# California Pacific Medical Center

#### Our Mission:

Compassion and excellence in the delivery of healthcare services to our community.



# **Short Stay Unit**

If you require an overnight stay after your procedure, you may be accommodated in our Short Stay Unit.

The short stay unit at CPMC is a resource for superior quality diagnostic and therapeutic care. This unit is designed to enable you to prepare for your procedure, have it performed, and recover, all on the same floor. Unlike long-term hospital stay units, the short stay unit maintains rooms efficiently and specifically prepared for the care of a patient immediately following a procedure. While the beds are the same as in an inpatient hospital unit, the available monitoring and therapeutic equipment are tailored for after-procedure care, which also translates to a more economical process for patients. Because the short stay unit is staffed by nurses that specialize in after-procedure care, any concerns or complications can be addressed immediately and appropriately

We realize that you will have questions about your treatment. Our physicians, nurses, and support teams are specially trained to utilize the newest technologies and procedures to facilitate your treatment. From the moment you arrive, we encourage you to communicate your needs to our staff. Our goal is to keep you informed and comfortable. You're in the hands of experts dedicated to your health, and they are always ready to help.

We wish you the best on your journey to physical and emotional healing following your procedure. Thank you for trusting your care to our CPMC team.

### **Parking**

Parking available in the hospital garage, entrance on Geary Boulevard. Over 6 hours will reach \$35 daily maximum.

#### Food

Ordering from the room service menu is available from 7am to 6:30pm. Outside of those hours, cold trays and snacks are available.

## **Visitors**

Visiting hours are from 8am to 10 pm. We encourage your family to see you after the procedure but there are no overnight accommodations for guests.

## Hospital Staff on hand

A 3:1 registered nurse to patient ratio ensures a safe, close observation. The staff is specifically trained to aid you in a quick recovery.

We encourage early ambulation. You will be out of bed walking in the hallway frequently. Please do not hesitate to call for assistance with any concerns.

#### **Room Amenities**

While the rooms in the short stay unit are smaller than a long-term stay hospital room, and do not have windows, each room is private, quiet and clean. Each room has a TV with cable access, music selections, and health education videos, and there is internet access via guest Wi-Fi. A standard hospital bed will facilitate your after-procedure rest and recuperation. Each room has a sink, but does not have a bathroom. Shared bathrooms are conveniently located and well maintained.

# Check out process

We have a discharge goal of 9am. This helps meet the requirement to keep outpatient procedure stays under 24 hours. Your RN will asked for your preferred pharmacy so that prescriptions can be sent to them directly. You will be seen by your clinical provider early in the morning (around 8am). Ideally, have a friend or family member present to hear all instructions to help aid you in your recovery at home.

You will need to arrange for someone to drive or accompany you home. There is a discharge lounge available if you find yourself waiting for a ride.

An efficient discharge process ensures your continued recovery at home.

