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Converting dBm to dBuV in a 50 Ohm System

Value in dBm + 107dB = Value in dBuV

Equations and Sample Calculations:

Convert power in dBm (PdBm) to power in milliwatts (PmW) via the equation:

- $P_{dBm} = 10 \cdot \log(P_{mW} / 10)$
- e.g. for $P_{dBm} = -20dBm$, then $P_{mW} = 10^{(-20/10)} = 0.01mW$

Convert power in milliwatts (PmW) to power in watts (PW) via the equation:

- $PW = P_{mW} / 1000$
- e.g. for $P_{mW} = 0.01mW$, then $PW = 0.01/1000 = 0.00001$

Convert power in watts to voltage RMS (VRms) via the equation:

- $VR_{ms} = \sqrt{Power\ Watts \cdot System\ Z_0}$ where $System\ Z_0 = 50\ Ohms$
- e.g. for $PW = 0.00001W$, then $VR_{ms} = \sqrt{0.00001 \cdot 50} = 0.02236$

Convert VRms to Power in dBuV (PdBuV) via the equation:

- $P_{dBuV} = 20 \cdot \log(VR_{ms} / 1\mu V)$
- e.g. for $VR_{ms} = 0.02236$, then $P_{dBuV} = 20 \cdot \log(0.02236 / 1E-6) = 86.99dBuV$

Therefore, in a 50 Ohm System, $-20dBm = 86.99\ dBuV$, or equivalently $P_{dBuV} = P_{dBm} + 107$

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