

Main psychiatric and psychosocial disorders in adult patients with epilepsy. A four years follow up. [Spanish, English]

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Abstract:

Objective: Considering that a third of patients with epilepsy also suffer from psychopathologic disorders, the object of our paper is to describe the mental pathologies and psychosocial disorder in adult patients with epilepsy. We also describe the link between those and a set of biological and socio demography variables. Methods: We conducted a explicative, observational study with 216 adult patients with epilepsy that were seen in the ambulatory practice in the General Hospital "Joaquin Albarran" from December 2009 to December 2013. All patients were interviewed by specialist by a set of clinical question paper, also we applied the Hamilton anxiety and depression scale, Eysenk personality scale, WAIS scale for deterioration and Washington Psychosocial inventory. All data were analysed using SPSS 20.0. Results: 71.3% of the epileptic patients had anxiety, 69.9% depression, 61.1% instable or neurotic personality and 47.8% lower cognitive scores. Most significant social disorder found were bad economic status 70.4%, poor confidence in the medical treatment 58.4%, and poor tolerance to seizures 57.9%. The psychosocial behaviour was good in 58.8% of the patients. Conclusions: In order to achieve a better quality of life in our patient with epilepsy is important that we care also to treat and prevent the occurrence of social and psychopathological diseases.