

Lifting Analysis Report

2023-06-02 20:39:25

Individual Height: 183 cm

Lifted Weight: 37 kg

Second	Action		% Error Frames
3	Reduce weight or use lifting aid or increas	e d 433 2333336	
4	Reduce weight or use lifting aid or increas	e d 9361 a6770%	
6	Reduce weight or use lifting aid or increase	e d 561:a670%	