Peripheral nerve regeneration, repair, and grafting.

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Abstract:

Peripheral nerve injuries are a major source of chronic disability. Advances in microsurgery and a

better understanding of nerve healing have greatly improved the outcomes of nerve repair in the

past two decades. This paper reviews the current thoughts on peripheral nerve regeneration and

repair. Controversial topics such as the timing of nerve repair, new techniques of nerve repair (fibrin

glue, lasers, and tubulization), nerve grafting, and the treatment of neuroma are discussed. A

general approach to postoperative care is presented and shown to be governed by an

understanding of not only nerve healing but tissue healing in general. A summary of current clinical

results of upper extremity nerve repairs is given to provide benchmarks of practice for hand therapy

units to achieve and supersede.