



# Lifting Analysis Report

2023-06-02 21:02:23

Individual Height: 183 cm

Lifted Weight: 37 kg

43.33%  
96.67%  
56.67%

Second	Action		% Error Frames
3	Reduce weight or use lifting aid or increase distance		
4	Reduce weight or use lifting aid or increase distance		
6	Reduce weight or use lifting aid or increase distance		