Yogatattvabindu of Rāmacandra A Critical Edition and Annotated Translation

Nils Jacob Liersch

May 2, 2022

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Chapter 1

The List of the 15 Yogas

• It's not entirely clear if the list given at the beginning of the text codifying the fifteen *yoga*s belongs to the original text or was a later addition by a another hand. One primary reason for this possibility is the structure of the *yoga*s in the actual course of the text does not equal the list. The text begins with a description of *kriyāyoga* and continues to describe *siddhakuṇḍaliniyoga* and somewhat suprisingly mentions *mantrayoga* in the same breath. One starts wondering why the structure of the text does not follow the codification. However the mention of *jñānotpattav upāyaḥ* might be a clue why the second *yoga* in the list might be *jñānayoga*. So far it seems to me that there are three options or a combination of these to explain these apparent inconsistencies: 1. The text is highly corrupted. 2. The codification was a later addition of another hand. 3. The term *jñānayoga* is listed due to the results of *siddhakuṇḍalinīyoga*, which is the generation of knowledge due to the practice of a certain *yoga* involving the central channel, as mentioned in this section of the text.

Chapter 2

Conventions in the Critical Apparatus

2.1 Sigla in the Critical Apparatus

- E: Printed Edition
- P: Pune BORI 664
- L: Lalchand Research Library LRL5876
- B: Bodleian Oxford D 4587
- N₁: NGMPP B 38-31
- N₂: NGMPP B 38-35 / A 1327-14
- D₁: IGNCA 30019
- D2: IGNCA 30020
- U1: SORI 1574
- U2: SORI 6082

The order of the readings in the critical apparatus is arranged according to the quality of readings in decending order. The critical apparatus is positive. Gemitation is not recorded.

2.2 Punctuation

The very inconsistent use of punctuation marks in the witnesses at hand makes standardization necessary. A close examination of the overall usage of punctuation suggest that in the course of the texts transmission punctuations have been dropped frequently or even have been added. Particularly in the lists given in the text the copists negliance or not properly dealing with punctuation resulted in various forms of those lists with and without punctuations. Due to missing punctuation in many instances copists either made up case endings, changed the text and combined the lists' items into compounds that weren't present in the assumed original text. Even though punctuation plays a role that should'nt be underestimated, the deviation of punctuation at the end of sentences, lists and verse-numbering will only be documented in the critical apparatus of the printed edition to meaningful extend. That means, for example that emendations of obvious mistakes in punctuation will not be recorded in the critical apparatus. However, the digital edition of this work provides a way more detailled documentation of deviations in punctuation in the form of diplomatic transcripts of each witness and even a function to display sentences cummulativly on top of each other.

In the printed edition of the *Tattvayogabindu* the standard conventions of punctuation are followed:

In verse poetry, a *daṇḍa* marks the end of a half verse, half of the *śloka*, and the double *daṇḍa* marks the end of a verse. A half verse is a *pāda*, at least in some literary works, this is concluded by a *daṇḍa* and the end of a *śloka* by a double *daṇḍa*. In prose the single *daṇḍa* indicates the end of a sentence and the double *daṇḍa* marks the end of a paragraph.

Variations in the usage of *Avagraha* will be recorded. Items of lists will be separated by a single *danda*.

2.3 Sandhi

Among the witnesses we see deviating and inconsistent application of *sandhi*. There is no clear evidence that originally *sandhi* was intentionally not applied. This edition will therefore apply *sandhi* consistently throughout the constituted text to provide a readable text sticking to contemporary conventions in Sanskrit. The variant readings concerning *sandhi* are recorded consistently in the apparatus criticus.

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This is due to various textcritical problems arising from the inconsistent usage of punctuation which results in application or non-application of *sandhi* wheter the respective witness applied a *daṇḍa* or not. This is particularly the case within lists, which frequently occur in our compilation. Items were most likely originally separated by *danḍa*.

2.4 Class Nasals

Again, due to inconsistent use of class nasals among the witnesses *anusvāra*s have been substituted with the respective class nasals throughout the edition.

2.5 Lists

Lists are very frequent in the *Yogatattvabindu*. In fact, the text initially gives a list of 15 Yogas in the beginning and many more lists are have been utilized throughout the text. Many witness lost punctuation in the process of copying and as a consequence applied *sandhi*, to arrive at a consistent and conveniently readable edition of the text, all list have been identified as such and normalized to the Nominativ Singular or Nominativ Plural form of the respective item. Items are separated by a double *daṇḍa*. The differences in punctuation, as well as simple emendations regarding punctuation won't be documented in the apparatus criticus.

Chapter 3

Critical Edition of the Yogatattvabindu

[Introduction]

श्री गणेशाय नमः ॥ अथ राजयोगप्रकारो लिख्यते ॥ राजयोगस्येदं फलं । येन राजयोगेनानेकराज्यभो गसमय एव । अनेकपार्थिवविनोद प्रेक्षणसमय एव । बहुतरकालं शरीरस्थितिर्भवित । स एव राजयोगः । तस्यैते भेदाः । क्रियायोगः १ ॥ ज्ञानयोगः २ ॥ चार्ययोगः ३ ॥ हठयोगः ४ ॥ कर्मयोगः ५ ॥ लययोगः ६ ॥ ध्यानयोगः ७ ॥ मन्त्रयोगः ८ ॥ लक्ष्ययोगः ९ ॥ वासनायोगः १० ॥ शिवयोगः ११ ॥ ब्रह्मयोगः १२ ॥ अद्भैतयोगः १३ ॥ सिद्धयोगः १४ ॥ राजयोगः १५ ॥ एते पञ्चदशयोगाः ॥

hpb

¹ śrī gaņeśāya namaḥ cet.] śrī ņe ya maḥ P śrī gaņeśāya namaḥ || śrī gurave namaḥ || N₁ śrī gaņeśāya namaḥ || śrī sarasvatyai namaḥ || śrī nirañjanāya namaḥ D₁ śrī gaņeśāya namaḥ || oṃ śrī niraṃjanāya U₁ atha rājayogaprakāro likhyate N₁N₂D₁] atha rājayogaprakāra likhyate U₁ rājayogantargataḥ | binduyogaḥ E atha tattvabimduyogaprāraṃbhaḥ L atha rājayoga liṣyate P atha rājayoga likhyate U₂ rājayogasyedaṃ phalaṃ PU₂] rājayogasya idaṃ phalaṃ N₁N₂D₁ om. EL 1-2 rājayogenānekarājyabhogasamaya PN₁] rājayogena anekarājyabhogasamaya N₂D₁U₁U₂ 2 prekṣaṇasamaya cet.] prekṣyaṇasamaya U₂ eva cet.] evaṃ U₂ rājayogaḥ cet.] rājayogas U₂ 3 tasyaite PU₂] tasya ete cet. cāryayogaḥ cet.] tvaryāyogaḥ U₁ layayogaḥ cet.] nayayogaḥ U₂ 4 lakṣyayogaḥ cet.] lakṣayogaḥ U₁ 5 siddhayogaḥ PU₂] rājayogaḥ N₁N₂D₁U₁ rājayogaḥ PU₂] siddhayogah cet. ete pañcadaśayogāh PN₁D₁U₁] evam pamcadaśāyogā bhayamti U₂

Philological Commentary: 5 rājayoga: The initial codification of 15 *yoga*s appears in N1,N2,P,D1,U1 and U2. It is ommitted in E and L. B can't be determined due to missing folios.

5

[Description of Kriyāyoga]

इदानीं क्रियायोगस्य लक्षणं कथ्यते।

क्रियामुक्तिरयं योगः स्वपिण्डे सिद्धिदायकः।	1
यं यं करोति कल्लोलं कार्यारंभे मनः सदा।	2
तत्ततः कुञ्चनं कुर्वन्क्रियायोगस्ततो भवेत् ॥१॥	3
क्षमा विवेकवैराग्यं शान्तिसन्तोष निस्पृहाः ।	1
एत द्युक्तियुतो योगी क्रियायोगी निगद्यते ॥२॥	2
मात्सर्यं ममता माया हिंसा च मद्गर्वता।	1
कामक्रोधौ भयं लज्जा लोभमोहौ तथा ऽशुचिः ॥३॥	2

Testimonia: 2 kriyāmuktir] Ysv:kriyāmuktimayo yogaḥ sapiṇḍisiddhidāyakaḥ | yatkāromīti saṅkalpaṃ kāryārambhe manaḥ sadā || 4 tattataḥ] Ysv:tatsāṅgācaraṇaṃ kurvan kriyāyogar ato bhavet | 5 kṣamā°] Ysv:kṣamāvivekavairāgyaśāntisantoṣanispṛhāḥ | etan muktiyuto yoʻsau kriyāyogo nigadyate | 7 mātsaryaṃ] Ysv:mātsaryaṃ mamatā māyā hiṃsā ca madagarvitā | kāmaḥ krodho bhayaṃ lajjā lobho mohas tathā 'śuciḥ || rāgadveṣau] Ysv:rāgadveṣau ghṛṇālasyaśrāntidambhakṣamābhramāḥ | yasyaitāni na vidyante kriyāyogī sa ucyate ||

1 idānīm cet.] idānī N2 atha U2 kriyāyogasya cet.] kriyāyogas U2 kathyate cet.] kathayate D1 om. U₂ 2 kriyāmuktir cet.] kriyāmukti N₂ kriyāmuktih || U₂ ayam cet.] layam N₂ siddhidāyakah cet.] siddhidāyakam U2 4 tattatah cet.] tatastatah U2 tamkr tam U1 kuñcanam cet.] kurcanam N2 tato bhavet PU₂] ato bhava N₁N₂D₁ ato va U₁ 5 viveka cet.] vivekaṃ EU₂ nispṛhāḥ P] °niṣpṛhāḥ U₂ °nispṛhā EN₁ °nispṛhaḥ D₁ °niṣpṛhī U₁ 6 eta EPU₁] etat N₁N₂D₁U₂ yuktiyuto cet.] muktiyuto U_2 yogī $EPN_1D_1U_2$] yo sau N_2U_1 7 mātsaryam EU_1U_2] mātsarya PN_1D_1 himsā ca E] himsāśā cet. hiṃsā ca E hiṃsāḥ N_1 8 °krodhau U_1U_2] krodha° EPN₁ °krodho D_1 'śuciḥ cet.] śuciḥ EN_2U_2 9 rāgadveṣau cet.] rāgadoṣau U1 athadveṣo L ghṛṇālasyam cet.] ghṛnā° N2 bhraṃtir daṃbho cet.] bhrāmtir debho D₁ bhrāntitvaṃ E bhrāmti daṃbha U₁ kṣamā bhramaḥ cet.] mokṣam ābhramaḥ E °kṣamī bhramaḥ U₁ 10 na cet.] ca E 12 kṣamā° cet.] kṣamāḥ N₁ kṣamā' N₂ vivekavairāgyaśānti cet.] kṣamāḥ vivekavairāgya | śāṃti° N1 °vairāgyāśānti° N2 kṣamā || vivekavairāgya || śāṃti° D1 °santoşa ityādīny cet.] °santoṣādīny E °santoṣa ity ādīno° L °santoṣa ity ādīna niraṃtaram U₁ °santoṣa ity ādayo niramtaram U₂ utpādyante cet.] utpadyante E *tpādyamte L utyamte U₁ bahukriyāyogī cet.] bahukriyāyogā D₁ kathyate cet.] sa kathyate D₁N₂ tkacyate U₂ 13 kāpaṭyaṃ cet.] yasyāntaḥkaraṇe kapatyam N₁ kāpayam L kāpacham U₁ māyā N₁N₂] māya D₁ yāya U₁ pāpa U₂ om. EPL vittam EP] vitaṃ L vitvaṃ N₁N₂D₁U₁ titaṃ U₂ **mātsaryaṃ** cet.] mātsaryam E mātsarya D₁U₁ **roṣaḥ** EU₁] roṣo cet. eşo N₂ bhayam cet.] kşayam E lajjā cet.] lajā U₁ lobhaḥ PL] lobha° cet. om. U₂ 14 mohaḥ P] moha LN₂ mohā cet. aśucitvaṃ cet.] aśucitvaṃ N₁D₁ aśūcitvaṃ N₂ rāgaḥ P] rāga° cet. rāja° L om. E dveşaḥ cet.] dveşa L om. E ālasyaṃ cet.] om. E pākhaṃḍitvaṃ cet.] pāṣaṃḍitvaṃ D₁N₁ pākhamdatvam E pārṣaditvam N₂ indriyavikārah cet.] imdriyavīkārah U₁ imdriyam vīkārah P itivikāraḥ L kāmaḥ cet.] kāma N₂ om. U₂ ete cet.] eta L rāte U₁ etate U₂ 15 bhavanti cet.] bhavaīti N₁ bahukriyāyogī cet.] °kiyā° D₁U₁U₂ kathyate cet.] kathyaṃte U₁U₂

Philological Commentary: 5 °kṣamā: The printed edition E starts here. 9 rāga°: L starts here. 10 yasyai: Rāmacandra ends his quotes from the Ysv and continues the rest of his section on Kriyāyoga in prose. The Ysv ends the section on Kriyāyoga as follows: sa eva muktaḥ sa jñānī caṇḍināśena īśvaraḥ | kriyāmuktikaro yoʻsau rājayogaḥ sa muktidaḥ ||

रागद्वेषौघृणालस्यं भ्रन्तिर्दभो क्षमा भ्रमः । यस्यै तानि न विद्यन्ते क्रियायोगी स उच्यते ॥४॥

10

1 2

3

यस्यान्तःकरणे क्षमाविवेकवैराग्यशान्तिसन्तोष इत्यादीन्युउत्पाद्यन्ते। स एव बहुक्रियायोगी कथ्यते। कापट्यं ॥ माया ॥ वित्तं ॥ हिंसा ॥ तृष्णा ॥ मात्सर्यं ॥ अहंकारः ॥ रोषः ॥ भयं ॥ लज्जा ॥ लोभः ॥ मोहः ॥ अशुचित्वं ॥ रागः ॥ द्वेषः ॥ आलस्यं ॥ पाखंडित्वं ॥ भ्रान्तिः ॥ इन्द्रियविकारः ॥ कामः ॥ एते उ यस्य मनसि प्रदिदिनं न्यून भवन्ति । स एव बहुक्रियायोगी कथ्यते।

hpb

1 bhedāḥ cet.] bhedā N_2 kathyante cet.] kathyate N_2 om. L ke te $D_1N_1U_1$] te ke cet. kriyate N_2 siddhakundalinīyogah EN₁] siddhakundalinīyogah U₁ siddhakundalinīyoga U₂ siddhakumdalanīyogah N₂D₁ siddhakumdamlim yogah P mantrayogah cet.] om. L amū cet.] astu E rājayogau cet.] rājayogah E kathyete P] kathyate cet. kathyamte U2 2 mūlakandasthāne cet.] mūlam kamdasthāne ekā cet.] eka N₁N₂ vartate cet.] pravartate U₂ iyam E] iyam cet. trayam L ekā cet.] eka EP $k\bar{a}\,L$ "suṣumṇān $N_1N_2D_1$] suṣumṇā cet. etān cet.] ete $N_1N_2D_1$ 4 iḍā cet.] om. U_2 vartate cet.] pravarttate U₂ dakşinabhāge cet.] dakşine bhāge U₁ vartate cet.] pravarttate U₂ madhyamārge cet.] madhyarge D₁ 5 padminī cet.] padmanī PLN₁N₂ tantusamākārā cet.] taṃtusamākāra° P °prabhā cet.] °prabhah U₁ 6 bhuktimuktidā PU₂] bhuktimuktido° cet. bhuktimuktipradā EL 'syām scripsi] em. 'syā E asyā PLU2 om. cet. jñānotpattau EPLU2] 'tpanne cet. satyām PLU2] satyam E sati cet. 6-7 susumnāyām E] susumnāyā PU2 susumnāya° U1 susumnāyāh N1N2D1 susumnā° L 7 jñānotpattāv upāyāh E] jñānotpattau upāyāh cet. jñānotpattau upāyā U_2 jñānotpanno 'pāyāh N_1N_2 kathyante $EPN_1N_2D_1U_1U_2$] kathyate L **8 caturdalam mūlacakram** $N_1D_1U_2$] caturdalam mūlam cakram EPU1 caturdalamūlacakram L prathamacaturdalamūlacakram N2 vartate cet.] pravartate U₂ 9 prathamam ādhāracakram PLU₂] prathamādhāracakram vartate E raktam scripsi] em. rakta° EPLU₂ gaņeśam daivatam scripsi] em. gaņeśadaivatam ELU₂ gaņeśām daivatam P siddhibuddhiśaktim musako vāhanam scripsi] em. °śaktimusakavāhanam E °śaktir mukhako vāhanam P °śaktimusako vāhanam L °śaktiḥ muṣako vāhanam U2 kūrma scripsi] em. kurma U2 10 ākuñcanam mudrā scripsi] ākuñcana° PLU2 em. ākuṃca° E apānaḥ vāyuḥ scripsi] em. apānavāyuḥ EL °vāyuś P °vāyu U2 ūrmī scripsi] em. urmī U₂ 11 triśikhā PL] triśikhāt E trirekhā U₂

Philological Commentary: 1 kathyante: The whole sentence is *om.* in U1. **mantrayogah**: The sudden appearance of *mantrayoga* seems odd: This section of the text doesn't mention the practice of *mantra* at all. It might me a mistake, or a later insertion. However, all witnesses preserve this reading except L. The sentence that follows confirms the reading of Mantrayoga by the usage of dual forms.

[Siddhakuṇḍalinīyoga and Mantrayoga]

इदानीं राजयोगस्य भेदाः कथ्यन्ते ।के ते । एकः सिद्धकुण्डिलनीयोगः मन्त्रयोगः । अमू राजयोगौ कथ्येते । मूलकन्दस्थाने एका तेजोरूपा महानाडी वर्तते । इयमेका नाडी इडापिङ्गलासुषुम्णान् एतान् भेदान् प्रामोति ।

वामभागे चन्द्ररूपा इडा नाडी वर्तते। दक्षिणभागे सूर्यरूपा पिङ्गला नाडी वर्तते। मध्यमार्गे ऽतिसूक्ष्मा 5 पद्मिनी। तन्तुसमाकारा कोटिविद्युत्समप्रभा।

भुक्तिमुक्तिदा शिवरूपिणी सुषुम्णा नाडी प्रवर्तते । ऽस्यां ज्ञानोत्पत्तौ सत्यां सर्वज्ञो भवति । इदानीं सुषु म्णायां ज्ञानोत्पत्तावुपायाः कथ्यन्ते ॥

[Description of the first Cakra]

आदौ चतुर्दलं मूलचक्रं वर्तते।

प्रथमं आधारचक्रं । गुदा स्थानं ॥ रक्तंवर्णं ॥ गणेशं दैवतं ॥ सिद्धिबुद्धिशक्तिं सुषको वाहनं ॥ कूर्मऋषिः ॥ आकुश्वनं सुद्रासुद्रा ॥ अपानः वायुः ॥ ऊर्मी कला ॥ ओजस्विनी धारणा ॥ चतुर्दलेषु रजःसत्त्वतमोमनांसि । । वं शं षं सं ॥ मध्यत्रिकोणे त्रिशिखा ॥

hpb

¹ tanmadhye cet.] tanmadhya LN₁ 'gniśikhākāraikā E] agniśikhākārā ekā cet. magniśikhākārā ekā P jñiśikhākarāṇakā L vartate EPLN₁N₂D₁U₁] asmi U₂ tasyā cet.] tasyāḥ EN₁D₁ mūrter cet.] mūrtir EL mūrtair U₁ om. U₂ 2°sakala cet.] om. L saka° N₂ vāṅmayaṃ EPLU₂] vāgmayaṃ N₁N₂D₁U₁ sphurati cet.] sphuramti L 3 bahir ānandā scripsi] em. bahir mānandā U2 vīrānandā scripsi] em. virā° U₂ ajapājapah śatah scripsi] em. ajapājapaśat <??> 5 idānīm cet.] idānī N₂ dvitīyam cet.] dvitīye U_2 svādhişṭħānacakraṃ U_1] svādhiṣṭānacakraṃ $EPLN_1D_1U_2$ svādhinacakraṃ N_2 saṭdalaṃ cet.] ṣaḍdalaṃ E ṣaḍḍalaṃ N2 uḍḍīyāṇapīṭha° U2] upāyanapīṭha° E uḍḍīyān pīṭhaṃ L uḍyānapīṭha° N₁N₂ udyāṇāpīṭha° D₁ udāganapīṭa° U₁ 6 lingam scripsi] em. linga° U₂ pītam scripsi] em. pīta° U₂ pītā scripsi] em. pīta° U₂ guṇaḥ scripsi] em. guṇa U₂ vāk scripsi] em. vāca U₂ 7 haṃso scripsi] em. haṃsa° U2 vahaṇo scripsi] em. vahaṇa U2 kāmāgnir scripsi] em. kāmāgnir U2 sthūlo dehaḥ scripsi] em. sthūladehā U₂ rg vedaḥ scripsi] em. rg veda U₂ ācāryaḥ scripsi] em. ācārya° U₂ **8 śuddhabhumikā** *scripsi*] *em.* śuddhabhumikā U₂ **apānaḥ** *scripsi*] apāna° U₂ **9 tejasvinī** *scripsi*] *em.* tejasī U₂ **10 sahasraḥ** *scripsi*] *em.* sahasra U₂ **11 'tiraktavarṇaṃ** PU₂] atiraktavarṇaṃ cet. atiraktavarna U₁N₂ sādhako EPLU₂] sādhakah cet. 'tisundaro EPLU₂] atisumdaro cet. 12 pratidinam cet.] dinam dinam prati N_1U_1 dinadinam prati N_2 dinam prati D_1 13 tṛtīyam cet.] tṛtīye E atha tṛtīyaṃ maṇipūracakraṃ U2 tṛtīyacakraṃ N2 daśadalaṃ cet.] daśadala° L daśadalakaṃ U₁ om. U₂ padmam EPU₁] padme L padma N₁N₂D₁ om. U₂ vartate cet.] om. U₂

Philological Commentary: 1 prathamam ...triśikhā: The whole section from *prathamam* to *triśikhā* is missing in N1,N2,D1 and U1, but present in all other witnesses. **12 yuvatīnām...bhavati**: This additional sentence occurs in N2 only.

तन्मध्ये त्रिकोणाकारं कामपिठं वर्तते ।तत्पीठमध्ये ऽग्निशिखाकारैका मुर्तिर्वर्तते । तस्या मूर्तिध्यनिकरणात् सकलशास्त्रकाव्यनाटकादि सकलवाङ्मयं विनाभ्यासेन पुरुषस्य मनोमध्ये स्फुरति । अस्य बहिरानन्दा ॥ योगानन्दा ॥ वीरानन्दा ॥ उपरमानन्दा ॥ अजपाजपः शतः ॥ ६०० ॥ घटि ९ पलानि ४० ॥

[Description of the second Cakra]

इदानीं द्वितीयं स्वाधिष्ठानचक्रं षट्दलं उड्डीयाणपीठसंज्ञकं भवति । लिङ्गं स्थानं ॥ पीतं वर्णं ॥ पीता प्रभा ॥ रजो गुणः ॥ ब्रह्मा देवता ॥ वैखरी वाक् ॥ सावित्री शक्तिः । । हंसो वाहनं ॥ वहणो ऋषिः ॥ कामाग्निर्प्रभा ॥ स्थूलो देहः ॥ जाग्रद् अवस्था ॥ ऋग् वेदः ॥ आचार्यः लिङ्गं ॥ ब्रह्मसलोकता मोक्षः ॥ शुद्धभुमिका तत्त्वं ॥ गंधो विषयः ॥ अपानः वायुः ॥ अंतर्मातृका ॥ वं भं मं यं रं लं ॥ बहिर्मात्रा ॥ कामा ॥ कामाख्या ॥ तेजस्विनी ॥ चेष्टिका ॥ अलसा ॥ मिथुना ॥ अजपाजपः ग सहस्रः ॥ ६००० ॥ घ । १६ प । ४० ॥

तन्मध्ये ऽतिरक्तवर्णं तेजो वर्तते । तस्य ध्यानात् साधको ऽतिसुन्दरो भवति । युवतीनां अतिवल्लभो भ वति ।प्रतिदिनमायुर्वर्धते ॥

[Description of the third Cakra]

तृतीयं नाभिस्थाने दशदलं पद्मं वर्तते।

hpb

1 kapilam स्त्रिप्सि em. kapilaº U2 visnur scripsi] em. visnu U2 vāyur scripsi] em. vayuº U2 samāno scripsi] em. samāna° U2 garudo scripsi] em. garuda° U2 1-2 sūkṣmalingam devatā scripsi] em. sūkṣmalingadevatāha U₂ 2 svapnā avasthā scripsi] em. svapnāvasthā U₂ dakṣiṇo 'gniḥ scripsi] em. dakşināgnih U2 samīpatā scripsi] samipatā U2 gurulingo scripsi] em. gurulinga U2 4 hamsagamanā scripsi] em. ahamsagamanā U₂ 5 sahasrah scripsi] em. sahasra U₂ 6 vartate cet.] asmi U₂ tasyās cet.] tasyā N₁N₂D₁ kathayitum cet.] kathyitum L kathatum U₁ vaktum U₂ 7 mūrter cet.] mūrtir L om. U2 °karaṇāt cet.] °kāraṇāt E puruṣasya śarīraṃ sthiraṃ cet.] om. P bhavati cet.] bhavati vā U₁ om. P **8 caturtham** cet.] caturthacakrakamalam N₂ **kamalam** cet.] om. N₂ vartate cet.] asti U2 bhavati N2 śvetam scripsi] em. śveta° U2 9 prāņo scripsi] em. prāṇa° U2 jyotiskalākāraṇam deham scripsi] em. jyotih kalākāraṇam dehe U₂ 10 paśyantī scripsi] em. paśyamti U₂ gārhapatyo 'gniḥ scripsi] em. gārhasyatyo gniḥ U₂ śivo scripsi] em. śiva 'U₂ prāptiḥ scripsi] em. prāpti° U₂ 12 śāntih scripsi] em. śānti U₂ mātarā scripsi] em. mātara U₂ 13 ajapājapah scripsi] em. ajapājapaḥ U₂ sahasraḥ scripsi] em. sahasra U₂ 14 °gocaraṃ cet.] gocaratāṃ U₂ bhavati cet.] yāti U₂ 'stadalam cet.] 'stadale P stadalam L astadalam N₁N₂D₁U₁ adhomukham kamalam cet.] adhomukhakamalam L mukham kamalam P vartate cet.] asti U₂ 15 bahiśśaktih scripsi] conj. bahiśaktih U₂ ātmā scripsi] em. ātma° U₂ daśāngulam scripsi] em. daśāgulam U₂ 16 ānati scripsi] conj. unnaty U₂ asamkalpam scripsi] em. asamkalpa U₂.

Philological Commentary: 6 tanmadhye ... cakram vartate: This sentence is *om.* L. tanmadhye ... mūrtir vartate: This sentence *om.* in L.

कपिलं वर्णं ॥ विष्णुर् देवता ॥ लक्ष्मी शक्तिः ॥ वायुरृषिः ॥ समानो वायुः ॥ गरुडो वाहनं ॥ सूक्ष्मिलिङ्गं देवता ॥ स्वमाअवस्था ॥ मध्यमा वाक् ॥ यजुर्वेदः ॥ दक्षिणो ऽग्निः ॥ समीपता मोक्षः ॥ गुरुलिङ्गो विष्णुः । । आपस् तत्त्वं ॥ रजो विषयः ॥ दशदलानि ॥ दशमात्राः ॥ अन्तर्मात्रा ॥ डं टं णं तं थं दं धं नं पं फं । । बहिर्मात्राः ॥ शांतिः ॥ क्ष्मा ॥ मेथा ॥ तनया ॥ मेथाविनी ॥ पुष्करा ॥ हंसगमना ॥ लक्ष्या ॥ तन्मया । । अमृता ॥ अजपाजपः सहस्रः ॥ ६००० ॥ घ । १६ प । ४० ॥

तन्मध्ये पन्चकोणं चक्रं वर्तते । तन्मध्ये एका मूर्तिर्वर्तते । तस्यास्तेजो जिह्नया कथयितुं न शक्यते । तस्याः मूर्तिर्ध्यानकरणात् पुरुषस्य शरीरं स्थिरं भवति ॥

[Description of the fourth Cakra]

चतुर्थं हृदयमध्ये द्वादशद्छं कमछं वर्तते। अनाहतचक्रं हृदयस्थानं॥ श्वेतं वर्णं॥ तमो गुणः॥ रुद्रो देवता॥ उमा शक्तिः॥ हिरण्यगर्भ ऋषिः॥ नन्दि वाहनं॥ प्राणो वायुः॥ ज्योतिस्कलाकारणं देहम्॥ 10 सुषुप्तिरवस्था॥ पश्यन्ती वाचा॥ सामवेदः॥ गार्हपत्यो ऽग्निः॥ शिवो लिङ्गं॥ प्राप्तिः भूमिका॥ सरूपता सुक्तिः॥ द्वादशादलानि॥ द्वादशमात्रा॥ कं खंगं घंणं चं छं जं झं यं तं थं॥ बहिर्मात्रा॥ रुद्राणी। । तेजसा॥ तापिनी॥ सुखदा॥ चैतन्या॥ शिवदा॥ शान्तिः॥ उमा॥ गौरी॥ मातरा॥ ज्वाला॥ प्रज्वालिनी॥ अजपाजपः सहस्रः॥ ६०००॥ घ। ९६ प। ४०॥

अतितेजोमयत्वादृष्टिगोचरं न भवति । तन्मध्ये ऽष्टदलमधोमुखं कमलं वर्तते ।

^{1 °}śveta स्त्रिप्सि। em. sveta° U2 viśramate scripsi] em. viśrāmate U2 1-2 nidrālasya scripsi] em. nidrā ālasya° U₂ 2 nairrtye scripsi] em. nairtye U₂ 3 °śyāma scripsi] em. śāma <??> 4 jñānasamdhāna° scripsi] em. jñānasaṃdhāne U₂ 5 karṇikā cet.] karṇi U₂ kaliketi cet.] kalikeli L karṇiketi E samjñā cet.] om. L 5-6 tatkalikāmadhye cet.] tataḥ N₂ om. L 6 padmarāgaratnasamānavarņāngusthapramāṇaikā scripsi] em. padmarāgasamānavarņāmgusthapramāṇaikā E padmarāgaratnasamānavarnām || amgusthapramānā || ekā PN1 padmarāgaratnasamānavarna amgusthapramānā ekā N₂ padmaratnasamānavarņā amgusthapramāņā ekā L padmarāgaratnasamānavarņā amgusthapramāņāt ekā D₁U₁ padmarāgaratnasamānavarnā || amgusthapramānā ekā U₂ tasyā EP] tasyāh N₁N₂D₁U₁ tasya L jīveti samjñā U₂] jīveti samjñāh N₁ jīveti samjñah N₂ jīveti samjña D₁ jīvasamjñā EPU₂ om. L tasyā EN₂P] tasyāḥ N₁D₁U₁ tasya U₂ 6-7 balam atha ca svarūpam cet.] balam atha svarūpam P balam tasya atha svarūpam U₂ bala sappa svarūpam L balamadhyasvarūpam E 7 kotijihvābhir cet.] koţijihvāyābhi L na cet.] naiva EP asyā cet.] asyāḥ N₁D₁U₁ tasyāḥ U₂ mūrter cet.] mūrtir LN₂ dhyānakāraṇāt cet.] dhyānaṃ karaṇāt U₂ dhyānāt L 8 saṃbandhinyaḥ cet.] saṃdadhinya U₂ strīyah sādhakasya purusasya cet.] strīyo 'pi EPL striyo pi U₂ vaśyā bhavanti cet.] vaśyo bhavati N₂ kim cet.] om. EPLU₂ kathyate cet.] kathyate vā U₁ 9 idānīm N₁N₂D₁U₁] om. cet. kamalam şodasadalam kanthasthāne $N_1D_1U_1$] kamalaşodasadalam kanthasthāne N_2 kanthasthāne şodasadalam kamalam EPL viśuddhacakram kamthastāne U₂ vartate cet.] om. U₂ 10 dhūmram varṇam scripsi] em. dhūmravarne U₂ virāţ scripsi] em. virāṭha U₂ udāno scripsi] em. udāna° U₂ 11 mahākāraṇaḥ dehah scripsi] em. mahākāranadeha U₂ tūrya āvasthā scripsi] em. tūryāvasthā U₂ atharvano scripsi] em. atharvaṇa U₂ jaṅgamaṃ scripsi] em. jaṃgamaº U₂ 12 antarmātrā scripsi] em. antarmātrār carāḥ U₂ 13 icchā scripsi] em. ichā U₂ śaktiḥ scripsi] em. śakti U₂ 14 tāmasī scripsi] em. tamasī U₂ puṣṭā scripsi] em. pusta° U2 15 ajapājapah sahasrah scripsi] em. ajapājapasahasra U2

15 मनश्चिक्रे ॥ मनो देवता ॥ बिहरशक्तिः ॥ आत्मा ऋषिः ॥ नाभिमध्ये स्थितं पद्मं नालं तस्य दशाङ्गुलं । को मलं तस्य तन्नालं निर्मलं चाप्यधोमुखं । कदलीपुष्पसंकाशं तन्मध्ये च प्रतिष्ठितं । मन आन त्यसंकल्पम् । विकल्पात्मकमेव च ।

hpb

¹ koţicandrasamaprabhaḥ cet.] °prabhā LD1 koţisūryasamāna E ekaḥ puruṣo cet.] ekapuruṣo D1 ekapumān U2 puruṣasya cet.] puṃṣaḥ U2 2°paryantaṃ cet.] °paryaṃta N2 om. L puruṣo cet.] sa puruṣo EP 3 ṣaṣṭhacakraṃ cet.] ṣaṣṭhaṃ bhrūmadhye EP ṣaṣṭhaḥ bhrūmadhye L ṣaṣṭa bhrūmadhye U2 ājñā cet.] ajñā N1N2D1 nāmakaṃ U1D1N1] cakraṃ EPL cakraṃ raktavarṇaṃ U2 nāmaka N2 vartate cet.] om. U2 4 agnir scripsi] em. āgnir U2 hiṃṣo scripsi] em. hiṃṣos "U2 caitanyaṃ scripsi] em. caitanya" U2 jñāno dehaḥ scripsi] em. jñānadehī U2 anupamā scripsi] em. anupama" U2 5 pramādaḥ scripsi] em. pramāda" U2 ardhā mātrā scripsi] em. ardhamātrā U2 ākāśaṃ scripsi] em. skaśā U2 jīvo haṃṣaḥ scripsi] em. jīvahiṃṣa U2 "līā scripsi] em. °līlāraṃbhaḥ U2 6 sthitiḥ scripsi] em. sthiti U2 ajapājapaḥ sahasraḥ scripsi] em. ajapājapasahasra U2 8 tac cakraṃ bhruvor madhye dvidalakaṃ sthitaṃ cet.] dvidalaṃ EPL om. U2 'gniyālākāraṃ akalaṃ N1N2D1] agnijvālākāraṃ akalaṃ cet. agnijvālākāraṃ akala U1 na pumān cet.] pumān EBL 9°ajarāmaraṃ cet.] °ajarāmaro BLP bhavati cet.] bhavati vā U2 10 cakraṃ catuḥṣaṣṭhidalaṃ tālumadhye N1D1U1] cakraṃ catuṣaṣṭhidalaṃ tālumadhye N2 tālumadhye catuḥṣaṣṭhidalaṃ EPU2 tāludeśe madhye catuḥṣaṣṭhidala LB 'mṛtapūrṇaṃ scripsi] em. amṛtapūrṇaṃ cet. amṛtapūrṇa N2 11 lalāṭaṃ scripsi] em. lalāṭa "U2 mahākāśā scripsi] em. mahākāśa U2

Philological Commentary: 8 agnijvālākāra°: Witness B starts here. 13 lalāṭaṃ maṇḍalaṃ: This additional passage is found in U2 only. Suprisingly after the additions to this *cakra*, the scribe/author of these additions does'nt add instructions for the duration of practice as before.

पूर्वदले श्वेतवर्णे यदा विश्रमते मनः॥ धर्मकीर्तिविद्यादिसद्भुद्धिर्भवति। अग्निकोणे आरक्तवर्णे निद्राल स्यमायामन्दमितर्भवति। दक्षिणे कृष्णवर्णेति तदा क्रोधोत्पत्तिर्भवति। नैरृत्ये नीलवर्णे ममतामितर्भवति। पश्चिमे किपलवर्णे क्रीडाहासोत्सवोत्साहमितर्भवति। वायव्ये श्यामवर्णे चिन्तोद्वेगमितर्भवति। उत्तरे पीत वर्णे भोगशृङ्गारमहोदयमितर्भवति। ईशाने गौरवर्णे ज्ञानसंधान मितर्भवति।

तन्मध्ये प्राणवायोः स्थानमष्टदलकमलमध्ये लिंगाकारा कर्णिका कथ्यते । तस्याः कलिकेति संज्ञा तत्क लिकामध्ये पद्मरागरत्नसमानवर्णाङ्गुष्ठप्रमाणैका पुत्तलिका वर्तते । तस्या जीवेति संज्ञा तस्या बलं अथ च स्वरूपं कोटिजिह्नामिर्वक्तुं न शक्यते । अस्या मूर्तेर्ध्यानकारणात् स्वर्गपातालाकशमनुष्यगन्धर्विकन्नरगुह्मक विद्याधरलोकसंबन्धिन्यः स्त्रीयः साधकस्य पुरुषस्य वश्या भवन्ति । इत्यत्र किं कथ्यते ॥

[Description of the fifth Cakra]

इदानीं पञ्चमं कमलं षोदशदलं कण्ठस्थाने वर्तते।

धूम्रं वर्णं ॥ जीवो देवता ॥ अविद्या शक्तिः ॥ विराट् ऋषिः ॥ वायुर्वाहनं ॥ उदानो वायुः ॥ ज्वाला कला । । जालंधरो बन्धः ॥ महाकारणः देहः ॥ तूर्य आवस्था ॥ परा वाचा ॥ अथर्वणो वेदः ॥ जङ्गमं लिङ्गं ॥ जीवप्राप्ता भूमिका ॥ सायुज्यता मोक्षः ॥ षोडशदलानि ॥ षोडशमात्राः ॥ अन्तर्मात्रा ॥ अं आं इं ईं उ ऊं ऋं ऋं लुं लुं एं ऐं ॐ औं अं अंः ॥ बहिर्मात्रा ॥ विद्या ॥ अविद्या ॥ इच्छा ॥ शक्तिः ॥ ज्ञानशक्तिः ।

^{1 °}kataraśobhayuktam cet.] °kataraśobhāyuktam N2 °kaśobhāyuktam E °kataraprabhāmuktam U2 raktavarṇaṃ cet.] raktavarṇa° N₂ ghaṇṭikā° cet.] ghāṇṭikā° E ghaṭikā° P ghaṇikā° L ekā cet.] ekā ekā LB bhūmiḥ cet.] bhūmis° U1 bhūmi U2 2 prakaţa° cet.] pragaţa U1 °mdrakaţam U2 amṛtadhārāsravantī cet.] 'mrtādhārā sravamti LB 'mrtādhārā sravati PU2 'mrtādhārā bhavati E vartate N₁N₂D₁U₁] om. cet. **3 kalāyā** cet.] kalāyāḥ N₁N₂U₁ karṇikāyā LB **nāyāti** cet.] na yāti LBU₂ °dhyānakaraṇād cet.] °dhyānād EP amṛtadhārā cet.] amṛtadhārāyāḥ sajīvo E amṛtadhārā plāvanaṃ P amrtadhārā plavanam U₂ sravati LBU₁] sravamti N₁N₂D₁ bhavati EPU₂ tadā EPLBU₂] om. cet. 4 kṣayarogapittajvarahṛdayadāhaśirorogajihvājaḍabhāvā scripsi] em. yakṣamarogapittajvarahṛdayadāhaśirorogajihvājadabhāvā E ksayarogapittajvarahrdayadāhaśirorogajihvājadabhāvān P ksayarogapittajvarahṛdayadāharogajihvāyājaḍabhāvān L kṣayarogapittajvarahṛdayadāharogajihvāyājaḍavān B kşayarogam pittajvarahrdayadāhaśirorogajihvāyājaḍabhāvā N1 kṣayarogam pittajvarahrdayadāhaśirorogajihvāyājadabhāvātā N₂ ksayam rogam pittajvarahrdayadāhaśirorogajihvāyājadabhāvā D₁ ksayarogapittajvarahṛdayadāhaśirorogajihvāyājaḍabhāvā U1 kṣayarogoptatti || jvara hṛdayadāha || śiroroga || jihvājadatā | dayo U₂ **bhaksitam** N₂U₁] bhaksitam N₁ bhaksitām D₁ bhaksitam api EPLU₂ bhāksitamār pi B vişam api N₁N₂D₁U₁] vişam LBU₂ vişan E viṃṣa P bādhate EPN₂] bādhyate cet. yadyatra cet.] yadyatram api LB yadyanna N_1D_1 manah sthiram EP] manasthiram cet. macakram brahmaramdhrasthāne $\acute{s}atadalam$ $N_1N_2D_1$] brahmarandhrasthāne $\acute{s}tamam$ $\acute{s}atadalam$ cakram EPU2 brahmaramdhrasthāne aşṭamam śatadalam cakram LB cakram brahmaramdhrasthāne śatadalam U₁ gurur scripsi] em. guru° U₂ caitanyah scripsi] em. caitanya° U₂ 7 bhūtaturyātītam scripsi] em. bhūtaturyātīta° U2 dehaḥ scripsi] em. deha° U2 8 vedaḥ scripsi] em. veda U2 anupamam scripsi] em. anupama° U₂ ajapājapah sahasrah scripsi] em. ajapājapasahasra U₂ 9 sarvajapah scripsi] em. sarvajapaº U₂ 11 kamalasya cet.] kamalaº E jālandharapīṭha cet.] jālandharapīṭhaº B jātyadharaṇīpīṭha E iti cet.] om. B samjñā cet.] °samjñā B sthānam cet.] sthānam mūrti vartate LB

। शतला ॥ महाविद्या ॥ महामाया ॥ बुद्धिः ॥ तामसी ॥ मैत्रा ॥ कुमारी ॥ मैत्रायणी ॥ रुद्रा ॥ पुष्टा ॥ सिंहनी ॥ अजपाजपः सहस्रः ॥ १००० ॥ घ । २ प । ४६ अक्षर ४० ॥ तन्मध्ये कोटिचन्द्रसमप्रभः एकः पुरुषो वर्तते । तस्य पुरुषस्य ध्यानकरणादसाध्यरोगा नश्यन्ति । एकस हस्रवर्षपर्यन्तं पुरुषो जीवति ॥

[Description of the sixth Cakra]

इदानीं षष्ठचक्रं आज्ञानामकं वर्तते।

अग्निर्देवता ॥ सुषुम्णा शक्तिः ॥ हिंसो ऋषिः ॥ चैतन्यं वाहनं ॥ ज्ञानो देहः ॥ विज्ञानावस्था ॥ अन्तपमा 5 वाचा ॥ सामवेदः ॥ प्रमादः लिंगं ॥ अर्था मात्रा ॥ आकाशं तत्त्वं ॥ जीवो हंसः ॥ चैतन्यलीला आरंभः । । द्वे मात्रा ॥ हं क्षं ॥ अंतर्मात्रा ॥ बिहर्मात्रा ॥ स्थितिः ॥ प्रभा ॥ अजपाजपः सहस्रः ॥ १००० ॥ घ । २ प । ४६ अक्षर ४० ॥

1 'gnidhūmākārarekhā EPLB] 'gnidhūmākārāreṣā N₁D₁ agnidhūmrākārarekhā N₂U₁ 'gnidhūmrākārārekhāyāh U₂ **yādrśī** cet.] yādrśy° E etādrśī U₂ **yādrśy** PLB] ādrsy E yādrśī N₁N₂D₁U₁ om. U₂ tasyā EPLB] tasyāḥ cet. nādir nānto 'sti cet.] nāstyaṃtaḥ ādir api nāsti N₁N₂D₁U₁ nādināṃ 'to sti P **2 mūrter** EPU₁U₂] mūrtir cet. **dhyānakaranāt** scripsi] conj. dhyānakāranāt pratyaksam niramtaram EB dhyānakaranāt pratyaksaniramtaram cet. purusasyākāśe cet.] purusa ākāśe N₂ puruşasyākāśa° U2 puruşasya ākāśi U1 gamāgamau cet.] °gamo U1 °game N2 bhavataḥ cet.] bhavata U₂ prthvīmadhye cet.] prtivīmadhye BU₂ sthitasyāpi cet.] sthitāv-api N₁N₂D₁U₁ prthvībādho EL] pṛtvībādho B kṣato bādho N₁N₂D₁U₁ pṛthaka P pṛthvī bādhoko U₂ na bhavati cet.] bhavati P na bhati U₂ 3 sakalam pratyaksam nirantaram scripsi em. sakalāpratyaksam nirantaram N₁N₂D₁U₁ sakalāḥ pratyakṣaṃ niraṃtara BL sakalān pratyakṣaṃ niraṃtaraṃ E om. PU₂ paśyati cet.] paśyatī LB om. PU₂ prthagbhavati E] ca prthak bhavati BL ca prthak ca bhavati N₁N₂U₁ om. PU₂ atiśayenāyur EP] atīśayanāyur BL atiśayena āyur N₁N₂D₁U₁ om. U₂ vardhate cet.] vardhayate BL 4 °navama cet.] navamam B navamas° U₁ bhedāh cet.] bheda N₂ kathyante cet.] kathyate LBN₂U₂ mahāśūnya° cet.] mahāśūnye LBN₁ om. U₂ °cakreti cet.] °cakram iti EP cakram iti LB om. U₂ saṃjñā cet.] om. U2 tadupary EPB] tad upari cet. om. U2 paraṃ cet.] om. BLU2 kimapi cet.] kim api N₁N₂D₁U₁ om. U₂ 5 tasya cet.] tasya cakrasya N₁N₂D₁U₁ madhye tasya U₂ pūrṇagiri° EPBLU₂] pūrņagiri N₁N₂D₁ pūrņagire U₁ p**īṭham°** PBLU₂] pīṭha E *om.* cet. **iti** PU₂] iti saṃjñā BL om. cet. etādrśam cet.] etadrśam E ekādaśam U₂ nāma cet.] nāmah U₁ 6°cakramadhye cet.] °cakrasya madhye EPBL °cakrasya U₂ °mukham cet.] ūrdhmukham EPL urdhvamukham U₂ ūrdhvamukhem B atiraktavarnam cet.] iti raktavarnam ELB iti raktavarna° P ativarnam U₂ °**śobhāspadam** cet.] °śobhāspadam E °śobhanāsyadam U₂ anekakalyāṇapūrṇaṃ cet.] °pūrṇa° BN₂ ekaṃ cet.] eka° D₁ om. U₁ 7 vartate cet.] vartato B yasya cet.] yasya kamalasya U₂ manaso vacaso E] manasā vacasā PLBN₁N₂D₁ vacasā manasā U₁ manasā vācā U₂ na cet.] om. L gocaraḥ cet.] gocara N₂U₂ kamalasya cet.] kamala° P trikonarūpaikā E] trikonārūpā ekā cet. trikonārūpā eka N₁N₂

Philological Commentary: 2 °kāraṇāt pratyakṣaṃ niraṃtaraṃ: Even though every single witness at hand transmits the latter reading right after °*karaṇāt*, several considerations make it reasonable to conject that the original sentence is corrupted and was written without it. The main consideration to assume the corruption is that the syntactical units *pratyakṣaṃ nirantaraṃ* is ungrammatical in this construction. The second is that the sentence is way more meaningful without it. The third that two sentences later we get the phrase in a meaningful context. Due to the last consideration my best guess is an interlace at an early stage of transmission. **°manaso vacaso**: All manuscripts at hand share this usage of the instrumentals. Only the printed edition conjectures the forms into the exspected genitiv. I adopted the variant of the printed edition to arrive at a grammatically correct text.

तचकं भ्रुवोर्मध्ये द्विदलकं स्थितं तन्मध्ये ऽग्निज्वालाकारं अकलं किंचिद्वस्तु वर्तते। न स्त्री न पुमान्। पुरुषस्य शरीरमजरामरं भवति॥

[Description of the seventh Cakra]

इदानीं सप्तमं चक्रं चतुःषष्टिदलं तालुमध्ये ऽमृतपूर्णं वर्तते।

ललाटं मण्डलं ॥ चंद्रो देवता ॥ अमृता शक्तिः ॥ परमात्मा ऋषिः ॥ अमृतवासिनी कलासप्तदशी ॥ अमृत 5 कल्लोलनदी महाकाशा ॥ अंबिका लंबिका ॥ घंटिका तालिका ॥ अजपागायत्री देहस्वरूपं ॥ काकमुखी । । नरनेत्रा ॥ गोशृंगा ॥ ललाटब्रह्मपठा ॥ हयग्रीवा ॥ मयूरमुखा ॥ हंसवदंगानि ॥ अजपागायत्री स्वरूपं ॥ अधिकतरशोभयुक्तं ॥ अतिश्वेतं ॥ तन्मध्ये रक्तवर्णं घण्टिकासंज्ञा । एका कर्णिका वर्तते । तन्मध्ये भूमिः । तन्मध्ये ऽप्रकटचन्द्रकला अमृतधारास्रवन्ती वर्तते ।

तस्याः कलाया ध्यानकरणात् तस्य समीपे मरणं नायाति । निरन्तरध्यानकरणाद मृतधारा स्रवति । तदा क्षयरोगिपत्तज्वरहृदयदाहिशरोरोगिजिह्वाजडभावा नश्यन्ति । भिक्षतं विषमिप न बाधते । यद्यत्र मनः स्थिरं भवति ॥

[Description of the eighth Cakra]

इदानीं अष्टमचक्रं ब्रह्मरंघस्थाने शतदलं वर्तते । गुरुर्देवता ॥ चैतन्यः शक्तिः ॥ विराट् ऋषिः सर्वोत्कृष्ट साक्षिः ॥ भूततुर्यातीतं चैतन्यात्मकं ॥ सर्ववर्णाः ॥ सर्वमात्राः ॥ सर्वदलानि ॥ विराट् देहः स्थितावस्था ॥ प्रज्ञा वाचा ॥ सोहं वेदः ॥ अनुपमं स्थानं ॥ अजपाजपः सहस्रः ॥ १००० घटि २ पला ४६ अक्षर ४० ॥ सर्वजपः संख्या ॥ २१६०० ॥ एकविंशतिसहस्राणिषद्भतानि ॥ तथैव च निशाहे वहते ॥ प्राणः यो जानाति स पंडितः ॥ सकारेण बहिर्याति हकारेण विशेत् पुनः ॥ हंसः सोहं ॥ ततो मन्त्रं जीवो जपित सर्वदा ॥ तस्य कमलस्य जालन्थरपीठ इति संज्ञा । सिद्धपुरुषस्य स्थानं ।

hpb

¹ saptadaśī cet.] saptadaśirena LB ekā cet.] om. E "samaprabham cet.] samaprabhā LBU2 samaprabha P sadrsaprabham U₁ **2 param** EU₁U₂] param U₁ para N₂ parim cet. **usnabhāvo** cet.] uṣṇabhavo PLB auṣṇabhāvo D1 udbhavo E "samaprabham N1N2D1] "samaprabhā EPBU2 "samam prabham U₁ om. L **śītalaparam** N₁D₁] śītalam param cet. śītalapara N₂ om. L **bhāvo** cet.] śītabhāvo EPB śītalabhāvo U₂ om. L 3 asyāh cet.] asyā N₂U₂ kalāyā dhyānakaranāt N₂U₁] kalāyāh dhyānakaraṇāt N₁D₁ kalāyā dhyānayogāt EBL kalāyāḥ dhyānayogāt U₂ kalādhyānayogāt P **sādhakasya** cet.] sādhaka° N2 na cet.] om. BL sthāne scripsi] em. stāne U2 4 mokso scripsi] em. mokṣa° U2 aham brahmordhvam scripsi] em. ham brahmordham U2 aham cakra iti scripsi] em. hamcakra iti U2 sakāro scripsi] em. sakaro U₂ bhavati scripsi] em. bhavatī U₂ 5 pitam scripsi] em. pita° U₂ sadoditā scripsi] em. sadoditaº U2 6 śivo scripsi] em. śīvo U2 harātmālayāvasthā scripsi] em. hara ātmālayāvasthā U2 'khaṇḍadvaniḥ scripsi] em. khaṇḍadhvani U2 7 mūlā scripsi] em. mūla° U2 prakṛtir scripsi] em. prakṛti° U₂ layo scripsi] em. laya U₂ 8 dhyānaḥ samādhiḥ scripsi] em. dhyānasamādhi U₂ ananta° cet.] alakṣa° U₁ sthānam cet.] stānaṃ D₁U₂ sthānam vartate BL tatrordhvaśaktiḥ EN₁U₂] tatordhvasaktih P urdhvasaktir U_1 tatra ūrdhva saktih D_1 tatra ūrdhva sakti N_2 rdhasakti ardhasakti BL etādrśī cet.] etādrśā U2 etādrsam D1 ekādaśā PBL samjñā cet.] samjñakā U1 9 asyāḥ cet.] asyā U_1 tasyāḥ N_2 kalāyā cet.] kalāyāḥ N_2U_2 dhyānakāraṇāt cet.] dhyānakāraṇā D_1 tad bhavati N₁N₂D₁] tad bhavati vā U₁ om. cet. **rājyasukhabhogavṛtaḥ** D₁] rājyasukhabhogavataḥ N₁N₂U₁ tasya sukhabhogavatah EPU2 tasya-kham bhogavatam B tasya-sukham bhogavamtam L strīmadhye cet.] śrī strīmadhye N₂ vilāsavataḥ cet.] vilāsavatac U₂ vilāsavamtam LB 10 samgītavinodaprekṣyāvatah N₁D₁U₁] saṃgītavinodaprekṣāvatah PN₂ saṃgītavinodaprekṣāvata U₂ saṃgītaṃ vinodavaṃtaṃ prekṣāvaṃtāḥ B saṃgītavilāsavataḥ vinodaprekṣāvataḥ E saṃgītaṃ prekṣāvatāḥ L eva PB] evaṃ cet. eka U_1 **vat kalā EPLBU $_2$] vṛddhivato N_1D_1 vṛddhi vaṃto N_2 vṛddhir U_1 **vardhate EPN $_1D_1U_1$] vartate cet. puṇyapāpe cet.] puṇyapāpau U₁ om. P 'sya E] om. P asya cet. śarīrasya BL] śarīrena N₁N₂D₁U₁ śarīram EU₂ om. P

Philological Commentary: 2 saptadaśī: A saptadaśī kalā appears frequently in Śaiva literature. References need to be added here. 5 prāṇī: Find parallels of hemistich.

तन्मध्ये ऽग्निधूमाकाररेखा यादशी । यादश्यएका पुरुषस्य मूर्तिर्वर्तते । तस्या नादिर्नान्तो ऽस्ति ।

तस्या मूर्तेर्ध्यानकरणात् पुरुषस्याकाशे गमागमौ भवतः। पृथ्वीमध्ये स्थितस्यापि पृथ्वीबाधो न भवति। सकलं प्रत्यक्षं निरन्तरं पश्यति पृथग्भवति। अतिशयेनायुर्वर्धते॥

[Description of the ninth Cakra]

इदानीं नवमचक्रस्य भेदाः कथ्यन्ते । तस्य महाशून्यचक्रेति संज्ञा । तदुपर्यपरं किमिप नास्ति । तदेव 5 महासिद्धचक्रं कथ्यते । तस्य पूर्णिगिरिपीठिमिति एतादृशं नाम ।

तस्य महाशून्यचऋमध्ये ऊर्ध्वमुखं अतिरक्तवर्णं सकलशोभास्पदं अनेककल्याणपूर्णं सहस्रदलं एकं क मलं वर्तते। यस्य परिमलो मनसो वचसो न गोचरः। तस्य कमलस्य मध्ये त्रिकोणरूपैका कर्णिका ह्प्ब्

1 na $\mathrm{EBLU_2}$] $\mathit{om.}\ N_1N_2D_1U_1P$ spṛṣ́ataḥ cet.] spṛṣ́at U_1 nirantaradhyānakaraṇāt cet.] niramtaram dhyānakaraṇāt BL evam puruṣasya pratidinam niramtaram dhyānakaraṇāt U_2 $\mathit{om.}\ P$ nijasvarūpaprakāśasāmarthyam cet.] nijasvarūpam prakāśanasāmarthyam $\mathrm{EU_2}$ dūrastham apy artham $\mathrm{D_1U_1}$] dūrastham api padārtham BP dūrastham api parārtham L dūrasthopi ca dūrasthavastu E dūrastham api $\mathrm{N_1N_2}$ dūrastham api bhavati || dūrastham api padārtham $\mathrm{U_2}$ samīpa iva cet.] samīpam iva $\mathrm{N_1}$ samīpam iva $\mathrm{N_2}$ samīpam eva $\mathrm{U_1}$

hpb

वर्तते ॥ तत्कर्णिकामध्ये सप्तदशीएका निरञ्जनरूपा कला वर्त्तते । कोटिसूर्यसमप्रभं कलायास्तेजो वर्तते । परमुष्णभावो नास्ति । कोटिचन्द्रसमप्रभं शीतलपरं भावो नास्ति ।

अस्याः कलाया ध्यानकरणात् साधकस्य दुःखं न भवति । अत्र स्थाने ऽहं देवता ॥ सोहं शक्तिः ॥ आत्माऋषिः ॥ मोक्षो मार्गः ॥ अहं ब्रह्मोध्यं ॥ अहं चक्र इति ॥ अग्निचक्रे सकारो भवति ॥ पाणी रूढो भवेज्ञीव आरोहत्यवरोहति ॥ भवगुहा स्थानं ॥ पितं वर्णं ॥ कोटिसूर्यप्रतिकाशं तेजः ॥ सदोदिता प्रभा । । शिवो देवता ॥ मूलमाया शक्तिः ॥ हरात्मालयावस्था ॥ ध्वनिस्थिरानादात्मको ऽखण्डद्वनिः ॥ अघोरा सुद्रा ॥ मूला माया ॥ प्रकृतिर्देहः ॥ वाङ्मनो ऽगोचरः ॥ निःप्रपञ्चः ॥ निःसंशयः ॥ निस्तरंगनिर्लेपलक्षं लयो ध्यानः समाधिः ॥ तदुपरि अनन्तपरमानंदस्य स्थानम् । तत्रोर्ध्वशक्तिः । एतादशी संज्ञा एका कला वर्तते । अस्याः कलाया ध्यानकारणात् पुरुषो यदिच्छिति तद्भवति । राज्यसुखभोगवृतः । स्नीमध्ये विलासवतः संगीतिविनोदप्रेक्ष्यावतः एव पुरुषस्य प्रतिदिनं शुक्लपक्षे चन्द्रकलावत् कला वर्धते । पुण्यपापे ऽस्य शरीरस्य न स्पृशतः । निरन्तरध्यानकरणात् निजस्वरूपप्रकाशसामथ्यं भवति । दूरस्थमप्यर्थं समीप इव पश्यति ॥

¹ sukhasādhyo cet.] °sādhya N₂ °sādho PB °sādhe L °sādhyopa° U₁ lakṣyayogaḥ cet.] lakṣayogaḥ BL °laksayogah U₁ laksanayogah N₂ asya EPBLU₂] om. cet. laksyayogasya cet.] laksayogasya BLU₂ alaksayogasya U₁ laksanayogasya N₂ pañcabhedā cet.] pamcabhedāh L pamce bhedāh B urdhvalakşa N_2U_1 1–2 adholakşyam EP] adholakşam BLU2 adholakşa N_1D_1 adholakşa N_2 om. U_1 2 bāhyalakşyam U₂] bāhyalakşya N₁D₁ bāhyalakşa N₂ bāhyalakya U₁ bāhyakşam B lakşyam E madhyalaksyam P madhyalaksam L madhyalaksyam scripsi] em. madhyalaksya N₁D₁ madhyalaksa N₂U₁ madhyalaksam U₂ bāhyalaksyam EP bāhyaksam L om. B antaralaksyam EP] antaralaksya N₁D₁U₁ amtaralakşam BL antaralakşa N2 sarvalakşyam U2 3 prathamam EP] prathamam N1N2D1U1U2 atha L athama B **ūrdhvalaksyam** E] ūrdhvalaksyah P urdhvalaksya U₁ ūrdhvalaksam L urdhvalaksam U₂ urdhvalakşah N₁N₂D₁ urdhalakşam B **kathyate** cet.] om. LB **ākāśamadhye** cet.] om. P **dṛṣṭi**ḥ cet.] dṛṣṭi B om. P atha ca PN₁N₂U₁] atha vā LBD₁ atha U₂ kadā ca E mana ūrdhvaṃ EPN₂] mana urdhvam N₁U₂ mana ūrdham D₁ manerddhvam U₁ ūrdhvam mana L ūrdhvamana B sthāpyate cet.] sthāpayati E 4lakṣyasya EPN1] lakṣasya cet. lakṣaṇasya N2 dṛḍhīkaraṇāt cet.] dṛdhakaranāt EP dṛḍhīkṛtvā LB **tejasā** cet.] tenasā U₂ teja° LB **dṛṣṭer-aikyaṃ** EPU₁U₂] dṛṣṭeḥ aikyaṃ N₁D₁ drsteh ekam N₂ drstair aikā LB atha cet.] athā B cākāśa° EPBU₂] ca ākāśa° N₁D₁U₁ vākāśa° L ākāśa° N₂ kaścid adrytah cet.] kaccid drytah L kaccit drytah B kaścita adrytah N₂ kaścid dryta° U₂ 5 padārtho cet.] padārthe N₁ padārtha N₂ sa cet.] om. LBN₂U₂ dṛṣṭigocare D₁N₁U₂] dṛṣṭigocaro cet. dṛṣṭigocarā N₂ bhavati cet.] bhavatī B evordhvalakṣyaḥ EPD₁U₁] °lakṣaḥ L evordhalakṣaḥ B °lakşya N₁U₂ eva vodhalakşanam N₂

Philological Commentary: 1 **laksyayogasya:** The designation of this type of yoga is transmitted in various variants. Given the list of the 15 yogas at the beginning of the text it is very likely that the correct name of the yoga is *laksyayoga* and not *laksayoga* or *laksanayoga*.

[Lakṣyayoga, the yoga of fixation]

इदानीं सुखसाध्यो लक्ष्ययोगः कथ्यते । अस्य लक्ष्ययोगस्य पत्रभेदा भवन्ति । १ ऊर्ध्वलक्ष्यम् । २ अधो लक्ष्यम् । ३ बाह्यलक्ष्यम् । ४ मध्यलक्ष्यम् । ५ अन्तरलक्ष्यम् ।

[1. Ūrdhvalakṣya - The upward directed fixation]

प्रथममूर्ध्वलक्ष्यं कथ्यते । आकाशमध्ये दृष्टिः । अथ च मन ऊर्ध्वं कृत्वा स्थाप्यते ।

एतस्य लक्ष्यस्य दृढीकरणात् परमेश्वरस्य तेजसा सह दृष्टेरैक्यं भवति । अथ चाकाशमध्ये यः कश्चिदृदृष्टः 5 पदार्थो भवति । स साधकस्य दृष्टिगोचरे भवति । अयमेवोर्ध्वलक्षयः ।

[2. Adholakṣya - The downward directed fixation]

अथाधोलक्ष्यः । नासिकाया उपरि द्वादशांगुलपर्यन्तं दृष्टिः स्थिरा कर्त्तव्या । अथ वा नासिकाया अग्रे

¹ athādholakṣyaḥ स्विप्सि] em. atha adholakṣyaḥ N₁ athādholakṣaḥ PL athādholakṣa B atha adholakṣanaḥ N₂ atha adholakṣaḥ D₁ atha adholakṣa U₁ om. EU₂ nāsikāyā cet.] nāsikāyāḥ EU₂ upari cet.] upariṣṭāt U₂ dvādaśāṃgulaparyantaṃ cet.] "mūlaparyantaṃ E daśāṃgulaparyaṃtaṃ U₂ dṛṣṭiḥ cet.] dṛṣṭiḥ cet.] dṛṣṭiḥ cet.] dṛṣṭiḥ cet.] om. LB nāsikāyā cet.] nāsikāyāḥ U₁ nāsika N₂ agre cet.] om. LB

दृष्टिः स्थिरा कर्त्तव्या । लक्षद्भयस्य दृढीकरणादृष्टिः स्थिरा भवति । पवनः स्थिरो भवति । आयुर्वर्द्धते । एत द्भयमेव बाह्यलक्ष्यमपि कथ्यते । बाह्याभ्यन्तरमाकाशवत् शून्यलक्ष्यः कर्त्तव्यः । जाग्रदृशायां चलनदृशायां भोजनदृशायां स्थितिकाले सर्वस्थाने शून्यस्य ध्यानकारणात् मरणत्रासो न भवति ।

[The Rājayogin's Body]

इदानीं राजयोगयुक्तस्य पुरुषस्य यचरीरचिह्नं तत् कथ्यते।

इसर्वत्र पूर्णो भवति । पृथिव्यां दूरं न तिष्ठति । पृथिवीं व्याप्य तिष्ठति । यस्य जन्ममरणे न स्तः । सुखं न भवति । दुःखं न भवति । कूलं न भवति । शीलं न भवति । स्थानं न भवति । अस्य सिद्धस्य मनोमध्ये ईश्वरसंबन्धी प्रकाशो निरन्तरं प्रत्यक्षो भवति । स च प्रकाशो न शीतो न चोष्णो न श्वेतो न पीतो स्प्ब

1 dṛṣṭiḥ cet.] dṛṣṭiº N2 sthirā cet.] om. LB karttavyā cet.] om. LB lakṣadvayasya cet.] laksadūyasya E drdhīkaranād N2] drdhīkaranāt ELN1D1U1U2 drstīkaranāt P drdhīkaranān B drstih cet.] drsti° LN₂U₂ sthirā cet.] sthiro B °sthiro L bhavati cet.] bhavatī B pavanaḥ EPN₁D₁] pavana° N₂U₁U₂ om. LB sthiro cet.] om. LB bhavati cet.] om. LB 1-2 etad dvayam PLN₂] etad dūyam E etad dvayadvaya B etat advayam N₂D₁ etat dvayam U₁U₂ 2 eva N₁N₂D₁U₁] api cet. bāhyalakṣyam EPU_1U_2] °lakṣam cet. api $N_1N_2D_1U_1$] eva $EPLBU_2$ kathyate $N_1N_2D_1U_1$] bhavati EPLU₂ bhavatī B **bāhvābhvantaram** N₂] bāhvo bhvamtaram N₁D₁ bāhvābhvamtare PLBU₁U₂ bāhyāṃtara E $\,$ ākāśavat $N_1N_2D_1U_1]$ ākāśacvat B ākāśacen L ākāśe cet PU_2 ākāśe E $\,$ śūnyalakṣyaḥ N₁D₁U₁] śūnyalakṣyaṃ EPU₂ śūnyalakṣaḥ N₂ śūnyaṃ lakṣaṃ LB **karttavyaḥ** cet.] karttavyā LB jāgraddaśāyām cet.] jāgraddaśāyām N₂ jāyadaśāyām N₂ jāgradādidaśāyām LB **calanadaśāyām** cet.] cakabadaśāyām N₁ **3 bhojanadaśāyām** cet.] bhojanam daśāyām P om. U₁ **sarvasthāne** cet.] sarvasthāneşu LB **maraṇatrāso** N_1D_1] maraṇatrāso N_2 maraṇasautrām U_1 om. EPLBU₂ **na** cet.] om. EPBU₂ bhavati N₁N₂] bhavati || śūnya D₁ bhavati vā U₁ om. cet. 4 puruṣasya cet.] om. E yac carīracihnam N₁D₁P] yat śarīracinham U₂ śarīre yac cihnam E yac charīre cinham U₁ yac charīracihūm N₂ cinhnaṃ LB tat EN₁N₂D₁] tata U₁ om. cet. 5 sarvatra° N₁N₂D₁U₁] tatsarvatra° cet. °pūrņo cet.] pūrnā PN₂ bhavati cet.] bhavatī B pṛthivyām scripsi] conj. pṛthivyāh cet. pṛthivyā U₂ om. LB dūram U₂] dūre EN₁D₁ ddūre U₁ dūra N₂ om. LB na tiṣṭhati scripsi] conj. tiṣṭhati cet. om. LB **pṛthivīṃ** scripsi] pṛthivyāṃ E pṛthi° P pṛthvāṃ N₁ pṛthvīṃ N₂D₁ pṛthivyā U₂ om. LBU₂ vyāpya cet.] vyāti U₂ om. LBU₁ tiṣṭhati cet.] om. LBU₂ yasya cet.] om. LBU₁ janmamaraņe cet.] jananamaraṇe U_2 om. LBU $_1$ na cet.] om. LBU $_1$ staḥ cet.] om. LBU $_1$ sukhaṃ cet.] om. LBU $_1$ $\textbf{na} \ \text{cet.} \] \ \textit{om.} \ \ LBU_1 \quad \textbf{6 bhavati} \ \text{cet.} \] \ \textit{om.} \ \ LBU_1 \quad \textbf{duḥkhaṃ} \ N_1N_2D_1 \] \ \textit{om.} \ \ \text{cet.} \quad \textbf{na} \ N_1N_2D_1 \] \ \textit{om.}$ cet. **bhavati** $N_1N_2D_1$] om. cet. **kūlaṃ** $PN_1N_2D_1$] kulaṃ BU_2 kalaṃ L om. EU_1 **na** cet.] om. EU_1 bhavati cet.] bhavatī BU2 om. EU1 śīlaṃ cet.] śītalaṃ P om. ELB na cet.] om. ELB bhavati cet.] om. ELB sthānam cet.] om. ELB na cet.] om. ELB bhavati cet.] om. ELB asya cet.] om. E siddhasya cet.] siddhasyam pṛthivī vyāpya tisthati yasya yanma maranai na saḥ sukham na bhati kulam na bhavati śīlam na bhavati sthānam na bhavati asya siddhasya U1 om. E manomadhye cet.] om. E 7 iśvarasambandhi cet.] iśvaram sambamdhi B om. E prakāśo cet.] prakāśaḥ N₁N₂D₁U₁ om. E nirantaram cet.] nirattaram U2 om. E pratyakso cet.] prakyaksa N1 om. E bhavati cet.] bhavatī B om. E cosno cet.] ...o U₁ śveto cet.] kheto N₂U₁ na pīto cet.] pīto na U₂

Philological Commentary: 6 asya siddhasyam: U1 repeats the whole section from pṛthivī to ... sthānam na bhavati due to an eyeskip in the process of copying.

भवति । तस्य न जातिर्न किञ्चिचिह्नं । अयं च निष्कलो निरञ्जनः । अलक्ष्यश्च भवति । अथ च फलद्धन्दे न कामिन्यादेर्यस्येच्छा न भवति । तं तं भोगं प्राप्नोति । अथ वा यस्य मन एव स्थाने ऽनुरागं न प्राप्नोति ।

[Other Attributes]

अन्यद्राजयोगस्य चिह्नं कथ्यते।

यस्य राज्यादिलाभे ऽपि फललाभो न भवति । हानाविप मनोमध्ये दुःखं न भवति । अथ च तृष्णा न भवति । अथ च कस्मिन्निप पदार्थे प्राप्ते कस्यापि पदार्थस्योपर्यनिच्छा न भवति । अस्मिन्निप पदार्थे मनसो ऽन्तरागो न भवति ।अयमपि राजयोगः कथ्यते ।

अथ च यस्य मनः श्रुतिविद्वत्पुरुषे मित्रे शत्रौ च समं भवति । दृष्टिश्चच समा भवति । सकलपृथ्वीमध्ये

1 bhavati cet.] bhavatī LB jātir cet.] jāti D₁N₂ jānāti U₂ kiñcic cihnam cet.] °cihnam E °cihūm D₁N₁N₂ kimcit khecha cinhaṃ U₁ na kimcit cinhaṃ U₂ ayaṃ cet.] vyayaṃ LB niṣkalo cet.] nīṣkalo BU₂ nihkalo U₁ alaksyaś cet.] alaksyah U₁U₂ alaksaś LBN₁N₂ ca cet.] om. U₁U₂ bhavati cet.] bhavati B **phaladvande** E] phalacamda PD₁U₂ phalam camda U₁ phalavamda L phalam jamda B phalacamdra N₁ phalam/ camdra N₂ na cet.] om. N₂ 2 āder cet.] āde D₁ ādar B ādir L vasvecchā E] yasyochā P yasya L yasye B yasya yasyecha N_1N_2 yasya yasyechā D_1 yasya yam U_1 yasye chā U_2 na EPLB] om. cet. bhavati cet.] bhavatī B tam tam D₁N₁N₂] tatam U₁ om. cet. bhogam prāpnoti $D_1 N_1 N_2 U_1$] om. cet. atha $D_1 N_1 N_2 U_1$] om. cet. vā yasya D_1] vā sya N_1 vā syamana N_2 vā svāmana U_1 om. cet. mana $D_1N_1N_2U_1$] om. cet. eva $D_1N_1N_2U_1$] etata U_1 om. cet. sthāne $D_1N_1N_2U_1$] om. cet. 'nurăgam $D_1N_1N_2$] nurăgam U_1 om cet. na prăpnoti $D_1N_1N_2U_1$] om. cet. 3 anyad EN₂] anyat N₁D₁U₁U₂ anyate LB om. P rājayogasya cet.] rājayoga° U₁ om. P cihnaṃ E] cinham LBN₁U₂ cimhum N₂ cihum D₁ om. P kathyate cet.] om. P 4 yasya cet.] om. P **rājyādilābhe** EN_1D_1] rājā° LB °lobhe N_2 °lābe U_1 °lābho U_2 om. P '**pi** EN_1D_1] 'pi ca N_2U_1 ty LB om. PU_2 phalalābho $EN_1D_1N_2$] pala° U_1 aphala° LB om. PU_2 na bhavati $ED_1N_2U_1U_2$] na bhavatī LBba bhavati N₁ om. P hānāv cet.] hānād U₂ nahanād PL om. P api cet.] pi LBN₂ om. P bhavati cet.] bhavatī LB atha ca cet.] om. P trsnā cet.] om. P na cet.] om. P 5 bhavati cet.] bhavatī B om. P atha ca cet.] om. P api D₁U₁] na LB pi N₁N₂ adhi U₂ om. EP padārthe cet.] padārtho L padārthau B padārtha "U₂ om. EP **prāpte** cet.] prāpta N₁ om. EP **kasyāpi** cet.] kābhyādi U₂ om. EP padārthasyopary E] padārthasyopari LB padārthopari U2 padārthasya upari cet. om. P anicchā E] ānīcha L ānīchā B anusthā N1 anichā D1 anisthā N2 aniṣṭā U1 anicha U2 na cet.] ni B om. PD₁ bhavati cet.] bhavamti N₁D₁ om. P asminn cet.] kasmin EU₂ api cet.] om. ELB manaso EPLB] manasah N₁D₁N₂U₁ manasa U₁ om. U₂ 6'nurāgo EPLB] anurāgo cet. na bhavati EPU₂] na bhavatī LB bhavati cet. ayam cet.] atham P atha L api cet.] sama L rājayogaḥ cet.] rājayoga N₂U₂ 7 ca cet.] caḥ E yasya cet.] ya D₁ śrutividvat scripsi] munividvat E śunividvat P bhunividvat L śrunividvat BU₁ śrutividyut $N_1N_2D_1$ śuciviśuddha° U₂ puruşe cet.] puruşeşu E mitre cet.] maitre EPLB śatrau cet.] śatro B om. E drstiś cet.] om. LB ca cet.] om. LB samā cet.] namnā P om. LB **bhavati** cet.] om. LB **sakalapṛthvīmadhye** cet.] °pṛtvī° L

Philological Commentary: 6 na bhavati: P and U2 add ayam api padārthe anurāgo na bhavati || after this sentence, which is clearly a corruption.

गमनागमनवतः सुखभोगवतः यस्य मनसि कर्तृत्वाभिमानो नास्ति । अनुचरलोकमध्ये कर्तृत्वं न ज्ञापयति । सो ऽपि राजयोगः कथ्यते ।

नवीनानि पट्टसूत्रमयानि धृतानि वस्त्राणि अथ वा जीर्णानि सच्छिद्राणि धृतानि कस्तूरीचन्दनलेपैर्वा वा कर्दमलेपेन वा यस्य मनसि हर्षशोकौ न स्थौ स एव राजयोगः ।नगरमध्ये ऽथ च वनमध्ये उद्वसग्राममध्ये 5 लोकपूर्णग्राममध्ये वा यस्य मन ऊनं न पूर्णं वा न भवति । सो ऽपि राजयोगः ।

[Description of Caryayoga]

इदानीं चर्यायोगः कथ्यते । निराकारो ऽचलो नित्यो ऽभेद्यः स एतादृश आत्मा स एतादृश आत्मिन मनो यस्य निश्चलं तिष्ठति । तस्यात्मनः पण्यपापस्पर्शो न भवति । उदकमध्ये स्थितस्य पश्चिनी पत्रस्य यथोदकस्य स्प्ब

 ${f 1}$ gamanāgamanavata ${f h}$ P ${f J}$ gamanāgamanavat U ${f 2}$ gamanāgamanata ${f h}$ LB gamanavata ${f h}$ EN ${f I}$ U ${f 1}$ gamana ${f m}$ vatah D₁ gamavatah U₁ sukhabhogavatah cet.] sukhabogho bhavatah LB sukho bhogavatah U₁ sukhabhogavat U₂ kartṛtvābhimāno EPU₁U₂] kartutvābhimano B kartu tvābhimano L kartṛtvādyabhimāno N₁N₂D₁ anucara LB] anuca° N₁N₂D₁U₁U₂P anucara° LB atha ca E lokamadhye cet.] °madhya LB kartrtvam na EPD₁N₂U₂] kartrtvābhimano LB kartrtvam N₁U₁ jñāpayati EPN₁N₂U₂] jñātva payati D₁U₁ nāsti LB **2 rājayogaḥ** EPN₁] rājayoga cet. **3 navīnāni** cet.] navīnīnīś pī L navinīnīr api B patta° ELB] pata° PN₁D₁N₂U₂ pada U₁ mayāni cet.] maya E dhṛtāni cet.] tāni U₁ vastrāņi cet.] om. U2 sacchidrāņi N1N2D1] sachidrāņi U2 sachadrāņi P svachidrāņi LB chidrāņi E dhṛtāni cet.] dhvātāni U2 dhūtāni P kastūrī EPBU2] kasturī L kasturikā N1N2D1U1 candana° E] camdana° cet. lepair E] lepo cet. vā cet.] cā L 4 kardamalepena E] kardamalepo cet. vā cet.] om. E "śokau cet.] "śoko N₁D₁U₂ "śoka N₂ sthau scripsi] em. sthaḥ cet. sthā N₂U₁ sta U₂ sa eva cet.] sa evātra E rājayogah cet.] rājayoga U2 rājayogah || idānīm || LB tisthati E nagaramadhye cet.] rājayogaḥ nagaramadhye E ṣagaramadhye D₁ vā nagaramadhye U₁ 'tha ca PLBU₂] atha ca EN₁N₂D₁U₁ udvasa° U₂] yuddhe sam° E utasam° P udvasta° LB udvesū° N₁N₂D₁ udassam° U₁ grāmamadhye cet.] grāmam madhye B 5 lokapūrnagrāmamadhye U₁]pūrnagrāmamadhye N₁ svetapūrņagrāmamadhye D₁N₂ mana PU₂] manaḥ cet. **ūnaṃ** PN₁N₂U₂] ūnan D₁N₂ unaṃ LBU₁ bhaya° E na N₁N₂D₁] om. cet. vā cet.] vām PU₂ om. U₁ 'pi scripsi] em. pi cet. rājayogah cet.] rājayogah kathyate E 6 caryāyogah cet.] tvaryāyogah U₁ yogah E nirākāro EPLBU₁] nirākālo N₁N₂D₁ nirvikāro U₂ 'calo PU₂] calo LB nityo N₁N₂D₁U₁ om. E nityo EPLBU₂] calo cet. 'bhedyah EN₁N₂D₁] bhedhyah PLB abhedhyah U₁ 'bhedyha U₂ etādrśa PLB] etādrśah EN₁N₂D₁U₁ etādṛśā U_2 **ātmā** cet.] ātmani EU_2 sa LB] om. cet. etādṛśa N_2] etādṛśo PU_1 etādṛśe LN_1D_1 etādṛśye B om. EU₂ ātmani cet.] om. EU₂ mano EPU₁U₂] manaḥ N₁N₂D₁ om. LB 7 yasya cet.] om. LB niścalam cet.] niścala PLN₂ tiṣṭhati cet.] bhavati U₁ tasyātmanaḥ cet.] tasya ātmanaḥ U_1U_2 **puṇyapāpasparso** cet.] puṇyapāsya sparso U_1U_2 **padminī patrasya** cet.] padmanī patrasya PLB padmapatre E 7-25.1 yathodakasya sparśo EPL] yathodakasya sparśā B yathā udakasparśo N₁N₂D₁U₁ yathodakasparśo U₂

Philological Commentary: 4 °tiṣṭhati: E adds yasya janmamarane na staḥ sukhaṃ na bhavati | kulaṃ na bhavati | sthānaṃ na bhavati | here, which seems to be a dittography of previous sentences.

स्पर्शो न भवति तथैवात्मिन । यथाकाशमध्ये पवनः स्वेछया भ्रमित तथा यस्य मनः निराकारमध्ये लीनं भवति । स एव चर्यायोगः॥

[Description of Hathayoga]

इदानीं हठयोगः कथ्यते।

उ रेचकपूरककुंभक इत्यादिप्रकारेण पवनस्य साधनं कर्तव्यम्। अथ च धौत्यादिषद्भर्मकारणात् शरीरस्य शुद्धिर्भवति। सूर्यनाडीमध्ये पवनः पूर्णो यदा तिष्ठति। तदा मनो निश्चलं भवति। मनसो निश्चलत्वे आनन्दस्वरूपं प्रत्यक्षं भासते। हठयोगकरणात् मनः शून्यमध्ये लीनं भवति। कालः समीपे नागच्छति।

इदानीं हठयोगस्य द्वितीयो भेदः कथ्यते।

अपादादारभ्य शिरः पर्यन्तं स्वशरीरे कोटिसूर्यतेजः समानं पीतं नील्लं रक्तं किंचिद्रूपं चिन्त्यते । तद्ध्यान कारणात् सकलांगे रोगः न भवति । ज्वरनं न भवति । आयुर्वृद्धिर्भवति ॥

[Description of Jñānayoga]

इदानीं ज्ञानयोगस्य लक्षणं कथ्यते।

hpb

¹ bhavati cet.] bhavatī B kāśamadhye EP] 'kāśamadhye U2 ākāśamadhye cet. pavanah svechayā cet.] pavanasvachayā N₁N₂D₁ bhramati cet.] brahmayati U₁ yasya manaḥ cet.] yamanaḥ D₁ pavana° N₂ 2 bhavati cet.] bhavatī B caryāyogaḥ cet.] kriyāyogaḥ N₁N₂D₁U₁ 3 hathayogaḥ PLN₁D₁U₁] hathayoga U₂ hatayoga B grahayogaḥ E 5 ityādi cet.] ityādhi° N₂ pavanasya sādhanam cet.] pavanasādhanam EP kartavyam ELB] kartavyam cet. ca cet.] om. U1 dhautyādi cet.] dhotyādi B vidhotyādi U₁ 6 sūryanādīmadhye cet.] sarvasūryanādīmadhye B pavanah pūrno cet.] pavanapūrņo LB pvanaḥ pūrņo N₂ yadā tiṣṭhati cet.] yadāti LB mano cet.] manaḥ N₁N₂D₁U₁ niścalam cet.] niścalo PLB manaso cet.] manasah N₁N₁D₁U₁ niścalatve cet.] niścalatvena E 7 **ānandasvarūpam** cet.] ānamdam svarūpam LB ānandam svarūpa° P ānandarūpam E **bhāsate** $cet.]\ bh\bar{a}sate\ N_2U_1\quad \textbf{hațha}^\circ\ cet.]\ hața\ B\quad \textbf{yoga}^\circ\ cet.]\ yog\bar{a}^\circ\ B\quad \textbf{karaṇāt}\ cet.]\ k\bar{a}raṇāt\ EPLB\quad \textbf{manaḥ}$ cet.] mana N2 līnaṃ cet.] sthānaṃ U2 kālaḥ cet.] kālāº B kālaº N2U1 kāsaḥ U2 nāgacchati cet.] nāma gacchati B nāgachamti D₁ ti nāgachati U₁ 9 haṭhayogasya cet.] haṭayogasya BU₁ haṭhayoga° P dvitīyo cet.] dvitīya° PLD₁ dvitīyam B bhedaḥ cet.] bhedāḥ LB kathyate cet.] kathyante LB 10 pādādārabhya cet.] pādādārabhyā N₁D₁ sirah cet.] sirah cet.] sira U₂ paryantam cet.] paryentam N₁ pariyatam U₁ svaśarīre cet.] svaśarīram U₁ koţisūryatejah cet.] koṭisūryye tejah U₂ samānam cet.] samāna° LB śvetaṃ cet. śveta° B pītaṃ cet.] om. LB raktaṃ cet.] laktaṃ N₁ kiṃcidrūpaṃ N₁D₁U₂] kimdrupam PB timdrupam L cimrūpam U₁ kimcidvarnam E cintyate cet.] cityate P cimtate LB tad EPLN2] tat BU2 ta D1U1 na N1 10-11 dhyānakāraṇāt cet.] dhyānaṃ karaṇāt N1N2D1U1 11 sakalāmge PN₁D₁N₂U₁U₂] sakalamge LB sakalam E rogah scripsi] em. roga N₁N₂ rogajyalanam EPLBD₁U₂ roga kṣataṃ U₁ na cet.] om. EU₂ jvaranaṃ na bhavati N₂] jvalanaṃ na bhavati N₁ om. cet. avur cet.] avu° N2 om. D1 vrddhir cet.] om. ELD1 bhavati cet.] bhavatī B vardhate EL om. D_1 12 idānīm cet.] idānī U_1 kathyate $EPN_2U_1U_2$] om. LBN_1D_1

hpb

	एकमेव जगत्पश्येद्विश्वात्मासु विभास्वरं ।	1
		2
	यत्र तत्र स्थितो वापि सर्वज्ञानमयं जगत्।	1
	य एवं वेत्ति बोधेन सो पि ज्ञानाधिकारवान् ॥२॥	2
5	प्रामोति सांभवीसत्तां सदाद्वैतपरायणः ।	1
	यथा न्यग्रोधबीजं हि क्षितावुप्तं द्रुमायते ॥३॥	2
	एकान्तं नैकधा स्वेन दृश्यते दृशधा कृतं ।	1
	मूलाङ्कुरस्य चोद्दण्डाः शाखाकुण्डलपछवाः ॥४॥	2
	स्नेहपुष्पफलं बीजे विस्तारो ऽयं स्वभावतः।	1
10	तथासौ निर्मलो नित्यो निर्विकारो निरंजनः ॥५॥	2
	एको नैकः स्वयंभूश्र स्वधाम्ना बहुधा स्थिताः।	1
	पंचतत्त्वमनोबद्धिमायाहंकारविक्रियाः ॥६॥	2

Testimonia: 1 **ekam eva**] Ysv: ekam eva jagat paśyed viśvātmā viśvabhāvanaḥ | iti kṛtvā tu vai yukto jñānayogaṃ samācaret || 3 **yatra yatra**] Ysv: yatra tatra sthito vāpi sarvajñānamayaṃ jagat | ya evam asti bodhena so'pi jñānādhikāravān || 5 **prāpnoti**] Ysv: prāpnoti śāmbhavīmantrān sadā nityaparāyaṇaḥ | yathā nyagrodhavījaṃ hi kṣitau vaptur drumāyate ||

1 eva cet.] evā LB jagat cet.] cayat P paśyed cet.] paśyad B viśvātmāsu PLB] viśvāvasu E dviśvātmāsu N₁D₁N₂U₁U₂ 2 avikalpatayā cet.] āvikalpatayā U₁U₂ yuktyā cet.] yuktā LB 3 vāpi cet.] hiṃsa° U₂ 4 ya evaṃ cet.] evaṃ U₁U₂ vetti cet.] vette na U₁ ve B jñānādhikāravān cet.] jñānādhikāranāt E **5 prāpnoti** cet.] *om.* E **sāmbhavīsattām** D₁U₁U₂] śāmbhavīm sattām PB śāmbhavīm sattān L sāmbhavīm satta N₁ sāmbhavīsattā N₂ om. E sadādvaitaparāyaṇaḥ cet.] sadāmdvaita° U₁ om. E 6 yathā cet.] om. E nyagrodhabījam cet.] °vījam N₁N₂D₁ °vīja L om. E hi cet.] om. E kşitāv cet.] kşitī B kşitāptā U₁ om. E uptam drumāyate cet.] uptam drumāyate likām pa..vāḥ P utpadyate yathā L utpadyate B ukta drumāyate U₁ om. E 7 ekāntam cet.] ekānte BL yekāṃtaṃ U₁ om. P naikadhā cet.] naikadā E nekadhā BL om. P svena cet.] śveta N₁ śvetana D₁N₁ om. P drśyate cet.] drśyamte BL drśyet N₂ om. P daśadhā EN₁N₂] conj. daśadhā EN₁N₂ daśadhāt BL śadhā N₂U₁ om. P kṛtaṃ scripsi] em. kṛtaḥ EL kṛtā N₁N₂D₁U₁ kṛptā B kṛtiḥ U₂ om. 8 mūlānkurasya E] mūlāmkurutva cet. om. P coddandāh EN₁U₂] codarātah D₁N₂ kudamjah B kudamda L om. P **śākhākuṇḍalapallavāḥ** E] śākhākilekālapallavā BL śāvārakumbhalapallavaḥ N₁U₁ śākhākumbhalapallavā N₂ śālavākumapadrtravā D₁ śākhākusumapallavāh U₂ om. P 9 snehapuspaphalam $PN_1N_2D_1U_2$] snehe puşpaphala $^\circ$ BL snehapuşpam phala U_1 srehapunyaphalam E $\,$ bīje cet.] bīja BL vīje N₂ vistāro cet.] vistārā N₁D₁ 'yam EPN₁N₂U₂] ya BL yaḥ U₁ yasya D₁ svabhāvataḥ cet.] svabhāvatāḥ BL bhāvataḥ D₁ 10 tathāsau cet.] yathāsau B tathāpasau P nirmalo cet.] nirmalau P 11 eko cet.] yeko U₁ naikaḥ scripsi] em. naika U₁ naiko U₂ nekaḥ cet. neka BN₂ svayaṃbhūśca cet.] svayambhūtyā U₁ svadhāmnā PU₂] dhāmnā ca E dhāmnāya B svadhābhāva L svayāmmnā N₁ svadhā...şa D₁ svadhāmnāva N₂ svabhāvā U₁ sthitāḥ PLD₁] sthitaḥ cet. 12 paṃcatattvamanobuddhimāyāhamkāravikriyāh E] °buddhir PU1 °kriyā° BL °buddhir māyāhamkāravikriyā N1N2D1U2

Philological Commentary: 5 ektāntam: The remaining verses of the $j\tilde{n}\tilde{a}nayoga$ -section are not found in the Ysv.

एवं दशविधा विश्वं लोकालोकसविस्तरम्। एक एव न चान्यो स्ति यो जानाति स तत्त्ववित्।इ७॥

1 2 3

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पृथ्वीवनस्पितपर्वतादिस्थावररूपः संसारः । मनुष्यहस्तेश्वपक्षीत्यादिको जंगमरूपः संसारः । अथ च यो 5 दृष्टिविषयः स दृश्य उच्यते । यो दृष्ट्या न वीक्ष्यते स अदृष्य इत्युच्यते । एवं संसारस्य स्वात्मनो भेदं दूरीकृत्यं ऐक्येन दर्शनं स एव ज्ञानयोगः । तस्य कारणात् कालः शरीरनाशं न करोति ।

इदानीं स्वभावभेदः कथ्यते।

10

यथा वटबीजं वटरूपेण परिणमते स तत् दशधा भेदं स्वभावत एव प्राप्नोति। मूलांकुरत्वग्दण्डशास्त्रा किलकापछ्रवपुष्पफलस्नेहा इति भेदो दशधा प्राप्नोति। तथा निर्मलो निर्विकारः निरंजन एक एतादश आत्मस्वभावाद् एव पृथ्व्यापतेजोवाय्बाकाशमनोबुद्धिमायाविकाररूपाभेदान् प्राप्नोति।

hpb

1 daśavidhā viśvam BLN₂] daśavidham viśvam EPN₁D₁U₂ daśavidhaviśvam U₁ lokālokasavistaram cet.] °savistarām N₁ °loke savistaram U₂ 2 eka cet.] ekam U₂ eva cet.] yeva U₁ 4 prthyī° cet.] prthivī° U_1 °vanaspati° EN_2U_2] vanaś° P °patī° $BLN_1D_1U_1$ °parvatādisthāra° $PBLU_2$] °parvatādisthāra° E °parvvate tyādisthāvara° N₁ °parvate 'thyādisthāvara° N₂ °parvato tyādisthāmvara° D₁ °parvate 'thyādisthāvara' N2 °parvate iyādisthāvara' U₁ **rūpah** cet.] rūpā LB rūpa N2 **samsārah** cet.] samsāra' EU1 "hasteśvapakṣītyādiko BL] "hastyaśvapakṣītyādiko E "hastīaśvapakṣītyādiko N1D1 "hastipakṣītyādiko N₂ °hastiasvapaksītyādiko U₁ °hasttyaś ca paksītyādiko U₂ **jamgamarūpah** cet.] °rūpā L jamgamah rūpah D₁ jagad° U₁ samsārah cet.] samsāro U₁ ca cet.] vā D₁ vo cet.] yah U₁ ya N₁N₂D₁ **5 drsti** cet.] ddrsti LN₁ dasti B dārsti D₁ **drśya** cet.] drśyad N₁ drsy° U₁ **drstyā** cet.] dyā N₂ ity° cet.] ty° LB śaty° N₂ saṃsārasya cet.] saṃsāra° PLU₂ svātmano EPBL] svātmanaḥ N₁D₁N₂U₁ svātmanoḥ U₂ **bhedaṃ** cet.] bheda B bhedāṃ D₁N₁ **6 dūrīkṛtyaṃ** U₂] °kṛtya cet. °kṛty E aikyena P] aikam eva E aikyona PBL ekyena N₁D₁ ekena N₂ ekānta U₁ ekye U₂ sa eva E] om. cet. jñānayogaḥ cet.] jñānayoga U₂ tasya cet.] gatasya U₁ kāraṇāt cet.] dhyānakaraṇāt U₁ kālaḥ cet.] kāla° U₁ na cet.] om. N₂U₂ 7 idānīm cet.] idānī B svabhāvabhedah PU₂] svā° BL tasyabhedah E °bhedaṃ N₁D₁ °bheda N₂ °bhedāḥ U₁ 8 vaṭabījaṃ PN₁D₁U₁] °bījam E °bīja° U₂ °bījena BL vatha° N₂ vatarūpena cet.] rūpena LB parinamate BLU₂] parināte P parinatam cet. sa tat U₁] sa tu N₂ satr N₁ sat EP śata BL sa D₁U₂ daśadhā cet.] dṛśadhā P dasat U₂ bhedaṃ cet.] om. U₂ svabhāvata cet.] svabhāva BL om. U2 eva cet.] om. U2 prāpnoti cet.] prāpnotī BLU1 8-9 mūlāmkuratvagdandaśākhākalikāpallavapuspaphalasnehā E] mūla amkuratvakdamdaśākhākilpikāpallavā puspaphalasneha P mūlam amkuratvakdamdaśākhākilakālapallavā || vistāroyam svābhāvatah B mūlam amkuratvakdamdaśākhākilāpallavā | vistāroyam svābhāvatah | L mūlām amkuratvakdamdaśākhām kalikāpallavapuspaphalasneha | N₁ mūlāmkuratvakdandaśākhām kalikāpallavapuspaphalasneha N₂ mūlāmkuratvakdandasākhām kalikāpallavapuspaphalasneham D_1 mūlāmamkuratvakdandasākhākalikāpallavapuşpaphalasneha U_1 om. U_2 9 iti cet.] om. U_2 bhedo daśadhā $N_1D_1N_2U_1$] daśabhedān EPLB om. U₂ prāpnoti cet.] prāpnotīti P om. U₂ tathā cet.] yathā EU₂ nirmalo EBL] nirmalah cet. niramjana E] niramjanah cet. eka cet.] ekah N1N2U1 etādṛśa E] etādṛśah N1N2U1 10 ātmasvabhāvād cet.] ātmā° E prthvyāpatejovāybākāśamanobuddhimāyāvikārarūpābhedān N₁] pṛthivyap° E °bhedāna BL pṛthvyetetejovādvyākāśa° P pṛthvīpate | jīvīkāśamanobuddhir māyāvikārarūpabhedāt D₁N₂ prthakte jīvāyuvākāśamanobuddhir māyāyāvikārarūpabhedāt U₁ prthvyaptejovāyyākāśa || manobuddhimayāvikārarūpabhedā U2

ज्ञानयोगप्रभावादेक एव आत्मा इति निश्चयो भवति।

यथैकैकः पृथ्वी क्वचित् कोमल्रूपा ॥ क्वचित् मनोहरूपा ॥ क्वचित् परिमल्रूपयुक्ता ॥ क्वचित् परिमल्रुहिता ॥ क्वचित् सुवर्णरूपा ॥ क्वचित् रौप्यरूपा ॥ क्वचिद्गत्मयी ॥ क्वचित् श्वेता ॥ क्वचित् कृष्णा । । क्वचिद्गता ॥ क्वचित् पीता ॥ क्वित् कर्बुरा ॥ क्वचिद्गानाविधफल्रुपा ॥ क्वचिद्गुष्परूपा ॥ क्वचित् ॥ त्रथेवात्मा मनुष्यपिक्षहिरणहस्तीविद्याधरगंधविकत्ररमहापण्डितमहामू र्खरोग्यरोगीक्रोधीशान्तरूपः स्वभावादेव भवित ॥ ज्ञानयोगाद्विकार रूपरिवतो ज्ञायते ॥ यथा फल्रस्योत्प त्तिस्थानमेकमेव भवित । अथ च फल्रस्य गतिर्बिह्धा दृश्यते ॥

एकं फलं पृथ्वीमध्ये पतिति । शुक्लं भवति । एकस्य फलस्य मकरंदं भ्रमरः पिबति । एकस्य फलस्य मालां कामिनी तुङ्गकुचमंडलोपिर द्याति । एकं फल ममृत अनुष्णोपिर क्षिप्यते । के ते ऽष्टौ भोगाः

1 jñānayogaprabhāvād EU2] °bhavāt N1D1N2U1 jñānayogah// prabhāvād° LB jñānayogah prabhāvād P eva cet.] eka PBL yeva U₁ 2 yathaikaikah scripsi] em. yathaikaiva E yathā ekaika PBLU₂ yathā ekaiva N₁D₁ yathā ekam ca N₂ yathā ekai ca U₁ **prthvī** EPBLU₂] prthivī cet. **"rūpā** EPBLU₂] "rūpa cet. **kvacit** cet.] om. EPU₁ manohararūpā B] "rūpāḥ L "rūpa U₂ manoharā N₁N₂D₁ om. EPU₁ kvacit cet.] om. EPU₁ "parimala cet.] om. EPU₁ "rūpavuktā BL] "rūpā" N₁D₁ "rūpāvuktah N₂ om. EU₁ kvacit cet.] om. PU₁ 2-3 °parimala cet.] °parimalarūpa° E om. PU₁ 3 °rahitā ELN₁] °rohitā BN₂U₂ om. cet. **kyacit** cet.] om. PU₁ **suvarnarūpā** ELN₂U₂] °rūpa BD₁ khavarnakupā U₁ om. P **kvacit** cet.] om. PBL **raupyarūpā** E] rūpyarūpā N₁U₁ rūpyarūpa D₁N₂ rajatarūpā U₂ om. PBL "kvacid cet.] om. P ratnamayī cet.] "maī BL om. P kvacit cet.] kvacic ca E om. P śvetā ED₁U₂] śveta N₁N₂U₁ śvetarūpā L śverūpā B om. P kvacit kṛṣṇā cet.] kṛṣṇa N₁ om. EP 4 °kvacid cet.] om. P raktā EBLU2] °rakta cet. karburā cet.] karpurā U1 kvaci cet.] kvacit U2 om. P n-nā-nāvidhaphalarūpā cet.] °vidharūpā E om. P kvacid cet.] kvacit BL kvacir U2 om. PN2 puṣparūpā N₁D₁] viṣarūpā EBL vśarūpā U₂ om. U₁ kvaci cet.] kvacit U₂ om. U₁ 4-5 d-a-mṛtamayī cet.] amrtarūpamayī E °maī BL om. U₁ 5 svabhāvata cet.] om. U₁ eva cet.] om. U₁ bhavati cet.] bhavataḥ BL om. U₁ tathaivātmā EPBLU₂] tathātmā cet. manuşya° cet.] om. U₁ °pakṣi° cet.] om. U₁ "harina" cet.] "harina" Pom. U₁ "hastī" N₁D₁] hasti cet. om. U₁ "pandita" cet.] pimdata B 5-6 °mūrkha° cet.] °rmūkha° P °mūrva° N₁D₁ °mūrṣa° U₁ 6 rogyarogī scripsi] em. °rogyarogi E °rogī °rūpah cet.] °rūpāh PL °rūpa N₁N₂D₁U₁ svabhāvād eva cet.] evam svabhāvam U₁ bhavati cet.] bhavatī BL bhati N₁ dharati D₁ j**ñānayogād-vikāra** N₁U₁] j**ñ**ānayogadhikāra cet. j**ñāyate** cet.] jāyate U₂ 6-7 phalasyotpatti cet.] plakṣasyotpattiḥ E 7 °sthānam cet.] sthānam E °sthāna U₁ ekam cet.] ekas D₁ eva N₂ om. E eva cet.] kam eva N₂ bhavati cet.] bhavatī B ti U₁ gatir cet.] gati PN₂U₁ 8 ekam cet.] eka° U₂ eva N₂ phalam cet.] phala° N₁N₂D₁ pṛthvĩ° cet.] pṛthivĩ° U₁ śuklam cet.] śuṣkaṃ LU₁U₂ bhavati cet.] bhavatī B phalasya cet.] om. PL makaraṃdaṃ EPLN₂U₁U₂] makaramda° LN1 karamdam B **bhramara**m cet.] bhramaram BL bhramara N2 **pibati** cet.] pibamti P pibatī B **phalasya** cet.] phalasyam N₂ **mālām** cet.] mālā" N₂ **9 kāminī** cet.] kāmibī D₁ **tuṅga**" cet.] tumº U₁ dadhāti cet.] dadhāvati N₁ dadhovati N₂ ekam phalam scripsi] em. ekam phalam EPBL eka° N₁N₂D₁U₁ m-a-mṛta scripsi] em. mṛta° cet. anuṣṇopari scripsi] em. manuṣyopari <??> kṣipyate cet.] kṣapyate B ke te cet.] om. LB 'ṣṭau cet.] aṣṭau LB ṣṭe U₁ bhogāḥ cet.] bhobauḥ P bhogā U1U2

hpb

1

सुवासश्च सुवस्त्रञ्च सुशय्या सुनितंबिनी।

सुस्थान बान्नपानान अष्टौ भोगाश्च धीमताम् । इश् ॥ पट्टसूत्रमयानि वस्नाणि १ ॥ पंच वा सप्त वा शालिकायुक्तानि हर्म्याणि तेषु वस्तु २ ॥ अतिविपुला मृदूत्तरछन्दवतीशय्या ३ ॥ पद्मिनी तारुण्यवती मनोहरा गुणवती कान्ता ४ ॥ साध्वासनं ५ ॥ अतिमूल्यो ऽश्चः ६ ॥ मनोरममन्नं ७ ॥ तथा विधं पानं ८ ॥

एते ऽष्टौ भोगाः कथिताः॥

यथा सूर्यस्य तेजः ॥ दुग्धस्य घृतं ॥ अग्नेर्दाहः ॥ विषान्मूर्छा ॥ तिलात्तेलं ॥ वृक्षाच्छाया ॥ फलात्परिमलः । ।काष्ठादग्निः ॥ शार्करादिभ्यो मधुरो रसः ॥ हिमानीभ्यः शैत्यं ॥ इत्यादिपदार्थस्वभाव एव ॥ तथा संसारो स्व

1 suvāsaś ca cet.] suvāsac ca B suvastrañ ca E] suvamśaś ca U2 suśayyā cet.] suśayyā ca U1 suśayyāḥ sunitambinī cet.] sunitāmbinīh P sunītavinīta U₁ 2 susthānañ E] susthānāś PLN₂ susthātāś N₁D₁U₁ sudeham U₂ **ñ-cā-nnapānān** L] °vānna° B °pānāni E cānpanānp° P cātmapanasyā° N₁ cānmanasyā° N₂D₁ cānnapānah syād° U₁ sukhasamtānam U₂ astau bhogāś ca EP] astau bhogāś cā sudhīmatām BL stau bhogāh sudhipana° N1 stau bhogāh sudhisana° D1 astau bhogāh sudhisanām U₁ abhayādicāṣṭakaṃ U₂ aṣṭau bhogāḥ N₁N₂D₁U₁ abhayādicāṣṭakaṃ U₂ 3 paṭṭa° scripsi] em. padṛ° EN₁D₁N₂U₁ pada° P pata° BLU₂ sūtra° cet.] sūtrā BL mayāni cet.] yāni N₁N₂D₁ vastrāni PL] pamca vā sapta vā N₁N₂D₁U₁] pamcasaptā EP pamcasatyā LB **śālikā** scripsi] em. dṛālikā $\mathrm{EN_1}$ dṛāṃlikā $\mathrm{D_1}$ dadhikā P dātikā BL tālikā $\mathrm{N_2}$ dālikā $\mathrm{U_1}$ yuktāni cet.] saudhāni $\mathrm{U_2}$ teşu vastu scripsi] em. tesu vāstu LB tesu vāsah E tesu cāsah P vāsāya kecit U₂ om. cet. ativipulā cet.] ativapulā N₁D₁ ativipulām U₁ aṣṭau bhogān āha || U₂ 4 mṛdūttara scripsi] em. mṛdutara EPLB mṛdu | uttara° N₁N₂D₁U₁ sugraham || U₂ °chandavatī° N₁N₂D₁] °chadavatī° P °chadavatī° U₁ suvastram $\parallel U_2$ śayyā cet.] suśayā sustrī U_2 padminī cet.] padmanī N_1 om. U_2 tārunyavatī scripsi] em. tārūņyavatī cet. tārūrāyavatī N₂ om. U₂ manoharā guņavatī cet.] tatropavistā cet. tato° P tatrā° B om. U₂ kāntā EPBL] om. cet. sādhvāsanam scripsi] em. sādhu āśanam E sādhu āsanam PBLU₂ sādhyāsanam N₁N₂D₁ 4-5 atimūlyo 'śvah scripsi] em. atimūlyañ ca E atimūlo 'śvah P atimūlyo asvaṃ LB amūlyo svaś ca N₁N₂D₁U₁ suśvaḥ U₂ 5 manoramam annaṃ cet.] manoramyam attaṃ B manoramyam annam L manoramam attam N₁D₁ sustu annam U₂ vidham pānam cet.] vidhapānam LBN₂ vidhayānam U₂ 6 ete cet.] rāte U₁ 'šṭau cet.] aṣṭau N₁N₂D₁U₁ bhogāḥ cet.] bhogā N₁N₂ ghogā U₁ kathitāḥ EU₂] kathitā P kathyate N₁N₂U₁ kathyaṃte D₁ om. LB 7 sūryasya cet.] sūryaś ca U₁ tejah cet.] tejāh LB dugdhasya EPN₁D₁U₂] dugdha° LB dusya N₂ dugdhasy U₁ ghṛtaṃ cet.] ghṛtaḥ PLB agner E] agne cet. dāhaḥ scripsi] em. dvāhaḥ PLB dahiḥ N₁ dadhi N2 dadhiḥ D1 dārhaṃ U1 dāhiḥ U2 jvalanaṃ E viṣā cet.] viṣāt U1 tilāt cet.] titilāt P tila N2 tilā vṛkṣāt EN₁] vṛkṣāt P vṛkṣā LBN₂D₁U₂ vrakṣā U₁ phalāt cet.] phalā LB parimalaḥ cet.] sarimalaḥ LB palāt parimalaḥ D₁ 8 kāṣṭhād cet.] kāṣṭād PU₂ kaṣṭād BL agniḥ cet.] āgniḥ N₁N₂D₁U₁ śārkarādibhyo scripsi] em. arkarādibhyo E śarkvarādibhyo P śarkadībhyo LB rasaḥ cet.] om. LB **himānībhyaḥ** cet.] sahimānibhyaḥ LB himānitpa N_2 **śaityaṃ** D_1U_1] śaityāṃ N_1 śītyaṃ U_2 śaityāś N₂ sîtam EP sîtah LB ityādipadārthasvabhāva N₁D₁P] °padārthā° U₂ ityādipadārthāsvabhāvatah B atyādipadārtharthasvabhāva N2 °svabhāvah U1 ityādiphadārthāh svabhāvatah L ityādipadārthānām svabhāvaḥ E eva cet.] evā N1 ravaḥ U1 om. E tathā cet.] tathā vā U1

Philological Commentary: 8 parimalaḥ: Clarification: Witness D₁ reads phalāt palāt parimala.

¹ parameśvarasvarūpamadhye cet.] paremesvara svarūpasya madhye LB parameśvararūpamadhye U_1 tiṣṭhati cet.] tiṣṭhatī B tiṣṭhaṭti U_2 'khaṇḍa cet.] 'ṣaṇḍa' N_1D_1 yarānda' N_2 khaṇḍaḥ U_1 paripūrṇaśca cet.] paripūrṇaḥ E

ऽपि परमेश्वरस्वरूपमध्ये तिष्ठति ॥ परमेश्वरो ऽखण्दपरिपूर्णश्च ॥

Chapter 4

Translation of the Yogatattvabindu

[Introduction]

Homage to Śrī Ganeśa. Now the methods of Rājayoga are laid down.

This is the result of Rājayoga¹: Rājayoga is that by which longterm durability of the body arises even amongst manifold royal pleasures even amongst the manifold royal entertainments and spectacle. This truly is Rājayoga. These are the varieties of this Rājayoga:

1. Kriyāyoga, the Yoga of [mental] action; 2. Jñānayoga, the Yoga of knowledge; 3. Caryāyoga, the Yoga of wandering; 4. Haṭhayoga, the Yoga of force; 5. Karmayoga, the Yoga of deeds; 6. Layayoga, the Yoga of absorption; 7. Dhyānayoga, the Yoga of meditation, 8.Mantrayoga, the Yoga of Mantras; 9. Lakṣyayoga, the Yoga of fixation objects, 10. Vāsanāyoga, Yoga of mental residues; 11. Śivayoga, the Yoga of Śiva, 12. Brahmayoga, the Yoga of Brahman; 13. Advaitayoga, the Yoga of non-duality; 14. Siddhayoga, the Yoga of the Siddhas; 15. Rājayoga, the King of Yogas. These are the fifteen *yogas*.³

[Description of *kriyāyoga*]

¹This statement seems unconnected to the definition of rājayoga that follows.

²The first three Yogas allude to the four *pādas* of the Śaiva *āgamas*; namely *kriyā[pāda]*, *caryā[pāda]*, *yoga[padā]* and *jñāna[pāda]*.(GOODALL 2015:77).

³At the current stage of research it is not clear if this list is a later addition by another scribe or, if indeed it originally stems from Rāmacandra. The list suggests a text following the order of yogas according to this list. However, the order of the yogas given in the list is not followed closely in the text.

Now the characteristic of Kriyāyoga, the Yoga of [mental] action⁴ are described.

- 1. This Yoga is liberation through [mental] action, it bestows success(*siddhi*) in ones own body. Each wave the mind creates at the beginning of an action, of all those one shall withdraw oneself. Then Kriyāyoga arises.
- **2.** Patience, discrimination, equanimity, peace, modesty, desireless: The Yogī who is endowed with these means is said to be a Kriyāyogī.
- 3. Envy, selfishness, cheating, violence, desire and intoxication, pride, lust, anger, fear, laziness, greed, error and impurity.
- **4.** Attachment and aversion, indignation and idleness, impatience and dizzyness: Whoever doesn't experience these is called a Kriyāyogī.⁵

Patience, discrimination, equanimity, peace, contentment etc. are generated in his mind. He alone is called a Yogī of many actions $(bahukriy\bar{a}yog\bar{\imath})^6$.

Fraud, illusion, property, violence, craving, envy, ego, anger, anxiety, shame, greed, error, impurity, attachment, aversion, idleness, heterodoxy, false view, affection of the senses, sexual desire:

He who diminishes these from day to day in is mind, he alone is called a Yogī of many actions (*bahukriyāyogī*).

[Varieties of *rājayoga*: Siddhakundalinīyoga and Mantrayoga]

⁴In comparison to the Pātañjalean variant of Kriyāyoga, this variat consists of specific mental

⁵The source of the four verses on Krivāyoga is unknown.

⁶The term *bahukriyāyogī* seems to be unique in yoga literature.

Now varieties of Rājayoga will be described. Which are these? One is Siddhakuṇḍalinīyoga⁷ [and one⁸] is Mantrayoga⁹. These two Rājayogas are described [in the following]. At the location of the root-bulb exists one major vessel in the form of energy. This single vessel reaches to these openings which are $i\dot{q}\bar{a}$, $pingal\bar{a}$ and $susumn\bar{a}$.

On the left side is the $id\bar{a}$ -channel, being a resemblence of the moon. On the right side exists the $pingal\bar{a}$ -channel, being a resemblence of the sun. Within the middle path is a lotuspond being very subtle. [It is] made from a web of light [and it] shines like a thousand lightnings.

She emerges as the central channel, assuming the form of benevolence (\dot{siva}), is the bestower of enjoyment and liberation. While abiding in ($saty\bar{a}m$) her ($asy\bar{a}m$) knowledge arises [to the point of which] the person becomes all-knowing. The means for the genesis of knowledge in the central channel will now be described.

[Description of the first Cakra]

At the beginning¹⁰ exists the root *cakra* having four petals.

The first cakra of support $(\bar{a}dh\bar{a}ra)$ is at the anus [and] is red-colored. Gaṇeśa is the deity. He is success, intelligence and power. A rat is the mount. The Rṣi is Kūrma. The seal is contraction. The vitalwind is $ap\bar{a}na$. The $kal\bar{a}$ is the "wave of consciousness" $(urm\bar{i})$. The concentration is "she who is powerful" $(ojasvin\bar{i})$. In the four petals [of it resides] rajas, sattva, tamas and the mind-faculties $(man\bar{a}msi)$, [symbolized by the syllables or $b\bar{i}jas$] vaṃ śaṃ ṣaṃ and saṃ. A trident is situated in the middle of the triangle¹¹.

⁷On the one hand it suprises that we find the term Siddhakundalinīyoga instead of Siddhayoga as given in the initial list, on the other hand it is suprising that this type of Yoga, given as the second last item in the Yoga taxnomy is introduced as the second type right after Kriyāyoga, which was the first item in the initial list as well as in the following material. What makes this term even more strange is the fact that *kundalinī* is not mentioned at all in the following description of this type of Yoga.

⁸It is not entirely clear if those are two different Yogas or one and the same type of Yoga. Just the pretty late witness U2 gives us a sort of description of Mantrayoga. Judging on the basis of U2 only one could translate "One is Siddhakundalinīyoga being Mantrayoga." Judging by the contents given by the rest of the witnesses this passage leaves a big queastion mark.

⁹It seems odd that Mantrayoga is mentioned in the same breath as Sidhdakuṇḍalinīyoga, even though it is not directly expressed in the following. Just the additional descriptions of witness U2, highlighted in a different colour than the main text, indirectly refers to a certain practice of Mantra which is <code>japājapa</code> of the so 'ham for a certain duration of the practioce of meditation that is prescribed to be performed on every <code>cakra</code>.

¹⁰Supposedly at the beginning of the central channel.

¹¹This passage is odd since a triagle wasn't mentioned before.

In the middle is a trident, and $k\bar{a}map\bar{\imath}tha^{12}$ in the shape of a triangle. In the middle of this seat ($p\bar{\imath}tha$) exists a single form in the shape of a flame. By meditating on this form the whole literature, all $\dot{s}\bar{a}stras$, all poems, dramas etc., everything [related to] elocution, appears in the mind of the person without learning.

[Assigned to it] is external bliss¹³, yogic bliss, heroic bliss [and] the bliss of coming to rest.¹⁴ An [over] hundredfold recitation of the non-recited [śataḥ = ...hundreds of?]; 600 [repetitions for]; 9 *ghaṭis* [and] 40 *palās*.¹⁵

[Description of the second Cakra]

Now the second, the six-petalled $Sv\bar{a}dhist\bar{a}nacakra$ known as the seat of $Udd\bar{t}y\bar{a}na^{16}$.

The gender is the location. The color is yellow. The shine is yellow. *Rajas* is the quality. The deity is Brahmā. The speech is *vaikharī* ¹⁷ (*vaikharī vāca*). The power is Sāvitrī. The mount is the goose. The *Rṣi* is Vahaṇa. The appearance (*prabhā* is the fire of love (*kāmāgni*). The body is gross, The state is that of being awake. The Veda is Rg. The spiritual guide is the characteristic (*liṅga*). The liberation is residing in the world of Brahma. The principle is pure level (*śuddhabhūmikā*). The sphere is smell. The vitalwind is *apāna*. The internal matrix [is]: vaṃ bhaṃ maṃ vam ram laṃ. The external matrix: Kāmā "she who is desire", Kāmākhyā "she who

¹²Discuss the term *kāmapītha*.

¹³Discuss the four blisses.

¹⁴ It is noteworthy that only the first *cakra* adds a detailled description of mounts, Rsis, gods, seals and so forth among the current majority of witnesses at hand: E, P, L and U2. All other descriptions of the remaining eight *cakras* leave this out. The only exception is U2, a relatively late witness that adds similar descriptions for the other *cakras* as well. Since they are interesting for the history of the text I have added them to the edition's text. To indicate the extra status of those passages I have highlighted them in blue color.

¹⁵ Instructions for the duration of practice are found in all additions of U2 for each *cakra*. It's not entirely clear if either the duration of meditation on the respective cakra, or the duration for the items in the list being visualised by the practitioner are meant here. However, to it seems to be done for the duration of 600 *ajapājapa*, the ritualized repetition of the *ajapā*, which is the voiceless uttering of the "natural" *mantra* of the breath: *so 'haṃ - haṃ sa*. I suppose this means the practice is to be done for 600 in- and exhalations. The following part of the entry, namely "*ghaṭi* 9 *palāni* 40", probably refers to the exact time in which those 600 *ajapājapas* shall be performed. One *ghaṭi* equals 1/60 of a day, which is 24 minutes. One *pala* equals 1/60 of a *ghaṭi* which is 24 seconds. This would equal 232 minutes or 3 hours and 52 minutes. Dividing the 600 *ajapājapas* by 232 minutes, this would result in a very slow frequence of breath of 2,586206897 in- and exhalations per minute.

¹⁶Discuss the term *uddīyāna*.

¹⁷ vaikharī f. in Kaśm. Śiv. °the 4. form of appearacne of *parā*, the empirical speech sound, Utpala's Tīkā to Śivadṛṣṭi 2, 7. [B.]— Schmidt p. 337. Welches Buch???

is the *tīrtha* of *Kāmākhyā*"¹⁸, Tejasvinī "she who is shining", Ceṣṭikā "she who is active", Alasā "she who is lazy" [and] Mithunā "she who is "*mithunā*". A [more than] thousandfold recitation of the non-recited; 6000 [repetitions for]; 16 *ghaṭis* [and] 40 *palās*.¹⁹

In its middle exists extremely red glow. The adept becomes very handsome through meditation on it. He becomes one who is desired by young women. The vital force increases from day to day.

[Description of the third Cakra]

The third, a lotus with ten petals exists at the location of the navel.

The colour is red (*kapila*). Viṣṇu is the deity. Lakṣmī is the power. Vāyu is the Rṣi. Samāna is the vitalwind. The mount is Garuḍa. The deity is the suble body²⁰. The state is sleep. The speech is the inaudible speech (*madhyamāvāg*)²¹. The Veda is the Yajurveda. The [fire is the] southern fire. The liberation is "proximity" (*samīpatā*).²². Viṣṇu is the characteristic of the teacher (*gurulinga*). The principle is water. The sphere is athmosphere (*rajo viṣaya*). There are ten petals [and] ten matrices. [The] inner matrix: dam ṭam ṇam tam tham dam dham nam pam pham. The external matrix: Śānti "she who peaceful", Kṣamā "she who is patient", Medhā "she who is insightful", Tanayā "the daughter", Medhavinī "she who is a learned teacher", Puṣkarā "she who is a lotus", Haṃsagamanā "she who moves like a swan", Lakṣyā "she who is the object aimed at", Tanmayā "she who is absorption" and Amṛtā "she who is immortality". A [more than] thousandfold recitation of the non-recited; 6000 [repetitions for]; 16 *ghatis* [and] 40 *palās*.²³

¹⁸The Kāmākhyā is situated in Kāmarūpa on the Nīlakūta mountain in present day Assam. It's strange that it appears here, since Kāmarūpa appears already as the *tīrtha* associated with the first *cakra*.

¹⁹The practice is supposed to be done for the duration of 6000 *ajapājapas* divided into *ghaṭis* and 40 *palas*, resulting in 2320 minutes or 38,67 hours. Again this would result in a frequence of breath of 2,586206897 in- and exhalations per minute.

²⁰Why another deity is given here?

 $^{^{21}}$ < \hat{Sa} , Ling>name of the speech which is inaudible and which is of the type of a thought without any definite presence of words making up the expression. Vkp I.143.<Abhyankar 1986: 300>

²²What is this exactly?

²³Here we find the same instruction as in the previous description of the second *cakra*. The practice is supposed to be done for the duration of 6000 *ajapājapas* divided into *ghaṭi*s and 40 *palas*, resulting in 2320 minutes or 38,67 hours. Again this would result in a frequence of breath of 2,586206897 in- and exhalations per minute.

In its middle exists a *cakra* with five angles. In its middle is a single [divine] form. It's not possible to describe her shine with speech. Through the execution of meditation on this [divine] form the body of the person is going to be strong.

[Description of the fourth Cakra]

The fourth lotus having twelve-petals exists in the middle of the heart.

[The] place of the Anāhatacakra is within the heart²⁴. The color is white. The quality is Tamas. The deity is Rudra. The power is Umā. The Rṣi is Hiraṇyagarbha. The mount is Nandi. The vitalwind is Prāṇa. The body is the cause of digits of light. The state is deep sleep. The speech is Paśyantī²⁵. [The Veda is] Sāmaveda. The fire is the fire of the householder²⁶. The characteristic is Śiva. The level is the ability to attain everything on earth²⁷. The liberation is uniform [with the deity]. [There are] twelve petals, [and] twelve matrices: kaṃ khaṃ gaṃ ghaṃ ṇaṃ caṃ chaṃ jaṃ jhaṃ yaṃ taṃ [and] thaṃ. The external matrix: Rudrāṇī "she who is Rudra's wife", Tejasā "she who is brilliant"²⁸, Tāpinī "she who is glow", Sukhadā "she who bestows happiness", Caitanyā "she who is consciousness", Śivadā "she who bestows grace", Śānti "she who is peaceful", Umā "she who is glorious", Gaurī "she who is beautiful", Mātarā "she who is bestowing the mother", Jvalā "she who is the flame" [and] Prajvālinī "she who is blazing". A [more than] thousandfold recitation of the non-recited; 6000 [repetitions for]; 16 ghaṭis [and] 40 palās.²⁹

Due to being made of [such an] intense light [the fourth lotus] is not in the range of sight. In its middle exists a lotus facing downward having eight petals.

The mind resides in the *cakra*. The mind is the deity. The power is external³⁰, [its] Rṣi is the self. In the middle of the navel exists a lotus. Its stalk measures ten *angulas*. The stalk of it is soft (*komala*), pure [and] facing downwards. In its middle

²⁴This is redundant.

²⁵Add footnote of entry in *Tāntrikābhidhānakośa*.

²⁶Add explanation.

²⁷ Quote *Tantrikābhidhānakośa*.

²⁸To be understood as *tejasvinī*.

²⁹ The *ajapājapa* for this *cakra* is to be performed 6000 times for a duration of 96 *ghaṭi*s and 40 *palas*, resulting in 2320 minutes or 38.67 hours. Again this would result in a frequence of breath of 2,586206897 in- and exhalations per minute.

³⁰ n Muktabodha-Texte sehe ich 3 Belege für bahiśśakti Muktabodha/krīyakramādyotikā.html 2938 suşirānte bahiśśaktim vinyasedvyomarūpinīm | tasyā madhye tu Muktabodha/sakalāgamasārasangraha.html 2186 suşirāntabahiśśaktim vyāpinīm cintayet tataḥ || Muktabodha/kriyakramadyotikavyākhyā.html 1846 tanmadhye ca bahiśśaktim sudhābindu parisrutim

is [something] shining like a banana-flower. The mind has no determination of will, giving a firmer direction to man's thoughts for the moment by means of [conscious] submission. [It is] truly changeable in nature.

While the mind rests on the eastern petal [which is] white in colour clear intellekt arises, which is [endowed with] *dharma*, fame and knowledge etc. While [the mind rests on] the south-east, [which is] reddish in color a mind that is weak due to sleep, laziness and illusion arises. While [the mind is situated] in the right south, [which is] black in color the generation of anger arises. While [the mind is situated] in the southwest, [which is] blue in color a mind of pride arises. While [the mind is situated] in the west, [which is] brown in color a mind that is longing for play, laughing, and celebration arises. While [the mind is situated] in the northwest, [which is] dark in color a mind which is restless by sorrow arises. While [the mind is situated] in the north, [which is] yellow in color a very happy mind with erotic and enjoyment arises. While [the mind is situated] in north-east [which is] whitish in color a mind of unity through knowledge arises.

It's said that in its middle is the place of the $pr\bar{a}na$ -vitalwind [and] in the middle [of] the eight-petalled lotus is a pericarp ($karnik\bar{a}$) in the form of a linga. The technical designation of her is $kalik\bar{a}$. In the middle of this $kalik\bar{a}$ exists a single thumbsized [divine] figurine ($puttalik\bar{a}$) being similiar to a ruby-gem in color. Her technical designation is embodied soul ($j\bar{\imath}va$). Not even with a thousand tongues it is possible to talk about her nature and her power. Here it is said [that]: "Because of the exercise of meditation on this form the inhabitants of the universe [which are] Humans, Gandharvas, Kinnaras, Guhyakas, Vidyādharas and [their] females, in the heavenly world, underworld and open space are obedient to the will of the practicing person.".

[Description of the fifth Cakra]

Now the fifth lotus having sixteen petals existing at the location of the throat.

The colour is grey. The deity is the embodied soul $(j\bar{\imath}va)$. The power is ignorance $(avidy\bar{a})$. The R̄si is Virāṭ³¹. The mount is the wind $(v\bar{a}yu)$. The vitalwind is $ud\bar{a}na$. The digit $(kal\bar{a})$ is the flame. The binding (bandha) is Jālandhara. The body is the primordial cause $(mah\bar{a}k\bar{a}rana)$. The state is the fourth state $(t\bar{u}rya)$. The speech is

³¹ Who is this?

Parā³². [The Veda is the] Atharvaṇa Veda. The movable characteristic (*jaṅgamaṃ liṅgaṃ*). The earth is Jīvaprāptā³³. The liberation is union with the deity (*sāyujyatā*). [There are] sixteen petals [and] sixteen matrices. The internal matrix: aṃ āṃ iṃ īṃ u ūṃ rṃ r̄ṃ lṃ l̄ṃ eṃ aiṃ oṃ auṃ aṃ aṃḥ. The external matrix: Vidyā "she who is knowledge", Avidyā "she who is ignorance", Icchā "she who is desire", Śakti "she who is power", Jñānaśakti "she who is the power of knowledge", Śatalā "she who is manifold", Mahāvidyā "she who is great knowledge", Mahāmayā "she who is great illusion", Buddhi "she who is intellect", Tāmasī "she who is darkness", Maitrā "she who is love", Kumārī "she who is a young girl", Maitrāyaṇī "she who is onb the path of benevolence", Rudrā "she who is howling", Puṣṭā "she who is abundance", Siṃhanī "she who is a lioness". A thousandfold recitation of the non-recited; 1000 [repetitions for]; 2 *ghaṭi*s, 46 *palā*s. and 40 *akṣara*s.³⁴

In its middle exists a single person which shines like a thousand moons. Because of the exercise of meditation on this person all diseases which are (otherwise) not possible to be controlled vanish. The person lives up to 1001 years.

[Description of the sixth Cakra]

Now it exists a sixth cakra named Ājñā.

The deity is fire (agni). The power is the godess of the centre (suṣumṇā). The Rṣṣi is "the violent" (hiṃsa). The mount is consciousness (caitanya). The body is knowledge. The state is understanding. The speech is the "incomparable" (anupama). The [Veda] is Sāmaveda. The liṅgaṃ is intoxication (pramāda). The half-matrix: the principle of ether. The gander is the living soul. The origin is the play of conciousness. Twofold matrix: haṃ kṣam is the inner matrix. The external matrix: Sthiti "she who maintains" [and] Prabhā "she who is splendour". A thousandfold recitation of the non-recited; 1000 [repetitions for]; 2 ghaṭis, 46 palās, and 40 akṣaras. 35

This *cakra* is located in the middle of the eyebrows and is two-petalled. In its middle exists a certain object being a form of blazing fire without parts, not being

 $^{^{32} {\}rm Im~Ka\acute{s}m.~\acute{S}iv.~\acute{o}}$ das ewige Wort, in welchem potentiell alle Begriffe und Worte ruhen; vgl. das śabdabrahma des Vyākaraṇa. [B.]— Schmidt S. 246

³³What is this?

 $^{^{34}}$ It is not entirely clear what kind of measure an *akṣara* is. Maybe see Amanaska 1. Chapter second half in thesis of Jason to clear things up.

³⁵It's not entirely clear what kind of measure is an *akṣara*.

female not being male. Because of the exercise of meditation on it the body of the person becomes non-aging and immortal.

[Description of the seventh Cakra]

Now the seventh cakra having 64 petals and being full of nectar exists in the middle of the palate.

The forehead is the Maṇḍala. The moon is the deity. The power is the nectar of immortality. The Rṣi is the supreme self. The seventeenth digit is the resident with the nectar of immortality. The wavy stream of nectar is great space. The uvula is the mother. The ornament/rhythm? ($t\bar{a}lik\bar{a}$) is a small bell. The own form of the body is the unspeakable Gāyatrī, [which has] the face of a crow, the eye of a human, the horn of a cow, a forehead that is Brahmapaṭhā?, a neck like a horse, the face of a peacock [and] limbs like a goose. [This is] the specific nature of the unspeakable Gayatrī.

It is endowed with superabundant beauty. [It is] very bright. In its middle, red in color [is that which is] known as "uvula" (*ghāṃṭikā*). [It] exists as a single pericarp. In its middle is a [certain] site. In the middle of it exists a hidden digit of the moon, being a stream of nectar like a river (*amṛṭādhārāsravantī*.

Because of the exercise of meditation on this digit death does not come near him. Due to uninterrupted meditation, the stream $(dh\bar{a}r\bar{a})$ of nectar flows. Then the appearances of emaciation $(k\bar{s}ayaroga)$, fever due to disordered bile (pittajvara), heartburn $(hrdayad\bar{a}ha)$, head-disease (siroroga) and tongue insensibility $(jihv\bar{a}jada)$ vanish. Also eaten venom doesn't trouble him. If the mind is here, [it] becomes stable.

[Description of the eighth Cakra]

Now exists the eigth *cakra* having one hundred petals located at the aperture of Brahman.

The teacher is the deity. Consciousness is the power. Virāṭ is the Ḥṣi, the witness above everything. Made of consciousness is that which is associated with $(bh\bar{u}ta^\circ)$ the state beyond the fourth state. It has all colours. It has all matrices. It has all petals. The body is Virāṭ. The state is the standing still. The speech is wisdom. The "I am that"-[expression] (soham) is the Veda. The place is unsurpassed. A

"The (divine) seat of Jālaṃdhara" is the designation of its lotus.³⁸ [It is] the place of the accomplished person. In its middle looking like a streak [and] having the form of smoke and fire, exists such a single [divine] form of the person (*puruṣa*). Of her exists no end, nor a beginning.

Due to the exercise of meditation on this [divine] form both coming and going of the person in space occurs. Affliction from the earth-element doesn't arise [anymore] even if one is situated in the middle of the earth. He constantly sees everything in front of his eyes and he becomes separated [from the material world]. The force of life increases eminently.

[Description of the ninth Cakra]

Now the divisions/differentiations of the ninth cakra are explained. The designation of it is "the *cakra* of the great void". Above that there is no other. Therefore it is declared to be the *cakra* of the great perfection. [Another] such name of it is "(divine) seat of Pūrṇagiri".

In the middle of the *mahāśūnyacakra* exists one lotus facing upward, very red in colour, with a thousand petals - an abode of brilliance and wholeness, whose fragrance is not in range of mind and speech. In the middle of this lotus exists one pericarp having the shape of a triangle. In the middle of the pericarp exists one seventeenth digit in the shape of a immaculé form. A light of the part exists shining like a thousand suns. [But] excessive heat is not arising. Shining like a thousand moons, excess of cold is not arising.

Here at this location the "I"(*aham*) is the deity. The "he is I" (*so 'ham*) is the power. This self is the Rṣi. The path is liberation. Brahma is the I above. "I'm a circle". In fire-area is the letter "sa". [There?] life arises, the living soul ascends and decends. The place is the hidden place of being. The colour is yellow. The light is

³⁶It's not entirely clear what kind of measure is an akṣara.

³⁷Add intertextual evidence.

³⁸Find parallels where Jālandhara is situated on top of the head.

the shine of ten million suns. The shine is always and visible. Śiva is the deity. The power is primordial illusion. The state is the dissolution of the self into Hara³⁹. The transcendental sound has the nature of a sound with stable resonance. The seal is the "fearless". The illusion is the root. The body is the original matter. The range is speech and mind. Without delusion, without doubt, the unaffected and undefiled goal is dissolution, meditation [and] final absorption.

Above that is the place of infinite supreme bliss. There above is power ($\pm akti$). Being designated as such she is one single digit. Due to the exercise of meditation on this part the person manifests whatever he wishes for. He is furnished with royal pleasure and enjoyment. [Even] amusing oneself amongst women, and watching musical pleasures, the $k\bar{a}la$ of the person grows daily like the $kal\bar{a}$ of the moon in the bright half of the month. His body is not affected by merit and sin. Due to uninterrupted meditation the power of the light of the innate nature arises. He sees remotely located objects as if they'd be near.

[Laksyayoga, the yoga of fixation]

Now the yoga of fixation (*lakṣyayoga*), which is easily accomplished is explained. Of this yoga of fixation there are five subdivisions: 1. The upward directed fixation (*ūrdhvalakṣya*), 2. the downward directed fixation (*adholakṣya*), 3. the outer fixation (*baḥyalakṣya*), 4. the central fixation (*madhyalakṣya*), 5. the inner fixation (*antaralakṣya*).

[1. Ūrdhvalakṣya - The upward directed fixation]

At first the upward directed fixation (*ūrdhvalakṣya*) is explained. The gaze (*dṛṣṭi*) [should be] in the middle of the sky. And then having caused the mind to be directed upwards, it is caused to be fixed there.

Due to the exercise of stabilizing of this fixation (*lakṣya*) arises unity of the gazing point (*dṛṣṭi*) with the light of the highest lord (*parameśvara*). And then an indefinable invisible object arises in the middle of the sky. It arises in the range of sight of the practitioner. This is truly the upward directed fixation (*ūrdhvalakṣya*).

[2. Adholaksya - The downward directed fixation]

³⁹Epiphet of Śiva.

Now the downward directed fixation object (*adholakṣya*). One should stabilize the gaze within the circumference (*paryanta*) of twelve *aṅgulas* beyond the nose. Or one should stabilize the gaze onto the tip of the nose. The fixation becomes stable due to firm exercise [on one] of the twofold aims [of fixation].

The breath becomes stable. Vitality increases. Just as this [aim] is twofold, also the external fixation is said to be [like this]. Internally or externally the aim of fixation is to be done onto the heavenly emptiness. The fear of dying doesn't arise due to the exercise of meditation on the void at all places during ones life - while eating, moving and waking.⁴⁰

[Description of the Rajayogin's Body]

Now it is said that this is the characteristic of the embodied person who is endowed with the royal yoga:

Abundance arises at all times. No distance exists on earth. He dwells on earth having pervaded [it]. Birth and death both don't exist. Happiness does'nt exist. Suffering does'nt exist. Impediment does'nt exist. Habit doesn't exist. Place does'nt exist.

The manifestation of permanent perception of the connection with god arises in the middle of the mind of this accomplished one. And he is shining - not cold, and not hot, not white [and] not yellow. Neither is there birth of him, nor does he have any attributes. And he is without parts, immacule and uncharacterized. His desire etc. doesn't arise in [situations of] lust [and] is not located within the duality of the result.

He attains expanded enjoyment. However, his mind does not suffer attachment in this very state.

[Other Attributes]

Another attribute of Rājayoga is described.

Even "of one who is in gain of a kingdom etc." [it is said that] perception of success does'nt arise. Even due to loss suffering does'nt arise in the mind. And then

⁴⁰Note that the description of the five types of Laksyayoga stops here and the new topic about the body of the Rājayogin is introduced. However, the subject is resumed later on in the text. Even though all witnesses follow this specific and suprising order. Maybe a copist in the early stages of transmission of the text copied the text without noticing the folios of his template to be in the wrong order.

desire doesn't arise. And then with regards to an object that has been obtained for whatever reason towards ones object aversion does'nt arise. With regard to this object affection of the mind does'nt arise. Just this is said to be Rājayoga.

And then his mind which knows the sacred speech is equal towards a person, friend and enemy. And a neutral view arises. In the mind of one who is entirely situated in the middle of the earth, the pride of authorship does't arise, because of death and rebirth, and because of happiness and enjoyment. Wile wandering the world he doesn't whish to know authorship. This is also said to be Rājayoga.

New durable clothes made of silk, or however, old, worn [clothes] with holes smeared with sandalwood and musk, or smeared with mud. In whose mind joy and sorrow are not situated, just he is [in the state of] Rājayoga. Just he is in the state of Rājayoga for whom the mind is neither in abundance nor in lack, being located in a city, a forest, an uninhabited village or a village full of people.

[Description of Caryayoga]

Now caryāyogaḥ, the Yoga of wandering is explained.

Shapeless, unchangeable, permanent [and] unsplitable. Such is the self. It is seen as such by the one whose mind abides in the self without moving. His self is not touched by sin and merit. Just as the leave of the lotus situated in the amidst water doesn't touch the water; likewise the self [is not touched by sin and merit]. Just as the wind wanders according to its own will in space, likewise the mind of one who is absorbed into the universal spirit [wanders according to its own will in space]. This is *caryāyoga*.

[Description of Hathayoga]

Now hathayoga, the forceful Yoga is explained.

The practice of breath shall be done in this manner: "Exhalation, Inhalation [and] Retention etc. And then due to the six practices (*saṭkarma*), like *dhauti* etc. the purification of the body arises. When the full breath abides in the middle of the sun-channel. Then the mind is unmovable. The form of bliss immediately shines through the motionless mind. Due to the execution of Haṭhayoga the mind becomes absorbed into emptiness. The time of death does not approach.

Now, the second division of Hathayoga is explained.

The shine of ten million suns in one's own body beginning from the feet to the top of head is contemplated in any color equal to white, yellow [or] red. Due to the execution of meditation in the entire body disease does'nt arise, fever doesn't arise and vitality grows.

[Description of Jñānayoga]

Now the characteristic of *jñānayoga* is explained.

5

- 1. He shall see the world truly as being one, shining in all selves. By applying indistinctness he shall accomplish $J\tilde{n}\tilde{a}nayoga$.
- **2.** Wherever the world is established or made of omniscience, who knows thus by means of insight, he is a like an expert of knowledge.
- 3. He always attains the reality of $\dot{sambhavi}$ the goal of eternal non-duality. Just as the seed of the Nyagrodha scattered onto the soil [always] becomes a tree.
- **4.** The absolute unity (*ekāntaṃ*), is seen as multibel (namely) made up of ten parts by oneself. The rolled up shoots of the branches are the sprouting stalks of the root shoot.
- **5.** By virtue of its inherent nature, this branch with its branches, which is the fruit of the flower of love, is in the seed. Certainly, that is pure, eternal, unchanging and immaculate.
- **6.** One, not one and self-existing, existing in manifold ways through its own rule and work, [as] five principles (*tattva*) which are: thinking mind (*manas*), intellect (*buddhi*), illusion (*māya*), individuation (*ahaṃkāra*) and modifications (*vikriyā*).

7.In this way, the ten variations fully permeate the world and the non-world. Only one thing is and not something else: Whoever knows this is a connoisseur of

reality.

Transmigration is the appearance of the plant world, mountains, trees, earth etc. Transmigration is the appearance of living beings beginning with birds, horses, elephants and humans.

And then whoever is one who is a [sense] object of sight is said to be visible. He who is not seen by sight is said to be invisible.

In this way the philosophical teaching is to remove the split of one's own self, which is subjected to transmigration by means of identity. Only that is Jñānayoga. Because of the execution of it, time does'nt destroy the body.

Now the division of the inherent nature is described.⁴¹

Just as the seed of the banyan tree ripens into the shape of the banyan tree, and by its own inherent nature attains such a tenfold division. [Namely]:

"Root, shoot, bark, branch, twig, bud, the unfolding flower, flower, fruit and nectar." The division reaches [those] ten parts.

In this way, the pure, unchanging, unblemished, attains such [division] precisely because of the inherent nature of the self. [Namely] the division "Earth, Water, Fire, Wind, Space, Mind, Intellect, Illusion, Transformations and Form".

Because of the power of Jñānayoga, there arises the certainty that "The Self is verily one."

As some particular soil (*ekaika*) sometimes appears soft, sometimes beautiful, sometimes fragrant, sometimes unscented, sometimes golden, sometimes silver, is sometimes made of precious stone, sometimes appearing white, sometimes black, sometimes copper, sometimes yellow, sometimes mottled, sometimes like various fruit, sometimes like flowers, sometimes like the nectar of immortality, [and that only] because of its inherent nature.

In this way, the self also takes the form of a human, a bird, a gazelle, an elephant, a vidyādhara, a gandharva, a centaur, great scholar or a great fool, a sick or healthy, an angry or or peaceful person, by virtue of its inherent nature.

Because of Jñānayoga, transformation is recognized as formless, Just as the place of origin of the fruit is only one. But the transformation of the fruit is seen as manifold.

⁴¹This refers to the mention of *svabhāva* in verse 5 of the description of Jñānayoga.

One fruit falls onto the ground. It is getting bright.

A bee drinks the flower juice of a fruit. The lover [bee] places itself on the flower wreath above the circular pistil that is like a breast.

What are the eight enjoyments?

A beautiful dwelling, good clothing, a good bed, a well-trained horse?, a nice place, food and drink. 42 Those are the eight enjoyments of the wise.

- 1. Clothes made from silk:
- 2. Houses endowed with five or seven rooms in which there is wealth;
- 3. A huge, very soft and lovely bed;
- 4. [on which] there is seated a lotus-like youthful, charming and virtuous wife;
- 5. An excellent throne;
- 6. An exceptional valuable horse;
- 7. Food that pleases the senses;
- 8. Various drinks.

Like the rays of the sun, the butter of milk, the burning of fire, the stupor of poison, the sesame oil from the sesame seed, the shade from the tree, the sweet odor from a fruit, the fire from a scabbard, the sweet sap of Śārkara⁴³ and so on, the cold of piles of snow, and so on is the inherent essence of things. In the same way, the course of the world is also in the center of the highest God's own form. And the Most High God is indivisible and all-filling.

4.1 Bibliography

⁴²The verse only gives 7 enjoyments!

⁴³A liquor prepared from Dhātakī with sugar.

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