

श्रीआदिनाथाय नमोऽस्तु तस्मै येनोपदिष्टा हठयोगविद्या ।  
विराजते प्रोन्नतराजसौधमारोढुमिच्छोरधिरोहिणीव ॥1.1॥

प्रणम्य श्रीगुरुं नाथं स्वात्मारामेण योगिना ।  
केवलं राजयोगाय हठविद्योपदिश्यते ॥1.2॥

5 भ्रान्त्या बहुमतध्वान्ते रजयोगमजानताम् ।  
हठप्रदीपिकां धत्ते स्वात्मारामः कृपाकरः ॥1.3॥

**1 śrīādināthāya** cet.] ādiśanāthāya V<sub>1</sub> śrīādityanāthāya J<sub>2</sub>J<sub>10</sub> śrīādināthā N<sub>10</sub> śrī om ād-  
ināthāya N<sub>5</sub> ādināthāya J<sub>4</sub> 'stu cet.] un.m.stu te V<sub>8</sub> **tasmai** cet.] tasmaiḥ N<sub>22</sub> te tasmai  
V<sub>26</sub> **yenopadiṣṭā** cet.] yonopadiṣṭā N<sub>5</sub> yenopadiṣyā J<sub>2</sub> + .. p. .. .[ā] M<sub>1</sub> **haṭhayogavidyā**  
cet.] haṭhajogavidyā N<sub>22</sub> **2 virājate** cet.] vibhrājate C<sub>2</sub>N<sub>13</sub>TüVulgN<sub>23</sub>V<sub>22</sub> vi .. jate M<sub>1</sub> **rā-**  
**jasaudham** cet.] rājasaudhām J<sub>2</sub> rājasaudha J<sub>3</sub>N<sub>23</sub> rājasaidhamm N<sub>16</sub> rājasaukham N<sub>22</sub> rājayo-  
gam B<sub>1</sub>B<sub>2</sub>B<sub>3</sub>C<sub>1</sub>C<sub>2</sub>C<sub>7</sub>J<sub>1</sub>J<sub>10</sub>J<sub>13</sub>J<sub>15</sub>J<sub>17</sub>N<sub>1</sub>N<sub>6</sub>N<sub>9</sub>N<sub>10</sub>N<sub>13</sub>N<sub>17</sub>N<sub>20</sub>N<sub>23</sub>TüV<sub>1</sub>V<sub>3</sub>V<sub>4</sub>V<sub>6</sub>V<sub>11</sub>V<sub>22</sub> rājayogar V<sub>8</sub>  
**āroḍhum** cet.] āroḍham J<sub>2</sub>N<sub>5</sub> āroham C<sub>1</sub>N<sub>6</sub>V<sub>5</sub> ārodum V<sub>4</sub> ārohim J<sub>17</sub> ārūḍham J<sub>14</sub> ārūḍham  
N<sub>19</sub> sarādhum N<sub>23</sub> dharmādhi N<sub>22</sub> armādhi N<sub>23</sub> **icchor** cet.] rūvam N<sub>22</sub> **adhirohiṇīva** cet.]  
adhirohaṇīva C<sub>2</sub>N<sub>5</sub> adhirohiṇī ca J<sub>2</sub>N<sub>9</sub>N<sub>16</sub>N<sub>22</sub> adhirohaṇi ca J<sub>15</sub> adhiroha eva C<sub>1</sub>V<sub>3</sub>V<sub>5</sub> adhiroha-  
nena N<sub>12</sub> adhirohatīva N<sub>19</sub> adhirohaṇāya V<sub>6</sub> **3 gurum** cet.] guru C<sub>2</sub>J<sub>2</sub> gurū J<sub>15</sub>V<sub>6</sub> **nātham**  
cet.] nātha J<sub>2</sub>N<sub>22</sub>V<sub>6</sub> **svātmārāmeṇa** cet.] ātmārāmeṇa J<sub>2</sub>V<sub>26</sub> svātmārāṇa C<sub>2</sub> svātmārāmena  
V<sub>5</sub> **yoginā** cet.] dhīmatā C<sub>1</sub>C<sub>2</sub>C<sub>7</sub>J<sub>1</sub>J<sub>3</sub>L<sub>1</sub>N<sub>5</sub>N<sub>11</sub>N<sub>16</sub>V<sub>5</sub>V<sub>19</sub> yoginī N<sub>22</sub> **4 kevalam** cet.] kaivalam  
N<sub>5</sub> **rājayogāya** cet.] rājayogoya J<sub>3</sub> rājayogo yaṁ N<sub>16</sub> **vidyopadiśyate** cet.] vidyāḥ pradiśy-  
ate B<sub>2</sub> vidyā prakāśayet J<sub>2</sub> vidyā prakāśyate V<sub>26</sub> yogopadiśyate B<sub>3</sub>J<sub>13</sub>J<sub>14</sub>J<sub>15</sub>N<sub>1</sub>N<sub>2</sub>N<sub>6</sub>N<sub>17</sub>N<sub>19</sub>V<sub>4</sub>V<sub>8</sub>  
yogo pradiśyate N<sub>17</sub> yogapradiśyate C<sub>2</sub> yogaḥ pradīśyate N<sub>10</sub>V<sub>11</sub> yogoyadiśyate J<sub>10</sub> **5 bhrān-**  
**tyā** cet.] bhrāntvā C<sub>2</sub>C<sub>7</sub>J<sub>13</sub>J<sub>15</sub>L<sub>1</sub>N<sub>5</sub>N<sub>20</sub>V<sub>3</sub>V<sub>19</sub> bhrātā J<sub>2</sub> bhrāntā N<sub>3</sub> bhrāntar N<sub>24</sub><sup>ac</sup> bhrāntair M<sub>1</sub>  
bhrānmā N<sub>22</sub> **bahu** cet.] vahū J<sub>2</sub>J<sub>10</sub> vaṁhu V<sub>3</sub> bahā N<sub>24</sub><sup>ac</sup> **mata** cet.] matam V<sub>1</sub> mate  
V<sub>22</sub> matā J<sub>2</sub>J<sub>17</sub> mati J<sub>4</sub> matva J<sub>15</sub> gata N<sub>11</sub> \*\*\* N<sub>24</sub><sup>ac</sup> **dhvānte** cet.] dhvāntai C<sub>2</sub>V<sub>2</sub>V<sub>8</sub>V<sub>26</sub>N<sub>23</sub>  
dhvāntaiḥ V<sub>6</sub> dhvāntā J<sub>2</sub> bhrāntam V<sub>1</sub> dhyāna V<sub>22</sub> bhrāntai M<sub>1</sub> bhrāntair V<sub>8</sub> **rājayogam**  
cet.] rājamārgam J<sub>2</sub>M<sub>1</sub>N<sub>3</sub>N<sub>12</sub>N<sub>23</sub>V<sub>26</sub> **ajānatām** cet.] ajānatā B<sub>2</sub>V<sub>6</sub> ajānatam C<sub>2</sub>J<sub>1</sub>J<sub>4</sub> ajā-  
nataḥ C<sub>1</sub>C<sub>2</sub>C<sub>7</sub>L<sub>1</sub>N<sub>5</sub>N<sub>16</sub>V<sub>5</sub>V<sub>19</sub>V<sub>26</sub> prajānatām C<sub>2</sub> ajānate J<sub>2</sub> ayānatām V<sub>8</sub> vijānatā N<sub>19</sub> jānanam  
N<sub>22</sub> **6 pradīpikām** cet.] pradīpikam C<sub>2</sub> pradīpakām J<sub>15</sub> pradīpikā J<sub>2</sub>N<sub>16</sub>N<sub>19</sub>N<sub>22</sub> pradīpikām V<sub>8</sub>  
unm.pradīkām V<sub>2</sub> **dhatte** cet.] dhatte V<sub>8</sub> dharme L<sub>1</sub> dhate J<sub>2</sub> cakre C<sub>4</sub><sup>ac</sup> J<sub>15</sub>N<sub>5</sub> datte C<sub>2</sub>N<sub>19</sub> dhatve  
V<sub>11</sub> **svātmārāmaḥ** cet.] svātmārāma V<sub>3</sub>J<sub>1</sub>N<sub>22</sub>V<sub>6</sub> svātmārāme N<sub>23</sub> svātmārāmo J<sub>2</sub> ātmārāmo V<sub>26</sub>  
**krpākaraḥ** cet.] krpāparaḥ C<sub>2</sub>C<sub>7</sub>N<sub>5</sub>V<sub>19</sub> nhmākaraḥ C<sub>2</sub> kṣamākaraḥ J<sub>10</sub>J<sub>15</sub>J<sub>17</sub>N<sub>6</sub>N<sub>10</sub>N<sub>17</sub>V<sub>4</sub>V<sub>11</sub> ni-  
raṁjanam J<sub>2</sub> nirañjanam V<sub>26</sub> prakāśyate V<sub>3</sub>

हठविद्यां हि मत्स्येन्द्रगोरक्षाद्या विजानते ।  
स्वात्मारामोऽथवा योगी जानीते तत्प्रसादतः ॥1.4॥

श्रीआदिनाथमत्स्येन्द्रशाबरानन्दभैरवाः ।  
चौरङ्गीमीनगोरक्षविरूपाक्षबिलेशयाः ॥1.5॥

virājate N<sub>3</sub> vijānateḥ V<sub>11</sub> **1 vidyām hi** cet.] vidyā hi B<sub>1</sub>J<sub>1</sub>J<sub>2</sub>J<sub>13</sub>N<sub>6</sub>N<sub>13</sub>N<sub>16</sub>N<sub>17</sub>N<sub>19</sub>N<sub>21</sub>N<sub>23</sub>V<sub>1</sub> vidyām  
tu J<sub>4</sub> vidyo hi N<sub>3</sub> vidyām N<sub>5</sub> **matsyendra** cet.] matseṁdra N<sub>10</sub> tachamdra N<sub>23</sub> matsyemdu J<sub>13</sub>  
macchemdrā J<sub>2</sub> machidra J<sub>2</sub> machendraḥ V<sub>5</sub> **gorakṣādyā** cet.] gorakṣādyā C<sub>2</sub> gorakṣāyā N<sub>5</sub>N<sub>17</sub>  
gorakṣādyo J<sub>1</sub> *unm.*gorakṣā V<sub>5</sub> gorakṣyādyā V<sub>11</sub> **vijānate** cet.] vijānatā B<sub>2</sub>M<sub>1</sub> [wit=J<sub>2</sub>]hi jānate  
**2 svātmārāmo** cet.] ātmārāmo C<sub>4</sub><sup>c</sup> J<sub>1</sub>J<sub>3</sub>L<sub>1</sub>N<sub>5</sub>N<sub>11</sub>V<sub>19</sub>V<sub>26</sub> ātmārāme N<sub>16</sub> svātmārāmaḥ V<sub>22</sub> **'thavā**  
**yogī** cet.] *unm.*athavā yogī V<sub>4</sub> 'thava yogī V<sub>26</sub> mahāyogī J<sub>4</sub> yathā yogī C<sub>7</sub>V<sub>8</sub> 'thavā yena J<sub>2</sub> **jānīte**  
cet.] jānati C<sub>4</sub><sup>c</sup> vijñāna J<sub>2</sub> jānante V<sub>3</sub> jānate N<sub>22</sub> jānite J<sub>15</sub>J<sub>17</sub>V<sub>8</sub> jānita V<sub>8</sub> jānitai V<sub>5</sub> jānīmat V<sub>11</sub>  
**tatprasādataḥ** cet.] tatprasāditaḥ N<sub>1</sub> **3 śrīādinātha** cet.] ādināthāya C<sub>2</sub> ādināthāśca C<sub>2</sub>V<sub>6</sub> śrīād-  
ināthāya N<sub>5</sub> *unm.*śrīādināthādi J<sub>15</sub>V<sub>1</sub> ādināthādi B<sub>3</sub>C<sub>2</sub>J<sub>10</sub>J<sub>17</sub>N<sub>1</sub>N<sub>6</sub>N<sub>10</sub>N<sub>17</sub>V<sub>4</sub>V<sub>8</sub>V<sub>11</sub> *unm.*ādinātha  
B<sub>1</sub> **matsyendra** cet.] matseṁdra N<sub>10</sub> machedraḥ V<sub>5</sub> **śābarā** cet.] sāvarā C<sub>4</sub><sup>c</sup> Tū śāambarā  
B<sub>2</sub>N<sub>19</sub> sāgarā C<sub>2</sub>J<sub>4</sub>J<sub>2</sub>V<sub>3</sub>N<sub>20</sub> śāgarā J<sub>15</sub> śāradā C<sub>1</sub>C<sub>7</sub>J<sub>3</sub>L<sub>1</sub>N<sub>11</sub>N<sub>12</sub>N<sub>16</sub>N<sub>23</sub>V<sub>2</sub>V<sub>19</sub> sārādā V<sub>5</sub> sāvadā V<sub>26</sub>  
śāradaḥ N<sub>5</sub> śāṁvarā J<sub>14</sub>N<sub>2</sub>N<sub>10</sub> śācarā V<sub>6</sub> **nanda** cet.] nanta N<sub>23</sub> **bhairavāḥ** cet.] bhairavaḥ  
J<sub>2</sub>J<sub>17</sub>N<sub>3</sub>N<sub>5</sub>N<sub>17</sub>N<sub>23</sub>V<sub>6</sub> bhairavā J<sub>1</sub>J<sub>15</sub>V<sub>3</sub>V<sub>8</sub>N<sub>22</sub> bhaivarāḥ V<sub>26</sub> **4 cauraṅgī** cet.] cauraṅgī C<sub>2</sub>C<sub>2</sub>C<sub>7</sub>N<sub>5</sub>  
coraṁgī N<sub>10</sub> cāraṅgī B<sub>3</sub> sauraṁgi M<sub>1</sub> kuraṅgī J<sub>4</sub> vaurago J<sub>2</sub> cauragi V<sub>8</sub> ca..raṁgī N<sub>22</sub> **mīna**  
cet.] khīna V<sub>19</sub> **gorakṣa** cet.] gaurakṣa J<sub>15</sub> gaurakṣau V<sub>26</sub> gorakṣaḥ N<sub>22</sub> gorakṣo J<sub>2</sub> **virūpākṣa**  
cet.] virūpākṣya J<sub>15</sub> virūpāṅkṣya C<sub>2</sub> virūpācchaś J<sub>2</sub> virūpākṣaś V<sub>26</sub> virupākṣa J<sub>17</sub> virūpaśca N<sub>16</sub>  
virūpākṣā N<sub>22</sub>V<sub>2</sub> vipākṣa J<sub>4</sub> virūpākṣaḥ N<sub>3</sub>V<sub>19</sub> virūyākṣa N<sub>23</sub> **bileśayāḥ** cet.] vileśayā C<sub>2</sub>J<sub>1</sub>N<sub>2</sub>N<sub>5</sub>  
bileśayaḥ V<sub>6</sub> ca cetana J<sub>2</sub> ca ceḍalaḥ V<sub>26</sub> cileśayāḥ N<sub>23</sub> vileśayā C<sub>2</sub>J<sub>1</sub>N<sub>2</sub>N<sub>5</sub> savālmikaḥ N<sub>3</sub> savālikaḥ  
V<sub>19</sub> bileśayā J<sub>15</sub>V<sub>3</sub> biśleśayāḥ V<sub>4</sub>

मन्थानभैरवो योगी सिद्धबुद्धश्च कन्थडिः ।  
 पौरण्टकः सुरानन्दः सिद्धपादश्च चर्पटिः ॥1.6॥

कानेरी पूज्य पादश्च नित्यनाथो निरञ्जनः ।  
 कपाली बिन्दुनाथश्च काकचण्डीश्वराह्वयः ॥1.7॥

**1 manthāna** cet.] *unm.* śrīmanthāna B<sub>2</sub> manthāra C<sub>2</sub>L<sub>1</sub>N<sub>5</sub> manthāno N<sub>13</sub>TüV<sub>1</sub>V<sub>22</sub>Vulg mandāra J<sub>2</sub> **bhairavo** cet.] mairavo N<sub>20</sub> bhairavā N<sub>23</sub> bhaivarau V<sub>26</sub> **yogī** cet.] jogī J<sub>2</sub> siddha C<sub>1</sub> siddhe V<sub>5</sub> yogi J<sub>15</sub>V<sub>8</sub> **siddha** cet.] śuddha B<sub>1</sub>B<sub>3</sub>C<sub>2</sub>C<sub>2</sub>C<sub>2</sub>C<sub>2</sub> C<sub>2</sub>N<sub>1</sub>J<sub>10</sub>J<sub>13</sub>J<sub>17</sub>N<sub>6</sub>N<sub>10</sub>N<sub>13</sub>N<sub>17</sub>TüV<sub>4</sub>V<sub>11</sub>V<sub>22</sub>V<sub>26</sub> śruddha J<sub>15</sub> siddho B<sub>2</sub>N<sub>19</sub>V<sub>6</sub> yogī C<sub>1</sub>V<sub>5</sub> siddha V<sub>1</sub> siddhi J<sub>1</sub>J<sub>3</sub>J<sub>14</sub>N<sub>2</sub>N<sub>16</sub> sandhi J<sub>2</sub> viddha N<sub>20</sub> sidha N<sub>22</sub> siddhar N<sub>23</sub> suddho V<sub>8</sub> **buddhaś ca** cet.] tudhiś ca J<sub>2</sub> pādaś ca C<sub>7</sub> buddhiś ca C<sub>2</sub>J<sub>1</sub>J<sub>3</sub>N<sub>3</sub>N<sub>16</sub>N<sub>20</sub>V<sub>2</sub>V<sub>3</sub>V<sub>26</sub> nudhaś ca N<sub>22</sub> cuddhaś ca N<sub>23</sub> **kanthaḍiḥ** cet.] kanthariḥ B<sub>1</sub> kanthaḍiḥ B<sub>2</sub>N<sub>23</sub> kanthaḍi C<sub>1</sub>C<sub>2</sub>J<sub>15</sub>N<sub>10</sub>N<sub>12</sub>N<sub>20</sub>N<sub>21</sub>V<sub>6</sub> kanthaḍi C<sub>2</sub> kukuḍiḥ C<sub>2</sub> kanthalī V<sub>1</sub>J<sub>10</sub>N<sub>3</sub> kanthalī J<sub>10</sub> kamtharī N<sub>5</sub> kanthaḍi J<sub>2</sub> kandalī J<sub>17</sub>N<sub>6</sub>N<sub>17</sub>N<sub>22</sub>V<sub>4</sub>V<sub>11</sub> kanthaḍim V<sub>3</sub> kanthaviḥ J<sub>1</sub> kandalī V<sub>8</sub> kampaṭiḥ N<sub>13</sub> kampaḍiḥ Tü paddhatiḥ M<sub>1</sub> kānuṭiḥ V<sub>26</sub> **2 paurañtakah** cet.] pauramṭaka N<sub>22</sub> pauramṭakah N<sub>5</sub> paurandakah B<sub>1</sub>N<sub>1</sub>N<sub>10</sub>V<sub>6</sub> paurandakam V<sub>11</sub> paurandāka B<sub>2</sub> pauramṭamka C<sub>2</sub> kauramṭakah N<sub>16</sub>N<sub>23</sub> kauramṭaka N<sub>12</sub> kaurandakah J<sub>14</sub>V<sub>26</sub> koramṭaka J<sub>2</sub> koramṭakah J<sub>4</sub>N<sub>21</sub>N<sub>23</sub> koramṭakah C<sub>2</sub>N<sub>13</sub>TüV<sub>22</sub>Vulg koramṭikah N<sub>2</sub> goramṭaka N<sub>3</sub> ghoramṭakah M<sub>1</sub> *unm.* kāhapauramṭaka V<sub>8</sub> koramḍika Vulg kauramḍikah V<sub>2</sub> paura...kah N<sub>20</sub> \*\*\* C<sub>1</sub>J<sub>3</sub>L<sub>1</sub>N<sub>11</sub>V<sub>5</sub>V<sub>19</sub> **surānandah** cet.] sarānanda B<sub>2</sub>N<sub>12</sub> surānanda C<sub>2</sub>J<sub>2</sub>N<sub>2</sub>N<sub>3</sub>V<sub>3</sub>N<sub>22</sub>V<sub>2</sub> śurānamdah N<sub>23</sub> sarānandah J<sub>4</sub> \*\*\* C<sub>1</sub>J<sub>3</sub>L<sub>1</sub>N<sub>11</sub>V<sub>5</sub>V<sub>19</sub> **siddha** cet.] siddhi V<sub>1</sub>J<sub>1</sub>J<sub>2</sub>N<sub>16</sub>N<sub>23</sub> siddhā V<sub>8</sub> \*\*\* C<sub>1</sub>J<sub>3</sub>L<sub>1</sub>N<sub>11</sub>V<sub>5</sub>V<sub>19</sub> **pādaś** cet.] pāda N<sub>22</sub> \*\*\* C<sub>1</sub>J<sub>3</sub>L<sub>1</sub>N<sub>11</sub>V<sub>5</sub>V<sub>19</sub> **ca** cet.] \*\*\* N<sub>22</sub> **carpaṭiḥ** cet.] carpaṭiḥ B<sub>1</sub>B<sub>2</sub>N<sub>2</sub>N<sub>17</sub>N<sub>23</sub>V<sub>3</sub>V<sub>4</sub> carpaṭi C<sub>2</sub>J<sub>17</sub>V<sub>6</sub> carpaṭi C<sub>2</sub> C<sub>2</sub>C<sub>7</sub>V<sub>1</sub>V<sub>2</sub> carpaṭi C<sub>2</sub> J<sub>1</sub>J<sub>15</sub>N<sub>3</sub>V<sub>8</sub>N<sub>23</sub> tarpaṭi J<sub>2</sub> parpaṭiḥ M<sub>1</sub> carpaṭiḥ N<sub>5</sub> carpaṭah N<sub>11</sub>V<sub>11</sub> \*\*\* C<sub>1</sub>J<sub>3</sub>L<sub>1</sub>N<sub>11</sub>V<sub>5</sub>V<sub>19</sub> **3 kānerī** cet.] kanerī C<sub>2</sub>J<sub>14</sub>N<sub>2</sub>N<sub>3</sub>N<sub>19</sub>V<sub>2</sub>V<sub>6</sub> kaṇerī J<sub>3</sub>V<sub>1</sub>N<sub>11</sub> kānarī J<sub>1</sub> kanerī V<sub>8</sub> kānerī B<sub>1</sub>B<sub>3</sub> naimkerī N<sub>16</sub> kānerī N<sub>17</sub> kārnerī N<sub>17</sub> kirīla B<sub>2</sub> varainya C<sub>1</sub> kaṇirī J<sub>4</sub>V<sub>19</sub> kaṇirī J<sub>2</sub> karaṇī C<sub>2</sub> C<sub>7</sub>L<sub>1</sub>N<sub>5</sub> karenī V<sub>5</sub> karauṭi N<sub>12</sub> kaverī N<sub>20</sub> kāvarī V<sub>26</sub> karoṭiḥ M<sub>1</sub> kālerī V<sub>11</sub> **pūjya** cet.] pūrya V<sub>1</sub> pūrva B<sub>1</sub>B<sub>3</sub>C<sub>2</sub>J<sub>10</sub>J<sub>15</sub>J<sub>17</sub>N<sub>10</sub>N<sub>22</sub>V<sub>6</sub>V<sub>11</sub> pūrvva V<sub>4</sub> sarva J<sub>4</sub> **pādaśca** <??>] pānaś ca J<sub>1</sub> nāthaś ca N<sub>20</sub> **nityanātho** cet.] dhvaninātho B<sub>1</sub>B<sub>3</sub>C<sub>2</sub>C<sub>2</sub> J<sub>10</sub>J<sub>13</sub>J<sub>17</sub>N<sub>6</sub>N<sub>10</sub>N<sub>17</sub>V<sub>4</sub>V<sub>6</sub> siddhanātho C<sub>2</sub>C<sub>2</sub> J<sub>15</sub> bilvanātho C<sub>7</sub>L<sub>1</sub>N<sub>5</sub>V<sub>19</sub> dhaninātho N<sub>1</sub> *unm.* ninātho V<sub>11</sub> **nirañjanah** cet.] nirantanah N<sub>5</sub> nirañjanam J<sub>15</sub>V<sub>3</sub> nirañjana J<sub>1</sub>V<sub>8</sub> virañjanah V<sub>26</sub> \*\*\* N<sub>22</sub> **4 kapālī** cet.] kapālī J<sub>2</sub>J<sub>15</sub> kāpālī C<sub>1</sub>C<sub>2</sub>J<sub>14</sub>N<sub>2</sub>V<sub>2</sub> kāpālī N<sub>19</sub> \*\*\* N<sub>20</sub>N<sub>22</sub> kāpālī J<sub>13</sub> kapālir V<sub>22</sub> kalāpī V<sub>26</sub> **bindunāthaś ca** cet.] bindunādaś ca V<sub>1</sub>B<sub>1</sub>B<sub>2</sub>B<sub>3</sub>J<sub>2</sub>M<sub>1</sub> \*\*\* N<sub>20</sub>N<sub>22</sub> bindunāthasya V<sub>8</sub> **kākacaṇḍīśvarāhvayaḥ** C<sub>2</sub>N<sub>13</sub>N<sub>23</sub>TüV<sub>1</sub>Vulg] kākacaṇḍīśvarādayaḥ cet. kākacaṇḍīśvaro mayah B<sub>2</sub>N<sub>19</sub> kālacaṇḍīśvarādayaḥ J<sub>3</sub>V<sub>19</sub> kākacaṇḍisu ādayaḥ N<sub>5</sub> kākacamndrīśvarādayaḥ N<sub>16</sub> kāmkaṇḍīśvarādayaḥ V<sub>8</sub> kālacaṇḍīśvarāhūyam J<sub>2</sub> kākacamdeśvarogayaḥ N<sub>3</sub> \*\*\* N<sub>20</sub>N<sub>22</sub> kākacamḍīśvarāhayaḥ N<sub>23</sub> kākacamteśvaro mayah M<sub>1</sub> kākaguṇḍīśvarāhvayaḥ V<sub>26</sub> kākacaṇḍīdayākarah V<sub>11</sub> kākacaṇḍīśvaromayaḥ N<sub>12</sub> kākacaṇḍīśvarādaya J<sub>15</sub> kākacaṇḍīśvarogajah N<sub>11</sub> kākacaṇḍīśvarāhayaḥ J<sub>4</sub> kākacaṇḍīśvarā ... .ḥ V<sub>22</sub> kākacaṇḍīśvarāvayaḥ N<sub>21</sub>

अल्लामप्रभुदेवश्च घोडाचोली च टिण्टिणी ।  
भालुकी नागबोधश्च खण्डकापालिकस्तथा ॥1.8॥

इत्यादयो महासिद्धा हठयोगप्रभावतः ।  
खण्डयित्वा कालदण्डं ब्रह्माण्डे विचरन्ति ते ॥1.9॥

**1 allāma** *nos scribere*] conī. allāmaḥ TüV<sub>1</sub>V<sub>3</sub>V<sub>8</sub>V<sub>22</sub>VulgN<sub>23</sub> allamaḥ N<sub>13</sub>J<sub>10</sub>J<sub>15</sub>J<sub>17</sub>N<sub>20</sub> allama M<sub>1</sub> allāmā N<sub>10</sub> \*\*\* B<sub>1</sub>N<sub>22</sub> mallama B<sub>2</sub> agastyah B<sub>3</sub>C<sub>2</sub>N<sub>1</sub> ahlama J<sub>2</sub>J<sub>4</sub> ahyamaḥ V<sub>4</sub> suṣamaḥ C<sub>1</sub>C<sub>7</sub>J<sub>13</sub>L<sub>1</sub>N<sub>5</sub> alamaḥ C<sub>2</sub> alasaḥ C<sub>2</sub>N<sub>2</sub>V<sub>2</sub> alama N<sub>3</sub> akṣamaḥ N<sub>6</sub>V<sub>26</sub> hallamaḥ C<sub>4</sub><sup>pc</sup> N<sub>11</sub> akleśaḥ N<sub>12</sub> akleśa J<sub>14</sub> adhamaḥ J<sub>1</sub>N<sub>16</sub> aśamaḥ N<sub>17</sub> allasaḥ N<sub>19</sub>N<sub>23</sub>V<sub>6</sub>V<sub>11</sub> alasa N<sub>21</sub> arṇamaḥ J<sub>3</sub> suṣamaḥ V<sub>19</sub> suṣamaḥ C<sub>4</sub><sup>ac</sup> V<sub>5</sub> **prabhudevaś ca** cet.] prabhuṃ devasya J<sub>2</sub> + + [deva]śca M<sub>1</sub> prabhudevasya V<sub>8</sub>N<sub>19</sub> \*\*\* N<sub>22</sub> **ghoḍācolī** cet.] ghoḍācūlī C<sub>2</sub> ghorācolī V<sub>1</sub>B<sub>3</sub>C<sub>2</sub>J<sub>10</sub>J<sub>13</sub>J<sub>17</sub>L<sub>1</sub>N<sub>6</sub>N<sub>10</sub>N<sub>21</sub>V<sub>4</sub> ghorācola V<sub>11</sub> ghoḍācolī V<sub>8</sub> ghorāvolā B<sub>1</sub> ghojacolī C<sub>2</sub> ghoḍācūlī N<sub>3</sub>V<sub>26</sub> ghoḍācūlī M<sub>1</sub>N<sub>23</sub> ghoḍāvolī J<sub>4</sub> vaḍācolī N<sub>5</sub> \*\*\* N<sub>22</sub> ghogacolī V<sub>5</sub> ghoḍācolī V<sub>19</sub> gho .. co .i V<sub>22</sub> **ca** cet.] gha C<sub>7</sub>L<sub>1</sub>N<sub>5</sub> sa V<sub>19</sub> la V<sub>11</sub> \*\*\* N<sub>22</sub> **ṭiṭṭiṇī** B<sub>1</sub>C<sub>1</sub>J<sub>3</sub>J<sub>10</sub>J<sub>13</sub>J<sub>17</sub>N<sub>17</sub>N<sub>19</sub>N<sub>23</sub>V<sub>1</sub>V<sub>2</sub>] ṭiṭṭiṇiḥ C<sub>2</sub>C<sub>2</sub>N<sub>5</sub> ṭiṭṭaṇiḥ C<sub>2</sub> ṭiṭṭiṇī N<sub>21</sub> ṭiṭṭiṇī V<sub>11</sub> ṭiṭṭaṇi V<sub>6</sub> \*\*\* N<sub>22</sub> ṭiṭṭiṇiḥ C<sub>2</sub>J<sub>1</sub>N<sub>3</sub>N<sub>6</sub>N<sub>10</sub>N<sub>13</sub>N<sub>16</sub>TüV<sub>5</sub>V<sub>22</sub>Vulg ṭiṭṭiṇaḥ V<sub>4</sub> ṭiṭṭiṇiḥ V<sub>19</sub> ṭiṃbhiṇiḥ N<sub>3</sub> ṭiṭṭiṇī N<sub>2</sub> ṭiṭṭiṇī N<sub>23</sub> ṭiṭṭiṇiḥ L<sub>1</sub> ṭiṭṭiṇiḥ N<sub>1</sub> ṭiṭṭiṇiḥ B<sub>3</sub> ṭiṭṭibhaḥ M<sub>1</sub> ciṃciṇiḥ B<sub>2</sub> ciṃciṇī J<sub>2</sub>N<sub>12</sub>V<sub>3</sub> ciṃciṇi V<sub>8</sub> ciṃciṇi J<sub>4</sub> ciṃcaṇi J<sub>15</sub> ciṃcaṇi J<sub>14</sub> carpaṭaḥ N<sub>11</sub> ciṃcili N<sub>20</sub>V<sub>26</sub> **2 bhāluki** cet.] bāluki N<sub>21</sub> bhālukāṃ C<sub>2</sub> bhāluki N<sub>3</sub> bhālukir J<sub>13</sub> bhālukir C<sub>4</sub><sup>pc</sup> J<sub>3</sub>N<sub>11</sub>N<sub>23</sub>V<sub>5</sub> bhālukā J<sub>1</sub>B<sub>1</sub>V<sub>11</sub> bhāluko N<sub>1</sub>V<sub>6</sub> bhānukā B<sub>3</sub> bālukir C<sub>1</sub>L<sub>1</sub>M<sub>1</sub> vālukir C<sub>4</sub><sup>ac</sup> V<sub>19</sub> vālakī N<sub>2</sub> vālakir C<sub>7</sub>N<sub>5</sub> vāsukī B<sub>2</sub>J<sub>2</sub>N<sub>20</sub> vāsukī V<sub>8</sub>V<sub>26</sub> vāsukir J<sub>4</sub>V<sub>3</sub>J<sub>15</sub>N<sub>16</sub> \*\*\* N<sub>22</sub> bhānukī Vulg bhānuki N<sub>23</sub> **nāgabodhaśca** <??>] nāgavādhiś ca N<sub>12</sub> nāgavedhaś ca J<sub>14</sub> nami auḍḍīśa N<sub>3</sub> nāma bhojaś ca M<sub>1</sub> nāma bodhaś ca N<sub>10</sub>V<sub>4</sub> nāgadevaś ca C<sub>2</sub>N<sub>13</sub>V<sub>22</sub>V<sub>26</sub> nāradevaś ca Vulg nārādevaś ca Tü *unm.* nāgaboś ca V<sub>8</sub> nālabodhaś ca J<sub>1</sub> nāgarodhaś ca N<sub>20</sub>V<sub>19</sub> vānabodhaś ca V<sub>6</sub> \*\*\* N<sub>22</sub> nā .. .. ś ca N<sub>23</sub> **khaṇḍa** cet.] khaṇḍī B<sub>1</sub> khaṇḍaṃ N<sub>17</sub>V<sub>1</sub>N<sub>23</sub> khaṇḍi B<sub>3</sub>C<sub>2</sub>N<sub>10</sub> caṇḍa C<sub>1</sub>C<sub>4</sub><sup>ac</sup> C<sub>7</sub>J<sub>13</sub>V<sub>2</sub>V<sub>5</sub> caṇḍi N<sub>5</sub> caṇḍi V<sub>19</sub> khaṇḍaḥ J<sub>4</sub>M<sub>1</sub>VulgN<sub>21</sub>N<sub>23</sub> sidhaiḥ J<sub>2</sub> siddhaḥ N<sub>3</sub> ṣaṇḍaḥ N<sub>11</sub> paṇḍa N<sub>19</sub> \*\*\* N<sub>22</sub> **kāpālikas tathā** cet.] kaḥ pālikās tathā C<sub>2</sub> kāpālikās tathā N<sub>1</sub>N<sub>2</sub>N<sub>16</sub>N<sub>20</sub> kīpālikas tathā V<sub>11</sub> kāpālikaḥ tathā V<sub>19</sub> kāpālakās tathā J<sub>14</sub> kapālakās tathā V<sub>2</sub> kapālikas tathā J<sub>17</sub> kāhelikas tathā M<sub>1</sub> \*\*\* N<sub>22</sub> kāpālikas tathāḥ N<sub>23</sub> **3 ity ādayo** cet.] ity āghayo J<sub>2</sub> ity ādayā V<sub>22</sub> \*\*\* N<sub>22</sub> **mahāsiddhā** cet.] mahāsiddhāḥ J<sub>1</sub>N<sub>2</sub>N<sub>13</sub>Tü \*\*\* N<sub>22</sub> **haṭhayoga** cet.] haṭhayogaḥ N<sub>5</sub>N<sub>13</sub>V<sub>11</sub> \*\*\* N<sub>22</sub> **prabhāvataḥ** cet.] prabhāvata J<sub>2</sub> prasādataḥ C<sub>2</sub>M<sub>1</sub>N<sub>12</sub>N<sub>20</sub>N<sub>21</sub>N<sub>23</sub>V<sub>3</sub>V<sub>11</sub> *unm.* adhāprasādataḥ V<sub>8</sub> \*\*\* N<sub>22</sub> **4 khaṇḍayitvā** cet.] khaṇḍitvā C<sub>2</sub> khaṇḍayatvā V<sub>19</sub> khaṇḍamitvā N<sub>16</sub> ṣaṇḍapitvā J<sub>2</sub> vaṃcayitvā N<sub>20</sub> *unm.* khaṇḍayaṃyitvā V<sub>8</sub> \*\*\* N<sub>22</sub> **kāladanḍaṃ** cet.] kāladanḍa ca C<sub>2</sub> kāradanḍaṃ N<sub>3</sub> \*\*\* N<sub>22</sub> **brahmāṇḍe** cet.] brahmāṇḍaṃ B<sub>3</sub>C<sub>2</sub>J<sub>4</sub>N<sub>1</sub>N<sub>21</sub>V<sub>2</sub> brahmāṇḍeṣu M<sub>1</sub>N<sub>3</sub> brahmāṇḍa N<sub>19</sub> \*\*\* N<sub>22</sub> **vicaranti** cet.] viramanti J<sub>14</sub>N<sub>2</sub> °ṣu caranti M<sub>1</sub>N<sub>3</sub>V<sub>19</sub> tu caranti V<sub>3</sub> \*\*\* N<sub>22</sub>

संसारतापतप्तानां समाश्रयो हठो मतः ।  
अशेषयोगजगतामाधारकमठो हठः ॥1.10॥

हठविद्या परं गोप्या योगिनां सिद्धिमिच्छताम् ।  
भवेद्वीर्यवती गुप्ता निर्वीर्या तु प्रकाशिता ॥1.11॥

**1 saṃsāra** cet.] saṃsāra N<sub>1</sub> saṃsārā V<sub>3</sub> aśeṣa C<sub>2</sub>N<sub>13</sub>V<sub>22</sub>TüVulg \*\*\* N<sub>22</sub> **tāpa** cet.] tāpa N<sub>1</sub> tāya Tü śrama C<sub>2</sub>C<sub>4</sub><sup>c</sup> J<sub>10</sub>J<sub>15</sub>J<sub>17</sub>N<sub>6</sub>N<sub>10</sub>N<sub>17</sub>N<sub>20</sub>V<sub>3</sub>V<sub>4</sub>V<sub>11</sub> tapi J<sub>1</sub> \*\*\* N<sub>22</sub> **taptānām** cet.] taptānām B<sub>3</sub>C<sub>2</sub>J<sub>13</sub>J<sub>15</sub>J<sub>17</sub>N<sub>6</sub>N<sub>10</sub>N<sub>17</sub>N<sub>20</sub>V<sub>3</sub>V<sub>4</sub>V<sub>6</sub> taptanām V<sub>8</sub> tamānām J<sub>2</sub> cintānām V<sub>11</sub> \*\*\* N<sub>22</sub> **samāśrayo** V<sub>1</sub>B<sub>1</sub>C<sub>1</sub>V<sub>8</sub>] āśrayo yaṃ B<sub>3</sub>C<sub>2</sub>C<sub>2</sub>J<sub>13</sub>J<sub>15</sub>J<sub>17</sub>N<sub>6</sub>N<sub>10</sub>N<sub>17</sub>N<sub>20</sub>N<sub>21</sub>V<sub>3</sub>V<sub>4</sub>V<sub>6</sub>V<sub>11</sub> māśrayo yaṃ J<sub>10</sub> samāśraya cet. samāśrayaṃ V<sub>2</sub> samāśraya C<sub>2</sub>C<sub>2</sub>C<sub>7</sub>L<sub>1</sub> samīśraya J<sub>2</sub> āścaryo yaṃ N<sub>1</sub> samaśra N<sub>3</sub> \*\*\* N<sub>22</sub> **haṭho mataḥ** cet.] haṭho mataḥ N<sub>1</sub> mato haṭhaḥ N<sub>2</sub>N<sub>21</sub>V<sub>19</sub>V<sub>26</sub> haṭho maṭhaḥ V<sub>1</sub> maṭho haṭhaḥ C<sub>1</sub>C<sub>2</sub>C<sub>2</sub>C<sub>7</sub>J<sub>14</sub>L<sub>1</sub>M<sub>1</sub>N<sub>5</sub>N<sub>11</sub>N<sub>12</sub>N<sub>13</sub>N<sub>19</sub>N<sub>23</sub>TüV<sub>2</sub>V<sub>5</sub>Vulg māṭhe haṭhaḥ B<sub>2</sub> māṭho haṭhaḥ J<sub>4</sub> maho haṭha N<sub>16</sub> maho haṭhaḥ J<sub>1</sub> maho haṭhaḥ J<sub>2</sub> *unm.* maho haṭho mata V<sub>8</sub> prathamohaṭhaḥ N<sub>3</sub> \*\*\* N<sub>22</sub> nago haṭhaḥ N<sub>23</sub> maṭhā haṭhaḥ V<sub>22</sub> **2 aśeṣayoga** cet.] aśeṣo yoga C<sub>2</sub>N<sub>6</sub> aśeṣaḥ yoga V<sub>4</sub> aśeṣaṃ yoga V<sub>2</sub> aśeṣayoge J<sub>14</sub> eṣayogaś ca B<sub>2</sub> aśeṣajoga J<sub>2</sub> \*\*\* N<sub>3</sub>N<sub>22</sub> aśeṣe yoga N<sub>23</sub> **jagatām** cet.] jagatīm N<sub>1</sub>V<sub>1</sub> jatām N<sub>10</sub>V<sub>4</sub> jālānām N<sub>11</sub> jātīnām C<sub>4</sub><sup>c</sup> jātānām N<sub>21</sub>N<sub>23</sub> yuktānām C<sub>1</sub>C<sub>2</sub>C<sub>4</sub><sup>c</sup> C<sub>2</sub>J<sub>4</sub>J<sub>15</sub>N<sub>13</sub>N<sub>20</sub>TüV<sub>3</sub>V<sub>6</sub>Vulg juktānām J<sub>17</sub> .. .. V<sub>22</sub> tantrānām V<sub>8</sub> vijñāna J<sub>2</sub>V<sub>26</sub> vijñānaḥ N<sub>12</sub> \*\*\* N<sub>3</sub>N<sub>22</sub> **ādhāra** cet.] ādhāra N<sub>1</sub> ādharah C<sub>2</sub> ādhāre V<sub>1</sub>V<sub>8</sub> ādhārah B<sub>1</sub>B<sub>3</sub>C<sub>2</sub>J<sub>4</sub>J<sub>17</sub>N<sub>2</sub>N<sub>6</sub>N<sub>17</sub>N<sub>20</sub>V<sub>2</sub>V<sub>3</sub>V<sub>4</sub>V<sub>11</sub>V<sub>19</sub> ādhārā J<sub>10</sub> ādhārai L<sub>1</sub>V<sub>6</sub> °ptādhārah N<sub>19</sub> sarva J<sub>2</sub>V<sub>26</sub>N<sub>12</sub> \*\*\* N<sub>3</sub>N<sub>22</sub> **kamaṭho** cet.] kamaṭho N<sub>1</sub> ka haṭho V<sub>1</sub>V<sub>6</sub> kaṃ maṭho V<sub>5</sub> kamaṭhe B<sub>2</sub> kaṃato N<sub>21</sub> kamalo J<sub>3</sub> kama N<sub>17</sub> siddhi J<sub>2</sub>V<sub>26</sub>N<sub>12</sub> \*\*\* N<sub>3</sub>N<sub>22</sub> **haṭhaḥ** cet.] haṭhaḥ N<sub>1</sub> maṭhaḥ V<sub>1</sub>V<sub>6</sub> haṭha J<sub>15</sub>J<sub>17</sub>V<sub>5</sub> harah C<sub>2</sub> yathā J<sub>14</sub>N<sub>20</sub>V<sub>2</sub> \*\*\* N<sub>3</sub>N<sub>22</sub> haṭhaḥ V<sub>22</sub> pradāyakā J<sub>2</sub> pradāyakaḥ V<sub>26</sub>N<sub>12</sub> **3 haṭhavidyā** cet.] haṭhavidyāṃ J<sub>15</sub>J<sub>17</sub> haṭavidyā V<sub>22</sub> \*\*\* N<sub>22</sub> **paraṃ** cet.] parā C<sub>2</sub>C<sub>2</sub> \*\*\* N<sub>22</sub> **gopyā** cet.] gopyaṃ B<sub>2</sub>N<sub>5</sub>V<sub>3</sub> gopya J<sub>15</sub>N<sub>16</sub> gopyāṃ J<sub>4</sub> \*\*\* N<sub>22</sub> **yoginām** cet.] yoginā B<sub>1</sub>C<sub>1</sub>C<sub>2</sub>C<sub>7</sub>J<sub>3</sub>J<sub>13</sub>L<sub>1</sub>M<sub>1</sub>N<sub>10</sub>N<sub>11</sub>N<sub>13</sub>N<sub>19</sub>N<sub>20</sub>N<sub>21</sub>N<sub>23</sub>V<sub>2</sub>V<sub>5</sub>V<sub>11</sub>V<sub>19</sub>V<sub>26</sub>VulgYC yogino J<sub>2</sub> yogi .. V<sub>22</sub> \*\*\* N<sub>22</sub> **siddhim** cet.] siddha C<sub>2</sub> middhi L<sub>1</sub> \*\*\* N<sub>22</sub> **icchatām** cet.] icchatā B<sub>1</sub>B<sub>3</sub>C<sub>1</sub>C<sub>2</sub>C<sub>2</sub>C<sub>7</sub>J<sub>3</sub>J<sub>13</sub>L<sub>1</sub>M<sub>1</sub>N<sub>10</sub>N<sub>11</sub>N<sub>12</sub>N<sub>13</sub>N<sub>16</sub>N<sub>19</sub>N<sub>20</sub>N<sub>21</sub>N<sub>23</sub>TüV<sub>2</sub>V<sub>5</sub>V<sub>19</sub>V<sub>22</sub>V<sub>26</sub>VulgYC idhutā C<sub>2</sub> ichitā J<sub>2</sub> icchito V<sub>11</sub> \*\*\* N<sub>22</sub> **4 bhava** cet.] ude V<sub>5</sub> bhaverd J<sub>15</sub> **vīryavatī** cet.] vīryavati M<sub>1</sub> vīryavati V<sub>8</sub>N<sub>19</sub>N<sub>23</sub> vīryavati J<sub>15</sub> \*\*\* N<sub>22</sub> **guptā** cet.] goptā J<sub>1</sub> \*\*\* N<sub>22</sub> **nirvīryā** cet.] nirvīryā J<sub>15</sub>N<sub>6</sub>V<sub>8</sub> nirvīryā B<sub>2</sub>C<sub>2</sub> nirvīryā N<sub>11</sub>V<sub>19</sub> nirvīryā.. N<sub>17</sub> nivīryā N<sub>16</sub> nivīryā M<sub>1</sub> nivīryā C<sub>2</sub>J<sub>1</sub> niḥvīryā J<sub>2</sub> nirvīryā J<sub>10</sub>N<sub>10</sub> nirbīryā J<sub>3</sub> nirbīryā V<sub>11</sub> \*\*\* N<sub>22</sub> **tu** cet.] ti M<sub>1</sub>N<sub>5</sub>N<sub>19</sub>V<sub>26</sub> va J<sub>4</sub>V<sub>19</sub> nu C<sub>1</sub>J<sub>1</sub>J<sub>2</sub>J<sub>14</sub>J<sub>15</sub>J<sub>17</sub> su V<sub>6</sub> ca N<sub>3</sub> .. V<sub>22</sub> \*\*\* N<sub>22</sub> **prakāśitā** cet.] prakāśiyet J<sub>2</sub> \*\*\* N<sub>22</sub>

- 5
- सुराज्ये धार्मिके देशे सुभिक्षे निरुपद्रवे ।  
 <अहिंसा सत्यमस्तेयं ब्रह्मचर्यं क्षमाधृतिः ।>  
 <देवार्चनं मिताहारशौचं चैव यमादश>  
 <तपः सन्तोष आस्तिक्यं दानमीश्वरपूजनम् ।>  
 <सिद्धांतश्रवणं चैव ह्रीर्मतिश्च जपो हुतम्>  
 <धनुःप्रमाणपर्यंतं> <शिलाग्निजलवर्जितं ।।>  
 एकान्ते मठिका मध्ये स्थातव्यंहठ योगिना  
 <युक्ताहारविहारेण हठयोगः प्रसिद्धये ।।>  
 ||1.12||

1 **surājye** cet.] surāṣṭre M<sub>1</sub>N<sub>11</sub>N<sub>12</sub> surāje V<sub>8</sub> \*\*\* N<sub>22</sub> surājya N<sub>23</sub> **dhārmike deśe** cet.] dhārmike deśe B<sub>2</sub>N<sub>17</sub>N<sub>19</sub>V<sub>11</sub> dharmadeśe ca M<sub>1</sub> dhārmike deśa V<sub>8</sub> \*\*\* N<sub>22</sub> **subhikṣe** cet.] surbhikṣe V<sub>5</sub> \*\*\* N<sub>22</sub> **nirupadrave** cet.] nirupadravai J<sub>17</sub> *unm.* virye nirupadrave V<sub>8</sub> nirudrave J<sub>2</sub> \*\*\* N<sub>22</sub> 2 **ahiṃsā satyamasteyaṃ brahmacaryaṃ kṣamādhṛtiḥ/** J<sub>3</sub>] \*\*\* cet. 3 **devārcanaṃ mitāhāraśauca caiva yamādaśa** J<sub>3</sub>] \*\*\* cet. 4 **tapah santoṣa āstikyaṃ dānamīśvarapūjanam/** J<sub>3</sub>] \*\*\* cet. 5 **siddhāntaśravaṇaṃ caiva hrīrmatiśca japo hutam** J<sub>3</sub>] \*\*\* cet. 6 **dhanuḥpramāṇaparyantaṃ** B<sub>1</sub>C<sub>2</sub>J<sub>3</sub>J<sub>14</sub>VulgV<sub>2</sub>V<sub>8</sub>] dhanupramāṇaparyantaṃ J<sub>13</sub>N<sub>1</sub>N<sub>2</sub> dhanuḥpramāṇaparyanta V<sub>4</sub> dhanuḥpramāṇaparyantaṃ B<sub>3</sub>N<sub>13</sub> \*\*\* cet. **śīlāgnijalavarjjitaṃ//** B<sub>1</sub>N<sub>13</sub>] śīlāgnijalavarjjite B<sub>3</sub>N<sub>1</sub>N<sub>13</sub>C<sub>2</sub>V<sub>2</sub>V<sub>4</sub>V<sub>8</sub>J<sub>3</sub>Vulg śīlājalāgnivarjitā N<sub>2</sub> \*\*\* cet. 7 **ekānte** cet.] ekānta C<sub>1</sub>C<sub>2</sub>C<sub>7</sub>J<sub>4</sub>J<sub>14</sub>L<sub>1</sub>M<sub>1</sub>N<sub>5</sub>N<sub>3</sub>N<sub>11</sub>N<sub>16</sub>N<sub>23</sub>V<sub>19</sub> ekānti N<sub>2</sub> ekā.. V<sub>22</sub> \*\*\* N<sub>22</sub> **maṭhikā** cet.] maṭikā N<sub>3</sub>N<sub>17</sub> maṭhika V<sub>11</sub> vedikā J<sub>2</sub> matikā N<sub>16</sub> [ma]tikā M<sub>1</sub> bhuvikā J<sub>1</sub> *unm.* maṭhi V<sub>5</sub> .. .. kā V<sub>22</sub> \*\*\* N<sub>22</sub> **madhye** cet.] sidhyai C<sub>2</sub> \*\*\* N<sub>22</sub> **sthātavyaṃ** cet.] schātavyaṃ J<sub>15</sub> \*\*\* N<sub>22</sub> **haṭha** cet.] \*\*\* N<sub>22</sub> **yoginā** cet.] yogataḥ C<sub>1</sub> yogināṃ J<sub>17</sub>N<sub>3</sub>V<sub>6</sub> yo.. .. V<sub>22</sub> \*\*\* N<sub>22</sub> yoginā bāhye maṇḍapa V<sub>8</sub> 8 **yuktāhāravihāreṇa haṭhayogaḥ prasiddhaye//** B<sub>3</sub>] yuktāhāravihāreṇa haṭhayogaḥ prasiddhaye C<sub>2</sub> \*\*\* cet.

अल्पद्वारमरन्ध्रगर्तसहितं नात्युच्चनीचायुतं ।  
 सम्यगोमयसान्द्रलिप्तममलं निःशेषजन्तूज्झितम् ।  
 बाह्ये मण्डपवेदिकूपरुचितं प्राकारसंवेष्टितं ।  
 प्रोक्तं योगमठस्य लक्षणमिदं सिद्धैर्हठाभ्यासिभिः ॥1.13॥

**1 alpadvāram** cet.] anyadvāram J<sub>14</sub> alpāhāram B<sub>3</sub> alpā.. .. V<sub>22</sub> \*\*\* N<sub>22</sub> ākalpadvār N<sub>23</sub> sval-  
 padvāra V<sub>11</sub> **arandhra** cet.] agartta N<sub>16</sub> \*\*\* N<sub>22</sub> raṁdhra N<sub>23</sub> marandhra V<sub>22</sub> **garta** cet.]  
 gataṁ B<sub>1</sub>N<sub>5</sub> gartta J<sub>3</sub>J<sub>4</sub>N<sub>3</sub>B<sub>2</sub>C<sub>2</sub>N<sub>17</sub>V<sub>3</sub>N<sub>23</sub>N<sub>23</sub>V<sub>2</sub>V<sub>4</sub>V<sub>5</sub>V<sub>6</sub>V<sub>19</sub> garte J<sub>2</sub> garbha B<sub>3</sub>C<sub>2</sub>M<sub>1</sub><sup>alt</sup> N<sub>1</sub>N<sub>2</sub> yatra  
 N<sub>16</sub> garnta N<sub>19</sub> garta V<sub>22</sub> \*\*\* N<sub>22</sub> **sahitaṁ** V<sub>1</sub>] pīṭhakāṁ B<sub>1</sub> pīṭhikāṁ B<sub>2</sub> pīṭhikāṁ N<sub>23</sub> puṭakāṁ  
 B<sub>3</sub> puṭavūṁ C<sub>2</sub> piṭapaṁ C<sub>2</sub> puṭitaṁ N<sub>12</sub>V<sub>26</sub>V<sub>11</sub> piṭikāṁ N<sub>19</sub> paṭikāṁ C<sub>1</sub>C<sub>2</sub> piṭakāṁ J<sub>4</sub> viṭapaṁ  
 J<sub>1</sub>J<sub>3</sub>J<sub>10</sub> J<sub>14</sub>J<sub>15</sub>N<sub>2</sub>N<sub>16</sub>N<sub>20</sub>V<sub>3</sub>V<sub>4</sub> viṭapa N<sub>10</sub> viṭharaṁ J<sub>10</sub> vaṭhipaṁ maṭhikāṁ *umm.* V<sub>8</sub> piṭharaṁ  
 C<sub>2</sub>J<sub>13</sub>L<sub>1</sub>M<sub>1</sub>N<sub>6</sub>N<sub>11</sub>N<sub>17</sub>V<sub>6</sub>V<sub>19</sub> piṭhiraṁ C<sub>7</sub>N<sub>5</sub> pīṭhaṁ N<sub>1</sub> piṭhakaṁ J<sub>17</sub>N<sub>3</sub>N<sub>21</sub> puṭitaṁ J<sub>2</sub> vivaraṁ  
 N<sub>13</sub>TüV<sub>22</sub>Vulg vivara V<sub>5</sub> \*\*\* N<sub>22</sub> viṭharaṁ N<sub>23</sub> ghaṭitaṁ V<sub>2</sub>YC **nātyuccanīcā** cet.] nātyuc-  
 cānīcā J<sub>17</sub> nātyuccanīcā V<sub>8</sub> nānyuddhanīcā C<sub>1</sub> nādayuccanīcā J<sub>4</sub> nātyuccanīcā N<sub>3</sub> nātyuccanoccā  
 N<sub>16</sub>V<sub>3</sub> .. yuccanīcā V<sub>22</sub> \*\*\* N<sub>22</sub> nātyuccanāmcā N<sub>23</sub> **yutaṁ** B<sub>3</sub>J<sub>14</sub>N<sub>2</sub>N<sub>17</sub>V<sub>1</sub>] yataṁ cet. pataṁ  
 C<sub>2</sub> yata V<sub>8</sub> ryataṁ N<sub>5</sub> rpitaṁ N<sub>10</sub> .. .m V<sub>22</sub> \*\*\* N<sub>22</sub> yitaṁ C<sub>2</sub>J<sub>1</sub>J<sub>3</sub>J<sub>13</sub>L<sub>1</sub>N<sub>6</sub>N<sub>11</sub>N<sub>16</sub>N<sub>20</sub>J<sub>10</sub>YC pitaṁ  
 C<sub>2</sub>J<sub>17</sub>V<sub>4</sub>V<sub>5</sub> pitaṁ V<sub>6</sub> tmakaṁ V<sub>26</sub> vṛtaṁ J<sub>2</sub> sānaṁ V<sub>2</sub> **2 samyag** cet.] samyaṁ B<sub>2</sub> sāmyaṁ  
 J<sub>4</sub> samyak J<sub>13</sub>V<sub>1</sub>N<sub>2</sub>N<sub>19</sub>V<sub>11</sub> saṁ N<sub>3</sub> liptaṁ V<sub>8</sub> ramaṁ N<sub>21</sub> \*\*\* N<sub>22</sub> **gomaya** cet.] gomaya  
 C<sub>2</sub>C<sub>2</sub>V<sub>3</sub>V<sub>8</sub>N<sub>13</sub>N<sub>19</sub>N<sub>21</sub>N<sub>23</sub>TüV<sub>4</sub>V<sub>11</sub> jogamaya V<sub>26</sub> \*\*\* N<sub>22</sub> **sāndra** cet.] sārddha B<sub>2</sub>V<sub>5</sub> sārdra  
 B<sub>1</sub>J<sub>10</sub>N<sub>2</sub>N<sub>6</sub>N<sub>19</sub>V<sub>4</sub> saddhi V<sub>11</sub> sāmrdrā J<sub>17</sub> sām .. V<sub>22</sub> syantra V<sub>26</sub> saṁpra J<sub>2</sub> sāpra N<sub>3</sub> mṛtti V<sub>8</sub>  
 lipta N<sub>20</sub> \*\*\* N<sub>22</sub> **liptamamalaṁ** C<sub>2</sub>C<sub>2</sub>J<sub>10</sub>J<sub>15</sub>M<sub>1</sub>N<sub>6</sub>N<sub>10</sub>N<sub>13</sub>N<sub>17</sub>N<sub>23</sub>TüV<sub>4</sub>V<sub>6</sub>V<sub>11</sub>V<sub>19</sub>V<sub>22</sub>Vulg  
 liptaṁ amalaṁ J<sub>17</sub> liptaṁ abijaṁ V<sub>1</sub> liptavimalaṁ cet. liptavimaṭaṁ V<sub>5</sub> lepavimalaṁ N<sub>12</sub> kāb-  
 hiraṁamalaṁ V<sub>8</sub> sāṁdravimalaṁ N<sub>20</sub> \*\*\* J<sub>1</sub>N<sub>22</sub> **niḥśeṣa** cet.] niḥśeṣa J<sub>13</sub>V<sub>2</sub> niḥśeṣaṁ B<sub>1</sub> niś.  
 .. V<sub>22</sub> nirdoṣa C<sub>1</sub>J<sub>10</sub>J<sub>15</sub>J<sub>17</sub>N<sub>6</sub>N<sub>10</sub>V<sub>4</sub>V<sub>6</sub> nidoṣi° N<sub>3</sub> \*\*\* J<sub>1</sub>N<sub>22</sub> **jantūjjhitam** cet.] jantohim-  
 taṁ B<sub>1</sub> jantōjjhitam B<sub>3</sub> vātodbhidaṁ C<sub>1</sub> jaṁtū .. .. ta[m] V<sub>22</sub> vātōjjhitam C<sub>2</sub> jantūhritaṁ N<sub>5</sub>  
 jantūtthitaṁ M<sub>1</sub> bādhojjhitam C<sub>4</sub><sup>c</sup> J<sub>4</sub>J<sub>10</sub>J<sub>15</sub>J<sub>17</sub>N<sub>6</sub>N<sub>10</sub>N<sub>17</sub>V<sub>2</sub>V<sub>4</sub> bādhaudḍitaṁ B<sub>2</sub> bādhōjjhitam  
 V<sub>1</sub> bādhojgataṁ N<sub>19</sub> bādhoghitaṁ N<sub>20</sub> bādhojjhitam V<sub>3</sub> bādhojjhitam N<sub>21</sub> bodhīkṣataṁ J<sub>2</sub> bod-  
 hekṣitaṁ V<sub>26</sub> bodhodgataṁ J<sub>14</sub> vodhotsitaṁ N<sub>12</sub> vātaṁ jitaṁ V<sub>6</sub> vātovyutaṁ V<sub>8</sub> vātōjjhitam V<sub>11</sub>  
 vātār\*n\*itaṁ N<sub>1</sub> vāt dhā\*dg\*ataṁ N<sub>2</sub> jpaṁtpūpsitaṁ N<sub>3</sub> \*\*\* J<sub>1</sub>N<sub>22</sub> jaṁbhūdgitāṁ N<sub>23</sub> jaṁtajjihi-  
 taṁ N<sub>23</sub> jaṁtanvitaṁ V<sub>5</sub> **3 bāhye** cet.] bāhyaṁ B<sub>2</sub>B<sub>3</sub>C<sub>1</sub> vrāhmaṁ C<sub>4</sub><sup>c</sup> vyāhye J<sub>17</sub> vāpī J<sub>2</sub> \*\*\*  
 J<sub>1</sub>N<sub>22</sub> **maṇḍapa** cet.] maṇḍa + M<sub>1</sub> *umm.* maṇḍapaṁ maṇḍapa V<sub>8</sub> \*\*\* J<sub>1</sub>N<sub>22</sub> **vedikūparucitaṁ**  
 V<sub>1</sub>N<sub>23</sub>] vedikūparacitaṁ B<sub>1</sub>B<sub>2</sub>C<sub>2</sub>C<sub>7</sub>L<sub>1</sub>J<sub>2</sub>J<sub>3</sub>J<sub>13</sub>J<sub>17</sub>N<sub>5</sub>N<sub>6</sub>N<sub>10</sub>N<sub>11</sub>N<sub>16</sub>N<sub>17</sub>V<sub>4</sub>V<sub>5</sub>V<sub>6</sub>V<sub>19</sub> vedikūparuciraṁ  
 C<sub>1</sub>C<sub>2</sub>C<sub>4</sub><sup>c</sup> C<sub>2</sub>J<sub>14</sub>J<sub>15</sub>N<sub>2</sub>N<sub>3</sub>N<sub>12</sub>N<sub>13</sub>N<sub>20</sub>N<sub>21</sub>N<sub>23</sub>TüV<sub>2</sub>V<sub>22</sub>V<sub>3</sub>Vulg vedikoparacitaṁ B<sub>3</sub>C<sub>4</sub><sup>c</sup> J<sub>4</sub>J<sub>10</sub> vedikū-  
 paracite V<sub>11</sub> vedikoparuciraṁ M<sub>1</sub> veviracitaṁ N<sub>1</sub> vedikopirācitaṁ V<sub>8</sub> vedikaparuciraṁ N<sub>19</sub> kū-  
 pavediracitaṁ V<sub>26</sub>YC \*\*\* J<sub>1</sub>N<sub>22</sub> **prākāra** cet.] \*\*\* J<sub>1</sub>N<sub>22</sub> **saṁveṣṭitaṁ** cet.] saṁveṣṭite B<sub>1</sub>  
 saṁvetam N<sub>2</sub> saṁ .. ṣṭitaṁ V<sub>22</sub> saṁvoṣṭitaṁ N<sub>20</sub> \*\*\* J<sub>1</sub> **4 proktaṁ** cet.] yoktaṁ V<sub>6</sub> **maṭhasya**  
 cet.] haṭhasya J<sub>4</sub>N<sub>16</sub>N<sub>17</sub> haṭhasya N<sub>6</sub> mavasya J<sub>2</sub> maṭha N<sub>2</sub> mahasya N<sub>3</sub> \*\*\* J<sub>1</sub> **lakṣaṇamidaṁ**  
 cet.] lakṣatmaṇaṁ J<sub>4</sub><sup>c</sup> \*\*\* J<sub>1</sub> **siddhair** cet.] siddhai J<sub>2</sub>N<sub>3</sub>V<sub>5</sub> .. dhyai V<sub>22</sub> sidhyaḥ V<sub>8</sub> \*\*\* J<sub>1</sub>  
**r-haṭhā** cet.] haṭā V<sub>22</sub> \*\*\* J<sub>1</sub> **haṭhābhyāsibhiḥ** cet.] bhyāsabhiḥ N<sub>3</sub>N<sub>5</sub> sāśibhiḥ V<sub>6</sub> bhyāsibhiḥ  
 V<sub>22</sub> bhyāsabhi V<sub>8</sub> bhyāsiddhi J<sub>15</sub> \*\*\* J<sub>1</sub>

एवंविधे मठे स्थित्वा सर्वचिन्ता विवर्जितः ।  
गुरूपदिष्टमार्गेण योगमेवं समभ्यसेत् ॥1.14॥

अत्याहारः प्रयासश्च प्रजल्पो नियमग्रहः ।  
जनसङ्गश्च लौल्यं च षड्विर्योगः प्रहास्यते ॥1.15॥

5 उत्साहान्निश्चयाद्वैर्यात्तत्त्वज्ञानाच्च दर्शनात् ।  
जनसङ्गपरित्यागात् षड्विर्योगस्तु सिध्यति ॥1.16॥

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**1 evaṃvidhe** cet.] evaṃvidha N<sub>17</sub> evavidhe J<sub>4</sub> evaṃvidher N<sub>18</sub> evaṃvidham N<sub>21</sub> evaṃvidhai V<sub>5</sub> evaṃ bhava V<sub>6</sub> \*\*\* V<sub>22</sub> **maṭhe** cet.] maṭho N<sub>20</sub> maṭha N<sub>22</sub> \*\*\* V<sub>22</sub> **sthītṡā** cet.] smitvā N<sub>22</sub> sthītṡā V<sub>11</sub> \*\*\* V<sub>22</sub> **sarva** cet.] sarvaṃ J<sub>3</sub> \*\*\* V<sub>22</sub> **cintā** cet.] \*\*\* V<sub>22</sub> **vivarjitāḥ** cet.] vivarjitāḥ C<sub>2</sub>J<sub>15</sub>N<sub>16</sub>V<sub>11</sub> \*\*\* V<sub>22</sub> **2 gurūpa** cet.] gu-  
rupa J<sub>17</sub> guropa N<sub>19</sub> \*\*\* V<sub>22</sub> **diṣṭa** cet.] deṣa C<sub>1</sub>N<sub>5</sub>V<sub>5</sub> *unm.ste* V<sub>8</sub> \*\*\* V<sub>22</sub> **mārgēṇa**  
cet.] mātrenā N<sub>5</sub> mātrenā N<sub>20</sub> mārgtrenā N<sub>23</sub> \*\*\* V<sub>22</sub> **yogam** cet.] mana J<sub>4</sub> \*\*\* V<sub>22</sub>  
**evaṃ samabhyaset** C<sub>2</sub>J<sub>10</sub>J<sub>17</sub>N<sub>6</sub>N<sub>10</sub>N<sub>22</sub>N<sub>23</sub>V<sub>1</sub>V<sub>4</sub>V<sub>6</sub>V<sub>11</sub>] evaṃ samabhyaset N<sub>17</sub> eva samab-  
hyaset J<sub>2</sub>J<sub>3</sub>J<sub>15</sub>N<sub>11</sub>N<sub>13</sub>N<sub>23</sub>TüV<sub>8</sub>Vulḡ evaṃ sadābhyaset B<sub>1</sub>B<sub>2</sub>C<sub>7</sub>J<sub>1</sub>J<sub>13</sub>N<sub>18</sub>V<sub>26</sub> ātmavaśaṃ nayeta J<sub>4</sub>  
eva sadābhyaset cet. ārgaṃ samabhyaset V<sub>3</sub>N<sub>20</sub> evaṃ ahābhyaset N<sub>19</sub> \*\*\* V<sub>22</sub>



<अथ यमनियमाः ।।>  
 <अहिंसा> <सत्यमस्तेयं> <ब्रह्मचर्यं> <क्षमा धृतिः ।>  
 <दयार्जवमिताहारः> <शौचं> <चैव> <यमा दशाः ।।>  
 ||1.16a||

- 5 <तपः सन्तोष आस्तिक्यं> <दानम् इश्वरपूजनं ।>  
 <सिद्धान्तश्रवणं> <चैव> <हीमतिश् च जपो हतम् ।।>  
 <इति दश नियमाः प्रकीर्तिताः ।।> ||1.16b||

**1 atyāhārah** cet.] atyāhāra B<sub>1</sub>J<sub>2</sub>J<sub>4</sub>J<sub>13</sub>N<sub>2</sub>N<sub>5</sub>N<sub>11</sub>N<sub>18</sub>N<sub>19</sub>N<sub>20</sub>N<sub>21</sub>N<sub>22</sub>V<sub>6</sub>V<sub>8</sub>V<sub>19</sub> atyāhārāt J<sub>3</sub> alpāhārah B<sub>3</sub> pratyāhārah N<sub>16</sub> alpāhāro N<sub>3</sub> ātmāhārah V<sub>3</sub> abhyāhārah J<sub>1</sub> **prayāsāś ca** cet.] viharāc ca N<sub>11</sub> prayā saha N<sub>22</sub> prayāsāc ca J<sub>3</sub> prayāsāś ca N<sub>20</sub> *unm.* prayāsasyaś ca V<sub>8</sub> pravāsāś ca N<sub>23</sub> prayāsāś cā V<sub>19</sub> **prajalpo** cet.] prajalpān J<sub>3</sub>N<sub>11</sub> prajalpe N<sub>12</sub> prajapo V<sub>22</sub> jalpato N<sub>5</sub> malalpo V<sub>6</sub> **niyamagrahaḥ** cet.] niyamagraha J<sub>2</sub> viparyagrahaḥ B<sub>1</sub> 'niyamagrahaḥ B<sub>2</sub>N<sub>6</sub> niyamāgra- haḥ B<sub>3</sub>C<sub>2</sub>C<sub>7</sub>J<sub>1</sub>J<sub>3</sub>J<sub>13</sub>J<sub>15</sub>V<sub>2</sub>V<sub>4</sub>V<sub>11</sub>V<sub>26</sub>Vulg niyamo grahaḥ C<sub>2</sub>L<sub>1</sub>N<sub>5</sub> niyamo gr̥haḥ V<sub>8</sub> niyame grahaḥ M<sub>1</sub> niyamagrahāt J<sub>3</sub>N<sub>11</sub> **2 janasaṅgaś ca** cet.] janasaṅgaṃ ku B<sub>2</sub> janasaṅga C<sub>2</sub> janasaṅkara J<sub>4</sub> janasaṅgaṃ ca J<sub>2</sub>N<sub>12</sub>N<sub>18</sub>N<sub>19</sub>V<sub>11</sub> janasaṅgāc ca J<sub>3</sub>N<sub>11</sub> janāḥ saṅgasya V<sub>8</sub> janasaṅghaś ca N<sub>21</sub> janasaṅsahya V<sub>26</sub> **laulyaṃ** cet.] laulyāc J<sub>3</sub>N<sub>11</sub> lolyaṃ C<sub>2</sub>N<sub>19</sub>V<sub>22</sub> laulyāś N<sub>20</sub> laubhyaṃ N<sub>22</sub> **śaḍbhir yogaḥ** cet.] śaḍbhir yogaś N<sub>17</sub>V<sub>6</sub> śaḍbhir yogā N<sub>21</sub> śaḍbhir yoga J<sub>2</sub> śaḍbhir yogo C<sub>2</sub>C<sub>2</sub>C<sub>7</sub>J<sub>1</sub>J<sub>3</sub>J<sub>13</sub>J<sub>14</sub>N<sub>3</sub>N<sub>13</sub>N<sub>18</sub>N<sub>19</sub>N<sub>20</sub>N<sub>21</sub>N<sub>22</sub>N<sub>23</sub>TüV<sub>2</sub>V<sub>3</sub>V<sub>4</sub>V<sub>5</sub>V<sub>19</sub>Vulg śaḍbhaḥ yogoś cate V<sub>8</sub> ḍbhir yogo N<sub>10</sub> **prahāsyate nos scribere**] prahāsyati V<sub>1</sub> praṇāsyati J<sub>2</sub>J<sub>4</sub>N<sub>1</sub>N<sub>2</sub>V<sub>26</sub>YC ca naśyati C<sub>2</sub>J<sub>10</sub> J<sub>15</sub>J<sub>17</sub>N<sub>6</sub>N<sub>17</sub>V<sub>6</sub> vinaśyati cet. vinaśyatiḥ N<sub>22</sub> na sidhyati V<sub>11</sub> vina. .. V<sub>22</sub> **3 utsāhān** cet.] utsāhāt C<sub>1</sub>C<sub>7</sub>J<sub>1</sub>J<sub>3</sub>L<sub>1</sub>N<sub>5</sub>N<sub>11</sub>N<sub>13</sub>N<sub>23</sub>N<sub>23</sub>TüV<sub>5</sub>V<sub>11</sub>V<sub>19</sub>V<sub>22</sub>Vulg ucchāhān J<sub>4</sub> vutsāha J<sub>2</sub> utsahā N<sub>17</sub> utsaho N<sub>18</sub> utsāha V<sub>3</sub>V<sub>8</sub>N<sub>19</sub>V<sub>26</sub> utśmāha N<sub>22</sub> jayāc ca J<sub>15</sub> **niścayād dhairyāt** cet.] niścayādvairyyāt B<sub>1</sub>B<sub>2</sub>N<sub>18</sub> .. .. hasādvairyyāt N<sub>21</sub> niścayār dvairyyāt B<sub>3</sub> niścayādvayāt J<sub>4</sub> niścayādvairyyāt J<sub>10</sub>N<sub>17</sub> niścayāddhairyyā C<sub>2</sub>N<sub>16</sub> sāhasāddhairyyāt C<sub>1</sub>C<sub>7</sub>L<sub>1</sub>N<sub>5</sub>N<sub>11</sub>N<sub>13</sub>N<sub>23</sub>TüV<sub>5</sub>V<sub>19</sub>VulgYC sāhasādvairyyāt J<sub>1</sub>J<sub>3</sub>N<sub>23</sub> niścyaud- hairya J<sub>2</sub> niścayau dhairyyaṃ V<sub>26</sub> viścalaṃdhairyyaṃ N<sub>19</sub> niścayoddhairyyāt N<sub>1</sub> niścayadhairyyāt V<sub>1</sub> niścayādhairyyāt V<sub>6</sub> niścayātdhairyyāt V<sub>11</sub> niścayom dhairyyāt V<sub>8</sub> nikhilādhairyyā N<sub>22</sub> nāhasātd- hyairnāt V<sub>22</sub> **tattva** cet.] tanttra N<sub>11</sub> tvagrā V<sub>8</sub> kṛtvā N<sub>22</sub> *unm.* ta V<sub>5</sub> **jñānācca darśanāt** cet.] jñānāc ca niścālāt B<sub>1</sub> jñātāś ca niścālāt B<sub>3</sub> jñānāś ca darśanāt V<sub>11</sub> jñānaṃ ca niścālam V<sub>26</sub> jñānād viniścayāt C<sub>1</sub>C<sub>2</sub>C<sub>7</sub>L<sub>1</sub>N<sub>5</sub>N<sub>16</sub>V<sub>5</sub>V<sub>19</sub>YC jñānāc ca niścayāt C<sub>2</sub>J<sub>3</sub>J<sub>13</sub>N<sub>11</sub>N<sub>13</sub>N<sub>23</sub>N<sub>23</sub>TüVulg jñānādiniś- cayāt J<sub>1</sub> jñānāc ca niścālāt N<sub>1</sub> jñānārthadarśanāt B<sub>2</sub>J<sub>14</sub>N<sub>2</sub> jñānāya darśanāt V<sub>2</sub> jñānasya darśanāt J<sub>2</sub>N<sub>20</sub> jñānā ca darśanāt V<sub>3</sub> nārthadarsanāṅga V<sub>8</sub> jñānānudarśitaṃ N<sub>19</sub> jñānā ccāniścājāḥ N<sub>21</sub> jñā.. .aniścayāt V<sub>22</sub> **4 janasaṅgaparitāgāt** cet.] janasaṅgaparitāgāḥ V<sub>26</sub> janasaṅgaparitāgāḥ N<sub>19</sub> janasaṅgāttathā samyak J<sub>1</sub> janasaṅgād alaulyāc ca J<sub>14</sub> **śaḍbhir** cet.] śaḍbhyo N<sub>10</sub> śaḍbhi N<sub>22</sub> śaḍ V<sub>8</sub> **yogastu sidhyati** V<sub>1</sub>J<sub>10</sub>J<sub>17</sub>N<sub>10</sub>N<sub>18</sub>V<sub>4</sub>V<sub>6</sub>] yogaś ca sidhyati B<sub>1</sub>C<sub>2</sub>J<sub>13</sub>N<sub>6</sub>V<sub>11</sub> yogaś ca sid- dhati B<sub>3</sub>N<sub>1</sub> yoga prasidhyati C<sub>2</sub> yogo prasidhyati N<sub>22</sub>V<sub>19</sub> yogamś ca sidhyati N<sub>17</sub> yogaḥ prasidhyati cet. yoga prasiddhati J<sub>2</sub> yogastu prasidhyati V<sub>8</sub> yogaḥ ..sidhyati V<sub>22</sub> yyogaḥ prasidhyati N<sub>23</sub> yogaḥ prasidhyatiḥ N<sub>23</sub>

हठस्य प्रथमाङ्गत्वादासनं पूर्वमुच्यते ।  
तत्कुर्यादासनं स्थैर्यमारोग्यं चाङ्गपाटवं ॥1.17॥

वसिष्ठाद्यैश्च मुनिभिर्मत्स्येन्द्राद्यैश्च योगिभिः ।  
अङ्गीकृतान्यासनानि कथ्यन्ते कानिचिन्मया ॥1.18॥

5 जानूर्वोरन्तरे सम्यक्कृत्वा पादतले उभे ।  
ऋजुकायः समासीनः स्वस्तिकं तत्प्रचक्षते ॥1.19॥

<ऊरुजङ्घान्तराधाय प्रपदे जानुमध्यते ।>  
<योगिनो यदवस्थानं स्वस्तिकं तद्विदुर्बुधाः> ॥Vu 1.19all

10 <जङ्घोर्वोरधरे पादयुगलं विनिवेशयेत् ।>  
<सुखासनमिदं प्रोक्तं साधकानां सुखावहं> ॥V2 1.19b॥

**1 atha yamaniyamāh//** C<sub>2</sub>J<sub>15</sub>N<sub>12</sub>] \*\*\* cet. **2 ahimsā** B<sub>1</sub>B<sub>3</sub>C<sub>2</sub>C<sub>2</sub>C<sub>2</sub>J<sub>13</sub>J<sub>15</sub>N<sub>5</sub>N<sub>12</sub>N<sub>23</sub>V<sub>6</sub>V<sub>26</sub>] \*\*\* cet. **satyamasteyam** B<sub>1</sub>B<sub>3</sub>C<sub>2</sub>C<sub>2</sub>C<sub>2</sub>J<sub>13</sub>J<sub>15</sub>N<sub>5</sub>N<sub>12</sub>N<sub>23</sub>V<sub>6</sub>V<sub>26</sub>] \*\*\* cet. **brahmacaryam** B<sub>1</sub>B<sub>3</sub>C<sub>2</sub>C<sub>2</sub>J<sub>13</sub>J<sub>15</sub>N<sub>12</sub>N<sub>23</sub>V<sub>6</sub>V<sub>26</sub>] brahmacarya C<sub>2</sub>N<sub>5</sub> \*\*\* cet. **kṣamā dhṛtiḥ/** B<sub>1</sub>B<sub>3</sub>C<sub>2</sub>C<sub>2</sub>C<sub>2</sub>J<sub>13</sub>J<sub>15</sub>N<sub>5</sub>N<sub>12</sub>N<sub>23</sub>V<sub>6</sub>V<sub>26</sub>] \*\*\* cet. **3 dayārjjavamitāhārah** B<sub>1</sub>C<sub>2</sub>J<sub>15</sub>N<sub>12</sub>V<sub>26</sub>] dayārjama mitāhārah C<sub>2</sub> dayārjjavamitāhārah V<sub>6</sub> dayārjama mitāhārah C<sub>2</sub> dayārjjavamitāhārah B<sub>3</sub>C<sub>2</sub> dayārjama mitāhārah J<sub>13</sub> dayārjava mitāhārah N<sub>5</sub> dayārjjavamitāhārah N<sub>23</sub> \*\*\* cet. **śaucaṃ** B<sub>1</sub>B<sub>3</sub>C<sub>2</sub>C<sub>2</sub>C<sub>2</sub>J<sub>13</sub>J<sub>15</sub>N<sub>5</sub>N<sub>12</sub>N<sub>23</sub>V<sub>6</sub>] śaucañ V<sub>26</sub> \*\*\* cet. **caiva** B<sub>1</sub>B<sub>3</sub>C<sub>2</sub>C<sub>2</sub>C<sub>2</sub>J<sub>13</sub>J<sub>15</sub>N<sub>5</sub>N<sub>12</sub>N<sub>23</sub>V<sub>6</sub>] ceti V<sub>26</sub> \*\*\* cet. **yamā daśaḥ//** B<sub>1</sub>B<sub>3</sub>C<sub>2</sub>C<sub>2</sub>J<sub>13</sub>J<sub>15</sub>N<sub>5</sub>N<sub>12</sub>N<sub>23</sub>] yamā daśaḥ// V<sub>26</sub> niyamā daśa// C<sub>2</sub> imā daśa// V<sub>6</sub> \*\*\* cet. **5 tapaḥ santoṣa āstikyaṃ** B<sub>1</sub>N<sub>23</sub>C<sub>2</sub>V<sub>6</sub>V<sub>26</sub>] tapaḥ saṃtoṣam āstikyaṃ C<sub>2</sub>C<sub>2</sub>N<sub>5</sub>N<sub>12</sub>J<sub>15</sub>J<sub>13</sub> tapaḥ saṃtoṣam āstikya B<sub>3</sub> \*\*\* cet. **dānam iśvarapūjanaṃ/** B<sub>1</sub>B<sub>3</sub>C<sub>2</sub>C<sub>2</sub>C<sub>2</sub>J<sub>13</sub>J<sub>15</sub>N<sub>5</sub>N<sub>12</sub>N<sub>23</sub>V<sub>6</sub>V<sub>26</sub>] \*\*\* cet. **6 siddhāntaśravaṇam** B<sub>1</sub>B<sub>3</sub>C<sub>2</sub>C<sub>2</sub>C<sub>2</sub>J<sub>13</sub>J<sub>15</sub>N<sub>5</sub>N<sub>12</sub>V<sub>6</sub>V<sub>26</sub>] siddhāntavākyaśravaṇam N<sub>23</sub> \*\*\* cet. **caiva** B<sub>1</sub>B<sub>3</sub>C<sub>2</sub>C<sub>2</sub>C<sub>2</sub>J<sub>13</sub>J<sub>15</sub>N<sub>5</sub>N<sub>12</sub>N<sub>23</sub>V<sub>6</sub>V<sub>26</sub>] caivaṃ N<sub>5</sub> cāpi C<sub>2</sub> \*\*\* N<sub>23</sub> \*\*\* cet. **hrīmatīś ca japo hr̥tam//** B<sub>1</sub>N<sub>23</sub>] hr̥r mmatīś ca japo hutam// V<sub>26</sub> hr̥r matīś ca japo hutam// N<sub>12</sub> hr̥r matīś ca japo hutam// C<sub>2</sub>N<sub>23</sub> hr̥r matīś ca japo vratam// C<sub>2</sub> mantaś ca japodgataṃ// B<sub>3</sub> vedāntaśravaṇas tathā// N<sub>5</sub> vedāntaśravaṇam tathā// C<sub>2</sub>J<sub>15</sub> matīś caryā japo hutam// J<sub>13</sub> \*\*\* cet. **7 iti daśa niyamāḥ prakīrtitāḥ//** B<sub>3</sub>V<sub>6</sub>] iti daśa niyamā prakīrtitāḥ// J<sub>13</sub> niyamādaśāptaṃ proktādyogasāsravi śāradaih// N<sub>23</sub> \*\*\* cet.

सव्ये दक्षिणगुल्फं तु पृष्ठपार्श्वे नियोजयेत् ।  
दक्षिणेऽपि तथा सव्यं गोमुखं गोमुखं यथा ॥1.20॥

**1 haṭhasya prathamāṅgatvād** cet.] haṭhasya pramathamṅgatvād J<sub>15</sub> maṭhe ca prathamam sthitvā V<sub>8</sub> **āsanaṃ** cet.] āsana B<sub>2</sub>J<sub>4</sub>N<sub>2</sub> ānaṣaṃ J<sub>2</sub> **pūrvamucyate** cet.] pūrvam uc-  
cyate J<sub>17</sub> ca purva sete V<sub>8</sub> pūrvā ucyate J<sub>2</sub> **2 tatkuryādāsanaṃ** cet.] tatkuryādāsana°  
B<sub>2</sub>N<sub>3</sub>N<sub>11</sub>N<sub>16</sub>V<sub>2</sub>V<sub>3</sub>V<sub>19</sub>YC tatkuryām āsana N<sub>18</sub> tatkuryād āsane M<sub>1</sub> kuryāt tad āsanaṃ  
B<sub>1</sub>B<sub>3</sub>C<sub>2</sub>C<sub>2</sub>C<sub>7</sub>J<sub>10</sub>J<sub>13</sub>J<sub>15</sub>J<sub>17</sub>N<sub>1</sub>N<sub>6</sub>N<sub>10</sub>N<sub>13</sub>N<sub>17</sub>TüV<sub>4</sub>V<sub>6</sub>V<sub>22</sub>Vulg kuryā tadāsanaṃ C<sub>2</sub> kuryād āsanaṃ  
J<sub>2</sub> *unm.*stvakuryādāsanaṃ tat V<sub>8</sub> kuryāt tad āsanaṃ V<sub>11</sub> **sthairyaṃ** cet.] tasmād  
B<sub>1</sub>B<sub>3</sub>C<sub>2</sub>C<sub>2</sub>C<sub>7</sub>J<sub>10</sub>J<sub>13</sub>J<sub>15</sub>J<sub>17</sub>N<sub>1</sub>N<sub>6</sub>N<sub>10</sub>N<sub>17</sub>V<sub>6</sub> tasmāt V<sub>11</sub> tasyād V<sub>4</sub> asmāt V<sub>8</sub> skairyam V<sub>3</sub> sthairye  
N<sub>20</sub> dhairyam N<sub>19</sub>N<sub>22</sub> pūrvam J<sub>2</sub>V<sub>26</sub> **ārogyaṃ** cet.] ārogyām J<sub>15</sub> ārogya N<sub>23</sub>V<sub>22</sub> **pāṭavaṃ**  
cet.] lāghavaṃ C<sub>1</sub>C<sub>2</sub>J<sub>14</sub>L<sub>1</sub>N<sub>5</sub>N<sub>6</sub>N<sub>11</sub>N<sub>13</sub>N<sub>17</sub>N<sub>23</sub>N<sub>23</sub>TüV<sub>6</sub>V<sub>8</sub>V<sub>22</sub>VulgYC paṭavaṃ C<sub>2</sub> loghavaṃ  
V<sub>19</sub> lāghavām V<sub>5</sub> **3 vasiṣṭhādyaiś ca** cet.] vasiṣṭhodyaiś ca N<sub>20</sub> vasiṣṭhadyaiś ca N<sub>21</sub>V<sub>2</sub>  
vasiṣṭhīghais tu J<sub>2</sub> *unm.*vasiṣṭhāda V<sub>26</sub> **munibhir matsyendrā** cet.] munibhir mmatsyendrā  
N<sub>17</sub>V<sub>3</sub> munibhi motsyamdā J<sub>4</sub> munibhir martyemdā M<sub>1</sub><sup>alt</sup> munibhir matsendrā J<sub>2</sub>N<sub>10</sub> munib-  
hiḥ matsendrā N<sub>22</sub> munibhimachendrā V<sub>5</sub> munibhimatsyendrā V<sub>6</sub>V<sub>11</sub> **dyaiś ca** cet.] yaiś ca  
N<sub>19</sub>N<sub>23</sub> **4 aṅgīkṛtā** cet.] aṅgīkṛtvā N<sub>1</sub>N<sub>2</sub> aṅgīkṛtvā J<sub>17</sub> aṅgīkṛtā N<sub>17</sub> aṅgīkṛtām N<sub>20</sub> aṅgīkṛta  
V<sub>8</sub> **nyāsanāni** cet.] nyāsanāniḥ N<sub>23</sub> nyāsanāni V<sub>5</sub> **kathyante** cet.] likhyante V<sub>1</sub> vakṣyante  
C<sub>1</sub>C<sub>2</sub>C<sub>7</sub>J<sub>3</sub>L<sub>1</sub>N<sub>5</sub>N<sub>11</sub>N<sub>16</sub>N<sub>23</sub>V<sub>5</sub>V<sub>19</sub>YC vakṣante V<sub>8</sub> katthyente N<sub>17</sub> kathyate N<sub>18</sub>N<sub>22</sub> **kānicinmayā**  
cet.] kānicinmayam V<sub>8</sub> **5 jānūr vorantare** cet.] jānūr voramtare N<sub>5</sub>N<sub>17</sub>N<sub>23</sub>V<sub>8</sub> jānvor abhyantare  
N<sub>11</sub> jānubhyāmmaṃtare J<sub>4</sub> jānūdyoramtare N<sub>18</sub> jānūrvorantare V<sub>3</sub> janvoghairitare J<sub>2</sub> jānūr vo-  
rantaram N<sub>23</sub>V<sub>11</sub> jānūvairitare V<sub>5</sub> jānūrvaitare V<sub>22</sub> **samyak kṛtvā** cet.] kṛtvā samyak N<sub>22</sub>  
*unm.*samyag akṛtvā V<sub>4</sub> **pādatale ubhe** cet.] pāde tale ubhe Tü pādatalāv ubhau B<sub>1</sub>B<sub>2</sub>C<sub>2</sub>J<sub>13</sub>  
pādāvubhau ṛju J<sub>4</sub> pādātalau ubhau N<sub>22</sub> pādātale śubhe N<sub>23</sub> pādataler ubhe N<sub>23</sub> *unm.*pādatalpanam  
ubhe V<sub>5</sub> *unm.*pādātales ca ubhe V<sub>8</sub> **6 ṛjukāyaḥ** cet.] ṛjukāya B<sub>1</sub>N<sub>2</sub>J<sub>1</sub>J<sub>2</sub>J<sub>13</sub>J<sub>15</sub>V<sub>1</sub>V<sub>11</sub>Vulg  
daṇḍakāya N<sub>5</sub> samakāyaḥ J<sub>4</sub> ṛjuḥ kāya V<sub>3</sub> rajuh kāya V<sub>8</sub> rujukāya N<sub>10</sub> ṛtyukāya N<sub>22</sub> **samāsī-**  
**naḥ** cet.] samāsīta M<sub>1</sub> samāsīnam V<sub>3</sub> samāsīna J<sub>2</sub>N<sub>22</sub> sukhāsīnaḥ J<sub>14</sub> **svastikaṃ** cet.] svastekaṃ  
N<sub>20</sub> *unm.*svayāstikaṃ V<sub>8</sub> **tat** cet.] ca J<sub>4</sub>N<sub>23</sub> **pracakṣate** cet.] pracakṣyate N<sub>10</sub>N<sub>12</sub>N<sub>19</sub>N<sub>23</sub>V<sub>11</sub>V<sub>26</sub>  
prayachate C<sub>2</sub> pravakṣyate J<sub>1</sub> tracakṣyate N<sub>22</sub> **7 ūrujaṅghāntarādhāya prapade jānumadhyate/**  
Vulg] \*\*\* cet. **8 yogino yadavasthānaṃ svastikaṃ tadvidurbudhāḥ** Vulg] \*\*\* cet.

**1 jaṅghorvoradhare pādayugalaṃ viniveśayet/** V<sub>2</sub>] \*\*\* cet. **2 sukhāsanamidam proktam**  
**sādhakānaṃ sukhāvaham** V<sub>2</sub>] \*\*\* cet.