

## Remain Fit, Happy

**Treat Long Standing Diseases by** 

(पुरानी बीमारियों का इलाज करें)

Pranayam, Yoga

**MDNIY Trained Yoga teachers** 

Ashram Kant Darshan Darbar, Sector 46, Faridabad

7 – 7.45 PM Mon. to Sat.

Free Demo classes

Suggested Monthly contribution: Rs. 500

https://www.lifequality.org.in/

**Enroll by giving missed call at:** 



9013103676