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**REAL SALADS HAVE ARRIVED**

WE ARE OPEN ALL 7 DAYS



**SALADDAYS.CO**

DELIVERY | SALAD PARTIES | SUBSCRIPTIONS

EST. 2014

**SALAD DAYS™**

TREAT YOURSELF

**TOSSED GOURMET SALADS**

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**MENU**

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9643 800 901/02/03



## FRUIT SALADS

Served with lime based house dressings.

### MELONY BONANZA / ₹150

Cantaloupe, muskmelon, watermelon, fresh mint leaves and feta cheese.

Topped with lanzan seeds.

### TROPICAL FRUIT MIX / ₹150

Diced mangoes, pineapple, papaya, sun melon and thai basil.

Topped with grated coconut.

### EXOTIC FRUIT BOWL / ₹220

Strawberry, kiwi, red grapes, egyptian orange, cantaloupe cubes, apples and fresh mint leaves.

Topped with candied walnuts.



## VEGGIE SALADS

Served with fresh grilled breads.

### CORN & FIVE PEPPERS / ₹170

Red, yellow & green bell peppers, jalapeño pepper, sweet corn kernels and chopped celery stalk.

Served with extra virgin olive oil based house dressing.

### CLASSIC GARDEN SALAD / ₹170

Romaine lettuce, iceberg, rocket leaves, grape tomatoes, red radish, cucumber, red pepper, parmesan cheese & black olives.

Served with extra virgin olive oil based house dressing.

### GOURMET PASTA SALAD / ₹170

Chifferi rigati pasta, cherry tomatoes, sweet corn kernels, green bell pepper and black olives.

Served with balsamic vinaigrette house dressing.



## LEGUME SALADS

Served with fresh grilled breads.

### MEDITERRANEAN CHICKPEA / ₹150

Boiled chickpeas, mixed bell peppers, romaine lettuce, cucumber, tomato, red onion and crisp pita bread.

Served with tahini based red wine vinaigrette house dressing.

### MIXED SPROUTS SALAD / ₹150

Mixed bean sprouts, apple, american cucumber, tomato, chopped celery stalk and sunflower seeds.

Served with lime based house dressing.

### SOY BEAN & CORN / ₹150

Boiled soybeans, sweet corn kernels, american cucumber, tomato, green bell pepper, red onion & chopped celery stalk.

Served with balsamic vinaigrette house dressing.



## CHICKEN & EGG SALADS

Served with fresh grilled breads.

### CHICKEN PASTA SALAD / ₹220

Smoked chicken, chifferi rigati pasta, cherry tomatoes, sweet corn kernels, green bell pepper and black olives.

Served with balsamic vinaigrette house dressing.

### CHICKEN CAESAR SALAD / ₹220

Smoked chicken, iceberg lettuce, romaine lettuce, cherry tomatoes, black olives, sliced onions, whole wheat croutons and parmesan cheese.

Served with classic house caesar dressing.

### EGG, POTATO & GREEN BEAN / ₹150

Boiled eggs, green beans, potato, black pepper and coarse sea salt.

Served with mustard flavored extra virgin olive oil based house dressings.