

श्रीआदिनाथाय नमोऽस्तु तस्मै येनोपदिष्टा हठयोगविद्या ।
विराजते प्रोन्नतराजसौधमारोढुमिच्छोरधिरोहिणीव ।। hp11

प्रणम्य श्रीगुरुं नाथं स्वात्मारामेण योगिना ।
केवलं राजयोगाय हठविद्योपदिश्यते ।। hp12

5 भ्रान्त्या बहुमतध्वान्ते रजयोगमजानताम् ।
हठप्रदीपिकां धत्ते स्वात्मारामः कृपाकरः ।। hp13

1 śrīādināthāya cet.] ādiśanāthāya V₁ śrīādityanāthāya J₂J₁₀ śrīādināthā N₁₀ śrī om ād-
ināthāya N₅ ādināthāya J₄ 'stu cet.] unnm.stu te V₈ **tasmai** cet.] tasmaiḥ N₂₂ te tasmai
V₂₆ **yenopadiṣṭā** cet.] yonopadiṣṭā N₅ yenopadiṣyā J₂ + .. p. .. .[ā] M₁ **haṭhayogavidyā**
cet.] haṭhajogavidyā N₂₂ **2 virājate** cet.] vibhrājate C₂N₁₃TüVulgN₂₃V₂₂ vi .. jate M₁ **rā-**
jasaudham cet.] rājasaudhām J₂ rājasaudha J₃N₂₃ rājasaidhamm N₁₆ rājasaukham N₂₂ rājayo-
gam B₁B₂B₃C₁C₂C₇J₁J₁₀J₁₃J₁₅J₁₇N₁N₆N₉N₁₀N₁₃N₁₇N₂₀N₂₃TüV₁V₃V₄V₆V₁₁V₂₂ rājayogar V₈
āroḍhum cet.] āroḍham J₂N₅ āroham C₁N₆V₅ ārodum V₄ ārohim J₁₇ ārūḍham J₁₄ ārūḍham
N₁₉ sarāḍhum N₂₃ dharmādhi N₂₂ armādhi N₂₃ **icchor** cet.] rūvam N₂₂ **adhirohiṇīva** cet.]
adhirohaṇīva C₂N₅ adhirohiṇī ca J₂N₉N₁₆N₂₂ adhirohaṇi ca J₁₅ adhiroha eva C₁V₃V₅ adhiroha-
nena N₁₂ adhirohatīva N₁₉ adhirohaṇāya V₆ **3 gurum** cet.] guru C₂J₂ gurū J₁₅V₆ **nātham**
cet.] nātha J₂N₂₂V₆ **svātmārāmeṇa** cet.] ātmārāmeṇa J₂V₂₆ svātmārōṇa C₂ svātmārāmena
V₅ **yoginā** cet.] dhīmatā C₁C₂C₇J₁J₃L₁N₅N₁₁N₁₆V₅V₁₉ yoginī N₂₂ **4 kevalam** cet.] kaivalam
N₅ **rājayogāya** cet.] rājayogoya J₃ rājayogo yaṁ N₁₆ **vidyopadiśyate** cet.] vidyaḥ pradiśy-
ate B₂ vidyā prakāśayet J₂ vidyā prakāśyate V₂₆ yogopadiśyate B₃J₁₃J₁₄J₁₅N₁N₂N₆N₁₇N₁₉V₄V₈
yogo pradiśyate N₁₇ yogapradiśyate C₂ yogaḥ pradīśyate N₁₀V₁₁ yogoyadiśyate J₁₀ **5 bhrān-**
tyā cet.] bhrāntvā C₂C₇J₁₃J₁₅L₁N₅N₂₀V₃V₁₉ bhrātā J₂ bhrāntā N₃ bhrāmtar N₂₄^{ac} bhrāmtair M₁
bhrānmā N₂₂ **bahu** cet.] vahū J₂J₁₀ vaṁhu V₃ bahā N₂₄^{ac} **mata** cet.] matam V₁ mate
V₂₂ matā J₂J₁₇ mati J₄ matva J₁₅ gata N₁₁ *** N₂₄^{ac} **dhvānte** cet.] dhvāntai C₂V₂V₈V₂₆N₂₃
dhvāntaiḥ V₆ dhvāntā J₂ bhrāntam V₁ dhyāna V₂₂ bhrāmtai M₁ bhrāmtair V₈ **rājayogam**
cet.] rājamārgam J₂M₁N₃N₁₂N₂₃V₂₆ **ajānatām** cet.] ajānatā B₂V₆ ajānatam C₂J₁J₄ ajā-
nataḥ C₁C₂C₇L₁N₅N₁₆V₅V₁₉V₂₆ prajānatām C₂ ajānate J₂ ayānatām V₈ vijānatā N₁₉ jānanam
N₂₂ **6 pradīpikām** cet.] pradīpikam C₂ pradipakām J₁₅ pradīpikā J₂N₁₆N₁₉N₂₂ pradipikām V₈
unm.pradīkām V₂ **dhatte** cet.] dhatte V₈ dharme L₁ dhate J₂ cakre C₃^{ac} J₁₅N₅ datte C₂N₁₉ dhatve
V₁₁ **svātmārāmaḥ** cet.] svātmārāma V₃J₁N₂₂V₆ svātmārāme N₂₃ svātmārāmo J₂ ātmārāmo V₂₆
kṛpākaraḥ cet.] kṛpāparaḥ C₂C₇N₅V₁₉ nhamākaraḥ C₂ kṣamākaraḥ J₁₀J₁₅J₁₇N₆N₁₀N₁₇V₄V₁₁ ni-
ramjanam J₂ nirañjanam V₂₆ prakāśyate V₃

हठविद्यां हि मत्स्येन्द्रगोरक्षाद्या विज्ञानते ।
स्वात्मारामोऽथवा योगी जानीते तत्प्रसादतः ।। hp14

श्रीआदिनाथमत्स्येन्द्रशाबरानन्दभैरवाः ।
चौरङ्गीमीनगोरक्षविरूपाक्षबिलेशयाः ।। hp15

virājate N₃ vijānateḥ V₁₁ **1 vidyām hi** cet.] vidyā hi B₁J₁J₂J₁₃N₆N₁₃N₁₆N₁₇N₁₉N₂₁N₂₃V₁ vidyām
tu J₄ vidyo hi N₃ vidyām N₅ **matsyendra** cet.] matseṁdra N₁₀ tachameṁdra N₂₃ matsyemḍu J₁₃
macchemḍrā J₂ machidra J₂ machendraḥ V₅ **gorakṣādyā** cet.] gorakṣādyā C₂ gorakṣāyā N₅N₁₇
gorakṣādyo J₁ *unm.*gorakṣā V₅ gorakṣyādyā V₁₁ **vijānate** cet.] vijānatā B₂M₁ [wit=J2]hi jānate
2 svātmārāmo cet.] ātmārāmo C₄^{ac} J₁J₃L₁N₅N₁₁V₁₉V₂₆ ātmārāme N₁₆ svātmārāmaḥ V₂₂ **'thavā**
yogī cet.] *unm.*athavā yogī V₄ 'thava yogī V₂₆ mahāyogī J₄ yathā yogī C₇V₈ 'thavā yena J₂ **jānīte**
cet.] jānati C₄^{ac} vijñāna J₂ jānante V₃ jānate N₂₂ jānīte J₁₅J₁₇V₈ jānita V₈ jānitai V₅ jānīmat V₁₁
tatprasādataḥ cet.] tatprasāditaḥ N₁ **3 śrīādinātha** cet.] ādināthāya C₂ ādināthāśca C₂V₆ śrīād-
ināthāya N₅ *unm.*śrīādināthādi J₁₅V₁ ādināthādi B₃C₂J₁₀J₁₇N₁N₆N₁₀N₁₇V₄V₈V₁₁ *unm.*ādinātha
B₁ **matsyendra** cet.] matseṁdra N₁₀ machedraḥ V₅ **śābarā** cet.] sāvarā C₄^{ac} Tū śāmbarā
B₂N₁₉ sāgarā C₂J₄J₂V₃N₂₀ śāgarā J₁₅ śārādā C₁C₇J₃L₁N₁₁N₁₂N₁₆N₂₃V₂V₁₉ sārādā V₅ sāvadā V₂₆
śāradaḥ N₅ śāṁvarā J₁₄N₂N₁₀ śācarā V₆ **nanda** cet.] nanta N₂₃ **bhairavāḥ** cet.] bhairavaḥ
J₂J₁₇N₃N₅N₁₇N₂₃V₆ bhairavā J₁J₁₅V₃V₈N₂₂ bhaivarāḥ V₂₆ **4 cauraṅgī** cet.] cauraṅgī C₂C₂C₇N₅
coraṁgī N₁₀ cāraṅgī B₃ sauraṁgi M₁ kuraṅgī J₄ vaurago J₂ cauragi V₈ ca..raṁgī N₂₂ **mīna**
cet.] khīna V₁₉ **gorakṣa** cet.] gaurakṣa J₁₅ gaurakṣau V₂₆ gorakṣaḥ N₂₂ gorakṣo J₂ **virūpākṣa**
cet.] virūpākṣya J₁₅ virūpāṅkṣya C₂ virūpācchaś J₂ virūpākṣaś V₂₆ virupākṣa J₁₇ virūpaśca N₁₆
virūpākṣā N₂₂V₂ vipākṣa J₄ virūpākṣaḥ N₃V₁₉ virūyākṣa N₂₃ **bileśayāḥ** cet.] vileśayā C₂J₁N₂N₅
bileśayaḥ V₆ ca cetana J₂ ca ceḍalaḥ V₂₆ cileśayāḥ N₂₃ vileśayā C₂J₁N₂N₅ savālmikaḥ N₃ savālikaḥ
V₁₉ bileśayā J₁₅V₃ biśleśayāḥ V₄

मन्थानभैरवो योगी सिद्धबुद्धश्च कन्थडिः ।
 पौरण्टकः सुरानन्दः सिद्धपादश्च चर्पटिः ।। hp16

कानेरी पूज्य पादश्च नित्यनाथो निरञ्जनः ।
 कपाली बिन्दुनाथश्च काकचण्डीश्वराह्वयः ।। hp17

1 manthāna cet.] *unm.* śrīmanthāna B₂ manthāra C₂L₁N₅ manthāno N₁₃TüV₁V₂₂Vulg mandāra J₂ **bhairavo** cet.] mairavo N₂₀ bhairavā N₂₃ bhaivarau V₂₆ **yogī** cet.] jogī J₂ siddha C₁ siddhe V₅ yogi J₁₅V₈ **siddha** cet.] siddha B₁B₃C₂C₂C₄^{pc} C₂N₁J₁₀J₁₃J₁₇N₆N₁₀N₁₃N₁₇TüV₄V₁₁V₂₂V₂₆ śruddha J₁₅ siddho B₂N₁₉V₆ yogī C₁V₅ siddha V₁ siddhi J₁J₃J₁₄N₂N₁₆ sandhi J₂ viddha N₂₀ sidha N₂₂ siddhar N₂₃ siddho V₈ **buddhaś ca** cet.] tudhiś ca J₂ pādaś ca C₇ buddhiś ca C₂J₁J₃N₃N₁₆N₂₀V₂V₃V₂₆ nudhaś ca N₂₂ cuddhaś ca N₂₃ **kanthaḍiḥ** cet.] kanthariḥ B₁ kanthaḍiḥ B₂N₂₃ kanthaḍi C₁C₂J₁₅N₁₀N₁₂N₂₀N₂₁V₆ kanthaḍi C₂ kukuḍiḥ C₄^{ac} kanthalī V₁J₁₀^{pc} N₃ kanthalī J₁₀^{pc} kamtharī N₅ kanthaḍi J₂ kandalī J₁₇N₆N₁₇N₂₂V₄V₁₁ kanthaḍi V₃ kanthaviḥ J₁ kandalī V₈ kampaṭiḥ N₁₃ kampaḍiḥ Tü paddhatiḥ M₁ kānuṭiḥ V₂₆ **2 pauraṇṭakaḥ** cet.] pauraṇṭaka N₂₂ pauraṇṭhakaḥ N₅ pauraṇṭakaḥ B₁N₁N₁₀V₆ pauraṇṭakaḥ V₁₁ pauraṇṭakaḥ B₂ pauraṇṭakaḥ C₂ kauraṇṭakaḥ N₁₆N₂₃ kauraṇṭaka N₁₂ kauraṇṭakaḥ J₁₄V₂₆ koramṭaka J₂ koramṭakaḥ J₄N₂₁N₂₃ koramṭakaḥ C₂N₁₃TüV₂₂Vulg koraṇṭikaḥ N₂ goramṭaka N₃ ghoramṭakaḥ M₁ *unm.* kāhapauraṇṭaka V₈ koraṇḍika Vulg kauraṇḍikaḥ V₂ paura...kaḥ N₂₀ *** C₁J₃L₁N₁₁V₅V₁₉ **surānandaḥ** cet.] sarānanda B₂N₁₂ surānanda C₂J₂N₂N₃V₃N₂₂V₂ surānamdaḥ N₂₃ sarānandaḥ J₄ *** C₁J₃L₁N₁₁V₅V₁₉ **siddha** cet.] siddhi V₁J₁J₂N₁₆N₂₃ siddhā V₈ *** C₁J₃L₁N₁₁V₅V₁₉ **pādaś** cet.] pāda N₂₂ *** C₁J₃L₁N₁₁V₅V₁₉ **ca** cet.] *** N₂₂ **carpaṭiḥ** cet.] carpaṭiḥ B₁B₂N₂N₁₇N₂₃V₃V₄ carpaṭi C₂J₁₇V₆ carpaṭi C₄^{ac} C₂C₇V₁V₂ carpaṭi C₄^{pc} J₁J₁₅N₃V₈N₂₃ tarpaṭi J₂ parpaṭiḥ M₁ carpaṭiḥ N₅ carpaṭaḥ N₁₁V₁₁ *** C₁J₃L₁N₁₁V₅V₁₉ **3 kānerī** cet.] kanerī C₂J₁₄N₂N₃N₁₉V₂V₆ kaṇerī J₃V₁N₁₁ kāṇarī J₁ kanerī V₈ kāṇerī B₁B₃ naimkerī N₁₆ kānerī N₁₇ kāṇerī N₁₇ kirīla B₂ varaiṇya C₁ kaṇirī J₄V₁₉ kaṇirī J₂ karaṇi C₄^{ac} C₇L₁N₅ karaṇi V₅ karauṭi N₁₂ kaverī N₂₀ kāvarī V₂₆ karoṭiḥ M₁ kālerī V₁₁ **pūjya** cet.] pūrya V₁ pūrva B₁B₃C₂J₁₀J₁₅J₁₇N₁₀N₂₂V₆V₁₁ pūrvva V₄ sarva J₄ **pādaśca** <??>] pānaś ca J₁ nāthaś ca N₂₀ **nityanātho** cet.] dhvaninātho B₁B₃C₂C₄^{pc} J₁₀J₁₃J₁₇N₆N₁₀N₁₇V₄V₆ siddhanātho C₂C₄^{ac} J₁₅ bilvanātho C₇L₁N₅V₁₉ dhaninātho N₁ *unm.* ninātho V₁₁ **nirañjanaḥ** cet.] nirañjanaḥ N₅ nirañjanaḥ J₁₅V₃ nirañjana J₁V₈ virañjanaḥ V₂₆ *** N₂₂ **4 kapālī** cet.] kapālī J₂J₁₅ kāpālī C₁C₂J₁₄N₂V₂ kāpālī N₁₉ *** N₂₀N₂₂ kāpālī J₁₃ kapālir V₂₂ kalāpī V₂₆ **bindunāthaś ca** cet.] bindunāthaś ca V₁B₁B₂B₃J₂M₁ *** N₂₀N₂₂ bindunāthasya V₈ **kākacaṇḍīśvarāhvayaḥ** C₂N₁₃N₂₃TüV₁Vulg] kākacaṇḍīśvarādayaḥ cet. kākacaṇḍīśvaro mayāḥ B₂N₁₉ kālacaṇḍīśvarādayaḥ J₃V₁₉ kākacaṇḍisu ādayaḥ N₅ kākacaṇḍīśvarādayaḥ N₁₆ kāmkaṇḍīśvarādayaḥ V₈ kālacaṇḍīśvarāhūyaḥ J₂ kākacaṇḍīśvarogayaḥ N₃ *** N₂₀N₂₂ kākacaṇḍīśvarāhayaḥ N₂₃ kākacaṇḍīśvaro mayāḥ M₁ kākagaṇḍīśvarāhvayaḥ V₂₆ kākacaṇḍīdayākaraḥ V₁₁ kākacaṇḍīśvaromayaḥ N₁₂ kākacaṇḍīśvarādaya J₁₅ kākacaṇḍīśvarogayaḥ N₁₁ kākacaṇḍīśvarāhayaḥ J₄ kākacaṇḍīśvarā ...h V₂₂ kākacaṇḍīśvarāvayaḥ N₂₁

अल्लामप्रभुदेवश्च घोडाचोली च टिण्टिणी ।
भालुकी नागबोधश्च खण्डकापालिकस्तथा ।। hp18

इत्यादयो महासिद्धा हठयोगप्रभावतः ।
खण्डयित्वा कालदण्डं ब्रह्माण्डे विचरन्ति ते ।। hp19

1 allāma *nos scribere*] conī. allāmaḥ TüV₁V₃V₈V₂₂VulgN₂₃ allamaḥ N₁₃J₁₀J₁₅J₁₇N₂₀ allama
M₁ allāmā N₁₀ *** B₁N₂₂ mallama B₂ agastyah B₃C₂N₁ ahlama J₂J₄ ahyamaḥ V₄ suksamaḥ
C₁C₇J₁₃L₁N₅ alamaḥ C₂ alasaḥ C₂N₂V₂ alama N₃ akṣamaḥ N₆V₂₆ hallamaḥ C₄^{pc} N₁₁ akleśaḥ N₁₂
akleśa J₁₄ adhramaḥ J₁N₁₆ aśamaḥ N₁₇ allasaḥ N₁₉N₂₃V₆V₁₁ alasa N₂₁ arṇamaḥ J₃ suksimaḥ V₁₉
suksamaḥ C₄^{ac} V₅ **prabhudevaś ca** cet.] prabhuṃ devasya J₂ + + [deva]śca M₁ prabhudevasya
V₈N₁₉ *** N₂₂ **ghoḍācolī** cet.] goḍācūlī C₂ ghorācolī V₁B₃C₂J₁₀J₁₃J₁₇L₁N₆N₁₀N₂₁ V₄ ghorā-
cola V₁₁ ghoḍācolī V₈ ghorāvolā B₁ ghojacolī C₂ ghoḍācūlī N₃V₂₆ ghoḍācūlī M₁N₂₃ ghoḍāvolī
J₄ vaḍācolī N₅ *** N₂₂ ghogacolī V₅ ghoṭācolī V₁₉ gho .. co .ī V₂₂ **ca** cet.] gha C₇L₁N₅ sa
V₁₉ la V₁₁ *** N₂₂ **ṭiṇṭiṇī** B₁C₁J₃J₁₀J₁₃J₁₇N₁₇N₁₉N₂₃V₁V₂] ṭiṇṭiṇī C₂C₂N₅ ṭiṇṭaṇī C₂ ṭiṇṭiṇī
N₂₁ ṭiṇṭiṇī V₁₁ ṭiṇṭaṇī V₆ *** N₂₂ ṭiṇṭiṇī C₂J₁N₃N₆N₁₀N₁₃N₁₆TüV₅V₂₂Vulg ṭiṇṭiṇaḥ V₄ ṭiṇṭiṇī
V₁₉ ṭimbiṇī N₃ ṭiṇṭiṇī N₂ ṭiṇṭiṇī N₂₃ ṭiṇṭiṇī L₁ ṭiṇṭiṇī N₁ ṭiṇṭiṇī B₃ ṭiṇṭiṇī M₁ ciṃciṇī
B₂ ciṃciṇī J₂N₁₂V₃ ciṃciṇī V₈ ciṃviṇī J₄ ciṃcaṇī J₁₅ ciṃcaṇī J₁₄ carpaṭaḥ N₁₁ ciṃcīlī N₂₀V₂₆
2 bhālukī cet.] bālukī N₂₁ bhālukāṃ C₂ bhāluki N₃ bhālukīr J₁₃ bhālukir C₄^{pc} J₃N₁₁N₂₃V₅ bhālukā
J₁B₁V₁₁ bhāluko N₁V₆ bhānukā B₃ bālukīr C₁L₁M₁ vālukir C₄^{ac} V₁₉ vālakī N₂ vālakir C₇N₅ vāsukī
B₂J₂N₂₀ vāsuki V₈V₂₆ vāsukir J₄V₃J₁₅N₁₆ *** N₂₂ bhānukī Vulg bhānuki N₂₃ **nāgabodhaśca**
<??>] nāgavādhiś ca N₁₂ nāgavedhaś ca J₁₄ nami auḍḍīśa N₃ nāma bhojaś ca M₁ nāma bodhaś ca
N₁₀V₄ nāgadevaś ca C₂N₁₃V₂₂V₂₆ nāradevaś ca Vulg nārādevaś ca Tü *unm.* nāgaboś ca V₈ nāla-
bodhaś ca J₁ nāgarodhaś ca N₂₀V₁₉ vānabodhaś ca V₆ *** N₂₂ nā ś ca N₂₃ **khaṇḍa**
cet.] khaṇḍī B₁ khaṇḍaṃ N₁₇V₁N₂₃ khaṇḍi B₃C₂N₁₀ caṇḍa C₁C₄^{ac} C₇J₁₃V₂V₅ caṇḍi N₅ caṇḍī
V₁₉ khaṇḍaḥ J₄M₁VulgN₂₁N₂₃ sidhaiḥ J₂ siddhaḥ N₃ ṣaṇḍaḥ N₁₁ paṇḍa N₁₉ *** N₂₂ **kāpā-**
likas tathā cet.] kaḥ pālikās tathā C₂ kāpālikās tathā N₁N₂N₁₆N₂₀ kīpālikas tathā V₁₁ kāpālikaḥ
tathā V₁₉ kāpālakās tathā J₁₄ kapālakās tathā V₂ kapālikas tathā J₁₇ kāhelikas tathā M₁ *** N₂₂
kāpālikas tathāḥ N₂₃ **3 ity ādayo** cet.] ity āghayo J₂ ity ādayā V₂₂ *** N₂₂ **mahāsiddhā** cet.]
mahāsiddhāḥ J₁N₂N₁₃Tü *** N₂₂ **haṭhayoga** cet.] haṭhayogaḥ N₅N₁₃V₁₁ *** N₂₂ **prabhā-**
vataḥ cet.] prabhāvata J₂ prasādataḥ C₂M₁N₁₂N₂₀N₂₁N₂₃V₃V₁₁ *unm.* adhāprasādataḥ V₈ *** N₂₂
4 khaṇḍayitvā cet.] khaṇḍitvā C₂ khaṇḍayatvā V₁₉ khaṇḍamitvā N₁₆ ṣaṇḍapitvā J₂ vaṃcayitvā
N₂₀ *unm.* khaṇḍayaṃyitvā V₈ *** N₂₂ **kāladaṇḍaṃ** cet.] kāladaṇḍa ca C₂ kāradaṇḍaṃ N₃ ***
N₂₂ **brahmāṇḍe** cet.] brahmāṇḍaṃ B₃C₂J₄N₁N₂₁V₂ brahmāṇḍeṣu M₁N₃ brahmāṇḍa N₁₉ ***
N₂₂ **vicaranti** cet.] viramanti J₁₄N₂ °ṣu caramti M₁N₃V₁₉ tu caranti V₃ *** N₂₂

संसारतापतप्तानां समाश्रयो हठो मतः ।
अशेषयोगजगतामाधारकमठो हठः ॥ hp110

हठविद्या परं गोप्या योगिनां सिद्धिमिच्छताम् ।
भवेद्वीर्यवती गुप्ता निर्वीर्या तु प्रकाशिता ॥ hp111

1 saṃsāra cet.] saṃsāra N₁ saṃsārā V₃ aśeṣa C₂N₁₃V₂₂TüVulg *** N₂₂ **tāpa** cet.] tāpa N₁ tāya Tü śrama C₂C₄^c J₁₀J₁₅J₁₇N₆N₁₀N₁₇N₂₀V₃V₄V₁₁ tapi J₁ *** N₂₂ **taptānām** cet.] taptānām B₃C₂J₁₃J₁₅J₁₇N₆N₁₀N₁₇N₂₀V₃V₄V₆ taptanām V₈ tamānām J₂ cintānām V₁₁ *** N₂₂ **samāśrayo** V₁B₁C₁V₈] āśrayo yaṃ B₃C₂C₂J₁₃J₁₅J₁₇N₆N₁₀N₁₇N₂₀N₂₁V₃V₄V₆V₁₁ māśrayo yaṃ J₁₀ samāśraya cet. samāśrayaṃ V₂ śamāśraya C₂C₂C₇L₁ samīśraya J₂ āścaryo yaṃ N₁ samaśra N₃ *** N₂₂ **haṭho mataḥ** cet.] haṭho mataḥ N₁ mato haṭhaḥ N₂N₂₁V₁₉V₂₆ haṭho maṭhaḥ V₁ maṭho haṭhaḥ C₁C₂C₂C₇J₃J₁₄L₁M₁N₅N₁₁N₁₂N₁₃N₁₉N₂₃TüV₂V₅Vulg māṭhe haṭhaḥ B₂ māṭho haṭhaḥ J₄ maho haṭha N₁₆ maho haṭhaḥ J₁ maho haṭhaḥ J₂ *unm.* maho haṭho mata V₈ prathamō haṭhaḥ N₃ *** N₂₂ nago haṭhaḥ N₂₃ maṭhā haṭhaḥ V₂₂ **2 aśeṣayoga** cet.] aśeṣo yoga C₂N₆ aśeṣaḥ yoga V₄ aśeṣaṃ yoga V₂ aśeṣayoge J₁₄ eṣayogaś ca B₂ aśeṣajoga J₂ *** N₃N₂₂ aśeṣe yoga N₂₃ **jagatām** cet.] jagatīm N₁V₁ jatām N₁₀V₄ jālānām N₁₁ jātīnām C₄^c jātānām N₂₁N₂₃ yuktānām C₁C₂C₄^c C₂J₄J₁₅N₁₃N₂₀TüV₃V₆Vulg juktānām J₁₇ V₂₂ tantrāṇām V₈ vijñāna J₂V₂₆ vijñānaḥ N₁₂ *** N₃N₂₂ **ādhāra** cet.] ādhāra N₁ ādharah C₂ ādhāre V₁V₈ ādhārah B₁B₃C₂J₄J₁₇N₂N₆N₁₇N₂₀V₂V₃V₄V₁₁V₁₉ ādhārā J₁₀ ādhārai L₁V₆ °ptādhārah N₁₉ sarva J₂V₂₆N₁₂ *** N₃N₂₂ **kamaṭho** cet.] kamaṭho N₁ ka haṭho V₁V₆ kaṃ maṭho V₅ kamaṭhe B₂ kaṃto N₂₁ kamalo J₃ kama N₁₇ siddhi J₂V₂₆N₁₂ *** N₃N₂₂ **haṭhaḥ** cet.] haṭhaḥ N₁ maṭhaḥ V₁V₆ haṭha J₁₅J₁₇V₅ harah C₂ yathā J₁₄N₂₀V₂ *** N₃N₂₂ haṭhaḥ V₂₂ pradāyakā J₂ pradāyakaḥ V₂₆N₁₂ **3 haṭhavidyā** cet.] haṭhavidyāṃ J₁₅J₁₇ haṭavidyā V₂₂ *** N₂₂ **param** cet.] parā C₂C₂ *** N₂₂ **gopyā** cet.] gopyaṃ B₂N₅V₃ gopya J₁₅N₁₆ gopyāṃ J₄ *** N₂₂ **yoginām** cet.] yoginā B₁C₁C₂C₇J₃J₁₃L₁M₁N₁₀N₁₁N₁₃N₁₉N₂₀N₂₁N₂₃V₂V₅V₁₁V₁₉V₂₆VulgYC yogino J₂ yogi .. V₂₂ *** N₂₂ **siddhim** cet.] siddha C₂ middhi L₁ *** N₂₂ **icchatām** cet.] icchatā B₁B₃C₁C₂C₂C₇J₃J₁₃L₁M₁N₁₀N₁₁N₁₂N₁₃N₁₆N₁₉N₂₀N₂₁N₂₃TüV₂V₅V₁₉V₂₂V₂₆VulgYC idhutā C₂ ichitā J₂ icchito V₁₁ *** N₂₂ **4 bhava** cet.] ude V₅ bhaverd J₁₅ **vīryavatī** cet.] vīryavati M₁ vīryavati V₈N₁₉N₂₃ vīryavati J₁₅ *** N₂₂ **guptā** cet.] goptā J₁ *** N₂₂ **nirvīryā** cet.] nirvīryā J₁₅N₆V₈ nirvīryā B₂C₂ nirvīryā N₁₁V₁₉ nirvīryā.. N₁₇ nivīryā N₁₆ nivīryā M₁ nivīryā C₂J₁ niḥvīryā J₂ nirvīryā J₁₀N₁₀ nirbīryā J₃ nirbīryā V₁₁ *** N₂₂ **tu** cet.] ti M₁N₅N₁₉V₂₆ va J₄V₁₉ nu C₁J₁J₂J₁₄J₁₅J₁₇ su V₆ ca N₃ .. V₂₂ *** N₂₂ **prakāśitā** cet.] prakāśīyet J₂ *** N₂₂

- 5 सुराज्ये धार्मिके देशे सुभिक्षे निरुपद्रवे ।
 <अहिंसा सत्यमस्तेयं ब्रह्मचर्यं क्षमाधृतिः ।>
 <देवार्चनं मिताहारशौचं चैव यमादश ।।>
 <तपः सन्तोष आस्तिक्यं दानमीश्वरपूजनम् ।>
 <सिद्धांतश्रवणं चैव हीर्मतिश्च जपो हुतम् ।।>
 <धनुःप्रमाणपर्यंतं> <शिलाग्निजलवर्जितं ।।>
 एकान्ते मठिका मध्ये स्थातव्यंहठ योगिना ।।
 <युक्ताहारविहारेण हठयोगः प्रसिद्धये ।>
 hp112

1 **surājye** cet.] surāṣṭre M₁N₁₁N₁₂ surāje V₈ *** N₂₂ surājya N₂₃ **dhārmike deśe** cet.] dhārmike deśe B₂N₁₇N₁₉V₁₁ dharmadeśe ca M₁ dhārmike deśa V₈ *** N₂₂ **subhikṣe** cet.] surbhikṣe V₅ *** N₂₂ **nirupadrave** cet.] nirupadravai J₁₇ *unm.* virye nirupadrave V₈ nirudrave J₂ *** N₂₂ 2 **ahiṃsā satyamasteyaṃ brahmacaryaṃ kṣamādhṛtiḥ/** J₃] *** cet. 3 **devārcanaṃ mitāhāraśauca caiva yamādaśa//** J₃] *** cet. 4 **tapāḥ santoṣa āstikyaṃ dānamīśvarapūjanam/** J₃] *** cet. 5 **siddhāntaśravaṇaṃ caiva hīrmatiśca japo hutam//** J₃] *** cet. 6 **dhanuḥpramāṇaparyantaṃ** B₁C₂J₃J₁₄VulgV₂V₈] dhanupramāṇaparyantaṃ J₁₃N₁N₂ dhanuḥpramāṇaparyanta V₄ dhanuḥpramāṇaparyantaṃ B₃N₁₃ *** cet. **śilāgnijalavarjjitaṃ//** B₁N₁₃] śilāgnijalavarjjite B₃N₁N₁₃C₂V₂V₄V₈J₃Vulg śilājalāgnivarjitā N₂ *** cet. 7 **ekānte** cet.] ekānta C₁C₂C₇J₄J₁₄L₁M₁N₅N₃N₁₁N₁₆N₂₃V₁₉ ekānti N₂ ekā.. V₂₂ *** N₂₂ **maṭhikā** cet.] maṭikā N₃N₁₇ maṭhika V₁₁ vedikā J₂ matikā N₁₆ [ma]tikā M₁ bhuvikā J₁ *unm.* maṭhi V₅ kā V₂₂ *** N₂₂ **madhye** cet.] sidhyai C₂ *** N₂₂ **sthātavyaṃ** cet.] schātavyaṃ J₁₅ *** N₂₂ **haṭha** cet.] *** N₂₂ **yoginā** cet.] yogataḥ C₁ yogināṃ J₁₇N₃V₆ yo.. .. V₂₂ *** N₂₂ yoginā bāhye maṇḍapa V₈ 8 **yuktāhāravihāreṇa haṭhayogaḥ prasiddhaye/** B₃] yuktāhāravihāreṇa haṭhayogaḥ prasiddhaye C₂ *** cet.

अल्पद्वारमरन्ध्रगर्तसहितं नात्युच्चनीचायुतं ।
सम्यग्गोमयसान्द्रलिप्तममलं निःशेषजन्तूज्झितम् ।
बाह्ये मण्डपवेदिकूपरुचितं प्राकारसंवेष्टितं ।
प्रोक्तं योगमठस्य लक्षणमिदं सिद्धैर्हठाभ्यासिभिः ।। hp113

1 alpadvāram cet.] anyadvāram J₁₄ alpāhāram B₃ alpā.. .. V₂₂ *** N₂₂ ākalpadvār N₂₃ sval-
padvāra V₁₁ **arandhra** cet.] agartta N₁₆ *** N₂₂ raṁdhra N₂₃ marandhraṁ V₂₂ **garta** cet.]
gataṁ B₁N₅ gartta J₃J₄N₃B₂C₂N₁₇V₃N₂₃N₂₃V₂V₄V₅V₆V₁₉ garte J₂ garbha B₃C₂M₁^{alt} N₁N₂ yatra
N₁₆ garnta N₁₉ garta V₂₂ *** N₂₂ **sahitaṁ** V₁] pīṭhakāṁ B₁ pīṭhikāṁ B₂ pīṭhikāṁ N₂₃ puṭakāṁ
B₃ puṭavūṁ C₂ pīṭapaṁ C₂ puṭitaṁ N₁₂V₂₆V₁₁ pīṭikāṁ N₁₉ paṭikāṁ C₁C₂ pīṭakāṁ J₄ viṭapaṁ
J₁J₃J₁₀^c J₁₄J₁₅N₂N₁₆N₂₀V₃V₄ viṭapa N₁₀ viṭharaṁ J₁₀^c vaṭhipaṁ maṭhikaṁ *unm.* V₈ pīṭharaṁ
C₂J₁₃L₁M₁N₆N₁₁N₁₇V₆V₁₉ pīṭhiraṁ C₇N₅ pīṭhaṁ N₁ pīṭhakaṁ J₁₇N₃N₂₁ puṭitaṁ J₂ vivaraṁ
N₁₃TüV₂₂Vulg vivara V₅ *** N₂₂ viṭharaṁ N₂₃ ghaṭitaṁ V₂YC **nātyuccanīcā** cet.] nātyuc-
cānīcā J₁₇ nātyuccanīcā V₈ nānyuddhanīcā C₁ nāḍayuccanīcā J₄ nātyuccanīcā N₃ nātyuccanoccā
N₁₆V₃ .. yuccanīcā V₂₂ *** N₂₂ nātyuccanāṁcā N₂₃ **yutaṁ** B₃J₁₄N₂N₁₇V₁] yataṁ cet. pataṁ
C₂ yata V₈ ryataṁ N₅ rpiṭaṁ N₁₀ .. .ṁ V₂₂ *** N₂₂ yitaṁ C₂J₁J₃J₁₃L₁N₆N₁₁N₁₆N₂₀J₁₀YC pitaṁ
C₂J₁₇V₄V₅ pitaṁ V₆ tmaṁ V₂₆ vṛtaṁ J₂ sānaṁ V₂ **2 samyag** cet.] samyaṁ B₂ sāmyaṁ
J₄ samyak J₁₃V₁N₂N₁₉V₁₁ saṁ N₃ liptaṁ V₈ ramaṁ N₂₁ *** N₂₂ **gomaya** cet.] gomaya
C₂C₂V₃V₈N₁₃N₁₉N₂₁N₂₃TüV₄V₁₁ jogamaya V₂₆ *** N₂₂ **sāndra** cet.] sārddha B₂V₅ sārdra
B₁J₁₀N₂N₆N₁₉V₄ saddhi V₁₁ sāmrdra J₁₇ sām .. V₂₂ syantra V₂₆ saṁpra J₂ sāpra N₃ mṛtti V₈
lipta N₂₀ *** N₂₂ **liptamamalaṁ** C₂C₂J₁₀J₁₅M₁N₆N₁₀N₁₃N₁₇N₂₃TüV₄V₆V₁₁V₁₉V₂₂Vulg]
liptaṁ amalaṁ J₁₇ liptaṁ abijaṁ V₁ liptavimalaṁ cet. liptavimaṭaṁ V₅ lepavimalaṁ N₁₂ kāb-
hiraṁ V₈ sāmrdraṁ V₂₀ *** J₁N₂₂ **niḥśeṣa** cet.] niḥśeṣa J₁₃V₂ niḥśeṣaṁ B₁ niś.
.. V₂₂ nirdoṣa C₁J₁₀J₁₅J₁₇N₆N₁₀V₄V₆ nidoṣi° N₃ *** J₁N₂₂ **jantūjjhitam** cet.] jantohiṁ-
taṁ B₁ jantōjjhitam B₃ vātodbhidaṁ C₁ jantū ta[m] V₂₂ vātōjjhitam C₂ jantūhritaṁ N₅
jantūtthitaṁ M₁ bādhōjjhitam C₄^c J₄J₁₀J₁₅J₁₇N₆N₁₀N₁₇V₂V₄ bādhaudḍitaṁ B₂ bādhōjjhitam
V₁ bādhojgataṁ N₁₉ bādhoghitaṁ N₂₀ bādhōjjhitam V₃ bādhōjjhitam N₂₁ bodhīkṣataṁ J₂ bod-
heṣitaṁ V₂₆ bodhodgataṁ J₁₄ vodhotsitaṁ N₁₂ vātaṁ jitaṁ V₆ vātovyutaṁ V₈ vātōjjhitam V₁₁
vātār*n*itaṁ N₁ vāt dhā*dg*ataṁ N₂ jpaṁtpūpsitaṁ N₃ *** J₁N₂₂ jambhūdgitaṁ N₂₃ jantajjhi-
taṁ N₂₃ jantānvitaṁ V₅ **3 bāhye** cet.] bāhyaṁ B₂B₃C₁ vrāhmaṁ C₄^c vyāhye J₁₇ vāpī J₂ ***
J₁N₂₂ **maṇḍapa** cet.] maṇḍa + M₁ *unm.* maṇḍapaṁ maṇḍapa V₈ *** J₁N₂₂ **vedikūparucitaṁ**
V₁N₂₃] vedikūparacitaṁ B₁B₂C₂C₇L₁J₂J₃J₁₃J₁₇N₅N₆N₁₀N₁₁N₁₆N₁₇V₄V₅V₆V₁₉ vedikūparuciraṁ
C₁C₂C₄^c C₂J₁₄J₁₅N₂N₃N₁₂N₁₃N₂₀N₂₁N₂₃TüV₂V₂₂V₃Vulg vedikoparacitaṁ B₃C₄^c J₄J₁₀ vedikū-
paracite V₁₁ vedikoparuciraṁ M₁ veviracitaṁ N₁ vedikopirācitaṁ V₈ vedikaparuciraṁ N₁₉ kū-
pavediracitaṁ V₂₆YC *** J₁N₂₂ **prākāra** cet.] *** J₁N₂₂ **saṁveṣṭitaṁ** cet.] saṁveṣṭite B₁
saṁvetaṁ N₂ saṁ .. ṣṭitaṁ V₂₂ saṁvoṣṭitaṁ N₂₀ *** J₁ **4 proktaṁ** cet.] yoktaṁ V₆ **maṭhasya**
cet.] haṭhasya J₄N₁₆N₁₇ haṭhasya N₆ mavasya J₂ maṭha N₂ mahasya N₃ *** J₁ **lakṣaṇamidaṁ**
cet.] lakṣatmaṇaṁ J₄^c *** J₁ **siddhair** cet.] siddhai J₂N₃V₅ .. dhyai V₂₂ sidhyaḥ V₈ *** J₁
r-haṭhā cet.] haṭā V₂₂ *** J₁ **haṭhābhyāsibhiḥ** cet.] bhyāsabhiḥ N₃N₅ sāśibhiḥ V₆ bhyāsibhiḥ
V₂₂ bhyāsabhi V₈ bhyāsiddhi J₁₅ *** J₁

एवंविधे मठे स्थित्वा सर्वचिन्ता विवर्जितः ।
गुरूपदिष्टमार्गेण योगमेवं समभ्यसेत् ॥ hp114

अत्याहारः प्रयासश्च प्रजल्पो नियमग्रहः ।
जनसङ्गश्च लौल्यं च षड्विर्योगः प्रहास्यते ॥ hp115

5 उत्साहान्निश्चयाद्वैर्यात्तत्त्वज्ञानाच्च दर्शनात् ।
जनसङ्गपरित्यागात् षड्विर्योगस्तु सिध्यति ॥
hp116

1 evaṃvidhe cet.] evaṃvidha N₁₇ evavidhe J₄ evaṃvidher N₁₈ evaṃvidham N₂₁
evaṃvidhai V₅ evaṃ bhava V₆ *** V₂₂ **maṭhe** cet.] maṭho N₂₀ maṭha N₂₂ *** V₂₂
sthitvā cet.] smitvā N₂₂ sthītvā V₁₁ *** V₂₂ **sarva** cet.] sarvaṃ J₃ *** V₂₂ **cintā**
cet.] *** V₂₂ **vivarjitāḥ** cet.] vivarjitāḥ C₂J₁₅N₁₆V₁₁ *** V₂₂ **2 gurūpa** cet.] gu-
rupa J₁₇ guropa N₁₉ *** V₂₂ **diṣṭa** cet.] deśa C₁N₅V₅ unm.ste V₈ *** V₂₂ **mārgeṇa**
cet.] mātrena N₅ mātrena N₂₀ mārgetrena N₂₃ *** V₂₂ **yogam** cet.] mana J₄ *** V₂₂
evaṃ samabhyaset C₂J₁₀J₁₇N₆N₁₀N₂₂N₂₃V₁V₄V₆V₁₁] evaṃ samabhyaset N₁₇ eva samab-
hyaset J₂J₃J₁₅N₁₁N₁₃N₂₃TüV₈Vulg evaṃ sadābhyaset B₁B₂C₇J₁J₁₃N₁₈V₂₆ ātmavaśaṃ nayeta J₄
eva sadābhyaset cet. ārgaṃ samabhyaset V₃N₂₀ evaṃ ahābhyaset N₁₉ *** V₂₂

<अथ यमनियमाः ।।>
 <अहिंसा> <सत्यमस्तेयं> <ब्रह्मचर्यं> <क्षमा धृतिः ।>
 <दयार्जवमिताहारः> <शौचं> <चैव> <यमा दशाः ।।>
 hpyamaininsertion

- 5 <तपः सन्तोष आस्तिक्यं> <दानम् इश्वरपूजनं ।>
 <सिद्धान्तश्रवणं> <चैव> <हीमतिश् च जपो हतम् ।।>
 <इति दश नियमाः प्रकीर्तिताः ।।> hpniyamaininsertion

1 atyāhārah cet.] atyāhāra B₁J₂J₄J₁₃N₂N₅N₁₁N₁₈N₁₉N₂₀N₂₁N₂₂V₆V₈V₁₉ atyāhārāt J₃ alpāhārah B₃ pratyāhārah N₁₆ alpāhāro N₃ ātmāhārah V₃ abhyāhārah J₁ **prayāsaś ca** cet.] viharāc ca N₁₁ prayā saha N₂₂ prayāsāc ca J₃ prayāsās ca N₂₀ *unm.* prayāsasyaś ca V₈ pravāsaś ca N₂₃ prayāsaś cā V₁₉ **prajalpo** cet.] prajalpān J₃N₁₁ prajalpe N₁₂ prajapo V₂₂ jalpato N₅ malalpo V₆ **niyamagrahaḥ** cet.] niyamagraha J₂ viparyagrahaḥ B₁ 'niyamagrahaḥ B₂N₆ niyamāgra-
 haḥ B₃C₂C₂J₁J₁₃J₁₅V₂V₄V₁₁V₂₆Vulg niyamo grahaḥ C₂L₁N₅ niyamo gr̥haḥ V₈ niyame grahaḥ M₁ niyamagrahāt J₃N₁₁ **2 janasaṅgaś ca** cet.] janasaṅgaṃ ku B₂ janasaṅga C₂ janasaṅkara J₄ janasaṅgaṃ ca J₂N₁₂N₁₈N₁₉V₁₁ janasaṅgāc ca J₃N₁₁ janāḥ saṅgasya V₈ janasaṅghaś ca N₂₁ janasaṅsahya V₂₆ **laulyaṃ** cet.] laulyāc J₃N₁₁ lolyaṃ C₂N₁₉V₂₂ laulyaś N₂₀ laubhyaṃ N₂₂ **śaḍbhir yogaḥ** cet.] śaḍbhir yogaś N₁₇V₆ śaḍbhir yogā N₂₁ śaḍbhir yoga J₂ śaḍbhir yogo C₂C₂C₇J₁J₃J₁₃J₁₄N₃N₁₃N₁₈N₁₉N₂₀N₂₁N₂₂N₂₃TüV₂V₃V₄V₅V₁₉Vulg śaḍbhaḥ yogoś cate V₈ ḍbhir yogo N₁₀ **prahāsyate nos scribere**] prahāsyati V₁ praṇāsyati J₂J₄N₁N₂V₂₆YC ca naśyati C₂J₁⁸⁶ J₁₅J₁₇N₆N₁₇V₆ vinaśyati cet. vinaśyatiḥ N₂₂ na sidhyati V₁₁ vina. ... V₂₂ **3 utsāhān** cet.] utsāhāt C₁C₇J₁J₃L₁N₅N₁₁N₁₃N₂₃N₂₃TüV₅V₁₁V₁₉V₂₂Vulg ucchāhān J₄ vutsāha J₂ utsahā N₁₇ utsaho N₁₈ utsāha V₃V₈N₁₉V₂₆ utśmāha N₂₂ jayāc ca J₁₅ **niścayād dhairyāt** cet.] niścayādvairyyāt B₁B₂N₁₈ ... hasādvairyyāt N₂₁ niścayār dvairyyāt B₃ niścayādvayāt J₄ niścayādvairyyāt J₁₀N₁₇ niścayāddhairyā C₂N₁₆ sāhasāddhairyyāt C₁C₇L₁N₅N₁₁N₁₃N₂₃TüV₅V₁₉VulgYC sāhasādvairyyāt J₁J₃N₂₃ niścīyau-
 dhairyā J₂ niścayau dhairyayā V₂₆ viścalaṃdhairyayā N₁₉ niścayoddhairyyāt N₁ niścayadhairyāt V₁ niścayādhairyāt V₆ niścayātdhairyyāt V₁₁ niścayom dhairyāt V₈ nikhilādhairyā N₂₂ nāhasātd-
 hyairnāt V₂₂ **tattva** cet.] tantra N₁₁ tvagrā V₈ kṛtvā N₂₂ *unm.* ta V₅ **jñānācca darśanāt** cet.] jñānāc ca niścālāt B₁ jñātās ca niścālāt B₃ jñānās ca darśanāt V₁₁ jñānaṃ ca niścālam V₂₆ jñānād viniścayāt C₁C₂C₇L₁N₅N₁₆V₅V₁₉YC jñānāc ca niścayāt C₂J₃J₁₃N₁₁N₁₃N₂₃N₂₃TüVulg jñānādinīś-
 cayāt J₁ jñānāc ca niścālāt N₁ jñānārthadarśanāt B₂J₁₄N₂ jñānāya darśanāt V₂ jñānasya darśanāt J₂N₂₀ jñānā ca darśanāt V₃ nārthadarsanāṅga V₈ jñānānudarśitaṃ N₁₉ jñānā ccāniścājā J₂₁ jñā..
 .aniścayāt V₂₂ **4 janasaṅgaparityāgāt** cet.] janasaṅgaparityāgaḥ V₂₆ janasaṅgaparityāgāḥ N₁₉ janāsaṅgāttathā samyak J₁ janāsaṅgād alaulyāc ca J₁₄ **śaḍbhir** cet.] śaḍbhyo N₁₀ śaḍbhi N₂₂ śaḍ V₈ **yogastu sidhyati** V₁J₁₀J₁₇N₁₀N₁₈V₄V₆] yogaś ca sidhyati B₁C₂J₁₃N₆V₁₁ yogaś ca sid-
 dhati B₃N₁ yoga prasidhyati C₂ yogo prasidhyati N₂₂V₁₉ yogamś ca sidhyati N₁₇ yogaḥ prasidhyati cet. yoga prasiddhati J₂ yogastu prasidhyati V₈ yogaḥ ..sidhyati V₂₂ yyogaḥ prasidhyati N₂₃ yogaḥ prasidhyatiḥ N₂₃

हठस्य प्रथमाङ्गत्वादासनं पूर्वमुच्यते ।
तत्कुर्यादासनं स्थैर्यमारोग्यं चाङ्गपाटवं ।। hp117

वसिष्ठाद्यैश्च मुनिभिर्मत्स्येन्द्राद्यैश्च योगिभिः ।
अङ्गीकृतान्यासनानि कथ्यन्ते कानिचिन्मया ।। hp118

5 जानूवोरन्तरे सम्यक्कृत्वा पादतले उभे ।
ऋजुकायः समासीनः स्वस्तिकं तत्प्रचक्षते ।।
hp119

<ऊरुजङ्घान्तराधाय प्रपदे जानुमध्यते ।>
<योगिनो यदवस्थानं स्वस्तिकं तद्विदुर्बुधाः ।।> vuextrafter19

10 <जङ्घवोरधरे पादयुगलं विनिवेशयेत् ।>
<सुखासनमिदं प्रोक्तं साधकानां सुखावहं ।।> v2extrafter19

1 **atha yamaniyamāḥ**// C₂J₁₅N₁₂] *** cet. 2 **ahiṃsā** B₁B₃C₂C₂C₂J₁₃J₁₅N₅N₁₂N₂₃V₆V₂₆] *** cet. **satyamasteyaṃ** B₁B₃C₂C₂C₂J₁₃J₁₅N₅N₁₂N₂₃V₆V₂₆] *** cet. **brahmacaryaṃ** B₁B₃C₂C₂J₁₃J₁₅N₅N₁₂N₂₃V₆V₂₆] brahmacarya C₂N₅ *** cet. **kṣamā dhṛtiḥ**/ B₁B₃C₂C₂C₂J₁₃J₁₅N₅N₁₂N₂₃V₆V₂₆] *** cet. 3 **dayārjjavamitāhāraḥ** B₁C₂J₁₅N₁₂V₂₆] dayārjamaṃ mitāhāraḥ C₂ dayārjjavamitāhāra V₆ dayārjamaṃ mitāhāra C₂ dayārjjavamitāhārāḥ B₃C₂ dayārjamaṃ mitāhāraḥ J₁₃ dayārjava mitāhārā N₅ dayārjjavamitāhāraḥ N₂₃ *** cet. **śaucaṃ** B₁B₃C₂C₂C₂J₁₃J₁₅N₅N₁₂N₂₃V₆] śaucañ V₂₆ *** cet. **caiva** B₁B₃C₂C₂C₂J₁₃J₁₅N₅N₁₂N₂₃V₆] ceti V₂₆ *** cet. **yamā daśāḥ**// B₁B₃C₂C₂J₁₃J₁₅N₅N₁₂N₂₃] yamā daśaḥ// V₂₆ niyamā daśa// C₂ imā daśā// V₆ *** cet. 5 **tapāḥ santoṣa āstikyaṃ** B₁N₂₃C₂V₆V₂₆] tapāḥ samtoṣam āstikyaṃ C₂C₂N₅N₁₂J₁₅J₁₃ tapāḥ santoṣam āstikya B₃ *** cet. **dānam iśvarapūjanaṃ**/ B₁B₃C₂C₂C₂J₁₃J₁₅N₅N₁₂N₂₃V₆V₂₆] *** cet. 6 **siddhāntaśravaṇaṃ** B₁B₃C₂C₂C₂J₁₃J₁₅N₅N₁₂V₆V₂₆] siddhāntavākyaśravaṇaṃ N₂₃ *** cet. **caiva** B₁B₃C₂C₂C₂J₁₃J₁₅N₅N₁₂N₂₃V₆V₂₆] caivaṃ N₅ cāpi C₂ *** N₂₃ *** cet. **hrīmatiś ca japo hṛtam**// B₁N₂₃] hrīr mmatiś ca japo hutam// V₂₆ hrī matiś ca japo hutam// N₁₂ hrī matī ca japo hutam// C₂N₂₃ hrīr matiś ca japo vratam// C₂ mantaś ca japodgataṃ// B₃ vedāntaśrāvaṇas tathā// N₅ vedāntaśravaṇaṃ tathā// C₂J₁₅ matiś caryā japo hutam// J₁₃ *** cet. 7 **iti daśa niyamāḥ prakīrtitāḥ**// B₃V₆] iti daśa niyamā prakīrtitāḥ// J₁₃ niyamādaśāptaṃ proktādyogasāsravi śāradaih// N₂₃ *** cet.

सव्ये दक्षिणगुल्फं तु पृष्ठपार्श्वे नियोजयेत् ।
दक्षिणेऽपि तथा सव्यं गोमुखं गोमुखं यथा ।। hp120

1 haṭhasya prathamāṅgatvād cet.] haṭhasya pramathamṅgatvād J₁₅ maṭhe ca prathamam sthitvā V₈ **āsanaṃ** cet.] āsana B₂J₄N₂ ānaṣaṃ J₂ **pūrvamucyate** cet.] pūrvam uc-
cyate J₁₇ ca purva sete V₈ pūrvā ucyate J₂ **2 tatkuryādāsanaṃ** cet.] tatkuryādāsana°
B₂N₃N₁₁N₁₆V₂V₃V₁₉YC tatkuryām āsana N₁₈ tatkuryād āsane M₁ kuryāt tad āsanaṃ
B₁B₃C₂C₂C₇J₁₀J₁₃J₁₅J₁₇N₁N₆N₁₀N₁₃N₁₇TüV₄V₆V₂₂Vulg kuryā tadāsanaṃ C₂ kuryād āsanaṃ
J₂ *unm.*stvakuryādāsanaṃ tat V₈ kuryāt tad āsanaṃ V₁₁ **sthairyam** cet.] tasmād
B₁B₃C₂C₂C₇J₁₀J₁₃J₁₅J₁₇N₁N₆N₁₀N₁₇V₆ tasmāt V₁₁ tasyād V₄ asmāt V₈ skairyam V₃ sthairy-
N₂₀ dhairyam N₁₉N₂₂ pūrvam J₂V₂₆ **ārogyam** cet.] ārogyām J₁₅ ārogya N₂₃V₂₂ **pāṭavaṃ**
cet.] lāghavaṃ C₁C₂J₁₄L₁N₅N₆N₁₁N₁₃N₁₇N₂₃N₂₃TüV₆V₈V₂₂VulgYC paṭavaṃ C₂ loghavaṃ
V₁₉ lāghavaṃ V₅ **3 vasiṣṭhādyaiś ca** cet.] vasiṣṭhodyaiś ca N₂₀ vasiṣṭhādyaiś ca N₂₁V₂
vasiṣṭhādhau tu J₂ *unm.*vasiṣṭhādhau V₂₆ **munibhir matsyendrā** cet.] munibhir mmatsyendrā
N₁₇V₃ munibhi motsyendrā J₄ munibhir martyendrā M₁^{alt} munibhir matsendrā J₂N₁₀ munib-
hiḥ matsendrā N₂₂ munibhimachendrā V₅ munibhimatsyendrā V₆V₁₁ **dyaiś ca** cet.] yaiś ca
N₁₉N₂₃ **4 aṅgīkṛtā** cet.] aṅgīkṛtvā N₁N₂ aṅgīkṛtyā J₁₇ aṅgīkṛtā N₁₇ aṅgīkṛtām N₂₀ aṅgīkṛta
V₈ **nyāsanāni** cet.] nyāsanāniḥ N₂₃ nyāsanāni V₅ **kathyante** cet.] likhyante V₁ vakṣyante
C₁C₂C₇J₃L₁N₅N₁₁N₁₆N₂₃V₅V₁₉YC vakṣante V₈ katthyente N₁₇ kathyate N₁₈N₂₂ **kānicinmayā**
cet.] kānicinmayam V₈ **5 jānūr vorantare** cet.] jānūr voramtare N₅N₁₇N₂₃V₈ jānvor abhyantare
N₁₁ jānubhyāmmamtare J₄ jānūdyoramtare N₁₈ jānūrvvorantare V₃ janvoghairitare J₂ jānūr vo-
rantaram N₂₃V₁₁ jānūvairitare V₅ jānūrūvairitare V₂₂ **samyak kṛtvā** cet.] kṛtvā samyak N₂₂
*unm.*samyag akṛtvā V₄ **pādatale ubhe** cet.] pāde tale ubhe Tü pādatalāv ubhau B₁B₂C₂J₁₃
pādāvubhau ṛju J₄ pādātalau ubhau N₂₂ pādātale śubhe N₂₃ pādataler ubhe N₂₃ *unm.*pādatalpanam
ubhe V₅ *unm.*pādātales ca ubhe V₈ **6 ṛjukāyaḥ** cet.] ṛjukāya B₁N₂J₁J₂J₁₃J₁₅V₁V₁₁Vulg
daṇḍakāya N₅ samakāyaḥ J₄ ṛjuḥ kāya V₃ rajuh kāya V₈ rujukāya N₁₀ ṛtyukāya N₂₂ **samāsīnaḥ**
cet.] samāsīta M₁ samāsīnam V₃ samāsīna J₂N₂₂ sukhāsīnaḥ J₁₄ **svastikaṃ** cet.] svastekaṃ N₂₀
*unm.*svayastikaṃ V₈ **tat** cet.] ca J₄N₂₃ **pracakṣate** cet.] pracakṣyate N₁₀N₁₂N₁₉N₂₃V₁₁V₂₆
prayachate C₂ pravakṣyate J₁ tracakṣyate N₂₂ **8 ūrujaṅghāntarādhāya prapade jānumadhy-**
ate/ Vulg] *** cet. **9 yogino yadavasthānaṃ svastikaṃ tadvidurbudhāḥ//** Vulg] *** cet.
10 jaṅghorvoradhare pādayugalaṃ viniveśayet/ V₂] *** cet. **11 sukhāsanamidam proktaṃ**
sādhakānām sukhāvaham// V₂] *** cet.