



Saint Nicholas'

Parish of Carrickfergus & Whitehead

www.carrickparish.org



Our Lady of Lourdes

24th May 2020

The Ascension of the Lord

Cycle A Week 3

Fr. Peter Owens PP,VF

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Mass on the Parish Website

Fr. Peter will celebrate Sunday Mass for the

The Ascension of the Lord

from St. Nicholas' Church

Please check the Website on the day.

Requiescant in Pace



Recently Deceased

Maisie Hutton,
Sheila O'Neill

Anniversaries

Freda Grant (1st Anniv.),
Dominic O'Donnell
Pat Barry

*Eternal rest grant unto them,
O Lord, and let perpetual
light shine upon them.
May they rest in peace.
Amen*

**Bulletin Notices to be
submitted to the
parish email address
by 12 noon Wed**

'Over the coming weeks, some of the Pastoral Council, will call by, with as many parishioners as possible, as a way of reaching out to more of our parish family.'

PRAYER FOR SPIRITUAL COMMUNION:

My Jesus,
I believe that You
Are present in the Most Holy Sacrament.
I love You above all things
And I desire to receive You into my soul.
Since I cannot at this moment
Receive You sacramentally,
Come at least spiritually into my heart.
I embrace you as if You were already there
And unite myself wholly to You.
Never permit me to be separated from You.
Amen.

Prayer for a pandemic.

May we who are merely inconvenienced, remember those whose lives are at stake.
May we who have no risk factors, remember those most vulnerable.
May we who have the luxury of working from home, remember those who must choose between preserving their health or making their rent.
May we who have the flexibility to care for our children when their schools close, remember those who have no options.
May we who have to cancel our trips, remember those that have no safe place to go.
May we who are losing our margin money in the tumult of the economic market, remember those who have no margin at all.
May we who settle in for a quarantine at home, remember those who have no home.
As fear grips our country, let us choose love.
During this time when we cannot physically wrap our arms around each other, let us yet find ways to be the loving embrace of God to our neighbours.
Amen.

Cell Chat To access the group chat forum on WhatsApp, please text Jim Mullan on 07841 428436, leaving your phone number and name.

Mass Cards

Normally I am unwilling to pre-sign Mass Cards as I believe such a practice can easily encourage a certain 'commercial' mentality around requesting Masses to be offered for specific intentions. However, under the extraordinary circumstances, regarding the Coronavirus (COVID19) Pandemic, I am prepared to make pre-signed Mass Cards available for the convenience of parishioners. I do so on the understanding that once we return to more 'normal' circumstances, these cards will be withdrawn immediately. Pre-signed Mass Cards can be obtained from Patrick Quinn and Siobhan Gilmore (Carrickfergus) and Mary McCormack and Paddy & Gerardine Stewart (Whitehead). They will record the intention requested and communicate it to me as soon as possible.

Father Peter

PPC Appeal

" Hi all, the Covid-19 pandemic is the biggest challenge the Parish has faced in a generation. As we go through this together we, your PPC, would like to record your experiences .

If you have any photos or video clips of the last few weeks, we would love you to send them to us for a visual archive. Whether they show Parishioners resting, laughing or crying, we want you to share them with us.

If you have anything please send by email to.. Carrickfergus@downandconnor.org Thank you "

PARISH SAFEGUARDING COMMITTEE

It's Mental Health Awareness Week, with people encouraged to celebrate kindness. The theme of the national initiative, which is hosted by the Mental Health Foundation, is that kindness matters.

Safeguarding in our parish is a collective responsibility that we all have to protect the health and well-being of our children, adults at risk and our wider parish community. This week our message is a reminder about the power of genuinely caring and supporting others.

Too often we underestimate
the power of a touch, a
smile, a kind word, a
listening ear, an honest
compliment, or the smallest
act of caring, all of which
have the potential to turn a
life around.

Leo Buscaglia

This Week

Sun

Ascension of the Lord

Mon

St. Bede the Venerable,
Priest

St. Mary Magdalen of
Pazzi

St. Gregory VII, Pope

Tues

St. Philip Neri, Priest

Wed

St. Augustine of
Canterbury, Bishop

Sat

St. Joan of Arc

St. Mary, Star of the Sea, Whitehouse
<https://www.loughshoreparishes.org/webcam/>

St. Bernard's, Glengormley
<https://www.churchservices.tv/glengormley/>