

## **DISCIPLINE AND BEHAVIOR MANAGEMENT POLICY FORM**

Praise and positive reinforcement are effective methods of the behavior management of children. When children receive positive, non-violent, and understanding interactions from adults and others, they develop good self-concepts problem solving abilities, and self-discipline. Based on this belief of how children learn and develop values, Guru Academy will practice the following discipline and behavior management policy:

**We:**

- 1) DO praise, reward, and encourage the children.
- 2) DO reason with and set limits for the children.
- 3) DO model appropriate behavior for the children.
- 4) DO modify the classroom environment to attempt to prevent problems before they occur.
- 5) DO listen to the children.
- 6) DO provide alternatives for inappropriate behavior to the children.
- 7) DO provide the children with natural and logical consequences of their behaviors.
- 8) DO treat the children as people and respect their needs, desires, and feelings.
- 9) DO ignore minor misbehaviors.
- 10) DO explain things to children on their levels.
- 11) DO use short supervised periods of "time-out".
- 12) DO stay consistent in our behavior management program.

**We:**

- 1) DO NOT spank, shake, bite, pinch, push, pull, slap, or otherwise physically punish the children.
- 2) DO NOT make fun of, yell at, threaten, make sarcastic remarks about, use profanity, or otherwise verbally abuse the children.
- 3) DO NOT shame or punish the children when bathroom accidents occur.
- 4) DO NOT deny food or rest as punishment.
- 5) DO NOT relate discipline to eating, resting, or sleeping.
- 6) DO NOT leave the children alone, unattended, or without supervision.
- 7) DO NOT place the children in locked rooms, closets, or boxes as punishment.
- 8) DO NOT allow discipline of children by children.
- 9) DO NOT criticize, make fun of, or otherwise belittle children's parents, families, or ethnic groups.

I, the undersigned parent or guardian of \_\_\_\_\_, do hereby state that I have  
(child's full name)

read and received a copy of Guru Academy's Discipline and Behavior Management Policy and that the facility's director/coordinator (or other designated staff member) has discussed the facility's Discipline and Behavior Management Policy with me.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date