

# California Pacific Medical Center

## Our Mission:

Compassion and excellence in the delivery of healthcare services to our community.



## Short Stay Units

If you require an overnight stay after your procedure, you may be accommodated in our Short Stay Unit.

The short stay units at CPMC are a resource for superior quality diagnostic and therapeutic care. This unit is designed to enable you to prepare for your procedure, have it performed, and recover all, in the same facility. Unlike long-term rooms, short-stay units require less equipment, are easier to prepare, and are more economical to our patients. This allows for a convenient experience, and should any complications or concerns develop, they can be immediately addressed.

We realize that you will have questions about your treatment. Our physicians, nurses, and support teams are specially trained to utilize the newest technologies and procedures to facilitate your treatment. From the moment you arrive, we encourage you to communicate your needs to our staff. Our goal is to keep you informed and comfortable. You're in the hands of experts dedicated to your health, and they are always ready to help.

*We wish you the best on your journey to physical and emotional healing following your procedure. Thank you for trusting your care to our CPMC team.*

## Parking

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Parking in Geary garage.  
Over 6 hours, \$35 max

## Food

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Ordering from the room service menu is available from 7am to 6:30pm. Outside of those hours, cold trays and snacks are available.

## Visitors

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Visiting hours are 8am–10pm. We encourage your family to see you after the procedure but there are no overnight accommodations for guests.

## Hospital Staff on hand

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A 3:1 registered nurse to patient ratio ensures a safe, close observation. The staff is specifically trained to aid you in a quick recovery.

We encourage early ambulation. You will be out of bed walking in the hallway frequently. Please do not hesitate to call for assistance with any concerns.

## Room Amenities

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The short stay units—while private—are small and without windows. The units are quiet and clean, with a standard hospital bed to facilitate your rest and recuperation. Each unit has a TV with music, cable access and prescribed patient education videos at your fingertips.

The units do not have individual bathrooms. Instead there are well maintained shared bathrooms.

## Check out process

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You will be seen by a doctor early in the morning (around 8am) with a discharge goal of 9am.

You will need to arrange for transport – and someone to drive/accompany you home. Please have your family member in by 8am to hear all discharge instructions to help aid you in your recovery at home.

Share with your RN your preferred pharmacy so that prescriptions can be sent over for you. An efficient discharge process ensures your continued recovery at home.