

COMPUTATION BOOK

NAME

Mark Holmes

Course 4-1-1P

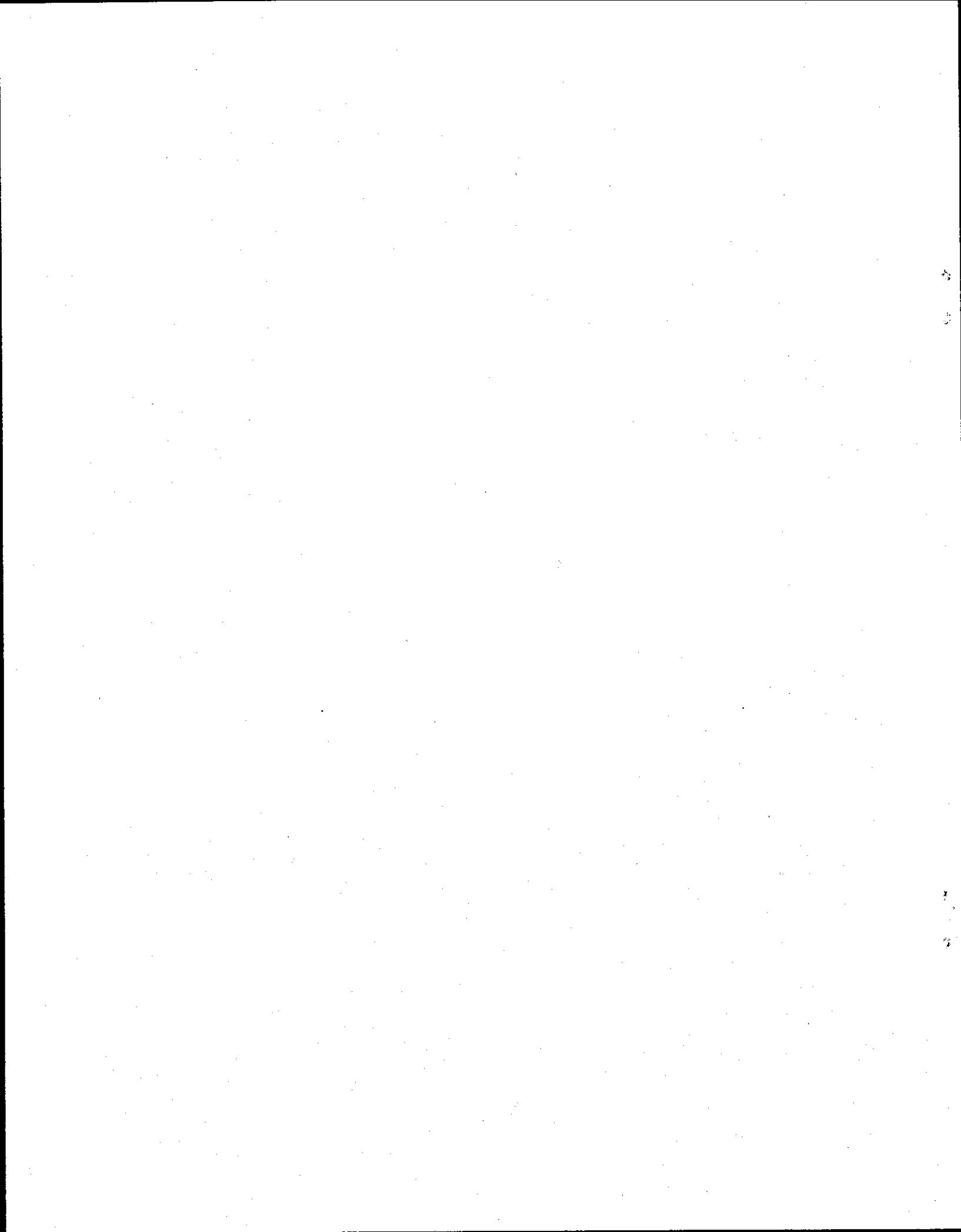
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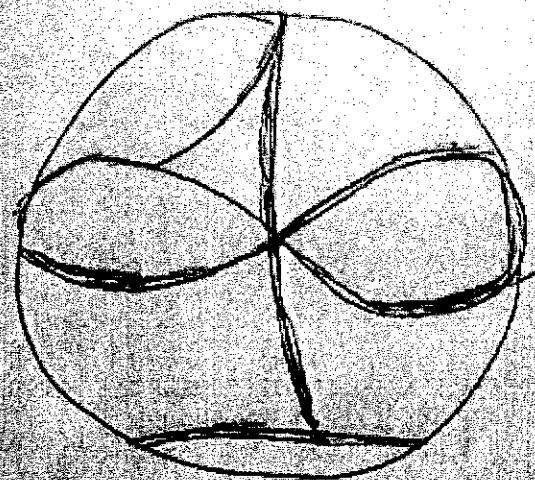
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The Question

What is the meaning
of life?

What is the meaning
of death?



Ko
boober
Chrissy
Bobbo
love yahs
Yan

~~Insights into the Nature of Madness~~

What is equal equal to?

*All men are created equal.

All men are uncreated equal

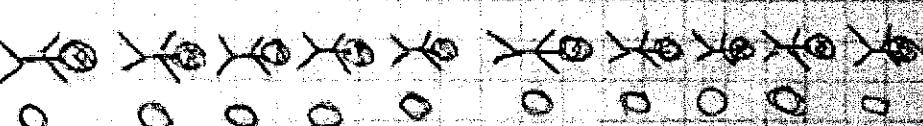
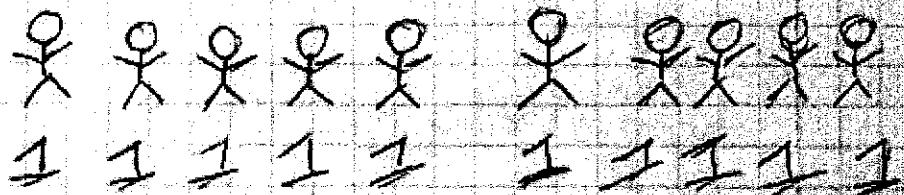


Equal = 1

1 (Distinct individual
value)

= ?

1 or 11 or -9



Equal = ∞

∞ (priceless/
unlimited value)

= ?

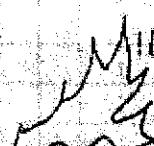
∞ or 0 or - ∞ Murderer value may be = to dead. Equal may
= priceless

*By similar reasoning Equal = ∞ (unlimited value) may be possible

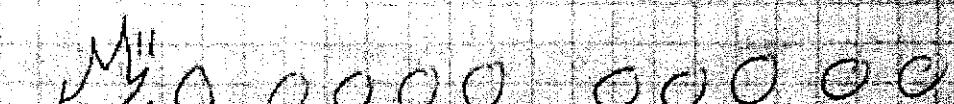
Equal = 0

("valueless/
no difference from death")

= ?



"



"



"



Murderer value

vertically = to dead
Equal by definition is

○ Equal = ○ No value
 ○ Equal may = ∞ Ultimate good

Equal may = -∞ Ultimate evil

Can a person have both no value
 AND be ultimately good AND/OR
 ultimately evil? * Unknown.
 or waste)

Why does the value of a
 person even matter?

* Justice

If people are ultimately good
 or evil in value, then one may
 suffer from injustice.

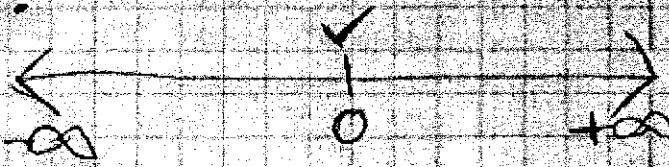
If life has no value:

- All is just
- Life and death are not sacrosanct
- Any and all actions have no
 impact on anything

Moral imbecils are those who side
 with 0 or -∞. The ideals of society
 are founded on +∞.

Why do persons commit to $O = \infty$?
All men are created equal, and all men
are uncreated equal but between them
is inequality.

My Mind:



Life's fallback solution to all
problems - Death.

Multiplying both sides of an equation by O
When mankind can't find truth,
untruth is converted to truth via violence ($\times O$)

problem = ? $O \times$ problem = (?) $\times O$

*based on an incorrect theorem $O = O$ problem = solved
 $O = O$

O Violence is a false response
to truth while giving the illusion of truth.
This is widely understood with murder
being unjust. However, mankind hasn't
found a better alternative & there is still
mass violence, war, and unfortunately, these forms
of violence are misleadingly still justified.

I have spent my entire life seeking this
alternative so that the questions of how to
live and what to live for may be addressed.

Alternatives to death:

① Ignore the problem.

If the problem or question doesn't exist

then the solution is irrelevant.

Didn't work. Forms of escapism tried included
reading, television and alcohol.

② Delay the problem.

Live in the moment without concern
for answering the problem at present.

Didn't work. Pursued knowledge to increase
the capacity for answering the questions with
improved cognitive function.

③ Pawn the problem.

If one can't answer the question
themselves, get someone else to answer it.
Didn't work. Everyone else didn't know the
solution either.

④ Love.

Hate.

~~~~~ Despite knowing death is false myself being aware,  
I couldn't find a working alternative. To all this

Life is dead, than the questions -  
Why should life exist?  
What is the purpose of living?  
Are then O, irrelevant.

### Self Diagnosis of Broken Mind

- Dysphoric mania
- Generalized anxiety disorder / Social anxiety disorder / OCD / PTSD (chronic)
- Asperger syndrome / Autism
- ADHD
- Schizophrenia
- Body dysmorphic disorder
- Borderline, narcissistic, anxious, avoidant and obsessive compulsive personality disorder.
- Chronic insomnia
- Psychosis
- Trichotillomania
- Adjustment disorder
- Pain disorder
- restless leg syndrome

## Symptoms attributed to Self Diagnosis

- Catatonia. Developed recently, often lasts for 3-5 hours in the middle of the day. If present in morning and I know it isn't particularly bad, can goad myself to move by thinking "Bambo get up you must get up".
- Excessive fatigue. Present since beginning undergraduate studies. Can move, but typically "need" to lie down for 1 hour.
- Isolationism. Removing myself from social settings. Being around others is tiring with no apparent reason. Perhaps just an extreme form of introversion.
- Avoid social interactions. 90% of the time will not initiate a conversation, if discourse is unavoidable or redundant action socially unacceptable responses will be short or in question form to have other person be the one talking.
- Brief periods of invincibility, actions are hypersexual. Developed in last 3 months, occurs typically 3 or 4 days a week lasting all day with

possible interludes of catatonia.

- Tiredness most of the time for about an hour, onset unknown
- Quick fleeting movements on peripheral vision. Kind of like a light flicker. Other times dark patchy movement in peripheral vision like a crow or beetle. Occurrence rate usually 1 to 3 times per day/night. Onset unknown but > 1 year ago when gaze is shifted to identify movement no source, or potential source for its cause present.
- Proclivity to scan environment with no target or object in mind. Typically occurs alongside apathy in a boring situation when someone is giving a presentation or otherwise rambling about frivoly information. Rate - often. Onset - child.
- Recurring return to mirror to look at appearance. Particular attention focused on hair styling. 10+ times a day. Onset > 1 year ago.
- Concern with teeth. Only showed with ~~left~~ side of jaw to preserve right side of teeth. Occurred as child was scared after getting braces.

- Concern with nose. Often dry, or looks  
faucet running continuously, when  
nose interferes with quality of living, others  
are squished to the point of skin peeling. Comes  
<sup>(no nose)</sup> situationally since child.
- Concern with ears. Can not hear very well.
- Concern with eyes. Imperfect biology, had to  
wear glasses. Oculus sinister is dominant eye.
- Concern with cock. Suffered accidents as  
child. Allergic reaction to soap - staining.  
Excessive stimulation in response to "most beautiful  
woman in world" I had read in a book. Other  
went - a slab of skin tore away, did not  
feel. Results of accidents not prevalent to street  
in appearance when erect.
- Inability to communicate what I want  
to say although I can understand it. Typically  
have an image in my mind but can't say  
images or draw them, would be nice if there was  
some form of Telegony to transfer the image.
- Difficulty in concentrating or focusing on  
anything longer than 15 minutes. Created a  
learning strategy of studying 15 min more than  
watching TV and repeat. Very effective but only  
in isolation.

- Odd sense of self: View myself as divided.  
There is a biological me, which is driven by biological needs. E.g. hunger drives me to go eat, thirst, ... to drink etc. The real me is fighting the biological me. The real me, namely thinking me does things not because I'm programmed to, but b/c I choose to. The latest battle I lost was when I finally succeeded to fall in love. Evolution, the biological program's code is very difficult to fight.
- Can't fall asleep when I want to fall asleep.  
Sometimes my legs and arms will twitch involuntarily ~ 1 per month. Much more common is having to adjust sleeping position ~ 10+ times a night b/c of physical discomfort.
- Random, no apparent cause stabbing back pain.  
More typical is throbbing achy lower back pain.
- Hair pulling. First was back of head at "mall" age ~ 10th grade, when someone mentioned it, my friend and I switched location. Schenectady - like high school. Didn't feel until college. Under chin and eyelashes not recently eyebrows and eyelashes.
- The obsession to pull hair is now so strong it's all over face and arms and hands and legs. Started

The entire world with nuclear bombs. Then shifted to biological agent that destroys the mind. Most recently serial murder via a cell phone gun & folding knife in national forests.

— And finally, the last escape, mass murder at the movies. Obsession onset  $\geq 10$  years ago. So anyways, that's my insight is broken. I tried to fix it. I made it my sole conviction but using something that's broken to fix itself proved ~~unworkable~~ <sup>unworkable</sup> went like the way to go but it didn't pan out. In order to rehabilitate the broken mind my soul must be excoriated. I could not sacrifice my soul to have a "normal" mind. Despite my biological shortcomings I have fought and fought. Always defending against determinism and the fallability of man. There is one more battle to fight with life. To face death, embrace the longstanding hatred of mankind and overcome all fear in return death.



# Stray concepts

## Futility

The mind is a prison of uncertainty.

Trillions of cells guard it for eternity.

O' where art though master key?

Destroy the mind and be free.

## Homo Sapiens

Mythical  
Biblical

Garden of Eden → consume fruit of knowledge  
→ cast out of utopia

Mythical  
Greek

Prometheus, steals fire from Gods → gives knowledge  
of fire to man → Eternal torture, eagle eating liver

Mythical  
German

Faust, trades soul to devil for knowledge → Corruption

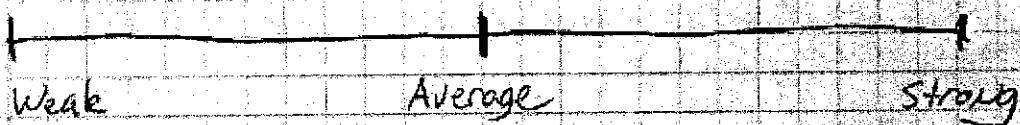
## Nothing

Easily recognizable  
as soon as nothing  
features of something  
encapsulated  
many features  
but there is nothing

### The Blind

Close your eyes, leave them closed, open them. The sightful know when their eyes are open. The insightful know not whether they see with their eyes open or closed.

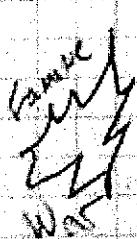
### The Number Line



The weak are most likely to perish in trying times likewise, the strong most likely to overcome.

Why do the AVG & STR support the weak?

This is easily answered. In trying times the weak will fall. They act as a buffer. Furthermore, when the weak die, the AVG & STR become weaker.



survival fitness is fixed when compared to MAN V Nature  
But Man V Man is relative,

## Everything

Everything suffers the same paradoxical qualities as nothing.

### The Ripple / Butterfly Effect & Unity

Reference to the butterfly flapping its wings and causing a tornado half way around the world.

Space and time are intrinsically linked. Go ahead and attempt to visualize or understand time without some sort of matter depiction attached. Similarly space is nonexistent w/o time. Imagine space. You've probably imagined a snapshot, a single time point of physical objects.

Every being is a unique particle set of spacetime. Between or filler amongst beings establish continuity of the universe. Any action or lack of action ripples throughout the entire universe at a given spacetime. In one's own selfish nature, we choose to view ourselves as distinct or separate from the universe. A single universe overall, per se. This isn't correct. We are all one, unity. As such, there is no difference between life & death or spacetime. All

things, actions and phenomena are not multiple ripples. Instead the universe is a single unitary preponderance of which we are each a part of. This may be unfeathable to some and result in the seeking of escapism and attempt at reductionism of unity into fractured entities. To me, this unity is infinitely complex. Much more preferable is a simple system. Unity through mil.







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Why? Why?

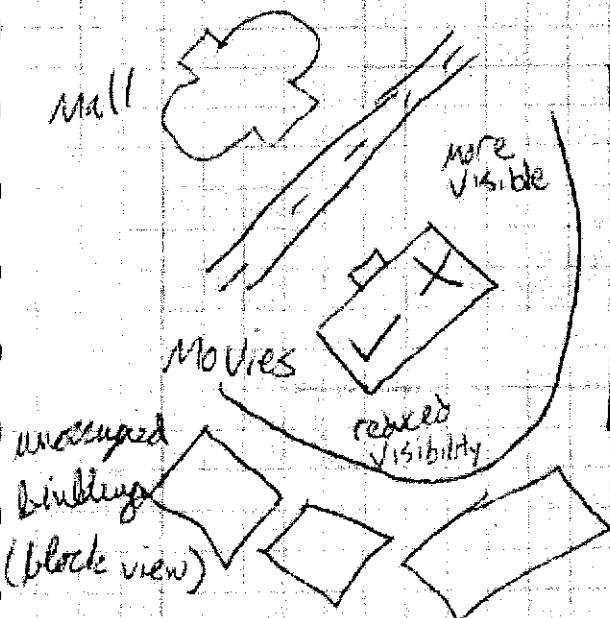
W W Y R

# Case the Place

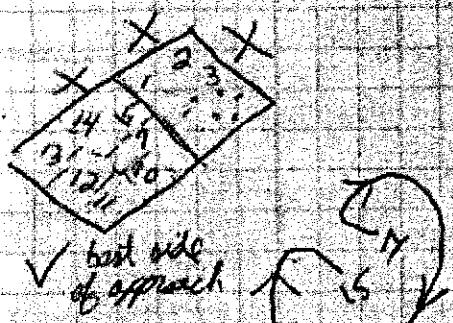
- Targets soldiers. The cruel twists of fate are linked to the misfortune.
- Method: Bombs X (too regulated & suspicious)
- Biological Warfare X (too violent, requires extensive knowledge, training and equipment)
- Serial Murder X (too personal, too much evidence, easily caught, few kills)
- Mass Murder/Suicide ✓ (maximum casualties, easily performed w/ firearms although primitive in nature, No fear of consequences, being caught 99% certain)
- Venue — Airport or Movie theater.
- Airport X Substantial security. Too much of a terrorist history. Terrorism isn't the message. The message is there is no message. Most folks will misinterpret correlation for causation namely relationships and work failure as causes. Both were existing catalysts not the reason. The cessation being my state of mind for the past 10 years.

- The movie theater - Cineplex 16

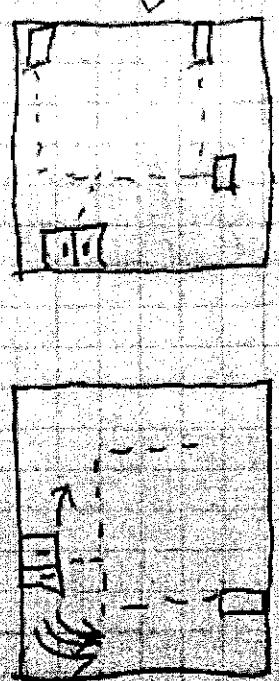
- Isolated
- Proximal
- Large
- What better place to case than that of - ?  
an unconscious entertainment facility?



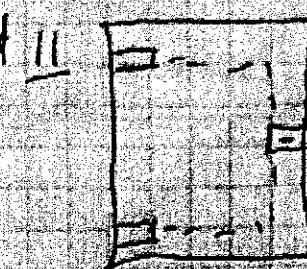
- South side of theater optimal
- 15 screens



- Clock-wise numerical organization



- Avoid
- too many exits
- wrong spatial location
- very large

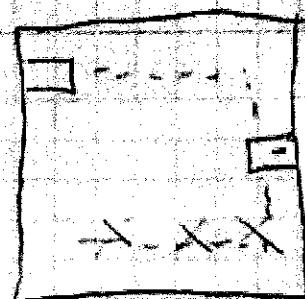


- Primary target
- Only 2 exits
- Excellent spatial approach
- Not movie - yes
- Ingress with medium size

- Slightly smaller area
- 3 exits
- Good spatial location

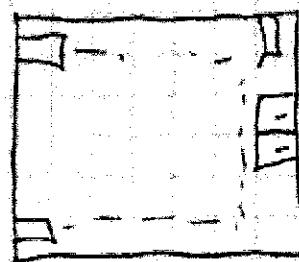
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11 12

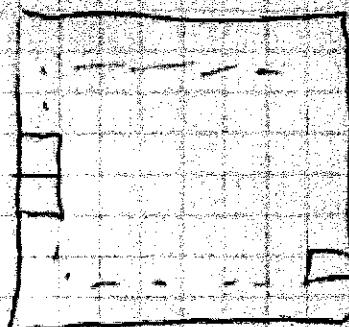


- Only 2 axes
- Smaller area size
- Single door entrance
- Visibility marginal
- Only 2 rays to

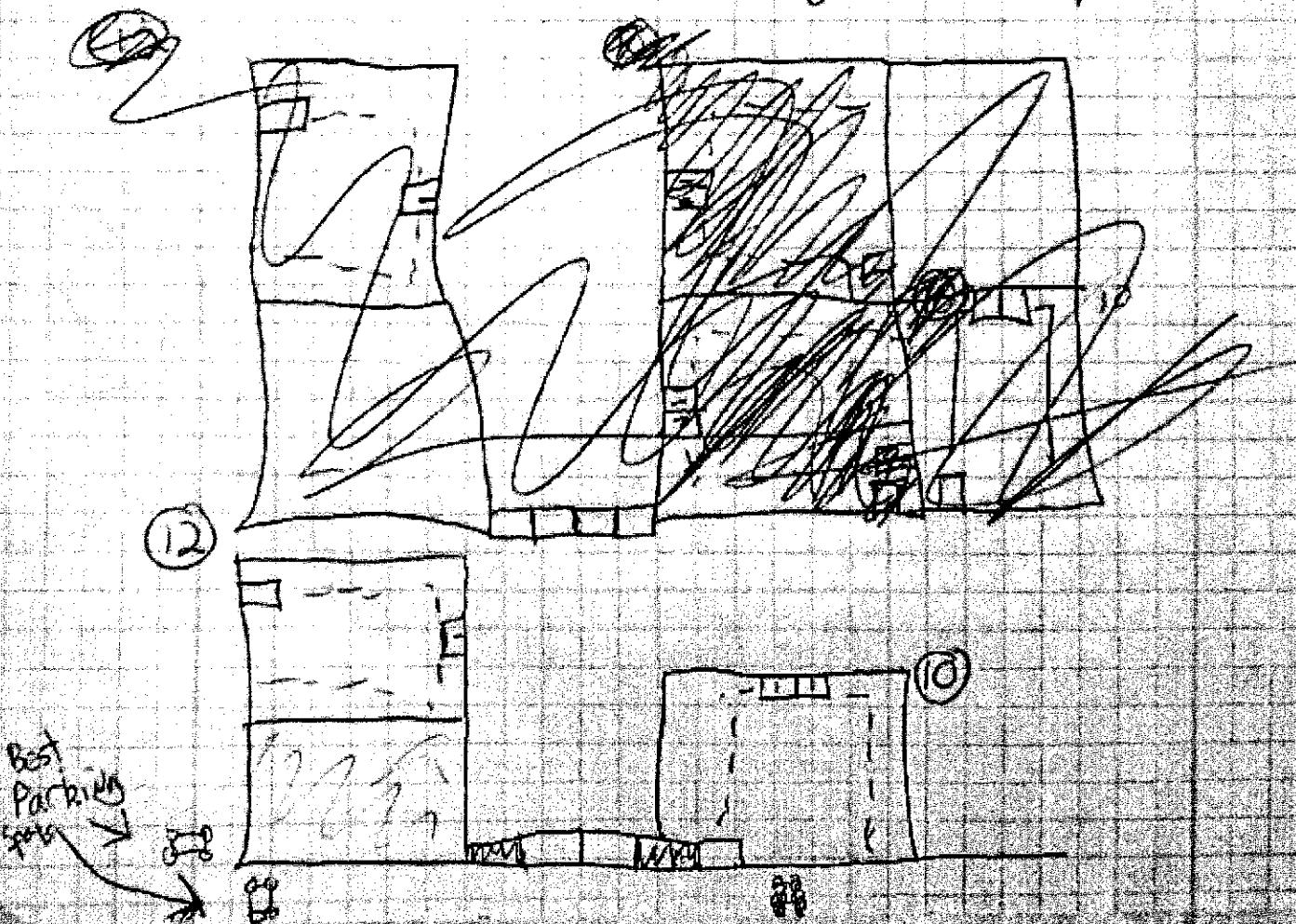
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- 4 axes
- Too visible
- Avoid



• 10 & 12 best targets in complex

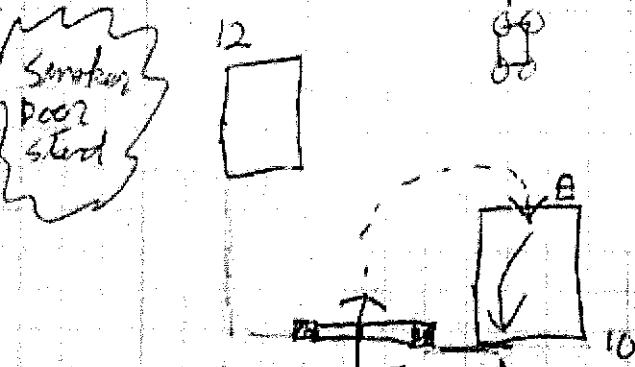
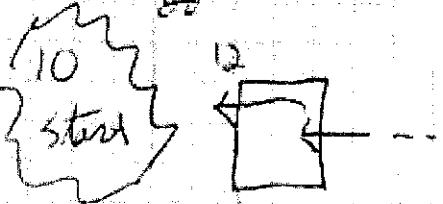


\* 5 tellie cloth always  
make good for money  
lock forecourt door

did it was about to  
reach originally used  
to open door and other  
reg get break ins

### \* 3 options of attack

- Start at 12 5
- Start at 10 9 5
- Start at smokers escape 5



\* Start at 10 9

~~10 9 Smokers~~  
~~Start appears best~~  
~~cautious approach~~  
~~& starting point good best~~  
~~10 9~~

Pros - Start at smaller area  
- Can lock all doors  
at 10 increasing chances  
Cons - Starting point more  
conspicuous than others

Pros - Very inconspicuous  
Starting point  
\* can buy smoke  
- Many listed persons  
picked in single area

Cons - Can't lock double doors,  
many escapes

Pros - Least conspicuous, can  
feign need for smoke  
- Can lock all doors,  
increasing more chances  
in 10.

- May re-enter and kill  
more or less  
Cons - Most prone for door being  
locked or chain removed  
- Real smokers (only warning)  
- Time on hallway is vulnerable

National  
guard

police  
department

ETA Response  
~ 3 mins

notes

## The Shrinks

#1 Mel, last name unknown

(#1) Evaluator Margaret Booth

#2 Lynne Fenton

#3 Robert Feinstein

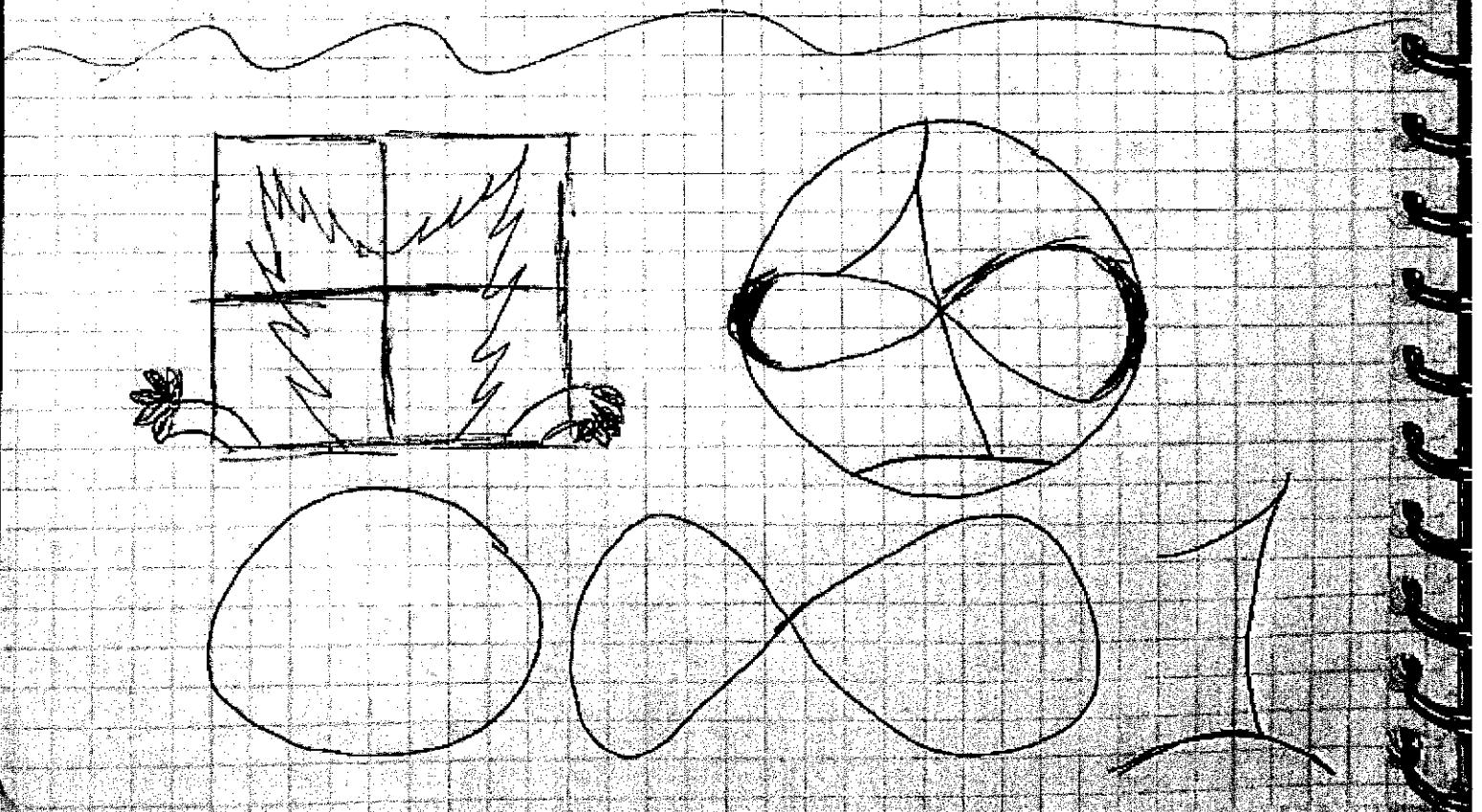
No Family therapy w/ Mel. Revealed nothing  
as to not appear weak amongst family.

Was a kid at time, paranoic, mother noticed,  
asked what happened, replied paper cut. No further  
investigation. Clean bill of health. Decided to return  
life to living other so that could live.

1.5) Requested opportunity for anxiety diagnosis  
with anxiety or depression (diagnosis unknown)  
possibly to avoid stigmatization. Referred  
to psychiatrist.

- 2) Immediately prescribed antidepressants (fast  
acting - benzos, long lasting SSRIs - Sertraline).  
Sertraline primarily antidepressant not anxiolytic.  
Anxiety & depression both serotonergic system anyway  
though. No effect when needed. First appearance  
of mania occurs, not good mania. Anxiety and  
fear disappears. No more fear, no more fear of  
failure. Fear of failure drove determination to  
improve, better and succeed in life. No fear of  
consequences. Primary drive reversion to hatred of  
mankind. Intense aversion of people, cause unknown.  
Began long ago, suppressed by greater fear of others.  
No more fear, hatred unchecked. Starts small.  
Buy stun gun and folding knife. Research  
firearms laws and mental illness. Buy handgun.  
Committed - shotgun, - AR-15, 2nd handgun, Wildcat;  
explosives, sunglasses and last suspicious; gasoline & oil.  
Acquire remote detonation system and body armor,  
practicing shooting at Pj Byers Canyon rifle range.  
Can't tell the main targets plan. If plan is disclosed  
both "normal" life and ideal enactment on hatred failed.

Prevent building false sense of rapport.  
Speak truthfully and deflect incriminating questions. Oddly, they don't pursue or delve farther into harmful omissions. I thought to see if can pass exams as myself and not by fear. Fail. I was fear incarnate. Love gone, motivation directed to hate and obsessions, which didn't disappear for the reason w/ the drugs. No consequence, no fear, alone, isolated, no work for destruction, no reason to seek self actualization. Embraced the hatred, a dark night rises.



## Faith

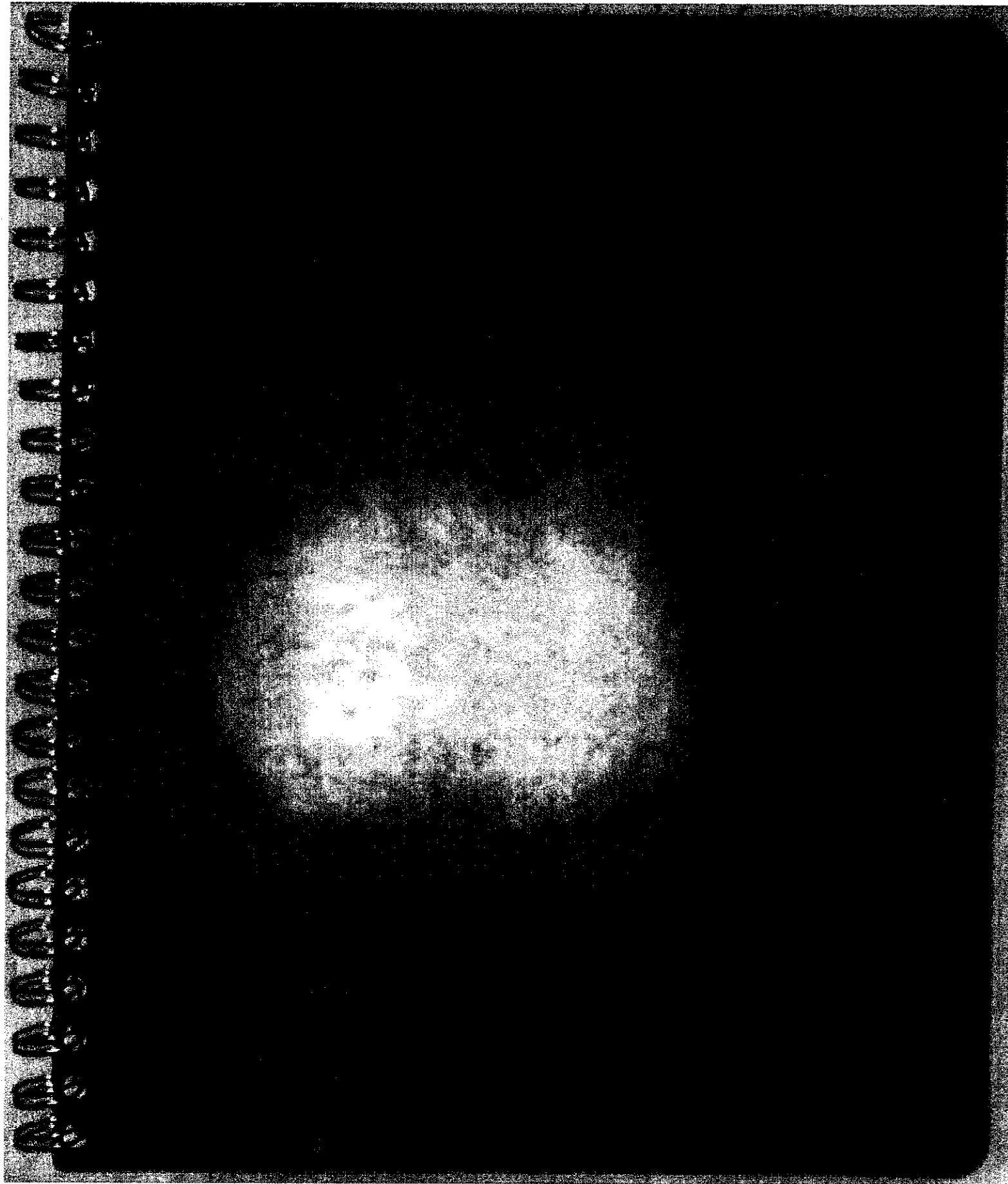
What kind of GOD  
commands his people not  
to murder yet covers  
behind free will?

## Reason

The reason why life should exist  
is as arbitrary as the reason why it shouldn't  
life shouldn't exist,

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~~ME~~  
04.16.15