

Therapy and results of traumatic cartilage-bone lesions of the talus.

[German]

Authors: Lies A., Scheuer I.

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Abstract:

Since the number of possibilities for causing injuries is great, lateral as well as medial talus-edge break-offs occur more often than diagnosed. However, by appropriately using all available diagnostic tools, it is possible to detect even these frequently discrete injuries. Fresh cartilage-bone chips of the talus should be fixed, like other joint fractures, primarily by screw osteosynthesis, bone-chip fixation, vicryl-sutures, or fibrin adhesives. Older cartilage-bone chips can often only be removed and the defective zone at the talus smoothed and reamed. We treated a total of 14 patients with talus-edge lesions. The therapy and results are reported in detail.