$$\begin{split} \nabla &= \boldsymbol{e}_x \frac{\partial}{\partial x} + \boldsymbol{e}_y \frac{\partial}{\partial y} + \boldsymbol{e}_z \frac{\partial}{\partial z} \\ \nabla^2 &= \nabla \cdot \nabla = \frac{\partial^2}{\partial x^2} + \frac{\partial^2}{\partial y^2} + \frac{\partial^2}{\partial z^2} \\ (\nabla^2) f &= \partial_y^2 f + \partial_z^2 f \\ \nabla \cdot (\nabla f) &= \partial_x^2 f + \partial_y^2 f + \partial_z^2 f \\ \nabla^2 &= \nabla \cdot \nabla = \frac{2}{r} \frac{\partial}{\partial r} + \frac{1}{r^2 \tan(\theta)} \frac{\partial}{\partial \theta} + \frac{\partial^2}{\partial r^2} + r^{-2} \frac{\partial^2}{\partial \theta^2} + \frac{1}{r^2 \sin(\theta)^2} \frac{\partial^2}{\partial \phi^2} \\ (\nabla^2) f &= \frac{r^2 \partial_r^2 f + 2r \partial_r f + \partial_\theta^2 f + \frac{\partial_\theta f}{\tan(\theta)} + \frac{\partial_\phi^2 f}{\sin(\theta)^2}}{r^2} \\ \nabla \cdot (\nabla f) &= \frac{r^2 \partial_r^2 f + 2r \partial_r f + \partial_\theta^2 f + \frac{\partial_\theta f}{\tan(\theta)} + \frac{\partial_\phi^2 f}{\sin(\theta)^2}}{r^2} \\ \left[e_x \frac{\partial}{\partial x} + e_y \frac{\partial}{\partial y} + e_z \frac{\partial}{\partial z}, \\ e_x \frac{\partial}{\partial x} + e_y \frac{\partial}{\partial y} + e_z \frac{\partial}{\partial z} \right] \\ F &= F^r e_r + F^\theta e_\theta + F^\phi e_\phi \\ F^r e_r \\ F &= + F^\theta e_\theta \\ + F^\phi e_\phi \\ F^r e_r \\ + F^\theta e_\theta , \\ + F^\phi e_\phi \\ F^r e_r \\ + F^\theta e_\theta \end{split}$$