

Panera
BREAD®

WINTER 2024 MENU



Broccoli Cheddar Soup



Bacon, Scrambled Egg & Cheese on Ciabatta

BREAKFAST SANDWICHES

CAL

NEW Ham, Egg & Cheese

on Cinnamon Crunch Bagel *Chef's Pick!*

640

Black Forest Ham, Scrambled Egg, Aged White Cheddar, Salt & Pepper

Sausage, Egg & Cheese on Asiago Bagel

820

Chipotle Chicken, Egg & Avocado

550

on Ciabatta

Bacon, Egg & Cheese on Ciabatta *Chef's Pick!*

440

Sausage, Egg & Cheese on Ciabatta

590

NEW RECIPE Avocado, Egg White, Spinach &

340

Cheese on Multigrain Bagel Flat *Chef's Pick!*

Egg & Cheese on Ciabatta

380

Substitute your bread for any bagel for an additional charge • 180–430 CAL

Breakfast Sandwiches available until 10:30 AM weekdays/11 AM weekends

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information available upon request.

LOW CARBON VEGETARIAN



Greek Yogurt
with Mixed Berries Parfait

SOUFFLÉS

CAL

Four Cheese	470
Spinach & Artichoke	530
Spinach & Bacon	550

OATMEAL, YOGURT & FRUIT

CAL

Steel-Cut Oatmeal with Strawberries, Pecans & Cinnamon Crunch Topping <i>Chef's Pick!</i>	360
Greek Yogurt with Mixed Berries <i>Chef's Pick!</i>	250
Seasonal Fruit Cup	60
Apple	80
Banana	90

Soufflés available until 10:30 AM weekdays/11 AM weekends

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information available upon request.



LOW CARBON



CONTAINS PEANUTS AND/OR TREE NUTS



VEGETARIAN



Everything Bagel
with Cream Cheese



BAGELS

Plain 280 CAL

Everything 290 CAL

Sesame 290 CAL

Multigrain Flat 180 CAL

Chocolate Chip 330 CAL

Blueberry 290 CAL

Cinnamon Swirl & Raisin 320 CAL

Cinnamon Crunch 430 CAL

Asiago Cheese 320 CAL

Bagel with Cream Cheese Spread Bagel

Cream Cheese Spread adds 130-180 CAL per 1.75 oz. container

BAGELS FOR A GROUP

Bagel Pack: 13 Bagels with 2 tubs of Cream Cheese Spread

Dozen & A Half: 18 Bagels

Half Dozen: 6 Bagels

Baker's Dozen: 13 Bagels

CREAM CHEESE SPREADS

Plain 110 CAL/serving | Reduced-Fat Chive & Onion 80 CAL/serving

Reduced-Fat Honey Walnut  80 CAL/serving

8 oz tubs, serves 8

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information available upon request.

 CONTAINS PEANUTS AND/OR TREE NUTS



Candy Cookie

PASTRIES & SWEETS

CAL

Artisan Pastries	80	210–620
Brownies		470
Scones		460/550
Muffins & Muffies		340–570
Cookies		100–820

BREAKFAST BUNDLES

Breakfast Sandwich Feast

Breakfast for the whole family: includes 4 Breakfast Sandwiches

Fresh Baked Goods Feast

Includes 6 pastries: choose from any Muffin,
Vanilla Cinnamon Roll or Bear Claw 80

Many of our products contain or may come in contact with common allergens, including wheat, peanuts, soy, tree nuts, milk, eggs, fish, shellfish and sesame. Before placing your order, please inform your server if a person in your party has a food allergy so that a manager can, at your request, provide you a list of ingredients in your order.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information available upon request.

 CONTAINS PEANUTS AND/OR TREE NUTS

NEW! Bacon Avocado Melt



SANDWICHES

NEW SOURDOUGH MELTS *Chef's Pick!*

Bacon Avocado Melt

Applewood-smoked bacon, fresh avocado, smoked gouda, everything bagel seasoning and chipotle aioli on our toasted Country Rustic Sourdough

HALF CAL WHOLE CAL

420 840

Southwest Chicken Melt

Smoked, pulled chicken raised without antibiotics, smoked gouda, red onion, cilantro and chipotle aioli on our toasted Country Rustic Sourdough

400 790

STACKED TOASTED BAGUETTES* *Chef's Pick!*

WHOLE CAL

Chicken & Pepperoni Mozzarella Melt

1110

NEW RECIPE Chicken Green Goddess Caprese Melt

1070

NEW RECIPE Chicken Cordon Bleu Melt

1040

TOASTED BAGUETTES*

NEW RECIPE Black Forest Ham & Gouda Melt

940

Smoky Buffalo Chicken Melt

830

Pepperoni Mozzarella Melt

1000

NEW RECIPE Green Goddess Caprese Melt

970

*Toasted Baguettes served as whole Sandwiches, even when paired in a **YOU PICK 2**®

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information available upon request.

Toasted Frontega
Chicken®



SANDWICHES

	HALF CAL	WHOLE CAL
Toasted Steak & White Cheddar	480	950
Roasted Turkey & Avocado BLT	460	920
Chipotle Chicken Avocado Melt	470	930
Toasted Frontega Chicken®	400	800
Bacon Turkey Bravo®	500	1000
Napa Almond Chicken Salad	320	630
Toasted Smokehouse BBQ Chicken	380	750
Deli Ham	280	570
Tuna Salad	360	720
Deli Turkey	280	560
Classic Grilled Cheese	440	880
Mediterranean Veggie	320	630

Individual whole cold Sandwiches served with a pickle • 5 CAL

**YOU
PICK 2**

**PAIR ANY
2 ENTREES**
Oh, the possibilities!

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information available upon request.

LOW CARBON

CONTAINS PEANUTS AND/OR TREE NUTS

CONTAINS FISH

VEGETARIAN



NEW! Southwest
Chicken Melt &
Southwest Salad
with Chicken

SALADS

SERVED WITH CHICKEN

		HALF CAL	WHOLE CAL
NEW RECIPE	Green Goddess Cobb <i>Chef's Pick!</i>	240	480
Southwest Caesar	<i>Chef's Pick!</i>  	310	630
Caesar	 	250	500
Asian Sesame	 	200	410
NEW RECIPE	Fuji Apple  	270	550

CLASSIC SALADS

Caesar	 	200	390
Greek	 	200	400



Low carbon meals have at least
38% lower emissions than the
average meal.

eatcoolfood.org | Certified by the World Resources Institute

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information available upon request.

 LOW CARBON  CONTAINS PEANUTS AND/OR TREE NUTS  CONTAINS FISH  VEGETARIAN



IN SEASON!

Autumn Squash

SOUPS

CUP CAL	BOWL CAL	SOURDOUGH BREAD BOWL CAL
------------	-------------	--------------------------------

IN SEASON Turkey Chili	200	300	870
IN SEASON Autumn Squash	210	330	880
Homestyle Chicken Noodle	100	150	770
Cream of Chicken & Wild Rice	190	280	860
Broccoli Cheddar	230	370	900
Creamy Tomato <i>Chef's Pick!</i>	260	370	920
Bistro French Onion	190	280	860

MAC & CHEESE

SMALL CAL	LARGE CAL
--------------	--------------

Mac & Cheese <i>Chef's Pick!</i>	480	960
----------------------------------	-----	-----

PANERA KIDS™

MAC & SOUP	CAL	SANDWICHES	CAL
Mac & Cheese	480	Grilled Cheese	230
Cup of Soup*	60–260	Deli Turkey	290

*Premium upcharge applies to Turkey Chili

Served with **FREE** choice of Yogurt • 50 CAL, Apple • 80 CAL or Baguette • 180 CAL

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information available upon request.

 LOW CARBON  VEGETARIAN

**Teriyaki Chicken
& Broccoli**



FLATBREAD PIZZA

CAL

Pepperoni	1060
Margherita	860
Cheese	920

Served as whole Flatbread Pizzas, even when paired in a **YOU PICK 2**®

WARM BOWLS

CAL

Teriyaki Chicken & Broccoli	610
NEW RECIPE Mediterranean with Chicken	570
Baja with Chicken	680
NEW RECIPE Mediterranean	520
Baja	620

Served as whole Warm Bowls, even when paired in a **YOU PICK 2**®

**ENJOY A FREE SIDE
WITH ANY ENTRÉE***

Baguette • 180 CAL | Chips • 150 CAL | Apple • 80 CAL

Upgrade to a Seasonal Fruit Cup for an additional charge • 60 CAL

*Excludes Flatbread Pizzas

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information available upon request.

LOW CARBON VEGETARIAN

BEVERAGES



COFFEE & TEA

CAL

Hot Coffee

SM 12 FL OZ | REG 16 FL OZ | LG 20 FL OZ 10-15 / 15-20 / 15-25

Hot Tea REG 16 FL OZ 0

Iced Coffee REG 20 FL OZ | LG 30 FL OZ

15/25



COLD BREW

REG 16 FL OZ | LG 20 FL OZ

CAL

Madagascar Vanilla Cream 190/260

Madagascar Vanilla Almond 90/120
Cold Brew 10/15



SPECIALTY

HOT 16 FL OZ | ICED 20 FL OZ

HOT CAL ICED CAL

IN SEASON	Cinnamon Crunch Latte	270	300
	Caramel Latte <i>Chef's Pick!</i>	410	440
	Chocolate Latte	370	400
	Madagascar Vanilla Latte <i>Chef's Pick!</i>	260	290
	Chai Tea Latte	290	290
	Caffe Latte	130	160
	Hot Chocolate	430	
	Americano	10	
	Espresso 2 FL OZ	10	

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information available upon request.



CONTAINS PEANUTS AND/OR TREE NUTS

BEVERAGES



CHARGED SIPS*

Plant-based and naturally flavored
Contains 124-236mg of caffeine

REG 20 FL OZ | LG 30 FL OZ

CAL

Blood Orange Charged Splash – 15/20
Zero Sugar**

Strawberry Lemon Mint 180/270
Charged Lemonade

Mango Yuzu Citrus 220/330
Charged Lemonade

*Naturally Flavored Charged Sips available at participating cafes. Pricing and availability vary by location. Charged Sips contain CAFFEINE from: caffeine, green coffee extract, guarana extract and yerba mate concentrate. Each beverage with ice contains the following mg of caffeine: Strawberry Lemon Mint: 20 fl oz with 157 mg and 30 fl oz with 236 mg; Mango Yuzu Citrus: 20 fl oz with 156 mg and 30 fl oz with 234 mg; Blood Orange Splash: 20 fl oz 124 mg and 30 fl oz 210 mg. Caffeine is an approximate value. Consume in moderation. NOT RECOMMENDED FOR children, people sensitive to caffeine, pregnant or nursing women. For more information visit: Panerabread.com.

**Contains Allulose: adds a negligible amount of sugar.



SMOOTHIES

REG 16 FL OZ

GREEK YOGURT SMOOTHIES

Mango 300

Strawberry Banana *Chef's Pick!* 250

Strawberry 260

NON-DAIRY SMOOTHIES

Green Passion 230

Peach & Blueberry with 200
Almondmilk ☕



FROZEN DRINKS

REG 16 FL OZ

CAL

Caramel Cold Brew 490

Chocolate Cold Brew 450

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information available upon request.



CONTAINS PEANUTS AND/OR TREE NUTS

BEVERAGES



COLD DRINKS

REG 20 FL OZ | LG 30 FL OZ

CAL

Unsweetened Iced Tea 10/20

Passion Papaya Iced Green Tea 150/230
Naturally Flavored

Agave Lemonade 210/320

Soft Drinks 0-280/0-420

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information available upon request.



MORE WAYS TO PANERA



RAPID PICK UP®

Order ahead and we'll have your faves ready for you at the pick-up counter. Curbside Pick-Up is also available.



DELIVERY

Get your faves delivered right to your home or office.* Want contactless delivery? We got you.



CATERING

Gather around a whole lot of YUM. Any event. Any size group. Any meal.



GROCERY

Enjoy your Panera® faves at home! Find our Soups, Mac & Cheese, Salad Dressings, Sliced Breads, and Coffees at your local grocery store.**

Order at [PaneraBread.com](#) or download the app.
Please check with your local cafe for available services.

*Minimum order of \$8-\$10 (depending on location) required for delivery, exclusive of taxes, charges, and fees that may apply. Menu prices for delivery are higher and charges and fees apply. A \$1 delivery fee and a Convenience Fee apply to online delivery orders. If applicable, the Convenience Fee offsets costs associated with online ordering including technology development, marketing, and administrative activities. For select CA cafes, a \$2 Supplemental Delivery Charge will be added to your order due to added delivery costs in that state. Delivery charges, fees, minimums, and pricing vary by location. Our delivery charge and fees are not a tip or gratuity provided to the driver. Order tracking available only for participating U.S. bakery-cafes that offer delivery, and excluding Gift Card purchases, orders placed on third party delivery sites and catering orders. Delivery hours may vary. Limited delivery area. To determine if you're in a delivery area, [click here](#).

**Panera grocery products are not available in bakery-cafes. Find a retailer near you at [PaneraAtHome.com](#).