



SEXUAL BODY LANGUAGE

120

Body Language Signals
That She Likes You

NICHOLAS JACK

Sexual Body Language

120 Body Language Signals That SHE Likes YOU

By Nicholas Jack

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Table of Contents

Becoming a Winner

Using the Power of Body Language

Listen To What She Means, Not What She Says

Part 1: Before You Speak to Her

Part 2: First Few Minutes of a Conversation

Part 3: Amidst the Conversation

Part 4: Seduction: Knowing if she's ready for the kiss and more

Part 5: After the First Date

Conclusion

Check out my other books:

120 Body Language Signals that She Likes You

The secrets to knowing whether or not a girl likes you are contained in this book. No more wondering if she is interested, after this you will understand who it is she likes better than she will.

It is important to know how to read women so you will know which women to pursue. Why waste your time on a girl who is already taken or not looking. Reading body language cues are things that you need to do before: approaching her, asking her on a date, kissing her, and making things sexual. This book will further improve your understanding of women.

<http://www.amazon.com/Sexual-Body-Language-Signals-ebook/dp/B007RZBML2>

Understanding Sexual Attraction: What Makes a Woman Want You

To be what a girl wants you have to know what a girl wants. In this book you will learn the answer to the age old question “What women want”. Not the fleeting thoughts of what women currently want, but the things that are hardwired into them. It will explore sexual attraction completely. You will learn and understand every single attraction trigger that women have and why they have them. Broken down mathematically with graphs and percentages, you will learn exactly what things are important when it comes to attraction.

<http://www.amazon.com/Understanding-Sexual-Attraction-Makes-ebook/dp/B00A4N3JX8>

The 9 Laws of Attractive Body Language for Men

If only 7% of communication is done through words, then why do so many believe that they can pick up a girl with some magic line? The 9 laws of attractive body language are your magic line, they cover the other 93% of communication. If you have mastered these, you will be able to say anything, to any girl, and have her respond positively in nearly any situation.

<http://www.amazon.com/Laws-Attractive-Body-Language-ebook/dp/B00BRZQJSO/>

The Perfect Conversation: Win Any Girl with Words

Most guys have no idea how to have a conversation. They just talk about whatever pops into their head, there is no purpose to their conversation, just chaos. There may be awkward silences while they search for what to say. They have no idea why the girl isn't hanging on their every word.

Afterwards, they wonder why the girl doesn't want to see them again.

The Perfect Conversation teaches just that... the perfect conversation. It will teach you how to get her hanging on your every word, how to get her laughing and even giggling, and what to say to literally create attraction in the moment. Then, you will read about how to create a strong connection with her that is so important if you expect any type of relationship.

You will learn what to say in all situations, from when you see her walking down the street to starting a relationship with her. If you follow the outline to the Perfect Conversation, any girl can be yours.

<http://www.amazon.com/Perfect-Conversation-Win-Girl-Words-ebook/dp/B00EZV2BRA/>

The Key Logger: A Forbidden Glimpse into the True Nature of Women

Most men see women as an idea, they see the perfect Disney character that they are supposed to see. After installing a key logger on my laptop years ago, I was able to see all the things that these women did when they thought no one was looking. The stories and the shocking truths that were revealed are told in this book. The true nature of women is as no man imagines.

"I wish I never read this book, I will never see women the same way." - Olivier J.

"I felt the emotions right along with the writer; I felt both shattered and enlightened." - James W.

<http://www.amazon.com/The-Key-Logger-Forbidden-Glimpse-ebook/dp/B00FZXE2HY/>

Becoming a Winner

Reading minds is more real than you may think. It's as simple as reading body language. Your thoughts are subconsciously communicated to the world through your body. Being able to read this is as useful as being able to hear the thoughts of any girl you are with. Being able to read the body language of women will help you more than you can imagine.

Reading her mind means you never have to get rejected. Some people believe that getting rejected over and over again is good, that it's the only way to be successful with women. However, there have been numerous studies about the effects of “winning” on your confidence. For example, in college football there's a team called the Boise State Broncos. They play in a conference that does not have many good teams, however, they developed a team that consistently dominates that league. Their confidence is sky high when they play games out of their conference, even against better and more talented teams. The Boise State Broncos have developed into an elite football program in only a few years and using all the leftover players that none of the more prestigious schools wanted. The reason for this is the psychological effects of winning. When Boise state wins 15 games in a row, their confidence is going to be sky high going into the next game. When you ask out five girls, and five girls say yes, your confidence is going to be sky high as well when you talk to the next girl.

Since your body language shows the world what is on your mind, the next women you talk to are going to subconsciously see that body language, and they will be very attracted. Studies have shown that women are much more tuned into body language than men. This is not a confidence you can fake. Now this does not mean you should not talk to girls until they send you an attraction signal. You can talk to them without really risking anything. You can ask them where the library is or another location. You can ask for help with something. There are hundreds of simple, no risk openers you can use to start a conversation with a girl. Once you are in a conversation you can then start reading her signals to see if she is interested in you or open to a relationship at all.

Don't let this give you an excuse to fear rejection. In any competition a record of 180-6 is much better than a record of 15-0. The team or person with a record of 180-6 may have some losses, but with that experience they will gain more confidence and their opponents will see this on their faces.

The effects of winning literally have a chemical effect on our bodies. When we win, testosterone shoots through our bodies. As men, more testosterone is going to make us better with girls. They are going to see that excess of testosterone at a very primitive level, and they will flock to us.

However, one word of warning, remember this quote and you won't go overboard with this concept “You can't win, what you don't risk losing.”

Using the Power of Body Language

Reading body language signals is the most important thing to know if you want to be good with girls. If a girl is shy and intimidated by you, you don't want to be constantly teasing her. You want to reassure her, and show her interest. You would never know to do this if you didn't read her body language. Another girl may think she's better than you. If you notice her superior body language you can amp up the teasing and be more dominant to show her you are a dominant man who is inferior to no one. Reading body language lets you know when you can do certain things and when you can say certain things.

In this book I'm going to take you through the progression of a relationship with a girl. I will show you the signs she's going to show of her interest in you and of her interest in advancing the relationship. This is the basic outline of any relationship you are ever going to have. These signals that they give are natural and you will see them tens of thousands of times in your life from thousands of different girls. After reading this book you will know what the hidden meaning behind these actions are. One thing you must understand is that every signal of interest can be interpreted incorrectly if you only pay attention to one at a time. The secret is to look at them in clusters. If you see multiple signals at once chances are very good that she is interested in you. Also pay attention to external factors. If she is constantly fixing her hair, a signal of interest, but it is very windy out, then this is not an attraction signal you can trust. If she is sending multiple signals of attraction, but her eyes show most of her attention is on the guy standing behind you, then those signals are probably not meant for you. Take everything in context, and you'll be reading her as easily as you're reading this book.

Listen To What She Means, Not What She Says

In addition to body language signals, this list has things that women say that don't seem like signals of attraction, but actually are. The content of what people say is also important. When people talk with you, they have an agenda. There are no exceptions to this. They make be talking to you because they enjoy your company, because they want to build a better relationship with you, because they want something from you, or because they are lonely. There is intent behind everything we say and we very rarely reveal that intent through actual words. This list will show you the reasoning behind why she says certain things to you. You will learn to listen to what people mean, and not what they say.

Part 1: Before You Speak to Her

The first signals of interest are the ones that women will show you to communicate that they want you to come and talk to them. If you receive these signs, don't think about it, just go and ask one of the openers we talked about earlier, because these are girls that are very open to the possibility of something more with you.

1-10 – Eye contact

1. **She gives you eye contact** – Almost every one of these signals of attraction means much more when accompanied by eye contact. Eye contact shows where her attention lies. This is important in realizing who these signals are being sent to.
2. **She meets your eyes then looks away in a downward direction** – When strong eye contact is accompanied with her looking downward, she's showing submission. She's playing coy, but she wants you to go over and talk to her. It's an even stronger show of attraction if she looks at you again after looking down.
3. **She holds eye contact for longer than normal** – When two people do this it creates a tension. It is only done to show aggression or attraction, so unless you just beat up her little brother it's a great sign.
4. **Holds eye contact while she smiles** – She is being forward about her attraction for you, and showing you she will be friendly with you if you approach her.
5. **Lowers her head while maintaining eye contact** – It is a show of submission and a common way girls will look at someone they are very attracted to.
6. **She checks you out** – While she thinks you're not looking, she may check you out. The way to know if she is checking you out is if she looks you up and down from head to toe. A friend is the best way to spot this signal.
7. **She looks at you from the side** – Women are not as open as men in their interest. A shy girl will want to hide the fact that she is considering you for more than friendship.
8. **Eyebrow flash or raise** – When we see something we find attractive our eyes will automatically widen a bit. An easy way to spot this is to look for her eyebrows to raise for an instant; sometimes this only lasts a fourth of a second.
9. **She glances at you, breaks eye contact, and then glances again at you a second later** – She's telling you she liked what she saw at first glance and wants to look again. It takes courage on her part for the second glance, so make sure to reward her by approaching.
10. **She looks away quickly when you look at her** – Lost in the moment she doesn't notice as your head turns toward her. She doesn't want to be caught checking you out, so she gets a little flustered and looks away quickly, but by doing this she gives herself away.

11-23 – Other signals for you to come talk to her

11. **Tosses her hair** – She's subconsciously trying to draw attention to herself. She may flick her hair or do something to make her hair appear more noticeable.
12. **Preens her hair** – If she fixes her hair or touches her hair in any way, she is worried about how she looks. The most common cause for this is seeing a cute guy.

13. **Preens her clothes or she checks the mirror** – If she smooths, fixes, or pats her clothes, again something has caused her to worry about how she looks. If she is taking out her mirror and fixing her makeup, something has made her wonder about how good her makeup looks.
14. **Her proximity to you** – She may end up very close to you, with her back to you or just checking something out that is close to you. If a girl wants you to talk to her she may do this to encourage you to talk to her.
15. **Rolls her hips** – She can roll her hips while walking, exaggerating her hip movement. Women have wider hips than men, because of that they can do something men cannot, which is roll their hips. This is meant to draw attention to themselves and look sexy.
16. **Group of girls in a circle talking, laughing and there are girls in the group looking towards you** – You will usually find attractive women out in groups with their friends. If you happen to see this, the girl with her back to you is most likely the one interested, and yes, they are talking about you.
17. **Crosses her arms and taps her index finger on her arm while looking at you** - This is something single girls will do when they want you to come to them. It signals impatience and boredom of being alone. Be careful watching for this, because if she is just crossing her arms and not tapping, it most likely means she is not open to talking.
18. **She “Accidentally” brushes or bumps into you** – A girl may accidentally brush against you or bump into you when she walks by. If you noticed her looking at you prior to this, it was most likely no accident.
19. **She finds an excuse to talk to you** – If a girl has checked you out, then afterwards she asks you “Do you know where X is?” they probably already know the answer. They want an excuse to talk to you. There are many ways a girl can do this; for example; “You look familiar do I know you from somewhere?”, “How does this look on me?” and “Do you know how this works? I just can’t figure this out.” There are always new and creative ways girls do this. These lines are also the perfect to use on women when you want to open up a conversation.
20. **While walking by she turns her body towards you** – She is subconsciously signaling to you that she wants you to talk to her; already skipping the step where she turns her body toward you.
21. **She dances alone to the music** – If you're at a dance or a club and a girl starts dancing by herself, she wants somebody to ask her to dance. If she's showed previous interest or this is accompanied by eye contact, she wants YOU to ask her to dance.
22. **Her lips are slightly open** – If when she looks at you and her lips slightly part, it's a great sign. This happens to everybody when we see something attractive to us. Whether she sees a breathtaking sunset or a handsome guy, her lips will part.
23. **Her body becomes erect** – When we see somebody of the opposite sex that has potential as a partner, our bodies naturally become erect. Our backs arch and shoulders go back. It is more attractive and looks healthy.

How I have used this – The love struck customer

I have used these first 23 body language signals many times. I have used them to know which girls to approach and which girls to avoid.

There are too many stories to tell, but one particular story comes to mind. I was at my job in security and I noticed a cute girl glance my way. I turned and started watching her.

She looked again and the second we locked eye contact she looked away, then a second or two later, she glanced back towards me.

Later, when her friends and her were close, she positioned herself in her group with only her back facing me. She then started to talk with two other friends. They would occasionally glance at me.

As she continued walking around the store she would toss her hair and when she thought I wasn't looking she would check her makeup in a nearby mirror.

Before leaving, she walked by me and locked eye contact with her head slightly tilted downwards in a submissive position.

I gave her a friendly smile.

"Hey this may sound strange, but do you want to go out some time?" I told her, obviously catching her off guard.

She stopped, suddenly looking around; wondering if I was talking to her. She gained her composure.

"That doesn't sound strange at all." She said with a 100% legitimate smile on her face. "Sure. My number is..."

I saw thousands of people every day, I'm glad I was able to pick out this girl that really dug my look.

There are cute girls that are lonely that you see every day. You might be exactly what these girls are looking for, but you will never know because 95% of girls won't make any moves other than body language signals.

This girl was so happy because I was her type and because I was able to read it, reading and acting on her body language made both of our days.

I observed 7 body language keys that she liked me. Those are just the ones that I remember and I'm sure there were dozens that went un-noticed or that were repetitive so I didn't make a note to remember. Don't underestimate the power of reading women.

Part 2: The First Few Minutes of a Conversation

Now that you have started talking with her, you are looking for the next level of signals. You are looking for signals that she is ready to give you her number or move onto the next step in a relationship. This step is where you will be taking a chance. The risk of rejection comes in here. You will either ask for her number, which declares that you have interest in her, or you will show that you are interested in her in another way. For example, turning the conversation to questions about her or getting her to go somewhere with you.

During the first few minutes of a conversation, some things you can be doing are: making jokes, teasing her, telling her stories, asking questions, or just discussing any normal topic. A little bit of everything is best.

24-50 – First few minutes body language signals

24. **Her pupils are dilated** – When we see something we really like our pupils dilate. We have no control over this so it's impossible to fake or hide. On the other hand, when we see something we don't like our pupils will contract. Make sure to note the lighting. When it is dark our pupils naturally dilate to take in more light. When it is bright our pupils contract. Look to see if her eyes sparkle, this is caused by her dilated pupils catching the light.
25. **She leans towards you** – If her head or body is leaning towards you, she subconsciously wants to be closer to you. It's like her mind wants to be closer to you but her body and social norms are keeping her in her chair.
26. **Shows her wrists** – A woman's wrists are a very sensitive part of her body. If she shows her wrists to you in any way it is a sign of vulnerability. She can show her wrists in many ways; for example, while smoking a cigarette or touching her face.
27. **She tries to keep your attention** – If another person comes into the conversation and starts talking with you and she fights for your attention, it's a good sign. You should start taking things to the next level.
28. **She ignores and dismisses people while around you** – If she is ignoring other people while with you, she wants only to be talking with you. All her attention is on you, and she does not want it any other way.
29. **Stands with her toes pointed inward** – This is a childlike, playful pose that she will use to try to woo you, and get you into a playful mood. Playfulness is natural state for starting relationship.
30. **Breasts pushed forward, pressed together** – It's no secret to women that men are biologically wired to be attracted to a woman's breasts. If a girl likes you she may use this strategy of drawing attention to her most effective assets.
31. **Draws attention to her ass** – This is another thing that men are naturally very attracted to. Women will use their ass in the same way as their breasts. Wearing heels is a great way for a girl to draw attention to her breasts and ass, as the design of heels is meant to tighten her ass and push out her breasts.
32. **Shows her neck** – The neck is a very sensitive and vulnerable part of the body, which also makes it a sexual part of her body. She may move her hair to one side exposing her

neck to you or tilt her head to the side exposing more of her neck to you. This is a subconscious sign that she is opening up to you sexually.

33. **She giggles** – A giggle is different from a laugh. If you have her giggling like a school girl, you have her right where you want her.
34. **Looks over her shoulder back at you** – This is a flirty gesture; she is being open about her desire to attract you. It is a sexy pose that was made famous by Marilyn Monroe.
35. **She punches you in the arm** – As strange as it seems, being punched by a girl is almost always a good thing. It's a playful flirt and an excuse to touch you.
36. **Shoulder shrug** – It's a show of submission. She's going back to how she felt as a kid.
37. **Matches your speed of speech** – If she's interested she may subconsciously match her speech to yours. This is almost like being on the same wavelength. She is subconsciously creating rapport between the two of you.
38. **Lowers her voice** – Lowering her voice does two things: First, it sets the tone of the conversation to sexual. Second, it forces you to get closer to her so that you can understand her, and being closer is always a good thing.
39. **Her skin tone turns red while she is around you** – This is a great sign, as it means that she is flustered while around you. It means that she is so smitten, that whenever she is around you she gets nervous and starts blushing.
40. **Shows her palms** – This shows you that she is using open body language. It means that she is open to you, your advances, and what you have to say. The opposite of this is if she has folded arms and keeps objects like drinks in between you and her or if she keeps her body faced away from you.
41. **She holds handshakes and hugs for a little longer than normal** – There are unspoken rules for how long you should hold a hug or a handshake; about a second. If she holds her hug or handshake for just outside of the social norm, she is communicating to you that you are more than a friend or acquaintance.
42. **Flutters her eyelashes** – One of the most beautiful things about a woman is her eyes. Women know this and will blink their eyelashes rapidly to bring your attention to their eyes. This also brings attention to their long, thick eyelashes.
43. **Flared nostrils** – This is a small sign that means she is either attracted or angry.
44. **She acts nervous** – When a girl is smitten with a guy she will show nervous body language. She may st-udder or say something foolish while visibly getting mad at herself. She might also scratch the back of her neck showing self-doubt. The pitch of her voice may crack or go un naturally high. A good way to gauge this is to look at how she usually acts and if she is bubblier, quieter, or shows nervous signs while around you. You're the reason. These are actually good signs, but this is the point when you need to show some interest to get her more relaxed around you.
45. **Thrusts her hips forward** – It is a primal sexual showing. She is feeling sexual. If those hips are thrusting towards you, you're the reason for her sexual state.
46. **Big smile with upper and lower teeth showing** – This is a clear showing of being comfortable and happy around you. A relaxed and unrestrained smile is a clear indicator that she is enjoying herself. Learn to distinguish this smile from a polite smile.
47. **Asks your name, age, where you live, and other questions** – If someone does not like

you, they usually won't ask you any questions because they don't want to continue the conversation. Asking questions is a sign that someone wants to continue talking with you or that they are curious about you. When there is a conversation where one person does not want to be talking, you will notice that person only answers questions, while the other person continues asking them. This is an interrogator type conversation. Do not let yourself fall into this trap of interrogating them.

48. **Re-initiates conversation when you stop talking** – When there are holes and gaps in a conversation, it's a good sign if she fills them in. Men are usually expected to lead the conversation, but a good way to gauge if a girl really wants to be talking with you is to stop talking. Wait to see if she picks up your slack and starts leading the conversation in your place. This shows that she wants to be talking with you.
49. **Compliments you** – This is a common way that girls will try to get on your good side. It's easy to like the person who constantly compliments you, however, it's harder to respect them. Beware of this one as it may seem like an obviously strong signal of attraction, but it isn't always so. Some women use compliments with everyone they meet as a way of charm, try to note whether or not the compliment is sincere.

How I have used this – The Politician's Daughter

I had been in Colombia for a couple of months and my Spanish had begun to become conversational. I had noticed a trend in the beauty of the girls I was able to obtain, in direct correlation with the level of my Spanish.

One day I was returning to my apartment when I saw a cute girl with a GREAT rack talking to my landlord in front of the apartment.

I thought of an opportunity to talk to my landlord and walked over to the two.

“Mi Television no esta funcionando – My TV isn't working”

She said she would send somebody up later, then introduced me to the cute girl she was talking to. I kept talking to her and ended up with her number.

I set up a date to go to a mall and then to a movie without much problem and a couple days later we were sitting on a bench at a mall close by my apartment.

She immediately started asking me questions about myself. I was new and different to her and it was obvious.

As she talked she leaned forward, hanging on my every word (or trying to understand my Spanish). I took her hand and it was sweating; she was nervous. I realized that these were positive body language signals and it motivated me to game her even better.

I focused on having flawless body language, to make her want me even more. It seemed to be working. I stared deep into her eyes and noticed her pupils dilating as she stared at me.

I then started pulling away, showing colder body language. She reacted to it by chasing after me. She scooted closer to me on the bench and bent over while pushing her big boobs together showing even more cleavage than her low cut top already showed. It was working, I can't help my attraction to a great pair of boobs.

It was then I started noticing the clothes she was wearing. They were expensive, brand name clothes. This was rarer in Colombia, as it's a poorer country. It made me want her more.

The more you want a girl, the more nervous you become. The more nervous you become, the worst your body language and game becomes. I realized this, but then I thought back to all the positive body language signals that I saw. “This is in the bag.” I thought to myself, regaining my confidence.

We then went to the movie theater. With all the work done and because it was clear that she was into me, I went for the kiss five minutes after the movie started. She accepted my kiss passionately and we continued making out off and on until the movie ended.

The next date was a movie at my apartment and I was able to seal the deal. She was a sweet girl and I was very attracted to her, good times.

Some drama happened (personal stuff) and she revealed to me who her father was... a famous Colombian politician. Let's not piss him off, a guy like him can make a guy like me disappear without a trace in Colombia.

Reading body language helped me get this beauty. It gave me confidence when I was a bit shaken; I knew I was doing well and I fed off of it.

Luckily she showed plenty of signals that she was interested in me and I capitalized.

Part 3: Amidst the Conversation

The third part of an interaction is where you move into getting to know them better, building rapport, the kiss, and more. Throughout this part you should be touching her more and more. Find any excuse to touch her and slowly get closer and closer to her.

50-97 -Signals of interest during your conversation

50. **She looks to you for a reaction after speaking** – While telling a story or making a comment, instead of looking at the entire group, she continuously looks toward you to gauge your reaction. If a girl is doing this, she is showing that your opinion is the one she values.
51. **Stays with you when her friends move on** – A good sign of attraction is if her friends move to another area, and she stays with you. You are compelling and she wants to spend more time with you, even if it means ditching her friends.
52. **Winks at you** – This again is an obvious one where the girl is boldly making her interest in you known. Beware of girls who are chronic flirts. That is, girls who flirt with every one they encounter for fun. With a girl like this, most signals of interest mean nothing. A favorite move of girls who are chronic flirts is the wink.
53. **She is playful and challenges you** – To be playful she may give you a nickname or tease you about something. Do you think that the cute employee behind that desk is playful with every guy she encounters? She may be, but a few minutes of watching her afterwards will tell you if her playfulness means something or is part of her personality.
54. **She asks you if you're single** – This is an easy indicator that a girl is thinking about you as a potential boyfriend. A sneaky tactic girls will use to learn this is to mention your girlfriend, even though you haven't said anything about having one. She is waiting for you to correct her.
55. **Fails to mention her boyfriend** – You may later find out that she has a boyfriend, but in all the time you talked with her, she never mentioned it. This means that she wants to be with you more than she wants to be faithful to her boyfriend.
56. **While talking with her friends everybody stops abruptly when you approach** – If this is not your first time approaching, then they were undoubtedly talking about you. The abrupt stop means that it was probably information that they didn't want you knowing. They could be talking about, for example, how much one of the girls in the group likes you.
57. **Introduces you to her friends** – Friends are a very important part of a girl's life, if she's introducing you to her friends it is a great sign. Beware that she's not doing it just to be polite.
58. **She grooms you** – This is something that couples with great rapport do. When the other has an eyelash on their cheek or lint on their shoulder they will pick it off. If she does it to you, you can be sure that she feels very comfortable with you. Some more ways she can do this is to fix your collar, brush down some out of place hairs on your head, or wipe a bit of food off your face. These are all good ways to touch you and build a sense of intimacy. Don't hold back on using these same things on her.

59. **She hints at a date** – Girls will rarely ask a guy on a date, but many times she will lead the guy to asking her. For example, if you mention that you like basketball she might mention how she always wanted to learn and would love it if somebody would teach her. Sometimes it's as obvious as “I really want to see a movie tonight, but I don't have anybody to take me... hmmm.” She wants you to take her.
60. **She tries to show common interests** – Usually when a girl tells you she likes video games or that she loves to watch sports, she is trying to give off the impression that you will enjoy spending time with her. There are girls who love video games and sports, but that is a very small percentage of women. If you mention how much you enjoy writing and she replies how she loves to write and to read good writing, this is also a signal of attraction. The more times she does this the more sure you can be she is very interested. Another way you can tell if a girl is doing this is if she is agreeing with you on everything you say. You two may be similar, but you're probably not exactly the same.
61. **She brags** - Women sometimes brag about being able to do things that men value. For example, she may mention how amazing her cooking is or how she gives the best massages in the world. A good way to test if a girl likes you any time throughout a conversation is to say “It's hard to imagine myself with a girl who can't give a good massage.” If she jumps at your bait, and says how great her massages are, it's time to push the relationship to the next level. The other way women will brag is to proudly mention life accomplishments. She is trying to show you she is a person with high value.
62. **She mentions a future together** – She may say something that mentions you and her as a couple in the future. For example, she may say “Our kids would look very cute.” or “We could even afford a big house with a white picket fence.” She might say these things in a joking manner, but it is more than a joke.
63. **Points her body towards you** – If her legs, feet, knees, legs, arms, hands, elbows, head, or body are pointing towards you, it's a good sign. We tend to point towards where we want to go. If you watch three people standing in a circle. You can look at the feet and body of each person to see which person they are mostly tuned into. If most of her body parts are pointed towards you, you have every bit of her attention.
64. **She mirrors your body** – When we are completely interested in somebody we will copy their body positions, making an exact mirror. If you are leaning against a wall with your left hand on your hip, and she leans against the same wall with her right hand on her hip, she is mirroring you. This is an excellent sign of being on the same wavelength.
65. **Fondles or strokes an object** – These tells let you know that she is thinking about something sexual. Her body subconsciously does the things she wants to be doing with a man. She may do this with a necklace, glass, cigarette, keys, rings, buttons, or any other object.
66. **Strokes or caresses herself** – This is a subconscious gesture that is says “I want you to be doing this.” She may stroke or caress her arm, breast, legs, face, neck, wrists, or other parts of her body.
67. **How much skin she shows** – Showing skin is an effective way to get a man's attention. A way she may do this is: While wearing a skirt she sits in a chair with her legs crossed, but one leg is crossed very high to show more of her legs. She may literally hike her skirt up

with her fingers while talking with you. A common one with more aggressive girls is to bend over, either to show you more of their breasts or more of their ass. Keep in mind when you have a date with a girl, and she is showing a lot of skin, that those clothes are for you. If she didn't like you she would be covering up as much as possible. Take note of how she dresses as an indicator, but note that certain types of girls dress differently.

68. **Whispers in your ear** – Whispering is a very sensual activity. It brings her very close to you and toward your neck, which is a very sexual part of your body. Take this as a very strong signal of attraction.
69. **She breathes on your face** – There are chemicals in the breathe of the opposite sex that literally act as drugs when you inhale them. This is the reason why making out gives people a feeling of being high. We all subconsciously know the power of our breath.
70. **She blows smoke straight towards you** – While smoking a girl may blow her smoke directly towards you, instead of to the side as usual; this a subconscious result of knowing the power of her breathe.
71. **She touches you** – This is a very important signal that means she wants to escalate the relationship. She may do this by “accidentally” bumping legs with you or touching your forearm when you make a joke. If she does something out in the open, like resting her hand on your thigh, it is a much stronger signal of attraction. Another way she can do this is to take your hand to lead or be lead somewhere. Not only does she succeed in touching you, but she sends the message to others that you two are together. If while taking your hand, she squeezes it, it's an even stronger signal.
72. **“Accidentally” rubs her breasts against you** – This is another way she can touch you, but this is a more sexual advance. She's using sexuality to attract you by rubbing a very sexual part of her body against you. Ninety percent of the time that a woman rubs her breasts against you it is no accident. These are a very sensitive part of her body, and she is always aware of where they are.
73. **Asks you to try her drink** – Sharing drinks is something only people who are very close do. If a girl is asking you to take a sip of her drink, she is wanting to put you into that category.
74. **She laughs at your jokes that are NOT funny** – You may leave certain conversations with girls thinking “Wow! I am funny.” You're not. She was just really into you. Look back at some of the jokes you made to see if that's the case. If those jokes are not funny, and she started laughing like you're Dane Cook, then that is a very strong signal of attraction.
75. **Tilts her head while listening to you** – This is classic body language that signals interest in what is being said. You have her undivided attention, and she values and believes the words coming out of your mouth.
76. **Opens her legs towards you** – By opening her legs and revealing to you the most sexual part of her body, she is saying she is interested in you sexually. The wider the better. It is a good sign if she's wearing jeans; it's a better sign if she's wearing a skirt.
77. **She comes into your personal body space (0-18 inches)** – We all have a personal zone that surrounds us. The eighteen inches from our bodies are reserved for close friends and lovers. If she is moving into that zone she is showing her desire for something more with you. Some ways a girl will do this may be as subtle as moving only her foot into this zone

as you two are standing and talking. Another way she may do this is any type of touch. The strongest indicator she is interested is if she enters this zone and stays there.

78. **She stands square to you, giving you her full attention** – When two people stand square to each other they make it difficult for other people to join in on the conversation. She is saying she is happy talking to you, and only you.
79. **Latches onto you when something scares her** – If a sound, a person, a lack of light, or anything scares her, and she heads directly to you for comfort, then you know that she is attracted to you. She feels safe with you and she wants to use any excuse to get closer to you.
80. **She touches you more and more** – The natural flow of a relationship is advanced with how much a couple touches each other. If she starts touching you, then a little more, then in more personal areas, it is her desire to escalate things and go with the natural flow of a sexual relationship.
81. **She asks you personal questions** – When a girl does this, she is attempting to make a personal connection with you. She is trying to create rapport. She may ask you about something that may show your vulnerability, like a death in the family or what your fears are.
82. **Reveals something personal about herself** – This is another way to make a personal connection with you and build rapport. An example of this is if she reveals that she was picked on in middle school.
83. **She asks you what type of girls you like** – If she asks you this, what she is really asking is “Am I the type of girl you like?” She will mentally be comparing whatever type of girl you say to herself. She is hoping that you describe a girl just like her. However, sometimes it's a good idea to do the opposite.
84. **She fakes interest in others and watches for your reaction** – Girls love to try to create jealousy. It's one of their most used weapons. If a girl has been giving you positive signs for a while then, all of a sudden, goes off to talk with another guy. Meanwhile, every once in a while she glances back at you. Chances are good she is trying to make you jealous. This is usually caused because you stopped showing her your interest. Now she is attempting to win it back.
85. **When you talk with other girls she gets visibly jealous** – Jealousy works two ways. If you notice her getting jealous while you are talking to some other girl, know that you are in great shape.
86. **Plays with her hair while talking to you** – Playing with hair is a psychological anchor that brings most of us back to our childhood. She is enjoying her time with you. She is feeling as she did when she was a child, when everything was new and exciting. Another possible reason for this is that when women become attracted, their blood rushes to the top of their skin. It makes her sense of touch more acute, which makes running her fingers through her hair feel very good.
87. **She sits very close to you** – If you to sit on a couch or a bed with her, the socially accepted thing for her to do is sit on the other side of that bench, one or two feet from you. If she breaks this and sits very close to you it is a very strong signal. It means that she wants for you to touch her more, and possibly, that she wants to cuddle. Cuddling is a great

thing, as it usually happens right before the kiss. The same concept is true if you two are lying on a bed.

88. **Buys you a drink or other item** – In psychological terms she is investing in you. When she buys you something like this she is saying “I want to increase my chances of spending more time with you, and I’m willing to spend money to do it.”
89. **Does you a favor** – Psychologically this is also investing. If she goes out of her way for you, you must have some value to her.
90. **She ignores her calls or texts while talking to you** – By ignoring her calls and texts she is showing that speaking with you is more important than talking to anybody else that would call her at that moment.
91. **She offers to give you a massage** – If she offers to give you a massage, she wants to initiate touching. If you've been going to the gym she may also want an excuse to touch your body. Women appreciate a good body much more than men think. A massage is also a very sensual experience, jump on the opportunity.
92. **Mentions something sexual while talking with you** – If someone mentions something, it must be on their mind. You now know what she has on her mind. She may be trying to get you thinking sexual thoughts, and into a sexual state. Watch for her to gauge your reaction after she says something sexual.
93. **She accuses you of being a heart-breaker or a player** – She is thinking about you as a potential boyfriend. She is worried and thinking back to a time where she had her heart broken. She wants reassurance that she won't be hurt again.
94. **When you hug, her hips are pressed against yours** – You aren't going to hug your grandma like this; this is a very sexual hug that places her most sexual area against your most sexual area. This hug shows sexual attraction.
95. **She uses playful antics** – Seduction is in many ways about going back to your childhood where everything is fun and exciting. This is her way of flirting with you. Some examples of this are: Stealing a hat, shirt, or pencil or teasing you.
96. **She has sweaty palms** –When we are nervous about something or with somebody we are attracted to, our palms get sweaty. A way to notice this without feeling them is seeing her rubbing her palms together or wiping her palms on her clothes.
97. **She stretches towards you** – If she does this she wants to get your attention, and maybe show off some more of her body.

When I have used this – The Stunning beauty from Bangkok

Body language signals 50 to 97 are an especially large section. It covers a very large spectrum of signals. However, I think I have a good story where I read these and acted on them to save the day.

I remember when I was in Thailand and I had set up a date with an absolute stunner. I am an online dating expert and I was able to use what I have learned all these years to set up a date.

We met at a subway stop in Bangkok. She was tall for a Thai girl with great curves and a beautiful face. In person, she was better than advertised online.

To be completely honest, her beauty rattled me quite a bit. I focused on having fun and teasing her, but her English wasn't great and it was difficult to communicate.

We went and got some food at a restaurant close by. She asked if I was single, what I look for in a woman and other positive questions. I started touching her early and she happily accepted my advances.

I noticed she would laugh at all my jokes, even if she didn't understand them. My body language was on, and it was clear she was into me. I noticed that she would almost always point her body towards me. She spent the entire first part of the date giggling and smiling from ear to ear.

Then, we went back to her apartment so she could change into something different before we went and got some drinks.

She changed into a sexy little outfit that showed a lot more skin than what she showed up to the date in. I knew I was in good shape so far.

From there she wanted to meet up with her best friend who was at her boyfriend's hotel bar getting some drinks, so we went there.

We arrived at a VERY expensive hotel and she introduced me to her cute best friend and his German boyfriend.

Right off the bat this guy grudgingly shook my head and blew off my tries to start a normal conversation. This rich guy was being a dick.

"He's not usually like this." the best friend said when he left for a moment. "Something bad happened back home."

He returned and we sat there in awkward silence. All I can remember is trying not to burn any bridges. I wanted to say "Stop throwing your tantrum." But there was a chance I could lose my girl by offending her best friend and the boyfriend.

The awkwardness continued as the rich guy kept trying to impress the two girls with his deep pockets. I couldn't compete financially and the conversation was never fun.

I could tell the mood of my girl was changing. We weren't touching as much and her body had

stopped pointing towards me.

I figured this was only going to get worse.

"I have to go. Nice to meet you guys." I said goodbye to the group.

My girl came with me and we walked to the subway. My mood was not good after dealing with the rich German guy and hers wasn't that good either.

The carefree laughing girl was gone. All that was left was a cold beauty, void of anything but fake smiles.

We arrived at the point where it was time to say goodbye and I knew I was screwed. So you know what I did?

"Listen it was great meeting you and you are a cute girl, but it's really hard to communicate with you and I don't know if our personalities click."

She looked at me with big eyes, obviously surprised at my response.

"Ok." She said, suddenly showing honest emotion; sadness.

"Who knows maybe I will return in a couple years and your English will be really good and we will end up getting along perfect."

She was shocked and in disbelief. I stayed respectful, said goodbye, and left her at the subway stop.

I didn't return years later; I returned two weeks later. When I returned she was practically begging to meet up again. We did and everything went like clockwork.

She was a stunner and she had a very sweet personality. If I didn't know how to read her body language, I never would have had any idea how badly I was bombing the date and I never would have been able to recover with a last ditch effort. That last ditch effort was basically... dump her before she dumped me... and it worked.

I remember 8 different body language signals that she showed me, both good and bad. The importance of these signals cannot be stated too often.

Part 4: Seduction: Knowing if she's ready for the kiss and more

After conversation comes the next part of the interaction. This is where you two start touching more and more and it turns into seduction. The action that needs to happen to get into seduction is the kiss. In this part of the list you will learn what to look for before going for a kiss. If you see even one of these don't be afraid to kiss her.

You will also learn what indicators let you know that she is in a sexual state.

98-106 - Knowing that she's ready for the kiss

98. **Invents a reason to be alone with you** – If you are with a group of friends, and she asks you to walk her to her car so she can get something because she is too scared to go by herself, then what she is really saying is “I want to be alone with you.” Don't pass up your chance for the kiss. Another thing that could happen is you end up with a group of her friends, and they all end up leaving for some reason. She has told her friends that she wants to be alone with you.
99. **Applies her lip gloss, chap stick, or lipstick** – This is a way to bring attention to her lips, and is a tell that she is ready for a kiss. No girl wants her lips to be dry when you kiss her.
100. **Touches her lips** – When she touches her lips with her finger, she is subconsciously letting you know that she is thinking about kissing.
101. **Licks her lips** – This is a subconscious gesture that moistens her lips in preparation for a kiss. She wants to kiss you.
102. **Puckers her lips** – This is a way to look sexy; bringing attention to her thick, full lips. It's also a tell that she wants your lips on hers.
103. **She stares longingly into your eyes, with a glance at your lips** – This is the most common and easiest way to tell if a girl is ready to be kissed. If she is holding your eye contact for long periods of time and glancing at your lips at all. It's time to go for the kiss.
104. **She holds eye contact for longer and longer** – This is a natural progression that leads up to the kiss. Do not shy away from this eye contact. Keep your eyes fixed on hers. It builds tension and will make the kiss even better.
105. **She holds her face inches from yours with heavy breathing** – If you find a girl's face inches from yours, staring at you, she wants to kiss you. If you also hear heavy breathing, she is dying to kiss you.

106-111 - Signals showing she is in a sexual state

106. **Puts fingernail between her teeth** – This is a tell that the girl is thinking about you sexually.
107. **Bites her lip** – This is another sexual tell. She is subconsciously preparing for kissing, sucking, licking, and other sexual activities involving her mouth.
108. **Her nipples are erect** – If you manage to see this beneath her shirt you should know that

either she's cold or she is very turned on. Although it's less of a tell if she is a mother.

109. **Openly checks you out** – Is it a great sign if a girl openly checks you out. She knows that you see her and she is letting you know that she is looking and likes what she sees.
110. **She bites you** – The bite is a playful and sexual action. She is getting playful and turned on.
111. **She looks at your privates** – If you think men are the only ones who sneak looks at private parts of the opposite sex, you do not know women. A glance at you package is an obvious tell of what she is thinking about.

How I used this – The Naughty Spanish Professor

As a man that has spent the last few years going on A LOT of dates, I have gotten to the kiss and seduce phase too many times to count.

There are countless times where I have been able to read the girl's body language and know that she wanted me to kiss her, but one funny story in particular comes to mind.

I was studying Spanish years ago while I was studying at my university. Upon arriving at my first class I saw a small, cute lady at the front of the class; my foreign Spanish professor.

She had a fun, happy, always teasing personality. On top of that, for her age, she was a bombshell; 37 years old and hot. She was the 2nd hottest teacher I have ever had; 2nd to a teacher from 7th grade.

As the semester went on I developed a crush on my Spanish professor. She would greet me every day with a submissive smile. It was so strange to see a professor greet me with such a smile, her head slightly tilting downwards as she would smile at me.

Was I imagining it? Was that an indicator that she was attracted to me? Had the fact I was crushing on her, affected my judgment? I would soon find out.

I was planning a trip to Colombia soon after, so I asked her for more help studying the language. She agreed. I was expecting to meet her after class once a week or something.

“Sure. Come over tonight. Here's my address and cell number.”

Wow, she's inviting me to her house and giving me her number. Could that submissive smile and constant teasing and joking mean something?

I arrived at her house that night and her husband was there. She introduced me and he left a few minutes later. It was just me and my Spanish professor.

We started out at her table just talking. She started telling me about herself and her past. As she went on, I started to notice something... she was bragging. Over and over again she told stories that made her look particularly intelligent or desired. It seemed so strange to have a teacher bragging like that to me.

She started touching my hand and arm at every opportunity and moving closer and closer to me. Her body was always pointing towards mine, never away. I was the only thing on her mind. “Maybe it was because she is very passionate about teaching her students.” I thought.

We went on to studying and started an exercise where she says something in English and I translate it to Spanish.

She came closer to me, her face about 16 inches from mine, and started speaking.

“What I like about you, is the way you look at me.” she said with her light accent.

“Lo que me gusta de ti, es la manera en que me miras.” I repeated back in English.

She kept staring deep into my eyes as she continued saying similar phrases. I started to understand, but it was a new situation for me. It became clear that she liked me, but I had never been with a teacher, a woman her age or a woman that was married. I said I had to go and she walked me to the door.

Outside her front door she gave me a hug and, as I was in her arms, she didn't pull away, but stared up into my eyes. How cliché; she wanted me to kiss her on her doorsteps. I ignored the advance, said goodbye and drove home.

I went on to see her a couple more times. I should have trusted the body language she showed from the beginning, but the strangeness of the situation made me doubt. It doesn't matter who it is, if she's a female, she will use these body language signals.

The following times that I saw my Spanish professor, I didn't match her advances. Marriage was important to me and the idea of breaking up a family didn't sit well with me.

Six months later her and her husband split up. I invited her over to my place and a couple hours later we were on my bed making out. I had signed up for her Spanish class and was just waiting for the semester to start.

Was I about to have a sweet advantage in class? Could be. However, that night, kissing her, I realized that I never really liked her, it was the idea of her I liked and the power she had held over me.

Kissing her had shattered the crush I had for her and I declined showering with her and sent her home.

Maybe I should have for the story, maybe I shouldn't have. All I know is... it didn't feel right.

I observed countless body language signals from my professor who was from a country in South America. It just goes to show, no matter what age or where they are from, the international language is body language.

Part 5: After the first date

After the first date is finished you are going to want to know how it went. You should be able to tell by the signals of interest that you previously had. Still, women's interests are fleeting. How do you know that she still likes you after a date? That is what this section of the list is dedicated to.

112-120 - after the first date

112. **She calls or texts you to say how she had a good time or that she got home safe** – This is a nice reassurance that your date or meeting went well.
113. **She returns your calls and texts promptly** – These days people are so busy that if she is prioritizing your phone calls and texts above other things, then she is definitely interested.
114. **She calls and texts you more than you call and text her** – This is a very safe sign that she is into you. If you are calling and texting more than her, you cannot be sure of her feelings for you.
115. **She suggests another date** – An obvious signal that she wants to see you again.
116. **She “Accidentally” leaves an item with you, in your car, or in your house** – This is a very slick and common move, and it is how girls take matters into their own hands. They don't want to take the chance that after that amazing date they will never see you again. They are going to leave something with you. A pair of earrings, a jacket, a hat, or any other item worth more than a candy bar.
117. **She constantly posts and likes on your social network page** – If she is liking and commenting on pictures and posts, she's sending the message that she wants to see you again.
118. **She remembers your special days** – If months later, she remembers the exact day you met, your anniversary, or your birthday, then she has been thinking about you a lot.
119. **She shows up at your home** – If she shows up unannounced at your home, saying she was in the area and just wanted to stop by. She is looking to try to keep your relationship going. She hopes that by making a face to face connection she can get the ball rolling with you and her.
120. **She ends up at the venues you frequent** – If after you first met her, you end up bumping into her again and again, these are probably not accidents. She is doing all she can to see you again.

Conclusion

There are your one hundred and twenty signals of attraction. Something to give you a leg up on understanding the opposite sex, and something that will let you read her mind. Go over this list multiple times, then after an interaction that you are interested to know how it went, go over them another time. Look for all the cues that you got from that special girl.

Go out into the world and test these out. Go sit at a park and make eye contact with women passing by. Go to a bar and watch how guys and girls interact with each other. You will be able to see how every budding relationship is progressing. Practice and memorize these concepts so that when they happen to you, you are able to immediately recognize them for what they are.

Keep in mind that most of these signals of attraction can happen at any time. They are listed where they usually happen in an interaction, but don't be surprised if she buys you a drink right when you first meet her or any other misplaced signal of interest.

Many times these signals will not mean the girl is interested; for example, with chronic flirts, or girls who flirt with guys for sport and manipulation. These girls are not simply reacting, they are using these body language cues to get you chasing, to get from you what they want. Girls like this are hard to obtain because their body language helps them to always have a lot of options. To find out if a girl like this really likes you is a hard thing to do, you should touch more and more and wait for her to stop you. This will tell you a bit about how serious she is about you. Then, after showing interest, you should show disinterest to see if she chases, just remember to make sure you show interest first. If she doesn't respond favorably to both those things, she is probably not interested.

On the other end of the scale there are the girls who are very shy. These girls are so uncomfortable in social situations that, other than showing nervous and closed body language, they will not let their feelings show. If you are with a girl like this, the best thing to do is pretend those signs are there and keep moving forward. Girls like this are actually easier to get because they usually do not have many options, thanks to their closed body language and avoidance of social situations.

Don't be afraid to listen to your instincts. We are programmed to know what all these signals mean subconsciously. Even if women are better at recognizing them, know that your instincts are one of your greatest assets. What this list of signals will do is bring these signs to your conscious brain, so you can assess how best to act.

With mastery of these concepts you will find yourself understanding more and more of the world around you, things that you didn't even know were going on before. You will see the world through new eyes.

To learn more, improve how well you read and use body language, or to ask for advice on that certain girl come visit my website at: <https://njworld.wordpress.com/>