



Saint Nicholas'

Parish of Carrickfergus & Whitehead

www.carrickparish.org



Our Lady of Lourdes

12th July 2020

15th Sunday of the Year Cycle A Week 3

Fr. Peter Owens PP,VF

Parochial House,
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Mount St. Nicholas,
Carrickfergus

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**Bulletin Notices to be
submitted to the
parish email address
by 12 noon Wed**

Requiescant in Pace



Recently Deceased

Theresa Millar,
Michael Rumanick (Canada)

Anniversaries

Tommy Glanville
*Eternal rest grant unto them,
O Lord, and let perpetual light
shine upon them.
May they rest in peace.
Amen*

Lough Derg Lakeshore and
Ancient Pilgrim Path reopens for
visitors. Walk & Pray the
Ancient Pilgrim Path with the
Prior on Saturday 18th & Sunday
19th July. Guided Contemplative
Walk begins at noon. Approx.
4hr, 12k moderate loop.
Booking essential, full details
www.loughderg.org or email
info@loughderg.org

Mass on the Parish Website

Fr. Peter will celebrate Sunday Mass for

15th Sunday of the Year from Our Lady of Lourdes, Whitehead

Resumption of Sunday Mass

Following further communication from the ecclesiastical and civil authorities, the Parish Pastoral Council and Covid 19 Parish Support Team have been working with Father Peter to ensure a safe return to the public celebration of Mass in Carrickfergus and Whitehead.

Very stringent risk assessments have been completed at the request of the Diocesan Office and the situation will be under review. The object of all these efforts by our team of volunteers is to provide a safe environment for our parishioners to attend Mass together and, despite the strictures of social distancing and hygiene control, feel comfortable and at ease in the sacred spaces of both our churches.

Public Mass will resume on Sunday 2nd August at 9.30am in Whitehead and 11.30am in Carrickfergus, with a third Mass being recorded privately every week for those who continue to shield.

Numbers attending will be determined by the diocesan requirement of 2 metres social distancing.

The PPC has discussed at length the most feasible and fairest method of inviting which parishioners to attend which Masses – please follow the Parish Website, Facebook Page and weekly Bulletin over coming weeks. It will not be possible for everyone to attend Mass every Sunday, but additional Masses will be celebrated, if required, to enable everyone to attend Mass at least once a month.

Permission has been granted for 'Sunday Mass' to be celebrated on weekdays, if expedient.

All these regulations demand patience, cooperation and a sense of social responsibility, as well as Christian fraternity, from all of us.

While Father Peter and the PPC look forward to seeing as many parishioners as possible back at the public celebration of Mass, we would emphasize that no one should feel obligated to attend, and indeed anyone who is feeling unwell definitely should not attend.

Now, as never before, we are called to have a care for one another as a parish family.

Mary McCormack (Chair of Parish Pastoral Council)

PARISH SAFEGUARDING COMMITTEE

The Safeguarding Board for Northern Ireland is concerned about the drop in referrals to social services and police about children who may be experiencing harm.

If you are concerned about risk to a child or young person, please contact Social Services, @PoliceServiceNI @NSPCCNI Helpline.

It is important that we all stay vigilant to keep everyone safe.

Child protection services are open during COVID-19

Trust Gateway Services

Belfast Health and Social Care Trust - 02890 507000
South Eastern Health and Social Care Trust - 03001000300
Northern Health and Social Care Trust - 03001234333
Southern Health and Social Care Trust - 08007837745
Western Health and Social Care Trust - 02871 314090

NSPCC

08088005000 or help@nspcc.org.uk

In an emergency contact Police on 999



Find out more at: www.safeguardingni.org



PPC Appeal

The Covid-19 pandemic is the biggest challenge the

Parish has faced in a generation. As we go through this together we, would like to record your experiences. If you have any photos or video clips of the last few weeks, we would love you to send them to us for a visual archive, please send to

Carrickfergus@downandcounor.org Thank you.

Church opening times for private individual prayer

Carrickfergus & Whitehead
Every Sundays from 4pm to 6pm

All visitors must strictly observe the social distancing regulations and good hygienic practices outlined at the Church entrances.

Anyone who is unwell; exhibits symptoms of Covid-19 or who are at increased risk from the virus, and/or have been advised to shield, should remain at home.

Members of the Pastoral Council will be present to provide direction and ensure compliance with the required arrangements.

- ♦ There is a one-way system in operation with appropriate signage.
- ♦ Visitors will be asked to use an antibacterial wipe to clean their seat, before sitting and upon leaving.
- ♦ To minimise the risk to visitors and cleaners, toilet facilities will not be accessible while the church is open.

PRAYER FOR SPIRITUAL COMMUNION:

My Jesus, I believe that You are present in the
Most Holy Sacrament.

I love You above all things and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.

I embrace you as if You were already there and
unite myself wholly to You.

Never permit me to be separated from You. Amen.

This Coming Week

13th-19th July

Mon

St. Henry

Tues

St. Camillus de Lellis,
Priest

Wed

St. Bonaventure, Bishop
St Swithin's Day

Thurs

Our Lady of Mount
Carmel

Sun

16th Sunday of the Year

Puzzler

*Just when you think
you can make
ends meet at last,
somebody moves the ends.*

Contact Details for various **Helplines** can be found on the Parish Website.

Mass at St. Mary, Star of the Sea, Whitehouse

<https://www.loughshoreparishes.org/webcam/>

Mass at St. Bernard's, Glengormley

<https://www.churchservices.tv/glengormley/>