



IoT wireless connections...  
...and IoT devices in healthcare 😷

# Agenda and goals



1 What is IoT

5 Application arenas

2 Devices and protocols

Healthcare and Data Analysis

3 WiFi & Bluetooth (+Challenges)

6 Security Issues

4 System architectures

7 Conclusions

# What is IoT ?

- 1 Network of dedicated physical objects ...
- 2 Contains embedded technology (various sensors)
  - To act, to sense, to communicate, to analyze ...
- 3 Ecosystem with various objects, communications, apps and data analysis
- 4 Vast potential in healthcare (for both patients and )



# Devices and protocols



1 Apple Watch (for a vast number of measures)

2 Smart inhalers

3 Remote patient monitors

4 Connected glucometers

1 WiFi, based on IEEE 802.11 standard

2 Bluetooth, named after the king of Denmark



# WiFi & Bluetooth

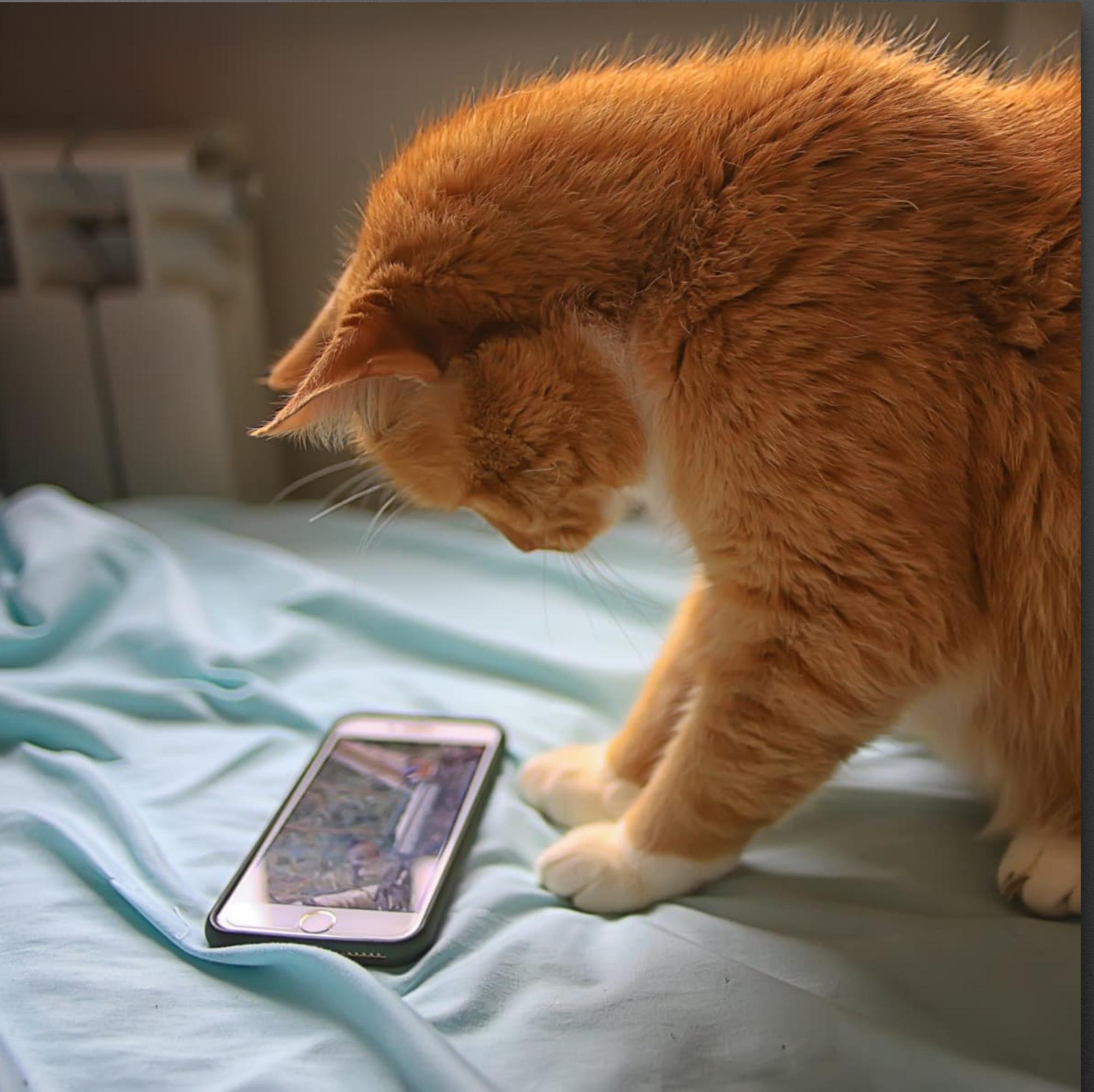


- WiFi
  - 1 natively integrated with the TCP/IP stack
  - 2 ISM 2.4-GHz band
  - 3 5 GHz is mainly used in enterprise applications
  - 4 802.11: spectrum divided into channels
  - 5 802.11: passive/active scanning
  - 6 Fingerprinting ↗
- Bluetooth
  - 1 Less than 10 m diameter
  - 3 No infrastructure
  - 2 2.4-2.5 GHz ISM radio band, up to 3 Mbps
  - 4 Time Division Multiplexing (TDM): 625 µsec slot



# WiFi & Bluetooth Challenges 😢

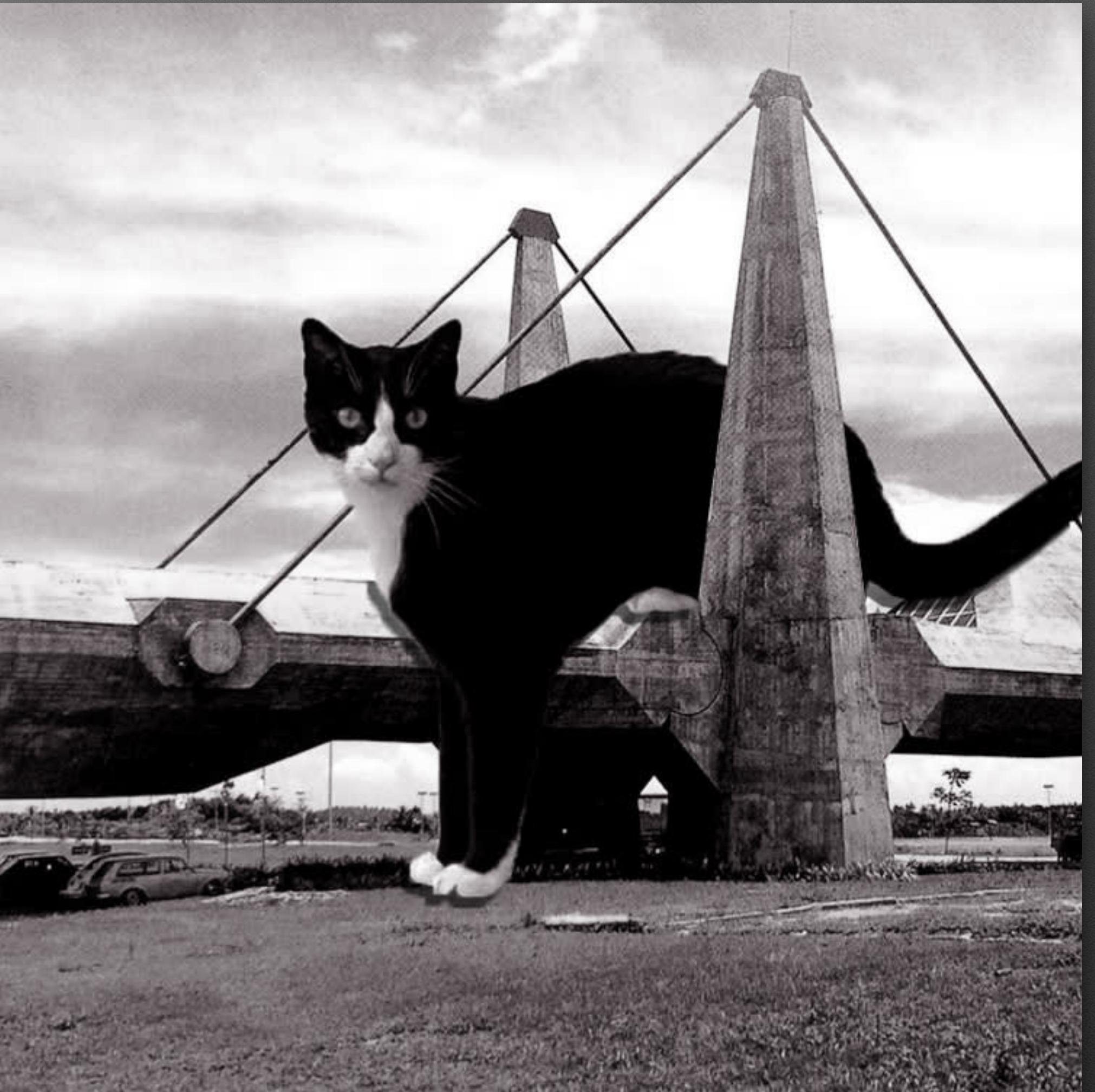
- 1 Power Consumption
- 2 Range & Scalability
- 3 Interoperability
- 4 Interferences
- 5 Active Attacks
- 6 Denial-of-Service (DoS) Attacks
- 7 Man-in-the-Middle (MitM) Attacks
- 8 Botnet Formation
- 9 Data Privacy Concerns
- 10 Lack of Standardization



# System architectures



- 1 Network Layer
- 2 Perception Layer
- 3 Data Processing Layer
- [...]
- 4 Centralized
- 5 Decentralized



# Application arenas



- 1 Complementary roles (WiFi and bluetooth)
- 2 Improving user experience
- 3 Smart Buildings (homes, hospitals, offices, etc)
- 4 Connected Healthcare
- 5 Industrial Automation
- 6 Asset Tracking:
  - WiFi can track assets across buildings or warehouses, while Bluetooth can be used for high-precision indoor tracking or locating specific tools within a production area)

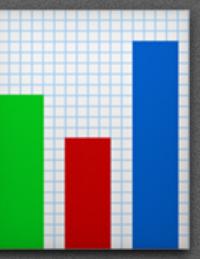


# Healthcare 😷

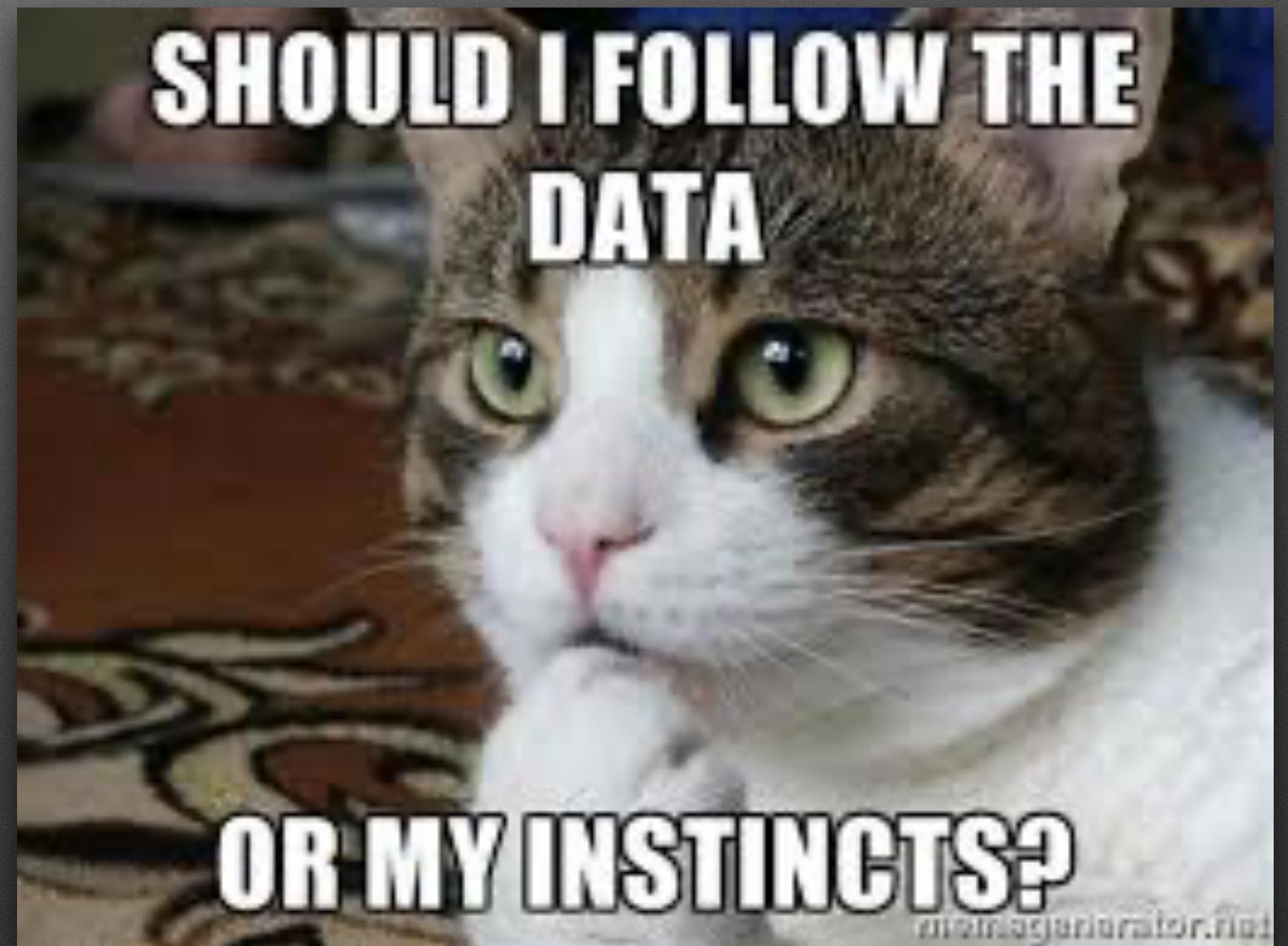
- 1 Remote Patient Monitoring
- 2 Large Data Transfer
- 3 Cloud Connectivity
- 4 Chronic Disease Management
- 5 Telemedicine
- 6 Security is Paramount



# Data analysis in healthcare



- 1 Real-time Insights**
- 2 Predictive Analytics**
- 3 Chronic Disease Management**
- 4 Clinical Research and Development**
  - Importance of Wireless Connections:
    - 1 Convenience and Comfort**
    - 2 Scalability and Flexibility**
    - 3 Remote Access and Monitoring**



# Security issues



- 1 Increased Attack Surface (proliferation of devices)
- 2 Most devices are vulnerable
- 3 Healthcare data sensitivity
- 4 Insecure Network Connections
- 5 Limited Updates and Patching
- 6 Disrupted Care Delivery

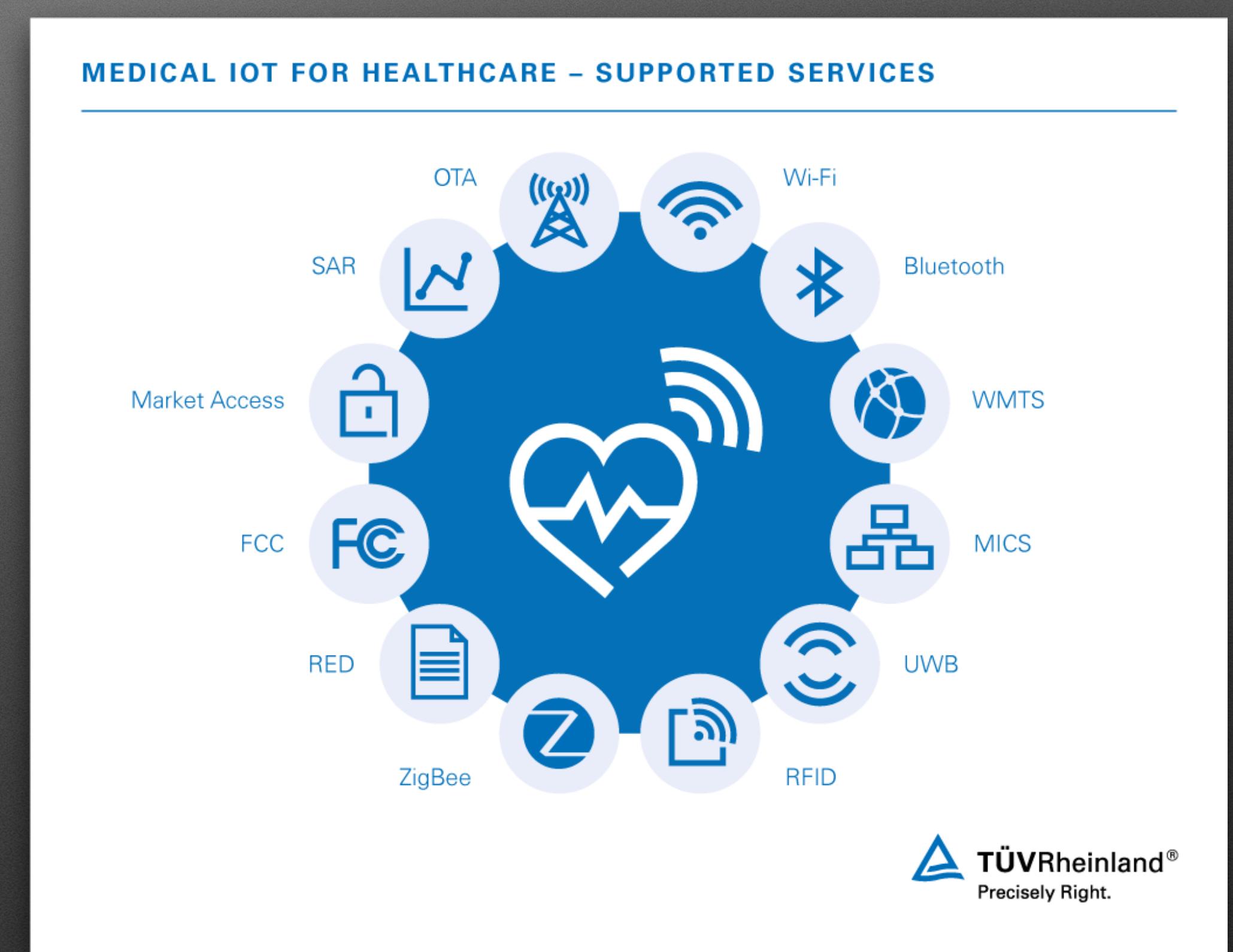


# Conclusions

END

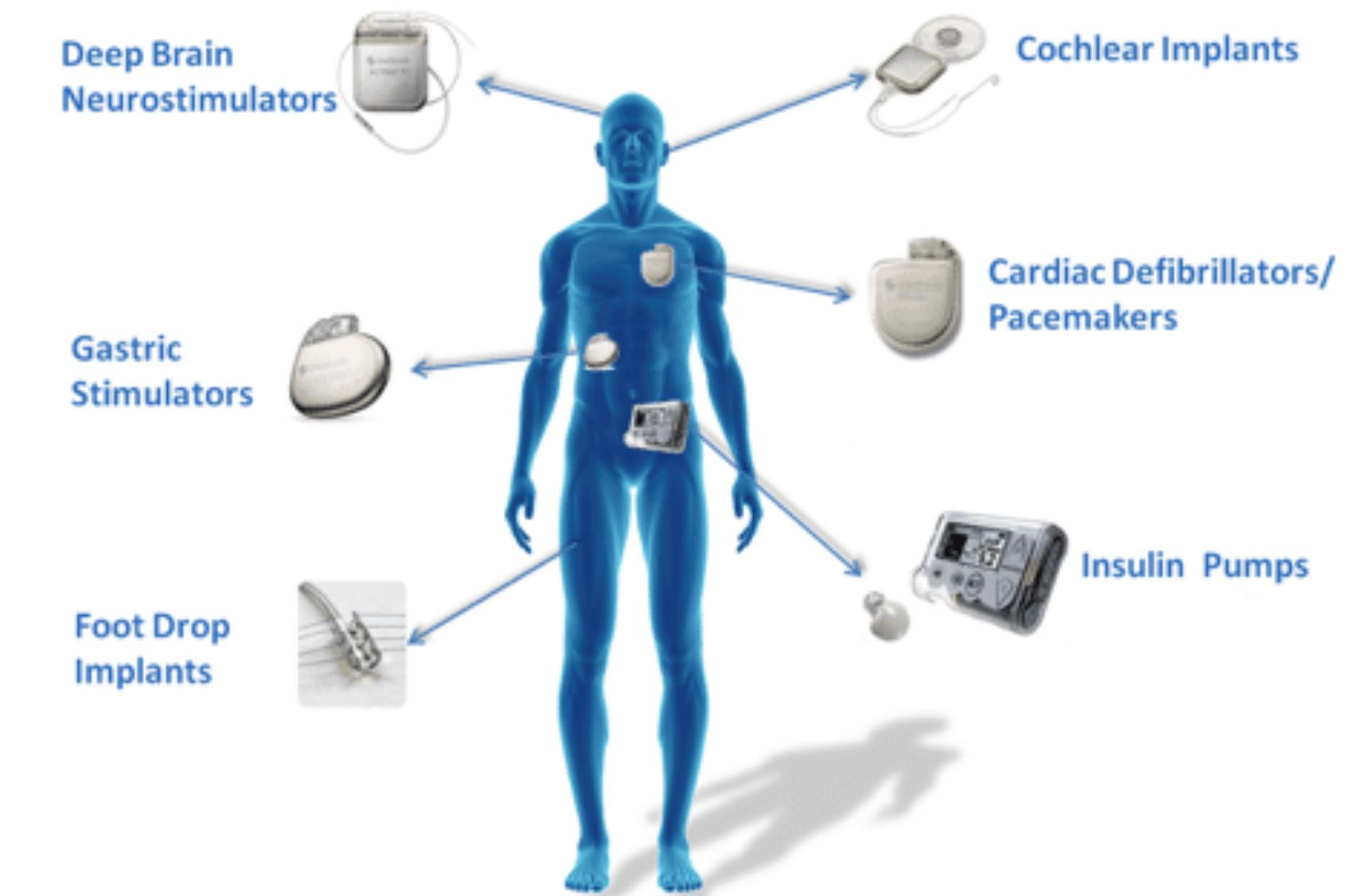
*Wireless connections like WiFi and Bluetooth will play an even greater and vital role in the future of transformation of healthcare through IoT.*

- 1 Enhanced Patient Care**
- 2 Chronic Disease Management**
- 3 Remote Patient Monitoring**
- 4 Data-driven Insights and Approach**





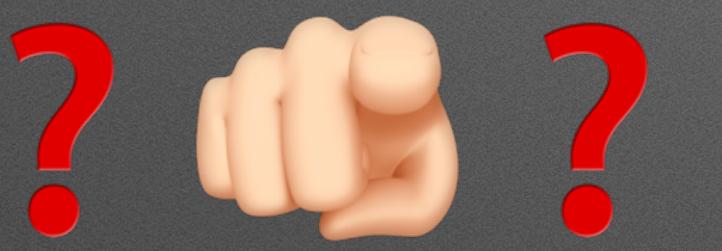
## WIRELESS IMPLANTABLE MEDICAL DEVICES





Thanks for the attention!





Time for questions!

