

Bibliography

Research

“Menstrual Equity at Brandeis Report University: 2024-2025 Research and Advocacy Fellows” (2025).

<https://docs.google.com/document/d/1pIw6iyTZl5E70L8HvZrcBTyj2cxAS3Y0StY9vWNtrjM/edit?tab=t.0>

2025 Research and Advocacy Fellows’ report on menstrual equity at Brandeis University. This report details the history of menstrual equity initiatives and the installation of menstruation product dispensers on campus. Findings from a campus-wide survey of the impacts of these dispensers were helpful in motivating the design features we wanted to include in our product.

“Aunt Flow Model E Dispenser”

https://shop.goauntflow.com/products/estrogen-model-e-dispenser?srltid=AfmBOosJMCK-_4p0hCOM20uflYuBAHeup_22_9tXRpz0MRs-cmjYQF8

This is the current dispenser model that is installed across campus as well as the specific tampons that are used.

Tomorrow Lab (2020). “Aunt Flow Menstrual Product Dispenser.”

<https://www.tomorrow-lab.com/projects/auntflow>

This design summary details the rotating mechanism to dispense individual tampons in the Aunt Flow Model E design.

Open-Source Designs

Sanitary dispenser <https://www.printables.com/model/503864-sanitary-dispenser>

This dual tampon and pad dispenser was printed as part of the initial brainstorming phase.

Dispenser for tampons <https://www.printables.com/model/126731-dispenser-for-tampons>

This mini tampon dispenser was printed as part of the initial brainstorming phase.

Rotating Tampon Dispenser <https://www.thingiverse.com/thing:5501973>

This tampon dispenser with a rotating mechanism to dispense them individually was printed as part of the initial brainstorming phase.