

the Sketchnote WORKBOOK

SKETCHNOTE WORKSHEETS & CHALLENGES

I've collected all of the worksheets and challenges from *The Sketchnote Workbook* in packets by chapter so they're easy for you to review or print out and use.

SHARE YOUR WORK!

I would love to see your work on these worksheets and challenges. There are two places you can share your sketchnotes:

THE FLICKR GROUP

The Sketchnote Handbook & *The Sketchnote Workbook* Flickr group provides a place to share your sketchnotes, from worksheets and challenges to samples of your own independent sketchnote work:

→ [flickr.com/groups/thesketchnotehandbook](https://www.flickr.com/groups/thesketchnotehandbook)

SKETCHNOTE ARMY

The Sketchnote Army is a website dedicated to finding and showcasing the sketchnote work of people from around the world. Submit your work!

→ sketchnotearmy.com

Remember, focus on doing experiments, NOT completing assignments! Sketchnoting is a learning practice that improves over time—a journey. Have fun with it!

Mike



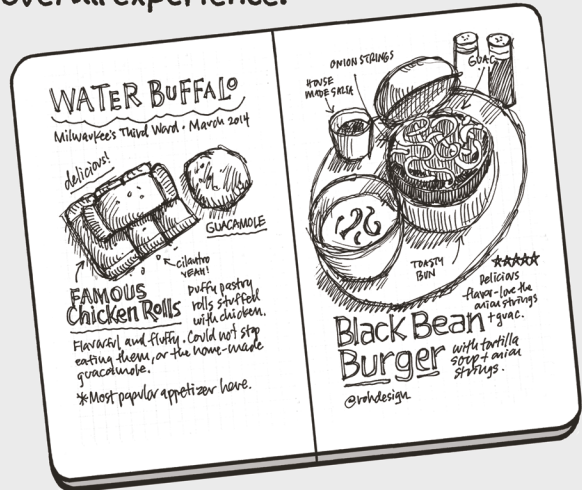
CHALLENGE 7.1

SKETCHNOTE A MEAL AT A RESTAURANT

Choose something unusual or different. Take photos for reference; enjoy the food, taking notes as you eat. At the end of the meal, sum up your thoughts, using photos and your notes to sketchnote the meal. Add comments around the drawing of the tastes, environment, people, and your overall experience.

QUESTIONS

How did knowing you would sketchnote your meal change your appreciation of the details? Did it amplify them? Did you slow down more than usual? How much detail can you remember from your food sketchnote a week later? A month later?



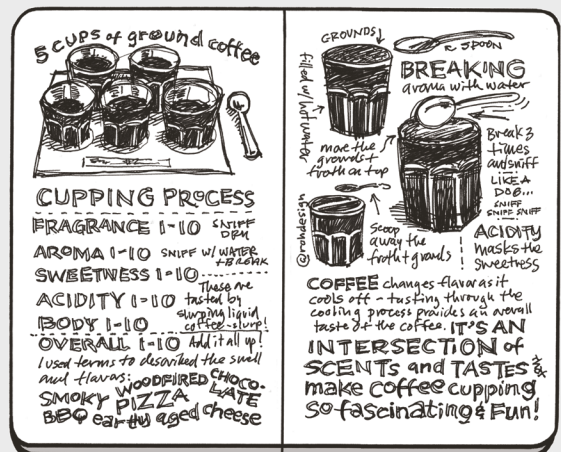
CHALLENGE 7.2

SKETCHNOTE A TASTING EXPERIENCE

Taste different variations of a favorite food or drink and then sketchnote your observations. Ideas for food: a selection of cheeses, Chinese dim sum, or Spanish tapas. For drinks: a variety of coffees, teas, wines, or beers. Eat or drink each sample, take photos and notes, and then create a series of individual or grouped sketchnotes to document the experience.

QUESTIONS





Did sketchnoting a series of foods or drinks provide different insights about them? Were you able to pinpoint a favorite food or drink through the tasting process?





ICONS FOR FOOD

In the grid below, use squares, circles, triangles, lines, and dots to create icons for each word related to food and eating. Skip ahead if you get stuck. The last row is blank so you can create your own icons.

APPETIZER 	DRINK 	SALAD 	BREAD 
WINE	SUSHI	STEAK	LOBSTER
SODA	PIZZA	TACO	CHEESESTEAK
BURGER	NOODLES	MEATBALLS	PHO