GamePlan:

"A goal without a plan is just a wish"

You need to write down on paper every part of your trading plan before you start trading. Your trading plan should include:

- Description of strategy
- •Hold time
- Entry signals
- Exit signals
- Position sizing
- Max loss
- Stock selection
- •Bail-out indications

There are 2 main reasons why you need a trading plan. For one, you need to stay consistent in what you are doing. In doing so you are to exploit the edge you have created. The second and more important reason is that once you enter a trade your emotions take over and your brain rationaliz reasons for you to do things that aren't part of your plan. You will be better able to not deviate from your plan if it's written down, if it's in front of you while you trade and if you read it often.

Trading plan template

Gamplan	
Strategy	name of strategy
Style	day-trading, swing trading, investing
Туре	momentum, mean-reversion, event driven
Holding period	min to max holding time
Stock selection	fundamental & technical criterias for eligibility
Entry signal	set of criterias to triger entry
Entry style	Aggressive, Passive scaling methodology (1 entry, scaling in, scaling out)
Take profit signal	when to take profits
take profit style	market order, limit order, combination
Position sizing	max position
Stop Loss	price point for exit
Take Loss style	Aggressive, Passive
Bail-out indicators	things that can happen that cause you to just get out