### The Yogatattvabindu

## योगतत्त्वबिन्दु

## Yogatattvabindu

Critical Edition with annotated Translation

Von Nils Jacob Liersch

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## **Conventions in the Critical Apparatus**

#### Sigla in the Critical Apparatus

- E : Printed Edition
- P: Pune BORI 664
- L: Lalchand Research Library LRL5876
- B: Bodleian Oxford D 4587
- N<sub>1</sub>: NGMPP B 38-31
- N<sub>2</sub>: NGMPP B 38-35 / A 1327-14
- D<sub>1</sub>: IGNCA 30019
- U1: SORI 1574
- U2: SORI 6082

# Critical Edition & Annotated Translation

#### [XLVI. kamalānām samketam adbhutam]

- 1 अधुना कमलानां तु शृणु संकेतमद्भुतम्।
- 2 अनेकाकारभेदोत्थं कं स्वरूपन् तु निर्मलम्।
- 3 कमलं तेन विख्यातं त्रिविधं तत्त्वदेहकम् ॥ XLVI.1॥

#### [XLVII. ādhārakamalam]

- 4 अथाधः कमलं कथ्यते । आधारकमलं । अस्य कमलमिति संज्ञा कस्मात् । कमलमात्मस्वरूपं । स आत्मनं
- 5 अनेकरूपं पश्यति । तदृशनं कमलमित्यच्यते । तस्मात् कमलमिति संज्ञा ॥ अस्याधारः कमलस्य दलं
- 6 चतुष्टयं चतुष्टयं भवति । प्रथमदलं सत्त्वगुणस्य ॥ द्वितीयं राजोगुणस्य ॥ तृतीयं तमोगुणस्य ॥ चतुर्थे दले
- 7 मनस्तिष्ठति । एतद्दलचतुष्टयं संगादात्मा साध्वसाधु करोति । तस्मिन्कमले निश्चली कृते सति पुरुषस्य
- 8 समीपे मरणं न गच्छति।

Sources: 1–8 cf. YSv (PT p. 844): adhunā kamalānān tu śṛṇu saṅketam adbhutam | anekākārabhedotthaṃ kaṃ svarūpan tu nirmalam | kamalaṃ tena vikhyātaṃ trividhaṃ tattvadehakam | 1–8 cf. YSv (PT p. 844): tatrādhāraś catuṣpatre sattvarajastamodayaḥ | etad bhāvasthitaś cātmā sādhvasādhukaro bhavet | asmin sati sthire citte yamo vandīva gacchati |

1 śṛṇu cett.] nuṣṛe P adbhutaṃ E] adbhutaṃ cett. 2 anekākārabhedotthaṃ EU<sub>1</sub>] anekākārabhedoccham BP anekakārabhedāttham L kam cett.] kim BL om. U<sub>1</sub> svarūpan tu nirmalam em.] svarūpātmakam malam BELP svasvarūpātmakam malam U1 svarūpātmakam param U2 3 trividham cett.] vividham P tattvadehakam em.] tatra dehagam BELU2 tena dehagam U1 4 athādhaḥ PU1U2] athādha° BL om. E kamalam cett.] om. E kathyate cett.] om. E ādhārakamalam cett.] ārakamalam B samjñā cett.] kam E kamalam ātmasvarūpam em.] kamātmā tasmāt kamalam iti samjñā E kamātmasvarūpam P masvarūpam B kāmātmasvarūpam L kaḥ ātmā U1 ekam ātmasvarūpam | U2 sa ātmanam cett.] om. E 5 anekarūpam PU<sub>2</sub>] anekarūpam svarūpam U<sub>1</sub> anarūpam BL om. E paśyati cett.] paśyate U<sub>1</sub> om. E tadrśanam kamalam em.] tadrśanam kamala U<sub>1</sub> tadrśanam mala E tadrśa na BL tad darśanam malam | | U2 ity ucyate cett.] iti kathyate U1 kamalam cett.] kamala U1 samjñā cett.] samjñām L asyādhārah BELP] asyādhāra° U<sub>1</sub>U<sub>2</sub> 5-6 kamalasya dalam catustayam BL] kamaladalasya E kamalasya P kamalasya dala° U<sub>1</sub>U<sub>2</sub> 6 bhavati cett.] bhavatī BL prathamadalam U<sub>1</sub>] prathamam BELU<sub>2</sub> om. P sattvaguņasya cett.] satyaguņasya L rājoguņasya LU<sub>2</sub>] rājayogasya P rājayogaya E rājoguṇaḥ B rajoguṇa U<sub>1</sub> tamoguṇasya PU<sub>1</sub>U<sub>2</sub>] tamoguṇaḥ EL tamoguṇ B caturthe cett.] caturtho E 6-7 dale mana ELU2] dalam enas P dalam manah U1 7 tisthati cett.] stisthati U1 etad cett.] etac U<sub>1</sub> dala cett.] om. U<sub>1</sub> catuṣṭayaṃ EL] catuṣṭaya° PU<sub>1</sub>U<sub>2</sub> saṃgād PU<sub>1</sub>] ca saṃgād E samjñāgid L samyogād U<sub>2</sub> ātmā cett.] ātma U<sub>1</sub> sādhvasādhu U<sub>2</sub>] sādhvasādhū U<sub>1</sub> sāvadhvasādhu P sādhu EL niścalī EPU2] niccalī BL 8 na gacchati cett.] nāgacchati U2

**Philological Commentary:** 3 svarūpan tu nirmalam: Since the version of the fourth and sixth  $p\bar{a}da$  preserved in the witnesses of the *Yogattavabindu* is not convincing content-wise, I decided to emend according to the source text. 3–7 caturthe...tiṣṭhati: The sentence is omitted in B. 7 etad dalacatuṣṭayam ...karoti: The sentence is omitted in B. 7–8 tasmin kamale ...na gacchati: The sentence is omitted in  $U_1$ .

#### [XLVI. Mysterious Convention of the Lotusflower]

**XLVI.1** Now, carefully listen to the mysterious convention of the lotus flower. Arising from the divisions of the manifold forms, the nature of the own true form is spotless. Because of this, the lotus flower is generally known as the threefold body of reality.<sup>1</sup>

#### [XLVII. Lotus of Support]

Now, the lower lotus is described, known as the lotus of support. Why is it called a lotus (*kamala*)? Because the lotus represents the true form of the self. One perceives the self in various forms. Thus, it is termed the lotus. The support of the lotus consists of four petals. The first petal represents the *sattva*-quality. The second represents the *rajas*-quality, the third represents the *tamas*-quality and the fourth petal is the *manas*. Because of the interplay of the four petals, the self performs virtuous and non-virtuous actions. While having made the state within the lotus motionless, the person's death does not approach.<sup>2</sup>

<sup>&</sup>lt;sup>1</sup>Considering the evident Śaiva background of this section, perhaps this verse alludes to that which in Kashmir Śaivism is sometimes called the "triadic heart doctrine". It represents the three aspects or dimensions of reality, which are often described as follows: *para*, *parāpara* and *apara*, cf. MULLER-ORTEGA. 1989.

<sup>&</sup>lt;sup>2</sup>Mentioning this part of the yogic body again seems redundant, as it has already been mentioned as the first *cakra* (cf. p. ??) within the detailed treatment of the *cakras*. The main difference, however, is that this time, this passage is described as a lotus (*kamala*) and not as a *cakra*. Interestingly, this passage implies a practice contrary to the meditation technique on the first *cakra*, which is supposed to delay the death of the practitioner through an unspecified practice that leads to bringing about the motionlessness of this lotus.

#### [XLVIII. hṛdayakamalasya bhedaḥ]

इदानीं हृदयकमलस्य भेदः कथ्यते । द्वादशदलानि सिद्धपुरुषाः कथ्यन्ते । †तथा द्विषाण्णां दलानामष्ट दलं मध्ये एकं कठिनं भवित ।† तदष्टदलं कमलं हृदये तिष्ठति । ते उभे हृदये तिष्ठतः । प्रथमे दले शब्द स्तिष्ठति । द्वितीये दले स्पर्श स्तितिष्ठति । तृतीये दले रूपं तिष्ठति । चतुर्थे दले रसस्तिष्ठति । पञ्चमे दले गन्धस्तिष्ठति । सष्ठे दले चित्तं तिष्ठति । सप्तमे दले बुद्धिस्तिष्ठति । अष्टमे दले ऽहंकारस्तिष्ठति । एतदष्टद-लमध्ये समग्रपृथिव्याकारो वर्तते । अथ च तत्कमलं अधोमुखं तिष्ठति । अस्य कमलस्य ध्यानादात्मप्रकाशो भवित । प्रकाशादनन्तरं कमलमूर्ध्वमुखं भवित । तथा सूर्यप्रकाशादनन्तरं तदा कमलमध्ये कमलं विक

Sources: 1–2 cf. YSv (PT p. 844): anāhato dvitīyam yatkathyate śṛṇu śraddhayā | anāhate mahāpīṭhe caturasrasamanvitam | varttate 'ṣṭadalaṃ padmam adhovaktran tu satpuram | 2–5 cf. YSv (PT p. 844): sparśaśabdarūparasagandhā buddhir manas tathā | ahankāraḥ kramād ete tatrāṣṭadalasaṃsthitāḥ | 5–6 cf. YSv (PT p. 844): saparyā pṛthag ākārā varttate tatra niścitam | dhyānād ātmaprakāśo 'sya prakāśaṃ kamalaṃ tataḥ | 6–7 cf. YSv (PT p. 845): yathā sūryaprakāśena ūrddhvavaktraṃ prakāśitam | ātmadhyānāt sadā tatra āyur vrddhir dine dine |

1 hrdayakamalasya bhedah BLP] hrdayakamalasya dvitīyo bhedah U<sub>1</sub> hrdayakamalasya bhedāh U<sub>2</sub> hryakamalabhedāh E kathyate cett.] kathyamte E dvādaśadalāni βU<sub>1</sub>] om. DN<sub>1</sub>N<sub>2</sub> siddhapurusāh cett.] siddhāh purusāh U<sub>2</sub> kathyante BLU<sub>1</sub>] kathayamti EP kathayamtī U<sub>2</sub> tathā BLPU<sub>2</sub>] tathāpi U<sub>1</sub> om. E dvisānnām conj.] dvisanām PU<sub>2</sub> dvisanā BL varna U<sub>1</sub> anuparna E dalānām EPU<sub>1</sub>U<sub>2</sub>] dalanā BL 1-2 astadalam coni,] astadalānām EPU<sub>2</sub> astadalā U<sub>1</sub> 2 madhye PU<sub>2</sub>] madhya BEL ekam cett.] eva U<sub>1</sub> kathinam E] kathinam BLPU<sub>2</sub> katitam U<sub>1</sub> tadastadalam cett.] tata astadalam  $U_1$  te ubhe  $PLU_1$ ] te ubha  $BU_2$  te ubhaye E hrdaye cett.] pi  $U_1$  tisthatah cett.] kathyate U<sub>1</sub> prathame dale EU<sub>1</sub>] prathamadale P prathamadale | BL prathamadala U<sub>2</sub> śabdas cett.] śabdah  $U_1$  3 tisthati cett.] stisthati  $U_1$  dvitīye dale  $PU_1$ ] dvitīyadale cett. sparšas cett.] sparšah  $EU_1$ tiṣṭhati cett.] om. E tṛtīye E] tritiya BL tritīya PU<sub>1</sub>U<sub>2</sub> rūpaṃ cett.] rūpaḥ U<sub>1</sub> caturthe dale EP] caturthadale BLU<sub>1</sub> caturthadala° U<sub>2</sub> rasas cett.] rasah U<sub>1</sub> pañcame dale EU<sub>1</sub>U<sub>2</sub>] pañcamadale 4 gandhas cett.] gamdha BP gamdhah U<sub>1</sub> tisthati cett.] stisthati U<sub>1</sub> sasthe dale U<sub>1</sub>U<sub>2</sub>] sasthadale BPL sasthe dale U1U2 pasthadale E cittam EPU2] cimta B cimtta L cittah U1 tisthati cett.] stisthati U<sub>1</sub> saptame dale EU<sub>1</sub>U<sub>2</sub>] saptamadale cett. buddhis cett.] budhih U<sub>1</sub> astame dale EPU<sub>1</sub>U<sub>2</sub>] aştamadale BL 'hamkāra EP] ahamkāras BL ahamkāraḥ U<sub>1</sub>U<sub>2</sub> 4-5 etad aştadalamadhye cett.] etad astadale madhye P etat tatadalamadhye U<sub>1</sub> 5 samagrapṛthivyākāro BPLU<sub>2</sub>] samagryā prthvākāro U<sub>1</sub> prthivyākāro E tatkamalam U<sub>1</sub>] tatkamalamadhye cett. adhomukham U<sub>1</sub>] mukham cett. dhyānād ātmaprakāśo U<sub>1</sub>] dhyānākāśo BPL dhyānād ātprakāśo U<sub>2</sub> nādāt prakāśo E 6 prakāśād cett.] prakāśāvan L prakāśā° E anantaram PU<sub>1</sub>U<sub>2</sub>] anamtara | B amtaram L °namtaram E kamalam cett.] kamalam B ūrdhvamukham cett.] mūrdhvam mukham B tathā cett.] yathā U<sub>1</sub> süryaprakāśād anantaram U<sub>2</sub>] süryo prakāśānamtaram | B süryaprakāśānamtaram EPLU<sub>1</sub> tadā kamalamadhye BPL] tadā malamadhye U2 tadā saromadhye E tadā U1 6-7 vikasati cett.] visati P

Philological Commentary: 1–2 tathā dviṣāṇṇām ...kaṭhiṇaṃ bhavati: The next twenty-one sentences of XLVII are transposed in E. In order to preserve important readings, I collated the evidence of E according to the structure of all other witnesses. 1–2 tathā dviṣāṇṇām ...kaṭhiṇaṃ bhavati: The passage is possibly corrupt. I conjectured, according to the descriptions found for the fourth *cakra* as described on p.??. It presents an eight-petalled lotus within the twelve-petalled lotus.

#### [XLVIII. Division of the Heart Lotus]

Now, the division of the lotus of the heart is taught. The accomplished persons teach eight leaves of it. †Likewise, in the middle of the twelve petals is a solid eight-petalled unit.†<sup>3</sup> This eight-leaved lotus is situated in the heart. They are both situated in the heart.<sup>4</sup>

Speech is situated in the first leaf. Touch is situated in the second leave. The form is situated in the third leave. The taste is situated in the fourth leave. The smell is situated in the fifth leaf. The mental faculty (*citta*) is situated in the sixth leave. The intellect (*buddhi*) is situated in the seventh leaf. The principle of individuation (*ahaṃkara*) is situated in the eighth leaf. The form of the entire world (*samagraṃthyākāro*) exists within the eight leaves.

At that point, the lotus remains facing downward. Because of the meditation on that lotus, the light of the self arises. From the light immediately afterwards, the lotus faces upwards. Thus, immediately afterwards, from the light, which is like the sun, the lotus within the lotus blooms.

<sup>&</sup>lt;sup>3</sup>Rāmacandra mentions the concept of an eight-petalled lotus within the twelve-petalled lotus in the heart already in chapter VII on pp. ??. The statement *ekaṃ kaṭhinaṃ bhavati* is odd. However, since this second lotus within the lotus is facing downwards and is caused to face up and bloom by means of meditation, it seems reasonable the author initially wants the reader to know that before the lotus flower blooms, its petals are closed, thus forming a firm or hard unit at first. Because of that, my best guess is to understand *ekaṃ* as an expression of a unit in the sense of petals of a closed lotus bud and *kaṭhinam* in the literal sense of hard, referring to the respective property of a closed lotus bud. The expression is strange, indeed, but judging by the quality of Sanskrit in the rest of the text, it is not surprising that he was not able to express himself in a better way.

<sup>&</sup>lt;sup>4</sup>Related ideas of a distinguished space within the lotus [of the heart] (hṛdayākāśa), where the self (ātman) resides, can be traced back to early The Early Upanishads, notably cf. Chāndogya-Upaniṣad 8.1 1-5. The specific concept of a twelve-petalled lotus within an eight-petalled lotus is picked up in the tradition of the non-Saiddhāntika Śaiva exegetes of Kashmir, particularly in the Trika division, a subdivision of the Śaktitantra division of the Vidyāpīṭha. The concept of the two lotuses can be found in the Siddhayogeśvarīmata 17 and 20. Within the context of physical descriptions of possession and the rites associated with it and worship and adoration of a very complex circle of deities, the text describes an equally intricate maṇḍala comprising a twelve-spoked cakra in which an eight-petalled lotus is embedded. The practitioner is instructed to mentally visualize this maṇḍala in their heart in a protected place without wind and meditate on the divine internally. Here, one shall worship the lord and still the mind, cf. Siddhayogeśvarīmata 20,8-22. For a depiction of the maṇḍala of Siddhayogeśvarīmata 20 see Törzsök, 2022:117-124. For a more concise account of the meditation method focusing on the two lotuses within the heart, refer to Vijñānabhairava 49.

#### [XLIX. ūrdhvamukham [kamalam] vikasati]

- तथेदमप्यात्मप्रकाशानन्तरमूर्ध्वमुखं विकसित । तन्मध्ये परमानन्दरूपाभूमिर्भवित । तस्याहं सो ऽहं स
- 2 इति संज्ञा। तस्या मध्ये स्वात्मनो ध्यानाद्दिने दिने आयूर्वर्धयति। रोगा दूरे भवन्ति। †शक्तिस्त्रितय
- 3 लोकान्तः सम्यक् मुद्रा च खेचरी ।† चिदानन्दादयश्चन्द्रिका चेतनान्विता । परमात्मामहासूर्यरिश्पुंजः
- प्रकाशकः । प्रकाशानंदयोरैक्यं प्रकर्तव्यं । निरंतरं स्वयमग्निर्महाज्योतिराभाति परमं पदं । सदोदितमनश्च
- 5 न्द्रः सूर्योदयमिवेक्षते तेन ग्रस्तो मनश्चन्द्रः सो ऽपि लीनः स्वयं पदे । पदमेव महानग्निर्येन ग्रस्तं कलामयं ।
- 6 एवं चन्द्रार्कवहीनां संकेतः परमार्थतः ।

Sources: 2–3 cf. YSv (PT p. 845): śaktiprasannatā syāc ca rogaśokavivarjitaḥ | yasya mudrābhyāsaśālī samyak siddhā ca khecarī | 3–5 cf. YSv (PT p. 845): cidānandamayam cittam cetanā candrikānvitā | paramātmā mahāsūryaḥ sūrya ekaḥ prakāśakaḥ | prakāśānandayor aikyam karttavyañ ca nirantaram | dīptas tathā mahājyotīr avirbhāti param padam | 5 cf. YSv (PT p. 845): sadoditam manaḥsūryam candrajyotir ivekṣate |

1 tatheda EPU<sub>2</sub>] tathā idam  $U_1$  tam BL apy  $EU_1$ ] api cett. ātmaprakāśānamtaram PU<sub>2</sub>] ātmaprakāśānataram U<sub>1</sub> ātmāprakāśānantaram E **ūrdhvamukham** ELU<sub>1</sub>U<sub>2</sub>] ūrdhvam mukham P mūrdhvam mukham B tanmadhye cett.] tanamadhye U2 °rūpābhūmir cett.] °rūpo bhūmir L bhavati cett.] bhavatī U<sub>1</sub> 'ham sa cett.] ham E 2 tasyā PU<sub>1</sub>U<sub>2</sub>] tasya BL svātmano cett.] svātmanaḥ U<sub>1</sub> dhyānād cett.] dhyād BU<sub>2</sub> āyūr cett.] hy āyur E vardhayati BL] varddhati U<sub>1</sub>U<sub>2</sub> varddhate EP rogā cett.] rogo E dūre cett.] dūro P dūrā L bhavanti cett.] bhavati BE śaktis BLPU1U2] tathā dvisaśaktis E 2-3 tritayalokāntah U2] tritayalokāmta° P trtīyalokāmtah E tritayo lokāmta° BL trīvalī kṛtaṃ U<sub>1</sub> 3 mudrā cett.] samudrā E ca khecarī PLU<sub>2</sub>] ca khecari B bhavati khecarī U<sub>1</sub> khecarī E cidānandādaya $\phi$  P] cidānamdādaya $\phi$  U2 cidānamdodayam $\phi$  U1 cidānamdādayo $\phi$  BL cidānandādvaya $\phi$ E candrikāº L] cadrikā B cadriś cadrikā P candracamdrikā E camdrahś cetanāś U1 camdrāś cadrikā U<sub>2</sub> cetanānvitā em.] veti nāmānvitaḥ E cetanānvitāḥ P cetanvitāḥ BL caṃdrakānvitā U<sub>1</sub> cetanānvitaḥ U<sub>2</sub> paramātmāmahāsūryaraśmipumjah U<sub>1</sub>] paramātmāmahāsūryaraśmipumja° BLPU<sub>2</sub> paramātmanāsaharaśmipumja° E 4 prakāśakaḥ cett.] prakāśaḥ E agnir cett.] manasi E mahājyotir cett.] mahājyotiś U<sub>1</sub> **ābhāti** cett.] abhāti U<sub>1</sub> **paramaṃ padaṃ** EPLU<sub>1</sub>] paramapadam B paraṃmapadaṃ U<sub>2</sub> sadoditamanaś BEL] sadoditamanaḥś U<sub>1</sub> sadoditam manaś PU<sub>2</sub> 4-5 candraḥ cett.] cadraḥ B 5 sūrvodayam E] sūrvodaya BPLU<sub>2</sub> sūrvodaye U<sub>1</sub> iveksate cett.] aveksate E ca laksyate U<sub>1</sub> grasto cett.] graste U<sub>1</sub>U<sub>2</sub> manaś cett.] manah | B candraḥ cett.] ścamdraḥ B līnaḥ P] lina B linaṃ LU1 lipyaḥ EU2 padam cett.] m P mahānagnir cett.] mahānagniḥ L yena PU1U2] yame E sūrya° BL kalāmayam cett.] kalāmayah U<sub>1</sub> 6 candrārkavahnīnām EPU<sub>2</sub>] camdrārkavavahnīnām L camdrārkvavahnīnām B camdrārkavatām U<sub>1</sub> samketah cett.] samketanam BL paramārthatah cett.] paramārthatah vā U<sub>1</sub>

**Philological Commentary: 2 rogā dūre ...:** Evidence of E resumes at this point and resynchronizes with the structure of the other witnesses.

#### [XLIX. Blooming of the Upward Facing Lotus]

For thus, immediately after the light of the self [arises], the upward-facing [one] blooms. Within it, the place having the form of the highest bliss arises. The technical designation of it is "I am he, he is I". Because of meditation on the own self, which exists within it<sup>5</sup>, the force of life is caused to grow day by day. Diseases are remote. †...†<sup>6</sup> The non-duality consisting of bliss and consciousness is consciousness endowed with illumination. The highest self, the great sun [and] the mass of rays of the sun is the light. Both bliss and light shall be brought into unity uninterruptedly. The own fire is the great light that illumines the highest place. The constantly active mind being the moon, perceives how the sun rises. Because of this, the mind, which is the moon, is devoured, although it disappears in its own place. The place, however, made of digits, is devoured by the sun, the great fire. Thus, there is an agreement between the fires and the beams of the moon with the highest reality.

<sup>&</sup>lt;sup>5</sup>Probably within the lotus.

<sup>&</sup>lt;sup>6</sup>It is not possible to make sense of the Sanskrit based on what is handed down in the manuscripts of the *Yogatattvabindu*. However, we have to assume that the passage probably tries to express what was written in the source text *Yogasvarodaya* (*Prāṇatoṣiṇī* p. 845): śaktiprasannatā syāc ca rogaśokavivarjitaḥ | yasya mudrābhyāsaśālī samyak siddhā ca khecarī |. "Purificaton of the energy and freedom from diseases arises for one who is abundantly enganged in the practice of Mudrā. He is truly becomes a Siddha and a Sky-roamer."

# Appendix

Figures

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Figure 0.1: Viṣṇu Viśvarūpa, India, Rajasthan, Jaipur, ca. 1800–1820, Opaque watercolor and gold on paper,  $38.5 \times 28$  cm, Victoria and Albert Museum, London, Given by Mrs. Gerald Clark.



Figure 0.2: The Equivalence of Self and Universe (detail), folio 6 from the *Siddhasiddhāntapaddhati* (Bulaki), India, Rajasthan, Jodhpur, 1824 (Samvat 1881), 122 x 46 cm, RJS 2378, Mehragarh Museum Trust.

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