

$$g_{ij} = \begin{bmatrix} (e_x \cdot e_x) & (e_x \cdot e_y) & (e_x \cdot e_z) \\ (e_x \cdot e_y) & (e_y \cdot e_y) & (e_y \cdot e_z) \\ (e_x \cdot e_z) & (e_y \cdot e_z) & (e_z \cdot e_z) \end{bmatrix}$$

$$A = A + A^x \mathbf{e}_x + A^y \mathbf{e}_y + A^z \mathbf{e}_z + A^{xy} \mathbf{e}_x \wedge \mathbf{e}_y + A^{xz} \mathbf{e}_x \wedge \mathbf{e}_z + A^{yz} \mathbf{e}_y \wedge \mathbf{e}_z + A^{xyz} \mathbf{e}_x \wedge \mathbf{e}_y \wedge \mathbf{e}_z$$

$$\begin{aligned} A = & A \\ & + A^x \mathbf{e}_x + A^y \mathbf{e}_y + A^z \mathbf{e}_z \\ & + A^{xy} \mathbf{e}_x \wedge \mathbf{e}_y + A^{xz} \mathbf{e}_x \wedge \mathbf{e}_z + A^{yz} \mathbf{e}_y \wedge \mathbf{e}_z \\ & + A^{xyz} \mathbf{e}_x \wedge \mathbf{e}_y \wedge \mathbf{e}_z \end{aligned}$$

$$\begin{aligned} A = & A \\ & + A^x \mathbf{e}_x \\ & + A^y \mathbf{e}_y \\ & + A^z \mathbf{e}_z \\ & + A^{xy} \mathbf{e}_x \wedge \mathbf{e}_y \\ & + A^{xz} \mathbf{e}_x \wedge \mathbf{e}_z \\ & + A^{yz} \mathbf{e}_y \wedge \mathbf{e}_z \\ & + A^{xyz} \mathbf{e}_x \wedge \mathbf{e}_y \wedge \mathbf{e}_z \end{aligned}$$

$$A_+ = A + A^{xy} \mathbf{e}_x \wedge \mathbf{e}_y + A^{xz} \mathbf{e}_x \wedge \mathbf{e}_z + A^{yz} \mathbf{e}_y \wedge \mathbf{e}_z$$

$$A_- = A^x \mathbf{e}_x + A^y \mathbf{e}_y + A^z \mathbf{e}_z + A^{xyz} \mathbf{e}_x \wedge \mathbf{e}_y \wedge \mathbf{e}_z$$

$$X = X^x \mathbf{e}_x + X^y \mathbf{e}_y + X^z \mathbf{e}_z$$

$$Y = Y^x \mathbf{e}_x + Y^y \mathbf{e}_y + Y^z \mathbf{e}_z$$

$$\begin{aligned} XY = & (X^x Y^x (e_x \cdot e_x) + X^x Y^y (e_x \cdot e_y) + X^x Y^z (e_x \cdot e_z) + X^y Y^x (e_x \cdot e_y) + X^y Y^y (e_y \cdot e_y) + X^y Y^z (e_y \cdot e_z) + X^z Y^x (e_x \cdot e_z) + X^z Y^y (e_y \cdot e_z) + X^z Y^z (e_z \cdot e_z)) \\ & + (X^x Y^y - X^y Y^x) \mathbf{e}_x \wedge \mathbf{e}_y + (X^x Y^z - X^z Y^x) \mathbf{e}_x \wedge \mathbf{e}_z + (X^y Y^z - X^z Y^y) \mathbf{e}_y \wedge \mathbf{e}_z \end{aligned}$$

$$X \wedge Y = (X^x Y^y - X^y Y^x) \mathbf{e}_x \wedge \mathbf{e}_y + (X^x Y^z - X^z Y^x) \mathbf{e}_x \wedge \mathbf{e}_z + (X^y Y^z - X^z Y^y) \mathbf{e}_y \wedge \mathbf{e}_z$$

$$X \cdot Y = X^x Y^x (e_x \cdot e_x) + X^x Y^y (e_x \cdot e_y) + X^x Y^z (e_x \cdot e_z) + X^y Y^x (e_x \cdot e_y) + X^y Y^y (e_y \cdot e_y) + X^y Y^z (e_y \cdot e_z) + X^z Y^x (e_x \cdot e_z) + X^z Y^y (e_y \cdot e_z) + X^z Y^z (e_z \cdot e_z)$$

$$g_{ij} = \begin{bmatrix} (e_x \cdot e_x) & (e_x \cdot e_y) \\ (e_x \cdot e_y) & (e_y \cdot e_y) \end{bmatrix}$$

$$X = X^x \mathbf{e}_x + X^y \mathbf{e}_y$$

$$A = A + A^{xy} \mathbf{e}_x \wedge \mathbf{e}_y$$

$$X \cdot A = -A^{xy} (X^x (e_x \cdot e_y) + X^y (e_y \cdot e_y)) \mathbf{e}_x + A^{xy} (X^x (e_x \cdot e_x) + X^y (e_x \cdot e_y)) \mathbf{e}_y$$

$$X \rfloor A = (AX^x - A^{xy} X^x (e_x \cdot e_y) - A^{xy} X^y (e_y \cdot e_y)) \mathbf{e}_x + (AX^y + A^{xy} X^x (e_x \cdot e_x) + A^{xy} X^y (e_x \cdot e_y)) \mathbf{e}_y$$

$$A \rfloor X = (AX^x + A^{xy} X^x (e_x \cdot e_y) + A^{xy} X^y (e_y \cdot e_y)) \mathbf{e}_x + (AX^y - A^{xy} X^x (e_x \cdot e_x) - A^{xy} X^y (e_x \cdot e_y)) \mathbf{e}_y$$