Yogatattvabindu of Rāmacandra A Critical Edition and Annotated Translation

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Chapter 1

The List of the 15 Yogas

• It's not entirely clear if the list given at the beginning of the text codifying the fifteen *yoga*s belongs to the original text or was a later addition by a another hand. One primary reason for this possibility is the structure of the *yoga*s in the actual course of the text does not equal the list. The text begins with a description of *kriyāyoga* and continues to describe *siddhakuṇḍaliniyoga* and somewhat suprisingly mentions *mantrayoga* in the same breath. One starts wondering why the structure of the text does not follow the codification. However the mention of *jñānotpattav upāyaḥ* might be a clue why the second *yoga* in the list might be *jñānayoga*. So far it seems to me that there are three options or a combination of these to explain these apparent inconsistencies: 1. The text is highly corrupted. 2. The codification was a later addition of another hand. 3. The term *jñānayoga* is listed due to the results of *siddhakuṇḍalinīyoga*, which is the generation of knowledge due to the practice of a certain *yoga* involving the central channel, as mentioned in this section of the text.

Chapter 2

Conventions in the Critical Apparatus

2.1 Sigla in the Critical Apparatus

- E: Printed Edition
- P: Pune BORI 664
- L: Lalchand Research Library LRL5876
- B: Bodleian Oxford D 4587
- N₁: NGMPP B 38-31
- N₂: NGMPP B 38-35 / A 1327-14
- D₁: IGNCA 30019
- D2: IGNCA 30020
- U1: SORI 1574
- U2: SORI 6082

The order of the readings in the critical apparatus is arranged according to the quality of readings in decending order. The critical apparatus is positive. Gemitation is not recorded.

2.2 Punctuation

The very inconsistent use of punctuation marks in the witnesses at hand makes standardization necessary. A close examination of the overall usage of punctuation suggest that in the course of the texts transmission punctuations have been dropped frequently or even have been added. Particularly in the lists given in the text the copists negliance or not properly dealing with punctuation resulted in various forms of those lists with and without punctuations. Due to missing punctuation in many instances copists either made up case endings, changed the text and combined the lists' items into compounds that weren't present in the assumed original text. Even though punctuation plays a role that should'nt be underestimated, the deviation of punctuation at the end of sentences, lists and verse-numbering will only be documented in the critical apparatus of the printed edition to meaningful extend. That means, for example that emendations of obvious mistakes in punctuation will not be recorded in the critical apparatus. However, the digital edition of this work provides a way more detailled documentation of deviations in punctuation in the form of diplomatic transcripts of each witness and even a function to display sentences cummulativly on top of each other.

In the printed edition of the *Tattvayogabindu* the standard conventions of punctuation are followed:

In verse poetry, a *daṇḍa* marks the end of a half verse, half of the *śloka*, and the double *daṇḍa* marks the end of a verse. A half verse is a *pāda*, at least in some literary works, this is concluded by a *daṇḍa* and the end of a *śloka* by a double *daṇḍa*. In prose the single *daṇḍa* indicates the end of a sentence and the double *daṇḍa* marks the end of a paragraph.

Variations in the usage of *Avagraha* will be recorded. Items of lists will be separated by a single *danda*.

2.3 Sandhi

Among the witnesses we see deviating and inconsistent application of *sandhi*. There is no clear evidence that originally *sandhi* was intentionally not applied. This edition will therefore apply *sandhi* consistently throughout the constituted text to provide a readable text sticking to contemporary conventions in Sanskrit. The variant readings concerning *sandhi* are recorded consistently in the apparatus criticus.

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This is due to various textcritical problems arising from the inconsistent usage of punctuation which results in application or non-application of *sandhi* wheter the respective witness applied a *daṇḍa* or not. This is particularly the case within lists, which frequently occur in our compilation. Items were most likely originally separated by *danḍa*.

2.4 Class Nasals

Again, due to inconsistent use of class nasals among the witnesses *anusvāra*s have been substituted with the respective class nasals throughout the edition.

2.5 Lists

Lists are very frequent in the *Yogatattvabindu*. In fact, the text initially gives a list of 15 Yogas in the beginning and many more lists are have been utilized throughout the text. Many witness lost punctuation in the process of copying and as a consequence applied *sandhi*, to arrive at a consistent and conveniently readable edition of the text, all list have been identified as such and normalized to the Nominativ Singular or Nominativ Plural form of the respective item. Items are separated by a double *daṇḍa*. The differences in punctuation, as well as simple emendations regarding punctuation won't be documented in the apparatus criticus.

Chapter 3

Critical Edition of the Yogatattvabindu

[Introduction]

श्री गणेशाय नमः ॥ अथ राजयोगप्रकारो लिख्यते ॥ राजयोगस्येदं फलं । येन राजयोगेनानेकराज्यभो गसमय एव । अनेकपार्थिवविनोद प्रेक्षणसमय एव । बहुतरकालं शरीरस्थितिर्भवित । स एव राजयोगः । तस्यैते भेदाः । क्रियायोगः १ ॥ ज्ञानयोगः २ ॥ चर्यायोगः ३ ॥ हठयोगः ४ ॥ कर्मयोगः ५ ॥ लययोगः ६ ॥ ध्यानयोगः ७ ॥ मन्त्रयोगः ८ ॥ लक्ष्ययोगः ९ ॥ वासनायोगः १० ॥ शिवयोगः ११ ॥ ब्रह्मयोगः १२ ॥ अद्भैतयोगः १३ ॥ सिद्धयोगः १४ ॥ राजयोगः १५ ॥ एते पश्चदशयोगाः ॥

hpb

¹ śrī gaņeśāya namaḥ cet.] śrī ņe ya maḥ P śrī gaņeśāya namaḥ || śrī gurave namaḥ || N₁ śrī gaņeśāya namaḥ || śrī sarasvatyai namaḥ || śrī nirañjanāya namaḥ D₁ śrī gaņeśāya namaḥ || oṃ śrī niraṃjanāya U₁ atha rājayogaprakāro likhyate N₁N₂D₁] atha rājayogaprakāra likhyate U₁ rājayogantargataḥ | binduyogaḥ E atha tattvabimduyogaprāraṃbhaḥ L atha rājayoga likhyate P atha rājayoga likhyate U₂ rājayogasyedaṃ phalaṃ PU₂] rājayogasya idaṃ phalaṃ N₁N₂D₁ om. EL 1-2 rājayogenānekarājyabhogasamaya PN₁] rājayogena anekarājyabhogasamaya N₂D₁U₁U₂ 2 prekṣaṇasamaya cet.] prekṣyaṇasamaya U₂ eva cet.] evaṃ U₂ rājayogaḥ cet.] rājayogab U₂ 2 tasyaite PU₂] tasya ete cet. caryāyogaḥ cet.] tvaryāyogaḥ U₁ layayogaḥ cet.] nayayogaḥ U₂ 4 lakṣyayogaḥ cet.] lakṣayogaḥ U₁ 5 siddhayogaḥ PU₂] rājayogaḥ N₁N₂D₁U₁ rājayogaḥ PU₂] siddhayogaḥ cet. ete pañcadaśayogāḥ PN₁D₁U₁] evaṃ paṃcadaśāyogā bhavaṃti U₂

Philological Commentary: 5 rājayoga: The initial codification of 15 *yoga*s appears in N1,N2,P,D1,U1 and U2. It is ommitted in E and L. B can't be determined due to missing folios.

5

[Description of Kriyāyoga]

इदानीं क्रियायोगस्य लक्षणं कथ्यते।

क्रियामुक्तिरयं योगः स्वपिण्डे सिद्धिदायकः।	1
यं यं करोति कल्लोलं कार्यारंभे मनः सदा।	2
तत्ततः कुञ्चनं कुर्वन्क्रियायोगस्ततो भवेत् ॥१॥	3
क्षमा विवेकवैराग्यं शान्तिसन्तोष निस्पृहाः ।	1
एत द्युक्तियुतो योगी क्रियायोगी निगद्यते ॥२॥	2
मात्सर्यं ममता माया हिंसा च मद्गर्वता।	1
कामक्रोधौ भयं लज्जा लोभमोहौ तथा ऽशुचिः ॥३॥	2

Testimonia: 2 kriyāmuktir] Ysv:kriyāmuktimayo yogaḥ sapiṇḍisiddhidāyakaḥ | yatkāromīti saṅkalpaṃ kāryārambhe manaḥ sadā || 4 tattataḥ] Ysv:tatsāṅgācaraṇaṃ kurvan kriyāyogar ato bhavet | 5 kṣamā°] Ysv:kṣamāvivekavairāgyaśāntisantoṣanispṛhāḥ | etan muktiyuto yoʻsau kriyāyogo nigadyate | 7 mātsaryaṃ] Ysv:mātsaryaṃ mamatā māyā hiṃsā ca madagarvitā | kāmaḥ krodho bhayaṃ lajjā lobho mohas tathā 'śuciḥ || rāgadveṣau] Ysv:rāgadveṣau ghṛṇālasyaśrāntidambhakṣamābhramāḥ | yasyaitāni na vidyante kriyāyogī sa ucyate ||

1 idānīm cet.] idānī N2 atha U2 kriyāyogasya cet.] kriyāyogas U2 kathyate cet.] kathayate D1 om. U₂ 2 kriyāmuktir cet.] kriyāmukti N₂ kriyāmuktih || U₂ ayam cet.] layam N₂ siddhidāyakah cet.] siddhidāyakam U2 4 tattatah cet.] tatastatah U2 tamkr tam U1 kuñcanam cet.] kurcanam N2 tato bhavet PU₂] ato bhava N₁N₂D₁ ato va U₁ 5 viveka cet.] vivekaṃ EU₂ nispṛhāḥ P] °niṣpṛhāḥ U₂ °nispṛhā EN₁ °nispṛhaḥ D₁ °niṣpṛhī U₁ 6 eta EPU₁] etat N₁N₂D₁U₂ yuktiyuto cet.] muktiyuto U_2 yogī $EPN_1D_1U_2$] yo sau N_2U_1 7 mātsaryam EU_1U_2] mātsarya PN_1D_1 himsā ca E] himsāśā cet. hiṃsā ca E hiṃsāḥ N_1 8 °krodhau U_1U_2] krodha° EPN₁ °krodho D_1 'śuciḥ cet.] śuciḥ EN_2U_2 9 rāgadveṣau cet.] rāgadoṣau U1 athadveṣo L ghṛṇālasyam cet.] ghṛnā° N2 bhraṃtir daṃbho cet.] bhrāmtir debho D₁ bhrāntitvaṃ E bhrāmti daṃbha U₁ kṣamā bhramaḥ cet.] mokṣam ābhramaḥ E °kṣamī bhramaḥ U₁ 10 na cet.] ca E 12 kṣamā° cet.] kṣamāḥ N₁ kṣamā' N₂ vivekavairāgyaśānti cet.] kṣamāḥ vivekavairāgya | śāṃti° N1 °vairāgyāśānti° N2 kṣamā || vivekavairāgya || śāṃti° D1 °santoşa ityādīny cet.] °santoṣādīny E °santoṣa ity ādīno° L °santoṣa ity ādīna niraṃtaram U₁ °santoṣa ity ādayo niramtaram U₂ utpādyante cet.] utpadyante E *tpādyamte L utyamte U₁ bahukriyāyogī cet.] bahukriyāyogā D₁ kathyate cet.] sa kathyate D₁N₂ tkacyate U₂ 13 kāpaṭyaṃ cet.] yasyāntaḥkaraṇe kapatyam N₁ kāpayam L kāpacham U₁ māyā N₁N₂] māya D₁ yāya U₁ pāpa U₂ om. EPL vittam EP] vitaṃ L vitvaṃ N₁N₂D₁U₁ titaṃ U₂ **mātsaryaṃ** cet.] mātsaryam E mātsarya D₁U₁ **roṣaḥ** EU₁] roṣo cet. eşo N₂ bhayam cet.] kşayam E lajjā cet.] lajā U₁ lobhaḥ PL] lobha° cet. om. U₂ 14 mohaḥ P] moha LN₂ mohā cet. aśucitvaṃ cet.] aśucitvaṃ N₁D₁ aśūcitvaṃ N₂ rāgaḥ P] rāga° cet. rāja° L om. E dveşaḥ cet.] dveşa L om. E ālasyaṃ cet.] om. E pākhaṃḍitvaṃ cet.] pāṣaṃḍitvaṃ D₁N₁ pākhamdatvam E pārṣaditvam N₂ indriyavikārah cet.] imdriyavīkārah U₁ imdriyam vīkārah P itivikāraḥ L kāmaḥ cet.] kāma N₂ om. U₂ ete cet.] eta L rāte U₁ etate U₂ 15 bhavanti cet.] bhavaīti N₁ bahukriyāyogī cet.] °kiyā° D₁U₁U₂ kathyate cet.] kathyaṃte U₁U₂

Philological Commentary: 5 °kṣamā: The printed edition E starts here. 9 rāga°: L starts here. 10 yasyai: Rāmacandra ends his quotes from the Ysv and continues the rest of his section on Kriyāyoga in prose. The Ysv ends the section on Kriyāyoga as follows: sa eva muktaḥ sa jñānī caṇḍināśena īśvaraḥ | kriyāmuktikaro yoʻsau rājayogaḥ sa muktidaḥ ||

1

	रागद्वेषौघृणालस्यं भ्रन्तिर्दंभो क्षमा भ्रमः।
10	यस्यै तानि न विद्यन्ते क्रियायोगी स उच्यते ॥४॥

यस्यान्तःकरणे क्षमाविवेकवैराग्यशान्तिसन्तोष इत्यादीन्युउत्पाद्यन्ते । स एव बहुक्रियायोगी कथ्यते । कापट्यं ॥ माया ॥ वित्तं ॥ हिंसा ॥ तृष्णा ॥ मात्सर्यं ॥ अहंकारः ॥ रोषः ॥ भयं ॥ लज्जा ॥ लोभः ॥ मोहः ॥ अशुचित्वं ॥ रागः ॥ द्वेषः ॥ आलस्यं ॥ पाखंडित्वं ॥ भ्रान्तिः ॥ इन्द्रियविकारः ॥ कामः ॥ एते उ यस्य मनसि प्रदिदिनं न्यून भवन्ति । स एव बहुक्रियायोगी कथ्यते ।

[Siddhakuṇḍalinīyoga and Mantrayoga]

इदानीं राजयोगस्य भेदाः कथ्यन्ते ।के ते । एकः सिद्धकुण्डिलनीयोगः मन्त्रयोगः । अमू राजयोगौ कथ्येते । मूलकन्दस्थाने एका तेजोरूपा महानाडी वर्तते । इयमेका नाडी इडापिङ्गलासुषुम्णान् एतान् भेदान् प्रामोति ।

वामभागे चन्द्ररूपा इडा नाडी वर्तते। दक्षिणभागे सूर्यरूपा पिङ्गला नाडी वर्तते। मध्यमार्गे ऽतिसूक्ष्मा पद्मिनी। तन्तुसमाकारा कोटिविद्युत्समप्रभा।

भुक्तिमुक्तिदा शिवरूपिणी सुषुम्णा नाडी प्रवर्तते । ऽस्यां ज्ञानोत्पत्तौ सत्यां सर्वज्ञो भवति । इदानीं सुषु म्णायां ज्ञानोत्पत्तावुपायाः कथ्यन्ते ॥

[Description of the first Cakra]

आदौ चतुर्दलं मूलचक्रं वर्तते।

प्रथमं आधारचक्रं । गुदा स्थानं ॥ रक्तंवर्णं ॥ गणेशं दैवतं ॥ सिद्धिबुद्धिशक्तिं सुषको वाहनं ॥ कूर्मऋषिः ॥ आकुञ्चनं सुद्रासुद्रा ॥ अपानः वायुः ॥ ऊर्मी कला ॥ ओजस्विनी धारणा ॥ चतुर्दलेषु रजःसत्त्वतमोमनांसि । । वं शं षं सं ॥ मध्यत्रिकोणे त्रिशिखा ॥

hpb

1 bhedāḥ cet.] bhedā N_2 kathyante cet.] kathyate N_2 om. L ke te $D_1N_1U_1$] te ke cet. kriyate N_2 siddhakundalinīyogah EN₁] siddhakundalinīyogah U₁ siddhakundalinīyoga U₂ siddhakundalanīyogah N₂D₁ siddhakumdamlim yogah P mantrayogah cet.] om. L amū cet.] astu E rājayogau cet.] rājayogah E kathyete P] kathyate cet. kathyamte U₂ 2 mūlakandasthāne cet.] mūlam kamdasthāne ekā cet.] eka N₁N₂ vartate cet.] pravartate U₂ iyam E] iyam cet. trayam L ekā cet.] eka EP kā L °suṣumṇān N₁N₂D₁] suṣumṇā cet. etān cet.] ete N₁N₂D₁ 4 iḍā cet.] om. U₂ vartate cet.] pravarttate U₂ dakşinabhāge cet.] dakşine bhāge U₁ vartate cet.] pravarttate U₂ madhyamārge cet.] madhyarge D₁ 5 padminī cet.] padmanī PLN₁N₂ tantusamākārā cet.] taṃtusamākāra° P °prabhā cet.] °prabhah U₁ 6 bhuktimuktidā PU₂] bhuktimuktido° cet. bhuktimuktipradā EL 'syām scripsi] em. 'syā E asyā PLU₂ om. cet. jñānotpattau EPLU₂] 'tpanne cet. satyāṃ PLU₂] satyaṃ E sati cet. 6-7 susumnāyām E] susumnāyā PU₂ susumnāya° U₁ susumnāyāh N₁N₂D₁ susumnā° L 7 jñānotpattāv upāyāh E] jñānotpattau upāyāh cet. jñānotpattau upāyā U_2 jñānotpanno 'pāyāh N_1N_2 kathyante $EPN_1N_2D_1U_1U_2$] kathyate L 8 caturdalam mülacakram $N_1D_1U_2$] caturdalam mülam cakram EPU1 caturdalamūlacakram L prathamacaturdalamūlacakram N2 vartate cet.] pravartate U₂ 9 prathamam ādhāracakram PLU₂] prathamādhāracakram vartate E raktam scripsi] em. rakta° EPLU₂ gaņeśam daivatam scripsi] em. gaņeśadaivatam ELU₂ gaņeśām daivatam P siddhibuddhiśaktim musako vāhanam scripsi] em. °śaktimusakavāhanam E °śaktir mukhako vāhanam P °śaktimusako vāhanam L °śaktiḥ muṣako vāhanam U₂ kūrma scripsi] em. kurma U₂ 10 ākuñcanam mudrā scripsi] ākuñcana° PLU2 em. ākuṃca° E apānaḥ vāyuḥ scripsi] em. apānavāyuḥ EL °vāyuś P °vāyu U2 ūrmī scripsi] em. urmī U₂ 11 triśikhā PL] triśikhāt E trirekhā U₂

Philological Commentary: 1 kathyante: The whole sentence is *om.* in U1. **mantrayogah**: The sudden appearance of *mantrayoga* seems odd: This section of the text doesn't mention the practice of *mantra* at all. It might me a mistake, or a later insertion. However, all witnesses preserve this reading except L. The sentence that follows confirms the reading of Mantrayoga by the usage of dual forms.

तन्मध्ये त्रिकोणाकारं कामपिठं वर्तते ।तत्पीठमध्ये ऽग्निशिखाकारैका मुर्तिर्वर्तते । तस्या मूर्तिध्यनिकरणात् सकलशास्त्रकाव्यनाटकादि सकलवाङ्मयं विनाभ्यासेन पुरुषस्य मनोमध्ये स्फुरति । अस्य बहिरानन्दा ॥ योगानन्दा ॥ वीरानन्दा ॥ उपरमानन्दा ॥ अजपाजपः शतः ॥ ६०० ॥ घटि ९ पलानि ४० ॥

[Description of the second Cakra]

इदानीं द्वितीयं स्वाधिष्ठानचक्रं षट्दलं उड्डीयाणपीठसंज्ञकं भवित ।
लिङ्गं स्थानं ॥ पीतं वर्णं ॥ पीता प्रभा ॥ रजो गुणः ॥ ब्रह्मा देवता ॥ वैखरी वाक् ॥ सावित्री शक्तिः ।
। हंसो वाहनं ॥ वहणो ऋषिः ॥ कामाग्निर्प्रभा ॥ स्थूलो देहः ॥ जाग्रद् अवस्था ॥ ऋग् वेदः ॥ आचार्यः
लिङ्गं ॥ ब्रह्मसलोकता मोक्षः ॥ शुद्धभुमिका तत्त्वं ॥ गंधो विषयः ॥ अपानः वायुः ॥ अंतर्मातृका ॥ वं भं
मं यं रं लं ॥ बहिर्मात्रा ॥ कामा ॥ कामाख्या ॥ तेजस्विनी ॥ चेष्टिका ॥ अलसा ॥ मिथुना ॥ अजपाजपः
) सहसः ॥ ६००० ॥ घ । १६ प । ४० ॥

तन्मध्ये ऽतिरक्तवर्णं तेजो वर्तते । तस्य ध्यानात् साधको ऽतिसुन्दरो भवति । युवतीनां अतिवल्लभो भ वति ।प्रतिदिनमायुर्वर्धते ॥

[Description of the third Cakra]

तृतीयं नाभिस्थाने दशद्लं पद्मं वर्तते।

hpb

1 tanmadhye cet.] tanmadhya LN1 'gniśikhākāraikā E] agniśikhākārā ekā cet. magniśikhākārā ekā P jñiśikhākarāṇakā L vartate EPLN1N2D1U1] asmi U2 tasyā cet.] tasyāḥ EN1D1 mūrter cet.] mūrtir EL mūrtair U1 om. U2 2 'sakala cet.] om. L saka N2 vāṅmayaṃ EPLU2] vāgmayaṃ N1N2D1U1 sphurati cet.] sphuraṃti L 3 bahir āṇandā scripsi] em. bahir māṇandā U2 vīrāṇandā scripsi] em. virā 'U2 ajapājapaḥ śataḥ scripsi] em. ajapājapaśat <??> 5 idānīṃ cet.] idānī N2 dvitīyaṃ cet.] dvitīye U2 svādhiṣṭhāṇacakraṃ U1] svādhiṣṭāṇacakraṃ EPLN1D1U2 svādhiṇacakraṃ N2 ṣaṭdalaṃ cet.] ṣaḍdalaṃ E ṣaḍdalaṃ N2 uḍḍīyāṇapīṭha 'U2] upāyaṇapīṭha 'E uḍḍīyāṇ pīṭhaṃ L uḍyāṇapīṭha 'N1N2 uḍyāṇāpīṭha 'D1 uḍāgaṇapīṭa 'U1 6 liṅgaṃ scripsi] em. liṅga 'U2 pītaṃ scripsi] em. pīta 'U2 pītā scripsi] em. pīta 'U2 guṇaḥ scripsi] em. guṇa U2 vāk scripsi] em. vāca U2 7 haṃso scripsi] em. haṃsa 'U2 vahaṇo scripsi] em. vahaṇa U2 kāmāgnir scripsi] em. kāmāgni 'U2 sthūlo dehaḥ scripsi] em. sthūladehā U2 rg vedaḥ scripsi] em. rg veda U2 ācāryaḥ scripsi] em. ācārya 'U2 8 śuddhabhumikā scripsi] em. śuddhabhumikā U2 apāṇaḥ scripsi] em. ācārya 'U2 sthūlo dehaḥ scripsi] em. tejasī U2 10 sahasraḥ scripsi] em. sahasra U2 11 'tiraktavarṇaṃ PU2] atiraktavarṇaṃ cet. atiraktavarṇa 'U1N2 sādhako EPLU2] sādhakaḥ cet. 'tisundaro EPLU2] atisuṃdaro cet. 12 pratidinam cet.] dinaṃ dinaṃ prati N1U1 dinadinaṃ prati N2 dinaṃ prati D1

Philological Commentary: 1 prathamam ...triśikhā: The whole section from *prathamam* to *triśikhā* is missing in N1,N2,D1 and U1, but present in all other witnesses. **12 yuvatīnām...bhavati**: This additional sentence occurs in N2 only.

किपलं वर्णं ॥ विष्णुर् देवता ॥ लक्ष्मी शक्तिः ॥ वायुरृषिः ॥ समानो वायुः ॥ गरुडो वाहनं ॥ सूक्ष्मिलिङ्गं देवता ॥ स्वमाअवस्था ॥ मध्यमा वाक् ॥ यजुर्वेदः ॥ दक्षिणो ऽग्निः ॥ समीपता मोक्षः ॥ गुरुलिङ्गो विष्णुः । । आपस् तत्त्वं ॥ रजो विषयः ॥ दशदलानि ॥ दशमात्राः ॥ अन्तर्मात्राः ॥ इं टं णं तं थं दं धं नं पं फं । । बहिर्मात्राः ॥ शांतिः ॥ क्ष्मा ॥ मेथा ॥ तनया ॥ मेथाविनी ॥ पुष्करा ॥ हंसगमना ॥ लक्ष्या ॥ तन्मया । । अमृता ॥ अजपाजपः सहस्रः ॥ ६००० ॥ घ । १६ प । ४० ॥

तन्मध्ये पन्चकोणं चक्रं वर्तते । तन्मध्ये एका मूर्तिर्वर्तते । तस्यास्तेजो जिह्नया कथयितुं न शक्यते । तस्याः मूर्तिर्ध्यानकरणात् पुरुषस्य शरीरं स्थिरं भवति ॥

[Description of the fourth Cakra]

चतुर्थं हृदयमध्ये द्वादशदलं कमलं वर्तते । अनाहतचक्रं हृदयस्थानं ॥ श्वेतं वर्णं ॥ तमो गुणः ॥ रुद्रो देवता ॥ उमा शक्तिः ॥ हिरण्यगर्भ ऋषिः ॥ नन्दि वाहनं ॥ प्राणो वायुः ॥ ज्योतिस्कलाकारणं देहम् ॥ सुषुप्तिरवस्था ॥ पश्यन्ती वाचा ॥ सामवेदः ॥ गार्हपत्यो ऽग्निः ॥ शिवो लिङ्गं ॥ प्राप्तिः भूमिका ॥ सरूपता मुक्तिः ॥ द्वादशादलानि ॥ द्वादशमात्रा ॥ कं खं गं घं णं चं छं जं झं यं तं थं ॥ बहिर्मात्रा ॥ रुद्राणी । । तेजसा ॥ तापिनी ॥ सुखदा ॥ चैतन्या ॥ शिवदा ॥ शान्तिः ॥ उमा ॥ गौरी ॥ मातरा ॥ ज्वाला ॥ प्रज्वालिनी ॥ अजपाजपः सहस्रः ॥ ६००० ॥ घ । ९६ प । ४० ॥ अतितेजोमयत्वादृष्टिगोचरं न भवति । तन्मध्ये ऽष्टदलमधोमुखं कमलं वर्तते ।

1 tṛtīyaṃ cet.] tṛtīye E atha tṛtīyaṃ maṇipūracakraṃ U₂ tṛtīyacakraṃ N₂ daśadalaṃ cet.] daśadala² L daśadalakaṃ U₁ om. U₂ padmaṃ EPU₁] padme L padma N₁N₂D₁ om. U₂ vartate cet.] om. U₂

Philological Commentary: 6 tanmadhye ... cakram vartate: This sentence is *om.* L. tanmadhye ... mūrtir vartate: This sentence *om.* in L.

¹ kapilam स्त्रिप्सि] em. kapila° U2 viṣṇur scripsi] em. viṣṇu U2 vāyur scripsi] em. vayu° U2 samāno scripsi] em. samāna° U₂ garudo scripsi] em. garuda° U₂ 1-2 sūkṣmaliṅgam devatā scripsi] em. sūkṣmalingadevatāha U₂ 2 svapnā avasthā scripsi] em. svapnāvasthā U₂ dakṣiṇo 'gniḥ scripsi] em. dakṣināgniḥ U₂ samīpatā scripsi] samipatā U₂ gurulingo scripsi] em. gurulinga U₂ 4 haṃsagamanā scripsi] em. ahamsagamanā U₂ 5 sahasrah scripsi] em. sahasra U₂ 6 vartate cet.] asmi U₂ tasyās cet.] tasyā N₁N₂D₁ kathayitum cet.] kathyitum L kathatum U₁ vaktum U₂ 7 mūrter cet.] mūrtir L om. U2 °karaṇāt cet.] °kāraṇāt E puruṣasya śarīraṃ sthiraṃ cet.] om. P bhavati cet.] bhavati vā U₁ om. P **8 caturtham** cet.] caturthacakrakamalam N₂ **kamalam** cet.] om. N₂ vartate cet.] asti U₂ bhavati N₂ śvetam scripsi] em. śveta° U₂ 9 prāṇo scripsi] em. prāṇa° U₂ jyotiskalākāranam deham scripsi] em. jyotih kalākāranam dehe U₂ 10 paśyantī scripsi] em. paśyamti U₂ gārhapatyo 'gniḥ scripsi] em. gārhasyatyo gniḥ U₂ śivo scripsi] em. śiva 'U₂ prāptiḥ scripsi] em. prāpti° U₂ 12 śāntih scripsi] em. śānti U₂ mātarā scripsi] em. mātara U₂ 13 ajapājapah scripsi] em. ajapājapaḥ U₂ sahasraḥ scripsi] em. sahasra U₂ 14 °gocaraṃ cet.] gocaratāṃ U₂ bhavati cet.] yāti U_2 ' * şṭadalam cet.] ' * ṣṭadala * P ṣṭadalam L aṣṭadalam $N_1N_2D_1U_1$ adhomukham kamalam cet.] adhomukhakamalam L mukham kamalam P vartate cet.] asti U₂ 15 bahiśśaktih scripsi] conj. bahiśaktiḥ U₂ ātmā scripsi] em. ātma° U₂ daśāngulam scripsi] em. daśāgulam U₂ 16 ānati scripsi] conj. unnaty U₂ asamkalpam scripsi] em. asamkalpa U₂.

15 मनश्चक्रे ॥ मनो देवता ॥ बहिश्शक्तिः ॥ आत्मा ऋषिः ॥ नाभिमध्ये स्थितं पद्मं नालं तस्य दशाङ्गुलं । को मलं तस्य तन्नालं निर्मलं चाप्यधोमुखं । कदलीपुष्पसंकाशं तन्मध्ये च प्रतिष्ठितं । मन आन त्यसंकल्पम् । विकल्पात्मकमेव च ।

hpb

पूर्वदले श्वेतवर्णे यदा विश्रमते मनः॥ धर्मकीर्तिविद्यादिसद्भुद्धिर्भवति। अग्निकोणे आरक्तवर्णे निद्राल स्यमायामन्दमितर्भवति। दक्षिणे कृष्णवर्णेति तदा क्रोधोत्पत्तिर्भवति। नैरृत्ये नीलवर्णे ममतामितर्भवति। पश्चिमे किपलवर्णे क्रीडाहासोत्सवोत्साहमितर्भवति। वायव्ये श्यामवर्णे चिन्तोद्वेगमितर्भवति। उत्तरे पीत वर्णे भोगशृङ्गारमहोदयमितर्भवति। ईशाने गौरवर्णे ज्ञानसंधान मितर्भवति।

तन्मध्ये प्राणवायोः स्थानमष्टदलकमलमध्ये लिंगाकारा कर्णिका कथ्यते । तस्याः कलिकेति संज्ञा तत्क लिकामध्ये पद्मरागरत्नसमानवर्णाङ्गुष्टप्रमाणैका पुत्तलिका वर्तते । तस्या जीवेति संज्ञा तस्या बलं अथ च स्वरूपं कोटिजिह्वाभिर्वक्तुं न शक्यते । अस्या मूर्तिर्ध्यानकारणात् स्वर्गपातालाकशमनुष्यगन्धर्विकन्नरगुह्यक विद्याधरलोकसंबन्धिन्यः स्त्रीयः साधकस्य पुरुषस्य वश्या भवन्ति । इत्यत्र किं कथ्यते ॥

[Description of the fifth Cakra]

इदानीं पश्चमं कमलं षोदशदलं कण्ठस्थाने वर्तते।

10 धूम्रं वर्ण ॥ जीवो देवता ॥ अविद्या शक्तिः ॥ विराट् ऋषिः ॥ वायुर्वाहनं ॥ उदानो वायुः ॥ ज्वाला कला । । जालंधरो बन्धः ॥ महाकारणः देहः ॥ तूर्य आवस्था ॥ परा वाचा ॥ अथर्वणो वेदः ॥ जङ्गमं लिङ्गं ॥ जीवप्राप्ता भूमिका ॥ सायुज्यता मोक्षः ॥ षोडशदलानि ॥ षोडशमात्राः ॥ अन्तर्मात्रा ॥ अं आं इं ईं उ ऊं ऋं ऋं लृं लृं एं ऐं ॐ औं अं अंः ॥ बिहर्मात्रा ॥ विद्या ॥ अविद्या ॥ इच्छा ॥ शक्तः ॥ ज्ञानशक्तिः । । शतला ॥ महाविद्या ॥ महामाया ॥ बुद्धिः ॥ तामसी ॥ मैत्रा ॥ कुमारी ॥ मैत्रायणी ॥ रुद्रा ॥ पृष्टा ॥ सिंहनी ॥ अजपाजपः सहस्रः ॥ १००० ॥ घ । २ प । ४६ अक्षर ४० ॥

hpb

1 °śveta स्त्रिप्सि। em. sveta° U2 viśramate scripsi] em. viśrāmate U2 1-2 nidrālasya scripsi] em. nidrā ālasya° U₂ 2 nairrtye scripsi] em. nairtye U₂ 3 °śyāma scripsi] em. śāma <??> 4 jñānasaṃdhāna° scripsi] em. jñānasaṃdhāne U₂ 5 karṇikā cet.] karṇi U₂ kaliketi cet.] kalikeli L karṇiketi E samjñā cet.] om. L 5-6 tatkalikāmadhye cet.] tataḥ N₂ om. L 6 padmarāgaratnasamānavarņānguṣṭhapramāṇaikā scripsi] em. padmarāgasamānavarṇāṃguṣṭhapramāṇaikā E padmarāgaratnasamānavarnām || amgusthapramānā || ekā PN1 padmarāgaratnasamānavarna amgusthapramānā ekā N₂ padmaratnasamānavarņā amgusthapramāņā ekā L padmarāgaratnasamānavarņā amgusthapramāņāt ekā D_1U_1 padmarāgaratnasamānavarņā \parallel aṃguṣṭhapramāṇā ekā U_2 **tasyā** EP \parallel tasyāḥ $N_1N_2D_1U_1$ tasya L jīveti samjñā U2] jīveti samjñāh N1 jīveti samjñah N2 jīveti samjña D1 jīvasamjñā EPU2 om. L tasyā EN₂P] tasyāḥ N₁D₁U₁ tasya U₂ 6-7 balam atha ca svarūpam cet.] balam atha svarūpam P balam tasya atha svarūpam U2 bala sappa svarūpam L balamadhyasvarūpam E 7 koţijihvābhir cet.] koţijihvāyābhi L na cet.] naiva EP asyā cet.] asyāḥ N₁D₁U₁ tasyāḥ U₂ mūrter cet.] mūrtir LN₂ dhyānakāraṇāt cet.] dhyānaṃ karaṇāt U₂ dhyānāt L 8 saṃbandhinyaḥ cet.] saṃdadhinya U₂ strīyah sādhakasya purusasya cet.] strīyo 'pi EPL striyo pi U₂ vaśyā bhavanti cet.] vaśyo bhavati N₂ kim cet.] om. EPLU₂ kathyate cet.] kathyate vā U₁ 9 idānīm N₁N₂D₁U₁] om. cet. kamalam ${f soda}$ śadala ${f m}$ ka ${f n}$ thasth ${f a}$ ne ${f N}_1{f D}_1{f U}_1]$ kamala ${f soda}$ śadala ${f m}$ ka ${f n}$ thasth ${f a}$ ne ${f N}_2$ ka ${f n}$ thasth ${f a}$ ne ${f soda}$ śadala ${f m}$ kamalam EPL viśuddhacakram kamthastāne U₂ vartate cet.] om. U₂ 10 dhūmram varnam scripsi] em. dhūmravarne U₂ virāt scripsi] em. virātha U₂ udāno scripsi] em. udāna° U₂ 11 mahākāraṇaḥ dehah scripsi] em. mahākāranadeha U₂ tūrya āvasthā scripsi] em. tūryāvasthā U₂ atharvano scripsi] em. atharvaṇa U₂ jaṅgamaṃ scripsi] em. jaṃgama° U₂ 12 antarmātrā scripsi] em. antarmātrār carāḥ U₂ 13 icchā scripsi] em. ichā U₂ śaktiḥ scripsi] em. śakti U₂ 14 tāmasī scripsi] em. tamasī U₂ puṣṭā scripsi] em. pustaº U₂ 15 ajapājapah sahasrah scripsi] em. ajapājapasahasra U₂

तन्मध्ये कोटिचन्द्रसमप्रभः एकः पुरुषो वर्तते । तस्य पुरुषस्य ध्यानकरणादसाध्यरोगा नश्यन्ति । एकस हस्रवर्षपर्यन्तं पुरुषो जीवति ॥

[Description of the sixth Cakra]

इदानीं षष्टचऋं आज्ञानामकं वर्तते।

अग्निर्देवता ॥ सुषुम्णा शक्तिः ॥ हिंसो ऋषिः ॥ चैतन्यं वाहनं ॥ ज्ञानो देहः ॥ विज्ञानावस्था ॥ अनुपमा 5 वाचा ॥ सामवेदः ॥ प्रमादः लिंगं ॥ अर्था मात्रा ॥ आकाशं तत्त्वं ॥ जीवो हंसः ॥ चैतन्यलीला आरंभः । । द्वे मात्रा ॥ हं क्षं ॥ अंतर्मात्रा ॥ बिहर्मात्रा ॥ स्थितिः ॥ प्रभा ॥ अजपाजपः सहस्रः ॥ १००० ॥ घ । २ प । ४६ अक्षर ४० ॥

तचक्रं भ्रुवोर्मध्ये द्विदलकं स्थितं तन्मध्ये ऽग्निज्वालाकारं अकलं किंचिद्वस्तु वर्तते। न स्त्री न पुमान्। पुरुषस्य शरीरमजरामरं भवति॥

[Description of the seventh Cakra]

10 इदानीं सप्तमं चक्रं चतुःषष्ठिदलं ताल्रमध्ये ऽमृतपूर्णं वर्तते।

ललाटं मण्डलं ॥ चंद्रो देवता ॥ अमृता शक्तिः ॥ परमात्मा ऋषिः ॥ अमृतवासिनी कलासप्तदशी ॥ अमृत कल्लोलनदी महाकाशा ॥ अंबिका लंबिका ॥ घंटिका तालिका ॥ अजपागायत्री देहस्वरूपं ॥ काकमुखी । । नरनेत्रा ॥ गोशृंगा ॥ ललाटब्रह्मपठा ॥ हयग्रीवा ॥ मयूर्मुखा ॥ हंसवदंगानि ॥ अजपागायत्री स्वरूपं ॥

hpb

¹ koţicandrasamaprabhaḥ cet.] °prabhā LD1 koţisūryasamāna E ekaḥ puruṣo cet.] ekapuruṣo D1 eka pumān U2 puruṣasya cet.] puṃṣaḥ U2 2 °paryantaṃ cet.] °paryaṃta N2 om. L puruṣo cet.] sa puruṣo EP 3 ṣaṣṭhacakraṃ cet.] ṣaṣṭhaṃ bhrūmadhye EP ṣaṣṭhaḥ bhrūmadhye L ṣaṣṭa bhrūmadhye U2 ājñā cet.] ajñā N1N2D1 nāmakaṃ U1D1N1] cakraṃ EPL cakraṃ raktavarṇaṃ U2 nāmaka N2 vartate cet.] om. U2 4 agnir scripṣi] em. āgnir U2 hiṃso scripṣi] em. hiṃsa° U2 caitanyaṃ scripṣi] em. caitanya° U2 jñāno dehaḥ scripṣi] em. jñānadehī U2 anupamā scripṣi] em. anupamā vcripṣi] em. ardhamātrā U2 ardhā mātrā scripṣi] em. ardhamātrā U2 filā scripṣi] em. shitit y jīvo haṃsaḥ scripṣi] em. jīvahiṃsa U2 °līlā scripṣi] em. vīlālāraṃbhaḥ U2 6 sthitiḥ scripṣi] em. sthiti U2 ajapājapaḥ sahasraḥ scripṣi] em. ajapājapahasra U2 8 tac cakraṃ bhruvor madhye dvidalakaṃ sthitaṃ cet.] dvidalaṃ EPL om. U2 'gnijvālākāraṃ akalaṃ N1N2D1] agnijvālākāraṃ akalaṃ cet. agnijvālākāraṃ akala U1 na pumān cet.] pumān EBL 9 °ajarāmaraṃ cet.] bhavati cet.] bhavati vā U2

अधिकतरशोभयुक्तं ॥ अतिश्वेतं ॥ तन्मध्ये रक्तवर्णं घण्टिकासंज्ञा । एका कर्णिका वर्तते । तन्मध्ये भूमिः । तन्मध्ये ऽपकटचन्द्रकला अमृतधारास्रवन्ती वर्तते ।

तस्याः कलाया ध्यानकरणात् तस्य समीपे मरणं नायाति । निरन्तरध्यानकरणाद मृतधारा स्रवति । तदा क्षयरोगपित्तज्वरहृदयदाहशिरोरोगजिह्वाजडभावा नश्यन्ति । भक्षितं विषमपि न बाधते । यद्यत्र मनः स्थिरं भवति ॥

[Description of the eighth Cakra]

इदानीं अष्टमचक्रं ब्रह्मरंध्रस्थाने रातदलं वर्तते । गुरुर्देवता ॥ चैतन्यः राक्तिः ॥ विराट् ऋषिः सर्वोत्कृष्ट साक्षिः ॥ भूततुर्यातीतं चैतन्यात्मकं ॥ सर्ववर्णाः ॥ सर्वमात्राः ॥ सर्वदलानि ॥ विराट् देहः स्थितावस्था ॥ प्रज्ञा वाचा ॥ सोहं वेदः ॥ अनुपमं स्थानं ॥ अजपाजपः सहस्रः ॥ १००० घटि २ पला ४६ अक्षर ४० ॥

1 cakram catuḥṣaṣṭhidalam tālumadhye $N_1D_1U_1$] cakram catuṣaṣṭhidalam tālumadhye N_2 tālumadhye catuḥṣaṣṭidalam EPU $_2$ tāludeśe madhye catuḥṣaṣṭhidala LB 'mṛtapūrṇam scripsi] em. amṛtapūrṇam cet. amṛtapūrṇa N_2 2 lalāṭam scripsi] em. lalāṭa U_2 3 mahākāśā scripsi] em. mahākāśa U_2

Philological Commentary: 4 lalāṭaṃ maṇḍalaṃ: This additional passage is found in U2 only. Suprisingly after the additions to this *cakra*, the scribe/author of these additions does'nt add instructions for the duration of practice as before.

^{1 °}kataraśobhayuktam cet.] °kataraśobhāyuktam N₂ °kaśobhāyuktam E °kataraprabhāmuktam U₂ raktavarṇaṃ cet.] raktavarṇa° N₂ ghaṇṭikā° cet.] ghāṇṭikā° E ghaṭikā° P ghaṇikā° L ekā cet.] ekā ekā LB bhūmiḥ cet.] bhūmis° U1 bhūmi U2 2 prakaţa° cet.] pragaţa U1 °mdrakaţam U2 amṛtadhārāsravantī cet.] 'mrtādhārā sravamti LB 'mrtādhārā sravati PU2 'mrtādhārā bhavati E vartate N₁N₂D₁U₁] om. cet. **3 kalāyā** cet.] kalāyāḥ N₁N₂U₁ karņikāyā LB **nāyāti** cet.] na yāti LBU₂ °dhyānakaraṇād cet.] °dhyānād EP amṛtadhārā cet.] amṛtadhārāyāḥ sajīvo E amṛtadhārā plāvanaṃ P amrtadhārā plavanam U₂ sravati LBU₁] sravamti N₁N₂D₁ bhavati EPU₂ tadā EPLBU₂] om. cet. 4 kṣayarogapittajvarahṛdayadāhaśirorogajihvājaḍabhāvā scripsi] em. yakṣamarogapittajvarahṛdayadāhaśirorogajihvājadabhāvā E ksayarogapittajvarahrdayadāhaśirorogajihvājadabhāvān P ksayarogapittajvarahṛdayadāharogajihvāyājaḍabhāvān L kṣayarogapittajvarahṛdayadāharogajihvāyājaḍavān B kşayarogam pittajvarahrdayadāhaśirorogajihvāyājaḍabhāvā N1 kṣayarogam pittajvarahrdayadāhaśirorogajihvāyājadabhāvātā N₂ ksayam rogam pittajvarahrdayadāhaśirorogajihvāyājadabhāvā D₁ ksayarogapittajvarahṛdayadāhaśirorogajihvāyājaḍabhāvā U1 kṣayarogoptatti || jvara hṛdayadāha || śiroroga || jihvājadatā | dayo U₂ **bhaksitam** N₂U₁] bhaksitam N₁ bhaksitām D₁ bhaksitam api EPLU₂ bhāksitamār pi B viṣam api N₁N₂D₁U₁] viṣam LBU₂ viṣan E viṃṣa P bādhate EPN₂] bādhyate cet. yadyatra cet.] yadyatram api LB yadyanna N₁D₁ manaḥ sthiraṃ EP] manasthiraṃ cet. macakram brahmaramdhrasthāne $\acute{s}atadalam$ $N_1N_2D_1$] brahmarandhrasthāne $\acute{s}tamam$ $\acute{s}atadalam$ cakram EPU2 brahmaramdhrasthāne aṣṭamam śatadalam cakram LB cakram brahmaramdhrasthāne śatadalam U₁ gurur scripsi] em. guru° U₂ caitanyah scripsi] em. caitanya° U₂ 7 bhūtaturyātītam scripsi] em. bhūtaturyātīta° U2 dehaḥ scripsi] em. deha° U2 8 vedaḥ scripsi] em. veda U2 anupamam scripsi] em. anupama° U₂ ajapājapah sahasrah scripsi] em. ajapājapasahasra U₂ 9 sarvajapah scripsi] em. sarvajapaº U₂ 11 kamalasya cet.] kamalaº E jālandharapīṭha cet.] jālandharapīṭhaº B jātyadharaṇīpīṭha E iti cet.] om. B samjñā cet.] °samjñā B sthānam cet.] sthānam mūrti vartate LB

सर्वजपः संख्या ॥ २१६०० ॥ एकविंशतिसहस्राणिषद्भतानि ॥ तथैव च निशाहे वहते ॥ प्राणः यो जानाति स पंडितः ॥ सकारेण बहिर्याति हकारेण विशेत् पुनः ॥ हंसः सोहं ॥ ततो मन्त्रं जीवो जपित सर्वदा ॥

तन्मध्ये ऽग्निधूमाकाररेखा यादृशी । यादृश्युएका पुरुषस्य मूर्तिर्वर्तते । तस्या नादिर्नान्तो ऽस्ति । तस्या मूर्तिर्ध्यानकरणात् पुरुषस्याकाशे गमागमौ भवतः । पृथ्वीमध्ये स्थितस्यापि पृथ्वीबाधो न भवति । सकलं प्रत्यक्षं निरन्तरं पश्यित पृथग्भवित । अतिशयेनायुर्वर्धते ॥

[Description of the ninth Cakra]

इदानीं नवमचऋस्य भेदाः कथ्यन्ते । तस्य महाशून्यचऋति संज्ञा । तदुपर्यपरं किमिप नास्ति । तदेव महासिद्धचऋं कथ्यते । तस्य पूर्णगिरिपीठिमिति एतादृशं नाम । तस्य महाशुन्यचऋमध्ये ऊर्ध्वमुखं अतिरक्तवर्णं सकलशोभास्पदं अनेककल्याणपूर्णं सहस्रदलं एकं क

तस्य महाशून्यचक्रमध्ये ऊर्ध्वमुख अतिरक्तवर्ण सकलशोभारपद अनेककल्याणपूर्ण सहस्रदल एक क मलं वर्तते। यस्य परिमलो मनसो वचसो न गोचरः। तस्य कमलस्य मध्ये त्रिकोणरूपैका कर्णिका स्प्ब

1 'gnidhūmākārarekhā EPLB] 'gnidhūmākārāreṣā N₁D₁ agnidhūmrākārarekhā N₂U₁ 'gnidhūmrākārārekhāyāh U₂ **yādrśī** cet.] yādrśy° E etādrśī U₂ **yādrśy** PLB] ādrsy E yādrśī N₁N₂D₁U₁ om. U₂ tasyā EPLB] tasyāḥ cet. nādir nānto 'sti cet.] nāstyaṃtaḥ ādir api nāsti N₁N₂D₁U₁ nādināṃ 'to sti P **2 mūrter** EPU₁U₂] mūrtir cet. **dhyānakaranāt** scripsi] conj. dhyānakāranāt pratyaksam niramtaram EB dhyānakaranāt pratyaksaniramtaram cet. purusasyākāśe cet.] purusa ākāśe N₂ puruşasyākāśa° U2 puruşasya ākāśi U1 gamāgamau cet.] °gamo U1 °game N2 bhavataḥ cet.] bhavata U₂ prthvīmadhye cet.] prtivīmadhye BU₂ sthitasyāpi cet.] sthitāv-api N₁N₂D₁U₁ prthvībādho EL] pṛtvībādho B kṣato bādho N₁N₂D₁U₁ pṛthaka P pṛthvī bādhoko U₂ na bhavati cet.] bhavati P na bhati U₂ 3 sakalam pratyaksam nirantaram scripsi em. sakalāpratyaksam nirantaram N₁N₂D₁U₁ sakalāḥ pratyakṣaṃ niraṃtara BL sakalān pratyakṣaṃ niraṃtaraṃ E om. PU₂ paśyati cet.] paśyatī LB om. PU₂ prthagbhavati E] ca prthak bhavati BL ca prthak ca bhavati N₁N₂U₁ om. PU₂ atiśayenāyur EP] atīśayanāyur BL atiśayena āyur N₁N₂D₁U₁ om. U₂ vardhate cet.] vardhayate BL 4 °navama cet.] navamam B navamaś° U₁ bhedāḥ cet.] bheda N₂ kathyante cet.] kathyate LBN₂U₂ mahāśūnya° cet.] mahāśūnye LBN₁ om. U₂ °cakreti cet.] °cakram iti EP cakram iti LB om. U₂ saṃjñā cet.] om. U₂ tadupary EPB] tad upari cet. om. U₂ paraṃ cet.] om. BLU₂ kimapi cet.] kim api N₁N₂D₁U₁ om. U₂ 5 tasya cet.] tasya cakrasya N₁N₂D₁U₁ madhye tasya U₂ pūrṇagiri° EPBLU₂] pūrņagiri N₁N₂D₁ pūrņagire U₁ p**īṭham°** PBLU₂] pīṭha E om. cet. iti PU₂] iti saṃjñā BL om. cet. etādrśam cet.] etadrśam E ekādaśam U₂ nāma cet.] nāmah U₁ 6°cakramadhye cet.] °cakrasya madhye EPBL °cakrasya U2 °mukham cet.] ūrdhmukham EPL urdhvamukham U2 ūrdhvamukhem B atiraktavarnam cet.] iti raktavarnam ELB iti raktavarna° P ativarnam U₂ °**śobhāspadam** cet.] °śobhāspadam E °śobhanāsyadam U₂ anekakalyāṇapūrṇaṃ cet.] °pūrṇa° BN₂ ekaṃ cet.] eka° D₁ om. U₁ 7 vartate cet.] vartato B yasya cet.] yasya kamalasya U₂ manaso vacaso E] manasā vacasā PLBN₁N₂D₁ vacasā manasā U₁ manasā vācā U₂ na cet.] om. L gocaraḥ cet.] gocara N₂U₂ kamalasya cet.] kamala° P trikonarūpaikā E] trikonārūpā ekā cet. trikonārūpā eka N₁N₂

Philological Commentary: 2 °kāraṇāt pratyakṣaṃ niraṃtaraṃ: Even though every single witness at hand transmits the latter reading right after °*karaṇāt*, several considerations make it reasonable to conject that the original sentence is corrupted and was written without it. The main consideration to assume the corruption is that the syntactical units *pratyakṣaṃ nirantaraṃ* is ungrammatical in this construction. The second is that the sentence is way more meaningful without it. The third that two sentences later we get the phrase in a meaningful context. Due to the last consideration my best guess is an interlace at an early stage of transmission. **°manaso vacaso**: All manuscripts at hand share this usage of the instrumentals. Only the printed edition conjectures the forms into the exspected genitiv. I adopted the variant of the printed edition to arrive at a grammatically correct text.

वर्तते ॥ तत्कर्णिकामध्ये सप्तदशीएका निरञ्जनरूपा कला वर्त्तते । कोटिसूर्यसमप्रभं कलायास्तेजो वर्तते । परमुष्णभावो नास्ति । कोटिचन्द्रसमप्रभं शीतलपरं भावो नास्ति ।

अस्याः कलाया ध्यानकरणात् साधकस्य दुःखं न भवति । अत्र स्थाने ऽहं देवता ॥ सोहं शक्तिः ॥ आत्माऋषिः ॥ मोक्षो मार्गः ॥ अहं ब्रह्मोध्वं ॥ अहं चक्र इति ॥ अग्निचक्रे सकारो भवति ॥ प्राणी रूढो भवेजीव आरोहत्यवरोहित ॥ भवगुहा स्थानं ॥ पितं वर्णं ॥ कोटिसूर्यप्रतिकाशं तेजः ॥ सदोदिता प्रभा । । शिवो देवता ॥ मूलमाया शक्तिः ॥ हरात्मालयावस्था ॥ ध्वनिस्थिरानादात्मको ऽखण्डद्वनिः ॥ अघोरा मुद्रा ॥ मूला माया ॥ प्रकृतिर्देहः ॥ वाङ्मनो ऽगोचरः ॥ निःप्रपश्चः ॥ निःसंशयः ॥ निस्तरंगनिर्लेपलक्षं लयो ध्यानः समाधिः ॥ तदुपरि अनन्तपरमानंदस्य स्थानम् । तत्रोर्ध्यशक्तिः । एतादशी संज्ञा एका कला वर्तते । अस्याः कलाया ध्यानकारणात् पुरुषो यदिच्छति तद्भवति । राज्यसुखभोगवृतः । स्त्रीमध्ये विलासवतः संगीतिविनोदप्रेक्ष्यावतः एव पुरुषस्य प्रतिदिनं शुक्लपक्षे चन्द्रकलावत् कला वर्धते । पुण्यपापे ऽस्य शरीरस्य न रपृशतः । निरन्तरध्यानकरणात् निजस्वरूपप्रकाशसामध्यं भवति । दुरस्थमप्यर्थं समीप इव पश्यति ॥

¹ saptadaśī cet.] saptadaśireṇa LB **ekā** cet.] *om.* E **°samaprabhaṃ** cet.] samaprabhā LBU₂ samaprabha P sadrsaprabham U₁ 2 param EU₁U₂] param U₁ para N₂ parim cet. usnabhāvo cet.] uṣṇabhavo PLB auṣṇabhāvo D_1 udbhavo E "samaprabham $N_1N_2D_1$] "samaprabhā EPBU $_2$ "samam prabham U₁ om. L **šītalaparam** N₁D₁] šītalam param cet. šītalapara N₂ om. L **bhāvo** cet.] šītabhāvo EPB śītalabhāvo U₂ om. L 3 asyāh cet.] asyā N₂U₂ kalāyā dhyānakaranāt N₂U₁] kalāyāh dhyānakaranāt N₁D₁ kalāyā dhyānayogāt EBL kalāyāh dhyānayogāt U₂ kalādhyānayogāt P sādhakasya cet.] sādhaka° N₂ na cet.] om. BL sthāne scripsi] em. stāne U₂ 4 mokso scripsi] em. mokṣa° U₂ aham brahmordhvam scripsi] em. ham brahmordham U2 aham cakra iti scripsi] em. hamcakra iti U2 sakāro scripsi] em. sakaro U₂ bhavati scripsi] em. bhavatī U₂ 5 pitam scripsi] em. pita° U₂ sadoditā scripsi] em. sadoditaº U2 6 śivo scripsi] em. śīvo U2 harātmālayāvasthā scripsi] em. hara ātmālayāvasthā U₂ 'khandadvanih scripsi] em. khamdadhvani U₂ 7 mūlā scripsi] em. mūla° U₂ prakṛtir scripsi] em. prakṛti° U₂ layo scripsi] em. laya U₂ 8 dhyānaḥ samādhiḥ scripsi] em. dhyānasamādhi U₂ ananta° cet.] alaksa° U₁ sthānam cet.] stānam D₁U₂ sthānam vartate BL tatrordhvaśaktih EN₁U₂] tatordhvaśaktih P urdhvaśaktir U1 tatra ūrdhva śaktih D1 tatra ūrdhva śakti N2 rdhaśakti ardhaśakti BL etādṛśā cet.] etādṛśā U2 etādṛṣaṃ D1 ekādaśā PBL saṃjñā cet.] saṃjñakā U1 9 asyāḥ cet.] asyā U₁ tasyāh N₂ kalāyā cet.] kalāyāh N₂U₂ dhyānakāranāt cet.] dhyānakāranā D₁ tad bhavati $N_1N_2D_1$] tad bhavati vā U_1 om. cet. **rājyasukhabhogavṛtaḥ** D_1] rājyasukhabhogavataḥ $N_1N_2U_1$ tasya sukhabhogavatah EPU2 tasya-kham bhogavatam B tasya-sukham bhogavamtam L strīmadhye cet.] śrī strīmadhye N2 vilāsavatah cet.] vilāsavata° U2 vilāsavamtam LB 10 samgītavinodaprekṣyāvatah N₁D₁U₁] samgītavinodaprekṣāvatah PN₂ samgītavinodaprekṣāvata U₂ samgītam vinodavamtam preksāvamtāh B samgītavilāsavatah vinodapreksāvatah E samgītam preksāvatāh L eva PB] evam cet. eka U₁ °vat kalā EPLBU₂] vrddhivato N₁D₁ vrddhi vamto N₂ vrddhir U₁ vardhate EPN₁D₁U₁] vartate cet. punyapāpe cet.] punyapāpau U_1 om. P 'sya E] om. P asya cet. śarīrasya BL] śarīrena N₁N₂D₁U₁ śarīram EU₂ om. P

Philological Commentary: 2 saptadaśī: A *saptadaśī kalā* appears frequently in Śaiva literature. References need to be added here. 5 prāṇī: Find parallels of hemistich.

[Lakṣyayoga, the yoga of fixation]

इदानीं सुखसाध्यो लक्ष्ययोगः कथ्यते । अस्य लक्ष्ययोगस्य पश्चमेदा भवन्ति । १ ऊर्ध्वलक्ष्यम् । २ अधो लक्ष्यम् । ३ बाह्यलक्ष्यम् । ४ मध्यलक्ष्यम् । ५ अन्तरलक्ष्यम् ।

[1. Ūrdhvalakṣya - The upward directed fixation]

प्रथममूर्ध्वलक्ष्यं कथ्यते । आकाशमध्ये दृष्टिः । अथ च मन ऊर्ध्वं कृत्वा स्थाप्यते । एतस्य लक्ष्यस्य दृढीकरणात् परमेश्वरस्य तेजसा सह दृष्टेरैक्यं भवति । अथ चाकाशमध्ये यः कश्चिददृष्टः पदार्थो भवति । स साधकस्य दृष्टिगोचरे भवति । अयमेवोर्ध्वलक्षयः ।

1 na EBLU_2] om. $\operatorname{N}_1\operatorname{N}_2\operatorname{D}_1\operatorname{U}_1\operatorname{P}$ spṛśataḥ cet.] spṛśāt U_1 nirantaradhyānakaraṇāt cet.] niraṃtaraṃ dhyānakaraṇāt BL evaṃ puruṣaṣya pratidinaṃ niraṃtaraṃ dhyānakaraṇāt U_2 om. P nijasvarūpaprakāśasāmarthyaṃ cet.] nijasvarūpaṃ prakāśanasāmarthyaṃ EU_2 dūrastham apy arthaṃ $\operatorname{D}_1\operatorname{U}_1$] dūrastham api padārthaṃ BP dūrastham api parārthaṃ L dūrasthopi ca dūrasthavastu E dūrastham api $\operatorname{N}_1\operatorname{N}_2$ dūrastham api bhavati || dūrastham api padārthaṃ U_2 samīpa iva cet.] samīpam iva N_1 samīpaṃ iva N_2 samīpam eva U_1

1 sukhasādhyo cet.] "sādhya N₂ "sādho PB "sādhe L "sādhyopa" U₁ laksyayogah cet.] laksayogah BL °lakşayogah U₁ lakşanayogah N₂ asya EPBLU₂] om. cet. lakşayogasya cet.] lakşayogasya BLU₂ alaksayogasya U₁ laksanayogasya N₂ pañcabhedā cet.] pamcabhedāh L pamce bhedāh B bhavanti cet.] bhavaṃtī B bhavati N2U1 urdhvalakṣyam EP] ūrdhvalakṣam LBN2 urdhvalakṣya N1D1 urdhvalakşa N_2U_1 1-2 adholakşam EP] adholakşam BLU2 adholakşa N_1D_1 adholakşa N_2 om. U_1 2 bāhyalaksyam U₂] bāhyalaksya N₁D₁ bāhyalaksa N₂ bāhyalakya U₁ bāhyaksam B laksyam E madhyalaksyam P madhyalaksam L madhyalaksyam scripsi] em. madhyalaksya N₁D₁ madhyalaksa N₂U₁ madhyalakşam U2 bāhyalakşyam EP bāhyakşam L om. B antaralakşyam EP] antaralakşya N1D1U1 amtaralakşam BL antaralakşa N2 sarvalakşyam U2 3 prathamam EP] prathamam N1N2D1U1U2 atha L athama B **ūrdhvalakşyaṃ** E] ūrdhvalakşyaḥ P urdhvalakşya U₁ ūrdhvalakşaṃ L urdhvalakşaṃ U₂ urdhvalakşaḥ N₁N₂D₁ urdhalakşaṃ B kathyate cet.] om. LB ākāśamadhye cet.] om. P dṛṣṭiḥ cet.] drsti B om. P atha ca PN₁N₂U₁] atha vā LBD₁ atha U₂ kadā ca E mana ūrdhvam EPN₂] mana urdhvam N₁U₂ mana ūrdham D₁ manerddhvam U₁ ūrdhvam mana L ūrdhvamana B **sthāpyate** cet.] sthāpayati E 4 laksyasya EPN1] laksasya cet. laksanasya N2 drdhīkaranāt cet.] drdhakaranāt EP drdhīkrtvā LB **tejasā** cet.] tenasā U₂ teja° LB **drster-aikyam** EPU₁U₂] drsteh aikyam N₁D₁ drsteh ekam N₂ dṛṣṭair aikā LB atha cet.] athā B cākāśa° EPBU₂] ca ākāśa° N₁D₁U₁ vākāśa° L ākāśa° N₂ kaścid adrstah cet.] kaccid drstah L kaccit drstah B kaścita adrstah N₂ kaścid drsta^o U₂ 5 padārtho cet.] padārthe N₁ padārtha N₂ sa cet.] om. LBN₂U₂ drstigocare D₁N₁U₂] drstigocaro cet. drstigocarā N₂ **bhavati** cet.] bhavatī B **evordhvalakṣyaḥ** EPD₁U₁] °lakṣaḥ L evordhalakṣaḥ B °lakṣya N₁U₂ eva vodhalaksanam N₂ **6 athādholaksyah** *scripsi*] *em.* atha adholaksyah N₁ athādholaksah PL athādholakṣa B atha adholakṣanaḥ N2 atha adholakṣaḥ D1 atha adholakṣa U1 om. EU2 nāsikāyā cet.] nāsikāyāḥ EU₂ upari cet.] upariṣṭāt U₂ dvādaśāṃgulaparyantaṃ cet.] °mūlaparyantaṃ E daśāṃgulaparyaṃtaṃ U₂ dṛṣṭiḥ cet.] dṛṣṭi U₁ atha vā cet.] om. LB nāsikāyā cet.] nāsikāyāḥ U₁ nāsika N2 agre cet.] om. LB

Philological Commentary: 1 lakṣyayogasya: The designation of this type of yoga is transmitted in various variants. Given the list of the 15 yogas at the beginning of the text it is very likely that the correct name of the yoga is *lakṣyayoga* and not *lakṣayoga* or *lakṣanayoga*.

[2. Adholakṣya - The downward directed fixation]

दृष्टिः स्थिरा कर्त्तव्या । लक्षद्भयस्य दृढीकरणादृष्टिः स्थिरा भवति । पवनः स्थिरो भवति । आयुर्वर्द्धते । एत द्भयमेव बाह्यलक्ष्यमपि कथ्यते । बाह्याभ्यन्तरमाकाशवत् शून्यलक्ष्यः कर्त्तव्यः । जाग्रदृशायां चलनदृशायां भोजनदृशायां स्थितिकाले सर्वस्थाने शून्यस्य ध्यानकारणात् मरणत्रासो न भवति ।

[The Rājayogin's Body]

इदानीं राजयोगयुक्तस्य पुरुषस्य यच्चरीरचिह्नं तत् कथ्यते।

इसर्वत्र पूर्णो भवति । पृथिव्यां दूरं न तिष्ठति । पृथिवीं व्याप्य तिष्ठति । यस्य जन्ममरणे न स्तः । सुखं न भवति । दुःखं न भवति । कूलं न भवति । शीलं न भवति । स्थानं न भवति । अस्य सिद्धस्य मनोमध्ये ईश्वरसंबन्धी प्रकाशो निरन्तरं प्रत्यक्षो भवति । स च प्रकाशो न शीतो न चोष्णो न श्वेतो न पीतो स्प्ब

1 dṛṣṭiḥ cet.] dṛṣṭiº N2 sthirā cet.] om. LB karttavyā cet.] om. LB lakṣadvayasya cet.] laksadūyasya E drdhīkaranād N2] drdhīkaranāt ELN1D1U1U2 drstīkaranāt P drdhīkaranān B drstih cet.] drsti° LN₂U₂ sthirā cet.] sthiro B °sthiro L bhavati cet.] bhavatī B pavanaḥ EPN₁D₁] pavana° N₂U₁U₂ om. LB sthiro cet.] om. LB bhavati cet.] om. LB 1-2 etad dvayam PLN₂] etad dūyam E etad dvayadvaya B etat advayam N₂D₁ etat dvayam U₁U₂ 2 eva N₁N₂D₁U₁] api cet. bāhyalakṣyam EPU_1U_2] °lakṣam cet. api $N_1N_2D_1U_1$] eva $EPLBU_2$ kathyate $N_1N_2D_1U_1$] bhavati EPLU₂ bhavatī B **bāhvābhvantaram** N₂] bāhvo bhvamtaram N₁D₁ bāhvābhvamtare PLBU₁U₂ bāhyāṃtara E $\,$ ākāśavat $N_1N_2D_1U_1]$ ākāśacvat B ākāśacen L ākāśe cet PU_2 ākāśe E $\,$ śūnyalakṣyaḥ N₁D₁U₁] śūnyalakṣyaṃ EPU₂ śūnyalakṣaḥ N₂ śūnyaṃ lakṣaṃ LB **karttavyaḥ** cet.] karttavyā LB jāgraddaśāyām cet.] jāgraddaśāyām N₂ jāyadaśāyām N₂ jāgradādidaśāyām LB **calanadaśāyām** cet.] cakabadaśāyām N₁ **3 bhojanadaśāyām** cet.] bhojanam daśāyām P om. U₁ **sarvasthāne** cet.] sarvasthāneşu LB **maraṇatrāso** N_1D_1] maraṇatrāso N_2 maraṇasautrām U_1 om. EPLBU₂ **na** cet.] om. EPBU₂ bhavati N₁N₂] bhavati || śūnya D₁ bhavati vā U₁ om. cet. 4 puruṣasya cet.] om. E yac carīracihnam N₁D₁P] yat śarīracinham U₂ śarīre yac cihnam E yac charīre cinham U₁ yac charīracihūm N₂ cinhnaṃ LB tat EN₁N₂D₁] tata U₁ om. cet. 5 sarvatra° N₁N₂D₁U₁] tatsarvatra° cet. °pūrņo cet.] pūrnā PN₂ bhavati cet.] bhavatī B pṛthivyām scripsi] conj. pṛthivyāh cet. pṛthivyā U₂ om. LB dūram U₂] dūre EN₁D₁ ddūre U₁ dūra N₂ om. LB na tiṣṭhati scripsi] conj. tiṣṭhati cet. om. LB **pṛthivīṃ** scripsi] pṛthivyāṃ E pṛthi° P pṛthvāṃ N₁ pṛthvīṃ N₂D₁ pṛthivyā U₂ om. LBU₂ vyāpya cet.] vyāti U₂ om. LBU₁ tiṣṭhati cet.] om. LBU₂ yasya cet.] om. LBU₁ janmamaraņe cet.] jananamaraṇe U_2 om. LBU $_1$ na cet.] om. LBU $_1$ staḥ cet.] om. LBU $_1$ sukhaṃ cet.] om. LBU $_1$ $\textbf{na} \ \text{cet.} \] \ \textit{om.} \ \ LBU_1 \quad \textbf{6 bhavati} \ \text{cet.} \] \ \textit{om.} \ \ LBU_1 \quad \textbf{duḥkhaṃ} \ N_1N_2D_1 \] \ \textit{om.} \ \ \text{cet.} \quad \textbf{na} \ N_1N_2D_1 \] \ \textit{om.}$ cet. **bhavati** $N_1N_2D_1$] om. cet. **kūlaṃ** $PN_1N_2D_1$] kulaṃ BU_2 kalaṃ L om. EU_1 **na** cet.] om. EU_1 bhavati cet.] bhavatī BU2 om. EU1 śīlaṃ cet.] śītalaṃ P om. ELB na cet.] om. ELB bhavati cet.] om. ELB sthānam cet.] om. ELB na cet.] om. ELB bhavati cet.] om. ELB asya cet.] om. E siddhasya cet.] siddhasyam pṛthivī vyāpya tisṭhati yasya yanma maraṇai na saḥ sukham na bhati kulam na bhavati śīlam na bhavati sthānam na bhavati asya siddhasya U1 om. E manomadhye cet.] om. E 7 iśvarasambandhi cet.] iśvaram sambamdhi B om. E prakāśo cet.] prakāśaḥ N₁N₂D₁U₁ om. E nirantaram cet.] nirattaram U2 om. E pratyakso cet.] prakyaksa N1 om. E bhavati cet.] bhavatī B om. E cosno cet.] ...o U₁ śveto cet.] kheto N₂U₁ na pīto cet.] pīto na U₂

Philological Commentary: 6 asya siddhasyam: U1 repeats the whole section from pṛthivī to ... sthānam na bhavati due to an eyeskip in the process of copying.

भवति । तस्य न जातिर्न किञ्चिचिह्नं । अयं च निष्कलो निरञ्जनः । अलक्ष्यश्च भवति । अथ च फलद्धन्दे न कामिन्यादेर्यस्येच्छा न भवति । तं तं भोगं प्राप्नोति । अथ वा यस्य मन एव स्थाने ऽनुरागं न प्राप्नोति ।

[Other Attributes]

अन्यद्राजयोगस्य चिह्नं कथ्यते।

यस्य राज्यादिलाभे ऽपि फललाभो न भवति । हानाविप मनोमध्ये दुःखं न भवति । अथ च तृष्णा न भवति । अथ च कस्मिन्निप पदार्थे प्राप्ते कस्यापि पदार्थस्योपर्यनिच्छा न भवति । अस्मिन्निप पदार्थे मनसो ऽन्तरागो न भवति ।अयमपि राजयोगः कथ्यते ।

अथ च यस्य मनः श्रुतिविद्वत्पुरुषे मित्रे शत्रौ च समं भवति । दृष्टिश्चच समा भवति । सकलपृथ्वीमध्ये

1 bhavati cet.] bhavatī LB jātir cet.] jāti D₁N₂ jānāti U₂ kiñcic cihnam cet.] °cihnam E °cihūm D₁N₁N₂ kimcit khecha cinhaṃ U₁ na kimcit cinhaṃ U₂ ayaṃ cet.] vyayaṃ LB niṣkalo cet.] nīṣkalo BU₂ nihkalo U₁ alaksyaś cet.] alaksyah U₁U₂ alaksaś LBN₁N₂ ca cet.] om. U₁U₂ bhavati cet.] bhavati B **phaladvande** E] phalacamda PD₁U₂ phalam camda U₁ phalavamda L phalam jamda B phalacamdra N₁ phalam/ camdra N₂ na cet.] om. N₂ 2 āder cet.] āde D₁ ādar B ādir L vasvecchā E] yasyochā P yasya L yasye B yasya yasyecha N_1N_2 yasya yasyechā D_1 yasya yam U_1 yasye chā U_2 na EPLB] om. cet. bhavati cet.] bhavatī B tam tam D₁N₁N₂] tatam U₁ om. cet. bhogam prāpnoti $D_1 N_1 N_2 U_1$] om. cet. atha $D_1 N_1 N_2 U_1$] om. cet. vā yasya D_1] vā sya N_1 vā syamana N_2 vā svāmana U_1 om. cet. mana $D_1N_1N_2U_1$] om. cet. eva $D_1N_1N_2U_1$] etata U_1 om. cet. sthāne $D_1N_1N_2U_1$] om. cet. 'nurăgam $D_1N_1N_2$] nurăgam U_1 om cet. na prăpnoti $D_1N_1N_2U_1$] om. cet. 3 anyad EN₂] anyat N₁D₁U₁U₂ anyate LB om. P rājayogasya cet.] rājayoga° U₁ om. P cihnaṃ E] cinham LBN₁U₂ cimhum N₂ cihum D₁ om. P kathyate cet.] om. P 4 yasya cet.] om. P **rājyādilābhe** EN_1D_1] rājā° LB °lobhe N_2 °lābe U_1 °lābho U_2 om. P '**pi** EN_1D_1] 'pi ca N_2U_1 ty LB om. PU_2 phalalābho $EN_1D_1N_2$] pala° U_1 aphala° LB om. PU_2 na bhavati $ED_1N_2U_1U_2$] na bhavatī LBba bhavati N₁ om. P hānāv cet.] hānād U₂ nahanād PL om. P api cet.] pi LBN₂ om. P bhavati cet.] bhavatī LB atha ca cet.] om. P trsnā cet.] om. P na cet.] om. P 5 bhavati cet.] bhavatī B om. P atha ca cet.] om. P api D₁U₁] na LB pi N₁N₂ adhi U₂ om. EP padārthe cet.] padārtho L padārthau B padārtha[°] U₂ om. EP **prāpte** cet.] prāpta N₁ om. EP **kasyāpi** cet.] kābhyādi U₂ om. EP padārthasyopary E] padārthasyopari LB padārthopari U2 padārthasya upari cet. om. P anicchā E] ānīcha L ānīchā B anusthā N1 anichā D1 anisthā N2 aniṣṭā U1 anicha U2 na cet.] ni B om. PD₁ bhavati cet.] bhavamti N₁D₁ om. P asminn cet.] kasmin EU₂ api cet.] om. ELB manaso EPLB] manasah N₁D₁N₂U₁ manasa U₁ om. U₂ 6'nurāgo EPLB] anurāgo cet. na bhavati EPU₂] na bhavatī LB bhavati cet. ayam cet.] atham P atha L api cet.] sama L rājayogaḥ cet.] rājayoga N₂U₂ 7 ca cet.] caḥ E yasya cet.] ya D₁ śrutividvat scripsi] munividvat E śunividvat P bhunividvat L śrunividvat BU₁ śrutividyut $N_1N_2D_1$ śuciviśuddha° U₂ puruşe cet.] puruşeşu E mitre cet.] maitre EPLB śatrau cet.] śatro B om. E drstiś cet.] om. LB ca cet.] om. LB samā cet.] namnā P om. LB **bhavati** cet.] om. LB **sakalapṛthvīmadhye** cet.] °pṛtvī° L

Philological Commentary: 6 na bhavati: P and U2 add ayam api padārthe anurāgo na bhavati || after this sentence, which is clearly a corruption.

गमनागमनवतः सुखभोगवतः यस्य मनसि कर्तृत्वाभिमानो नास्ति । अनुचरलोकमध्ये कर्तृत्वं न ज्ञापयति । सो ऽपि राजयोगः कथ्यते ।

नवीनानि पट्टसूत्रमयानि धृतानि वस्त्राणि अथ वा जीर्णानि सच्छिद्राणि धृतानि कस्तूरीचन्दनलेपैर्वा वा कर्दमलेपेन वा यस्य मनसि हर्षशोकौ न स्थौ स एव राजयोगः ।नगरमध्ये ऽथ च वनमध्ये उद्वसग्राममध्ये 5 लोकपूर्णग्राममध्ये वा यस्य मन ऊनं न पूर्णं वा न भवति । सो ऽपि राजयोगः ।

[Description of Caryayoga]

इदानीं चर्यायोगः कथ्यते । निराकारो ऽचलो नित्यो ऽभेद्यः स एतादृश आत्मा स एतादृश आत्मिन मनो यस्य निश्चलं तिष्ठति । तस्यात्मनः पण्यपापस्पर्शो न भवति । उदकमध्ये स्थितस्य पद्मिनी पत्रस्य यथोदकस्य स्प्ब

 ${f 1}$ gamanāgamanavata ${f h}$ P ${f J}$ gamanāgamanavat U ${f 2}$ gamanāgamanata ${f h}$ LB gamanavata ${f h}$ EN ${f I}$ U ${f 1}$ gamana ${f m}$ vatah D₁ gamavatah U₁ sukhabhogavatah cet.] sukhabogho bhavatah LB sukho bhogavatah U₁ sukhabhogavat U₂ kartṛtvābhimāno EPU₁U₂] kartutvābhimano B kartu tvābhimano L kartṛtvādyabhimāno N₁N₂D₁ anucara LB] anuca° N₁N₂D₁U₁U₂P anucara° LB atha ca E lokamadhye cet.] °madhya LB kartrtvam na EPD₁N₂U₂] kartrtvābhimano LB kartrtvam N₁U₁ jñāpayati EPN₁N₂U₂] jñātva payati D₁U₁ nāsti LB **2 rājayogaḥ** EPN₁] rājayoga cet. **3 navīnāni** cet.] navīnīnīś pī L navinīnīr api B patta° ELB] pata° PN₁D₁N₂U₂ pada U₁ mayāni cet.] maya E dhṛtāni cet.] tāni U₁ vastrāņi cet.] om. U2 sacchidrāņi N1N2D1] sachidrāņi U2 sachadrāņi P svachidrāņi LB chidrāņi E dhṛtāni cet.] dhvātāni U2 dhūtāni P kastūrī EPBU2] kasturī L kasturikā N1N2D1U1 candana° E] camdana° cet. lepair E] lepo cet. vā cet.] cā L 4 kardamalepena E] kardamalepo cet. vā cet.] om. E "śokau cet.] "śoko N₁D₁U₂ "śoka N₂ sthau scripsi] em. sthaḥ cet. sthā N₂U₁ sta U₂ sa eva cet.] sa evātra E rājayogah cet.] rājayoga U2 rājayogah || idānīm || LB tisthati E nagaramadhye cet.] rājayogaḥ nagaramadhye E ṣagaramadhye D₁ vā nagaramadhye U₁ 'tha ca PLBU₂] atha ca EN₁N₂D₁U₁ udvasa° U₂] yuddhe sam° E utasam° P udvasta° LB udvesū° N₁N₂D₁ udassam° U₁ grāmamadhye cet.] grāmam madhye B 5 lokapūrnagrāmamadhye U₁]pūrnagrāmamadhye N₁ svetapūrņagrāmamadhye D₁N₂ mana PU₂] manaḥ cet. **ūnaṃ** PN₁N₂U₂] ūnan D₁N₂ unaṃ LBU₁ bhaya° E na N₁N₂D₁] om. cet. vā cet.] vām PU₂ om. U₁ 'pi scripsi] em. pi cet. rājayogah cet.] rājayogah kathyate E 6 caryāyogah cet.] tvaryāyogah U₁ yogah E nirākāro EPLBU₁] nirākālo N₁N₂D₁ nirvikāro U₂ 'calo PU₂] calo LB nityo N₁N₂D₁U₁ om. E nityo EPLBU₂] calo cet. 'bhedyah EN₁N₂D₁] bhedhyah PLB abhedhyah U₁ 'bhedyha U₂ etādrśa PLB] etādrśah EN₁N₂D₁U₁ etādṛśā U_2 **ātmā** cet.] ātmani EU_2 sa LB] om. cet. etādṛśa N_2] etādṛśo PU_1 etādṛśe LN_1D_1 etādṛśye B om. EU₂ ātmani cet.] om. EU₂ mano EPU₁U₂] manaḥ N₁N₂D₁ om. LB 7 yasya cet.] om. LB niścalam cet.] niścala PLN₂ tiṣṭhati cet.] bhavati U₁ tasyātmanaḥ cet.] tasya ātmanaḥ U_1U_2 **puṇyapāpasparso** cet.] puṇyapāsya sparso U_1U_2 **padminī patrasya** cet.] padmanī patrasya PLB padmapatre E 7-26.1 yathodakasya sparśo EPL] yathodakasya sparśā B yathā udakasparśo N₁N₂D₁U₁ yathodakasparśo U₂

Philological Commentary: 4 °tisthati: E adds yasya janmamarane na stah sukham na bhavati | kulam na bhavati | sthanam na bhavati | here, which seems to be a dittography of previous sentences.

स्पर्शो न भवति तथैवात्मिन । यथाकाशमध्ये पवनः स्वेछया भ्रमित तथा यस्य मनः निराकारमध्ये लीनं भवति । स एव चर्यायोगः॥

[Description of Hathayoga]

इदानीं हठयोगः कथ्यते।

उ रेचकपूरककुंभक इत्यादिप्रकारेण पवनस्य साधनं कर्तव्यम् । अथ च धौत्यादिषद्भर्मकारणात् शरीरस्य शुद्धिर्भविति । सूर्यनाडीमध्ये पवनः पूर्णो यदा तिष्ठति । तदा मनो निश्चलं भवित । मनसो निश्चलत्वे आनन्दस्वरूपं प्रत्यक्षं भासते । हठयोगकरणात् मनः शून्यमध्ये लीनं भवित । कालः समीपे नागच्छिति ।

इदानीं हठयोगस्य द्वितीयो भेदः कथ्यते।

 अपादादारभ्य शिरः पर्यन्तं स्वश्ररीरे कोटिसूर्यतेजः समानं पीतं नीलं रक्तं किंचिद्रूपं चिन्त्यते । तद्ध्यान कारणात् सकलांगे रोगः न भवति । ज्वरनं न भवति । आयुर्वृद्धिर्भवति ॥

[Description of Jñānayoga]

इदानीं ज्ञानयोगस्य लक्षणं कथ्यते।

¹ bhavati cet.] bhavatī B kāśamadhye EP] 'kāśamadhye U₂ ākāśamadhye cet. pavanaḥ svechayā cet.] pavanasvachayā N₁N₂D₁ bhramati cet.] brahmayati U₁ yasya manaḥ cet.] yamanaḥ D₁ pavana° N₂ 2 bhavatī cet.] bhavatī B caryāyogaḥ cet.] kriyāyogaḥ N₁N₂D₁U₁ 3 haṭhayogaḥ PLN₁D₁U₁] haṭhayoga U₂ haṭayoga B grahayogaḥ E 5 ityādi cet.] ityādhi° N₂ pavanasya sādhanaṃ cet.] pavanasādhanaṃ EP kartavyam ELB] kartavyam cet. ca cet.] om. U₁ dhautyādi cet.] dhotyādi B vidhotyādi U₁ 6 sūryanāḍīmadhye cet.] sarvasūryanāḍīmadhye B pavanaḥ pūrṇo cet.] pavanapūrṇo LB pvanaḥ pūrṇo N₂ yadā tiṣṭhati cet.] yadāti LB mano cet.] manaḥ N₁N₂D₁U₁ niścalaṃ cet.] niścalo PLB manaso cet.] manasaḥ N₁N₁D₁U₁ niścalatve cet.] iniścalatvena E 7 ānandasvarūpaṃ cet.] ānaṃdaṃ svarūpaṃ LB ānandaṃ svarūpaṃ P ānandarūpaṃ E bhāsate cet.] bhāṣate N₂U₁ haṭha° cet.] haṭa B yoga° cet.] yogā° B karaṇāt cet.] kāraṇāt EPLB manaḥ cet.] mana N₂ Iīnaṃ cet.] sthānaṃ U₂ kālaḥ cet.] kālā° B kāla° N₂U₁ kāsaḥ U₂ nāgachati cet.] nāma gacchati B nāgachaṃti D₁ ti nāgachati U₁ 9 haṭhayogasya cet.] haṭayogasya BU₁ haṭhayoga° P dvitīyo cet.] dvitīya° PLD₁ dvitīyaṃ B bhedaḥ cet.] bhedāḥ LB kathyate cet.] kathyante LB

	एकमव जगत्पश्याद्वश्वात्मासु विभाखर । अविकल्पतया युक्त्या ज्ञानयोगं समाचरेत् ॥१॥	1 2
	यत्र तत्र स्थितो वापि सर्वज्ञानमयं जगत्। य एवं वेत्ति बोधेन सो पि ज्ञानाधिकारवान्॥२॥	1 2
5	प्रामोति सांभवीसत्तां सदाद्वैतपरायणः । यथा न्यग्रोधबीजं हि क्षितावुप्तं द्रुमायते ॥३॥	1 2
	एकान्तं नैकधा स्वेन दृश्यते दृशधा कृतं। मूलाङ्कुरस्य चोदृण्डाः शास्त्राकुण्डलपल्लवाः ॥४॥	1 2
10	स्नेहपुष्पफलं बीजे विस्तारो ऽयं स्वभावतः। तथासौ निर्मलो नित्यो निर्विकारो निरंजनः॥५॥	1 2
	एको नैकः स्वयंभूश्च स्वधाम्ना बहुधा स्थिताः । पंचतत्त्वमनोबुद्धिमायाहंकारविक्रियाः ॥६॥	1 2 hpt

एवं दशविधा विश्वं लोकालोकसविस्तरम्। एक एव न चान्यो स्ति यो जानाति स तत्त्ववित्।इ७॥

1 2

3

पृथ्वीवनस्पितपर्वतादिस्थावररूपः संसारः । मनुष्यहस्तेश्वपक्षीत्यादिको जंगमरूपः संसारः । अथ च यो इष्टिविषयः स दृश्य उच्यते । यो दृष्ट्या न वीक्ष्यते स अदृष्य इत्युच्यते । एवं संसारस्य स्वात्मनो भेदं दूरीकृत्यं ऐक्येन दुर्शनं स एव ज्ञानयोगः । तस्य कारणात् कालः शरीरनाशं न करोति ।

इदानीं स्वभावभेदः कथ्यते।

यथा वटबीजं वटरूपेण परिणमते स तत् दशधा भेदं स्वभावत एव प्रामोति। मूलांकुरत्वग्दण्डशास्त्रा किलकापल्लवपुष्पफलस्नेहा इति भेदो दशधा प्रामोति। तथा निर्मलो निर्विकारः निरंजन एक एतादृश आत्मस्वभावाद एव पृथ्व्यापतेजोवाय्बाकाशमनोबुद्धिमायाविकाररूपाभेदान् प्रामोति।

Testimonia: 1 ekam eva] Ysv: ekam eva jagat paśyed viśvātmā viśvabhāvanaḥ | iti kṛtvā tu vai yukto jñānayogaṃ samācaret || 3 yatra yatra] Ysv: yatra tatra sthito vāpi sarvajñānamayaṃ jagat | ya evam asti bodhena so'pi jñānādhikāravān || 5 prāpnoti] Ysv: prāpnoti śāmbhavīmantrān sadā nityaparāyaṇaḥ | yathā nyagrodhavījaṃ hi kṣitau vaptur drumāyate ||

1 eva cet.] evā LB jagat cet.] cayat P paśyed cet.] paśyad B viśvātmāsu PLB] viśvāvasu E dviśvātmāsu N₁D₁N₂U₁U₂ 2 avikalpatayā cet.] āvikalpatayā U₁U₂ yuktyā cet.] yuktā LB 3 vāpi cet.] himsa° U₂ 4 ya evam cet.] evam U₁U₂ vetti cet.] vette na U₁ ve B jñānādhikāravān cet.] jñānādhikāranāt E **5 prāpnoti** cet.] *om.* E **sāmbhavīsattām** D₁U₁U₂] śāmbhavīm sattām PB śāmbhavīm sattān L sāmbhavīm satta N₁ sāmbhavīsattā N₂ om. E sadādvaitaparāyaṇaḥ cet.] sadāmdvaita° U₁ om. E 6 yathā cet.] om. E nyagrodhabījam cet.] °vījam N₁N₂D₁ °vīja L om. E hi cet.] om. E kşitāv cet.] kşitī B kşitāptā U₁ om. E uptam drumāyate cet.] uptam drumāyate likām pa..vāḥ P utpadyate yathā L utpadyate B ukta drumāyate U₁ om. E 7 ekāntaṃ cet.] ekānte BL yekāmtam U₁ om. P naikadhā cet.] naikadā E nekadhā BL om. P svena cet.] śveta N₁ śvetana D₁N₁ om. P drśyate cet.] drśyamte BL drśyet N₂ om. P daśadhā EN₁N₂] conj. daśadhā EN₁N₂ daśadhāt BL śadhā N_2U_1 om. P kṛtaṃ scripsi] em. kṛtaḥ EL kṛtā $N_1N_2D_1U_1$ kṛptā B kṛtiḥ U_2 om. 8 mūlāṅkurasya E] mūlāmkurutva cet. om. P coddandāh EN₁U₂] codarātah D₁N₂ kudamjah B kudamda L om. P **śākhākuṇḍalapallavāḥ** E] śākhākilekālapallavā BL śāvārakumbhalapallavaḥ N₁U₁ śākhākumbhalapallavā N₂ śālavākumapadrtravā D₁ śākhākusumapallavāh U₂ om. P 9 snehapuspaphalam $PN_1N_2D_1U_2$] snehe puşpaphala $^\circ$ BL snehapuşpam phala U_1 srehapunyaphalam E bije cet.] bīja BL vīje N₂ vistāro cet.] vistārā N₁D₁ 'yam EPN₁N₂U₂] ya BL yaḥ U₁ yasya D₁ svabhāvataḥ cet.] svabhāvatāḥ BL bhāvataḥ D₁ 10 tathāsau cet.] yathāsau B tathāpasau P nirmalo cet.] nirmalau P 11 eko cet.] yeko U₁ naikaḥ scripsi] em. naika U₁ naiko U₂ nekaḥ cet. neka BN₂ svayaṃbhūśca cet.] svayambhūtyā U₁ svadhāmnā PU₂] dhāmnā ca E dhāmnāya B svadhābhāva L svayāmmnā N₁ svadhā..sa D₁ svadhāmnāva N₂ svabhāvā U₁ sthitāh PLD₁] sthitah cet. 12 pamcatattvamanobuddhimāyāhamkāravikriyāh E] °buddhir PU1 °kriyā° BL °buddhir māyāhamkāravikriyā N1N2D1U2

Philological Commentary: 5 ektāntam: The remaining verses of the *jñānayoga*-section are not found in the Ysv.

npb

ज्ञानयोगप्रभावादेक एव आत्मा इति निश्चयो भवति।

यथैकैकः पृथ्वी क्वचित् कोमल्रूपा ॥ क्वचित् मनोहरूपा ॥ क्वचित् परिमल्रूपयुक्ता ॥ क्वचित् परिमल्रुहिता ॥ क्वचित् सुवर्णरूपा ॥ क्वचित् रौप्यरूपा ॥ क्वचिद्गत्मयी ॥ क्वचित् श्वेता ॥ क्वचित् कृष्णा । । क्वचिद्गता ॥ क्वचित् पीता ॥ क्वित् कर्बुरा ॥ क्वचिद्गानाविधफल्रुपा ॥ क्वचिद्गुष्परूपा ॥ क्वचित् ॥ त्रथेवात्मा मनुष्यपिक्षहिरणहस्तीविद्याधरगंधविकत्ररमहापण्डितमहामू र्खरोग्यरोगीक्रोधीशान्तरूपः स्वभावादेव भवित ॥ ज्ञानयोगाद्विकार रूपरिवतो ज्ञायते ॥ यथा फल्रस्योत्प त्तिस्थानमेकमेव भवित । अथ च फल्रस्य गतिर्बिह्धा दृश्यते ॥

एकं फलं पृथ्वीमध्ये पतिति । शुक्लं भवति । एकस्य फलस्य मकरंदं भ्रमरः पिबति । एकस्य फलस्य मालां कामिनी तुङ्गकुचमंडलोपिर द्याति । एकं फल ममृत अनुष्णोपिर क्षिप्यते । के ते ऽष्टौ भोगाः

hpb

¹ daśavidhā viśvam BLN₂] daśavidham viśvam EPN₁D₁U₂ daśavidhaviśvam U₁ lokālokasavistaram cet.] °savistarām N₁ °loke savistaram U₂ 2 eka cet.] ekam U₂ eva cet.] yeva U₁ 4 pṛthvī° cet.] prthivī° U_1 °vanaspati° EN_2U_2] vanaś° P °patī° $BLN_1D_1U_1$ °parvatādisthāra° $PBLU_2$] °parvatādisthāra° E °parvvate tyādisthāvara° N1 °parvate 'thyādisthāvara° N2 °parvato tyādisthāmvara° D1 °parvate 'thyādisthāvara' N2 °parvate iyādisthāvara' U₁ **rūpah** cet.] rūpā LB rūpa N2 **samsārah** cet.] samsāra' EU₁ "hasteśvapakṣītyādiko BL] "hastyaśvapakṣītyādiko E "hastīaśvapakṣītyādiko N₁D₁ "hastipakṣītyādiko N₂ °hastiasvapakṣītyādiko U₁ °hasttyaś ca pakṣītyādiko U₂ **jaṃgamarūpaḥ** cet.] °rūpā L jamgamah rūpah D₁ jagad^o U₁ samsārah cet.] samsāro U₁ ca cet.] vā D₁ vo cet.] yah U₁ ya N₁N₂D₁ 5 drsti cet.] ddrsti LN₁ dasti B dārsti D₁ drśya cet.] drśyad N₁ drsy° U₁ drstyā cet.] dyā N₂ ity° cet.] ty° LB śaty° N₂ saṃsārasya cet.] saṃsāra° PLU₂ svātmano EPBL] svātmanaḥ N₁D₁N₂U₁ svātmanoḥ U₂ bhedaṃ cet.] bheda B bhedāṃ D₁N₁ 6 dūrīkṛtyaṃ U₂] °kṛtya cet. °kṛty E aikyena P] aikam eva E aikyona PBL ekyena N₁D₁ ekena N₂ ekānta U₁ ekye U₂ sa eva E] om. cet. jñānayogaḥ cet.] jñānayoga U₂ tasya cet.] gatasya U₁ kāraṇāt cet.] dhyānakaraṇāt U₁ kālaḥ cet.] kāla° U₁ na cet.] om. N₂U₂ 7 idānīm cet.] idānī B svabhāvabhedaḥ PU₂] svā° BL tasyabhedaḥ E °bhedaṃ N₁D₁ °bheda N₂ °bhedāḥ U₁ 8 vaṭabījaṃ PN₁D₁U₁] °bījam E °bīja° U₂ °bījena BL vatha° N₂ vațarūpeņa cet.] rūpeņa LB pariņamate BLU2] pariņāte P pariņatam cet. sa tat U1] sa tu N2 satṛ N₁ sat EP śata BL sa D₁U₂ daśadhā cet.] dṛśadhā P dasat U₂ bhedaṃ cet.] om. U₂ svabhāvata cet.] svabhāva BL om. U2 eva cet.] om. U2 prāpnoti cet.] prāpnotī BLU1 8-9 mūlāmkuratvagdandaśākhākalikāpallavapuspaphalasnehā E] mūla amkuratvakdamdaśākhākilpikāpallavā puspaphalasneha P mūlam amkuratvakdamdaśākhākilakālapallavā || vistāroyam svābhāvataḥ B mūlam aṃkuratvakdaṃdaśākhākilāpallavā || vistāroyaṃ svābhāvataḥ || L mūlāṃ aṃkuratvakdaṃḍaśākhāṃ kalikāpallavapuspaphalasneha | N₁ mūlāmkuratvakdandaśākhām kalikāpallavapuspaphalasneha N₂ mūlāmkuratvakdandaśākhām kalikāpallavapuspaphalasneham D₁ mūlāmamkuratvakdandaśākhākalikāpallavapuşpaphalasneha U₁ om. U₂ 9 iti cet.] om. U₂ bhedo daśadhā N₁D₁N₂U₁] daśabhedān EPLB om. U₂ prāpnoti cet.] prāpnotīti P om. U₂ tathā cet.] yathā EU₂ nirmalo EBL] nirmalaḥ cet. niramjana E] niramjanaḥ cet. eka cet.] ekaḥ N₁N₂U₁ etādṛśa E] etādṛśaḥ N₁N₂U₁ 10 ātmasvabhāvād cet.] ātmā° E prthvyāpatejovāybākāśamanobuddhimāyāvikārarūpābhedān N₁] pṛthivyap° E °bhedāna BL pṛthvyetetejovādvyākāśa° P pṛthvīpate | jīvīkāśamanobuddhir māyāvikārarūpabhedāt D₁N₂ prthakte jīvāyuvākāśamanobuddhir māyāyāvikārarūpabhedāt U₁ prthvyaptejovāyyākāśa || manobuddhimayāvikārarūpabhedā U₂

पट्टसूत्रमयानि वस्त्राणि १॥ पंच वा सप्त वा शालिकायुक्तानि हर्म्याणि तेषु वास्तु २॥ अतिविपुला मृदूत्तरछन्दवतीशय्या ३॥ पद्मिनी तारुण्यवती मनोहरा गुणवती कान्ता ४॥ साध्वासनं ५॥ अतिमूल्यो ऽश्चः ६॥ मनोरममन्नं ७॥ तथा विधं पानं ८॥

एते ऽष्टौ भोगाः कथिताः॥

यथा सूर्यस्य तेजः ॥ दुग्थस्य घृतं ॥ अग्नेर्दाहः ॥ विषान्मूर्छा ॥ तिलात्तेलं ॥ वृक्षाच्छाया ॥ फलात्परिमलः । ।काष्टादग्निः ॥ शार्करादिभ्यो मधुरो रसः ॥ हिमानीभ्यः शैत्यं ॥ इत्यादिपदार्थस्वभाव एव ॥ तथा संसारो

¹ jñānayogaprabhāvād EU₂] °bhavāt N₁D₁N₂U₁ jñānayogah// prabhāvād° LB jñānayogah prabhāvād P eva cet.] eka PBL yeva U₁ 2 yathaikaikah scripsi] em. yathaikaiva E yathā ekaika PBLU₂ yathā ekaiva N₁D₁ yathā ekam ca N₂ yathā ekai ca U₁ **prthvī** EPBLU₂] prthivī cet. **°rūpā** EPBLU₂] °rūpa cet. kvacit cet.] om. EPU₁ manohararūpā B] "rūpāḥ L "rūpa U₂ manoharā N₁N₂D₁ om. EPU₁ kvacit cet.] om. EPU₁ "parimala cet.] om. EPU₁ "rūpayuktā BL] "rūpā" N₁D₁ "rūpāyuktah N₂ om. EU₁ kvacit cet.] om. PU₁ 2-3 °parimala cet.] °parimalarūpa° E om. PU₁ 3 °rahitā ELN₁] °rohitā BN₂U₂ om. cet. **kvacit** cet.] om. PU₁ **suvarnarūpā** ELN₂U₂] °rūpa BD₁ khavarnakupā U₁ om. P **kvacit** cet.] om. PBL **raupyarūpā** E] rūpyarūpā N₁U₁ rūpyarūpa D₁N₂ rajatarūpā U₂ om. PBL "kvacid cet.] om. P ratnamayī cet.] "maī BL om. P kvacit cet.] kvacic ca E om. P śvetā ED₁U₂] śveta N₁N₂U₁ śvetarūpā L śverūpā B om. P kvacit krsnā cet.] krsna N₁ om. EP 4 °kvacid cet.] om. P raktā EBLU2] °rakta cet. karburā cet.] karpurā U1 kvaci cet.] kvacit U2 om. P n-nā-nāvidhaphalarūpā cet.] °vidharūpā E om. P kvacid cet.] kvacit BL kvacir U2 om. PN2 puṣparūpā N₁D₁] viṣarūpā EBL vśarūpā U₂ om. U₁ kvaci cet.] kvacit U₂ om. U₁ 4-5 d-a-mṛtamayī cet.] amrtarūpamayī E °maī BL om. U₁ 5 svabhāvata cet.] om. U₁ eva cet.] om. U₁ bhavati cet.] bhavataḥ BL om. U₁ tathaivātmā EPBLU₂] tathātmā cet. manuşya° cet.] om. U₁ °pakṣi° cet.] om. U₁ "harina" cet.] "harinā" P om. U₁ "hastī" N₁D₁] hasti cet. om. U₁ "pandita" cet.] pimdata B 5-6 °mūrkha° cet.] °rmūkha° P °mūrva° N₁D₁ °mūrṣa° U₁ 6 rogyarogī scripsi] em. °rogyarogi E °rogī arogī N₁N₂D₁U₁U₂ °rogī PBL °**krodhī**° cet.] °krodhi° EP °krodha° BL °**śānta**° cet.] °dhiśānta° BL *rūpah cet.] *rūpāh PL *rūpa N₁N₂D₁U₁ svabhāvād eva cet.] evam svabhāvam U₁ bhavati cet.] bhavatī BL bhati N₁ dharati D₁ jñānayogād-vikāra N₁U₁] jñānayogadhikāra cet. jñāyate cet.] jāyate U₂ 6-7 phalasyotpatti cet.] plakṣasyotpattiḥ E 7 °sthānam cet.] sthānam E °sthāna U₁ ekam cet.] ekas D₁ eva N₂ om. E eva cet.] kam eva N₂ bhavati cet.] bhavatī B ti U₁ gatir cet.] gati PN₂U₁ 8 ekam cet.] eka° U2 eva N2 phalam cet.] phala° N1N2D1 pṛthvī° cet.] pṛthivī° U1 śuklam cet.] śuṣkaṃ LU₁U₂ bhavati cet.] bhavatī B phalasya cet.] om. PL makaraṃdaṃ EPLN₂U₁U₂] makaramda° LN1 karamdam B bhramarah cet.] bhramaram BL bhramara N2 pibati cet.] pibamti P pibatī B phalasya cet.] phalasyam N₂ mālām cet.] mālā° N₂ 9 kāminī cet.] kāmibī D₁ tuṅga° cet.] tum° U₁ dadhāti cet.] dadhāvati N₁ dadhovati N₂ ekam phalam scripsi] em. ekam phalam EPBL eka° N₁N₂D₁U₁ m-a-mṛta scripsi] em. mṛta° cet. anuṣṇopari scripsi] em. manuṣṇopari <??> ksipyate cet.] ksapyate B ke te cet.] om. LB 'stau cet.] astau LB ste U₁ bhogāḥ cet.] bhobauh P $bhog\bar{a}\ U_1U_2$

ऽपि परमेश्वरस्वरूपमध्ये तिष्ठति ॥ परमेश्वरो ऽखण्दपरिपूर्णश्च ॥

[Continuation of Lakṣyayoga - Bāhyalakṣya]

इदानीं बाह्यलक्ष्यं कथ्यते । नासाग्रादारभ्यांगुलचतुष्टयप्रमाणं नीलाकारं तेजपूर्णम्आकाशलक्ष्यं कर्तव्यं । अथ वा नासाग्रादारभ्य षडंगुलप्रमाणं पवनतत्त्वं धूम्राकारं लक्ष्यं कर्त्तव्यं । अथ वा नासाग्रादारभ्याष्टंगुलप्रमाणमितरक्तं तेजो लक्ष्यं कर्त्तव्यं । अथ वा नासाग्रादारभ्य दशांगुलप्रमाणं शुक्कं चंचलम् उदकं लक्ष्यं कर्तव्यं अथ वा नासाग्रादारभ्य द्वादशांगुलप्रमाणं पीतवर्णं पृथ्वीतत्त्वं लक्ष्यं कर्तव्यं । अथ वा नासाग्राद् आरभ्य कोटिसूर्यसमप्रभं तेजःपूर्णमाकाशतत्त्वं लक्ष्यं कर्तव्यं ।

1 suvāsaś ca cet.] suvāsac ca B suvastrañ ca E] suvamśaś ca U2 suśayyā cet.] suśayyā ca U1 suśayyāḥ LB suvyā P sunitambinī cet.] sunitāmbinīh P sunītavinīta U₁ 2 susthānañ E] susthānāś PLN₂ susthātāś N₁D₁U₁ sudeham U₂ ñ-cā-nnapānān L] °vānna° B °pānāni E cānpanānp° P cātmapanasyā° N₁ cānmanasyā° N₂D₁ cānnapānah syād° U₁ sukhasamtānam U₂ astau bhogāś ca EP] astau bhogāś cā sudhīmatām BL stau bhogāh sudhipana° N1 stau bhogāh sudhisana° D1 astau bhogāh sudhisanām U1 abhayādicāṣṭakaṃ U2 aṣṭau bhogāḥ N1N2D1U1 abhayādicāṣṭakaṃ U2 3 paṭṭa° scripsi] em. padṛ° EN₁D₁N₂U₁ pada° P pata° BLU₂ sūtra° cet.] sūtrā BL mayāni cet.] yāni N₁N₂D₁ vastrāni PL] vasrāņi cet. paṃca vā sapta vā N₁N₂D₁U₁] paṃcasaptā EP paṃcasatyā LB śālikā scripsi] em. dṛālikā EN₁ dṛāṃlikā D₁ dadhikā P dātikā BL tālikā N₂ dālikā U₁ yuktāni cet.] saudhāni U₂ teşu vāstu LB] tesu vāsah E tesu cāsah P vāsāya kecit U_2 om. cet. ativipulā cet.] ativapulā N_1D_1 ativipulām U_1 astau bhogān āha | | U₂ 4 mrdūttara scripsi | em. mrdutara ePLB mrdu | uttara N₁N₂D₁U₁ sugraham || U₂ °chandavatī° N₁N₂D₁] °chadavatī° P °chadavati° U₁ suvastram || U₂ śayyā cet.] suśayā sustrī U₂ padminī cet.] padmanī N₁ om. U₂ tārunyavatī scripsi] em. tārunyavatī cet. tārungavatī N₂ om. U₂ manoharā guṇavatī cet.] tatropavistā cet. tato° P tatrā° B om. U₂ kāntā EPBL] om. cet. sādhvāsanam scripsi] em. sādhu āśanam E sādhu āsanam PBLU2 sādhyāsanam N1N2D1 4-5 atimūlyo 'śvah scripsi] em. atimūlyañ ca E atimūlo 'śvah P atimūlyo asvam LB amūlyo svaś ca N₁N₂D₁U₁ suśvaḥ U₂ 5 manoramam annam cet.] manoramyam attam B manoramyam annam L manoramam attam N₁D₁ sustu annam U₂ vidham pānam cet.] vidhapānam LBN₂ vidhayānam U₂ 6 ete cet.] rāte U_1 'ṣṭau cet.] aṣṭau $N_1N_2D_1U_1$ bhogāḥ cet.] bhogā N_1N_2 ghogā U_1 kathitāḥ EU_2] kathitā P kathyate N₁N₂U₁ kathyamte D₁ om. LB 7 sūryasya cet.] sūryaś ca U₁ tejaḥ cet.] tejāḥ LB dugdhasya EPN₁D₁U₂] dugdha° LB dusya N₂ dugdhasy U₁ ghṛtaṃ cet.] ghṛtaḥ PLB agner E] agne cet. dāhaḥ scripsi] em. dvāhaḥ PLB dahiḥ N1 dadhi N2 dadhiḥ D1 dārhaṃ U1 dāhiḥ U2 jvalanaṃ E viṣā cet.] viṣāt U₁ tilāt cet.] titilāt P tila N₂ tilā U₁ vṛkṣāt EN₁] vṛkṣāt P vṛkṣā LBN₂D₁U₂ vrakṣā U₁ phalāt cet.] phalā LB parimalaḥ cet.] sarimalaḥ LB palāt parimalaḥ D₁ 8 kāṣṭhād cet.] kāṣṭād PU2 kaṣṭād BL agniḥ cet.] āgniḥ N1N2D1U1 śārkarādibhyo scripsi] em. arkarādibhyo E śarkvarādibhyo P śarkadībhyo LB rasaḥ cet.] om. LB himānībhyaḥ cet.] sahimānibhyaḥ LB himānitpa N₂ śaityam D₁U₁] śaityām N₁ śītyam U₂ śaityāś N₂ śītam EP śītah LB ityādipadārthasvabhāva N_1D_1P] "padārthā" U_2 ityādipadārthāsvabhāvataḥ B atyādipadārtharthasvabhāva N_2 "svabhāvaḥ U_1 ityādiphadārthāh svabhāvatah L ityādipadārthānām svabhāvah E eva cet.] evā N₁ ravah U₁ om. E tathā cet.] tathā vā U1

Philological Commentary: 8 parimalah: Clarification: Witness D₁ reads *phalāt palāt parimala*.

आकाशमध्ये आकाशोपरि वा दृष्टिं कृत्वा ध्यानकारणात् सूर्यं विना सूर्यसंबंधीनीं सहस्रकिरणावलीं प श्यति । अथ वा शिरोपर्यूर्द्धं सप्तदशांगुलप्रमाणं तेजःपुंजलक्ष्यं कर्त्तव्यं । उक्तानां लक्ष्याणां मध्ये यस्य कस्याप्येकस्य लक्ष्यकरणात् विलतपिलता दूरे भवन्ति । अङ्गरोगा विनौषधं दूरे भवन्ति । समग्राः स्वमे ऽपि मित्रताम् अयांति । सहस्रवर्षपर्यंतम् आयुषं वर्धते । अपिततं शास्त्रं जिह्वाग्रेणोच्चरते । एतादशं बहुतरं फलं॥

[Continuation of Laksyayoga - Antaralaksya]

इदानीमन्तरलक्ष्यं कथ्यते । मूलकन्दरथाने ब्रह्मदण्डादुत्पन्ना श्वेतवर्णा ब्रह्मरंध्रपर्यंतं एका ब्रह्मनाडी वर्तते । ब्रह्मनाडीमध्ये कमलतन्तुसमानाकारा कोटिसूर्यविद्युत्समप्रभा ऊर्ध्वं चलित । एतादृश्येका मूर्तिर्वर्तते । तस्या मूर्तिर्ध्यानकारणादृष्टमहासिद्धयो ऽणिमाद्याः पुरुषस्य समीपे आगत्य तिष्ठन्ति ।अथ वा ललाटोपर्याकाशमध्ये शुक्कसदृशस्य तेजसो ध्यानकारणादृष्टशिरसम्बन्धिनः कुष्ठादयो रोगा नश्यन्ति आयुर्वृद्धिर्भवित । अथ वा भ्रुवोर्मध्ये ऽतिरक्तवर्णस्यातिस्थूलस्य तेजसो ध्यानकरणात्सकालानां पार्थिवपुरुषाणां वल्लभो भवित । तं पुरुषं दृष्ट्वा सर्वेषां दृष्टिस्थिरा भवित ॥

[The Ten Main Bodily Channels]

¹ parameśvarasvarūpamadhye cet.] paremesvara svarūpasya madhye LB parameśvararūpamadhye U₁ **tiṣṭhati** cet.] tiṣṭhatī B tiṣṭhaṃti U₂ 'khaṇḍa cet.] 'ṣaṃḍa' N₁D₁ yarānda' N₂ khaṃḍaḥ U₁ paripūrņaśca cet.] paripūrņaḥ E 2 bāhyalakşyam P] lakşyam E şāhyalakşa B bāhyalakşa L °lakşam N₁ °lakṣaṇa D₁N₂ °lakṣyaḥ U₁ lakṣaṇaṃ U₂ 3 catuṣṭaya° cet.] catuṣṭayaṃ BL nīlākāraṃ cet.] nilākaram PBL nirākāram N₂ **teja**° N₁N₂D₁] tejaḥ cet. jaḥ B **pūrņam** cet.] pūrņakām U₂ **ākāśa**° cet.] ākāśam EPLU₁ laksyam EPU₁U₂] laksam BLN₁D₁ laksanam N₂ 4 atha vā cet.] om. L nāsāgrādārabhya cet.] nāsāgrād ābhya N₁D₁ nāsāgrārabhya N₂ om. L saḍaṃgulapramāṇaṃ cet.] şadamgulam pramāṇam B dvadaśaṃgulapramāṇam U2 om. L pavanatattvam E] °tatvam cet. om. L l.n. B dhūmrākāraṃ cet.] l.n. B om. L lakṣyaṃ cet.] lakṣaṃ N₁D₁U₂ lakṣaṇaṃ N₂ karttavyaṃ cet.] om. L 5 vā cet.] om. U₁ ārabhyāṣṭāṃgulaº U₁] ārabhyā ṣaḍaṃgulapramāṇām N₁ ārabhya şadamgulapramāṇām D_1 ārabhyam stāmgulapramāṇam N_2 ārabhyam stagulapramāṇam U_2 om. cet. atiraktam N₁N₂] atirattam D₁ itiriktam U₁ matiraktam U₂ om. cet. tejo cet.] teja° U₂ om. cet. lakşyam U1U2] lakşam N1N2 lakşanam N2 om. cet. 6 atha vā cet.] om. EPBL nāsāgrād ārabhya cet.] om. EPBL daśāmgulapramānam cet.] om. EPBL śuklam cet.] om. EPBL camcalam cet.] caṃdrākāram U₁ om. EPBL **udakaṃ** cet.] om. EPBL **lakṣyaṃ** U₁] lakṣyaṇ N₁D₁ lakṣaṇaṃ N₂ laksam U₂ om. cet. kartavyam cet.] om. cet. 7 dvādaśāmgulapramānam cet.] tattvam dvādasāmgulapramāṇaṃ E dvādasā aṃgulapramāṇaṃ U_1 laksyaṃ EPU_1] laksaṇaṃ N_2 laksaṃ cet. 8 samaprabham cet.] °prabhām L tejaḥpūrṇam cet.] tejaḥ | pūrṇaṃ EB pūrṇaṃ N₁D₁U₁U₂ pūrṇa N₂ lakşyam EPN₁D₁U₁] lakşam BLU₂ lakşanam N₂

Chapter 4

Translation of the Yogatattvabindu

[Introduction]

Homage to Śrī Ganeśa. Now the methods of Rājayoga are laid down.

This is the result of Rājayoga¹: Rājayoga is that by which longterm durability of the body arises even amongst manifold royal pleasures even amongst the manifold royal entertainments and spectacle. This truly is Rājayoga. These are the varieties of this Rājayoga:

1. Kriyāyoga, the Yoga of [mental] action; 2. Jñānayoga, the Yoga of knowledge; 3. Caryāyoga, the Yoga of wandering; 4. Haṭhayoga, the Yoga of force; 5. Karmayoga, the Yoga of deeds; 6. Layayoga, the Yoga of absorption; 7. Dhyānayoga, the Yoga of meditation, 8.Mantrayoga, the Yoga of Mantras; 9. Lakṣyayoga, the Yoga of fixation objects, 10. Vāsanāyoga, Yoga of mental residues; 11. Śivayoga, the Yoga of Śiva, 12. Brahmayoga, the Yoga of Brahman; 13. Advaitayoga, the Yoga of non-duality; 14. Siddhayoga, the Yoga of the Siddhas; 15. Rājayoga, the King of Yogas. These are the fifteen *yogas*.³

[Description of kriyāyoga]

¹This statement seems unconnected to the definition of rājayoga that follows.

²The first three Yogas allude to the four *pādas* of the Śaiva *āgamas*; namely *kriyā[pāda]*, *caryā[pāda]*, *yoga[padā]* and *jñāna[pāda]*.(GOODALL 2015:77).

³At the current stage of research it is not clear if this list is a later addition by another scribe or, if indeed it originally stems from Rāmacandra. The list suggests a text following the order of yogas according to this list. However, the order of the yogas given in the list is not followed closely in the text.

Now the characteristic of Kriyāyoga, the Yoga of [mental] action⁴ are described.

- 1. This Yoga is liberation through [mental] action, it bestows success(*siddhi*) in ones own body. Each wave the mind creates at the beginning of an action, of all those one shall withdraw oneself. Then Kriyāyoga arises.
- **2.** Patience, discrimination, equanimity, peace, modesty, desireless: The Yogī who is endowed with these means is said to be a Kriyāyogī.
- **3.** Envy, selfishness, cheating, violence, desire and intoxication, pride, lust, anger, fear, laziness, greed, error and impurity.
- **4.** Attachment and aversion, indignation and idleness, impatience and dizzyness: Whoever doesn't experience these is called a Kriyāyogī.⁵

Patience, discrimination, equanimity, peace, contentment etc. are generated in his mind. He alone is called a Yogī of many actions $(bahukriy\bar{a}yog\bar{\imath})^6$.

Fraud, illusion, property, violence, craving, envy, ego, anger, anxiety, shame, greed, error, impurity, attachment, aversion, idleness, heterodoxy, false view, affection of the senses, sexual desire:

He who diminishes these from day to day in is mind, he alone is called a Yogī of many actions (*bahukriyāyogī*).

[Varieties of *rājayoga*: Siddhakundalinīyoga and Mantrayoga]

 $^{^4}$ In comparison to the Pātañjalean variant of Kriyāyoga, this variat consists of specific mental actions.

⁵The source of the four verses on Krivāyoga is unknown.

⁶The term *bahukriyāyogī* seems to be unique in yoga literature.

Now varieties of Rājayoga will be described. Which are these? One is Siddhakuṇḍalinīyoga⁷ [and one⁸] is Mantrayoga⁹. These two Rājayogas are described [in the following]. At the location of the root-bulb exists one major vessel in the form of energy. This single vessel reaches to these openings which are $id\bar{a}$, $pingal\bar{a}$ and $susumn\bar{a}$.

On the left side is the $id\bar{a}$ -channel, being a resemblence of the moon. On the right side exists the $pingal\bar{a}$ -channel, being a resemblence of the sun. Within the middle path is a lotuspond being very subtle. [It is] made from a web of light [and it] shines like a thousand lightnings.

She emerges as the central channel, assuming the form of benevolence (\dot{siva}), is the bestower of enjoyment and liberation. While abiding in ($saty\bar{a}m$) her ($asy\bar{a}m$) knowledge arises [to the point of which] the person becomes all-knowing. The means for the genesis of knowledge in the central channel will now be described.

[Description of the first Cakra]

At the beginning¹⁰ exists the root *cakra* having four petals.

The first cakra of support $(\bar{a}dh\bar{a}ra)$ is at the anus [and] is red-colored. Gaṇeśa is the deity. He is success, intelligence and power. A rat is the mount. The Rṣi is Kūrma. The seal is contraction. The vitalwind is $ap\bar{a}na$. The $kal\bar{a}$ is the "wave of consciousness" $(urm\bar{i})$. The concentration is "she who is powerful" $(ojasvin\bar{i})$. In the four petals [of it resides] rajas, sattva, tamas and the mind-faculties $(man\bar{a}msi)$, [symbolized by the syllables or $b\bar{i}jas$] vaṃ śaṃ ṣaṃ and saṃ. A trident is situated in the middle of the triangle¹¹.

⁷On the one hand it suprises that we find the term Siddhakundalinīyoga instead of Siddhayoga as given in the initial list, on the other hand it is suprising that this type of Yoga, given as the second last item in the Yoga taxnomy is introduced as the second type right after Kriyāyoga, which was the first item in the initial list as well as in the following material. What makes this term even more strange is the fact that *kundalinī* is not mentioned at all in the following description of this type of Yoga.

⁸It is not entirely clear if those are two different Yogas or one and the same type of Yoga. Just the pretty late witness U2 gives us a sort of description of Mantrayoga. Judging on the basis of U2 only one could translate "One is Siddhakundalinīyoga being Mantrayoga." Judging by the contents given by the rest of the witnesses this passage leaves a big queastion mark.

⁹It seems odd that Mantrayoga is mentioned in the same breath as Sidhdakuṇḍalinīyoga, even though it is not directly expressed in the following. Just the additional descriptions of witness U2, highlighted in a different colour than the main text, indirectly refers to a certain practice of Mantra which is <code>japājapa</code> of the so 'ham for a certain duration of the practioce of meditation that is prescribed to be performed on every <code>cakra</code>.

¹⁰Supposedly at the beginning of the central channel.

¹¹This passage is odd since a triagle wasn't mentioned before.

In the middle is a trident, and $k\bar{a}map\bar{\imath}tha^{12}$ in the shape of a triangle. In the middle of this seat ($p\bar{\imath}tha$) exists a single form in the shape of a flame. By meditating on this form the whole literature, all $\dot{s}\bar{a}stras$, all poems, dramas etc., everything [related to] elocution, appears in the mind of the person without learning.

[Assigned to it] is external bliss¹³, yogic bliss, heroic bliss [and] the bliss of coming to rest.¹⁴ An [over] hundredfold recitation of the non-recited [śataḥ = ...hundreds of?]; 600 [repetitions for]; 9 *ghatis* [and] 40 *palās*.¹⁵

[Description of the second Cakra]

Now the second, the six-petalled $Sv\bar{a}dhist\bar{a}nacakra$ known as the seat of $Udd\bar{t}y\bar{a}na^{16}$.

The gender is the location. The color is yellow. The shine is yellow. Rajas is the quality. The deity is Brahmā. The speech is $vaikhar\bar{\iota}^{17}$ ($vaikhar\bar{\iota}\,v\bar{a}ca$). The power is Sāvitrī. The mount is the goose. The Rsi is Vahaṇa. The appearance ($prabh\bar{a}$ is the fire of love ($k\bar{a}m\bar{a}gni$). The body is gross, The state is that of being awake. The Veda is Rg. The spiritual guide is the characteristic (linga). The liberation is residing in the world of Brahma. The principle is pure level ($sudhabh\bar{u}mik\bar{a}$). The sphere is smell. The vitalwind is $sap\bar{a}na$. The internal matrix [is]: vaṃ bhaṃ maṃ yaṃ raṃ laṃ. The external matrix: Kāmā "she who is desire", Kāmākhyā "she who

¹²Discuss the term *kāmapītha*.

¹³Discuss the four blisses.

¹⁴It is noteworthy that only the first *cakra* adds a detailled description of mounts, Rsis, gods, seals and so forth among the current majority of witnesses at hand: E, P, L and U2. All other descriptions of the remaining eight *cakras* leave this out. The only exception is U2, a relatively late witness that adds similar descriptions for the other *cakras* as well. Since they are interesting for the history of the text I have added them to the edition's text. To indicate the extra status of those passages I have highlighted them in blue color.

¹⁵ Instructions for the duration of practice are found in all additions of U2 for each *cakra*. It's not entirely clear if either the duration of meditation on the respective cakra, or the duration for the items in the list being visualised by the practitioner are meant here. However, to it seems to be done for the duration of 600 *ajapājapa*, the ritualized repetition of the *ajapā*, which is the voiceless uttering of the "natural" *mantra* of the breath: *so 'ham - haṃ sa*. I suppose this means the practice is to be done for 600 in- and exhalations. The following part of the entry, namely "*ghaṭi* 9 *palāni* 40", probably refers to the exact time in which those 600 *ajapājapas* shall be performed. One *ghaṭi* equals 1/60 of a day, which is 24 minutes. One *pala* equals 1/60 of a *ghaṭi* which is 24 seconds. This would equal 232 minutes or 3 hours and 52 minutes. Dividing the 600 *ajapājapas* by 232 minutes, this would result in a very slow frequence of breath of 2,586206897 in- and exhalations per minute.

¹⁶Discuss the term *uddīyāna*.

¹⁷ vaikharī f. in Kaśm. Śiv. °the 4. form of appearacne of *parā*, the empirical speech sound, Utpala's Tīkā to Śivadṛṣṭi 2, 7. [B.]— Schmidt p. 337. Welches Buch???

is the *tīrtha* of *Kāmākhyā*"¹⁸, Tejasvinī "she who is shining", Ceṣṭikā "she who is active", Alasā "she who is lazy" [and] Mithunā "she who is "*mithunā*". A [more than] thousandfold recitation of the non-recited; 6000 [repetitions for]; 16 *ghaṭis* [and] 40 *palās*.¹⁹

In its middle exists extremely red glow. The adept becomes very handsome through meditation on it. He becomes one who is desired by young women. The vital force increases from day to day.

[Description of the third Cakra]

The third, a lotus with ten petals exists at the location of the navel.

The colour is red (*kapila*). Viṣṇu is the deity. Lakṣmī is the power. Vāyu is the Rṣi. Samāna is the vitalwind. The mount is Garuḍa. The deity is the suble body²⁰. The state is sleep. The speech is the inaudible speech (*madhyamāvāg*)²¹. The Veda is the Yajurveda. The [fire is the] southern fire. The liberation is "proximity" (*samīpatā*).²². Viṣṇu is the characteristic of the teacher (*gurulinga*). The principle is water. The sphere is athmosphere (*rajo viṣaya*). There are ten petals [and] ten matrices. [The] inner matrix: dam ṭam ṇam tam tham dam dham nam pam pham. The external matrix: Śānti "she who peaceful", Kṣamā "she who is patient", Medhā "she who is insightful", Tanayā "the daughter", Medhavinī "she who is a learned teacher", Puṣkarā "she who is a lotus", Haṃsagamanā "she who moves like a swan", Lakṣyā "she who is the object aimed at", Tanmayā "she who is absorption" and Amṛtā "she who is immortality". A [more than] thousandfold recitation of the non-recited; 6000 [repetitions for]; 16 *ghaṭis* [and] 40 *palās*.²³

¹⁸The Kāmākhyā is situated in Kāmarūpa on the Nīlakūta mountain in present day Assam. It's strange that it appears here, since Kāmarūpa appears already as the *tīrtha* associated with the first *cakra*.

¹⁹The practice is supposed to be done for the duration of 6000 *ajapājapas* divided into *ghaṭis* and 40 *palas*, resulting in 2320 minutes or 38,67 hours. Again this would result in a frequence of breath of 2,586206897 in- and exhalations per minute.

²⁰Why another deity is given here?

 $^{^{21}}$ < \hat{Sa} , Ling>name of the speech which is inaudible and which is of the type of a thought without any definite presence of words making up the expression. Vkp I.143.<Abhyankar 1986: 300>

²²What is this exactly?

²³Here we find the same instruction as in the previous description of the second *cakra*. The practice is supposed to be done for the duration of 6000 *ajapājapas* divided into *ghaṭis* and 40 *palas*, resulting in 2320 minutes or 38,67 hours. Again this would result in a frequence of breath of 2,586206897 in- and exhalations per minute.

In its middle exists a *cakra* with five angles. In its middle is a single [divine] form. It's not possible to describe her shine with speech. Through the execution of meditation on this [divine] form the body of the person is going to be strong.

[Description of the fourth Cakra]

The fourth lotus having twelve-petals exists in the middle of the heart.

[The] place of the Anāhatacakra is within the heart²⁴. The color is white. The quality is Tamas. The deity is Rudra. The power is Umā. The Rṣi is Hiraṇyagarbha. The mount is Nandi. The vitalwind is Prāṇa. The body is the cause of digits of light. The state is deep sleep. The speech is Paśyantī²⁵. [The Veda is] Sāmaveda. The fire is the fire of the householder²⁶. The characteristic is Śiva. The level is the ability to attain everything on earth²⁷. The liberation is uniform [with the deity]. [There are] twelve petals, [and] twelve matrices: kaṃ khaṃ gaṃ ghaṃ ṇaṃ caṃ chaṃ jaṃ jhaṃ yaṃ taṃ [and] thaṃ. The external matrix: Rudrāṇī "she who is Rudra's wife", Tejasā "she who is brilliant"²⁸, Tāpinī "she who is glow", Sukhadā "she who bestows happiness", Caitanyā "she who is consciousness", Śivadā "she who bestows grace", Śānti "she who is peaceful", Umā "she who is glorious", Gaurī "she who is beautiful", Mātarā "she who is bestowing the mother", Jvalā "she who is the flame" [and] Prajvālinī "she who is blazing". A [more than] thousandfold recitation of the non-recited; 6000 [repetitions for]; 16 ghaṭis [and] 40 palās.²⁹

Due to being made of [such an] intense light [the fourth lotus] is not in the range of sight. In its middle exists a lotus facing downward having eight petals.

The mind resides in the *cakra*. The mind is the deity. The power is external³⁰, [its] Rṣi is the self. In the middle of the navel exists a lotus. Its stalk measures ten *aṅgulas*. The stalk of it is soft (*komala*), pure [and] facing downwards. In its middle

²⁴This is redundant.

²⁵Add footnote of entry in *Tāntrikābhidhānakośa*.

²⁶Add explanation.

²⁷ Quote *Tantrikābhidhānakośa*.

²⁸To be understood as *tejasvinī*.

²⁹ The *ajapājapa* for this *cakra* is to be performed 6000 times for a duration of 96 *ghaṭi*s and 40 *palas*, resulting in 2320 minutes or 38.67 hours. Again this would result in a frequence of breath of 2,586206897 in- and exhalations per minute.

³⁰n Muktabodha-Texte sehe ich 3 Belege für bahiśśakti Muktabodha/krīyakramādyotikā.html 2938 suṣirānte bahiśśaktim vinyasedvyomarūpinīm | tasyā madhye tu Muktabodha/sakalāgamasārasangraha.html 2186 suṣirāntabahiśśaktim vyāpinīm cintayet tataḥ || Muktabodha/kriyakramadyotikavyākhyā.html 1846 tanmadhye ca bahiśśaktim sudhābindu parisrutim

is [something] shining like a banana-flower. The mind has no determination of will, giving a firmer direction to man's thoughts for the moment by means of [conscious] submission. [It is] truly changeable in nature.

While the mind rests on the eastern petal [which is] white in colour clear intellekt arises, which is [endowed with] *dharma*, fame and knowledge etc. While [the mind rests on] the south-east, [which is] reddish in color a mind that is weak due to sleep, laziness and illusion arises. While [the mind is situated] in the right south, [which is] black in color the generation of anger arises. While [the mind is situated] in the southwest, [which is] blue in color a mind of pride arises. While [the mind is situated] in the west, [which is] brown in color a mind that is longing for play, laughing, and celebration arises. While [the mind is situated] in the northwest, [which is] dark in color a mind which is restless by sorrow arises. While [the mind is situated] in the north, [which is] yellow in color a very happy mind with erotic and enjoyment arises. While [the mind is situated] in north-east [which is] whitish in color a mind of unity through knowledge arises.

It's said that in its middle is the place of the $pr\bar{a}na$ -vitalwind [and] in the middle [of] the eight-petalled lotus is a pericarp ($karnik\bar{a}$) in the form of a linga. The technical designation of her is $kalik\bar{a}$. In the middle of this $kalik\bar{a}$ exists a single thumbsized [divine] figurine ($puttalik\bar{a}$) being similiar to a ruby-gem in color. Her technical designation is embodied soul ($j\bar{i}va$). Not even with a thousand tongues it is possible to talk about her nature and her power. Here it is said [that]: "Because of the exercise of meditation on this form the inhabitants of the universe [which are] Humans, Gandharvas, Kinnaras, Guhyakas, Vidyādharas and [their] females, in the heavenly world, underworld and open space are obedient to the will of the practicing person.".

[Description of the fifth Cakra]

Now the fifth lotus having sixteen petals existing at the location of the throat.

The colour is grey. The deity is the embodied soul $(j\bar{\imath}va)$. The power is ignorance $(avidy\bar{a})$. The R̄si is Virāṭ³¹. The mount is the wind $(v\bar{a}yu)$. The vitalwind is $ud\bar{a}na$. The digit $(kal\bar{a})$ is the flame. The binding (bandha) is Jālandhara. The body is the primordial cause $(mah\bar{a}k\bar{a}rana)$. The state is the fourth state $(t\bar{u}rya)$. The speech is

³¹ Who is this?

Parā³². [The Veda is the] Atharvaṇa Veda. The movable characteristic (*jaṅgamaṃ liṅgaṃ*). The earth is Jīvaprāptā³³. The liberation is union with the deity (*sāyujyatā*). [There are] sixteen petals [and] sixteen matrices. The internal matrix: aṃ āṃ iṃ iṃ u ūṃ rṃ r̄ṃ lṃ l̄ṃ eṃ aiṃ oṃ auṃ aṃ aṃḥ. The external matrix: Vidyā "she who is knowledge", Avidyā "she who is ignorance", Icchā "she who is desire", Śakti "she who is power", Jñānaśakti "she who is the power of knowledge", Śatalā "she who is manifold", Mahāvidyā "she who is great knowledge", Mahāmayā "she who is great illusion", Buddhi "she who is intellect", Tāmasī "she who is darkness", Maitrā "she who is love", Kumārī "she who is a young girl", Maitrāyaṇī "she who is onb the path of benevolence", Rudrā "she who is howling", Puṣṭā "she who is abundance", Siṃhanī "she who is a lioness". A thousandfold recitation of the non-recited; 1000 [repetitions for]; 2 *ghaṭi*s, 46 *palā*s. and 40 *akṣaras*.³⁴

In its middle exists a single person which shines like a thousand moons. Because of the exercise of meditation on this person all diseases which are (otherwise) not possible to be controlled vanish. The person lives up to 1001 years.

[Description of the sixth Cakra]

Now it exists a sixth cakra named Ājñā.

The deity is fire (*agni*). The power is the godess of the centre (*suṣumṇā*). The Rṣi is "the violent" (*hiṃsa*). The mount is consciousness (*caitanya*). The body is knowledge. The state is understanding. The speech is the "incomparable" (*anupama*). The [Veda] is Sāmaveda. The *liṅgaṃ* is intoxication (*pramāda*). The half-matrix: the principle of ether. The gander is the living soul. The origin is the play of conciousness. Twofold matrix: haṃ kṣam is the inner matrix. The external matrix: Sthiti "she who maintains" [and] Prabhā "she who is splendour". A thousandfold recitation of the non-recited; 1000 [repetitions for]; 2 *ghaṭi*s, 46 *palā*s, and 40 *aksaras*. 35

This *cakra* is located in the middle of the eyebrows and is two-petalled. In its middle exists a certain object being a form of blazing fire without parts, not being

³²Im Kaśm. Śiv. °das ewige Wort, in welchem potentiell alle Begriffe und Worte ruhen; vgl. das śabdabrahma des Vyākarana. [B.]— Schmidt S. 246

³³ What is this?

 $^{^{34}}$ It is not entirely clear what kind of measure an *akṣara* is. Maybe see Amanaska 1. Chapter second half in thesis of Jason to clear things up.

³⁵It's not entirely clear what kind of measure is an *akṣara*.

female not being male. Because of the exercise of meditation on it the body of the person becomes non-aging and immortal.

[Description of the seventh Cakra]

Now the seventh cakra having 64 petals and being full of nectar exists in the middle of the palate.

The forehead is the Maṇḍala. The moon is the deity. The power is the nectar of immortality. The Rṣi is the supreme self. The seventeenth digit is the resident with the nectar of immortality. The wavy stream of nectar is great space. The uvula is the mother. The ornament/rhythm? ($t\bar{a}lik\bar{a}$) is a small bell. The own form of the body is the unspeakable Gāyatrī, [which has] the face of a crow, the eye of a human, the horn of a cow, a forehead that is Brahmapaṭhā?, a neck like a horse, the face of a peacock [and] limbs like a goose. [This is] the specific nature of the unspeakable Gayatrī.

It is endowed with superabundant beauty. [It is] very bright. In its middle, red in color [is that which is] known as "uvula" (*ghāṃṭikā*). [It] exists as a single pericarp. In its middle is a [certain] site. In the middle of it exists a hidden digit of the moon, being a stream of nectar like a river (*amṛṭādhārāsravantī*.

Because of the exercise of meditation on this digit death does not come near him. Due to uninterrupted meditation, the stream $(dh\bar{a}r\bar{a})$ of nectar flows. Then the appearances of emaciation $(k\bar{s}ayaroga)$, fever due to disordered bile (pittajvara), heartburn $(hrdayad\bar{a}ha)$, head-disease (siroroga) and tongue insensibility $(jihv\bar{a}jada)$ vanish. Also eaten venom doesn't trouble him. If the mind is here, [it] becomes stable.

[Description of the eighth Cakra]

Now exists the eigth *cakra* having one hundred petals located at the aperture of Brahman.

The teacher is the deity. Consciousness is the power. Virāṭ is the Ḥṣi, the witness above everything. Made of consciousness is that which is associated with $(bh\bar{u}ta^\circ)$ the state beyond the fourth state. It has all colours. It has all matrices. It has all petals. The body is Virāṭ. The state is the standing still. The speech is wisdom. The "I am that"-[expression] (soham) is the Veda. The place is unsurpassed. A

"The (divine) seat of Jālaṃdhara" is the designation of its lotus.³⁸ [It is] the place of the accomplished person. In its middle looking like a streak [and] having the form of smoke and fire, exists such a single [divine] form of the person (*puruṣa*). Of her exists no end, nor a beginning.

Due to the exercise of meditation on this [divine] form both coming and going of the person in space occurs. Affliction from the earth-element doesn't arise [anymore] even if one is situated in the middle of the earth. He constantly sees everything in front of his eyes and he becomes separated [from the material world]. The force of life increases eminently.

[Description of the ninth Cakra]

Now the divisions/differentiations of the ninth cakra are explained. The designation of it is "the *cakra* of the great void". Above that there is no other. Therefore it is declared to be the *cakra* of the great perfection. [Another] such name of it is "(divine) seat of Pūrṇagiri".

In the middle of the *mahāśūnyacakra* exists one lotus facing upward, very red in colour, with a thousand petals - an abode of brilliance and wholeness, whose fragrance is not in range of mind and speech. In the middle of this lotus exists one pericarp having the shape of a triangle. In the middle of the pericarp exists one seventeenth digit in the shape of a immaculé form. A light of the part exists shining like a thousand suns. [But] excessive heat is not arising. Shining like a thousand moons, excess of cold is not arising.

Here at this location the "I"(*aham*) is the deity. The "he is I" (*so 'ham*) is the power. This self is the Rṣi. The path is liberation. Brahma is the I above. "I'm a circle". In fire-area is the letter "sa". [There?] life arises, the living soul ascends and decends. The place is the hidden place of being. The colour is yellow. The light is

³⁶It's not entirely clear what kind of measure is an akṣara.

³⁷Add intertextual evidence.

³⁸Find parallels where Jālandhara is situated on top of the head.

the shine of ten million suns. The shine is always and visible. Siva is the deity. The power is primordial illusion. The state is the dissolution of the self into Hara³⁹. The transcendental sound has the nature of a sound with stable resonance. The seal is the "fearless". The illusion is the root. The body is the original matter. The range is speech and mind. Without delusion, without doubt, the unaffected and undefiled goal is dissolution, meditation [and] final absorption.

Above that is the place of infinite supreme bliss. There above is power ($\pm ik$). Being designated as such she is one single digit. Due to the exercise of meditation on this part the person manifests whatever he wishes for. He is furnished with royal pleasure and enjoyment. [Even] amusing oneself amongst women, and watching musical pleasures, the $\pm k\bar{a}$ of the person grows daily like the $\pm k\bar{a}$ of the moon in the bright half of the month. His body is not affected by merit and sin. Due to uninterrupted meditation the power of the light of the innate nature arises. He sees remotely located objects as if they'd be near.

[Laksyayoga, the yoga of fixation]

Now the yoga of fixation (*lakṣyayoga*), which is easily accomplished is explained. Of this yoga of fixation there are five subdivisions: 1. The upward directed fixation (*ūrdhvalakṣya*), 2. the downward directed fixation (*adholakṣya*), 3. the outer fixation (*baḥyalakṣya*), 4. the central fixation (*madhyalakṣya*), 5. the inner fixation (*antaralakṣya*).

[1. Ūrdhvalakṣya - The upward directed fixation]

At first the upward directed fixation (*ūrdhvalakṣya*) is explained. The gaze (*dṛṣṭi*) [should be] in the middle of the sky. And then having caused the mind to be directed upwards, it is caused to be fixed there.

Due to the exercise of stabilizing of this fixation (*lakṣya*) arises unity of the gazing point (*dṛṣṭi*) with the light of the highest lord (*parameśvara*). And then an indefinable invisible object arises in the middle of the sky. It arises in the range of sight of the practitioner. This is truly the upward directed fixation (*ūrdhvalakṣya*).

[2. Adholaksya - The downward directed fixation]

³⁹Epiphet of Śiva.

Now the downward directed fixation object (*adholakṣya*). One should stabilize the gaze within the circumference (*paryanta*) of twelve *aṅgula*s beyond the nose. Or one should stabilize the gaze onto the tip of the nose. The fixation becomes stable due to firm exercise [on one] of the twofold aims [of fixation].

The breath becomes stable. Vitality increases. Just as this [aim] is twofold, also the external fixation is said to be [like this]. Internally or externally the aim of fixation is to be done onto the heavenly emptiness. The fear of dying doesn't arise due to the exercise of meditation on the void at all places during ones life - while eating, moving and waking.⁴⁰

[Description of the Rājayogin's Body]

Now it is said that this is the characteristic of the embodied person who is endowed with the royal yoga:

Abundance arises at all times. No distance exists on earth. He dwells on earth having pervaded [it]. Birth and death both don't exist. Happiness does'nt exist. Suffering does'nt exist. Impediment does'nt exist. Habit doesn't exist. Place does'nt exist.

The manifestation of permanent perception of the connection with god arises in the middle of the mind of this accomplished one. And he is shining - not cold, and not hot, not white [and] not yellow. Neither is there birth of him, nor does he have any attributes. And he is without parts, immacule and uncharacterized. His desire etc. doesn't arise in [situations of] lust [and] is not located within the duality of the result.

He attains expanded enjoyment. However, his mind does not suffer attachment in this very state.

[Other Attributes]

Another attribute of Rājayoga is described.

Even "of one who is in gain of a kingdom etc." [it is said that] perception of success does'nt arise. Even due to loss suffering does'nt arise in the mind. And then

⁴⁰Note that the description of the five types of Laksyayoga stops here and the new topic about the body of the Rājayogin is introduced. However, the subject is resumed later on in the text. Even though all witnesses follow this specific and suprising order. Maybe a copist in the early stages of transmission of the text copied the text without noticing the folios of his template to be in the wrong order.

desire doesn't arise. And then with regards to an object that has been obtained for whatever reason towards ones object aversion does'nt arise. With regard to this object affection of the mind does'nt arise. Just this is said to be Rājayoga.

And then his mind which knows the sacred speech is equal towards a person, friend and enemy. And a neutral view arises. In the mind of one who is entirely situated in the middle of the earth, the pride of authorship does't arise, because of death and rebirth, and because of happiness and enjoyment. Wile wandering the world he doesn't whish to know authorship. This is also said to be Rājayoga.

New durable clothes made of silk, or however, old, worn [clothes] with holes smeared with sandalwood and musk, or smeared with mud. In whose mind joy and sorrow are not situated, just he is [in the state of] Rājayoga. Just he is in the state of Rājayoga for whom the mind is neither in abundance nor in lack, being located in a city, a forest, an uninhabited village or a village full of people.

[Description of Caryayoga]

Now caryāyogaḥ, the Yoga of wandering is explained.

Shapeless, unchangeable, permanent [and] unsplitable. Such is the self. It is seen as such by the one whose mind abides in the self without moving. His self is not touched by sin and merit. Just as the leave of the lotus situated in the amidst water doesn't touch the water; likewise the self [is not touched by sin and merit]. Just as the wind wanders according to its own will in space, likewise the mind of one who is absorbed into the universal spirit [wanders according to its own will in space]. This is *caryāyoga*.

[Description of Hathayoga]

Now hathayoga, the forceful Yoga is explained.

The practice of breath shall be done in this manner: "Exhalation, Inhalation [and] Retention etc. And then due to the six practices (*saṭkarma*), like *dhauti* etc. the purification of the body arises. When the full breath abides in the middle of the sun-channel. Then the mind is unmovable. The form of bliss immediately shines through the motionless mind. Due to the execution of Haṭhayoga the mind becomes absorbed into emptiness. The time of death does not approach.

Now, the second division of Hathayoga is explained.

The shine of ten million suns in one's own body beginning from the feet to the top of head is contemplated in any color equal to white, yellow [or] red. Due to the execution of meditation in the entire body disease does'nt arise, fever doesn't arise and vitality grows.

[Description of Jñānayoga]

Now the characteristic of *jñānayoga* is explained.

- 1. He shall see the world truly as being one, shining in all selves. By applying indistinctness he shall accomplish $J\tilde{n}\tilde{a}nayoga$.
- **2.** Wherever the world is established or made of omniscience, who knows thus by means of insight, he is a like an expert of knowledge.
- 3. He always attains the reality of $\dot{sambhavi}$ the goal of eternal non-duality. Just as the seed of the Nyagrodha⁴¹ scattered onto the soil [always] becomes a tree.
- **4.** The absolute unity (*ekāntaṃ*), is seen as multibel (namely) made up of ten parts by oneself. The rolled up shoots of the branches are the sprouting stalks of the root shoot.
- **5.** By virtue of its inherent nature, this branch with its branches, which is the fruit of the flower of love, is in the seed. Certainly, that is pure, eternal, unchanging and immaculate.
- **6.** One, not one and self-existing, existing in manifold ways through its own rule and work, [as] five principles (tattva) which are: thinking mind (manas), intellect (buddhi), illusion ($m\bar{a}ya$), individuation ($ahamk\bar{a}ra$) and modifications ($vikriy\bar{a}$).

7.In this way, the ten variations fully permeate the world and the non-world. Only one thing is and not something else: Whoever knows this is a connoisseur of

⁴¹ In rituals, the nyagrodha (Ficus indica or India fig or banyan tree) danda, or staff, is assigned to the kshatriya class, along with a mantra, intended to impart physical vitality or 'ojas'.[27. Brian K. Smith. Reflections on Resemblance, Ritual, and Religion, Motilal Banarsidass Publishe, 1998

reality.

Transmigration is the appearance of the plant world, mountains, trees, earth etc. Transmigration is the appearance of living beings beginning with birds, horses, elephants and humans.

And then whoever is one who is a [sense] object of sight is said to be visible. He who is not seen by sight is said to be invisible.

In this way the view of separation of one's own self which is subjected to transmigration is to be removed by means of [applying the view of] unity. Only this is Jñānayoga.

Because of the execution of it, time does'nt destroy the body.

Now the division of the inherent nature is described.⁴²

Just as the seed of the banyan tree ripens into the shape of the banyan tree, and by its own inherent nature attains such a tenfold division. [Namely]:

"Root, shoot, bark, branch, twig, bud, the unfolding flower, flower, fruit and nectar." The division reaches [those] ten parts.

In this way, the pure, unchanging, unblemished, attains such [division] precisely because of the inherent nature of the self. [Namely] the division "Earth, Water, Fire, Wind, Space, Mind, Intellect, Illusion, Transformations and Form".

Because of the power of Jñānayoga, there arises the certainty that "The Self is verily one."

As some particular soil (*ekaika*) sometimes appears soft, sometimes beautiful, sometimes fragrant, sometimes unscented, sometimes golden, sometimes silver, is sometimes made of precious stone, sometimes appearing white, sometimes black, sometimes copper, sometimes yellow, sometimes mottled, sometimes like various fruit, sometimes like flowers, sometimes like the nectar of immortality, [and that only] because of its inherent nature.

In this way, the self also takes the form of a human, a bird, a gazelle, an elephant, a vidyādhara, a gandharva, a centaur, great scholar or a great fool, a sick or healthy, an angry or or peaceful person, by virtue of its inherent nature.

Because of Jñānayoga, transformation is recognized as formless, Just as the place of origin of the fruit is only one. But the transformation of the fruit is seen as

⁴²This refers to the mention of *svabhāva* in verse 5 of the description of Jñānayoga.

manifold.

One fruit falls onto the ground. It is getting bright.

A bee drinks the flower juice of a fruit. The lover [bee] places itself on the flower wreath above the protuberant circular pistil.

What are the eight enjoyments?

A beautiful dwelling, good clothing, a good bed, a well-trained horse?, a nice place, food and drink.⁴³ Those are the eight enjoyments of the wise.

- 1. Clothes made from silk;
- 2. A site of the palace in which there are mainsions endowned with five or seven rooms.
- 3. A huge, very soft and lovely bed;
- 4. [on which] there is seated a lotus-like youthful, charming and virtuous wife;
- 5. An excellent throne;
- 6. An exceptional valuable horse;
- 7. Food that pleases the senses;
- 8. Various drinks.

Like the rays of the sun, the butter of milk, the burning of fire, the stupor of poison, the sesame oil from the sesame seed, the shade from the tree, the sweet odor from a fruit, the fire from a scabbard, the sweet sap of Śārkara⁴⁴ and so on, the cold of piles of snow, and so on is the inherent essence of things. In the same way, the course of the world is also in the center of the highest God's own form. And the Most High God is indivisible and all-filling.

[Continuatuin of *Laksyayoga* - Bāhyalakṣya]

Now the external fixation is taught.

Beginning with a four finger wide distance from the tip of the nose, the space[-element] full of light whose appearance is blue shall be made the object of fixation.

Or, a six finger wide distance from the tip of the nose, the wind-element whose appearance is greyish shall be made the object of fixation.

Or, an eight finger wide distance from the tip of the nose, the very red fire[-element] shall be made the object of fixation.

⁴³The verse only gives 7 enjoyments!

⁴⁴A liquor prepared from Dhātakī with sugar.

Or, a ten finger wide distance from the tip of the nose, the white water[-element] being fickle shall be made the object of fixation.

Or, a twelve finger wide distance from the tip of the nose, the yellow-colored earth-element shall be made the object of fixation.

Or beginning at the tip of the nose⁴⁵ the space-element full of fire shining like ten million suns shall be made the object of fixation.

After having fixed the gaze on the space[-element?] or above the space[-element?], due to the execution of meditation he sees the sun without the group of thousand rays related to the sun.

Or the mass of light situated seventeen fingers wide distance above the head shall be made the fixation object.

Diseases of the limbs are removed without medical herbs. All enemies become friends while sleeping. The lifespan increases up to 1000 years.

[Continuatuin of *Laksyayoga* - Antaralaksya]

Now the inner fixation objects are taught.

At the location of the root bulp rising from the staff of Brahma up to the aperture of Brahma exists the one white coloured Brahma channel.

The interior of the Brahma channel, which equals a pale-red string shining like 10 million suns, goes upwards.

A particular manifestation exists as such. Due to the execution of meditation on this manifestation, the eight great siddhis of humans beginning with *anima* etc. become established after one has entered into [the manufestation's] imminence.

Or from the execution of meditation onto the bright light at the centre within the space at the forehead diseases related to the body beginning with leprosy vanish. Lifeforce increases.

Or because of executing meditation on the middle of the eyebrows [of which there is] a very subtle and red colored light, he is one who is beloved among all royal people.

Having seen this person, everybody's gaze is fixed onto him.

⁴⁵Given the clear instructions of the respective distance of the exercise in the previous sentences, it is surprising that this instruction is lacking the mention of the distance.

4.1 Bibliography

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