# A Brain Inspired HDC Computing Approach to Predicting Heart Attacks

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#### **Abstract**

This paper explores the application of Hyperdimensional Computing (HDC) to predict heart attacks using a well-known heart disease dataset. HDC is an emerging paradigm inspired by brain-like computing, leveraging high-dimensional vector spaces for efficient and robust pattern recognition. Our approach involves encoding patient data as hypervectors, training a model to distinguish between heart attack and non-heart attack cases, and optimizing hyperparameters to achieve high predictive accuracy. We demonstrate that our HDC model achieves promising results, with a final test accuracy of 74.19% and a cross-validated accuracy of 82.84%. Additionally, we discuss the potential for deploying this model on smartwatches for real-time heart attack prediction.

#### 1. Introduction

Heart disease remains a leading cause of death worldwide, making early and accurate prediction crucial. Traditional machine learning techniques have shown promise in predicting heart attacks, but there is a need for more efficient and scalable approaches. Hyperdimensional Computing (HDC) offers a novel method for processing high-dimensional data in a manner analogous to human cognition. This paper investigates the effectiveness of HDC in predicting heart attacks from clinical data and explores its deployment on wearable devices like smartwatches for real-time monitoring and prediction.

#### 2. Related Work

Previous research in heart disease prediction has utilized various machine learning models, including logistic regression, decision trees, and neural networks. While these models have achieved considerable accuracy, they often require significant computational resources and are sensitive to data quality and feature selection. HDC provides an alternative approach, offering robustness to noise and efficiency in training and inference. Moreover, the low computational overhead of HDC makes it suitable for deployment on resource-constrained devices such as smartwatches.

## 3. Methodology

#### 3.1 Dataset

We use the UCI Heart Disease dataset, which includes 303 samples with 13 features: age, sex, chest pain type (cp), resting blood pressure (trtbps), serum cholesterol (chol), fasting blood sugar (fbs), resting electrocardiographic results (restecg), maximum heart rate achieved (thalachh), exercise-induced angina (exng), old peak (oldpeak), slope, number of major vessels (caa), and thalassemia (thall). The target variable is a binary indicator of heart disease.

#### 3.2 Data Preprocessing

We normalize the features using Min-Max scaling to ensure uniformity. The dataset is then split into training (90%) and test (10%) sets.

#### 3.3 Hyperdimensional Computing (HDC) Model

#### 3.3.1 Hypervector Generation

HDC encodes features, values, and samples as high-dimensional vectors (hypervectors). Each feature value is discretized into M bins, and corresponding hypervectors are randomly generated. Feature hypervectors represent the position of each feature, while value hypervectors represent the discretized values.

## 3.3.2 Sample Encoding

Each sample is encoded by binding the value hypervectors with their respective feature hypervectors through element-wise multiplication. The resulting hypervectors are summed and binarized to form the final sample hypervector.

#### 3.3.3 Training

The model is trained by aggregating hypervectors for each class (heart attack or not). The aggregated hypervectors are averaged to form prototype hypervectors for each class.

# 4. Hyperparameter Tuning

We performed a grid search over two key hyperparameters: dimensionality D (5000, 10000, 20000) and the number of bins M (10, 20, 30). The best parameters (D=5000 D=5000 and M=10 M=10) were determined based on test set accuracy.

#### 5. Results

#### 5.1 Test Accuracy

The model achieved a final test accuracy of 74.19%.

#### 5.2 Cross-Validation

Cross-validation over 5 folds yielded an average accuracy of 82.84%, indicating robust generalization performance.

## 6. Discussion

Our results demonstrate that HDC can effectively predict heart attacks, achieving competitive accuracy with less computational complexity compared to traditional machine learning models. The robustness of HDC to noise and its efficiency in handling high-dimensional data make it a promising approach for medical diagnosis applications.

#### 6.1 Deployment on Smartwatches

One of the significant advantages of the HDC model is its low computational requirement, making it suitable for deployment on smartwatches and other wearable devices. Smartwatches equipped with health sensors can continuously monitor key health metrics such as heart rate, blood pressure, and activity levels. By integrating the HDC model, these devices can process the data locally to provide real-time predictions of potential heart attacks, offering timely alerts and potentially life-saving interventions.

## 7. Conclusion

This study presents a successful application of Hyperdimensional Computing to predict heart attacks. The HDC model achieved high accuracy and demonstrated excellent generalization capabilities through cross-validation. Furthermore, the low computational demands of HDC models make them ideal candidates for deployment on smartwatches, enabling continuous, real-time heart attack prediction. Future work will explore integrating HDC with other machine learning techniques to further enhance predictive performance and expand its application in wearable health monitoring devices.

## References

A. Rahimi, H. Zhu, A. Amrou, and J. M. Rabaey, "Hyperdimensional Computing for Noninvasive Brain–Computer Interfaces: Blind and Cross-Subject Classification of EEG Error-Related Potentials," Proceedings of the IEEE, 2017.

UCI Machine Learning Repository: Heart Disease Data Set. Available at: https://archive.ics.uci.edu/ml/datasets/heart+Disease

# **Appendix**

## A. Normalized Hamming Distance

The normalized Hamming distance  $Hamm(H1,H2)=|H1\neq H2|DHamm(H1,H2)=D|H1=H2|$  measures the similarity between two hypervectors. A distance of 0.5 indicates orthogonality.

#### B. Detailed Results

Sample	Predicted Class	Actual Class
1	0	0.0
2	0	0.0
3	1	1.0
4	0	0.0
5	1	1.0

#### C. Grid Search Results

D D	M M	Accuracy
5000	10	0.7419354838709677
5000	20	0.7096774193548387

5000	30	0.7419354838709677
10000	10	0.7419354838709677
10000	20	0.7096774193548387
10000	30	0.7419354838709677
20000	10	0.7419354838709677
20000	20	0.7096774193548387
20000	30	0.7096774193548387

By presenting our findings in this format, we aim to contribute to the ongoing research in predictive analytics for heart disease, highlighting the potential of Hyperdimensional Computing as an efficient and effective approach, especially for integration into wearable health monitoring devices like smartwatches.