

(Swipe Left)

CONSISTENCY VS INTENSITY

INTENSITY







VEEK 1 WEEK 2 WEEK 3 WEEK 4

WEEK 5

CONSISTENCY











WEEK 1

WEEK 2

WEEK 3 WI

WEEK :

HOW TO MEASURE SUCCESS

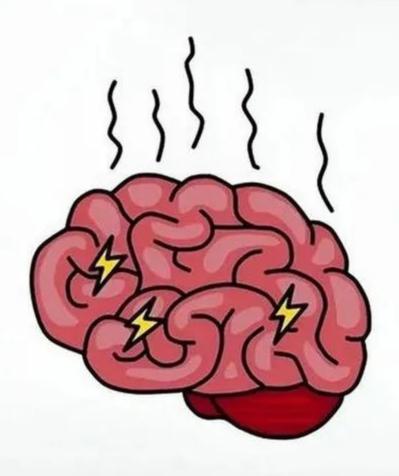


WHAT OTHER PEOPLE THINK OF YOU

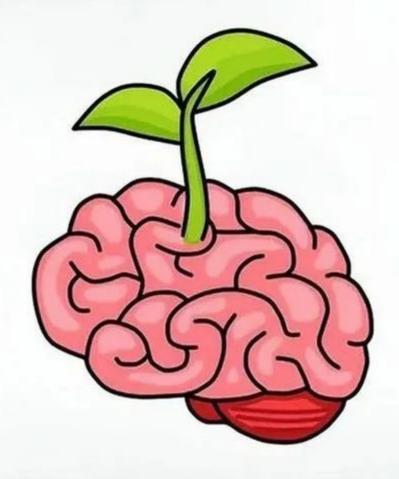


WHAT YOU THINK OF YOURSELF

YOUR CREATIVITY



AFTER SIX HOURS
OF ZOOM CALLS

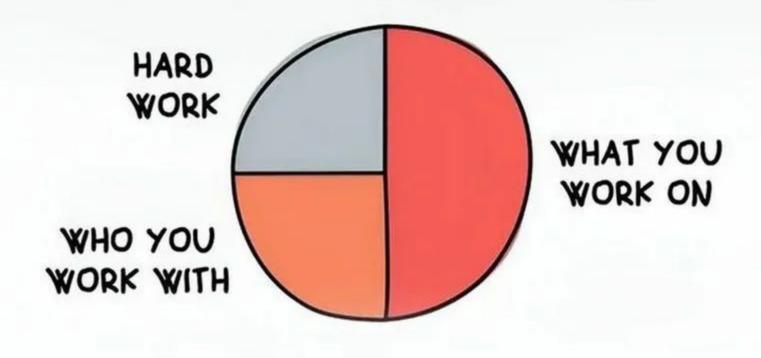


AFTER A THIRTY MINUTES WALK

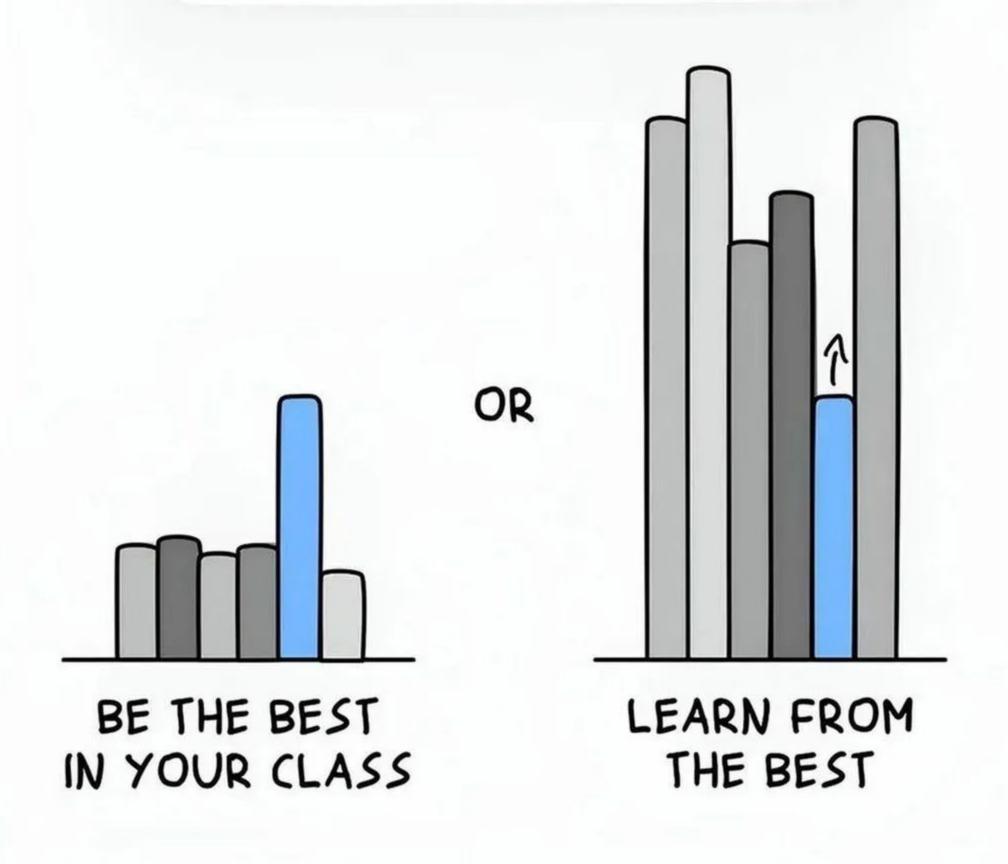
WHAT YOU BELIEVE YOU NEED TO SUCCEED



WHAT WILL ACTUALLY MAKE YOU SUCCEED



CHOOSE YOUR PEER GROUP



REALITY

IMAGINATION

