



Holistic Development Report

Test User 1

Test Participant • Test Organization

Generated 6/8/2025

Executive Summary

Test User 1 demonstrates a **Planning-Thinking** leadership pattern, with Planning (30%) as their primary strength and Thinking (29%) as their secondary approach.

This combination represents **59%** of their natural energy distribution, creating a distinctive pattern for team contribution and collaboration. This profile suggests a balanced approach to leadership that draws primarily from planning abilities while supporting with thinking capabilities.

Core Strengths Profile

PLANNING

30%

PRIMARY STRENGTH

"My planning strength helps me organize complex projects and see the big picture while managing details effectively."

THINKING

29%

SECONDARY STRENGTH

"My thinking ability allows me to analyze situations deeply and find creative solutions to challenging problems."

ACTING

23%

SUPPORTING APPROACH

"My acting strength drives me to take initiative and turn ideas into concrete results through decisive action."

FEELING

18%

BALANCING APPROACH

"My feeling strength enables me to connect with others emotionally"

and create supportive team environments."

Flow Optimization

Flow Assessment Score

47/60 (78%)

Selected Flow Attributes

4 attributes

Your Flow Attributes: *Analytical, Collaborative, Detail-oriented, Strategic*

Well-being & Self-Care

Current Well-being Level

7/10

Future Well-being Vision

9/10

Future Vision & Growth Plan

Future Improvements: *"Taking on more leadership responsibilities, developing new skills, improving work-life integration, and having greater impact on organizational success."*

Growth Areas: *"I want to develop better communication skills and become more comfortable with ambiguity and rapid change."*

Personal Commitment

My Unique Contribution:

"I bring a unique combination of strategic thinking and empathetic leadership, helping teams balance ambitious goals with sustainable practices while ensuring everyone feels heard and valued."

This report was generated as part of the AllStarTeams workshop experience.

For more information, visit your workshop platform.