By Age 30, You should Be Smart Enough to **Never do** This in your life.....

#### 1. SHARE EVERYTHING

No matter how much you trust your close friends and family, let no one know everything about you.

#### 2. RELY ON YOUR 9-5

Never rely on your 9-5 as your sole source of income. Start creating 3+ streams of income as soon as possible.

## 3. NEGLECT YOUR HEALTH

Eat right, workout 5x a week, sleep 7+ hours a night. You only have one version of yourself.

### 4. DO WHAT YOUR FRIENDS DO

If your friends take weed and drink alcohol to have a good time, then it's time to rethink your priorities.

# 5. ONLY BLAME YOUR PARENTS

You can't keep blaming your parents for everything. You should forgive them and take responsibility for your own life.

# 6. WAIT FOR THE "RIGHT TIME"

You have to train yourself to take action or else your ambitions will remain a dream.

## 7. TAKE CRITICISM PERSONALLY

You shouldn't keep obsessing over what everyone thinks. Your mental health should come first before anyone else.

# 8. TAKE ADVICE FORM EVERYONE

You shouldn't take advice from people who are not where you want to be in life. Own your life.

# 9. FOLLOW BOOKS BLINDLY

Never let self-help books & motivational guides drive you. Embrace consistency and discipline and you'll get far in life.

### 10. TRY TO IMPRESS PEOPLE

Never go broke trying to look rich. Get busy while you build not impressing people.

### 11. DEPEND ON EVERYONE

Never hope someone will ever come save you from your problems. Fight to win your own battles.

### 12. LIE TO YOURSELF

Never lie to yourself. People will believe your excuses but not you.

## 13. WAIT FOR OPPORTUNITIES

Don't wait for opportunities to come to you, be smart enough to create them.

## 14. ARGUE WITH STUPID PEOPLE

Never waste your time trying to win a petty argument or prove a point to anyone who is not smart enough to understand your point.

## 15. FEAR REJECTION

Never fear rejection. "NO" is just a start of constructive conversation.



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