

Introduction

- Diet and Fitness
- Daily Progression Bars
- Meal and Exercise Planning
- Community forum
- Leaderboard



Business Value



Personalised Experience

Community support



Users can set personal goals, schedule meals + exercise and access recommendations

Users can feel a sense of community and interact through forum



Gamification

Incentives



Encourage user usage through points for logging in data. Points are displayed on the leaderboard

Users can exchange points for rewards and discounts

Theme

Modern

Rounded edges, grids, whitespace

Minimalist

Flat design patterns, limited UI elements



Simple

Intuitive navigation

Consistent

Layout and colour scheme

Architecture



