# About me

# Hello, my name is Erick da Silva Lopes, but you can call me Erick or, professionally, Erick Lopes. I was born on June 29, 1982, in Recife. Since my birth, I have lived in the same place in the Casa Amarela neighborhood, in the northern zone of Recife. Currently, I live with my father and two canine children, Pipoca and Floquinho, that's their names. I have a sister who is married, and two nieces, Beatriz and Sofia. My mother passed away in 2012 in a traffic accident when she was 73 years old.

My entire academic life was spent at the same school, Colégio Rosa Gattorno. It was like a second home to me, and I completed all stages of education there before college. In 2002, I enrolled at Salgado de Oliveira University to study Physical Education and graduated four years later from the same university, now known as UNIVERSO. In 2017, I decided to pursue a postgraduate degree, and in 2019, I became a specialist in Strength Training, Health, and High Performance at INADES - RJ. With the aim of transitioning my career, in 2023, I was selected and completed the Accelerated Programmer Training Program at SOFTEX - Recife, located in the Porto Digital. In February 2024, I began studying Systems Analysis and Development at Senac - PE.

In the field of Physical Education, my primary experience lies in teaching group fitness classes. Since before I enrolled at UNIVERSO in 2002, I have been teaching classes such as step, jump, aerobics, high-intensity aerobic workouts and indoor cycling. From 2009 onwards, I started offering private classes in gyms, parks, condominiums, and homes. This led me to become a personal trainer, and I stopped teaching group fitness classes in 2020. As for technology, I do not yet have experience with projects, internships, or jobs.

Free time is rare, but I always find a way to do what I love. Practicing sports and adventure sports is one of my passions, and whenever possible, I am out there engaging in these activities. Traveling is one of the things I love the most; I always have a trip planned or am thinking about traveling.