1) SQLAlchemy is a back-end program that allows users to communicate with databases easier via python syntax.
2) A model is a class in python that represents a database table, communicating with SQL directly so that the user doesn't have to. Thus, when a user interacts with a model, they are indirectly interacting with the SQL database.
3) A view is the way that the user interacts with the database. In our case, views are endpoints at which the user can do a series of things including creating or deleting a post.