

Submitted by:

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Planned Products for MCO2 - Hotpot	
I. ITEMS SOLD INDIVIDUALLY	
Item name	Calories
Sichuan Hot Pot	635
Shabu-Shabu Hot Pot	455
Tom Yum Hot Pot	220
Korean Army Stew (Budae Jjigae)	595
Mongolian Hot Pot	645
Vietnamese Hot Pot (Lẩu)	530

II. CUSTOMIZABLE ITEMS	
Item name	Calories
Soup Base: Spicy, Clear, Miso	
Meat: Beef or Pork	200 250
Seafood: Shrimp, Fish, Squid	100 150 80
Tofu	80
Mushrooms	20
Vegetables: Cabbage, Spinach	15 20
Fish Balls	80

Noodles	180
Lemon Grass	10
Thai Chilies	5
Spam	200
Sausage	180
Kimchi	50
Rice Vermicelli	220
<i>Fresh Herbs: Mint, Basil</i>	10 10