

What is Sawm?

Sawm is the Arabic term used to describe the act of fasting. Passed the age of puberty, Muslims are required to fast during the month of [Ramadan](#), which entails abstaining from food, drink, sexual relations and displeasing speech and behaviour from sunrise until sunset.

Why is Sawm important?

The month of Ramadan is the ninth month of the Islamic calendar, and includes the night in which the holy Qur'an was first revealed to mankind, known as **Laylat al-Qadr** (the night of decree). The month of Ramadan therefore marks an important moment for mankind and requires special devotion from Muslims.

"It was in the month of Ramadan that the Quran was revealed as guidance for mankind, clear messages giving guidance and distinguishing between right and wrong. So, any one of you who is present that month should fast, and anyone who is ill or on a journey should make up for the lost days by fasting on other days later. God wants ease for you, not hardship. He wants you to complete the prescribed period and to glorify Him for having guided you, so that you may be thankful." (Qur'an | 2:185)

Year	Weekday	Date	Name	Holiday Type
2022	Mon	2 May	Eid al-Fitr	Public Holiday
2022	Tue	3 May	Eid al-Fitr observed	Public Holiday
2023	Sat	22 Apr	Eid al-Fitr (Tentative Date)	Public Holiday
2023	Mon	24 Apr	Eid al-Fitr observed (Tentative Date)	Public Holiday
2024	Wed	10 Apr	Eid al-Fitr (Tentative Date)	Public Holiday
2025	Mon	31 Mar	Eid al-Fitr (Tentative Date)	Public Holiday

Year	Weekday	Date	Name	Holiday Type
2026	Fri	20 Mar	Eid al-Fitr (Tentative Date)	Public Holiday
2027	Wed	10 Mar	Eid al-Fitr (Tentative Date)	Public Holiday