



Saint Nicholas'

Parish of Carrickfergus & Whitehead

www.carrickparish.org



Our Lady of Lourdes

2nd August 2020

18th Sunday of the Year Cycle A Week 2

Fr. Peter Owens PP,VF

Parochial House,
8 Minorca Place,
Mount St. Nicholas,
Carrickfergus
Co. Antrim, BT38 8AU
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Email:
carrickfergus@downandconnor.org

Website:
www.carrickparish.org

Bulletin Notices to be submitted to the parish email address by 12 noon Wed

Requiescant in Pace



Anniversaries

Oliver Wilson,
Margaret Gill (1st Anniv.)
Terence (Terry)
McMagnus

*Eternal rest grant unto them,
O Lord, and let perpetual
light shine upon them.
May they rest in peace.
Amen*

We remind you that a recorded Mass is available which can be viewed on the parish website
www.carrickparish.org
every week.

Returning to the Public Celebration of Mass

The Parish has taken significant steps to make the Church ready for the public celebration of Mass in the light of Covid-19. We ask you to be patient and understanding as we implement all the public health requirements.

Anyone who is unwell; exhibits symptoms of Covid-19 or who are at increased risk from the virus, should remain at home.

To comply with 2 metre social distancing requirements, and to ensure your safety; the churches will be able to accommodate the following numbers.

'Mount St Nicholas' has a capacity for 38 individuals/household units.

'Our Lady of Lourdes' has a capacity for 15 individuals/household units.

Important points to note when attending mass:

- ◆ Please hand sanitise, on entering and exiting the Church. Sanitising dispensers are located at the entrance doors.
- ◆ Avoid touching all door handles or hard surfaces. Doors will be kept open at all times to ensure ventilation in the church.
- ◆ There will be a one-way system in place and two metre distancing will be strictly adhered to at all times.
- ◆ Stewards will be present to show you to your seat. Seats are marked with an indicator where you can sit.
- ◆ Stewards will guide the congregation's movements at Holy Communion and while in the Church.
- ◆ Face coverings are advisable for everyone attending. Please remove your facemask before approaching the priest for Holy Communion.
- ◆ Weekly Collection Envelopes can be put in the marked Collection Box as you enter the Church.

We would like to invite those with Surnames in the following alphabet order to Mass on the assigned Sundays in the month of August.

(If people come in a shared car, the Driver's Surname is applicable).

Sunday	Whitehead 9.30am
Today	A-E
9th August	F-L
16th August	M and Mc
23rd August	N-Q
30th August	R-Z

Sunday	Carrickfergus 11.30am
Today	A-C
9th August	D-I
16th August	J-M
23rd August	Mc
30th August	N-Z

Mass on the Parish Website Fr. Peter will celebrate Sunday Mass for
18th Sunday of the Year from St. Nicholas' Church, Carrickfergus

'They all ate and were satisfied'



PRAYER FOR SPIRITUAL COMMUNION:

My Jesus, I believe that You are present in the Most Holy Sacrament.
 I love You above all things and I desire to receive You into my soul.
 Since I cannot at this moment receive You sacramentally,
 come at least spiritually into my heart.
 I embrace you as if You were already there and unite
 myself wholly to You.
 Never permit me to be separated from You.
 Amen.

Sacramental Preparation

If you have a child who will be in P3, P4 or P7 and who is not attending St. Nicholas' Primary School or Acorn Integrated Primary school and you want your child prepared for First Confession, First Communion or Confirmation, could you **please contact** the Parish Office asap?
 This is particularly important for Confirmation preparation, as the date for Confirmation can be as early as January.

Prayer for a pandemic.

May we who are merely inconvenienced, remember those whose lives are at stake.
 May we who have no risk factors, remember those most vulnerable.
 May we who have the luxury of working from home, remember those who must choose between preserving their health or making their rent.
 May we who have the flexibility to care for our children when their schools close, remember those who have no options.
 May we who have to cancel our trips, remember those that have no safe place to go.
 May we who are losing our margin money in the tumult of the economic market, remember those who have no margin at all.
 May we who settle in for a quarantine at home, remember those who have no home.
 As fear grips our country, let us choose love.
 During this time when we cannot physically wrap our arms around each other, let us yet find ways to be the loving embrace of God to our neighbours.
 Amen.

Contact Details for various
Helplines
 can be found on the Parish
 Website.

This Coming Week

3rd - 9th Aug

Mon

St. Germanus of Auxerre,
 Wales

Tues

St. John Mary Vianney,
 Priest

Wed

The Dedication of the
 Basilica of St. Mary Major

Thurs

Transfiguration of the Lord

Fri

St. Sixtus II, Pope
 St. Cajetan, Priest

Sat

St. Dominic, Priest
 St. Mary MacKillop -
 Patroness of Australia

Sun

19th Sunday of the Year

Growth in Prayer and Reflective Living - Drumalis, Larne
– commencing Monday, 14 September (online by Zoom)

Due to the success of last year's course, applications are now being accepted for the new intake of this one-year programme for those who want a closer relationship with God. Living out faith isn't easy against the backdrop of our fast-paced, noisy and instantaneous culture. The **Growth in Prayer and Reflective Living** course will give you the tools and space to become attuned to God's voice in the midst of the clamour. Taking place over 30 Monday Evenings from 7 pm – 9:30 pm, the course will take place initially by Zoom and eventually in-house when Drumalis re-opens. Please note that it will also be possible to attend the whole series by Zoom if this is your preference. For further information, please contact 028 28276455/28272196 during office hours (Mon-Fri, 9 am – 5 pm) or email maura@drumalis.co.uk Details are also available on the Drumalis website - <http://www.drumalis.co.uk>

Mass at St. Mary, Star of the Sea, Whitehouse
<https://www.loughshoreparishes.org/webcam/>

Mass at St. Bernard's, Glengormley
<https://www.churchservices.tv/glengormley/>