



# Lifting Analysis Report

2023-06-14 15:36:25

Individual Height: 177 cm

Lifted Weight: 28 kg

Second	Action	Error Frames	% Error Frames
3	Reduce weight or use lifting aid	54	45.00%
4	Reduce weight or use lifting aid	120	100.00%
5	Reduce weight or use lifting aid	120	100.00%
6	Reduce weight or use lifting aid	120	100.00%
7	Reduce weight or use lifting aid	120	100.00%
8	Reduce weight or use lifting aid	99	82.50%