### Welcome to our new hospital

The new Mission Bernal Campus provides smart technology with all private, family-friendly rooms. One of the safest and greenest hospitals in California, it is a technologically advanced campus that promotes safe and peaceful healing.





### Mission Bernal Opens August 25<sup>th</sup>



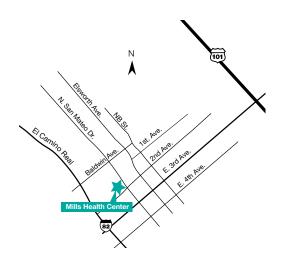
#### At a Glance:

- 120 rooms, all private, with space for families or caregivers
- Expanded Emergency Department with 16 treatment rooms and specialty care for older adults
- Advanced intensive care unit
- Full imaging department with MRI
- Personalized approach to maternity care, with midwives, doctors and doulas available
- Pediatric Clinic with after hours care until 10 p.m. seven days a week
- A dedicated Acute Care for the Elderly (ACE) unit to improve the quality of care for older people
- Advanced Orthopedic care

#### **Contact Us**

Main Hospital: **415-600-6000** Informaiton/Lobby: **415-641-6512** 

For more information, visit **cpmc.org** 





**Mission Bernal Hospital** 

3555 Cesar Chavez San Francisco, CA 94110 CPMC's Mission Bernal
Campus offers remarkable
care, remarkably close, with
a focus on women's health,
pediatrics, orthopedic care
and services for older adults.

## **Excellence in Women's Healthcare Private Maternity Suites**

## Mission Bernal offers birthing options as diverse as our neighborhood.

- Midwives for childbirth and prenatal care
- Doulas for labor support
- Labor tubs and nitrous oxide for labor
- Prenatal yoga and massage
- Postpartum and breastfeeding support

Working together, these expert specialize in lowintervention care, with advanced medical care as needed. This collaborative approach results in our low cesarean and episiotomy rates.

### **CPMC Mission Bernal Pediatric Care** 1580 Valencia St. Suite 701

### Sick kids don't take off nights and weekends, and neither do we.

CPMC offers pediatric care when and where you need it in the Mission/Bernal Heights neighborhood. We provide vaccinations, sports exams and screenings. We treat common illnesses such as colds, diarrhea, earache, fever, flu, rash, sore throat, upset stomach and more.

We also offer transition services for adolescents, helping them make the move from pediatrics to adult health services. Our licensed clinical social workers have close relationships with community resources. Working together, they help connect families with the resources they need to manage health issues.

#### **Pediatric Clinic Hours**

Monday – Friday: 8:30 am – 10:00 pm Saturday – Sunday: 8:30 am – 10:00 pm



# **CPMC Mission Bernal ACE Unit Specialized Hospital Care for Older Adults**

At CPMC's new Mission Bernal Campus, we strive to deliver ideal care for older adults. That's why we started the Acute Care for Elders (ACE) Unit. The interdisciplinary team led by an Elder Life Nurse Specialist helps elderly patients return home to their normal living situations.

#### The ACE Unit provides:

- A physical and occupational therapy room
- Group activity therapy, including music therapy, guided imagery and other activities that encourage socialization and mobility
- Rehabilitation with a focus on exercise, socialization and better sleep
- HELP (Hospital Elder Life Program), which develops a personalized care plan to help each patient stay mobile, social and prevent functional decline

## Call 415-641-6482 to learn more or to refer a patient.

#### **Exceptional Orthopedic Care**

The CPMC Mission Bernal Campus will be a designated orthopedic center. You can expect the latest advances provided by top-notch physicians in the field. Services include:

- Hip and knee arthroplasty, including anterior hip replacement and minimally invasive surgery
- Complex hip and knee revision arthroplasty
- Joint resurfacing
- Shoulder replacement and revision
- Complex recurrent rotator cuff tears
- Complex fracture care