

Contact

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Top Skills

Advertising

Depression Treatment

Child Therapy

Languages

English

Certifications

Court Appointed Family Mediator:
Supreme Court of Florida

Honors-Awards

Distinguished Service Award

Distinguished Psychologist Award

Dr. Michael B. Spellman Award

BCPA Lifetime Achievement Award

Recognition and Appreciation Award

Mitch Spero, Psy.D.

Licensed Psychologist and Director of Child & Family Psychologists
Fort Lauderdale, Florida, United States

Summary

Director & Licensed Psychologist with an extensive history of working in the Psychotherapy care industry. Skilled in providing assessments for children and adults, in both individual and group sessions as well as working with medical and psychological professionals, and conducting psychology for families to improve their child's life quality and overall wellness. Strong Working with Adolescents services. Graduated from Nova School of Psychology/ Clinical Psychology. Author of the Books and Games: "Florida the Turtle Who Thinks He's a Dog Finds His Feelings" and "A-D/HD Guide For Drifters in a Squirrel Moment Testing, Diagnosis, and Treatment of ADHD". To order please contact Educa Vision Inc. www.educavision.com

Experience

Child & Family Psychologists

Director / Licensed Psychologist

1983 - Present (42 years)

12651 West Sunrise Blvd, Suite 101, Sunrise, FL 33323

Therapy/Evaluations Children, Adolescents and Adults; Private Practice and Court Ordered Divorce and Custody Family Mediation; Out-patient and In-patient Individual, Marriage and Family Therapy, Director of Psychology Group Private Practice Specializing in the Treatment of Emotional and Behavioral Disorders of Children and Adolescents, Individual, Marriage and Family Therapy, Psychotherapy with Emotionally Handicapped and Learning Disabled Children; Divorce and Custody Evaluations and Therapy; Stepfamily Adjustment; Childhood Emotional, Sexual and Physical Abuse Therapy; Court Appointed Expert Witness; Psychological, Intellectual and Vocational Evaluations; Divorce Support Group, Stepfamily Adjustment Group, Retirement Support Group; A.C.L.F. On-Site Geriatric Support Groups, Coordinator of Nursing Home Therapy Contract, Clinical Hypnosis for the Control of Pain and Habitual Behaviors (Smoking and Weight Control); Relaxation Therapy; Biofeedback; Anxiety and Panic Disorder Stress Reduction; Substance Abuse

Counseling; Disability Determination Evaluations, H.R.S. Liaison; Public Speaking at Local Schools, Organizations, Psychiatric Hospitals, Local T.V. News and Radio Shows; Director of Staffings, Case Peer Review and In-Service Presentations; Quality Assurance and Utilization Review Coordinator of Group Practice; 1994-1995 President Stepfamily Association of America, Inc. Broward County Chapter, Clinical Supervisor and Mentor to many professionals, Media and Literary Consultant.

The Center for Cognitive - Behavior Therapy, Inc. (CCBT)

Vice President: Executive Board of Directors

1994 - 1996 (2 years)

Plantation, FL

State-wide Multidisciplinary Integrated Mental Health Delivery Network of Psychiatrists, Licensed Psychologists and Licensed Masters Level Therapists: A Core Provider Group for U.S. Behavioral Health with other contracts in process; Nationwide presentations on Brief-Psychotherapy, Niche Marketing and Group Practice Development.

Crossroads School; Clinical Consultants

Supervising Psychologist of Clinical Services

1993 - 1996 (3 years)

Clinical Supervisor of Doctoral and Masters Level Mental Health Professionals. Therapy and Psychological Evaluations of Children and Adolescents at a Private School, Partial Hospitalization Program, and Residential Treatment Program; Parents Support Group Facilitator; Consultant to Staff; Major population: Attention-deficit Hyperactivity Disorder Children and Adolescents.

The Center for Psychological Services

Associate

1983 - 1989 (6 years)

Lauderhill, FL

Clinical Supervisor of two Affiliates. Specialty: Emotional and Behavioral Disorders of Children and Adolescents, Divorce and Custody Issues; Group Therapy; Burnout Prevention Seminars; Child, Adolescent and Adult Psychological Evaluations; Childhood Emotional, Physical and Sexual Abuse Therapy; Substance Abuse Counseling; Stress Reduction; Relaxation Therapy; Biofeedback; Hypnosis for Control of Pain or Habits, (Smoking & Weight Control; Control of Anxiety and Panic Disorder); In-patient Psychotherapy and Psychological Evaluations; Liaison to H.R.S., Police

Departments, and U.S. Probation Office; Psycho-Educational Consultations at Local Schools, K-12; Marketing Committee Member.

Best Care, Inc.

Advisory Board Member

1987 - 1988 (1 year)

Sunrise, FL (State Licensed Facility)

Board Member, Consultant to Staff and Parents in the Care of Children From Three Months to Ten Years Old.

Nova Southeastern University

Psychology Instructor

1987 - 1987 (less than a year)

Counseling Psychology: Introduced the major approaches to Counseling: Psychoanalysis, Existentialism, Person-Centered, Gestalt, Transactional Analysis, Behavior Therapy, Rational-Emotive Therapy, Cognitive-Behavioral Therapy, as well as the Prevention of Teacher Burnout.

South Florida Psychiatric Group

Consultant / Independent Contractor

1983 - 1985 (2 years)

Individual and Group Therapy with the Mentally Retarded Adult Population. Provided In-Service Presentations to Special Education Teachers and Other Staff. Organized and Facilitated Support Group for Parents and Guardians of Clients at A.D.E. with Emphasis on Coping With a Developmentally Handicapped Adult. Group Owned by David Pinosky, M.D.; Group Supervisor, Gary Fishman, M.D.

Adolescent Support Group/Mental Health Association of Broward Country

Volunteer Position / Group Co-Facilitator

1984 - 1984 (less than a year)

Organized and Co-Facilitated Support Group for Adolescents.

High School Adult Education Program

Psychology Instructor

1983 - 1984 (1 year)

Psychology of Everyday Living and Psychology of Emotions, Evening Courses for Growth Oriented Adults.

Counseling Center (Four Member Group Practice)

Partner

1982 - 1982 (less than a year)

Individual Therapy; Financial Planning; Interviewed Prospective Partners; Brochure Design and Publications Photographer. Supervision provided by I. Bruce Frumkin, Ph.D., A.B.P.P. / Licensed Psychologist.

The Center for Counseling and Education

Youth Intervention Coordinator

1981 - 1982 (1 year)

Miami, FL

Coordinated the Youth Intervention Grant; Composed Quarterly Reports; Secured Funding; Quality Assurance Committee Member; Supervised Graduate Students; Implemented Treatment for Youths and Families; Probated and Voluntary Individuals, Couples, Family and Group Counseling; Alcohol and Drug Abuse Counseling.

Highland Park Hospital

2 years

Psychometrist

1981 - 1982 (1 year)

Personality, Neuropsychological, (Halstead-Reitan Battery), Vocational and Intellectual Evaluations, Responsible for Administrative Duties. Supervisor: John Bennett, Ph.D.

Mental Health Counselor

1980 - 1981 (1 year)

Individual, Group and Family Psychotherapy; Adult and Adolescent In-patient Psychiatric Units, Coordinator of I.C.U. Scheduling for Mental Health Counselors, Supervisor/Associate Medical Director: George Diaz, M.D.

Fort Lauderdale College

Psychology Teacher

1981 - 1981 (less than a year)

General Psychology: Theoretical and Practical Issues; Introductory Psychology Course to B.S. Business Undergraduate Students.

County Halfway House for Boys

Assistant Counselor / Volunteer

1979 - 1979 (less than a year)

Individual and Group Therapy with Adjudicated Juvenile Delinquents.

Samuel Santoro, Jr., Ph.D. Psychologist in Private Practice

Independent Study of Psychology

1978 - 1979 (1 year)

Advanced Counseling Techniques; Studied Clinical Hypnosis and Individual Psychotherapy.

Horizon Homes Inc.

Community Living Specialist

1978 - 1978 (less than a year)

Pittsburgh, PA

Mentally Retarded Adult Population, Residential/Short-Term Intervention.

University of Pittsburgh

Test Administrator / Computer Researcher-Learning Disabilities Study
by Norman Harway, Ph.D.

1977 - 1978 (1 year)

Test Administration with Elementary School Children; Computer Research;
Collecting and Coding of Data.

Education

Nova Southeastern University

Psy.D. Psychology Doctorate, Clinical Psychology, Clinical
Psychology · (1983 - 1987)

University of Miami

Master's Degree, M.S.Ed. Masters of Science in Education, Community
Counseling Psychology · (1979 - 1981)

University of Pittsburgh

Bachelor's Degree, Psychology · (1975 - 1979)