddhvaṃ saptadaśāṅgulyaṃ pramāṇaṃ tejasā prabham | athavā pṛthivītattvaṃ taptakāñcanasannibham | dṛṣṭiragre tu karttavyaṃ lakṣam etad yat ātmanām | uktānāṃ yasya kasyaiva ekaśaḥ karaṇaṃ priye | balīpalitahīnaḥ syād auṣadhena vinā tathā | 4–5 cf. YSv (PT p. 837): sarvarogāṇi naśyanti mitravac ca vaśī ripuḥ | jīved varṣasahasran tu sarvalokesu pūjitah | jihvāgre prabhaved vidyā vinā śāstrāvalokanāt |

Testimonia: I−2 cf. SSP 2.28 (Ed. p. 40): evam nirmalīkaraņam | atha vordhvadṛṣṭayāntarālaṃ lakṣayet | jyotir mukhāni paśyati | atha vā yatra tatrākāśaṃ lakṣayet | ākāśasadṛśaṃ cittaṃ muktipradaṃ bhavati | 2−4 cf. SSP 2.28 (Ed. p. 40): atha vā dṛṣṭyā taptakāñcanasannibhāṃ bhūmiṃ lakṣayet | dṛṣṭiḥ sthirā bhavati | ity anekavidhaṃ bahirlakṣyam | 3−4 ≈ Haṭhasaṃketacandrikā (ORI B220 folio 24or): uttānāṃ tatvānāṃ madhye yasya kasyāpyekasya lakṣyasya karaṇādvalīpalitādi dūre bhavati || atāṣadhamṛteṃgarogāṇāṃ vilayo bhavati || āyurvedhatī ca ||

zākāśamadhye cett.] om. BLP ākāśopari cett.] ākāśoparī N₁ vā cett.] om. BELP drstim cett.] drsti B om. L krtvā cett.] krtvā ākāśamadhye B ākāśamadhye L sūryam cett.] sūrya N₂U₂ sūryasambamdhīnīm P] sūryasambamdhinī cett. sahasrakiranāvalīm P] sahasrakiranāvalim U_2 sahasrakiranāvali BL sahasrakiranapanktīh E sahasrāny api kīranāni $N_I U_I$ sahasrāṇapi kiraṇāṇi DN₂ 2 paśyati ELU₂] paśyatī BDN₁ paśyate N₂ pati P paśyamti U₁ atha vā cett.] atha kā N₁ om. P **śiropary** em.] śiropari cett. śiropari E śiroparir B om. P **ūrddhva**m cett.] ūrdhvaº L urdhvam B ūrddham U₁U₂ vṛddham E om. P saptadaśāmgulapramāṇam cett.] saptadaśāmgulam parānam N₂ saptadaśāmgulapramāna° U₂ om. P **tejahpumjalaksyam** E] tejahpūmjam laksanam P tejahpūmjam laksam L tejā pumjalaksam N_I tejā pumjalaksyam D tejahpumjalaksanam N₂ tejahpumjakam laksyam U₁ tejahpumjam laksyam U₂ agre cett.] agne BLP 2-3 taptasvarnavarnākāram U₂] taptasvarnavarnakāram P tatparam svarnākāram E taptasuvarņavarņa BL taptavarņākāram α 3 prthvītattvam α EP] prthivītatvam B prthītatvam L prthvīm tatvam U₂ laksyam EPU₁] laksam BDLN₁U₂ laksanam N₂ karttavyam cett.] om. P laksyānām E] laksyanām U_IN_I laksyanam D laksanānām P laksanam BL laksānā° N₂ laksām U₂ kasyāpy cett.] kasyāpi BLU₁ kasyāp° D lasyāpy N₂ ekasya cett.] kasya BLU₁ elasya N₂ laksya° cett.] laksa° BL laksasya DN₁ laksanasya N₂ laksyasya U₁ °karanāt cett.] karanā U₁ 4 valitapalitā dūre E] valitam palitādi dūre BL valitapalitādidūre cett. bhavanti EU₂] bhavatī B bhavati cett. aṅgarogā cett.] aṃgarogāḥ E aṃgirogādi BL dūre cett.] dūrī E dūro BL **bhavanti** DEN₁U₂] bhavati PLN₂U₁ bhavatī B **samagrāḥ** cett.] samagrā N₂ samagra° U₂ svapne cett.] svapin $N_1N_2U_1$ svacan D 'pi U_2] pya BELP eva DN_1U_1 evan N_2 mitratām BLPU₂] mitran E mityam DN1 nityam N2 mitevam U1 ayānti PB] ayāmtī L āyāmti N2 nāyāmti E nāyāti DN_1N_2 naiyati U_1 5 sahasravarsaparyamtam α] sahasravarsam β āyusam DN_1N_2] āyusyam $U_1 \bar{a}yur \beta$ apathitam cett.] apathitam $N_2 U_1 U_2$ "rate α] "rati BELU2" rati B etādṛśam cett.] etādrśyam U₁ mitratāmāyāmti sahasravarsam āyur varddhate apathitam śāstram jihvāgrenoccarati etādṛśaṃ P **bahutaraṃ phalaṃ** α] phalaṃ bahutaraṃ β **bhavati** cett.] bhavatī B bhavantī L

After having fixed the gaze on the space-element or above the space-element, due to the execution of meditation [on either target], he sees the sun without the group of thousand rays related to the sun. Or, the mass of light situated seventeen-finger wide distance above the head shall be made the fixation object. Or, at the uppermost part of the [previously mentioned] focal point, the earth element appearing in the colour of molten gold shall be made the target [of fixation]. From the execution of [the yoga of] targets onto any of the discussed targets, wrinkles, grey hair, etc., are removed. Diseases of the limbs are removed without medical herbs. All enemies become friends while sleeping. The lifespan increases up to 1000 years. The non-recited scripture is uttered by the tip of the tongue. Such [practice] yields numerous fruits. 181920

¹⁸ A variant of the practice with little differences can also be found in Advayatārakopaniṣat 6 (Ed. p. 4): (atha bahirlakṣyalakṣaṇam | nāṣikāgre caturbhiḥ ṣaḍbhir aṣṭabhiḥ daśabhiḥ dvādaśabhiḥ kramāt aṅgulānte nīladyutiśyāmatvasadṛgraktabhaṅgīsphuratpītavarṇadvayopetaṃ vyoma yadi paśyati sa tu yogī bhavati | caladṛṣṭyā vyomabhāgavīkṣituḥ puruṣasya dṛṣṭyagre jyotirmayūkhā vartante | taddarśanena yogī bhavati | taptakāñcanasaṃkāśajyotir mayūkhā apāṅgānte bhūmau vā paśyati taddṛṣṭiḥ sthirā bhavati | śirṣopari dvādaśāṅgulasamīkṣituḥ amṛtatvaṃ bhavati | yatra kutra sthitasya śirasi vyomajyotir dṛṣṭaṃ cet sa tu yogī bhavati || 6 ||) 'Now, the characteristics of the external fixation. If one sees a space endowed with two colours, a twinkling yellow breaking into a red which resembles the blackness of profound azure radiance, at [a distance of] four, six, eight, ten and twelve finger breadths, in that order, from the tip of a nose, he becomes a yogin. With the fluctuating gaze of one who looks at the portions of space, luminous rays manifest in front of the observer's visions. By seeing that, one becomes a yogin. [Once] he sees luminous rays appearing like molten gold at the corner of his eye or on the ground, his gaze becomes stable. For one who sees [this phenomenon] twelve finger breadths above the head, the state of immortality ensues. If the light of space is seen in the head by one who is situated anywhere, he is a yogin.'

¹⁹Also Cf. Śivayogapradīpikā 4.41cd-47ab for a description of Bāhyalakṣya closely resembling the one in Advayatārakopaniṣat.

²⁰The *Hathasaṃketacandrikā* (manuscripts checked: ORI B220, GOML R3239, HSC 2244) most likely quotes the Bāhyalakṣya passage from the *Yogatattvabindu* without reference. Yet, it appears that the Sundaradeva's text is one the one hand corrupted and that he selected only same of the various techniques presented here, cf. **sources** on pp. 13-15.

Appendix

Figures



Figure O.I: Viṣṇu Viśvarūpa, India, Rajasthan, Jaipur, ca. 1800–1820, Opaque watercolor and gold on paper, 38.5 × 28 cm, Victoria and Albert Museum, London, Given by Mrs. Gerald Clark.



Figure 0.2: The Equivalence of Self and Universe (detail), folio 6 from the *Siddhasiddhāntapaddhati* (Bulaki), India, Rajasthan, Jodhpur, 1824 (Samvat 1881), 122 x 46 cm, RJS 2378, Mehragarh Museum Trust.

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