



Lifting Analysis Report

2023-06-02 20:41:15

Individual Height: 183 cm

Lifted Weight: 37 kg

Second	Action	% Error Frames
3	Reduce weight or use lifting aid or increase distance	
		43.33%
4	Reduce weight or use lifting aid or increase distance	
		96.67%
6	Reduce weight or use lifting aid or increase distance	
		56.67%