Principles of Regularization

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Overview

- Overfitting and Underfitting
- 2 Bias-Variance Tradeoff
- Regularization

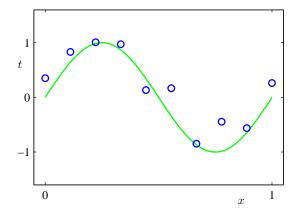
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Example: Nonlinear regression

Consider a curve fitting example where we are given a labeled data set of N examples $\langle (x_i, y_i) \rangle_{i=1}^N$. Labels are generated from the target function $\sin(2\pi x)$ plus a bit of Gaussian noise.



Polynomial Regression

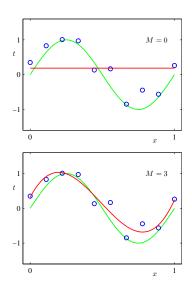
For $x \in \mathbb{R}^1$ the polynomial prediction model of degree M is:

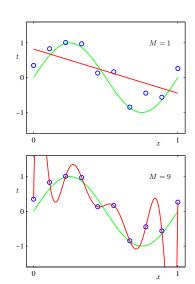
$$\hat{y} = f(x, \theta) = \theta_0 + \theta_1 x^1 + \theta_2 x^2 + \ldots + \theta_M x^M = \sum_{j=0}^{M} \theta_j x^j$$

The optimal θ^* are learned by minimizing the empirical risk:

$$\theta^* := \underset{\theta}{\operatorname{argmin}} \sum_{i=1}^{N} (f(x_i, \theta) - y_i)^2$$

How to choose M?





Generalization Performance

- Overfitting: Model perfectly fits the training data (incl. noise)
- Underfitting: Model fails to fit the training data
- Generalization: Model is accurate on test data

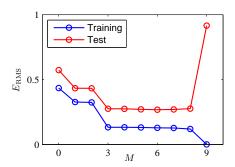


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Preliminary - Expected Value

z is a continuous r.v.
$$\leadsto$$
 $E[z] = \int_z z \, p(z) \, dz$
z is a c.r.v. conditional to $v \leadsto$ $E_{z|v}[z] = \int_z z \, p(z|v) \, dz$

Preliminary - Expected Value

$$z$$
 is a continuous r.v. \leadsto $E[z] = \int_{z} z \ p(z) \ dz$ z is a c.r.v. conditional to $v \leadsto$ $E_{z|v}[z] = \int_{z} z \ p(z|v) \ dz$

Table 1: Gender (x) and Height (y)

z is a **discrete** r.v. \rightsquigarrow

$$E[z] = \sum_{z} z \ p(z) \quad E_{z|v}[z] = \sum_{z} z \ p(z|v)$$

$$E[y] = 160\frac{2}{7} + 170\frac{4}{7} + 180\frac{1}{7} = 168.6$$

$$E_{y|x=f}[y] = 160\frac{2}{3} + 170\frac{1}{3} + 180\frac{0}{3} = 163.3$$

Preliminary - Properties of Expectation

• Constant $\alpha \in \mathbb{R}$:

$$E[\alpha z] = \int_{z} \alpha z \, p(z) \, dz = \alpha \int_{z} z \, p(z) \, dz = \alpha \, E[z]$$

Linearity of expectation:

$$E[\alpha z + \beta v] = \alpha E[z] + \beta E[v]$$

Expectation of two uncorrelated r.v.:

$$E_{z,v}[z \ v] = E_z[E_v[z \ v]] = E_z[z \ E_v[v]] = E_v[v] \ E_z[z]$$

Expectation of two correlated r.v.:

$$E_{z,v}[z \ v] = E_z[E_{v|z}[z \ v]] = E_z[z \ E_{v|z}[v]]$$

Expected Target

• A training dataset $D := \langle (x_i, y_i) \rangle_{i=1}^N$ drawn i.i.d. from a distribution \mathcal{P}

Expected target of y given x

$$\bar{y}(x) = E_{y|x}[y] = \int_{y} y \ p(y|x) \ dy$$

Estimated Prediction Model (Regression)

• ML estimates a prediction model $\hat{f}(x, \theta)$ by minimizing:

$$E_{(x,y)\sim\mathcal{P}}\left[\left(\hat{f}(x,\theta)-y\right)^2\right]=\int\limits_{x}\int\limits_{y}\left(\hat{f}(x,\theta)-y\right)^2\ p(x,y)\ dxdy$$

• As p(x, y) is typically unknown we approximate the error:

$$E_{(x,y)\sim\mathcal{P}}\left[\left(\hat{f}(x,\theta)-y\right)^2\right]\approx \frac{1}{N}\sum_{i=1}^N\left(\hat{f}(x_i,\theta)-y_i\right)^2$$

• The estimated model \hat{f} given a training set $D := \langle (x_i, y_i) \rangle_{i=1}^N$

$$\hat{f}(x; D) = \hat{f}(x, \theta^*)$$
 s.t. $\theta^* = \underset{\theta}{\operatorname{argmin}} \frac{1}{N} \sum_{i=1}^{N} (\hat{f}(x_i, \theta) - y_i)^2$

Expected Test Error and Prediction Model

• Expected test error of $\hat{f}(x; D)$ given a training set D:

$$E_{(x,y)\sim\mathcal{P}}\left[\left(\hat{f}(x;D)-y\right)^{2}\right]=\int\limits_{x}\int\limits_{y}\left(\hat{f}(x;D)-y\right)^{2}\;p(x,y)\;dxdy$$

- Since $(x, y) \sim \mathcal{P}$ then $D := \langle (x_i, y_i) \rangle_{i=1}^N \sim \mathcal{P}^N$ is also a r.v.
- The expected prediction model over sampled datasets is:

$$\bar{f}(x) := E_{D \sim \mathcal{P}^N} \left[\hat{f}(x; D) \right] = \int\limits_{D} \hat{f}(x; D) \ p(D) \ dD$$

Expected Test Error

• Expected test error of $\hat{f}(x; D)$ over training sets D:

$$E_{(x,y)\sim\mathcal{P}\atop D\sim\mathcal{P}^N}\left[\left(\hat{f}(x;D)-y\right)^2\right]=\int\limits_{X}\int\limits_{Y}\int\limits_{D}\left(\hat{f}(x;D)-y\right)^2p(x,y)\;p(D)\;dx\;dydD$$

- The bias-variance decomposition shows how this expected test error is expressed as a sum of:
 - Bias: How well does the prediction model fits the target?
 - Variance: How much do the predictions of models varz when trained on different sampled training sets?
 - Noise: How much of the target variable cannot be unexplained?

Bias-Variance Tradeoff (I)

$$E_{x,y,D}\left[\left(\hat{f}(x;D)-y\right)^{2}\right] = E_{x,y,D}\left[\left(\hat{f}(x;D)-\bar{f}(x)+\bar{f}(x)-y\right)^{2}\right]$$

$$= E_{x,y,D}\left[\left(\left(\hat{f}(x;D)-\bar{f}(x)\right)+\left(\bar{f}(x)-y\right)\right)^{2}\right]$$

$$= E_{x,y,D}\left[\left(\hat{f}(x;D)-\bar{f}(x)\right)^{2} + \left(\bar{f}(x)-y\right)^{2} + 2\left(\hat{f}(x;D)-\bar{f}(x)\right)\left(\bar{f}(x)-y\right)\right]$$

• Leads to:

$$E_{x,y,D}\left[\left(\hat{f}(x;D)-y\right)^{2}\right] = E_{x,D}\left[\left(\hat{f}(x;D)-\bar{f}(x)\right)^{2}\right] + E_{x,y}\left[\left(\bar{f}(x)-y\right)^{2}\right] + 2E_{x,y,D}\left[\left(\hat{f}(x;D)-\bar{f}(x)\right)\left(\bar{f}(x)-y\right)\right]$$

Bias-Variance Tradeoff (II)

$$\begin{split} E_{x,y,D}\left[\left(\hat{f}(x;D)-y\right)^{2}\right] = & E_{x,D}\left[\left(\hat{f}(x;D)-\bar{f}(x)\right)^{2}\right] + E_{x,y}\left[\left(\bar{f}(x)-y\right)^{2}\right] \\ & + \underbrace{2E_{x,y,D}\left[\left(\hat{f}(x;D)-\bar{f}(x)\right)\left(\bar{f}(x)-y\right)\right]}_{\text{Cancels out}} \\ E_{x,y}\left[E_{D}\left[\left(\hat{f}(x;D)-\bar{f}(x)\right)\left(\bar{f}(x)-y\right)\right]\right] \\ = & E_{x,y}\left[\left(\bar{f}(x)-y\right)\left(E_{D}\left[\hat{f}(x;D)-\bar{f}(x)\right]\right)\right] \\ = & E_{x,y}\left[\left(\bar{f}(x)-y\right)\left(\bar{f}(x)-\bar{f}(x)\right)\right] = 0 \end{split}$$

Bias-Variance Tradeoff (II)

$$E_{x,y,D}\left[\left(\hat{f}(x;D)-y\right)^{2}\right] = E_{x,D}\left[\left(\hat{f}(x;D)-\bar{f}(x)\right)^{2}\right] + E_{x,y}\left[\left(\bar{f}(x)-y\right)^{2}\right] + \underbrace{2E_{x,y,D}\left[\left(\hat{f}(x;D)-\bar{f}(x)\right)\left(\bar{f}(x)-y\right)\right]}_{\text{Cancels out}}$$

$$E_{x,y} \left[E_D \left[\left(\hat{f}(x;D) - \bar{f}(x) \right) \left(\bar{f}(x) - y \right) \right] \right]$$

$$= E_{x,y} \left[\left(\bar{f}(x) - y \right) \left(E_D \left[\hat{f}(x;D) - \bar{f}(x) \right] \right) \right]$$

$$= E_{x,y} \left[\left(\bar{f}(x) - y \right) \left(\bar{f}(x) - \bar{f}(x) \right) \right] = 0$$

• So far we decomposed the estimated test error to:

$$E_{x,y,D}\left[\left(\hat{f}(x;D)-y\right)^{2}\right] = \underbrace{E_{x,D}\left[\left(\hat{f}(x;D)-\bar{f}(x)\right)^{2}\right]}_{\text{Variance}} + \underbrace{E_{x,y}\left[\left(\bar{f}(x)-y\right)^{2}\right]}_{\text{Reduce further ...}}$$

Bias-Variance Tradeoff (III)

$$E_{x,y} \left[\left(\bar{f}(x) - y \right)^{2} \right] = E_{x,y} \left[\left(\bar{f}(x) - \bar{y}(x) + \bar{y}(x) - y \right)^{2} \right]$$

$$= E_{x,y} \left[\left(\bar{f}(x) - \bar{y}(x) \right)^{2} \right]$$

$$+ E_{x,y} \left[\left(\bar{y}(x) - y \right)^{2} \right]$$

$$+ \underbrace{E_{x,y} \left[2 \left(\bar{f}(x) - \bar{y}(x) \right) \left(\bar{y}(x) - y \right) \right]}_{\text{cancels out}}$$

$$E_{x,y}\left[\left(\bar{f}(x) - \bar{y}(x)\right)(\bar{y}(x) - y)\right] = E_x\left[E_{y|x}\left[\left(\bar{f}(x) - \bar{y}(x)\right)(\bar{y}(x) - y)\right]\right]$$
$$= E_x\left[\left(\bar{f}(x) - \bar{y}(x)\right)E_{y|x}\left[\left(\bar{y}(x) - y\right)\right]\right]$$

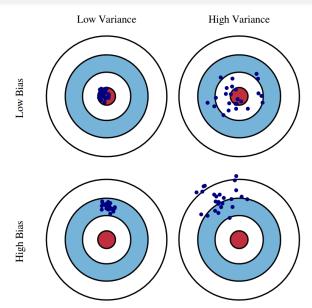
This term cancels out:

$$E_{v|x}[\bar{y}(x) - y] = E_{v|x}[\bar{y}(x)] - E_{v|x}[y] = \bar{y}(x) - \bar{y}(x) = 0$$

Bias-Variance Tradeoff (Finale)

$$E_{x,y,D}\left[\left(\hat{f}(x;D) - y\right)^{2}\right] = \underbrace{E_{x,D}\left[\left(\hat{f}(x;D) - \bar{f}(x)\right)^{2}\right]}_{\text{Variance}} + \underbrace{E_{x,y}\left[\left(\bar{f}(x) - \bar{y}(x)\right)^{2}\right]}_{\text{Bias}^{2}} + \underbrace{E_{x,y}\left[\left(\bar{y}(x) - y\right)^{2}\right]}_{\text{Noise}}$$

Darts Example



Illustration

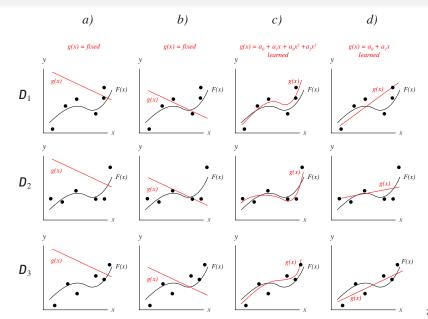
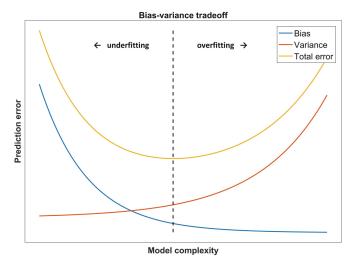


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Model complexity matters



Source: Dankers et al., 2018

Interpretation

- The choice of your model complexity will either:
 - increase the bias → decrease the variance;
- You cannot not control the noise.

Table 2: Understanding Variance, Bias, Noise

Term	High	Low
Variance	Risk of overfitting	Generalization
Bias	Risk of underfitting	Fitting
Noise	Challenging Task	Easy Task

Find a model complexity that has both a **Low Bias** (able to fit well) and a **Low Variance** (able to generalize).

Weight Decay - L1/L2 Regularization

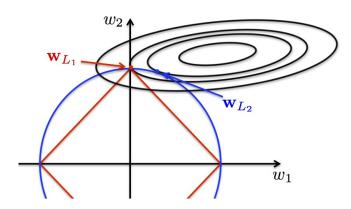
• Add a penalty term to the empirical risk ($\alpha \in \mathbb{R}_+$):

$$\underset{\theta}{\operatorname{argmin}} \left[\frac{1}{N} \sum_{i=1}^{N} L(y_i, f(x_i; \theta)) \right] + \alpha \Omega(\theta)$$

• The regularization penalizes high parameter values:

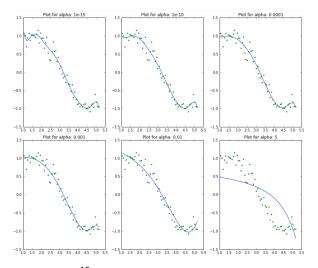
L1:
$$\Omega(\theta) = \frac{1}{|\theta|} \sum_{k=1}^{|\theta|} |\theta_k|$$
 L2: $\Omega(\theta) = \frac{1}{|\theta|} \sum_{k=1}^{|\theta|} \theta_k^2$

Illustration of the L1/L2 Regularizations



Source: g2pi.tsc.uc3m.es

Regularizing a Polynomial Regression



$$f(x, \theta) = \sum_{j=0}^{15} \theta_j x^j$$
 (Source: www.analyticsvidhya.com

Take-Home Recipe

- Bias-variance Tradeoff is a fundamental concept in ML
- Low bias and Low variance models are demanded
- Models should be regularized when exhibiting High Variance
 - Do not over-regularize to the point of having a very high bias
 - Remember the aim is accurate generalization