

DELIVERY | SALAD PARTIES | SUBSCRIPTIONS

EST. 2014

SALAD DAYS™

TREAT YOURSELF

TOSSSED GOURMET SALADS

—
REAL SALADS HAVE ARRIVED

WE ARE OPEN ALL 7 DAYS



SALADDAYS.CO

—
MENU

—
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9643 800 901/02/03



FRUIT SALADS

Served with lime based house dressings.

TROPICAL FRUIT MIX / ₹150

Diced mangoes, pineapple, papaya, sun melon and thai basil.

Topped with grated coconut.

MELONY BONANZA / ₹150

Cantaloupe, muskmelon, watermelon, fresh mint leaves and feta cheese.

Topped with lanzan seeds.

EXOTIC FRUIT BOWL / ₹220

Strawberry, kiwi, red grapes, egyptian orange, cantaloupe cubes, apples and fresh mint leaves.

Topped with candied walnuts.



LEGUME SALADS

Served with fresh grilled breads.

MEDITERRANEAN CHICKPEA / ₹150

Boiled chickpeas, mixed bell peppers, romaine lettuce, cucumber, tomato, red onion and crisp pita bread.

Served with tahini based red wine vinaigrette house dressing.

MIXED SPROUTS SALAD / ₹150

Mixed bean sprouts, apple, american cucumber, tomato, chopped celery stalk and sunflower seeds.

Served with lime based house dressing.

SOY BEAN & CORN / ₹150

Boiled soybeans, sweet corn kernels, american cucumber, tomato, green bell pepper, red onion & chopped celery stalk.

Served with balsamic vinaigrette house dressing.



VEGGIE SALADS

Served with fresh grilled breads.

CLASSIC GARDEN SALAD / ₹170

Romaine lettuce, iceberg, rocket leaves, grape tomatoes, red radish, cucumber, red pepper, parmesan cheese & black olives.

Served with extra virgin olive oil based house dressing.

CORN & FIVE PEPPERS / ₹170

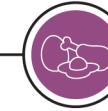
Red, yellow & green bell peppers, jalapeño pepper, sweet corn kernels and chopped celery stalk.

Served with extra virgin olive oil based house dressing.

GOURMET PASTA SALAD / ₹170

Chifferi rigati pasta, cherry tomatoes, sweet corn kernels, green bell pepper and black olives.

Served with balsamic vinaigrette house dressing.



CHICKEN & EGG SALADS

Served with fresh grilled breads.

CHICKEN PASTA SALAD / ₹220

Smoked chicken, chifferi rigati pasta, cherry tomatoes, sweet corn kernels, green bell pepper and black olives.

Served with balsamic vinaigrette house dressing.

CHICKEN CAESAR SALAD / ₹220

Smoked chicken, iceberg lettuce, romaine lettuce, cherry tomatoes, black olives, sliced onions, whole wheat croutons and parmesan cheese.

Served with classic house caesar dressing.

EGG, POTATO & GREEN BEAN / ₹150

Boiled eggs, green beans, potato, black pepper and coarse sea salt.

Served with mustard flavored extra virgin olive oil based house dressings.