



# Lifting Analysis Report

2023-06-14 09:19:00

Individual Height: 177 cm

Lifted Weight: 40 kg

| Second | Action             | Error Frames | % Error Frames |
|--------|--------------------|--------------|----------------|
| 0      | No action required | 0            | 1.67%          |
| 1      | No action required | 120          | 100.00%        |
| 2      | No action required | 120          | 100.00%        |
| 3      | No action required | 120          | 100.00%        |
| 4      | No action required | 120          | 100.00%        |
| 5      | No action required | 120          | 100.00%        |
| 6      | No action required | 120          | 100.00%        |
| 7      | No action required | 120          | 100.00%        |
| 8      | No action required | 2            | 1.67%          |