



Lifting Analysis Report

2023-06-14 10:43:19

Individual Height: 177 cm

Lifted Weight: 33 kg

Second	Action	Error Frames	% Error Frames
3	Reduce weight or use lifting aid	29	24.17%
4	Reduce weight or use lifting aid	120	100.00%
5	Reduce weight or use lifting aid	120	100.00%
6	Reduce weight or use lifting aid	120	100.00%
7	Reduce weight or use lifting aid	120	100.00%
8	Reduce weight or use lifting aid	120	100.00%
9	Reduce weight or use lifting aid	23	19.17%