



*Saint Nicholas'*

# Parish of Carrickfergus & Whitehead

[www.carrickparish.org](http://www.carrickparish.org)



*Our Lady of Lourdes*

**28th June 2020**

**13th Sunday of the Year Cycle A Week 1**

**Fr. Peter Owens PP,VF**

Parochial House,  
8 Minorca Place,  
Mount St. Nicholas,  
Carrickfergus

Co. Antrim, BT38 8AU

Tel: **028 9336 3269**

Email:

[carrickfergus@downandconnor.org](mailto:carrickfergus@downandconnor.org)

Web: [www.carrickparish.org](http://www.carrickparish.org)

## Mass on the Parish Website

Fr. Peter will celebrate Sunday Mass for

**13th Sunday of the Year from Our Lady of Lourdes Church.**

## Church opening times for private individual prayer

**Carrickfergus & Whitehead  
Every Sundays from 4pm to 6pm**

**Bulletin Notices to be  
submitted to the  
parish email address  
by 12 noon Wed**

## Requiescant in Pace



### Recently Deceased

Ann Glanville Coburn,  
Giovanni (Johnny)  
McDonnell

### Anniversaries

Peggie Walsh,  
David John Allsop,  
George Holmes,  
Breige Morgan,  
Kathleen Lennox

*Eternal rest grant unto them,  
O Lord, and let perpetual light  
shine upon them.*

*May they rest in peace.*

*Amen*

### Offertory Promise Envelopes.

These can be placed in the secure marked boxes located at the back of both our churches and which will be accessible during the period of Private Individual Prayer on Sunday afternoon 4pm - 6pm.

**All visitors must strictly observe the social distancing regulations and good hygienic practices outlined at the Church entrances.**

Anyone who is unwell; exhibits symptoms of Covid-19 or who are at increased risk from the virus, and/or have been advised to shield themselves should remain at home.

**Members of the Pastoral Council will be present to provide direction and ensure compliance with the required arrangements.**

- ◆ There is a one-way system in operation with appropriate signage.
- ◆ Visitors will be asked to use an antibacterial wipe to clean their seat, before seating and upon leaving.
- ◆ To minimise the risk to visitors and cleaners, toilet facilities will not be accessible while the church is open.

Earlier this month, the Government had announced that there could be a return to Public Worship from 29<sup>th</sup> June. At the same time the Irish Bishops had issued the Diocese and Parishes with a Framework Document for the 'Return to Public Celebration of Mass and Sacraments'.

This document will help ensure that Parishes are able to open safely for Public Worship.

The Pastoral Council are currently working on the Framework and will soon be setting up a **COVID 19 Support Team** of parishioners, to organise preparations and oversee their implementation and verification.

Parishioners will be kept up to date on when mass will resume in the churches.

This is unlikely to happen, until late July and Mass will continue to be broadcast on the Parish website.

*Fr. Peter*

## PARISH SAFEGUARDING COMMITTEE

Childline receive a call from children experiencing suicidal thoughts in Northern Ireland almost every day.

There are children and young people living in Northern Ireland that are experiencing significant mental health problems, self-esteem issues, isolation and feelings of worthlessness.

These are children who may have very little support and who very often feel that life is not worth living.

We want all the young people in our parish community and beyond to know that although things might be difficult right now, support is available, you can talk to Childline. No problem is too small.

Counsellors are currently available online or on the phone between 9am-midnight.

Find out more: [www.childline.org.uk](http://www.childline.org.uk) 08001111

**Dear young people,**  
**You are loved**  
**You are strong**  
**You are enough**



### Saint Oliver Plunkett

(1st November 1625 - 1st July 1681) was the Roman Catholic Archbishop of Armagh and Primate of All Ireland. He maintained his duties in Ireland in the face of English persecution and was eventually arrested and tried for treason in London.

He was hanged, drawn and quartered at Tyburn on 1 July 1681, and became the last Roman Catholic martyr to die in England. Oliver Plunkett was beatified in 1920 and canonised in 1975, the first new Irish saint for almost seven hundred years.

### ***This Week***

#### **Sun**

13th Sunday of the Year

#### **Mon**

St. Peter & St. Paul,  
Apostles

#### **Tues**

The First Martyrs of the  
Holy Roman Church

#### **Wed**

St. Oliver Plunkett,  
Martyr

#### **Fri**

St. Thomas, Apostle

#### **Sat**

St. Elizabeth of Portugal

### **PRAYER FOR SPIRITUAL COMMUNION:**

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.

I embrace you as if You were already there and unite myself wholly to You.

Never permit me to be separated from You.

Amen.

### **PPC Appeal**

The Covid-19 pandemic is the biggest challenge the Parish has faced in a generation. As we go through this together we, would like to record your experiences. If you have any photos or video clips of the last few weeks, we would love you to send them to us for a visual archive, please send to [Carrickfergus@downandconnor.org](mailto:Carrickfergus@downandconnor.org) Thank you.

The Diocese has issued new guidelines in relation to Outdoor Marriages and Funerals & Requiem Masses.

The documents are now available to view on the parish website.

Contact Details for various **Helplines** can be found on the Parish Website.

**Mass at St. Mary, Star of the Sea, Whitehouse**  
<https://www.loughshoreparishes.org/webcam/>

**Mass at St. Bernard's, Glengormley**  
<https://www.churchservices.tv/glengormley/>