

Meniscal repair enhancement techniques.

Authors: McAndrews P.T., Arnoczky S.P.

Publication Date: 1996

Abstract:

Although other methods of meniscus repair enhancement are being investigated (e.g., growth factors, synthetic matrices, stem cells), the results are too preliminary to warrant speculation about their potential for clinical use. Repair of the white-white meniscal tear remains an enigma. Although repair enhancement techniques, such as fibrin clot and synovial abrasion, have been shown to improve the healing rates in certain red-white meniscal lesions, their use in the repair of white-white tears has been limited and must be considered investigational.