# AL SHINKEL, Ed.D.

## BIDDEFORD POOL, MAINE 04006

alshinkel@gmail.com 207-282-5893

# **EXPERIENCE and APPOINTMENTS**

# **Education and Counseling**

#### **Career Consultant**

 Biddeford Pool, Maine 04006. Private practice in career and life planning for individuals and management consulting and career development for business and industry. Provide vocational rehabilitation counseling, 1972 - present.

# **Director of Counseling**

• Cheverus - The Jesuit College Preparatory High School of Maine, Portland, Maine 04103. Reports directly to the Principal. Responsible for the management of the counseling program and the direct service to faculty and students. Supervise professional and clerical staff. Conduct counseling programs for faculty and parents, 1998 - 2007.

### **Campus Minister (Catholic)**

• University of New England, Biddeford, Maine 04005. Responsible for administering the Campus Ministry Program, 2002 - 2007.

# **Special Adjunct Professor**

• University of New England, Biddeford, Maine 04005. Division of Human Services and Nursing. Faculty member. Primarily responsible for teaching career development, counseling and management courses. Specialist in communication, 1973 - 2002.

# **Visiting Professor**

• John F. Kennedy University, Graduate School of Management, Orinda, California 94563. Primary responsibility was in creating and teaching "Creative Leadership" course to MBA and MPA students. Also designed and taught graduate course to second-year MA students on "Developing a Private Practice in Career Counseling", 1986.

## **Director of Counseling and Career Planning**

• University of New England, Biddeford, Maine 04005. Responsible for the administration of counseling and career development services for the undergraduate college and medical school. Conducted all testing, referring and diagnostic aspects of clinical and vocational clients. Coordinator of the Academic Advising System for undergraduate students, 1973 - 1977.

#### **Instructor in Counselor Education**

• University of Maine, Gorham, Maine 04038. Graduate School of Education. Faculty member in the Continuing Education Program responsible for direct instruction of graduate candidates, teaching in the area of vocational psychology, counseling theory and practice, group dynamics and small group process, 1972 - 1982.

# **Counseling Psychologist**

• Advisory Resource Center, Boston University, Boston, Massachusetts 02215. Completed a supervised internship for the caseload assigned by Director. Conducted Life Planning workshops for undergraduate and graduate candidates, 1975 - 1976.

# **Director of Guidance**

• Freeland High School, Freeland, Michigan 48623. Responsible for administration and implementation of counseling services for the high school. Coordinated the career development program, 1971 - 1973.

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## **BUSINESS and INDUSTRY**

#### Chairman

 Board of Directors, Ocean Communities Federal Credit Union, Biddeford, Maine 04005. Elected Chairman responsible for the leadership and management of this federally insured credit union. Member of the Supervisory Committee, 1985 - 2018.

#### **Management Consultant**

• Biddeford Pool, Maine 04006. Practice in vocation psychology with chief executive officers and professionals as well as consulting with their corporation and small businesses, 1972 - present.

#### **Certified Trainer**

Center for Creative Leadership, Greensboro, North Carolina 27410. Responsible for training with the Workshop in Organization Action, "...a five and a half day program that uses the Center's unique organizational simulation, Looking Glass, Inc., to highlight the complexities managers face." Certified, 1983.

# Vocational Psychologist

John Drake and Associates, Inc., Kennebunk, Maine 04043. Practice dealing chiefly with executive
officers as well as professionals and corporate managers. Also provided vocational counseling and
placement services including vocational evaluations and testing, 1976 - 1983.

#### **Career Consultant**

 Presidential Management Internship Program. Office of Personnel Management, Washington D.C. 20001. Responsible for the establishment and delivery of a career development and placement program for Presidential Interns who were recent graduates from MBA and MPA programs across the country, 1981 - 1983.

## Director

Career Opportunities, Placement and Evaluation, Inc., Biddeford, Maine 04005. Appointed by the
Board of Directors. Responsible as the chief executive officer for writing proposals and securing grants
from public and private funds. Additional responsibilities included marketing corporate programs,
administering office operations, executing Board directives, supervising personnel activities and staff
development, and monitoring all fiscal and MIS functions for the corporations, 1978 - 1983.

# **Director of Training and Development**

• Career Opportunities, Placement and Evaluation, Inc., Biddeford, Maine 04005. Responsible for the design, implementation and evaluation of training for employees. Provided contract-training services to businesses and educational and human service organizations outside the corporation. Provided outplacement services to our managers as well as career development services for our employees. Created and coordinated the professional development program for our staff, 1977 - 1978.

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## **EDUCATION**

#### **Doctor of Education**

 Boston University, Boston, Massachusetts. Department of Counselor Education: Vocational Psychology. An internship at the Advisory Resource Center for the 1975-76 academic year was included in this doctoral program. Awarded a Doctoral Fellowship. Graduated 1978.

## **Education Specialist**

 Central Michigan University, Mount Pleasant, Michigan. This Certificate of Advanced Graduate Study included an advanced practicum at the Psycho-Education Clinic. Department of Counselor Education. Graduated 1974.

#### **Master of Arts Specialist**

 Michigan State University, East Lansing, Michigan. This sixty-hour graduate program in Vocational Rehabilitation Counseling included an internship at the University of Colorado Medical Center in Denver, Colorado. Recipient of a Vocational Rehabilitation Training Grant. Graduated 1971.

#### **Bachelor of Arts**

• Western Michigan University, Kalamazoo, Michigan. Majored in English. Completed a Student Teaching Practicum at the Campus School of Western Michigan University. Graduated 1968.

## **CONTINUING EDUCATION / AWARDS**

## **Honorary Alumni Award**

• University of New England - Biddeford, Maine. 2003.

#### **Goodwill Ambassador**

• International Rotary Foundation - Group Studies Exchange. Poland and Sweden. 1997.

## **Graduate Theological Union**

• Franciscan School of Theology, Berkley, California. Visiting Scholar. 1986.

## **Center for Creative Leadership**

• Greensboro, North Carolina. Certified Trainer. 1983.

#### **Harvard University**

• Cambridge, Massachusetts. Certificate from the Institute in College Counseling. 1973.

#### University of Arizona

• Tucson, Arizona. Selected member of the Grant Team from the Office of Education researching the role of the Resource Teacher. 1970.

## PROFESSIONAL SERVICE

- Commissioner Biddeford Housing Authority 2017 present
- Director Board of Directors, McArthur Public Library 2017 present
- Trustee Covenant Health St. Andre Home 2017 present
- Trustee Biddeford Pool Community Center 1995 2018
- Member Alumni Council, University of New England 1990 present