

- Watch and sample a live cooking demo with local chef Emily Dellas.
- Discussion of technology use in diabetes with Dr. Karen Earle and Gloria Yee, RN-CDE.
- Healthy dinner, raffle prizes and more.

Where: CPMC - Pacific Campus Enright Room 2333 Buchanan St. San Francisco

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When: Friday, November 9th 5:30 - 8:00 p.m.

RSVP: www.cpmc.org/worlddiabetesday or 415-600-0120





Keys to a Vibrant Life with Diabetes





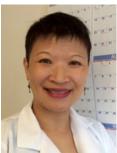
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Emily Dellas

Local San Francisco chef, Emily Dellas, focuses on time efficient methods with importance on fresh, local, whole igredients. She likes to create menus that people can prepare themselves, and feel good about eating on a regular basis. She has been featured in San Francsico Bay Guardian, SFweekly.com, Daily Candy, and the Wall Street Journal online.



Gloria Yee

Certified Diabetes Educator, Gloria Yee, RN has specialized in diabetes for over 20 years and provides individualized self-management training to patients. She is a popular presenter to healthcare professionals, bringing awareness and raising funds for national and local diabetes organizations.



Karen Earle, M.D.

Dr. Earle is the chief of endocrinology at CPMC and medical director for the Center for Diabetes Services. Her busy endocrine practice treats patients with both Type 1 and Type 2 diabetes. Her practice combines the latest medical therapies and technology (insulin pumps and continuous glucose monitors) along with education to help patients make healthy lifestyle choices.



Eve Agenda

5:30pm Karen Earle, MD Welcome

5:45pm Chef Emily Dellas
Healthy Cooking Class

6:45pm Break / Dinner

7:00pm Gloria Yee, RN, CDE and Karen Earle, MD Diabetes in 2018 and Beyond

To reserve your free seat, RSVP:

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