



Lifting Analysis Report

2023-06-02 20:53:23

Individual Height: 183 cm

Lifted Weight: 37 kg

Second	Action	Error Frames	% Error Frames
3	Reduce weight or use lifting aid or increase distance	52	43.33%
4	Reduce weight or use lifting aid or increase distance	116	96.67%
6	Reduce weight or use lifting aid or increase distance	68	56.67%