



# Holistic Development Report

## Test User 1

Test Participant • Test Organization

Generated 6/8/2025

## Executive Summary

**Test User 1** demonstrates a **Planning-Thinking** leadership pattern, with Planning (30%) as their primary strength and Thinking (29%) as their secondary approach.

This combination represents **59%** of their natural energy distribution, creating a distinctive pattern for team contribution and collaboration. This profile suggests a balanced approach to leadership that draws primarily from planning abilities while supporting with thinking capabilities.

## Core Strengths Profile

**PLANNING**

**30%**

## PRIMARY STRENGTH

*"My planning strength helps me organize complex projects and see the big picture while managing details effectively."*

## THINKING

29%

### SECONDARY STRENGTH

*"My thinking ability allows me to analyze situations deeply and find creative solutions to challenging problems."*

## ACTING

23%

### SUPPORTING APPROACH

*"My acting strength drives me to take initiative and turn ideas into concrete results through decisive action."*

## FEELING

18%

### BALANCING APPROACH

*"My feeling strength enables me to connect with others emotionally"*

*and create supportive team environments."*

## Flow Optimization

Flow Assessment Score

**47/60 (78%)**

Selected Flow Attributes

**4 attributes**

**Your Flow Attributes:** *Analytical, Collaborative, Detail-oriented, Strategic*

## Well-being & Self-Care

Current Well-being Level

**7/10**

Future Well-being Vision

**9/10**

## Future Vision & Growth Plan

**Future Improvements:** *"Taking on more leadership responsibilities, developing new skills, improving work-life integration, and having greater impact on organizational success."*

**Growth Areas:** *"I want to develop better communication skills and become more comfortable with ambiguity and rapid change."*

## Personal Commitment

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***My Unique Contribution:***

*"I bring a unique combination of strategic thinking and empathetic leadership, helping teams balance ambitious goals with sustainable practices while ensuring everyone feels heard and valued."*

This report was generated as part of the AllStarTeams workshop experience.

For more information, visit your workshop platform.