1. Have you ever thought about what kind of occupation you want to go in for in the future?

Yes

No

(eg. I want to pursue a career in biology, physics or linguistics)

1. You feel that your planning is manageable and doable. Besides, you are confident on the career planning and will not give up in a short period of time. (eg.some students major in bioengineering are quite confused with their future planning)

Yes

No

1. You know exactly what you are eager to do and is able to generalize what it is in one sentence or you have no idea about the specific jobs but have a sketch of what to do in the future (eg.I want to be a police to successfully thwart a gang of drug traffickers)

Yes

No

1. You’re considerably clear about what skills you should grasp so as to achieve your goal

Yes

No

1. In order to grasp those skills discussed above, you have a well-planned scheme of learning (eg. I have to grasp A in this semester or have a proficient command of B in the duration of your undergraduate stage)

Yes

No

1. The learning scheme mentioned above has become an indispensable part of your daily life, which makes you energetic and have a sense of fulfillment as well as getting closer to your target.

Yes

No

1. Objectively speaking, if asked to grade yourself, which choice below is the best one that conforms to your self-estimation?
2. Excellent, I’m the king.
3. Good enough but not perfect
4. Not that good but acceptable
5. There is a long way to go
6. Terrible, I don’t want to mention that
7. Sorry, life is hard