

Achieve by the Satisfaction of Happiness

To answer to question of whether or not achieving by the satisfaction of happiness is a valid ideology to live by, one must first examine the question of why do we try to achieve anything at all? For instance, on a daily basis, billions of people in the world wake up to run their routines of going to work, doing chores, or socializing with certain friends but why does humankind run through these particular routines?

Everyday, we wake up and do particular tasks mainly because we wish to achieve something, whether life-long goals or small tasks. But, the very essence of trying to achieve something means we wish for something in return. Often times, we are returned with ideals or materials that embody happiness, whether its money, success, or love. However, these very things are misconstrued as happiness and blind people from actually achieving the very goal of happiness. People would rather achieve for the existence of these materials or ideals rather than happiness. In my opinion, the fuel for life is the essence of happiness. The reason why we keep on with our daily tasks, spend time with our families, or give back to humanity is to obtain this very fuel for our lives. In other words, achieving by the satisfaction of happiness is the fulfillment of living life.