



Lifting Analysis Report

2023-06-02 20:55:07

Individual Height: 183 cm

Lifted Weight: 37 kg

Second	Action	Error Frames	% Error Frames
3	Reduce weight or use lifting aid or increase distance		
52	43.33%		
4	Reduce weight or use lifting aid or increase distance		
116	96.67%		
6	Reduce weight or use lifting aid or increase distance		
68	56.67%		