### The Yogatattvabindu

## योगतत्त्वबिन्दु

## Yogatattvabindu

Critical Edition with annotated Translation

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## **Conventions in the Critical Apparatus**

### Sigla in the Critical Apparatus

- E : Printed Edition
- P: Pune BORI 664
- L: Lalchand Research Library LRL5876
- B: Bodleian Oxford D 4587
- N<sub>1</sub>: NGMPP B 38-31
- N<sub>2</sub>: NGMPP B 38-35 / A 1327-14
- D<sub>1</sub>: IGNCA 30019
- U1: SORI 1574
- U2: SORI 6082

# Critical Edition & Annotated Translation

#### [I. rājayogaprakāra]

श्री गणेशाय नमः ॥ अथ राजयोगप्रकारो लिख्यते । राजयोगस्येदं फलं । येन राजयोगेनानेकराज्यभोगसमय एव । अनेकपार्थिवविनोद प्रेक्षणसमय एव । बहुतरकालं शरीरस्थितिर्भवति । स एव राजयोगः । तस्यैते भेदाः । क्रियायोगः १॥ ज्ञानयोगः २॥ चर्यायोगः ३॥ हठयोगः ४॥ कर्मयोगः ५॥ लययोगः ६॥ ध्यानयोगः ७॥ मन्त्रयोगः ८॥ लक्ष्ययोगः ९॥ वासनायोगः १०॥ शिवयोगः ११॥ ब्रह्मयोगः १२॥ अद्वैतयोगः १३॥ सिद्धयोगः १४॥ राजयोगः १५॥ एते पश्चदशयोगः॥

### [II. kriyāyogasya lakṣaṇam]

इदानीं क्रियायोगस्य लक्षणं कथ्यते।

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क्रियामुक्तिरयं योगः स्विपण्डे सिद्धिदायकः। यं यं करोति कछोलं कार्यारंभे मनः सदा। तत्ततः कुश्चनं कुर्विन्क्रियायोगस्ततो भवेत्॥ II.1॥

Sources: 2–3 cf. YSv (PT p. 831): atha rājayogaḥ || yogasvarodaye | īśvara uvāca | rājayogaṃ pravakṣyāmi śṛṇu sarvatra siddhidam | guhyādguhyataraṃ devi nānādharmaṃ parāt param rājayogena deveśi nṛpapūjyo bhaven naraḥ | rājayogī cirāyuś ca aṣṭaiśvaryamayo bhavet || 4–6 cf. YSv (PT p. 831): pañcadaśaprakāro 'yaṃ rājayogaḥ || kriyāyogo jñānayogaḥ karmayogo haṭhas tathā | dhyānayogo mantrayoga urayogaś ca vāsanā | rājaty etad brahmavaśīva ebhiś ca pañcadaśadhā | idānīṃ lakṣaṇañ caiṣāṃ kathayāmi śṛṇu priye | 9–11 ≈YSv (PT p. 831): kriyāmuktimayo (*kriyāmuktir ayaṃ* YK 1.209) yogaḥ sapiṇḍisiddhidāyakaḥ (*sapiṇḍe* YK 1.210) | yat kāromīti saṅkalpaṃ kāryārambhe manaḥ sadā || 11 ≈YSv (PT p. 839): tatsāṅgācaraṇaṃ kurvan kriyāyogarato bhavet |

**Testimonia:** 4–6 cf. *Yogasiddhāntacandrikā* (Ed. p. 2): nididhyāsanañ caika tānatādirūpo rājayogā-paraparyāyaḥ samādhiḥ | tatsādhanaṃ tu kriyāyogaḥ, caryāyogaḥ, karmayogo, haṭhayogo, mantrayogo, jñānayogaḥ, advaitayogo, lakṣyayogo, brahmayogaḥ, śivayogaḥ, siddhiyogo, vāsanāyogo, layayogo, dhyānayogaḥ, premabhaktiyogaś ca |

### [I. Nature of Rājayoga]

Homage to Śrī Gaņeśa. Now, the nature of Rājayoga is laid down.

This is the result of Rājayoga<sup>1</sup>: Rājayoga is that by which long-term durability of the body arises [and] even amongst manifold royal pleasures even amongst the manifold royal entertainments and spectacle.<sup>2</sup> This truly is Rājayoga. These are the varieties of this Rājayoga:

1. The Yoga of [mental] action (Kriyāyoga); 2. the Yoga of knowledge (Jñānayoga); 3. the Yoga of wandering (Caryāyoga); 4. the Yoga of force (Haṭhayoga); 5. the Yoga of deeds (Karmayoga); 6. the Yoga of absorption (Layayoga); 7. the Yoga of meditation (Dhyānayoga); 8. the Yoga of Mantras (Mantrayoga); 9. the Yoga of targets (Lakṣyayoga); 10. Yoga of mental residues (Vāsanāyoga); 11. the Yoga of Śiva (Śivayoga); 12. the Yoga of Brahman (Brahmayoga); 13. the Yoga of non-duality (Advaitayoga); 14. the Yoga of the Siddhas (Siddhayoga); 15. the Yoga of kings (Rājayoga). These are the fifteen Yogas.<sup>4</sup>

### [II. Characteristics of Kriyāyoga]

Now, the characteristic of Kriyāyoga, the Yoga of [mental] action, is described.

**II.1** This Yoga is liberation through [mental] action. It bestows success(*siddhi*) in one's own body. Each wave the mind creates at the beginning of an action, of all those, one shall withdraw oneself. Then Kriyāyoga arises.<sup>5</sup>

<sup>&</sup>lt;sup>1</sup>This statement seems unconnected to the definition of Rājayoga that follows.

<sup>&</sup>lt;sup>2</sup>The definition of Rājayoga alludes to the exceptionally wealthy lifestyle of Rāmacandra's audience.

<sup>&</sup>lt;sup>3</sup>The first three Yogas allude to the four  $p\bar{a}da$ s of the Śaiva  $\bar{a}gama$ s; namely  $kriy\bar{a}[p\bar{a}da]$ ,  $cary\bar{a}[p\bar{a}da]$ ,  $yoga[pad\bar{a}]$  and  $j\bar{n}\bar{a}na[p\bar{a}da]$ , see nishvasa2015.

 $<sup>^4</sup>$ The initial codification of fifteen *yogas* appears in N<sub>1</sub>, N<sub>2</sub>, P, D, U<sub>1</sub> and U<sub>2</sub>. It is ommitted in E, L and B. It is also absent in the *Yogasamgraha*. However, it certainly os original since it crosses the two main branches of the stemma. The definitive source of the list of the fifteen Yogas presented at the beginning of the text is uncertain. Rāmacandra's text is largely based on the content and structure of the *Yogasvarodaya* (YSv) as quoted in **ramatosana** (Ed. pp. 831-858). In this text, however, the list is incomplete. YSv mentions the total amount of fifteen Yogas but names only eight subcategories of Rājayoga. Because of that, Rāmacandra might have seen the necessity to complete it. The other source he used for compiling his text is **ssplonavla** (SSP) which, however, does not present such a list. A more detailed investigation of the fifteen Yogas can be found at p. ??.

<sup>&</sup>lt;sup>5</sup>All four verses on Kriyāyoga were taken from the *Yogsavarodaya* (YSv) as quotations in the *Prāṇatoṣinī* (PT) and *Yogakarṇikā* (YK). No sources for the following prose section can be identified.

# Appendix

Figures



Figure 0.1: Viṣṇu Viśvarūpa, India, Rajasthan, Jaipur, ca. 1800–1820, Opaque watercolor and gold on paper,  $38.5 \times 28$  cm, Victoria and Albert Museum, London, Given by Mrs. Gerald Clark.



Figure 0.2: The Equivalence of Self and Universe (detail), folio 6 from the *Siddhasiddhāntapaddhati* (Bulaki), India, Rajasthan, Jodhpur, 1824 (Samvat 1881), 122 x 46 cm, RJS 2378, Mehragarh Museum Trust.

# Bibliography